



FIREBIRD

EXPRESSION FIBER ARTS

-Firebird-

The Firebird is a character from Russian folklore that symbolized rebirth, beauty, and magic, and all three characteristics are represented in this sweater's three-color fade. This very simple but effective pullover is worked bottom up to the underarms, separated for the front and back, and then joined at the shoulders with a three-needle bind off. The sleeves are picked up at the armholes, and the fade is worked in reverse. The neckline is finished with a twisted rib. The twisted cable motif on the front is reminiscent of the Firebird's feathers, as it travels from the darkness into the light. For an even simpler garment, you can use a single color of yarn.



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Expression Fiber Arts

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We appreciate you downloading our pattern! We pour tons of time and love into each one and hope you enjoy it. Should you have any questions, please contact info@expressionfiberarts.com for assistance.

-DETAILS-

SIZES: XS (S, M, L) **(XL, 2XL, 3XL)** (4XL, 5XL) with finished bust measurements of 32 (36, 40, 44) **(48, 54, 58)** (62, 64) / 81 (91, 102, 112) **(122, 137, 147)** (157, 163) cm

Designed to be worn with 2-4" / 5-10 cm of positive ease.

Sample is shown in a size Small modeled on a 34"/86 cm bust with 2"/5 cm of ease.



DIMENSIONS

Expression Fiber Arts Resilient Sock, Sparkle DK, & Pearlescent Fingering or Sincere Sock

Fade Version shown in colors: Cherry Red Hues [Resilient Sock (1), Sparkle DK (2), & Pearlescent Fingering (3)].

Solid Version shown in color: Clover Sincere Sock.

Use the table on page 6 to find the amount of yarn needed for your size.

If those colors aren't available, any from [this category](#) and [this category](#) will work.



MATERIALS

US sizes 3 (3.25 mm) and 4 (3.5 mm) 12" and 24-32" / 30 cm and 60-80 cm circular needles or size needed to achieve gauge



NEEDLE

Tapestry needle for weaving in ends, stitch markers, waste yarn, or stitch holders



TOOLS

24 sts and 34 rows = 4" (10 cm) in stockinette stitch in yarn 1



GAUGE

Advanced: For the adventurous knitter who loves to tackle something a bit more complicated. Skills/concepts include chart reading, yarn placement planning, two-stitch cables, decreasing, short rows, and garment sizing.



SKILL LEVEL

-ABBREVIATIONS-

BO	bind off
BOR	beginning of round
CN	cable needle
CO	cast on
DS	double stitch
K	knit
K1tbl	knit 1 through the back loop
K2tog	knit 2 stitches together
P	purl
PM	place marker
Ptbl	purl through the back loop
p2tog	purl 2 stitches together
PU	pick up
Rep	repeat
RS	right/front side of work
Sl	slip
SSK	slip, slip, knit
St(s)	stitch(es)
WS	wrong/back side of work
Wyif	with yarn in front
YO	yarn over

Special stitches on page 5.

-PATTERN-

NOTES

- **VERY IMPORTANT:** You will need to decide upfront how you want to handle the fade of your garment. **This is NOT noted in the pattern.**
- For a single dark-to-light fade using three colors that covers the entire garment, divide your total expected length by five. (There are a total of five sections in the fade). For example, the sample shown has a total length of 19.75" (50 cm), which makes each section approximately 4" (10 cm).
- **Please note that length is very subjective, and only you will know for certain how long you want your garment to be. If uncertain, measure a favorite garment from the underarm to the bottom hem, and use that as your length measurement.**
- The first section is only worked with Yarn 1. The second section is worked alternating one round of Yarn 1 with one round of Yarn 2. The third section is only worked with Yarn 2. The fourth section is worked alternating one round of Yarn 2 with one round of Yarn 3. The fifth section is only worked with Yarn 3.
- **If you wish to add length to the torso, you will need to adjust the pattern accordingly, which will require additional yarn.**
- Click [here](#) to watch a tutorial on German Short Rows.
- When working the fade on the upper body after the split for front and back, you will be working back and forth, rather than in the round. To easily manage the yarn, work one right side row in the first color. Slide the stitches back, and work another right side row in your second color. Turn and repeat on the wrong side. This gets a little tricky when working the front charted stitches, so be sure to check that your stitches look correct after working the wrong side.
- The chart is on page 9, and the schematic is on page 10.
- Click [here](#) to watch a video tutorial on how to read the chart for right and wrong sides and how to work the cables featured in this top.

SPECIAL STITCHES

1/1 RT on RS: Sl 1 st onto cn and hold in back, k1tbl and k1tbl from cn.

1/1 LT on RS: Sl 1 st onto cn and hold in front, k1tbl and k1tbl from cn.

1/1 LPT on RS: Sl 1 st onto cn and hold in front, p1tbl and k1tbl from cn.

1/1 RPT on RS: Sl 1 st onto cn and hold in back, k1tbl and p1tbl from cn.

1/1 RT on WS: Sl 1 st onto cn and hold in front, p1tbl and p from cn.

1/1 LT on WS: Sl 1 st onto cn and hold in back, p1tbl and p1tbl from cn.

1/1 LPT on WS: Sl 1 st onto cn and hold in front, p1tbl and k1tbl from cn.

1/1 RPT on WS: Sl 1 st onto cn and hold in back, k1tbl and p1tbl from cn.

YARDAGE/METERAGE

Yarn Base	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Resilient Sock (1)	300 yds/ 274 m	320 yds/ 293 m	352 yds/ 322 m	387 yds/ 354 m	426 yds/ 390 m	469 yds/ 429 m	516 yds/ 472 m	568 yds/ 519 m	625 yds/ 572 m
Sparkle DK (2)	433 yds/ 396 m	482 yds/ 441 m	530 yds / 485 m	583 yds/ 533 m	641 yds/ 586 m	705 yds/ 645 m	775 yds/ 709 m	853 yds/ 780 m	938 yds/ 858 m
Pearlescent Fingering (3)	213 yds/ 195 m	237 yds/ 217 m	261 yds / 239 m	287 yds/ 262 m	316 yds/ 289 m	348 yds/ 318 m	383 yds/ 350 m	421 yds/ 385 m	463 yds/ 423 m
Sincere Sock (Solid Version)	950 yds/ 870 m	1040 yds/ 950 m	1140 yds/ 1046 m	1260 yds/ 1080 m	1480 yds/ 1270 m	1525 yds/ 1400 m	1675 yds/ 1550 m	1850 yds/ 1690 m	2030 yds/ 1860 m

PATTERN

Using Yarn 1 and the longer cord US 3 (3.25 mm) needle, CO 192 (216, 240, 264) **(288, 324, 348)** (372, 396) sts using the cable CO method or your favorite stretchy CO method.

Join to work in the round being careful not to twist the sts. Place BOR marker. Work twisted rib for 2" (5 cm) as follows: k1tbl, p1 around.

Change to longer US 4 (3.5 mm) needles, and begin chart as follows:

K 29 (35, 41, 47) **(53, 62, 68)** (74, 80), pm, work Row 1 of chart, pm, k around to BOR.

Continue as established for 12" (30 cm) or until your desired length from the underarm.

Next Row: Work as established for 95 (107, 119, 131) **(143, 161, 173)** (185, 197) sts. Place these sts on waste yarn or spare needle.

Continue working on remaining 97 (109, 121, 133) **(145, 163, 175)** (187, 199) sts, working flat in stockinette st until back has reached 6.5 (7, 7.5, 8) **(8.5, 9, 9.5)** (10, 10.5)" / 16.5 (18, 19,

20.5) **(21.5, 23, 24)** (25.5, 26.5) cm or your desired armhole depth.

Note: If you are working a fade, you will work one row of one color, and then slide the stitches back on the needle to work the second color. Then, turn your work. In other words, you will work two right side rows and then two wrong side rows.

Shape shoulders and back neck as follows:

Row 1: Work in pattern for 35 (39, 45, 48) **(54, 59, 65)** (68, 74) sts; BO next 26 (30, 30, 36) **(36, 44, 44)** (0, 50) sts; work in pattern for 31 (34, 40, 42) **(47, 52, 58)** (60, 65) sts; turn.

Note: You will now be working the left shoulder only, leaving the right shoulder stitches on the needle, but not working them.

Row 2 (WS): Wyif, sl1, bring yarn to working position (DS made), work in pattern across and turn.

Row 3 (RS): K1, ssk, work in pattern to 4 (5, 5, 6) **(7, 7, 7)** (8, 9) sts before DS, turn.

Row 4 (WS): Wyif, sl1, bring yarn to working position, work in pattern across and turn.

Rep Rows 3 and 4, four more times.

Next Row (RS): Work in pattern across, working DS as you come to them. Work one more row even, and then transfer stitches to waste yarn. 30 (34, 40, 43) **(49, 54, 60)** (63, 69) sts

Attach yarn to neck edge of the right shoulder, and continue as follows:

Row 1 (WS): Work in pattern for 31 (34, 40, 42) **(47, 52, 58)** (60, 65) sts, turn.

Row 2 (RS): Wyif, sl1, bring yarn to working position, work in pattern across until 3 sts remain, k2tog, k1, and turn.

Row 3 (WS): Work in pattern to 4 (5, 5, 6) **(7, 7, 8)** (8, 9) sts before DS, turn.

Row 4 (RS): Wyif, sl1, bring yarn to working position, work in pattern across until 3 sts remain, k2tog, k1, and turn.

Rep Rows 3 and 4, three more times .

Next Row (WS): Work in pattern across, working DS as you come to them. Work one more row even, and then transfer stitches to waste yarn. 30 (34, 40, 43) **(49, 54, 60)** (63, 69) sts

Attach yarn to front, and continue working in pattern as established until 2" (5 cm) shorter than back or until desired length to bottom of neck opening.

Begin front neck shaping as follows:

Row 1: Work in pattern for 40 (44, 50, 53) **(59, 64, 70)** (73, 79) sts; BO next 16 (20, 20, 26) **(26, 34, 34)** (40, 40) sts; work in pattern to end of row, turn.

Note: You will now be working the right shoulder only, leaving the left shoulder stitches on the needle, but not working them.

Row 2 (WS): Work across in pattern.

Row 3 (RS): BO 3 sts, and work across in pattern.

Row 4: Work across in pattern.

Row 5: BO 2 sts, and work across in pattern.

Row 6: Work across in pattern.

Row 7: K1, ssk, work across in pattern.

Row 8: Work across in pattern.

Rep Rows 7 and 8, four more times, and then work even until armhole is the same length as back.

Right Shoulder Shaping:

Work in pattern for 26 (29, 35, 37) **(44, 47, 54)** (55, 60) sts, turn.

Row 2 (WS): Wyif, sl1, bring yarn to working position, work in pattern across, and turn.

Row 3 (RS): Work in pattern to 4 (5, 5, 6) **(7, 7, 8)** (8, 9) sts before DS, turn.

Row 4: Wyif, sl1, bring yarn to working position, work in pattern across, and turn.

Rep Rows 3 and 4, three more times.

Next Row (RS): Work in pattern across, working DS as you come to them. 30 (34, 40, 43) **(49, 54, 60)** (63, 69) sts

Transfer back left shoulder held stitches to spare needle, and with RS together, BO using a three-needle BO.

Attach yarn to left front neck edge, and begin neck shaping as follows:

Row 1 (WS): BO 3 sts, and work across in pattern.

Row 2 (RS): Work across in pattern.

Row 3: BO 2 sts, and work across in pattern.

Row 4: Work across in pattern.

Row 5: P1, p2tog, and work across in pattern.

Row 6: Work across in pattern.

Rep Rows 5 and 6, four more times, and then work even until armhole is the same length as back.

Left Shoulder Shaping:

Work in pattern for 26 (29, 35, 37) **(44, 47, 54)** (55, 60) sts, turn.

Row 2 (RS): Wyif, sl1, bring yarn to working position, work in pattern across, and turn.

Row 3 (WS): Work in pattern to 4 (5, 5, 6) **(7, 7, 8)** (8, 9) sts before DS, turn.

Row 4: Wyif, sl1, bring yarn to working position, work in pattern across, and turn.

Rep Rows 3 and 4, three more times.

Next Row (WS): Work in pattern across, working DS as you come to them. 30 (34, 40, 43) **(49, 54, 60)** (63, 69) sts

Transfer right left shoulder held stitches to spare needle, and with RS together, BO using a three-needle BO.

SLEEVES

Using shorter US 4 (3.5 mm) needle and Yarn 3, PU and k 66 (72, 78, 87) **(98, 102, 105)** (108, 111) sts. Place BOR marker.

Continue in stockinette st, reversing the fade, until you have reached about 2" (5 cm) shorter than your desired length. Work 1 round of k1, k2tog around.

Change to shorter US 3 (3.25 mm) needle and continuing with Yarn 1, work twisted rib for 16 rounds. BO using your favorite stretchy BO method.

Rep for second sleeve.

NECK BAND

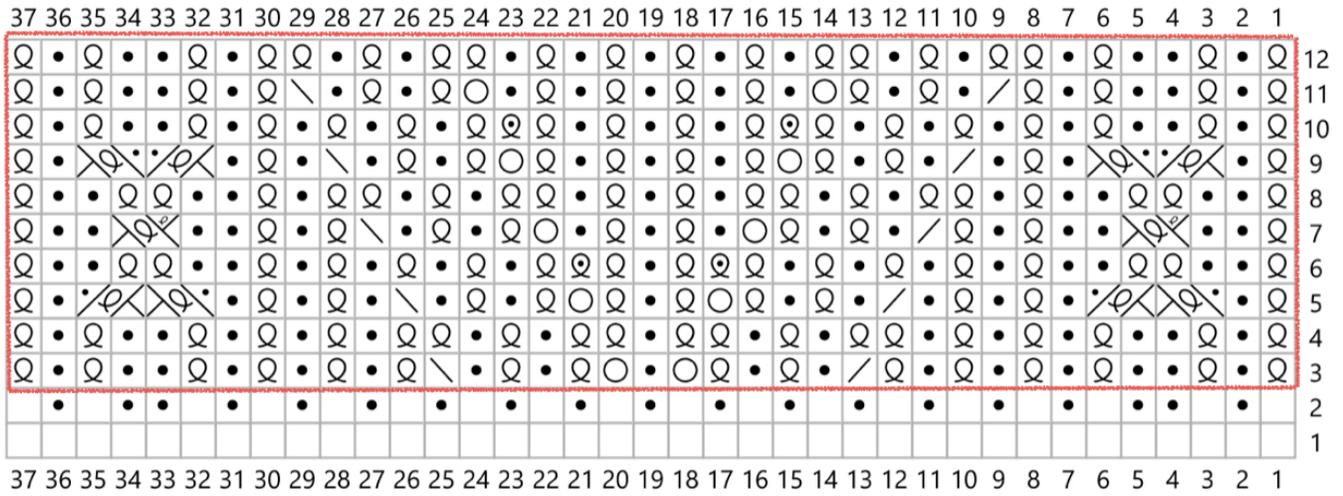
Using shorter US 3 (3.25 mm) needle and Yarn 3, PU evenly around neck at a ratio of 1 st for every 2 rows and 1 st for every bound off st.

Place BOR marker, and join to work in the round. Work 8 rounds of 1x1 twisted rib, and then BO using your favorite stretchy BO method.

FINISHING

Weave in ends, and block to measurements in schematic on page 10.

CHART



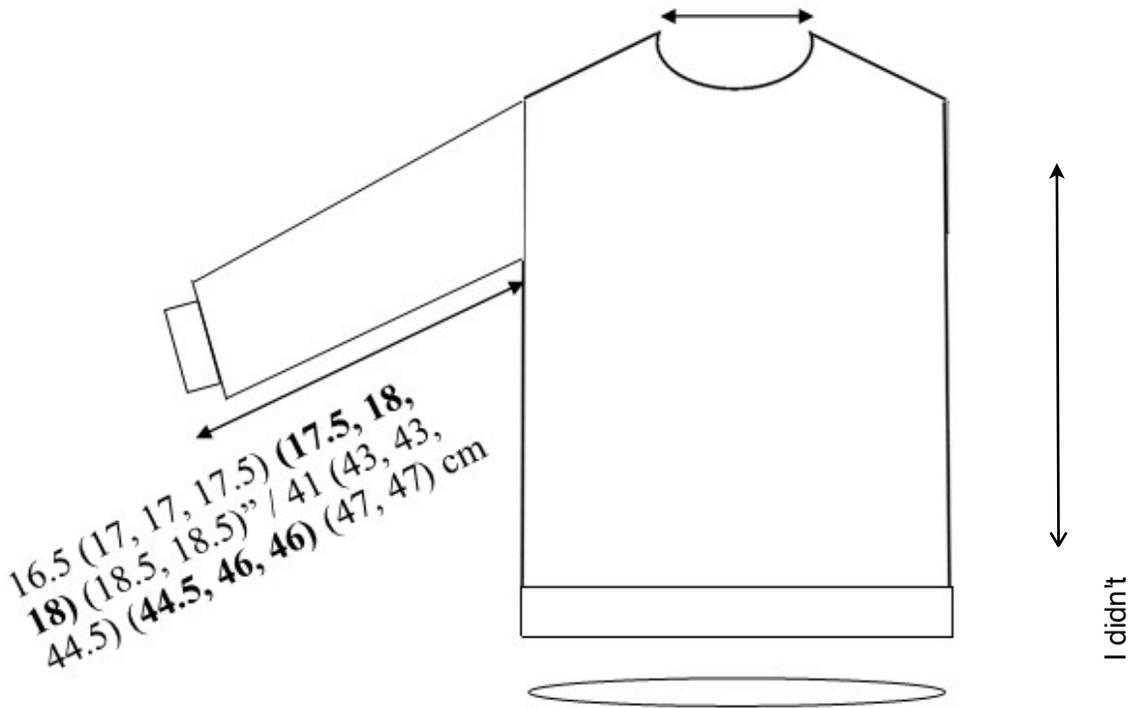
Key

- knit on right side, purl on wrong side
- purl on right side, knit on wrong side
- Q k tbl on right side, p tbl on wrong side
- e 1/1 RT **on right side** slip 1 stitch onto cable needle and hold in back, k1tbl and k1tbl from cable needle
- x 1/1 LT **on right side** slip 1 stitch onto cable needle and hold in front, k1tbl and k1tbl from cable needle
- o 1/1 LPT **on right side** slip 1 stitch onto cable needle and hold in front, p1tbl and k1tbl from cable needle
- p 1/1 RPT **on right side** slip 1 stitch onto cable needle and hold in back, k1tbl and p1tbl from cable needle
- / k2tog on right side, p2tog on wrong side
- o yo
- \ ssk on right side, p2tog tbl on wrong side
- Q p tbl on right side, k tbl on wrong side
- e 1/1 RT **on wrong side** slip 1 stitch onto cable needle and hold in front, p1tbl and p from cable needle
- x 1/1 LT **on wrong side** slip 1 stitch onto cable needle and hold in back, p1tbl and p1tbl from cable needle
- o 1/1 LPT **on wrong side** slip 1 stitch onto cable needle and hold in front, p1tbl and k1tbl from cable needle
- p 1/1 RPT **on wrong side** slip 1 stitch onto cable needle and hold in back, k1tbl and p1tbl from cable needle

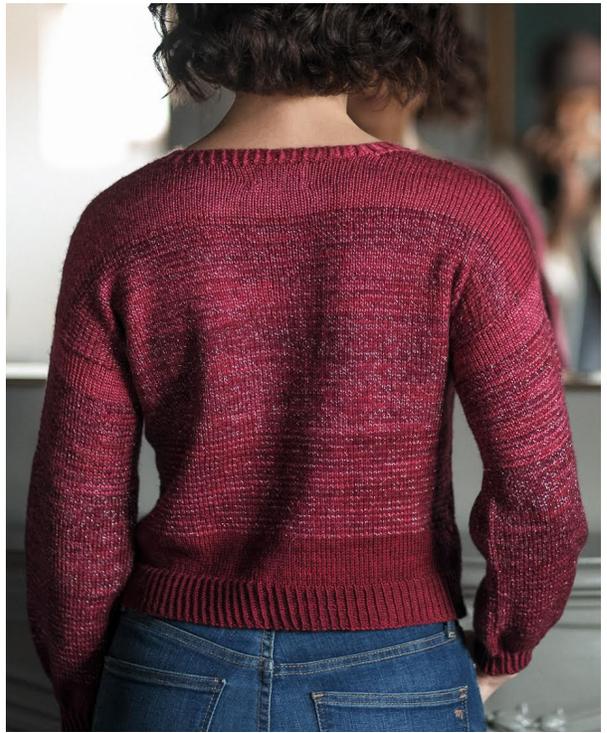
Chart repeat in red

SCHEMATIC

8 (8.5, 8.5, 9) (9, 9.5, 9.5) (10, 10)"
20 (21.5, 21.5, 23) (23, 24.5, 24.5) (26, 26) cm



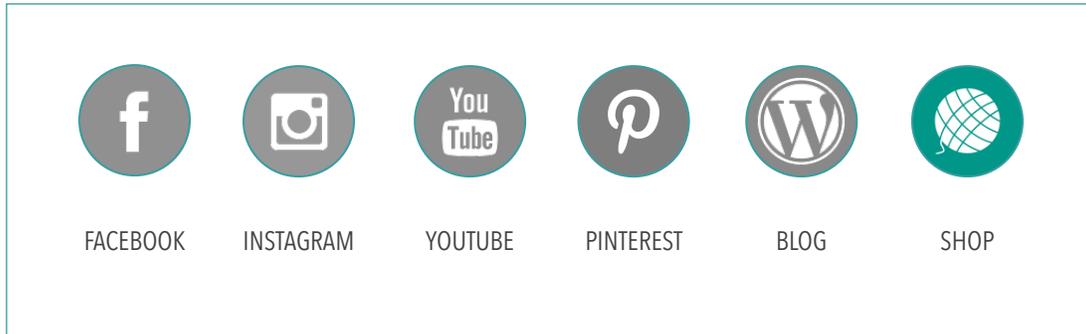
32 (36, 40, 44) (48, 54, 58) (62, 66)"
80 (90, 100, 110) (120, 135, 145) (155, 160) cm





-CONNECT-

"The greatest heroes are those who do their duty in the daily grind of domestic affairs whilst the world whirls as a maddening dreidel." – Florence Nightingale



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