

Knitting for Olive



Flower dress

Sizes: 3-6 (9-12, 12-18 months // 2, 3-4, 5-6 years)

Full length: approx. 36 (39, 42 // 48, 52, 56) cm

Needles: 3 mm circular needles and double pointed needles sizes 3 mm and 2½ mm

Gauge: 28 sts x 38 rows = 10 x 10 cm using 3 mm needles in stockinette stitch

Yarn: Knitting for Olive's Merino, Cotton meets Merino, Cotton hint of Cashmere, Pure Silk

Merino lots of Cashmere, fingering, approx. 500 m / 100 g

The dress pictured above is knitted in Knitting for Olives Pure Silk – Donkys Ears, with flowers stalks in Cotton hint of Cashmere – Granite Gray and Flowers in Merino – Soft Pink

Yarn requirements: color 1: 100 (150, 150 // 150, 200, 200) g (for a dress with long sleeves)

color 2 and color 3: less than 10 (10, 10 // 10, 15, 15) g of each color

The flower dress is knitted across the body in one piece using color 1.

Flower stalks are knitted as you go using color 2. If you want fewer stalks you can skip knitting some of them, this will not affect the pattern.

The flowers are crocheted and eventually sewn on the dress.

IMPORTANT!

The Flower dress may look too short while knitting it but it will lengthen when laundered.

Construction

The pattern uses the Provisional cast on-technique to avoid visible seams.

The flower dress is knitted across the body, the front piece and the back piece are knitted in one piece. Alternatively you can use your usual cast on-method and knit front and back piece in two pieces, and subsequently stitch the pieces of the dress together.

(If you do NOT use Provisional cast on, refer to the descriptions in the parentheses).

The neck opening and arm opening are formed along the way, in the right side of the piece.

To add width to the dress, you will knit wedges in the left side of the piece using short rows.

The flower stalks are knitted back and forth in st st by using short rows.

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Front piece

Cast on 55 (60, 65 // 76, 86, 97) sts using **color 1**, 3 mm needles and Provisional cast on

For help using provisional cast on, **watch video: <https://www.youtube.com/watch?v=rZCYXM-39qA>**

(If you do not use provisional cast on, cast on 55 (60, 65 // 76, 86, 97) sts using color 1, 3 mm needles and your usual cast on-method)

Knit back and forth in st st with 5 edge sts, as follows:

On all **right side rows** k all sts

On all **wrong side rows** k5, p throughout the row

1st row = wrong side of the piece

Purl 1 row

Continue in st st

Work 4 (4, 6 // 6, 6, 8) rows in st st, at the end of the 4th (4th, 6th // 6th, 6th, 8th) row,

cast on 24 (26, 28 // 30, 32, 34) sts using Provisional cast on

(If you do not use provisional cast on, cast on using your usual cast on-method)

= 79 (86, 93 // 106, 118, 131) sts on needle

Work 3 (3, 3 // 3, 3, 5) rows in st st

The flower stalks are knitted back and forth in st st using short rows

This pattern uses the German Short Row-technique, but you can use any short row technique you like

For help knitting 'German Short Rows', **watch video: https://www.youtube.com/watch?v=i_6PjI20zKA**

Using **color 2** make a flower stalk as follows:

Purl 31 (34, 36 // 41, 46, 51), t&w (turn and work the double st), purl 30 (33, 35 // 40, 45, 50)

Using **color 1**, purl 1 row (purl **all** sts)

To add width to the Flower dress, work a wedge as follows:

Wedge pattern:

1 st row	Color 1: knit throughout
2 nd row	knit 5, purl 1 (2, 3 // 4, 5, 6), t&w
3 rd row	knit 5 (6, 7 // 8, 9, 10)
4 th row	knit 5, purl 6 (8, 10 // 12, 14, 16), t&w
5 th row	knit 10 (12, 14 // 16, 18, 20)
6 th row	knit 5, purl 11 (14, 17 // 20, 23, 26), t&w
7 th row	knit 15 (18, 21 // 24, 27, 30)
8 th row	knit 5, purl 16 (20, 24 // 28, 32, 36), t&w
9 th row	knit 20 (24, 28 // 32, 36, 40)
10 th row	knit 5, purl 21 (26, 31 // 36, 41, 46), t&w
11 th row	knit 25 (30, 35 // 40, 45, 50)
12 th row	knit 5, purl 26 (32, 38 // 44, 50, 56), t&w
13 th row	knit 30 (36, 42 // 48, 54, 60)
stalk	Color 2: purl 26, t&w, purl 25
14 th row	Color 1: purl 36 (43, 50 // 57, 64, 71), t&w
15 th row	knit 35 (42, 49 // 56, 63, 70)
16 th row	knit 5, purl 36 (44, 52 // 60, 68, 76), t&w
17 th row	knit 40 (48, 56 // 64, 72, 80)
18 th row	knit 5, purl 41 (50, 59 // 68, 77, 86), t&w
19 th row	knit 45 (54, 63 // 72, 81, 90)
20 th row	(size 3-6 and 9-12 months skip to 22 nd row) knit 5, purl - (-, 66 // 76, 86, 96) t&w
21 st row	knit - (-, 70 // 80, 90, 100)
22 nd row	k5, purl throughout the row

Work 5 (5, 5 // 5, 7, 7) rows in st st

Now make a flower stalk using **color 2**:

Purl 23 (27, 31 // 37, 43, 49), t&w, purl 22 (26, 30 // 36, 42, 48)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 6 // 6, 6, 8) rows in st st

2nd wedge: work a wedge as previously described

Work 10 (12, 14 // 14, 16, 18) rows, at the same time shape the beginning of the neck opening as follows:

Knit 1 row

Now make a flower stalk using **color 2**:

Purl 31 (35, 39 // 45, 51, 57), t&w, purl 30 (34, 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

At the beginning of the 3rd (3rd, 3rd // 3rd, 5th, 5th) row, cast off 5 (6, 7 // 7, 8, 9) sts

At the beginning of 5th and 7th (5th + 7th, 5th + 7th and 9th // 5th + 7th and 9th, 7th + 9th and 11th, 7th, 9th and 11th) row cast off 1 st

Now make a flower stalk using **color 2**:

Note! Size 3-6 and 9-12 months do not knit this flower stalk

Purl - (- , 39 // 45, 51, 57), t&w, purl - (- , 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

Note! Size 3-6 and 9-12 months, k5, purl to end of row

Work the remaining 2 (4, 4 // 4, 4, 6) rows

3rd wedge: work a wedge as previously described

Work 3 (5, 5 // 5, 7, 7) rows

Now make a flower stalk using **color 2**:

Purl 23 (27, 31 // 37, 43, 49), t&w, purl 22 (26, 30 // 36, 42, 48)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 6 // 6, 6, 8) rows in st st

4th wedge: work a wedge as previously described

Work 3 (5, 7 // 7, 7, 9) rows in st st

Make a flower stalk using **color 2**:

Purl 28 (32, 36 // 42, 48, 54), t&w, purl 27 (31, 35 // 41, 47, 53)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 4 // 4, 6, 6) rows

5th wedge: work a wedge as previously described

Work 10 (12, 14 // 14, 16, 18) rows in st st, shaping the ending of the neck opening, as follows:

Knit 1 row

Now make a flower stalk using **color 2**:

Purl 26 (30, 34 // 40, 46, 52), t&w, purl 25 (29, 33 // 39, 45, 51)

Using **color 1**, purl 1 row (purl **all** sts)

Cast on 1 st at the end of 2nd and 4th (4th and 6th, 4th 6th and 8th // 4th 6th and 8th, 4th 6th and 8th, 6th 8th and 10th) row

Cast on 5 (6, 7 // 7, 8, 9) sts at the end of the 6th (8th, 10th// 10th, 10th, 12th) row

Knit 1 row

Now make a flower stalk using **color 2**:

Purl 21 (25, 29 // 35, 41, 47), t&w, purl 20 (24, 28 // 34, 40, 46)

Using **color 1**, purl 1 row (purl **all** sts)

Work the remaining 2 (2, 2 // 2, 4, 4) rows

6th wedge: work a wedge as previously described

Work 3 (3, 1 // 1, 1, 1) rows in st st

Now make a flower stalk using **color 2**:

Purl 31 (35, 39 // 45, 51, 57), t&w, purl 30 (34, 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 7 // 7, 7, 9) rows

Now make a flower stalk using **color 2**:

Note! Size 3-6 and 9-12 months do not knit this flower stalk

Purl - (- , 39 // 45, 51, 57), t&w, purl - (- , 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

Note! Size 3-6 and 9-12 months, k5, purl to end of row

Work 0 (0, 2 // 2, 4, 4) rows in st st

7th wedge: work a wedge as previously described

Work 2 (2, 4 // 4, 6, 8) rows in st st

Work next row as follows:

Knit 24 (26, 28 // 30, 32, 34) sts, put these sts aside for sleeve on scrap yarn, knit the rest of the row (if you do not use provisional cast on, cast off these sts)

Now make a flower stalk using **color 2**:

Purl 23 (27, 31 // 37, 43, 49), t&w, purl 22 (26, 30 // 36, 42, 48)

Using **color 1**, purl 1 row (purl **all** sts)

Work another 2 (4, 4 // 4, 6, 6) rows in st st

The front piece is now complete

If you use provisional cast on, you are going to knit the back piece extending from the front piece

(if you do not use provisional cast on, bind off sts and cast on the same number of sts for back piece, this is done to make seams in both sides)

Back piece

Continue knitting back and forth in st st

Work 4 (4, 6 // 6, 6, 8) rows in st st, at the end of the 4th (4th, 6th// 6th, 6th, 8th) row, cast on 24 (26, 28 // 30, 32, 34) sts using Provisional cast on (If you do not use Provisional cast on, cast on using your usual cast on-method) = 79 (86, 93 // 106, 118, 131) sts on needle

Work 3 (3, 3 // 3, 3, 5) rows in st st

Using **color 2** make a flower stalk as follows:
Purl 36, t&w, purl 35

Using **color 1**, purl 1 row (purl **all** sts)

1st wedge: work a wedge as previously described

Work 5 (5, 5 // 5, 7, 7) rows in st st

Now make a flower stalk using **color 2**:
Purl 23 (27, 31 // 37, 43, 49), t&w, purl 22 (26, 30 // 36, 42, 48)

Using **color 1**, purl 1 row (purl **all** sts)
Work 2 (4, 6 // 6, 6, 8) rows in st st

2nd wedge: work a wedge as previously described

Work 10 (12, 14 // 14, 16, 18) rows, at the same time shape the beginning of the neck opening as follows:

Knit 1 row

Now make a flower stalk using **color 2**:
Purl 31 (35, 39 // 45, 51, 57), t&w, purl 30 (34, 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

At the beginning of 3rd (3rd, 3rd // 3rd, 5th, 5th) row cast off 3 (4, 5 // 5, 6, 7) sts
At the beginning of the 5th (5th, 5th and 7th // 5th and 7th, 7th and 9th, 7th and 9th) row bind off 1 st

Work 2 rows in st st

Now make a flower stalk using **color 2**:

Note! Size 3-6 and 9-12 months do not knit this flower stalk

Purl - (- , 39 // 45, 51, 57), t&w, purl - (- , 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

Note! Size 3-6 and 9-12 months, k5, purl to end of row

Work the remaining 2 (5, 4 // 4, 4, 6) rows

3rd wedge: work a wedge as previously described

Work 3 (5, 5 // 5, 7, 7) rows in st st

Now knit a flower stalk using **color 2**:

Purl 23 (27, 31 // 37, 43, 49), t&w, purl 22 (26, 30 // 36, 42, 48)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 6 // 6, 6, 8) rows

**4th wedge: work a wedge as previously described,
AT THE SAME TIME make a slit in the neck as follows:**

At the beginning of the 1st row of the wedge cast off 4 sts for slit in the neck

Now work rows 2 – 21 of the wedge

At the end of 22nd row, cast on 4 sts, **not** using provisional cast on

Work 3 (5, 7 // 7, 7, 9) rows in st st

Now work a flower stalk using **color 2**:

Purl 28 (32, 36 // 42, 48, 54), t&w, purl 27 (31, 35 // 41, 47, 53)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 4 // 4, 6, 6) rows in st st

5th wedge: work a wedge as previously described

Work 10 (12, 14 // 14, 16, 18) rows, at the same time shape the end of the neck opening as follows:

Knit 1 row

Now make a flower stalk using **color 2**:

Purl 26 (30, 34 // 40, 46, 52), t&w, purl 25 (29, 33 // 39, 45, 51)

Using **color 1** purl 1 row - purl **all** sts

Cast on 1 st at the end of 4th (6th, 6th and 8th // 6th and 8th, 6th and 8th, 8th and 10th) row

Cast on 3 (4, 5 // 5, 6, 7) sts at the end of 6th (8th, 10th // 10th, 10th, 12th) row

Knit 1 row

Now make a flower stalk using **color 2**:

Purl 21 (25, 29 // 35, 41, 47), t&w, purl 20 (24, 28 // 34, 40, 46)

Using **color 1**, purl 1 row (purl **all** sts)

Work the remaining 2 (2, 2 // 2, 4, 4) rows

6th wedge: work a wedge as previously described

Work 3 (3, 1 // 1, 1, 1) rows in st st

Now make a flower stalk using **color 2**:

Purl 31 (35, 39 // 45, 51, 57), t&w, purl 30 (34, 38 // 44, 50, 56)

Using **color 1**, purl 1 row (purl **all** sts)

Work 2 (4, 7 // 7, 7, 9) rows in st st

Now make a flower stalk using **color 2**:

Note! Size 3-6 and 9-12 months do not knit this flower stalk

Purl - (- , 39 // 45, 51, 57), t&w, purl - (- , 38 // 44, 50, 56)

Using **color 1**: purl 1 row - purl **all** sts

Note! Size 3-6 and 9-12 months, k5, purl to end of row

Work 0 (0, 2 // 2, 4, 4) rows in st st

7th wedge: work a wedge as previously described

Work 2 (2, 4 // 4, 6, 8) rows

Work next row as follows:

Knit 24 (26, 28 // 30, 32, 34) sts, put these sts aside for sleeve on scrap yarn, knit the rest of the row

(If you do not use provisional cast on, bind off these sts)

Now make a flower stalk using **color 2**:

Purl 23 (27, 31 // 37, 43, 49), t&w, purl 22 (26, 30 // 36, 42, 48)

Using **color 1**, purl 1 row (purl **all** sts)

Work another 2 (4, 4 // 4, 6, 6) rows

The back piece is now complete

Place the sts from the Provisional cast on edge on a knitting needle and stitch together the start and the ending of the piece using kitchener stitch

Sew the shoulder seams together

(If you did not use provisional cast on, stitch the front piece and back piece together in both sides and sew the shoulder seams together)

Sleeves

The sleeves are knitted in the round in st st

Place the 48 (52, 56 // 60, 64, 68) arm opening sts on a 3 mm double pointed needles

Start at the middle of underarm

Pick up and knit 3 (3, 5 // 5, 6, 7) sts, knit the arm opening sts and pick up and knit 3 (3, 5 // 5, 6, 7) sts
= 54 (58, 66 // 70, 76, 82) sts

(if you did not use provisional cast on, start at the middle of underarm and pick up and knit 54 (58, 66 // 70, 76, 82) sts)

Knit 1 round, on this round place 2 markers as follows:

Knit 2 (2, 4 // 4, 5, 6), pm, knit 23 (25, 27 // 29, 31, 33), k2tog, sl1k, knit 1, pssso,
knit 23 (25, 27 // 29, 31, 33), pm, knit 2 (2, 4 // 4, 5, 6)
= 52 (56, 64 // 68, 74, 80) sts

Now dec at the middle of underarm as follows:

Knit until 2 sts remain before the first marker (for the 2 smallest sizes = 0 sts), k2tog, knit to marker, sm,
sl1k, knit 1, pssso, knit to center back

Dec as described on every other row until 2 sts remain between the 2 markers under the sleeve

= 50 (54, 58 // 62, 66, 70) sts

Remove one of the markers and place the other marker between the 2 sts under sleeve

Flower dress with long sleeves

From this point dec on every 6th row as follows:

Knit 1, k2tog, knit until 3 sts remain, sl1k, knit 1, pssso

Continue as described until 40 (42, 44 // 46, 48, 50) sts remain

Knit in the round until sleeve measures 15 (17, 19 // 23, 26, 29) cm - or desired length

Change to 2½ mm needles

Purl 1 round, on this round dec 4 sts evenly

= 36 (38, 40 // 42, 44, 46) sts

Proceed as follows *knit 1 round, purl 1 round*

Knit from * to * a total of 4 times = a total of 5 garter ridge

On next round bind off in k

Knit the other sleeve as described

Flower dress with short sleeves

Knit 4 (6, 6 // 8, 12, 16) rounds

Note! If you want the sleeve longer, knit more rounds

Now knit the sleeve longer in the front using short rows as follows:

Knit 32 (34, 36 // 38, 40, 42), t&w

Purl 13, t&w

Knit 19, t&w

Purl 25, t&w

Knit 31, t&w

Purl 37, t&w

Knit - (43, 43 // 43, 43, 43), t&w

Purl - (49, 49 // 49, 49, 49), t&w

Knit - (- , - // - , 55, 55), t&w

Purl - (- , - // - , 61, 61) t&w

Knit to marker

Knit 1 round

Change to 2½ mm needles

Purl 1 round, on this round dec 4 sts evenly

Knit 1 round

Purl 1 round

Knit 1 round

Purl 1 round

On next round bind off in k

Knit the other sleeve as described

Neckline

The neckline is knitted back and forth

Using 2½ mm needles pick up and knit sts along the neck opening (pick up 1 st in 3 out of 4 sts along the neck opening)

Knit 5 rows, on the 4th row dec 6 (6, 8 // 8, 8, 8) sts evenly

On next row bind off in k from the right side, use the last st to crochet a loop to serve as button hole

Flowers

Crochet the flowers in color 3 or different colors

Using a 2½-3½ mm crochet hook make 5 chains – make a loop with a slip stitch
1 dc into loop, ch2, 1 sl st into loop
Repeat from * to * a total of 5 times

Break yarn

Crochet flowers for each stalk

Finishing

Sew on the flowers at the end of each flower stalk
Weave in all loose ends and sew on a button in the neck opposite the loop
Wash and block

We hope you enjoy knitting the Flower dress!
We would love to see your finished projects! If you would like to share your work with us, please use the hashtag #knittingforolive or tag us @knittingforolive

Abbreviations:

St/sts – stitch/stitches
St st - stocking stitch - in circular knitting knit all, knitting back and forth, 1 row knit, 1 row purl
Pm – place marker
Sm – slip marker
K2tog – knit 2 stitches together
Yo – yarn over
P2tog – purl 2 stitches together
Tbl – through back loop
Sl1k – slip one stitch knitwise
Pssso – pass slipped stitch over
Inc – increase
Dec - decrease
M1 – make 1 new stitch by picking up the loop between two stitches and knitting it through the back loop
Ch – chain
Dc – double crochet
Sl st – slip stitch