



CINDY

EXPRESSION FIBER ARTS

-Cindy-

Cindy is a simple, clean, open-fronted cardigan pattern. The sweater is knit in pieces and seamed at the end with the front garter stitch edging and collar picked up and worked at the end. The bracelet-length sleeves have a cable motif worked up the center of the panel, and the bottom hem hits at the high hip. This pattern was designed to be both a simple cardigan, while also being a quick knit for the more experienced knitter. This cardigan was named after my mother, who often wears simple cardigans while around the house and garden. The Cindy cardigan is the perfect layering piece for when you need just a bit of warmth.



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CHANDI AGEE

Expression Fiber Arts

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-DETAILS-

NATURAL/ACTUAL BUST SIZES: Size 1) 30", Size 2) 32", Size 3) 34", Size 4) 36",
Size 5) 38", Size 6) 40", Size 7) 42", Size 8) 44", Size 9) 46", Size 10) 48"

Designed to be worn with 2" positive ease.

Sample shown in Size 3, modeled on 34" (86 cm) bust.



DIMENSIONS

Expression Fiber Arts Limited Edition North Fingering

(437 yds/400 m per 3.5 oz/100 g skein)

Shown in color: Frosted Peaks

Skeins needed: 3 (3, 3, 4, 4), 4 (4, 4, 4, 5)

If that color isn't available, any from [this category](#) will work.



MATERIALS

US size 3 (3.25 mm) or size needed to obtain gauge

US size 3 (3.25 mm) needle with 40" cord



NEEDLE

Tapestry needle for weaving in ends, stitch markers, cable needle



TOOLS

23 sts and 37 rows = 4" (10 cm) in Stockinette Stitch, blocked



GAUGE

Intermediate to Advanced: This pattern is for those who feel comfortable with knitting and have made a few projects, using various skills and techniques. Skills/concepts include garment construction, cables, charts, and short rows.



SKILL LEVEL

-ABBREVIATIONS-

Beg	beginning	P2tog	purl two stitches together
BO	bind off	PM	place marker
CO	cast on	PUK	pick up and knit
K	knit	Rep	repeat
K2tog	knit 2 stitches together	RS	right/front side of work
M	marker	Ssk	slip, slip, knit
M1L	make one left	Ssp	slip, slip, purl
M1R	make one right	St(s)	stitch(es)
P	purl	WS	wrong/back side of work

SPECIAL STITCHES:

W+T on K Side: Keeping the yarn in back, slip the next stitch purlwise from the left needle to the right needle. Bring the yarn to the front, as if to purl. Slip the stitch from the right needle back to the left needle. Then, bring the yarn to the back of the work as if to knit. Turn the work, so the purl side is facing you.

W+T on P Side: Keeping the yarn in front, slip the next stitch purlwise from the left needle to the right needle. Carry the yarn to the back, as if to knit. Slip the stitch from the right needle back to the left needle. Bring the yarn to the front of the work as if to purl. Turn the work, so the knit side is facing you.

Once you've completed your short row stitches, you'll notice "holes" in the knitting where you wrapped the stitches. To rectify this, you'll work across the row, closing any gaps by picking up the wrapped stitches.

Picking up the wrapped stitch on the knit side: Pick up the wrap with the right needle from front to back. Insert the right needle into the stitch that is wrapped. Knit the wrap and the stitch together. This closes the "hole" made by the wrap.

Picking up the wrapped stitch on the purl side: Pick up the wrap with the right needle from the back to the front. Place the wrap onto the left needle, over and behind the stitch it was wrapping. Purl the wrap and the stitch that is wrapped together. This closes the "hole" that was previously made by the wrap.

LC: Left Cable: Slip next two sts to cable needle, hold in FRONT, K 2 sts, K 2 sts off of cable needle.

RC: Right Cable: Slip next 2 sts onto cable needle, hold in BACK, K 2 sts, K 2 sts from cable needle.

-PATTERN-

NOTES

- Cardigan is worked in pieces and seamed after blocking.
- Front garter stitch edging and collar is picked up and knit at the end of piece.
- Because this cardigan has minimal shaping, it is easy to change the length of the body and sleeves, if you wish to have a longer sweater. This cardigan is meant to hit at the high hip.
- Click [here](#) to watch a tutorial on tips to make your handmade cardigans fit well.

SIZES AND YARDAGE (METERAGE) REQUIRED

Size	Actual Bust Measurement	Finished Garment Bust	Yardage/Meters	Number of Skeins Needed of Suggested Yarn
Size 1	30" (76 cm)	32" (81 cm)	1,141 yds / 1,043 m	3
Size 2	32" (81 cm)	34" (86 cm)	1,183 yds / 1,082 m	3
Size 3	34" (86 cm)	36" (91 cm)	1,267 yds / 1,159 m	3
Size 4	36" (91 cm)	38" (97 cm)	1,337 yds / 1,223 m	4
Size 5	38" (97 cm)	40" (102 cm)	1,414 yds / 1,293 m	4
Size 6	40" (102 cm)	42" (107 cm)	1,495 yds / 1,367 m	4
Size 7	42" (107 cm)	44" (112 cm)	1,568 yds / 1,434 m	4
Size 8	44" (112 cm)	46" (117 cm)	1,586 yds / 1,450 m	4
Size 9	46" (117 cm)	48" (122 cm)	1,677 yds / 1,533 m	4
Size 10	48" (122 cm)	50" (127 cm)	1,760 yds / 1,609 m	5

PATTERN

Front RH Side:

CO 40 (42, 44, 48, 50), **52 (54, 56, 60, 64)** sts using Cable CO.

For ALL Sizes:

Rows 1 - 13: K across.

Row 14: P across all sts.

Body to Armhole ALL sizes:

Work in stockinette st until work measures 12.5" (32 cm) from top of garter stitch edging, ending with a RS row.

Begin Armhole and Neck Shaping:

Row 1 (WS): BO 8 (8, 8, 8, 8), **8 (8, 8, 9, 9)** sts beg of row. P to end [32 (34, 36, 40, 42), **44 (46, 48, 51, 55)** sts]

Row 2 (RS) (all sizes): K across all sts.

Row 3: BO 6 (6, 6, 6, 8), **8 (8, 8, 9, 9)** sts at beg of row. P to end 26 (28, 30, 34, 34), **36 (38, 40, 42, 46)** sts.

Row 4: K2, k2tog, K to 4 sts from end of row, ssk, k2.

Continue working in stockinette st, while decreasing as established in Row 4 above on every 4th row for a total of 4 (4, 4, 5, 5), **5 (6, 6, 6, 6)** times. [18 (20, 22, 24, 24), **26 (26, 28, 30, 34)** sts]

Continue working in stockinette st until piece measures 8" (8", 8.5", 8.5", 9"), **9" (9.5", 9.5", 10", 10")** / 20 (20, 22, 22, 23), **23 (24, 24, 25, 25)** cm from beg of armhole shaping. End with a RS row.

Next Row: BO 9 (10, 11, 12, 12), **13 (13, 14, 15, 17)** sts. P to end. Turn work and BO.

Front LH Side:

Work as written for Front RH Side, until you reach the armhole and neck shaping. End with a WS row.

Begin Armhole and Neck Shaping:

Row 1 (RS): BO 8 (8, 8, 8, 8), **8 (8, 8, 9, 9)** sts beg of row. K to end. [32 (34, 36, 40, 42), **44 (46, 48, 51, 55)** sts]

Row 2 (WS) (all sizes): P across all sts.

Row 3: BO 6 (6, 6, 6, 8), **8 (8, 8, 9, 9)** sts at beg of row. K to end. 26 (28, 30, 34, 34), **36 (38, 40, 42, 46)** sts.

Row 4: P2, p2tog, p until 4 sts left, ssp, p2.

Continue in stockinette st, decrease 1 st at beg and end of every 4th row, as established for a total of 4 (4, 4, 5, 5), **5 (6, 6, 6, 6)** times. 18 (20, 22, 24, 24), **26 (26, 28, 30, 34)** sts.

Continue working in stockinette st until piece meas. 8" (8", 8.5", 8.5", 9"), **9" (9.5", 9.5", 10", 10")** / 20 (20, 22, 22, 23), **23 (24, 24, 25, 25)** cm from beg of armhole shaping. End with a WS row.

Next Row: BO 9 (10, 11, 12, 12), **13 (13, 14, 15, 17)** sts. K to end. Turn work and BO remaining sts.

Back:

CO 94 (100, 104, 110, 116), **120 (126, 132, 138, 144)** sts.

For ALL Sizes: K 13 rows.

Row 14: P across all sts.

Body to Armhole ALL Sizes:

Work in stockinette st until work measures 12.5" (32 cm) from top of garter st edging, ending with a WS row.

Begin Armhole and Neck Shaping:

Rows 1-2: BO 8 (8, 8, 8, 8), **8 (8, 8, 9, 9)** sts from beg of row. Work in stockinette st to end. [78 (84, 88, 94, 100), **104 (110, 116, 120, 126)** sts]

Rows 3 - 4: BO 6 (6, 6, 6, 8), **8 (8, 8, 9, 9)** sts at beg of row. Work in stockinette st to end. [66 (72, 76, 82, 84), **88 (94, 100, 102, 108)** sts]

Row 5 (RS): K2, ssk, work until 4 sts left, k2tog, k2.

Continue working in stockinette st, while decreasing as established in Row 5 above on every 4th row for a total of 4 (4, 4, 5, 5), **5 (6, 6, 6, 6)** times. [58 (64, 68, 72, 74), **78 (82, 88, 90, 96)** sts]

Continue working in stockinette st until piece measures 8" (8", 8.5", 8.5", 9"), **9" (9.5", 9.5", 10", 10")** / 20 (20, 22, 22, 23), **23 (24, 24, 25, 25)** cm from beg of armhole shaping. End with a WS row.

Begin Shoulder Shaping:

Row 1 (RS): BO 10 (11, 11, 12, 12), **12 (13, 13, 13, 15)** sts. K 11 (12, 12, 13, 13), **14 (14, 14, 16)**. Turn work. [48 (53, 57, 60, 61), **66 (69, 75, 76, 81)** sts]

Row 2 (WS): P 11 (12, 12, 13, 13), **14 (14, 14, 14, 16)**.

Row 3 (RS): BO 10 (11, 12, 11, 11), **12, (13, 14, 15, 15)** sts. [38 (42, 45, 49, 50), **54 (56, 61, 63, 66)** sts] Break yarn. Put next 18 (20, 22, 26, 26), **30 (30, 34, 35, 36)** sts on waste yarn or yarn holder.

On WS of work, re-attach yarn. BO 10 (11, 11, 12, 12), **12 (13, 13, 15, 15)**. P to end of row.

K 10 (11, 11, 12, 12), **12 (13, 13, 13, 15)**, turn work. BO remaining sts. Turn work and BO remaining sts.

Sleeves (Make Two):

CO 54 (54, 58, 58, 58), **60 (60 64, 64, 66)** sts.

For ALL Sizes:

Rows 1 - 13: K across.

Row 14: P 23 (23, 25, 25, 25), **26 (26, 28, 28, 29)**, pm, p 8, pm, p 23 (23, 25, 25, 25), **26 (26, 28, 28, 29)**.

Begin Chart:

Beginning with the next row, work sts between markers according to chart. Maintain this for entire sleeve. All other sts are worked in stockinette st.

Next Row (Increase) (RS): K2, M1R, K until 2 sts left, M1L, k2.

Sizes 1 - 3 ONLY

Increase 1 st at the beg and end of row every 8th row as established above for a total of 14 (14, 15) times. 82 (82, 88) sts

Sizes 4 - 8 and 10 ONLY

Increase 1 st at the beg and end of every 6th row as established for a total of (18, 21) **20 (22, 20, 22)** times. (94, 100) **100, (104, 104, 110)**

Size 9 ONLY:

Increase 1 st at beg and end of every 4th row as established for a total of 23 times. 110 sts

Continue until sleeve measures 13 (13, 13, 13, 13.5), **13.5 (13.5, 14, 14, 14.5)** "/ 33 (33, 33, 34, 34), **34 (34, 36, 36, 37)** cm from top of garter st edging.

Begin Cap Shaping:

Continue working chart between markers.

Rows 1 - 2: BO 8 (8, 8, 8, 8), **8 (8, 8, 9, 9)** sts at the beg of each row. Work in stockinette st to end. [66 (66, 72, 78, 84), **84 (88, 88, 92, 92)** sts]

Rows 3 - 4: BO 6 (6, 6, 6, 8), **8 (8, 8, 9, 9)** sts at beg of each row. Work in stockinette st to end. [54 (54, 60, 66, 68), **68 (72, 72, 72, 74, 74)** sts]

Row 5: K2, ssk, K to 4 sts from end, k2tog, k2.

Continue in stockinette st, dec 1 st as established at beg and end of every 4th row for a total of 4 (4, 4, 5, 5), **5 (6, 6, 6, 6)** times. [46 (46, 52, 56, 58), **58 (60, 60, 62, 62)** sts]

Continue working without decreases and in stockinette st until cap measures [4.75 (4.75, 5, 5, 5.25), **5.25 (5.5, 5.5, 5.75, 5.75)**"/12 (12, 13, 13, 13), **13 (14, 14, 15, 15)** cm]

End with a WS row.

ALL Sizes: Decrease 1 st as established above, beg and end of next row and every RS row for a total of 5 times. [36 (36, 42, 46, 48), **48 (50, 50, 52, 52)** sts]

End of Cap:

Rows 1 - 2: BO 3 (3, 4, 5, 6), **6 (6, 6, 7, 7)** sts [34 (34, 34, 36, 36), **36 (38, 38, 38, 38)** sts]

Rows 3 - 4: BO 4 (4, 6, 7, 7), **7 (8, 8, 8, 8)** sts [22 (22, 22, 22, 22), **22 (22, 22, 22, 22)** sts]

Rows 5 - 6: BO 5 (5, 5, 5, 5), **5 (5, 5, 5, 5)** sts [12 (12, 12, 12, 12), **12 (12, 12, 12, 12)** sts]

Turn work and BO remaining 12 sts.

Block all pieces. Seam fronts and back using your preferred seaming method. Seam sleeves. Set in sleeves. See Finishing Section.

Collar and Front Edging:

The collar and front edging are worked in garter stitch to match the edging on the front and back pieces.

Using US size 3 (3.25 mm) needle with 40" (102 cm) cord and starting at the bottom of the RH side with the RS facing you, PUK 139 (139, 143, 143, 146), **146 (149, 149, 152, 152)** sts, k across 18 (20, 22, 24, 27), **30 (30, 34, 35, 36)** sts on stitch holder, PUK 139 (139, 143, 143, 146), **146 (149, 149, 152, 152)** sts down the LH side. [296 (298, 308, 310, 318), **322 (328, 332, 339, 340)** sts]

Note: If you pick up two sts, skip a st, pick up two more, skip one, etc., you will have approximately the right number of sts you need to pick up for your size. You might need to adjust, but this is a general formula.

For ALL sizes: K 11 rows.

Note: The short row shaping will take you to where you began neck shaping on the two front pieces, and through the short rows, slowly shorten, to create lapels.

Begin Short Row Shaping:

K to beg of neck shaping, pm, k to the beg of neck shaping on LH side, pm, W+T.

K to 2 sts before m, W + T.

K to 2 sts before m, W + T.

K to 4 sts before m, W + T.

K to 4 sts before m, W + T.

K to 6 sts before m, W + T.

K to 6 sts before m, W + T.

K to 8 sts before m, W + T.

K to 8 sts before m, W + T.

K to 10 sts before m, W + T.

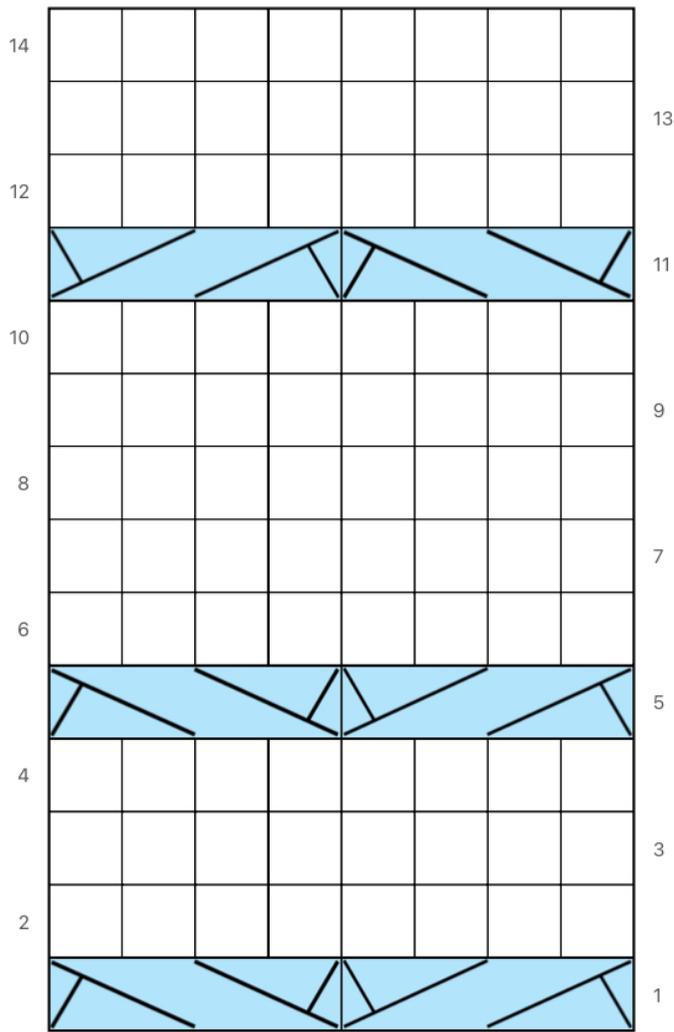
K to end of row, picking up and knitting the wraps as you go. Turn.

K across, picking up and knitting the remaining wraps as you go. BO using the Cable BO method or your preferred BO method.

FINISHING

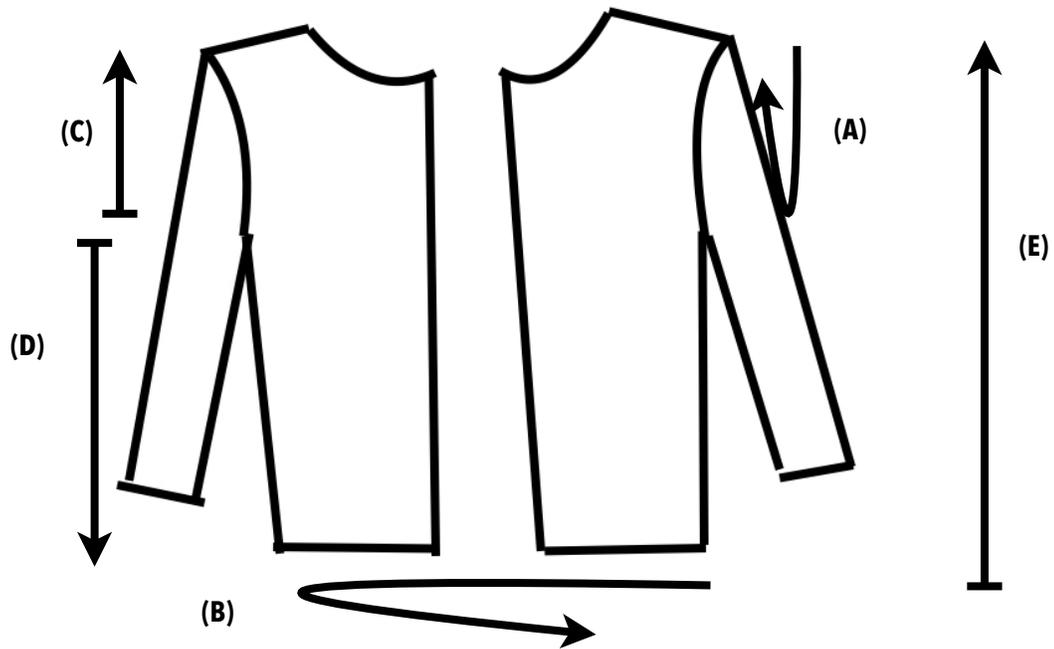
Use the Mattress Stitch for setting in sleeves and seaming. For setting in the sleeves, start by lining the top of the sleeve cap with the top shoulder seam. Attach them using a locking stitch marker or safety pin. Line up the bottom of the sleeve with the bottom of the armhole, and attach the same way. Starting at the top, seam down one side to armhole. Then, working from the top, seam down the other side. Weave in ends using a tapestry needle. Block cardigan to measurements in schematic.

CHART

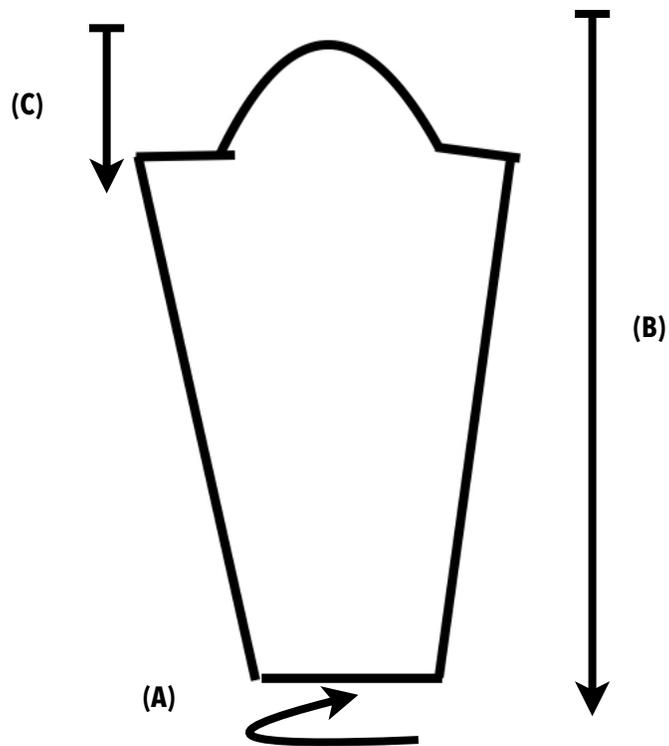


Right Side		Wrong Side
	k	
	Sl2 to CN. Hold in back. K2, K2 from CN	
	Sl2 to CN. Hold in front. K2, K2 from CN	

SCHEMATIC



Size	(A) Armhole Circumference	(B) Bust Circumference	(C) Armhole Depth	(D) Length From Underarm to Hem	(E) Full Length
Size 1	16" (41 cm)	32" (81 cm)	8" (20 cm)	13.5" (34 cm)	21.5" (55 cm)
Size 2	16" (41 cm)	34" (86 cm)	8" (20 cm)	13.5" (34 cm)	21.5" (55 cm)
Size 3	17" (41 cm)	36" (91 cm)	8.5" (22 cm)	13.5" (34 cm)	22" (56 cm)
Size 4	17" (43 cm)	38" (97 cm)	8.5" (22 cm)	13.5" (34 cm)	22" (56 cm)
Size 5	18" (43 cm)	40" (102 cm)	9" (23 cm)	13.5" (34 cm)	22.5" (57 cm)
Size 6	18" (46 cm)	42" (107 cm)	9" (23 cm)	13.5" (34 cm)	22.5" (57 cm)
Size 7	19" (46 cm)	44" (112 cm)	9.5" (24 cm)	13.5" (34 cm)	23" (58 cm)
Size 8	19" (48 cm)	46" (117 cm)	9.5" (24 cm)	13.5" (34 cm)	23" (58 cm)
Size 9	20" (48 cm)	48" (123 cm)	10" (25 cm)	13.5" (34 cm)	23.5" (60 cm)
Size 10	20" (51 cm)	50" (127 cm)	10" (25 cm)	13.5" (34 cm)	23.5" (60 cm)

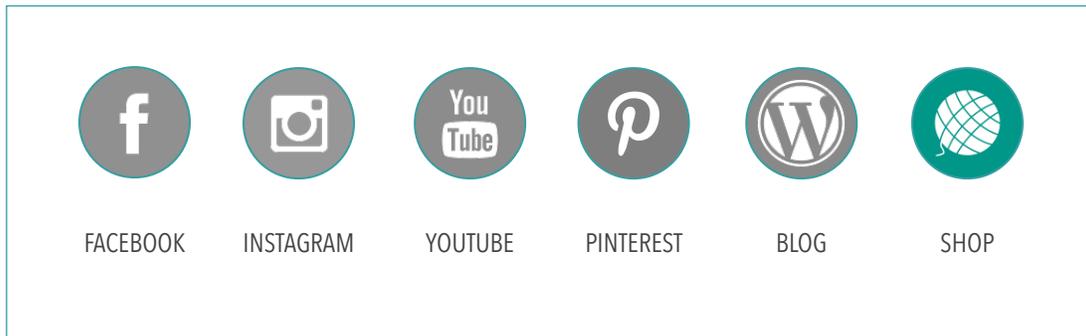


Size	(A) Cuff Circumference	(B) Total Sleeve Length	(C) Cap Length
Size 1	10" (25 cm)	19.5" (50 cm)	5.5" (14 cm)
Size 2	10" (25 cm)	19.5" (50 cm)	5.5" (14 cm)
Size 3	10.5" (27 cm)	19.75" (50 cm)	5.75" (15 cm)
Size 4	10.5" (27 cm)	19.75" (50 cm)	5.75" (15 cm)
Size 5	10.5" (27 cm)	20.5" (52 cm)	6" (15 cm)
Size 6	11" (28 cm)	20.5" (52 cm)	6" (15 cm)
Size 7	11" (28 cm)	21" (53 cm)	6.5" (17 cm)
Size 8	11.5" (29 cm)	21.5" (55 cm)	6.5" (17 cm)
Size 9	11.5" (29 cm)	22" (56 cm)	7" (18 cm)
Size 10	12" (30 cm)	22.5" (57 cm)	7" (18 cm)



-CONNECT-

"Life is about not knowing, having to change, taking the moment and making the best of it, without knowing what's going to happen next." - Gilda Radner



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