KARUNA

EXPRESSION FIBER ARTS

-KARUNA-

The Karuna shawl design is based on the idea that individual differences, both large and small, may actually complement one another. In fact, they might even enhance the overall with very little effort. What a boring world it would be without our differences!

Karuna's shape is what would be classified as a "distorted triangle." This is easily achieved by starting at one point and increasing stitches along one edge while decreasing fewer stitches on the other edge.

The main body of the shawl is knit in an easy basketweave type pattern. When changing colors, mosaic stitch patterns are used. This is a simple way to achieve a color pattern while only requiring the knitter to work with one color at a time. It is a great method to use as an introduction to colorwork.

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Expression Fiber Arts

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We appreciate you downloading our pattern! We pour tons of time and love into each one and hope you enjoy it.
Should you have any questions, please contact the designer for assistance.

- DETAILS-

SIZE:
Approximately 100" in length, increasing from 1" to 55" in width

DIMENSIONS

Expression Fiber Arts Luster Worsted Kit
Shown in: Mangosteen Hues
The kit includes 5 skeins of Luster Worsted
If this kit isn't available, any 5 skeins from this category will work.

MATERIALS

US size 8 (5 mm) 24" or 32" circular needles

NEEDLE

Tapestry needle for weaving in ends.
Optional: Stitch markers

TOOLS

16 sts and 22 rows=4" in rectangle rib pattern, knit flat and blocked.

GAUGE

Intermediate - This pattern is for those who feel comfortable with knitting and have made a few projects, using various skills and techniques including slip stitches and colorwork.

SKILL LEVEL

- ABBREVIATIONS-

BO   bind off

CO   cast on

k   knit

kfb   knit into the front and back of the stitch (1 st increased)

k2tog   knit 2 sts together (1 st decreased)

M   marker

p   purl

PM   place marker

rep   repeat

RS   right/front side of work

SM   slip marker

sl   slip stitch purlwise, with yarn in back

sl wyif   slip stitch purlwise, with yarn in front

St(s)   stitch(es)

WS   wrong/back side of work

YO   yarn over (1 st increased)

- PATTERN-

NOTES

- 5 colors are used to work this shawl. As pictured, the shawl begins with the lightest color (A) and proceeds through the gradient, (B), (C), (D), and ends with the darkest (E).
- When joining a new color, directions are given to change BEFORE the end of the row. This will create a neater, less bulky edge, as well as avoiding obvious color changes and knots along the edge.
- Be sure to carry yarn loosely behind slipped stitches. If the yarn is pulled taught, the work will gather and distort the shape of the shawl. Spreading the stitches out on your right needle helps with this.

CHANGING COLORS

When joining a new color or switching colors, proceed as follows:

Work WS row until 2 stitches remain on the left needle.
Drop the working yarn behind the needles. (diagram A)

diagram A

diagram B

Join the new yarn and work the last 2 stitches in the new color; turn to RS (old yarn will be in front of work) After working the kfb, yo, in the new color, bring the old color from front to back between the needles, passing over 1 st on the left needle and placing over the top of the new working yarn (diagram B). Continue in the new color. Watch a video of this technique <u>here</u>.

The main body of the shawl is worked in an offset rib pattern. If all of your increases and decreases have been worked correctly, you will create a distinct pattern. If not, stop and fix the increase or decrease that was missed.

OFFSET RIB PATTERN
R1&3: *k2, p2, rep from *, k2
R2&4: *p2, k2, rep from *, p2
R5&7: *p2, k2, rep from *, p2
R6&8: *k2, p2, rep from *, k2

SHAWL

CO 2 sts using color A.
Follow Chart 1 or use the following written instructions:

Chart 1

Row 1 (RS): kfb, yo, k. (4 sts)
Row 2 (WS): k2tog, yo, k2. (4 sts)
Row 3: kfb, yo, k3. (6 sts)
Row 4: k2tog, yo, k2tog, p, k. (5 sts)
Row 5: kfb, yo, k4. (7 sts)
Row 6: k2tog, yo, k2tog, p2, k. (6 sts)
Row 7: kfb, yo, k5. (8 sts)
Row 8: k2tog, yo, k2tog, k, p2, k. (7 sts)
Row 9: kfb, yo, k2, p, k3. (9 sts)
Row 10: k2tog, yo, k2tog, p2, k3. (8 sts)
Row 11: kfb, yo, p2, k5. (10 sts)
Row 12: k2tog, yo, k2tog, k, p2, k3. (9 sts)
Row 13: kfb, yo, p2, k2, p, k3. (11 sts)
Row 14: k2tog, yo, k2tog, p2, k2, p2, k. (10 sts)
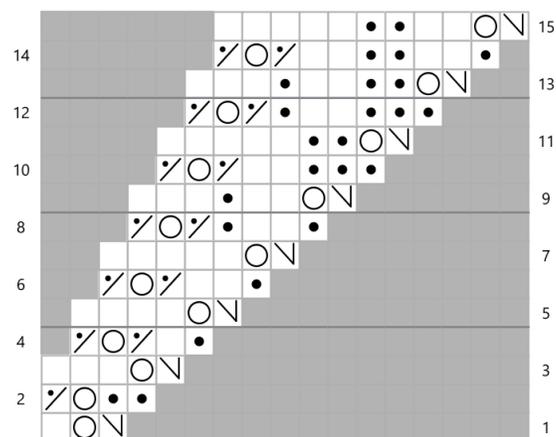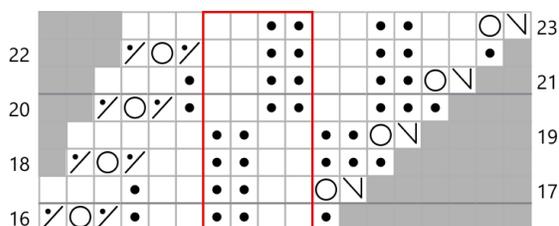**Row 15**: kfb, yo, k2, p2, k5. (12 sts)

Chart 2

Key

☐	RS: knit / WS: purl
▨	grey no stitch
⃠	RS: kfb
○	yo
╱	WS: k2tog
•	RS: purl / WS: knit
☐	Repeat stitches

Follow Chart 2 or use the following written instructions:

Row 16: k2tog, yo, k2tog, k, p2, *k2, p2 ; work from *, k. (11 sts)
Row 17: kfb, yo, *k2, p2 ; work from *, k2, p, k3. (13 sts)
Row 18: k2tog, yo, k2tog, p2, *k2, p2 ; work from *, k3. (12 sts)
Row 19: kfb, yo, p2, *k2, p2 ; work from *, k5. (14 sts)

Row 20: k2tog, yo, k2tog, k, *p2, k2 ; work from *, p2, k3. (13 sts)
Row 21: kfb, yo, *p2, k2 ; work from *, p, k3. (15 sts)
Row 22: k2tog, yo, k2tog, *p2, k2 ; work from *, p2, k. (14 sts)
Row 23: kfb, yo, k2, *p2, k2 ; work from *, k3. (16 sts)

Rep rows 16-23 eleven more times. (60 sts)

Follow Chart 3 or use the following written instructions, **alternating 2 rows of Color A and 2 rows of Color B** (Read through notes section on joining/changing colors before proceeding):

Row 112: k2tog, yo, k2tog, k54, switch colors, k2 (59 sts)
Row 113: kfb, yo, k, *sl, k ; work from * 27 times, k3. (61 sts)
Row 114: k2tog, yo, k2tog, sl wyif, *p, sl wyif ; work from * 26 times, p2, switch colors, p, k. (60 sts)
Row 115: kfb, yo, k59. (62 sts)
Row 116: k2tog, yo, k2tog, k56, switch colors, k2. (61 sts)
Row 117: kfb, yo, k60. (63 sts)
Row 118: k2tog, yo, k2tog, k57, switch colors, k2. (62 sts)
Row 119: kfb, yo, k, *sl, k ; work from * 29 times, k2. (64 sts)
R**ow 120**: k2tog, yo, k2tog, *p, sl wyif ; work from * 28 times, p2, switch colors, p, k. (63 sts)
Row 121: kfb, yo, k62. (65 sts)
Row 122: k2tog, yo, k2tog, k59, switch colors, k2. (64 sts)
Row 123: kfb, yo, k63. (66 sts)
Row 124: k2tog, yo, k2tog, k60, switch colors, k2. (65 sts)

Row 125: kfb, yo, k, *sl, k ; work from * 30 times, k3. (67 sts)
Row 126: k2tog, yo, k2tog, sl wyif, *p, sl wyif ; work from * 29 times, p2, switch colors, p, k. (66 sts)
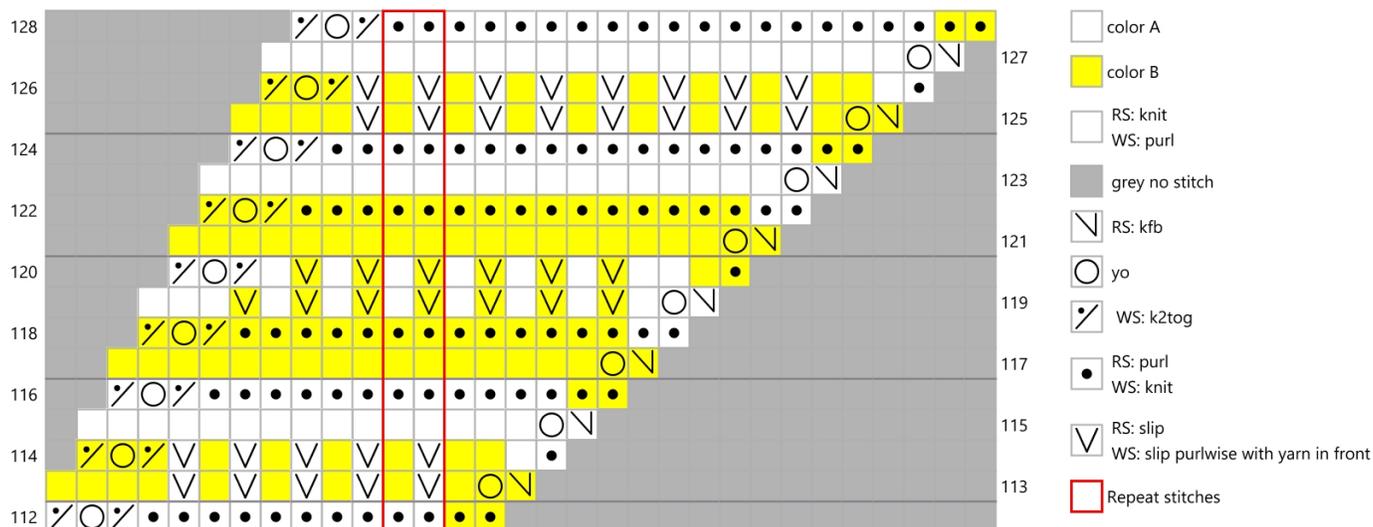**Row 127**: kfb, yo, k65. (68 sts)
Row 128: k2tog, yo, k2tog, k62, switch colors, k2. (67 sts)

Break color A, leaving a tail for weaving in when finishing.

Chart 3

Key

	color A
	color B
	RS: knit WS: purl
	grey no stitch
	RS: kfb
	yo
	WS: k2tog
	RS: purl WS: knit
	RS: slip WS: slip purlwise with yarn in front
	Repeat stitches

Rows 129-135: With Color B, rep Rows 17-23. (72 sts.)
Rows 136-183: Rep Rows 16-23 six times. (96 sts.)
    Join Color C
Rows 184-200: Rep Rows 112-128, substituting Color B for Color A and Color C for Color B in the instructions. (103 sts.)
    Break Color B, leaving a tail for weaving in when finishing.
Rows 201-207: With Color C, rep Rows 17-23. (108 sts.)
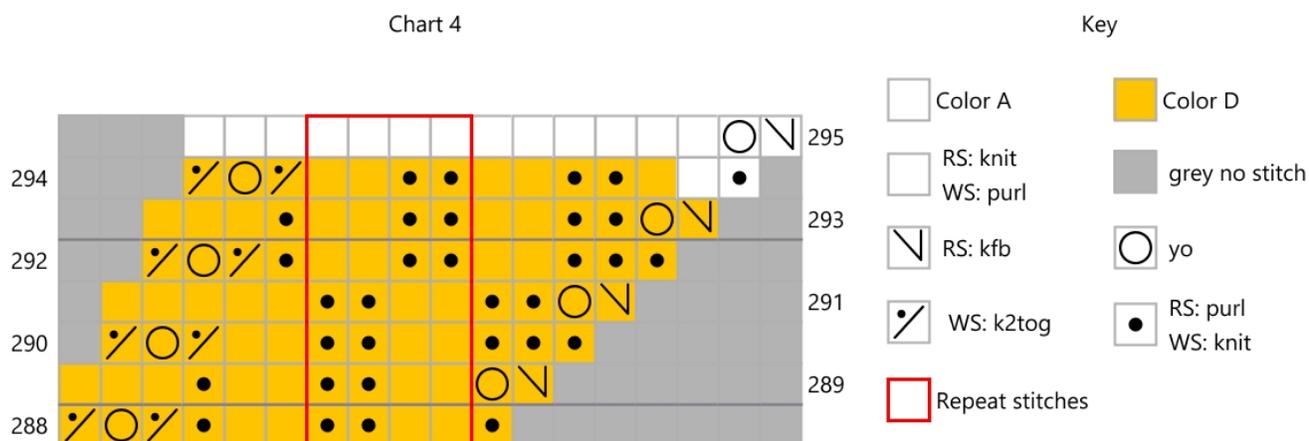**Rows 208-247**: Rep Rows 16-23 five times. (128 sts.)
    Join Color D
Rows 248-264: Rep Rows 112-128, substituting Color C for Color A and Color D for Color B in the instructions. (135 sts.)
    Break Color C, leaving a tail for weaving in when finishing.
Rows 265-271: With Color D, rep Rows 17-23. (140 sts.)
Rows 272-287: Rep Rows 16-23 two times. (148 sts.)

Chart 4   Key

Follow Chart 4 or use the following written instructions:

Row 288: k2tog, yo, k2tog, k, p2, *k2, p2 ; work from * 35 times, k. (147 sts)
Row 289: kfb, yo, *k2, p2 ; work from * 35 times, k2, p, k3. (149 sts)
Row 290: k2tog, yo, k2tog, p2, *k2, p2 ; work from * 35 times, k3. (148 sts)
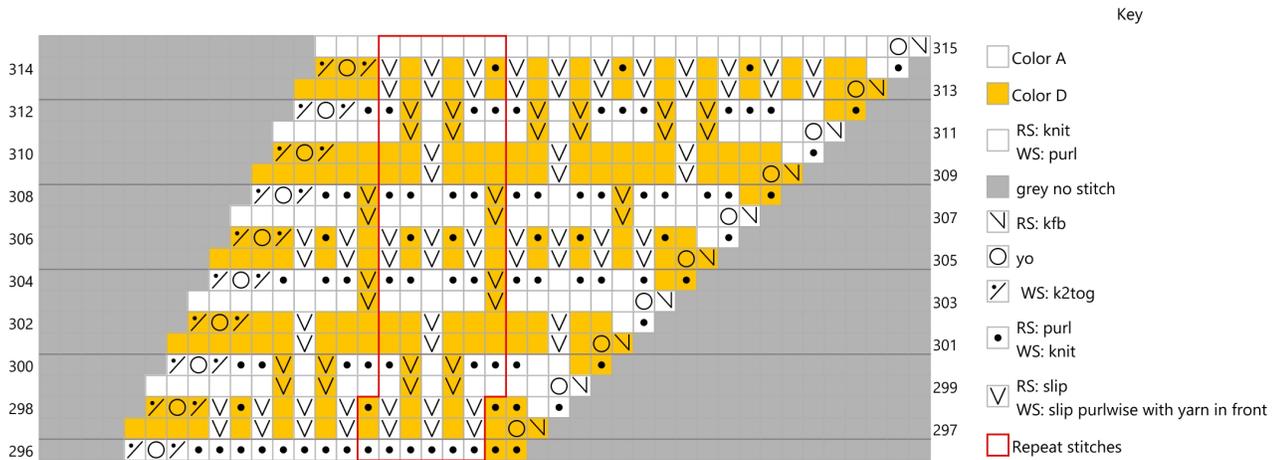**Row 291**: kfb, yo, p2, *k2, p2 ; work from * 35 times, k5. (150 sts)

Row 292: k2tog, yo, k2tog, k, *p2, k2 ; work from * 35 times, p2, k3. (149 sts)
Row 293: kfb, yo, p2, k2, *p2, k2 ; work from * 35 times, p, k3. (151 sts)
Row 294: k2tog, yo, k2tog, *p2, k2 ; work from * 35 times, p2, k2, p, **drop** color D and join color A, p, k. (150 sts)
Row 295: kfb, yo, k149. (152 sts)

Chart 5

Key

☐	Color A
☐ (yellow)	Color D
☐	RS: knit / WS: purl
☐ (grey)	grey no stitch
↘	RS: kfb
O	yo
↗	WS: k2tog
•	RS: purl / WS: knit
V	RS: slip / WS: slip purlwise with yarn in front
☐ (red box)	Repeat stitches

Follow Chart 5 or use the following written instructions , **using** Colors A and D, alternate 2 rows of Color A and 2 rows of Color D:

Row 296: k2tog, yo, k2tog, k148. (151 sts)
Row 297: kfb, yo, k, (sl, k) 72 times, sl, k4. (153 sts)
Row 298: k2tog, yo, k2tog, sl wyif,(k, (sl wyif, p) x 2, sl wyif) 24 times, k2, p, k. (152 sts)
Row 299: kfb, yo, k2, (k2, (sl, k) x 2) 24 times, k5. (154 sts)
Row 300: k2tog, yo, k2tog, k1, (k, sl wyif, p, sl wyif, k2) 24 times, k, p3, k. (153 sts)
Row 301: kfb, yo, k, sl, k2, (k3, sl, k2) 24 times, k4. (155 sts)
Row 302: k2tog, yo, k2tog, (p2, sl wyif, p3) 24 times, p2, sl wyif, p3, k. (154 sts)
Row 303: kfb, yo, k6, (sl, k5) 24 times, k3. (156 sts)
Row 304: k2tog, yo, k2tog, k, p, k2, sl wyif, (k2, p, k2, sl wyif) 23 times, (k2, p) x 2, k, p, k. (155 sts)
Row 305: kfb, yo, (k, sl) 75 times, k4. (157 sts)
Row 306: k2tog, yo, k2tog, sl wyif, k, sl wyif, p, ((sl wyif, k) x 2, sl wyif, p) 24 times, sl wyif, k, p2, k. (156 sts)
Row 307: kfb, yo, k4, sl, k5, (sl, k5) 23 times, sl, k6. (158 sts)
Row 308: k2tog, yo, k2tog, k2, sl wyif, (k2, p, k2, sl wyif) 24 times, (k2, p) x 2, k. (157 sts)
Row 309: kfb, yo, (k3, sl, k2) 25 times, k6. (159 sts)
Row 310: k2tog, yo, k2tog, p2, (p2, sl wyif, p3) 25 times, p2, k. (158 sts)

Row 311: kfb, yo, k2, (k2, (sl, k) x 2) 25 times, k5. (160 sts)
Row 312: k2tog, yo, k2tog, k, (k, sl wyif, p, sl wyif, k2) 25 times, k, p3, k. (159 sts)
Row 313: kfb, yo, (k, sl) 77 times, k4. (161 sts)
Row 314: k2tog, yo, k2tog, ((sl wyif, p) x 2, sl wyif, k) 25 times, sl wyif, p, sl wyif, p3, k. (160 sts)
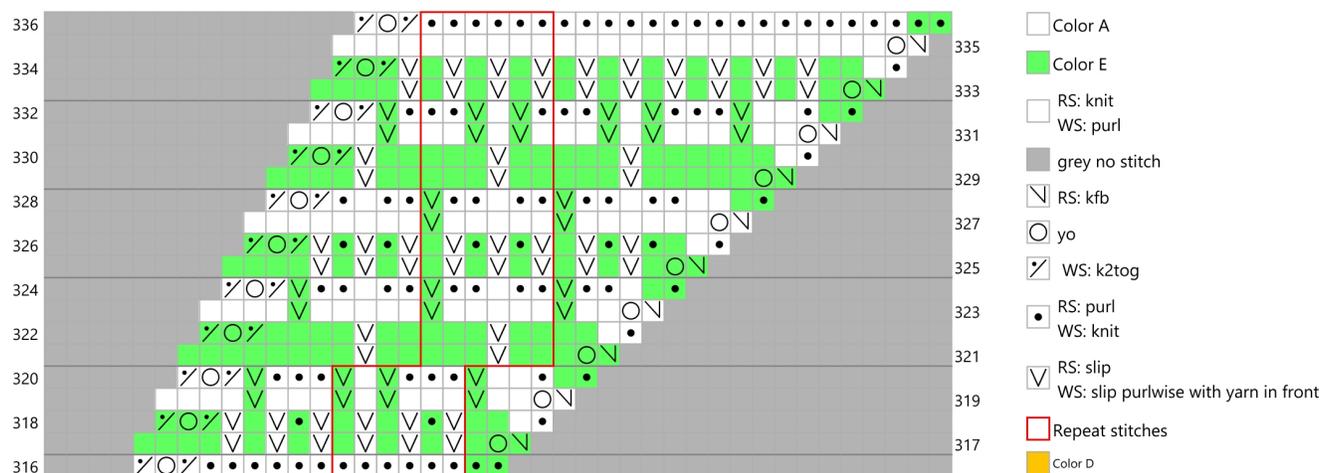
Break color D, leaving a tail for weaving in when finishing.
Row 315: kfb, yo, k159. (162 sts)

Charts 5 and 6 (Rows 296-315 and Rows 316-336) create this mosaic stitch pattern. Color A is used in both, while Colors D and E change in the background.

Chart 6

Key

☐	Color A
🟩	Color E
☐	RS: knit WS: purl
▦	grey no stitch
⌐\	RS: kfb
○	yo
⁄	WS: k2tog
•	RS: purl WS: knit
V	RS: slip WS: slip purlwise with yarn in front
▭	Repeat stitches
🟧	Color D

Follow Chart 6 or use the following written instructions , **joining** color E and alternating 2 rows of Color A and 2 rows of Color E:

Row 316: k2tog, yo, k2tog, k158. (161 sts)
Row 317: kfb, yo, ((k, sl) x 3) 26 times, k4. (163 sts)
R**ow 318:** k2tog, yo, k2tog, (sl wyif, p, sl wyif, k, sl wyif, p) 26 times, p2, k. (162 sts)
Row 319: kfb, yo, k2, (sl, k3, sl, k) 26 times, k3. (164 sts)
R**ow 320:** k2tog, yo, k2tog, sl wyif, k3, sl wyif, (p, sl wyif, k3, sl wyif) 25 times, p2, k, p, k. (163 sts)
Row 321: kfb, yo, k, (k2, sl, k3) 26 times, k5. (165 sts)
Row 322: k2tog, yo, k2tog, p, (p3, sl wyif, p2) 26 times, p3, k. (164 sts)
Row 323: kfb, yo, k2, sl, (k5, sl) 26 times, k4. (166 sts)
Row 324: k2tog, yo, k2tog, (sl wyif, k2, p, k2) 26 times, sl wyif, k2, p2, k. (165 sts)
Row 325: kfb, yo, k, (sl, k) 79 times, sl, k4. (167 sts)
R**ow 326:** k2tog, yo, k2tog, (sl wyif, k) x 2, sl wyif, (p, (sl wyif, k) x 2, sl wyif) 25 times, p, (sl wyif, k) x 2, p2, k. (166 sts)

Row 327: kfb, yo, k1, (k5, sl) 26 times, k8. (168 sts)
Row 328: k2tog, yo, k2tog, k, p, k2, (sl wyif, k2, p, k2) 26 times, p3, k. (167 sts)
Row 329: kfb, yo, k3, (k2, sl, k3) 27 times, k. (169 sts)
Row 330: k2tog, yo, k2tog, sl wyif, p2, (p3, sl wyif, p2) 26 times, p5, k. (168 sts)
Row 331: kfb, yo, k2, sl, k2, (k, sl) x 2, k2) 26 times, k, sl, k4. (170 sts)
Row 332: k2tog, yo, k2tog, sl wyif, k, (k2, sl wyif, p, sl wyif, k) 26 times, k2, sl wyif, p2, k, p, k. (169 sts)
Row 333: kfb, yo, k, (sl, k) 81 times, sl, k4. (171 sts)
Row 334: k2tog, yo, k2tog, sl wyif, (p, sl wyif) 81 times, p3, k. (170 sts)
Row 335: kfb, yo, k169. (172 sts)
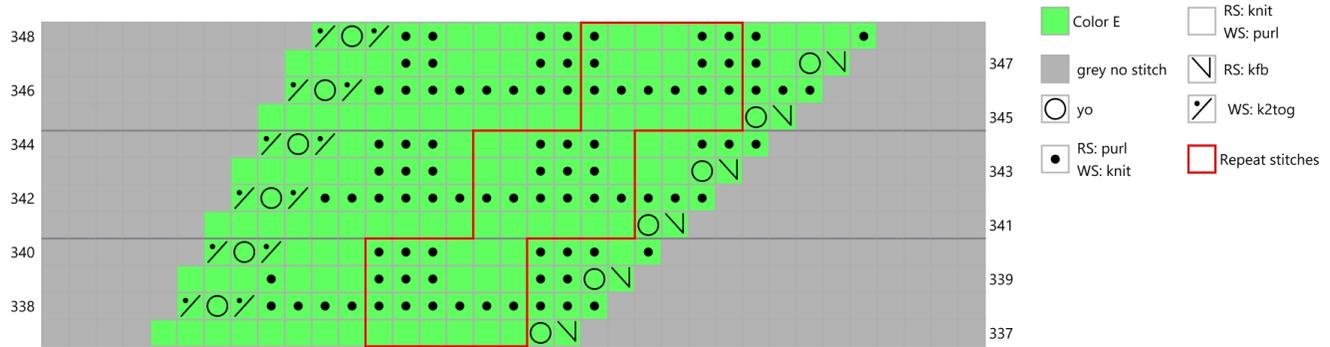**Row 336:** k2tog, yo, k2tog, k168. (171 sts)

Break color A, leaving a tail for weaving in when finishing.

Chart 7   Key

Follow Chart 7 or use the following written instructions, continue with Color E:

Row 337): kfb, yo, k170. (173 sts)
Row 338: k2tog, yo, k2tog, k169. (172 sts)
Row 339: kfb, yo, p2, (k3, p3) 27 times, k3, p, k3. (174 sts)
Row 340: k2tog, yo, k2tog, p3, (k3, p3) 27 times, k3, p, k. (173 sts)
Row 341: kfb, yo, k172. (175 sts)
Row 342: k2tog, yo, k2tog, k171. (174 sts)
Row 343: kfb, yo, k2, (k, p3, k2) 28 times, k3. (176 sts)
Row 344: k2tog, yo, k2tog, p, k3, p, (p2, k3, p) 27 times, p2, k3. (175 sts)
Row 345: kfb, yo, k174. (177 sts)
Row 346: k2tog, yo, k2tog, k173. (176 sts)
Row 347: kfb, yo, k, p, (p2, k3, p) 28 times, p, k4. (178 sts)
Row 348: k2tog, yo, k2tog, k, (k, p3, k2) 28 times, k, p3, k. (177 sts)

Repeat Rows 337-348 (183 sts)
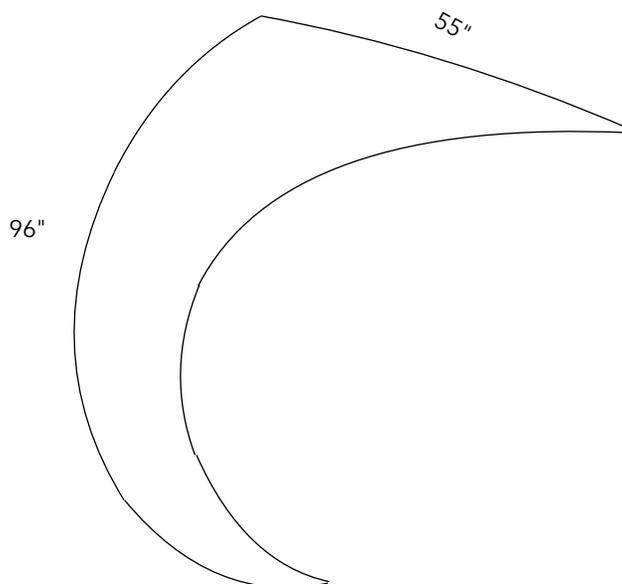*Repeat Rows 337-340 (185 sts)*

Row 365: kfb, yo, k184. (187 sts)

BO all sts. Fasten off.

FINISHING

Weave in all ends using a tapestry needle, but do not trim, as these ends may shift during blocking.

Block shawl using preferred method. After the shawl is dry, trim all ends.

55"

96"

Notes on resizing:
The shawl may be made smaller by working less repeats of rows 16-23 (Chart 2).
In order for the stitch patterns in Rows 296-336 (Charts 5 and 6) to work out as shown, you must decrease the number of repeats (of Rows 16-23) in multiples of 3.

For example: when working with color A, repeat Rows 16-23 eight more times (3 less than the eleven times stated). Alternatively, you could work the repeats two less times for each of the colors A, B and C - for a total of six less repeats. The reason for this is 3 less repeats means that you will have 12 less stitches. That works out evenly for the 6 stitch pattern repeats used in Rows 296-365 (Charts 5, 6 & 7).

The shawl could also be made in only 3 colors (A, D, E). Eliminate colors B and C, but increase the number of repeats of rows 16-23 for colors A and D (in multiples of 3, as mentioned above). Work Chart 3, substituting color D for color B. Charts 5 and 6 would be worked as shown