falling | 23

Designed by Deborah Doherty

Tech Editor, Dawn Catanzaro

FINISHED MEASUREMENTS

41¾ (45¾, 49¾, 53¾, 57¾) [61¾, 65¾, 69¾, 73¾]"

106 (116, 126.5, 136.5, 146.5) [157, 167, 177, 187.5] cm at hip

49¾ (53¾, 57¾, 61¾, 65¾) [69¾, 73¾, 77¾, 81¾]"

126.5 (136.5, 146.5, 157, 167) [177, 187.5, 197.5, 207.5] cm at bust

Shown in size 1 with +8" / +20 cm measured at hip; +18" / +46 cm at chest.

SIZES

1 (2, 3, 4, 5) [6, 7, 8, 9]

YARN

9 (9, 10, 11, 12) [13, 14, 15, 16] skeins Julie Hoover Studio Blend No. 1 (149.8 yards / 137 meters/ 50 grams)

Sample color in photographs: Slate Tweed worn with 18" of ease

NEEDLES AND NOTIONS

Needle A (gauge needle): US 5 (3.75 mm) or size needed to obtain gauge, 16", 24" circular needle.

Needle B (for ribbing): US 2.5 (3 mm), or one size smaller than gauge needle, 16", 24" circular needle.

Tapestry needle, markers, locking markers, waste yarn, holders, 4⅞" or 1" buttons

GAUGE

24 sts and 32 rows for 4"/10 cm in Rib Stitch with Needle A, blocked

29 sts and 36 rows for 4"/10 cm in Rib Stitch with Needle B, blocked

NOTES

Worn as an oversized vest, *falling* is an extra layer of warmth. It is worked from the bottom up in two pieces. The increases from the waist create a dropped shoulder sleeve. The armholes are edged with Stockinette and Slip stitches which are worked at the same time as the front and back pieces. The collar is picked up and worked flat using German Short rows to build up the Henley front and incorporate the vertical buttonholes. Choose the size with 8-14" /20-35.5 cm of positive ease at waist and 18-24" / 46-61 cm of positive ease at chest.

STITCHES AND TECHNIQUES

Rib Stitch

*k1, p1; rep from * to the end.

Slip Stitch Edge

RS row: slip the first stitch knitwise {sl1} with yarn in back, pattern to the end.

WS row: slip the first stitch purlwise {sl1} with yarn in front, pattern to the end.

Maintain an even tension.

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October 2023

Tubular Cast On (knit flat)

Using size B needles and waste yarn, loosely cast on the number of stitches directed for your size. Do not join.

Step 1: Using working yarn, purl all stitches into the waste yarn.

Step 2: *k1, insert your left needle front to back under the running stitch created with your working yarn, purl this stitch (1st stitch included); rep from * to last stitch, k1.

Begin working 3 tubular rounds.

Step 3: p1, *k1, sl1 purlwise wyif; repeat from * to end.

Step 4: *k1, s1 purlwise wyif; rep from * to the last stitch, k1.

Step 5: sl1, *k1, s1 purlwise wyif; rep from * to the last 2 stitches, k1, p1.

You may remove the waste yarn after you have worked 3" or more of the piece.

German short rows

Sl-GSR (slip for German short row): Sl 1 pwise wyif, pull yarn up and over needle to back, drawing the two "legs" of the slipped stitch up. This creates what looks like a double stitch.

When you work back over the double stitch later, knit or purl it through both legs.

Sloped bind off

Step 1: Work the first bind off row as usual.

Step 2: One row before the next bind off, work to the last stitch of the row, slip last stitch pwise.

Step 3: Begin the next bind off by slipping 2 sts kwise, one at a time, then pass the first slipped st over the second to bind off 1 st. Bind off the remaining stitches as usual.

Vertical Buttonhole

Buttonhole row, WS: work in pattern to the last 7 stitches, drop yarn, add new yarn (on a bobbin) leaving a 3" tail, continue working as established to the end. Work in pattern using both yarns separately 5 more rows. Cut bobbin yarn leaving 3" tail.

Tubular bind off for 1x1 rib

Cut yarn leaving a tail four times the width of the piece to be bound off. Thread on tapestry needle.

Step 1: Insert tapestry needle into first (purl) stitch kwise and pull through, leave the stitch on needle.

Step 2: With the tapestry needle held behind the first purl st, insert it into the first knit stitch pwise and pull through, leaving the stitch on the needle.

Step 3: Insert tapestry needle into first purl stitch pwise and drop from needle, then insert needle into next knit stitch kwise and pull through.

Step 4: Insert tapestry needle into first knit stitch kwise and drop from needle, then insert needle into next knit stitch pwise (working behind the intervening knit stitch) and pull through.

Repeat Steps 3-4 until 1 stitch remains. Put yarn kwise through the last stitch to fasten off.

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October 2023

DIRECTIONS

BACK

Note: after the Tubular Cast On, the first row is designated as the WS row. Place a locking marker on the first RS row, moving it as needed to keep track of the RS.

Using Needle B and waste yarn, cast on 64 (70, 76, 82, 88) [94, 100, 106, 112] sts. Do not join. 127 (139, 151, 163, 175) [187, 199, 211, 223] stitches.
Set up row, WS: p2, work in Rib Stitch to the last stitch, p1.
Row 1, RS: k1, work in Rib Stitch to the last 2 stitches, k2.
Row 2, WS: p2, Rib Stitch to the last 2 stitches, p2.
Repeat Rows 1 and 2 once more. **
Change to Needle A and work Rows 1 and 2 four times.

Note: Maintain the Rib Stitch pattern on the side edges by making the next stitch in the pattern when increasing and decreasing.

Increase Row, RS: k1, m1L/m1p, work in pattern to the last stitch, m1R/m1p, k1. 2 stitches increased.
Work the Increase Row every 8th row 0 (0, 2, 2, 4) [4, 6, 6, 7] more times, every 6th row, 9 (9, 7, 7, 5) [5, 3, 3, 2]times, then every RS row 2 times. Work all WS rows in pattern as established. 151 (163, 175, 187, 199) [211, 223, 235, 247] stitches. Work in pattern until the back measures 9 (9, 9½, 9½, 10) [10, 10½, 10½, 10¾]" from the cast on edge.

Shape Armholes
Begin Slip Stitches Edges stitches (see Stitches and Techniques). Place new markers for armholes.
Set up row, RS: {sl1}, p1, k8, pm, work in pattern as established to the last 10 stitches, pm, k10.
All rows: {sl1}, k1, work Stockinette stitch to the marker, sm, work in pattern to the marker, sm, work Stockinette stitch to the last 2 stitches, k1, p1.
Work in pattern until the armhole measures 9¾ (10, 10¼, 10½, 11) [11½, 12, 12½, 13]".

Shape Neck and Shoulders
Use the Sloped Bind Off Method (see Stitches and Techniques) for best results.

 Bind off 3 (3, 3, 3, 3) [4, 4, 4, 4] sts at the beginning of each row 16 (12, 10, 6, 4) [18, 18, 14, 14] times then 0 (4, 4, 4, 4) [0, 5, 5, 5] sts 0 (4, 6, 12, 14) [0, 2, 6, 8] times. 103 (111, 121, 121, 131) [139, 141, 149, 151] stitches.

Neck Division row, RS: bind off 5 (6, 7, 7, 8) [9, 9, 10, 10] stitches, work in pattern for 28 (31, 34, 34, 37) [40, 40, 43, 43] stitches, bind off 37 (37, 39, 39, 41) [41, 43, 43, 45] stitches, work pattern to the end. Place right shoulder stitches on holder or waste yarn. 33 (37, 41, 41, 45) [49, 49, 53, 53] stitches.

Left Shoulder
Next WS row: bind off 5 (6, 7, 7, 8) [9, 9, 10, 10] stitches at the shoulder 1 time, then 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches 2 times, maintaining the pattern as established, and *at the same time* bind off 5 stitches at the neck 1 time, 3 stitches 1 time, 2 stitches 1 time, then BO the remaining 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches on the last WS row.

Right Shoulder

Place stitches back on the needle and attach yarn at the neck. Beginning on WS at the neck, bind off 5 stitches 1 time, 3 stitches 1 time, then 2 stitches 1 time; and *at the same time* bind off 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches at the shoulder 2 times. Bind off the remaining 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches on the last RS row.

FRONT

Note: Maintain the Rib Stitch pattern on the side edges by making the next stitch in the pattern when increasing and decreasing. The Design rows begin before the first Increase row and continue after the Armhole shaping begins. The 10 stitches between markers remain the same; the increases in the center are incorporated into the Rib Stitch pattern.

Design Row, RS: work in pattern to 2 stitches before the marker, ssk (worked as a p on WS), sm, work to next marker, sm, LLI/m1p, work to next marker, RLI/m1p, sm, work to next marker, sm, k2tog/p2tog, work in pattern to end. Stitch count remains the same. 0 stitches increased/decreased.

Increase Row, RS: k1, m1L/m1p, work in pattern, including the Design Row Stitches, to the last stitch, m1R/m1p, k1. 2 stitches increased.

Work as for Back until **.
Change to Needle A and work Rows 1 and 2 twice, placing markers as follows: work 42 (46, 50, 54, 58) [62, 66, 70, 74] stitches, pm, work 10 stitches, pm, work 23 (27, 31, 35, 39) [43, 47, 51, 55] stitches, pm, work 10 stitches, pm, work 42 (46, 50, 54, 58) [62, 66, 70, 74] stitches. Remove these markers when the last Design row is complete; 99 (111, 115, 127, 131) [143, 147, 159, 165] stitches between the center markers.

Next row, RS: work Design Row.
Repeat the Design Row every RS row 37 (41, 41, 45, 45) [49, 49, 53, 54] more times, *at the same time,* after working 4 Design rows, begin working the Increase Row on the following RS row, then every 8th row 0 (0, 2, 2, 4) [4, 6, 6, 7] more times, every 6th row, 9 (9, 7, 7, 5) [5, 3, 3, 2] times, then every RS row 2 times. Work all WS rows in pattern as established. 151 (163, 175, 187, 199) [211, 223, 235, 247] stitches.

Shape Armholes

Note: begin Slip Stitches Edges stitches (see Stitches and Techniques). Place new markers for armholes.
Set up row, RS: {sl1}, k9, pm, work in pattern as established to the last 10 stitches, pm, k10.
All rows: {sl1}, work Stockinette stitch to the marker, sm, work in Design pattern until repeats are complete, then change to Rib Stitch to the marker, sm, work Stockinette stitch to the end. Work in pattern until the armhole measures 6½ (6¾, 7, 7, 7½) [8, 8¼, 8¾, 9½]", ending with a WS row.

Shape Neck

Work in pattern for 60 (66, 71, 77, 82) [88, 93, 99, 104] stitches, pm, work 7 stitches, bind off 17 (17, 19, 19, 21) [21, 23, 23, 25] stitches, work 7, pm, work in pattern to the end. Place the Left Shoulder stitches onto waste yarn or holder. Place a locking marker on the 4th bound off stitch.

Right Neckline and Shoulder

Note: work the selvedge stitch at the neckline as a Stockinette stitch. Use the Sloped Bind Off Method for best results on the shoulder bind off.

Work 1 WS row to the last stitch, p1.

Deborah Doherty
October 2023

Neck Decrease row, RS: work in pattern to the marker, k2tog, work in pattern to the end.
Repeat the Neck Decrease row every RS row 19 more times, *at the same time,* when armhole measurements 9¾ (10, 10¼, 10½, 11) [11½, 12, 12½, 13]" at the shoulder edge on the WS rows, bind off 3 (3, 3, 3, 3) [4, 4, 4, 4] stitches 8 (6, 5, 3, 2) [9, 9, 7, 7] times; then 0 (4, 4, 4, 4) [0, 5, 5, 5] stitches 0 (2, 3, 6, 7) [0, 1, 3, 4] times; then 5 (6, 7, 7) [8, 9, 9, 10, 10] stitches 1 time; then 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches 2 times. Bind off remaining 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches from a WS row.

Left Neckline and Shoulder
Place stitches back on the needle and attach yarn at the neck. Beginning with the Stockinette selvedge stitch, work 1 WS row in pattern as established.

Neck Decrease row, RS: work in pattern to 2 stitches before the marker, ssk, work in pattern to the last stitch, k1.
Repeat the Neck Decrease row every RS row 19 more times, *at the same time,* when the armhole measures 9¾ (10, 10¼, 10½, 11) [11½, 12, 12½, 13]" at the shoulder edge on the RS rows, bind off 3 (3, 3, 3, 3) [4, 4, 4, 4] stitches 8 (6, 5, 3, 2) [9, 9, 7, 7] times; then 0 (4, 4, 4, 4) [0, 5, 5, 5] stitches 0 (2, 3, 6, 7) [0, 1, 3, 4] times; then 5 (6, 7, 7) [8, 9, 9, 10, 10] stitches 1 time; then 6 (7, 8, 8, 9) [10, 10, 11, 11] stitches 2 times. Bind off remaining 6 (7, 8, 8, 9) [10, 10, 11, 11]stitches from a RS row.

FINISHING

Weave in ends. Block to schematics. Using mattress stitch or other invisible method sew shoulder seams and side seams. Match the increases on the side seam sewing from hem to armhole finishing ½" into the Stockinette stitch.

COLLAR
Note: with the exception of the first round, the collar is worked flat using German Short rows. The placket for the button and buttonhole bands is created using kfbfb, pfbfb, kfb, pfb. Approximately 1 stitch for every stitch and row is picked up; extra stitches are picked up at the corners and curves. Use Slip Stitch Edges at the collar edges.

With RS facing and Needle B, beginning at the locking marker on the Left Front neckline, pick up 15 (15, 17, 17, 19) [19, 21, 21, 23] stitches along front neckline, pm, 48 (48, 48, 52, 52) [52, 56, 56, 56] along the front right side neck, 60 (60, 62, 62, 64) [64, 66, 66, 68] across the back, 48 (48, 48, 52, 52) [52, 56, 56, 56] along the front left side neck, pm, then 5 ending at the locking marker. 176 (176, 180, 188, 192) [192, 204, 204, 208] stitches.

Short row set up, RS: work as if joining in the round, pfbfb, kfbfb, *pfb, kfb; repeat from * 4 more times. 16 stitches increased; 28 stitches on RH the RH needle.
Separate the 14 fb stitches, place the 'back' stitches on a spare dpn or holder and the 'front' stitches on second Needle B. With the second Needle B, continue working across the front in Rib Stitch pattern for 3 (3, 5, 5, 7) [7, 9, 9, 11] more stitches to marker, turn. Work the collar flat.

Short row 1, WS: Sl-GSR (see German Short Rows), work as established to the end.
Short row 2, RS: {sl1}, work in pattern to 2 stitches after the double stitch, turn.
Short row 3, WS: Sl-GSR, work in pattern to end.

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October 2023

Rep the last 2 rows 3 more times, then Short row 2 once.

Buttonhole row, WS: Sl-GSR, work in pattern to the last 7 stitches, drop yarn, add new yarn leaving a 3" tail, continue working as established to the end.
Work Short row 2, using both yarns separately.
Work Buttonhole row and Short row 2, 2 more times using both yarns separately. Work Short row 3 across the buttonhole. Cut bobbin yarn leaving 3" tail.

Work Short rows 2 and 3, 7 (7, 7, 9, 9) [9, 11, 11, 11] more times.

Next row, RS: {sl1}, work in Rib stitch to the end, picking up the double stitch and working all the 'back' stitches from the holder.
Short row 4, WS: {sl1}, work to marker, turn.
Short row 5, RS: Sl-GSR, work in pattern to end.
Short row 6, WS: {sl1}, work in pattern to 2 stitches after the double stitch, turn.

Work Short rows 5 and 6 14 (14, 14, 16, 16) [16, 18, 18, 18] more times. Work Short row 5 once. Work across the entire collar pattern as established for 9 (9, 9, 7, 7) [7, 5, 5, 5] rows, ending with a RS row.
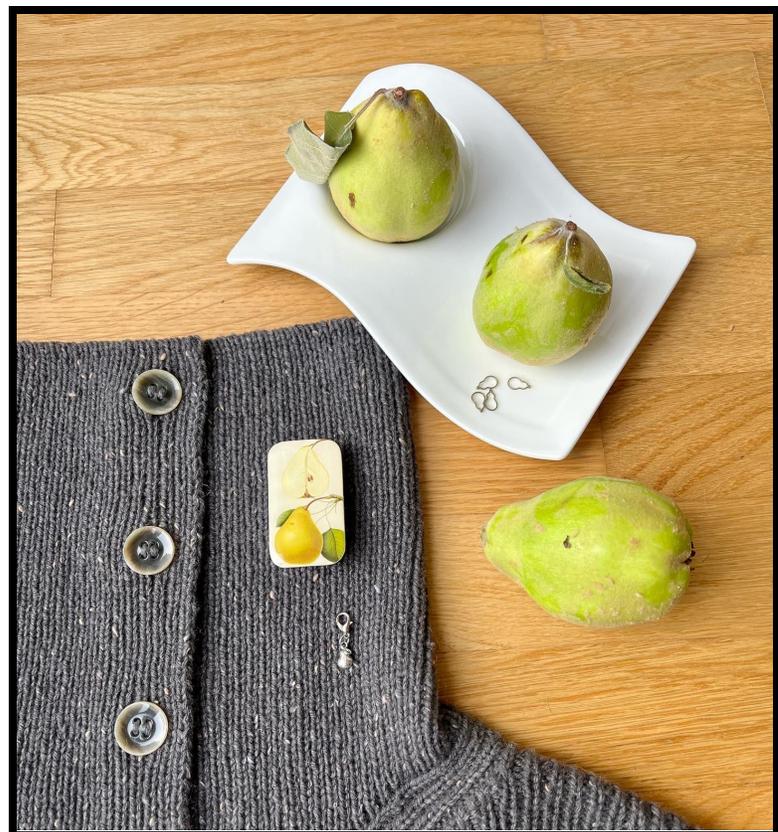
*Work the 6 row Vertical Buttonhole rows on the right front collar, then work 24 (24, 24, 26, 26) [26, 28, 28, 28] rows as established; repeat from * one more time, then work a 6 row Vertical Buttonhole once more. Work 5 rows in pattern as established, ending with a WS row. Begin Tubular Bind Off Set Up rows.

Set up row, RS: *sl1 wyif, k1; repeat from * to the end. Work Set Up row 3 more times.
Bind off all stitches using Tubular Bind Off (see Stitches and Techniques).

Using 3" tails, overstitch the bottom and top of each buttonhole. Weave in ends invisibly; both sides of the collar will be visible. Steam block seams and collar; or wet block entire garment again. Sew buttons in place.

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ABBREVIATIONS

dpn	double pointed needle
k	knit
kfb	knit into the front of the stitch, then the back of the stitch on the LH needle,slip both stitches onto the RH needle. 1 stitch increased.
kfbfb	*knit into the front of the stitch, then the back of the stitch, repeat from * once more the stitch on the LH needle, slip 4 stitches onto RH needle. 3 stitches increased.
kwise	as if to knit
K2tog	knit 2 sts together
m	marker
m1L	make 1 left: using left-hand needle, pick up running thread between needles from front to back, knit it through the back loop. 1 stitch increased
m1p	make 1 purl, lift the bar between two stitches, purl through it. 1 stitch increased.
m1R	make 1 right: using left-hand needle,pick up running thread between needles from back to front, knit it through the front loop. 1 stitch increased
p	purl
pfb	purl into the front, then the back of the stitch on the LH needle, slip both stitches onto the RH needle. 1 stitch increased.
pfbfb	purl into the front, then the back, repeat from * once more the stitch on the LH needle, slip 4 stitches onto RH needle. 3 stitches increased.
pm	place marker
pwise	as if to purl
RS	right side
sl	slip
sm	slip marker
ssk	slip slip knit (slip 2 sts kwise, one at a time onto the right hand needle, place back on LH needle, knit together through the back loop)
WS	wrong side
wyib	with yarn in back
wyif	with yarn in front

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falling | 23 schematic

Front collar
12½ (12½, 12½, 13, 13) [13, 13¾, 13¾, 13¾]"

9½ (9½, 9¾, 9¾, 10¼) [10¼, 10½, 10½, 10¾]"   7¾ (8¾, 9¾, 10¾, 11½) [12½, 13¼, 14¼, 15¼]"

3 (3, 3, 3¼, 3¼)
[3¼, 3½, 3½, 3¾]"

Front neck
6¼ (6¼, 6¼, 6¼, 6¼)
6¾, 7¼, 7¼, 7¼]"

9¾ (10, 10¼, 10½, 11)
[11½, 12, 12½, 13]"

All sizes ½"

9 (9, 9½, 9½, 10)
[10, 10½, 10½, 10¾]"

21 (23, 25, 27, 29) [31, 33, 35, 37]"

25 (27, 29, 31, 33) [35, 37, 39, 41]"

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