

My Favourite Things

~knitwear~



VEST NO. 10 #VESTNO10

ABOUT VEST NO. 10

Vest No. 10 is a classic vest with a round neck, knitted in a simple lace pattern.

The construction focuses on a few distinct details that add visual interest while ensuring a good fit.

The vest is worked seamlessly from the top down.

SIZES

XS (S) M (L) XL (2XL) 3XL (4XL)

MEASUREMENTS

Length (measured the center front, excl. neck edge): 47 (49) 51 (53) 53 (55) 57 (59) cm [18.5 (19.25) 20 (20.75) 20.75 (21.75) 22.5 (23.25) inches]

Circumference: 88 (94) 100 (106) 115 (123) 137 (144) cm [34.75 (37) 39.25 (41.75) 45.25 (48.5) 54 (56.75) inches]

SUGGESTED NEEDLES

4.5 mm [US 7] circular needles (80 or 100 cm) [32 or 40 inches]

2.5 mm [US 0] circular needles (80 or 100 cm) [32 or 40 inches]

GAUGE

In lace pattern using 4.5 mm [US 7]

18 sts / 28 rows = 10 x 10 cm [4 x 4 inches]

MATERIALS

150 (150) 150 (150) 150 (200) 200 (200) gr Pure Silk, Knitting for Olive, 250 m / 50 g.

Shown in col. 'Pea shoots'.

held together with ...

150 (150) 150 (150) 150 (200) 200 (200) gr Merino, Knitting for Olive, 250 m / 50 g.

Shown in col. 'Pea shoots'.

Work with two strands of yarn held together. One of each quality.

Notions

9 buttons, Ø 1,5 cm [0.5 inches]

BEFORE YOU BEGIN

Remember to work a gauge swatch before you begin, to ensure that you obtain the given gauge. If your gauge differs, it will result in wrong proportions of your finished vest.

Size guide

Vest No. 10 has a relaxed fit. Calculate a positive ease of approx. 6-8 cm [2.25-3.25 inches].

Sizes XS (S) M (L) XL (2XL) 3XL (4XL) correspond to European standard sizes and fit a bust circumference of 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 (130-140) cm [31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.25) 39.25-43.25 (43.25-47.25) 47.25-51.25 (51.25-55) inches].

For example: You measure 87 cm [34.25 inches] at your widest + 6-8 cm = 93-95 cm [+2.25-3.25 inches = 36.5-37.5 inches]. Therefore, you should make size S which has a finished circumference of 94 cm [37 inches].

Introduction to the workflow

Begin by casting on stitches for the neck to form the back piece.

Work back and forth on circular needles, shaping the back with increases.

Next, pick up stitches along the shoulder seams and work the upper parts of the front - right and left sides - separately.

Then, join the front and back pieces and continue working the body back and forth on circular needles.

Work the front and armhole edges, and finally finish with the neckband.

Increases

Increases are worked so that they slant either to the right (**M1R/M1Rp**) or to the left (**M1L/M1Lp**).

Right-leaning increases

M1R: With your left needle, pick up the bar between two stitches from back to front and knit.

M1Rp: With your left needle, pick up the bar between two stitches from back to front and purl.

Left-leaning increases

M1L: With your left needle, pick up the bar between two stitches from front to back and knit through the back loop.

M1Lp: With your left needle, pick up the bar between two stitches from front to back and purl through the back loop.

Pattern repeat

The vest is worked back and forth on circular needles.

NOTE! The edge sts are included in the stitch pattern instructions.

1st row (RS): K1, p until 1 st remains, k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K1, *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 2 sts remain, k2.

4th row (WS): P all sts.

5th row (RS): K1, p until 1 st remains, k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K all sts.

8th row (WS): P all sts.

BEGIN YOUR WORK HERE

BACK

Cast on 25 (27) 27 (29) 29 (31) 33 (33) sts using 4.5 mm [US 7] circular needles.

P 1 row. You are now on the RS.

Now, work back and forth in the pattern. Shape the shoulders by working increases on *all rows* (RS and WS) as follows:

NOTE! Make sure to work both knit and purl increases on both RS and WS to maintain the lace pattern.

1st row (RS): K1, **M1Lp**, p until 1 st remains, **M1Rp**, k1.

2nd row (WS): P1, **M1R**, k until 1 st remains, **M1L**, p1.

3rd row (RS): K1, **M1L**, *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 2 sts remain, k1, **M1R**, k1.

4th row (WS): P1, **M1Rp**, p until 1 st remains, **M1Lp**, p1.

5th row (RS): K1, **M1Lp**, p until 1 st remains, **M1Rp**, k1.

6th row (WS): P1, **M1R**, k until 1 st remains, **M1L**, p1.

7th row (RS): K1, **M1L**, k until 1 st remains, **M1R**, k1.

8th row (WS): P1, **M1Rp**, p until 1 st remains, **M1Lp**, p1.

Work rows **1st - 8th** a total of 1 (1) 1 (1) 2 (2) 2 (2) time(s).

Then, work rows **1st - 4th (1st - 4th) 1st - 6th (1st - 6th) - (-) 1st - 2nd (1st - 2nd)**.

You have now added 12 (12) 14 (14) 16 (16) 18 (18) sts at each side of the work.

You have now 49 (51) 55 (55) 57 (61) 69 (69) sts on your needles.

The back is now shaped like a trapezoid and measures approx. 4 (4) 5 (5) 6 (6) 6 (6) cm [1.5 (1.5) 2 (2) 2.25 (2.25) 2.25 (2.25) inches] at the center back.

Place a marker in the edge st on each side of the work before continuing. These markers indicate where sts will be picked up later when working the fronts.

From here, the stitch count remains constant while you continue working back and forth in the lace pattern as follows:

1st row (RS): K1, p until 1 st remains, k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K1, *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 2 sts remain, k2.

4th row (WS): P all sts.

5th row (RS): K1, p until 1 st remains, k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K all sts.

8th row (WS): P all sts.

Begin by working rows **5th - 8th (5th - 8th) 7th - 8th (7th - 8th) - (-) 3rd - 8th (3rd - 8th)** once.

Then, work rows **1st - 8th another 4 (4) 4 (4) 4 (3) 2 (2)** times.

Then, work rows - (-) **1st - 4th (1st - 4th) 1st - 4th (1st - 4th) 1st - 4th (1st - 4th)** once.

You have now worked 36 (36) 38 (38) 36 (28) 26 (26) rows (without increases).

Now, work increases to shape the armholes

See the instructions for **increase rows 1st - 8th** on page 5.

Work **rows 1st- 8th (1st - 8th) 5th - 8th (5th - 8th) 5th - 8th (5th- 8th) 5th - 8th (5th - 8th)** once. You have added 8 (8) 4 (4) 4 (4) 4 (4) 4 (4) sts to your work.

Then, work **rows 1st - 8th 2 (2) 3 (3) 3 (4) 4 (5)** times. You have now added *another* 16 (16) 24 (24) 24 (32) 32 (40) sts to your work.

Now, work **rows - (1st - 4th) - (-) 1st - 4th (-) 1st - 4th (-)** once. You have added *another* 0 (4) 0 (0) 4 (0) 4 (0) sts to your work.

You have made *a total of* 12 (14) 14 (14) 16 (18) 20 (22) increases along the armhole You have added *a total of* 24 (28) 28 (28) 32 (36) 40 (44) sts to your work and there are 73 (79) 83 (85) 93 (99) 109 (113) sts on your needles.

NOTE! On 3rd row increase with yo instead of a regular M1R/M1L.

Armhole increase rows

1st row (RS): K1, **M1Lp**, p until 1 st remains, **M1Rp**, k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K2, yo *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 3 sts remain, k1, yo, k2.

4th row (WS): P all sts.

5th row (RS): K1, **M1Lp**, p until 1 st remains, **M1Rp**, k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K1, **M1L**, k until 1 st remains, **M1R**, k1.

8th row (WS): P all sts.

Break the yarn and place the sts on hold on an extra needle or a piece of scrap yarn while you work the shoulders and the upper part of the front.

RIGHT FRONT

Pick up and knit 13 (13) 15 (15) 17 (17) 19 (19) sts along the right shoulder using *the short end of the yarn*, so that the first row can be worked from the RS. Begin the pick-up at the outer edge of the shoulder by the marker and work your way toward the neckline.

See here how to pick up sts using the short end of the yarn: <https://www.youtube.com/watch?v=3D5dDef2hq0>

From here, work back and forth in the lace pattern (**rows 1st-8th**, see page 3).

Work **rows 1st - 8th 2 (2) 2 (2) 2 (3) 3 (3)** times.

You have worked a total 16 (16) 16 (16) 16 (24) 24 (24) rows.

Now, begin the increases to shape the neckline.

Work **increase rows 1st-14th** as follows = 7 increases.

NOTE! On rows 3 and 11 increase with yo instead of a regular M1R.

1st row (RS): K1, p until 1 st remains, **M1Rp**, k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K1, *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 3 sts remain, k2, yo, k2.

4th row (WS): P all sts.

5th row (RS): K1, p until 1 st remains, **M1Rp**, k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K until 1 st remains, **M1R**, k1.

8th row (WS): P all sts.

9th row (RS): K1, p until 1 st remains, **M1Rp**, k1.

10th row (WS): P1, k until 1 st remains, p1.

11th row (RS): K1, *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 3 sts remain, k1, yo, k2.

12th row (WS): P all sts.

13th row (RS): K1, p until 1 st remains, **M1Rp**, k1.

14th row (WS): P1, k until 1 st remains, p1.

You have now worked a total of 30 (30) 30 (30) 30 (38) 38 (38) rows since picking up sts along the shoulder.

You have now 20 (20) 22 (22) 24 (24) 26 (26) sts on your needles.

Now, cast on sts at the center front to shape the last part of the neckline. Work as follows:

15th row (RS): K to the end of row, cast on 5 (5) 5 (7) 7 (7) 9 (9) sts in extension using the backwards loop method

16th row (WS): P all sts.

You have now 25 (25) 27 (29) 31 (31) 35 (35) sts on your needles.

Continue working back and forth in the lace pattern. The stitch count remains constant. Work **rows 1st – 8th** (see page 3). *another* 3 times.

Now, work **rows – (–) 1st – 4th (1st – 4th) 1st – 4th (1st – 4th) 1st – 4th (1st – 4th)** once.

You have now worked a total of 56 (56) 60 (60) 60 (52) 52 (52) rows since picking up sts along the shoulder.

Now, work increases to shape the armhole. See the instructions for **increase rows 1st–8th** below.

Work **rows 1st – 8th (1st – 8th) 5th – 8th (5th – 8th)** once. You have added 4 (4) 2 (2) 2 (2) 2 (2) sts to your work.

Then, work **rows 1st – 8th rows 2 (2) 3 (3) 3 (4) 4 (5)** times. You have now added *another* 8 (8) 12 (12) 12 (16) 16 (20) sts to your work.

Work **rows – (1st – 4th) – (–) 1st – 4th (–) 1st – 4th (–)** once. You have now added *another* 0 (2) 0 (0) 2 (0) 2 (0) sts to your work.

Now, you have worked *a total of* 12 (14) 14 (14) 16 (18) 20 (22) increases along the armhole, and there are 37 (39) 41 (43) 47 (49) 55 (57) sts on your needles.

NOTE! On 3rd row, increase sts with yo instead of a regular M1R/M1L.

Armhole increase rows

1st row (RS): K1, **M1Lp**, p until 1 st remains, k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K2, yo *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 2 sts remain, k2.

4th row (WS): P all sts.

5th row (RS): K1, **M1Lp**, p until 1 st remains, k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K1, **M1L**, k until 1 st remains, k1.

8th row (WS): P all sts.

Break the yarn and put the sts on hold while you work the left front.

LEFT FRONT

Pick up and knit 13 (13) 15 (15) 17 (17) 19 (19) sts along the left shoulder using *the short end of the yarn*, so the first row can be worked from the RS.

Begin picking up sts at the neckline edge and work outward toward the marker on the shoulder.

See how to pick up sts using the short end of the yarn here: <https://www.youtube.com/watch?v=3D5dDef2hq0>

From here, work back and forth in the lace pattern (**rows 1st–8th**, see page 3).

Work **rows 1st - 8th 2 (2) 2 (2) 2 (3) 3 (3)** times.

You have worked a total of 16 (16) 16 (16) 16 (24) 24 (24) rows.

Now, begin working increases to shape the neckline.
Work **increase rows 1st - 14th** as follows =7 increases.

*NOTE! On rows 3rd and 11th increase with yo instead of a regular **M1L**.*

1st row (RS): K1, **M1Lp**, p until 1 st remains k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K2, yo *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 2 sts remain, k2.

4th row (WS): P all sts.

5th row (RS): K1, **M1Lp**, p until 1 st remains k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K1, **M1L**, k to the end of row.

8th row (WS): P all sts.

9th row (RS): K1, **M1Lp**, p until 1 st remains k1.

10th row (WS): P1, k until 1 st remains, p1.

11th row (RS): K2, yo *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 2 sts remain, k2.

12th row (WS): P all sts.

13th row (RS): K1, **M1Lp**, p until 1 st remains k1.

14th row (WS): P1, k until 1 st remains, p1.

You have now worked a total of 30 (30) 30 (30) 30 (38) 38 (38) rows since picking up along the shoulder.

You have now 20 (20) 22 (22) 24 (24) 26 (26) sts on your needles.

Now, cast on sts at the center front to shape the last part of the neckline. Work as follows:

TIP! See how to cast on sts at the beginning of a row here: <https://www.garnstudio.com/video.php?id=94&lang=dk>

15th row (RS): Cast on 5 (5) 5 (7) 7 (7) 9 (9) before the first st on the needle, k across the newly cast-on sts, then k to the end of the row.

16th row (WS): P all sts.

You have now 25 (25) 27 (29) 31 (31) 35 (35) sts on your needles.

Continue working back and forth in the lace pattern. The stitch count remains constant. Work **rows 1st - 8th** *another* 3 times.

(**rows 1st - 8th**, see on page 3).

Now, work **rows - (-) 1st - 4th (1st - 4th) 1st - 4th (1st - 4th) 1st - 4th (1st - 4th)** once.

You have now worked a total of 56 (56) 60 (60) 60 (52) 52 (52) rows from the cast on edge.

Now, work increases to shape the armhole. See the instructions below - **increase rows 1st - 8th**.

Work **rows 1st - 8th (1st - 8th) 5th - 8th (5th - 8th) 5th - 8th (5th - 8th) 5th - 8th (5th - 8th)** once. You have added 4 (4) 2 (2) 2 (2) 2 (2) sts to your work.

Then, work **rows 1st - 8th 2 (2) 3 (3) 3 (4) 4 (5)** times. You have now added *another* 8 (8) 12 (12) 12 (16) 16 (20) sts to your work.

Now, work **rows - (1st - 4th) - (-) 1st - 4th (-) 1st - 4th (-)** once. You have added *another* 0 (2) 0 (0) 2 (0) 2 (0) sts to your work.

You have now made *a total of* 12 (14) 14 (14) 16 (18) 20 (22) increases along the armhole, and there are now 37 (39) 41 (43) 47 (49) 55 (57) sts on your needles.

NOTE! On the 3rd row increase with yo instead of a regular M1R/M1L.

Increases for the armhole

1st row (RS): K1, p until 1 st remains, **M1Rp**, k1.

2nd row (WS): P1, k until 1 st remains, p1.

3rd row (RS): K1, *sl 1 purlwise with yarn in back, k1, pass the slipped st over, yo* repeat from * to * until 3 sts remain, k1, yo, k2.

4th row (WS): P all sts.

5th row (RS): K1, p until 1 st remains, **M1Rp**, k1.

6th row (WS): P1, k until 1 st remains, p1.

7th row (RS): K until 1 st remains, **M1R**, k1.

8th row (WS): P all sts.

BODY

Now, connect the fronts and back and cast on sts under each armhole. Work as follows:

K1, p across left fronts sts, cast on 5 (5) 7 (9) 9 (11) 13 (15) new sts in extension of the front using the backwards loop method. P across back sts, cast on 5 (5) 7 (9) 9 (11) 13 (15) new sts in extension of the back using the backwards loop method. P across right front sts until 1 st remains, k1.

You have now joined the work, and have 157 (167) 179 (189) 205 (219) 245 (257) sts on your needles.

Work back and forth on circular needles in lace pattern (**rows 1st – 8th**, see on page 3) until the work measures 47 (49) 51 (53) 53 (55) 57 (59) cm [18.5 (19.25) 20 (20.75) 20.75 (21.75) 22.5 (23.25) inches] (which corresponds to. 18 (19) 20 (21) 21 (22) 23 (24) pattern repeats at the centre back. Stretch a little bit your work when measuring it- the vest will be slightly longer after washing.

When you reach your preferred length, bind off all sts using the regular bind-off method.

SLEEVE EDGES

Now, work sleeve edges. Pick up the sts along armholes using 2.5 mm [US 0] circular needles.

Begin in the middle under the armhole. Under the armhole pick up and knit 1 st in each newly cast on sts. Along front and back pick up *approx.* 3 sts in 4 sts from the armhole. That is: pick up and knit 3 sts, skip 1 st, etc.

Join the work in the round and place a marker = beginning of the rnd.

1st – 3rd rnds : *k1, p1* to the end or rnd

4th – 9th rnds: K all sts.

You have now worked 3 rnds in rib and 6 rnds in stocking stitch. Bind off sts with the regular bind-off method

FRONT EDGES

Now, work front edges. Front edges are worked in the same way as sleeve edges, a combination of ribbing and stocking stitch.

Pick up and knit sts using 2.5 mm [US 0] circular needles.

Right front edge

Pick up sts along the front edge, begin at the bottom of the right front. Pick up *approx.* 4 sts in 5 sts. That is: pick up and knit 4 sts, skip 1 st, ent. Make sure to pick up uneven number of sts. The exact number of picked up sts depends on the length of your vest.

To make the calculation add up when placing the buttonholes, pick up either 99, 107, 115, 123, 131 or 139 sts (always 8 sts more or less). If you are in between two numbers, round up.

Placement of the button holes:

On the **4th row** work button holes.

Make sure to place 8 markers along the front edge (*NOTE! There are a total of 9 button holes on the front edge*).

Place the last one 3 sts before the bottom edge of your vest. The other 8 buttonholes should be placed with the same number of sts between them.

How to calculate the amount of sts between buttonholes: $(\text{The number of all sts} - 3) / 8 = \text{the number of sts between two buttonholes.}$

Example: $(99 - 3) / 8 = 12$ sts between two buttonholes.

1st row (WS): *p1, k1* repeat from * to * until 1 st remains p1.

2nd row (RS): *k1, p1* repeat from * to * until 1 st remains k1.

3rd row (WS): *p1, k1* repeat from * to * until 1 st remains p1.

4th row (RS): K3, yo, k2tog, *k to the next marker, remove marker*, yo, k2tog, continue to the end of row

5th row (WS): P all sts.

6th row (RS): K all sts.

7th row (WS): P all sts.

8th row (RS): K all sts.

9th row (WS): P all sts.

You have now worked 3 rows of rib and 6 rows of stocking stitch. Bind off all sts.

Left front edge

Along the left front edge pick up the same amount of sts as on the right front edge, begin picking up on the top of the left front. Pick up approx. 4 sts out of 5 sts.

1st row (WS): *p1, k1* repeat from * to * until 1 st remains p1.

2nd row (RS): *k1, p1* repeat from * to * until 1 st remains k1.

3rd row (WS): *p1, k1* repeat from * to * until 1 st remains p1.

4th row (RS): K all sts.

5th row (WS): P all sts.

6th – 9th rows: Work as rows 4th – 5th.

You have now worked 3 rows in rib and 6 rows in stocking stitch. Bind off sts using the regular bind-off method.

NECK EDGE

Neck edge is worked back and forth in rib and stocking stitch on 2.5 mm [US 0] circular needles.

Using 2.5 mm [US 0] circular needles pick up and knit approx. 93 (95) 95 (101) 111 (115) 119 (121) sts along the neckline

The number of picked up sts corresponds to picking up 1 st in each cast on sts on the front and on the back. Along the fronts pick up 4 in 5 sts.

1st row (WS): Sl 1 purlwise with yarn in front, *k1, p1* repeat from * to * to the end of row.

2nd row (RS): Sl 1 purlwise with yarn in back, *p1, k1* repeat from * to * to the end of row.

3rd row (WS): Sl 1 purlwise with yarn in front, *k1, p1* repeat from * to * to the end of row.

4th row (RS): Sl 1 purlwise with yarn in back, k3, yo, k2tog, k to the end of row.

5th row (WS): Sl 1 purlwise with yarn in front, p to the end of row.

6th row (RS): Sl 1 purlwise with yarn in back, k to the end of row.

7th row (WS): Work as row 5th.

8th row (RS): Work as row 6th.

9th row (WS): Work as row 5th.

You have now worked 3 rows of rib and 6 rows of stocking stitch. Bind off sts with the regular bind off method.

FINISHING

Now, weave in all loose ends. Sew buttons along the left front edge.

Wash and block the vest to the given measurements.

NOTE! Blocking is very important as it allows the lace pattern to unfold and gives it a beautiful finish.

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