

bláithín



KATE DAVIES

(“Bláithín” is an Irish name meaning “little flower”)

Soft Donegal cardigan with colourwork yoke,
i-cord edging and inset pockets.

YARN

Donegal Yarns “Soft Donegal” (100g / 207 yards) in following shades: 5228 (MC); 5207(CC1); 5236 (CC2); 5230(CC3).

Size	1	2	3	4	5	6	7	8	9
MC (yds)	770	820	890	980	1060	1150	1260	1360	1470
CC1 (yds)	100	110	110	120	120	130	130	140	140
CC2 (yds)	60	60	70	70	70	80	80	80	90
CC3 (yds)	40	50	50	50	50	50	60	60	60

OTHER MATERIALS

3 x 4.5mm (UK 7/US 7) circular needles, 80-100cm (30-40”) long. 1 x 4.5mm (UK 7/US 7) circular needle, 60cm (20”) long. Set of 5mm (UK 6/US 8) dpns for working i-cord. (Optional) set of 4.5mm (UK 7/US 7) dpns for working sleeves (or work using long circular needle & magic loop method). Waste yarn in contrasting colour for provisional c/o and holding sts. Strong sock yarn for working crocheted reinforcement. 3mm (UK 11/US C/2-D/3) crochet hook. Tapestry needle. Dressmaking pins. 7 x 25mm (1”) buttons.

GAUGE

4.5 sts and 6 rounds to 1” over stockinette in-the-round. You may find it useful to work a swatch in colourwork as well as stockinette to safeguard against variations in gauge (see ‘colourwork tips’ below).

SIZING

Consult schematic, and select your size from the table below. I recommend that this garment is worn with positive ease (1-2”). Pick the size closest to your actual bust measurements, or, if in doubt, the next size up.

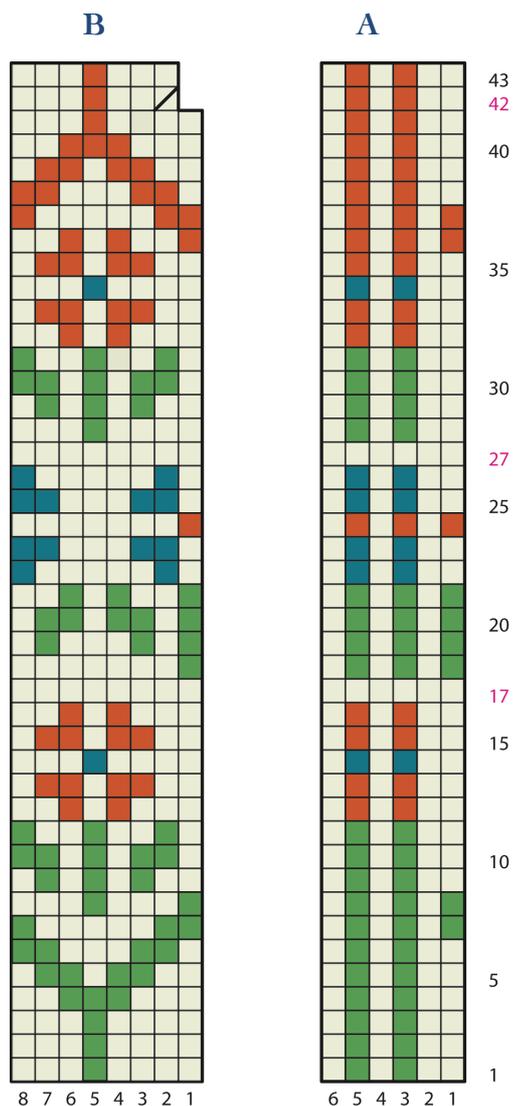
Size	1	2	3	4	5	6	7	8	9
Actual bust (in)	33	34.5	36.5	38	41	44.5	46	48	50.5
Actual bust (cm)	83.5	88	92.5	97	104	113	117.5	122	128.5
Length to back neck (in)	23.5	23.5	24	25	25.5	26	27	27.5	28.5
Length to back neck (cm)	59.5	59.5	61	63.5	65	65.5	68	69.5	72.5
Sleeve length (in)	17	17	17	17.5	17.5	18	18	19	19
Sleeve length (cm)	43	43	43	44.5	44.5	45.5	45.5	48.5	48.5
Hip (in)	36.5	38	40	42.5	45.5	49	51.5	53.5	56
Hip (cm)	92.5	97	101.5	108.5	115	124	131	135.5	142
Length to underarm (in)	15	15	15	16	16	16	17	17	18
Length to underarm (cm)	38	38	38	40.5	40.5	40.5	43	43	45.5
Top-arm circ (in)	10	10.5	11.5	12.5	13	13	14	15	15.5
Top-arm circ (cm)	25	27	29.5	31.5	32.5	32.5	36	38.5	39.5
Yoke depth (front) (in)	8	8	8.5	8.5	8.75	9.25	9.25	9.75	9.75
Yoke depth (front) (cm)	20	20	21	21	22.5	23.5	23.5	24.5	25
Yoke depth (back) (in)	8.5	8.5	9.0	9.0	9.5	10	10	10.25	10.5
Yoke depth (back) (cm)	21.5	21.5	23	23	24	25	25	26	26.5

KEY

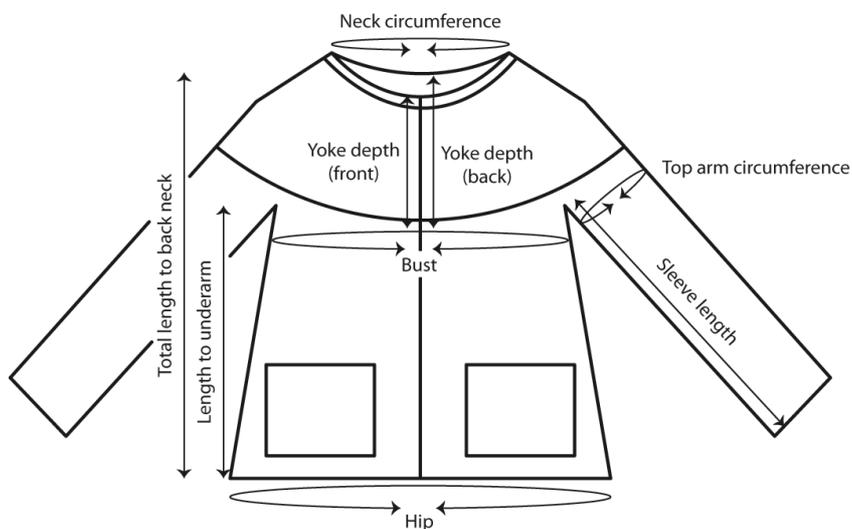
-  MC
-  CC1
-  CC2
-  CC3
-  CC1;k2tog
- 42 decrease round

ABBREVIATIONS

- k = knit
- p = purl
- c/o = cast on
- b/o = bind off
- pm(x, y) = place marker (x, y)
- sm(x,y) = slip marker (x, y)
- st, sts = stitch, stitches
- ssk = slip 2 sts; k slipped stitches together tbl (decrease)
- k2tog = k two stitches together (decrease)
- kfb = k into front and back of same stitch (increase)
- m1 = lift bar between sts, k tbl (increase)
- lh = left hand
- rh = right hand
- tbl = through the back loop(s)
- puk = pick up and knit
- pu = pick up loop and place on needle without knitting
- dpn = double-pointed needle



SCHEMATIC



SPECIAL TECHNIQUES

Short rows

(These are described using the wrap & turn technique. Feel free to use another method if preferred).

On knit side: Knit to turning point. Slip next stitch purlwise to right needle. Bring the yarn to the front between the needles. Return the slipped stitch to the left needle. Bring the yarn to the back between the needles. Turn work to purl side and continue.

On purl side: Purl to turning point. Slip next stitch purlwise to right needle. Bring the yarn to the back of the work. Return the slipped stitch to the left needle. Bring the yarn to the front between the needles turn work to knit side and continue.

To close gap: Knit to the turning point. You will see a horizontal bar of yarn lying in front of the stitch that you slipped before you turned the work. This is the wrap. Insert tip of right needle into both the wrap and the wrapped stitch and knit them together (this pushes the wrap to the back of the work and closes the gap).

Colourwork tips

Strand the floats loosely along the back of the work. If working two handed, the “foreground” yarn will usually be in your left hand, or be taken from below, if you are working one handed. Maintaining an even tension is important -- take extra care to ensure that your stitches are even. If your knitting has a tendency to draw in when knitting colourwork, you may find it useful to go up one needle size when knitting the yoke.

Provisional cast on

Use your preferred method to cast on provisionally with waste yarn. I like the crocheted method, demonstrated here by Lucy Neatby:

http://www.youtube.com/watch?v=R3J-sUx_whE

Steeking

A steek is a small bridge of “waste” knitted fabric that is included in order for the garment to be cut open after knitting. In this pattern, the steek stitches allow you to knit the garment in the round. After knitting is complete, the steek “bridge” is reinforced with crochet, and cut down the centre to create a cardigan with two front openings. The cut edges of the steek are further contained and secured in a neat facing (here called “the steek sandwich”). You may find it useful to read my steek tutorials: 1) introduction to steeks 2) crocheting and reinforcing; 3) the steek sandwich.

Follow the links from this page

<http://www.katedaviesdesigns.com/tutorials>

I-cord bind-off (applied i-cord)

Cast on 3 stitches using cable cast on. *k2, k2tog tbl. Slip 3 stitches from rh needle to lh needle. Pull the working yarn across the back * Repeat from * to *. At final 3 sts, finish by k1, k2tog tbl, slip 2 sts to left hand needle, k2tog, pull yarn through.

I-cord buttonhole

1. Stop working your applied i-cord when you arrive at buttonhole point (ie, retain 3 sts on rh needle)
2. Work plain i-cord on the 3 sts on your rh needle for 2 rows (ie, knit 3 sts, slide sts to other end of needle, pull working yarn across back, knit 3 sts).
3. Retaining these 3 sts on rh needle, slip 2 sts from lh needle to the rh needle.
4. Pass the first st over the second. (bind off stitch 1)
5. Slip the next stitch from the lh needle to the rh needle.
6. Pass the first st over the second. (bind off stitch 2)
7. Return remaining st, plus your 3 i-cord sts from rh to lh needle.
8. Continue to work i-cord b/o as before.

(Your two rows of i-cord will fit neatly and seamlessly over the buttonhole “gap” created by the two bound-off stitches.)

INSTRUCTIONS

1. Cast on, place steek and side markers.

With 4.5mm needle (60cm/20" long) and waste yarn, provisionally c/o 1(170), 2(178), 3(186), 4(198), 5(210), 6(226), 7(238), 8(246), 9(258) sts and join for working in the round. On next round, pmx, join in MC, k6, pmx, k to end of round. These six stitches between 'x' markers set the position of the steek at the cardigan front opening. The first marker x, marks the start of the round. All sizes have 6 steek sts and 1(164), 2(172), 3(180), 4(192), 5(204), 6(220), 7(232), 8(240), 9(252) body sts. On next round, k6 steek sts, k 1(41), 2(43), 3(45), 4(48), 5(51), 6(55), 7(58), 8(60), 9(63) body sts, pmy, k 1(82), 2(86), 3(90), 4(96), 5(102), 6(110), 7(116), 8(120), 9(126) body sts, pmy, k 1(41), 2(43), 3(45), 4(48), 5(51), 6(55), 7(58), 8(60), 9(63) body sts to start of round. The 'y' markers divide the cardigan fronts from the back, indicating where you will work your side decreases.

2. Divide pocket stitches.

All sizes, knit 1 round. Thread a tapestry needle with a 20cm (10") length of waste yarn. On next round, all sizes, k6 steek sts, k4 sts ❄️ kfb 20 times. Hold tapestry needle parallel to lh needle at the back of the work. *Slip first st on rh needle to lh needle; slip next st on rh needle to waste yarn.* Repeat from * to * 19 more times. Return 20 sts from lh needle to rh needle. ❄️ You now have 20 pocket sts on waste yarn at the back of the work and 20 front sts on rh needle. K around to within 24 sts of end of round and repeat instructions from ❄️ to ❄️ for second pocket. k4 sts to end of round. These two sets of 20 sts will remain on hold until it is time to work your pocket flaps.

3. Knit lower body, knit pockets.

All sizes, knit 28 rounds. Set body sts aside. Slip 20 pocket sts from waste yarn to 4.5mm needles.

Take a separate ball of MC and work pocket flap in stockinette st as follows (when joined to body, st st will continue seamlessly), ensuring to begin the knit row so that the purl side of the flap will be closest to your body when worn:

Row 1 (Body sts in front of pocket sts): Slip first st, k11 sts.

Row 2 (Body sts behind pocket sts): Slip first st, p11 sts.

Repeat these 2 rows 13 more times. 28 rows worked. Break yarn. Set these 20 sts aside, and repeat for second pocket.

Return to body. All sizes: k6 steek sts, k4, slip next 20 sts to spare dpn and hold at the front of the work. Using working needle from body sts, k across 20 pocket-flap sts. K around to within 24 sts of end of round; slip next 20 sts to spare dpn; k across 20 pocket-flap sts, k4 sts to end of round. Set body sts aside.

b/o 20 sts from first pocket top using i-cord bind off (see notes above). Do the same for the second pocket top. With a length of MC, and using slip-st edges as a guide, lightly stitch both pocket flaps in place along the ws of the work.

4. Work body, set aside sts at underarms.

All sizes, knit 2 rounds. On next round:

A: *k to 3 sts before marker y, ssk, k1, sm, k1, k2tog.* Repeat from * to * once.

B: knit 5 rounds.

Repeat steps A and B 1(3), 2(3), 3(3), 4(4), 5(4), 6(4), 7(5), 8(5), 9(5) more times. 1(16), 2(16), 3(16), 4(20), 5(20), 6(20), 7(24), 8(24), 9(24) sts decreased and 1(148), 2(156), 3(164), 4(172), 5(184), 6(200), 7(208), 8(216), 9(228) sts total.

Work straight until work measures 1(15), 2(15), 3(15), 4(16), 5(16), 6(16), 7(17), 8(17), 9(18) inches from c/o edge (or your desired length to underarm - more or less yarn may be required).

Moving sts around needle *without knitting*, slip 1(3), 2(3), 3(3), 4(3), 5(3), 6(3), 7(4), 8(4), 9(4) sts on either side of each marker y to waste yarn (removing y markers, but keeping 'x' markers in place to set the position of your steek). 1(6), 2(6), 3(6), 4(6), 5(6), 6(6), 7(8), 8(8), 9(8) sts set aside for *each* underarm and 1(136), 2(144), 3(152), 4(160), 5(172), 6(188), 7(192), 8(200), 9(212) body sts remain. (Plus 6 steek sts for all sizes).

5. Knit sleeves.

With 4.5mm circular needle (80-100cm/30-40" long), or dpns, and waste yarn, provisionally c/o 1(34), 2(38), 3(40), 4(42), 5(42), 6(42), 7(46), 8(48), 9(48) sts, pm and join for working in the round. All sizes, change to MC and knit 16 rounds.

(sleeves cont)

On next round:

A: sm, k1, m1, k to 1 st before end of round, m1, k1.

B: k 1(8), 2(8), 3(7), 4(7), 5(6), 6(6), 7(5), 8(5), 9(5) rounds.

Repeat steps A and B 1(7), 2(7), 3(8), 4(9), 5(10), 6(10), 7(12), 8(13), 9(14) more times.

1(50), 2(54), 3(58), 4(62), 5(64), 6(64), 7(72), 8(76), 9(78) sts.

K until sleeve measures 1(17), 2(17), 3(17), 4(17.5), 5(17.5), 6(18), 7(18), 8(19), 9(19) inches (or your desired length to underarm - more or less yarn may be required).

Removing marker, slip first 1(3), 2(3), 3(3), 4(3), 5(3), 6(3), 7(4), 8(4), 9(4) and last 1(3), 2(3), 3(3), 4(3), 5(3), 6(3), 7(4), 8(4), 9(4) sts to waste yarn for underarms. 1(44), 2(48), 3(52), 4(56), 5(58), 6(58), 7(64), 8(68), 9(70) sleeve sts remain. Set aside. Make another sleeve in the same way.

6. Join body and sleeves into yoke.

With 4.5mm circular needle (80-100cm/30-40" long) and MC, beginning at start of round (first x marker), k 6 steek sts, smx, k 1(34), 2(36), 3(38), 4(40), 5(43), 6(47), 7(48), 8(50), 9(53) across right front; k 1(44), 2(48), 3(52), 4(56), 5(58), 6(58), 7(64), 8(68), 9(70) sleeve sts; k 1(68), 2(72), 3(76), 4(80), 5(86), 6(94), 7(96), 8(100), 9(106) sts across back, k 1(44), 2(48), 3(52), 4(56), 5(58), 6(58), 7(64), 8(68), 9(70) sleeve sts, k 1(34), 2(36), 3(38), 4(40), 5(43), 6(47), 7(48), 8(50), 9(53) sts across left front. 1(224), 2(240), 3(256), 4(272), 5(288), 6(304), 7(320), 8(336), 9(352) sts total (Plus 6 steek sts for all sizes).

Knit 1(0), 2(0), 3(2), 4(2), 5(4), 6(6), 7(6), 8(8), 9(8) rounds in MC.

7. Work yoke from charts.

On next round, break MC and join in CC1 and CC2. Work 6 steek sts from chart A then work yoke sts from chart B. Follow as set, working chart A once, and working chart B 1(28), 2(30), 3(32), 4(34), 5(36), 6(38), 7(40), 8(42), 9(44) times across each round. Work rounds 1-16 of charts, changing shades as indicated.

8. Work first decrease round.

On chart round 17, work 6 steek sts from chart A, and then work decrease round, using CC1 only, across yoke sts as follows:

Size 1: k3, (k2tog, k5) around to last 4 sts, k2tog, k2. 192 sts.

Size 2: k2, (k2tog, k4) around to last 4 sts, k2tog, k2. 200 sts.

Size 3: k2, (k2tog, k4) 8 times, (k2tog, k3) 31 times, (k2tog, k4) 8 times, k2tog, k1. 208 sts.

Size 4: k1, (k2tog, k3) 24 times; (k2tog, k2) 7 times; (k2tog, k3) 24 times; k2tog, k1. 216 sts.

Size 5: k1, (k2tog, k3) 16 times; (k2tog, k2) 31 times; (k2tog, k3) 16 times; k2tog, k1. 224 sts.

Size 6: k1, (k2tog, k3) 8 times; (k2tog, k2) 55 times; (k2tog, k3) 8 times; k2tog, k1. 232 sts.

Size 7: k1, (k2tog, k2) around to last 3 sts, k2tog, k1. 240 sts.

Size 8: k1, (k2tog, k2) 36 times; (k2tog, k1) 15 times; (k2tog, k2) 36 times; k2tog. 248 sts.

Size 9: k1, (k2tog, k2) 32 times; (k2tog, k1) 31 times; (k2tog, k2) 32 times, k2tog. 256 sts.

(All sizes have 6 steek sts in addition to final st count shown)

All sizes: work rounds 18 - 26 of charts as set, now repeating chart B 1(24), 2(25), 3(26), 4(27), 5(28), 6(29), 7(30), 8(31), 9(32) times in each round.

9. Work second and third decrease rounds.

On chart round 27, work 6 steek sts from chart A, and then work decrease round using CC1 only as follows:

Size 1: (k1, k2tog) around to end. 128 sts.

Size 2: (k2tog, k1) 28 times, (k2tog) 15 times, (k2tog, k1) 28 times, k2tog. 128 sts.

Size 3: (k2tog, k1) 24 times, (k2tog) 31 times, (k2tog, k1) 24 times, k2tog. 128 sts.

Size 4: (k2tog, k1) 20 times, (k2tog) 47 times, (k2tog, k1) 20 times, k2tog. 128 sts.

Size 5: (k2tog, k1) 16 times, (k2tog) 63 times, (k2tog, k1) 16 times, k2tog. 128 sts.

Size 6: (k2tog, k1) 20 times, (k2tog) 55 times, (k2tog, k1) 20 times, k2tog. 136 sts.

Size 7: (k2tog, k1) 16 times, (k2tog) 71 times, (k2tog, k1) 16 times, k2tog. 136 sts.

Size 8: (k2tog, k1) 20 times, (k2tog) 63 times, (k2tog, k1) 20 times, k2tog. 144 sts.

Size 9: (k2tog, k1) 16 times, (k2tog) 79 times, (k2tog, k1) 16 times, k2tog. 144 sts.

(All sizes have 6 steek sts in addition to final st count shown)

(step 9 cont)

All sizes: work rounds 28 - 41 of charts as set, now repeating chart B 1(16), 2(16), 3(16), 4(16), 5(16), 6(17), 7(17), 8(18), 9(18) times in each round.

On round 42, work third decrease round, as indicated on chart B.

1(112), 2(112), 3(112), 4(112), 5(112), 6(119), 7(119), 8(126), 9(126) sts.

10. Work final decrease round.

Change to MC and knit 1(0), 2(0), 3(1), 4(1), 5(2), 6(2), 7(2), 8(3), 9(4) rounds.

Decrease 1(4), 2(4), 3(4), 4(4), 5(4), 6(7), 7(7), 8(14), 9(14) sts evenly across next round.

1(108), 2(108), 3(108), 4(108), 5(108), 6(112), 7(112), 8(112), 9(112) sts.

11. Work short rows.

Before beginning this step, ensure you are familiar with the special instructions for short rows (see above).

Sizes are listed in the table from left to right. Select the relevant column for your size.

Beginning at start of round, k6 steek sts, knit the number of stitches in first row, then wrap & turn; purl the number of stitches in the second row, wrap & turn. Work the next two rows of the table in the same way.

	1	2	3	4	5	6	7	8	9
knit	64	64	64	64	64	68	68	68	68
purl	20	20	20	20	20	24	24	24	24
knit	18	18	18	18	18	22	22	22	22
purl	16	16	16	16	16	20	20	20	20

All sizes: k to end of round, and then k 2 rounds, closing the gaps of all short rows.

With MC, b/o 6 steek sts, then b/o 1(108), 2(108), 3(108), 4(108), 5(108), 6(112), 7(112), 8(112), 9(112) neck sts.

12. Reinforce & cut steek

Before beginning this step, weave in all ends to the back of the work, placing the weaves a few sts away from the centre of the steek.

Return to your provisional c/o at bottom edge. Unzip waste yarn, and place sts on spare circular needle. Slip first st of round to rh needle. Join in MC and b/o 5 sts. Break yarn, leaving 1(164), 2(172), 3(180), 4(192), 5(204), 6(220), 7(232), 8(240), 9(252) sts on hold for edging (worked in step 14). Now: take a look at chart A, and your finished steek. You'll see that st 1 is an 'evening' stitch which is used to balance the yoke pattern. Sts 2, 4 and 6 are always worked in the 'background' shade across the yoke, while sts 3 and 5 are always worked in the foreground colours. You will be working your crocheted reinforcement across sts 3, 4 and 5, leaving sts 2 and 6 to work the 'sandwich'

later. Using your dressmaking pins, and continuing from the top of the yoke down to the bottom edge of the garment, mark out the centre of st 4 (this is where you will cut later). Now take your crochet hook, and sock yarn, and working from the first round of the yoke downwards, work a double crochet (US single crochet) reinforcement connecting the front and back 'legs' of sts 3 and 4. Remove the pins as you go, all the way down the yoke and body. When you reach the bottom edge of the garment, b/o crochet chain, break yarn. Now join sock yarn to crochet hook again, and working in the same manner, crochet another reinforcement from bottom to top, connecting the back and front 'legs' of sts 4 and 5. b/o crochet chain. Carefully cut steek along centre of st 4.

13. Make steek sandwich.

Before beginning this step, you may find it helpful to read the steek sandwich tutorial (see above).

Working on *left* front edge, with 4.5mm circular needle (80-100cm/30-40" long) and MC, with the RS of the work facing, starting at top and working down to bottom, puk 3 sts for every 4 rows down left front edge of cardigan (your sts should be picked up in the gap between the steek st and the beginning of the main pattern, so that your edging will sit flush against the colourwork). Beginning with a purl row, work in stockinette st for 4 rows, ending with a knit row. Keep sts live on needle: *do not break yarn*. Now, turn the work to the WS, to create the sandwich back. You will see the MC back-loops of the sts you picked up for the sandwich front sitting behind the crocheted reinforcement. With a second 4.5mm circular needle (80-100cm/30-40" long), pu each of these loops *without knitting* and place them on your needle. Now take working yarn and, beginning with a knit row, work in stockinette for 3 rows, ending with a knit row. Keep these sts live on needle: *do not break yarn*. Turn again to front of sandwich. You now have 2 sets of sts sitting parallel to one another. Take the working yarn, and, from the RS working from top to bottom, k1 st from front needle together with 1 st from back needle. Do the same for all sts on the needle (creating a "sandwich" within which your steek is contained). When you have k2tog'd all the sts, break yarn, weaving it in to the inside of the sandwich. Keep all sts live on needle - do not bind off. Now do exactly the same for the right front edge - except that you will begin by picking up sts from bottom to top.

14. Pick up stitches for edgings.

Return to bottom edge of cardigan. Working from RS, and beginning at bottom right front edge, puk 4 sts across right bottom edge of steek 'sandwich', knit across 1(164), 2(172), 3(180), 4(192), 5(204), 6(220), 7(232), 8(240), 9(252) c/o sts, puk 4 sts at left bottom edge of steek sandwich. From WS, k one row. Break yarn. Return to neck edge of cardigan. Working from RS, with 4.5mm circular needle (60cm/20" long), puk 4 sts across right top edge of steek 'sandwich', puk 1(108), 2(108), 3(108), 4(108), 5(108), 6(112), 7(112), 8(112), 9(112) neck sts, puk 4 sts across left top edge of steek sandwich. From WS, k one row. Break yarn. With dressmaking pins, mark out the position for 7 evenly-spaced buttonholes along right front opening edge of cardigan.

15. Work i-cord bind off and buttonholes.

Before beginning this step, familiarise yourself with the instructions for i-cord bind-off and buttonholes above.

Move sts at bottom edge of garment around needles without knitting so that you can begin round in spot beneath right underarm (where marker y was originally placed). Rejoin MC, and, with 4.5mm dpn working from the RS work i-cord b/o across sts of right bottom edge. When you reach corner between right bottom edge and right front edge, work plain i-cord for 1 row. Turn corner. Work i-cord b/o off along sts up right front edge of cardigan adding an i-cord buttonhole every time you reach a marker. When you reach corner between right front edge and neck edge, work plain i-cord for 1 row. Turn corner, and work i-cord b/o across neck sts. When you reach corner between neck and left front edge, work plain i-cord for 1 row. Turn corner and work i-cord b/o down left front edge. When you reach corner between left front edge and left bottom edge, work plain i-cord for 1 row. Turn corner, and work i-cord bind off on all remaining sts along bottom edge. When only 3 sts remain on rh needle, work a plain i-cord for 2 rows, fasten off and join neatly to start of round.

16. Finish cuffs

Return to sleeves. Unzip provisional c/o at first sleeve edge and place 1(33), 2(37), 3(39), 4(41), 5(41), 6(41), 7(45), 8(47), 9(47) sts on 4.5mm circular needle (80-100cm/30-40" long) or dpns. Join MC, and, with 5mm dpn, work i-cord b/o across all sts. Do the same with the second sleeve edge.

17. Finishing.

Graft stitches at underarms. Weave in all ends to the back of the work. Soak garment in cool water with wool wash or mild fabric softener to allow sts to relax and bloom. Rinse carefully in cold water. Spin garment in machine on low spin setting to remove water. Shape garment to correct dimensions, and pin out. Dry flat, and leave to dry completely.

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 KATE DAVIES DESIGNS

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