

## Breakfast in the Garden Dress

by Cristina T. Ghirlanda

Breakfast in the Garden Dress is the little (non) black dress for knitters. The front ties add a feminine touch while the simple stitch pattern makes the colors of speckled yarns really pop. This design is perfect for those colors that look pretty in the skein but are hard to coordinate. By making it a dress on its own you don't have to match it to anything. Have fun picking your favorite color!

This dress is worked seamlessly from the top down, with the neckline being an integral part of the design that is worked at the same time as the garment. As a top down design, you can easily adjust the length. This pattern includes both a pocketed version and a pocketless version. It comes with photo and video tutorials.

This design is graded with inclusive sizing in mind, designed to fit actual bust sizes from 76 cm / 30 inches to 168 cm / 66 inches. Measurements are given in both cm and inches. If you have knit the Breakfast in the Garden top, this dress shares the same construction but the shaping is different. It has a slightly wider shoulder, a shallower neckline and more positive ease.

### Materials

#### Yarn

DK weight

Shown here: Orchidean Luxury Yarns Mulberino DK (50% Mulberry Silk 50% Superwash Merino; 210 m / 230 yds, 100 g / 3.53 oz skein; Color: 24hr party people): 5 (6, 6, 7, 8) {8, 8, 9, 10, 10} skeins

Yardage: 1045 (1140, 1255, 1350, 1480) {1565, 1660, 1795, 1925, 2040} m / 1145 (1245, 1370, 1475, 1615) {1710, 1815, 1960, 2105, 2230} yds, including 10% allowance

*Note: The Pocketless version uses 95 m / 100 yds less yarn.*

#### Notions

Stitch markers; spare needle for joining Fronts and Back; waste yarn; yarn needle



#### Needles

- ❖ 3.5 mm / US 4 circular needle of length 60-100 cm / 24-40 inches, depending on your size; adjust needle size if necessary to obtain gauge.
- ❖ 3.75 mm / US 5 circular needle of length 60-100 cm / 24-40 inches, depending on your size, for the hem.
- ❖ 3.5 mm / US 4 needles in your preferred style for small circumference knitting in the round, for the armhole edgings.

#### Gauge

21 sts and 29 rows = 10 cm / 4 inches in Moss Stitch on *smaller* needle, blocked.

## Sizes

Size 1 (2, 3, 4, 5) {6, 7, 8, 9, 10}

This garment is intended to be worn with about 0-5 cm / 0-2 inches positive ease.

Shown in size 1, modeled with 4 cm / 1½ inches of positive ease.

## Finished Measurements

Bust circumference: 83 (92.5, 100, 107.5, 120) {125.5, 135, 145, 155, 167.5} cm / 32½ (36¼, 39¼, 42¼, 47¼) {49½, 53¼, 57, 61, 66} inches

**How to choose your size:** Measure a sweater or dress in a similar style in your closet or add the amount of desired ease to your actual bust measurement, pick the size closest to that number. For between sizes, choose the smaller size. For example, if you want 2 cm / ¾ inch of positive ease and your bust measurement is 99 cm / 39 inches, you should pick size 3.

## Required Skills

Decreases, increases, knitting in the round, picking up stitches, shaping in Moss Stitch

## Abbreviations

BO - bind off

BOR - beginning of round

CO - cast on

dec('d) - decrease(d)

inc('d) - increase(d)

k - knit

k2tog - knit two together

LLI - Knit next stitch then with left needle, lift the stitch two rows below the stitch just worked, knit into the lifted stitch.

m1L - With right needle, lift the strand between the stitch just worked and the next stitch from back to front and place it on left needle, knit into the back of the new stitch.

m1R - With right needle, lift the strand between the stitch just worked and the next stitch from front to back and place it on left needle, knit into the front of the new stitch. See video here <https://youtu.be/EvYvGLOpioE>.

p2tog - purl two together

p - purl

pm - place marker

RLI - Knit into the purl bump of next stitch, knit next stitch.

RS - right side

sm - slip marker

ssk - Slip 2 sts individually as if to knit, then knit them together through the back loops.

ssp - Slip 2 sts individually as if to knit, return them to the left needle, then purl them together through the back loops.

st(s) - stitch(es)

tbl - through back loop(s)

WS - wrong side

[...] - repeat as directed

## Stitch Guide

**Short Row Turn:** You can use any short-row technique. The sample uses yarn over short rows, which are worked as follows: Work as instructed to the turning point. Turn work (*Alternatively, see video tutorial here <https://youtu.be/I17gPsK7c1Q>*). The turning position is where you turn your work and can be *before* or *after* the double stitch, depending on the short-row technique used.

❖ If the first stitch is a purl stitch, make a normal yarn over on the right needle (*i.e. wrapping the yarn from the front towards the back of the right needle, bring yarn forward and then purl as usual*).

❖ If the first stitch is a knit stitch, make a backwards yarn over on the right needle (*i.e. wrapping the yarn from back towards the front of the right needle, bring yarn back and then knit as usual*).

❖ How to resolve yarn overs:

✦ On a WS row: When you come to a yarn over, if the next stitch to be worked should be a purl stitch (knit stitch), work the yarn over together with the next stitch using ssp (ssk).

✦ On a RS row: When you come to a yarn over, if the next stitch to be worked should be a knit stitch (purl stitch), work the yarn over together with the next stitch using k2tog (p2tog).



- ❖ When the pattern says work to  $x$  stitches beyond previous turning position, you also count the double stitch if you are using yarn over short rows. If you use another short-row technique, you could place a stitch marker when you turn your work so that you know exactly where to start counting.

**Three-Needle Bind-Off:** (See video <https://youtu.be/Fkf42MBcAe8>) Place the stitches of the two pieces to be joined on gauge needles or smaller size spare needles. With RS together and needles held parallel, use gauge needle to knit together the first stitches on front and back needles, \*knit together the next stitches on front and back needles: there will be 2 stitches on the right needle; pass the rightmost stitch over the stitch just worked, one stitch bound off; repeat from \* to bind off the desired number of stitches. Draw yarn through remaining loop.

## Directions

*Note: The seams between the fronts and the back do not lie at the top of the shoulders but slightly towards the back.*

## Back

With smaller needle (3.5 mm / US 4), use the long-tail method (see video <https://youtu.be/ixBylV-PKOM>) to CO 71 (73, 77, 81, 85) {89, 91, 97, 103, 107} sts.



Figure 1

Tie rings of contrasting yarns 16 (16, 17, 19, 19) {20, 20, 23, 26, 28} sts from both ends (Fig. 1). The contrasting yarns are reference positions that need to remain on the CO row for picking up stitches later for fronts.

**Short row 1 (WS):** P2, k1, [p1, k1] 26 (27, 28, 30, 32) {33, 34, 36, 37, 38} times, short row turn (see *Stitch Guide*) – 55 (57, 59, 63, 67) {69, 71, 75, 77, 79} sts worked on this short row.

**Short row 2 (RS):** K39 (41, 41, 45, 49) {49, 51, 53, 51, 51} sts, short row turn.

**Short row 3 (WS):** [K1, p1] to 5 (5, 3, 3, 3) {5, 5, 5, 5, 7} sts beyond previous turning position (*resolving yo using ssp when you come to it*), short row turn.

**Short row 4 (RS):** Knit to 5 (5, 3, 3, 3) {5, 5, 5, 5, 7} sts beyond previous turning position (*resolving yo using k2tog when you come to it*), short row turn.

**Short row 5 (WS):** [P1, k1] to 3 (3, 5, 5, 5) {5, 5, 5, 7, 7} sts beyond previous turning position (*resolving yo using ssk when you come to it*), short row turn.

**Short row 6 (RS):** Knit to 3 (3, 5, 5, 5) {5, 5, 5, 7, 7} sts beyond previous turning position (*resolving yo using k2tog when you come to it*), short row turn.

**Short row 7 (WS):** [K1, p1] to 5 (5, 5, 5, 5) {5, 5, 5, 7, 7} sts beyond previous turning position (*resolving yo using ssp when you come to it*), short row turn.

**Short row 8 (RS):** Knit to 5 (5, 5, 5, 5) {5, 5, 5, 7, 7} sts beyond previous turning position (*resolving yo using k2tog when you come to it*), short row turn.

**Short row 9 (WS):** [P1, k1] to last 2 sts (*resolving yo using ssk when you come to it*), p2.

**Row 10 (RS):** K1 (*selvedge stitch*), [k1, p1] to last 2 sts (*resolving yo using p2tog when you come to it*), k1, k1 (*selvedge stitch*).

**Row 11 (WS):** P1 (*selvedge stitch*), [k1, p1] to last 2 sts, k1, p1 (*selvedge stitch*).

**Row 12 (RS):** K1, [p1, k1] to last 2 sts, p1, k1.

*Now the pattern stitch is established with one selvedge stitch at each end in Stockinette stitch and remaining stitches in Moss Stitch.*

**Row 13 (WS):** P1, work in Moss Stitch (see boxed area) to last stitch, p1.

**Row 14 (RS):** K1, work in Moss Stitch to last stitch, k1.

**How to work Moss Stitch** (*over any number of stitches, both in the round or worked flat*)

*Note: The Moss Stitch is already set up in the pattern. Here it describes how to maintain the established pattern.*

**Row/Round 1 (WS):** Knit the purl stitches and purl the knit stitches.

**Row/Round 2 (RS):** Work stitches as they appear (*i.e. knit the knit stitches and purl the purl stitches*).

**Row/Round 3 (WS):** Knit the purl stitches and purl the knit stitches.

**Row/Round 4 (RS):** Work stitches as they appear.



Continue in the established pattern, work even until piece measures 18 (18.5, 20.5, 20, 20) {19.5, 18.5, 17.5, 16.5, 15.5} cm / 7 (7 $\frac{1}{4}$ , 8, 7 $\frac{3}{4}$ , 7 $\frac{3}{4}$ ) {7 $\frac{3}{4}$ , 7 $\frac{1}{4}$ , 6 $\frac{3}{4}$ , 6 $\frac{1}{2}$ , 6} inches at center back, ending after a WS row.

*Tip: You should be switching knit stitches to purl stitches (and vice versa) on WS rows. If you find that you are doing the switching on a RS row, it means you have made a mistake in the stitch pattern.*

## Armhole Shaping

**Row 1 (RS, Increase Row):** K1 (selvedge stitch), m1R, work in Moss Stitch to last stitch, m1L, k1 (selvedge stitch) – 2 sts inc'd.

*Note: As stitches are increased, work them into Moss Stitch from the row following the increase.*

**Row 2 (WS):** P1 (selvedge stitch), work in Moss Stitch to last stitch, p1 (selvedge stitch).

Work [Rows 1-2] a total of 9 (11, 13, 15, 17) {19, 21, 23, 25, 27} times – 89 (95, 103, 111, 119) {127, 133, 143, 153, 161} sts.

Transfer stitches to waste yarn, cut yarn (or keep the yarn attached to work on the armhole edging later).

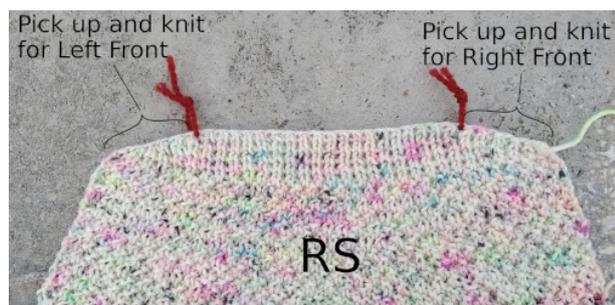


Figure 2

## Left Front (as worn)



Figure 3

## Shoulder Area

With RS of Back facing (look at the initial Seed Rib section, it looks similar to ribbing on the RS while it is full of purl bumps on the WS) and smaller needle, join yarn immediately to the left of the contrasting string (Fig. 3), pick up and knit 21 (21, 21, 23, 25) {25, 25, 27, 31, 33} sts towards the armhole edge. *Note: The number of stitches to pick up does not coincide with that of CO stitches marked by the contrasting string. If you need to pick up more than one stitch per CO stitch, see this video <https://youtu.be/XnsGCMmWxfS> (This video is created for the Right Front of another pattern but the idea is the same).*

*Note: Stitches marked in blue are the 8 front band stitches.*

**Row 1 (WS):** P1 (selvedge), [p1, k1] to last 8 sts, pm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

**Row 2 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, [p1, k1] to last stitch, k1 (selvedge).

*Now the pattern stitch is established with the 8 sts nearest to the neck edge being front band stitches that are worked in Twisted Rib and marked in blue in the pattern. The stitch closest to the armhole edge is a selvedge stitch and is worked in Stockinette stitch and the remaining stitches are worked in Moss Stitch.*

**Row 3 (WS):** P1 (selvedge), work in Moss Stitch to marker, sm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

**Row 4 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, work in Moss stitch to last stitch, k1 (selvedge).

*Tip: You should be switching knit stitches to purl stitches (and vice versa) on WS rows throughout the Left Front. If you find that you are doing the switching on a RS row, it means you have made a mistake in the stitch pattern.*

Repeat Rows 3-4 until piece measures 3 (3, 3, 4, 5.5) {6.5, 7, 7, 9.5, 9.5} cm / 1 $\frac{1}{4}$  (1 $\frac{1}{4}$ , 1 $\frac{1}{4}$ , 1 $\frac{1}{2}$ , 2 $\frac{1}{4}$ ) {2 $\frac{1}{2}$ , 2 $\frac{3}{4}$ , 2 $\frac{3}{4}$ , 3 $\frac{3}{4}$ , 3 $\frac{3}{4}$ } inches from where you picked up stitches, ending after a RS row.



## Neckline Shaping

**Row 1 (WS):** P1 (*selvedge*), work in Moss Stitch to marker, sm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

**Row 2 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, work in Moss stitch to last stitch, k1 (*selvedge*).

**Row 3 (WS):** Work as Row 1.

**Row 4 (RS, Increase Row):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, m1R, work in Moss Stitch to last stitch, k1 (*selvedge*) – 1 st inc'd. *Note: On next row, work the increased stitch into Moss Stitch pattern, i.e. if the stitch before it should be a knit (purl) stitch, then purl (knit) the increased stitch.*

**Row 5 (WS, Sizes 1 (2, 3, 4, 5) {-, -, -, -, -} only):** Work as Row 1.

**Row 6 (RS, Sizes 1 (2, 3, 4, 5) {-, -, -, -, -} only):** Work as Row 4.

Work [Rows 1-6] a total of 7 (7, 5, 3, 1) {0, 0, 0, 0} time(s), then work [Rows 1-4] 0 (1, 5, 7, 10) {10, 9, 8, 6, 5} time(s) – 35 (36, 36, 36, 37) {35, 34, 35, 37, 38} sts.

**For Size 1 only:** Work [Rows 3-4] twice more – 37 sts.

### Armhole and Neck Shaping (Sizes - (-, -, -, -) {6, 7, 8, 9, 10} only)

**Row 1 (WS):** P1 (*selvedge*), work in Moss Stitch to marker, sm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

**Row 2 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, work in Moss stitch to last stitch, k1 (*selvedge*).

**Row 3 (WS):** P1 (*selvedge*), work in Moss Stitch to marker, sm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

**Row 4 (RS, Armhole and Neck Increase):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, m1R, work in Moss stitch to last stitch, m1L, k1 (*selvedge*) – 2 sts inc'd.

Work [Rows 1-4] a total of - (-, -, -, -) {1, 3, 5, 7, 9} times – (-, -, -, -) {37, 40, 45, 51, 56} sts.

### Armhole and Neck Shaping (Sizes - (2, 3, 4, 5) {6, 7, 8, 9, 10} only)

**Row 1 (WS):** P1 (*selvedge*), work in Moss Stitch to marker, sm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

**Row 2 (RS, Armhole and Neck Increase):** K1, [k1 tbl, p1] 3 times, k1 tbl, sm, m1R, work in Moss stitch to last stitch, m1L, k1 (*selvedge*) – 2 sts inc'd.

Work [Rows 1-2] - (2, 4, 6, 8) {9, 9, 9, 9} times – (- (40, 44, 48, 53) {55, 58, 63, 69, 74} sts.

All sizes resume.

**Next row (WS):** P1 (*selvedge*), work in Moss Stitch to marker, sm, [p1 tbl, k1] to last 2 sts, p1 tbl, p1.

Transfer stitches to waste yarn. Keep yarn attached for the left front band extension.

## Right Front (as worn)

### Shoulder Area

With RS of Back facing and *smaller* needle, join yarn at the right hand side, pick up and knit 21 (21, 21, 23, 25) {25, 25, 27, 31, 33} sts to the contrasting yarn (*Fig. 2*). *Note: The number of stitches to pick up does not coincide with that of CO stitches marked by the contrasting string. If you need to pick up more than one stitch per CO stitch, see this video <https://youtu.be/XnsGCMmWxf5> (This video is created for another pattern but the idea is the same).*

**Row 1 (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, pm, [k1, p1] to last stitch, p1 (*selvedge*).

**Row 2 (RS):** K1 (*selvedge*), [k1, p1] to marker, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1.

*Now the pattern stitch is established with the 8 sts nearest to the neck edge being front band stitches that are worked in twisted rib and marked in blue in the pattern. The stitch closest to the armhole edge is a selvedge stitch and is worked in Stockinette stitch and the remaining stitches are worked in Moss Stitch.*

**Row 3 (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, sm, work in Moss Stitch to last stitch, p1.

**Row 4 (RS):** K1 (*selvedge*), work in Moss Stitch to marker, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1.

*Tip: You should be switching knit stitches to purl stitches (and vice versa) on WS rows throughout the Right Front. If you find that you are doing the switching on a RS row, it means you have made a mistake in the stitch pattern.*



Repeat Rows 3-4 until piece measures 3 (3, 3, 4, 5.5) {6.5, 7, 7, 9.5, 9.5} cm /  $1\frac{1}{4}$  ( $1\frac{1}{4}$ ,  $1\frac{1}{4}$ ,  $1\frac{1}{2}$ ,  $2\frac{1}{4}$ ) { $2\frac{1}{2}$ ,  $2\frac{3}{4}$ ,  $2\frac{3}{4}$ ,  $3\frac{3}{4}$ ,  $3\frac{3}{4}$ } inches from where you picked up stitches, ending after a RS row.

### Neckline Shaping

**Row 1 (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, sm, work in Moss Stitch to last stitch, p1.

**Row 2 (RS):** K1 (*selvedge*), work in Moss Stitch to marker, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1.

**Row 3 (WS):** Work as Row 1.

**Row 4 (RS, Increase Row):** K1 (*selvedge*), work in Moss Stitch to marker, m1L, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1 - 1 st *inc'd*. *Note: On next row, work the increased stitch into Moss Stitch pattern, i.e. if the stitch after it should be a knit (purl) stitch, then purl (knit) the increased stitch.*

**Row 5 (WS, Sizes 1 (2, 3, 4, 5) {-, -, -, -, -} only):** Work as Row 1.

**Row 6 (RS, Sizes 1 (2, 3, 4, 5) {-, -, -, -, -} only):** Work as Row 4.

Work [Rows 1-6] a total of 7 (7, 5, 3, 1) {0, 0, 0, 0} time(s), then work [Rows 1-4] 0 (1, 5, 7, 10) {10, 9, 8, 6, 5} time(s) - 35 (36, 36, 36, 37) {35, 34, 35, 37, 38} sts.

**For Size 1 only:** Work [Rows 3-4] twice - 37 sts.

### Armhole and Neck Shaping (Sizes - (-, -, -, -) {6, 7, 8, 9, 10} only)

**Row 1 (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, sm, work in Moss Stitch to last stitch, p1.

**Row 2 (RS):** K1 (*selvedge*), work in Moss Stitch to marker, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1.

**Row 3 (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, sm, work in Moss Stitch to last stitch, p1.

**Row 4 (RS, Armhole and Neck Increase):** K1 (*selvedge*), m1R, work in Moss Stitch to marker, m1L, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1 - 2 sts *inc'd*.

Work [Rows 1-4] a total of - (-, -, -, -) {1, 3, 5, 7, 9} times - (-, -, -, -) {37, 40, 45, 51, 56} sts.

### Armhole and Neck Shaping (Sizes - (2, 3, 4, 5) {6, 7, 8, 9, 10} only)

**Row 1 (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, sm, work in Moss Stitch to last stitch, p1.

**Row 2 (RS, Armhole and Neck Increase):** K1 (*selvedge*), m1R, work in Moss Stitch to marker, m1L, sm, [k1 tbl, p1] to last 2 sts, k1 tbl, k1 - 2 sts *inc'd*.

Work [Rows 1-2] - (2, 4, 6, 8) {9, 9, 9, 9} times - (40, 44, 48, 53) {55, 58, 63, 69, 74} sts.

All sizes resume.

**Next row (WS):** P1, [p1 tbl, k1] 3 times, p1 tbl, sm, work in Moss Stitch to last stitch, p1.

Do not cut yarn.

### Join Fronts (All sizes)

Continue with the yarn end from the Right Front,

- ❖ work across Right Front stitches as follows: K1, m1R, work in Moss Stitch to marker, rm, transfer remaining Right Front stitches onto waste yarn (*Fig. 4*),
- ❖ use the backwards loop method (*see video here <https://youtu.be/oz8rPlrcKXI>*) to CO 7 sts for the center front,
- ❖ transfer the first 8 Left Front stitches to waste yarn (*Fig. 5*), rm, work across remaining Left Front stitches as follows: work in Moss stitch to last stitch, m1L, k1 - 67 (73, 81, 89, 99) {103, 109, 119, 131, 141} sts.



Figure 4

**Row 1 (WS):** P1, work in Moss Stitch to last stitch, p1.





Figure 5



Figure 6: This photo is of the Breakfast of the Garden top, but the faux side seam is identical in the dress.

**Row 2 (RS):** K1, m1R, work in Moss Stitch to last stitch, m1L, k1 – 2 sts inc'd.

Work [Rows 1-2] a total of 8 times – 83 (89, 97, 105, 115) {119, 125, 135, 147, 157} sts.

**Next row (WS):** P1, work in Moss Stitch to last stitch, p1.

Do not cut yarn.

## Lower Body

Transfer Back stitches to spare needle.

### Row 1 (RS, Size 1 only):

- ❖ Work across Front stitches as follows: K1 tbl, place BOR marker, work in Moss stitch to last stitch, pm (side marker), k1 tbl,
- ❖ use the backwards loop method to CO 1 st for the underarm,
- ❖ work across Back stitches as follows: k1 tbl, pm (side marker), work in Moss Stitch to last stitch, pm (side marker), k1 tbl,
- ❖ use the backwards loop method to CO 1 st for the underarm. Join in the round. K1 tbl, slip BOR marker.

### Row 1 (RS, all sizes except size 1):

- ❖ Work across Front stitches as follows: convert the selvedge stitch into Moss stitch (if the stitch after it should be knit (purl) stitch, then purl (knit) the selvedge stitch), work in Moss Stitch to end of Left Front (therefore converting the selvedge stitch into Moss Stitch),
- ❖ use the backwards loop method to CO - (5, 5, 5, 9) {9, 13, 13, 13, 17} sts for the underarm and placing a side marker after - (1, 1, 1, 3) {3, 5, 5, 5, 7} cast on stitches and another side marker after - (4, 4, 4, 6) {6, 8, 8, 8, 10} cast on stitches (i.e. 3 sts away from the previous marker),
- ❖ work across Back stitches in Moss Stitch (therefore converting both selvedge stitches into Moss Stitch),
- ❖ use the backwards loop method to CO - (5, 5, 5, 9) {9, 13, 13, 13, 17} sts for the underarm and placing a side marker after - (1, 1, 1, 3) {3, 5, 5, 5, 7} cast on stitches and a BOR marker (use a different color) after - (4, 4, 4, 6) {6, 8, 8, 8, 10} cast on stitches (i.e. 3 sts away from the previous marker). Join in the round.

**Round 2:** [Work in Moss Stitch to side marker, sm, k1 tbl, p1, k1 tbl, sm] twice. Note: You have shifted the beginning of round effectively to the position of the new BOR marker.

You now have 174 (194, 210, 226, 252) {264, 284, 304, 326, 352} sts; 3 sts for each faux side seam; 87 (97, 105, 113, 125) {133, 143, 153, 163, 175} sts for back; 81 (91, 99, 107, 121) {125, 135, 145, 157, 171} sts for front.

Note: The lower body is not entirely worked in Moss Stitch but has faux side seams which are worked in Twisted Rib (Fig.6).

**Round 3:** [Work in Moss Stitch to side marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

Repeat Round 3 until piece measures 6 cm / 2¼ inches from the underarm (from the underarm CO stitches, without armhole edging). Tip: After several rounds, you can begin working the Armhole Edgings so that it is easier to check the fit. You can also finish the Left Front Neckband Extension (see p.10) so that you can cut the attached yarn.

**Next round (Increase Round):** [M1R, work in Moss Stitch to marker, m1L, sm, k1 tbl, p1, k1 tbl, sm] twice – 4 sts inc'd; 178 (198, 214, 230, 256) {268, 288, 308, 330, 356} sts.

Fitting Tip: The underarm (excluding edging) to full hip distance is 38 cm / 15 inches. If you want



to lengthen/shorten the distance, space the increase rounds in the Pocketless/Pocketed Version Section farther/closer. This is for adjusting the torso length only. If you want to lengthen/shorten the dress, you should adjust the length after the Decreasing Section.

Proceed to the Pocketed Version if you plan to add pockets, otherwise proceed to the Pocketless Version.

## Pocketless Version

**\*Next 10 (10, 9, 8, 9) {7, 7, 6, 6, 7} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Next round (Increase Round):** [M1R, work in Moss Stitch to marker, m1L, sm, k1 tbl, p1, k1 tbl, sm] twice – 4 sts inc'd; 182 (202, 218, 234, 260) {272, 292, 312, 334, 360} sts.\*\*

Work from \* to \*\* (at the end of last section) a total of 8 (8, 9, 10, 9) {11, 11, 13, 13, 11} times – 210 (230, 250, 270, 292) {312, 332, 360, 382, 400} sts.

**Next 4 (4, 2, 2, 2) {4, 4, 1, 1, 4} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

Skip to the Decreasing Section on p.9.

## Pocketed Version

**\*Next 10 (10, 9, 8, 9) {7, 7, 6, 6, 7} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Next round (Increase Round):** [M1R, work in Moss Stitch to marker, m1L, sm, k1 tbl, p1, k1 tbl, sm] twice – 4 sts inc'd; 178 (198, 214, 230, 256) {268, 288, 308, 330, 356} sts.\*\*

Work from \* to \*\* a total of 2 (2, 3, 3, 3) {3, 3, 4, 4, 3} – 186 (206, 226, 242, 268) {280, 300, 324, 346, 368} sts.

**Next 7 (7, 0, 2, 0) {5, 5, 1, 1, 5} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Next round (Preparation for split round):**

- ❖ Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm,
- ❖ work in Moss Stitch to marker, sm, k1 tbl (2 sts still remain, which will be worked on next round).

**Next round (Split Round):**

- ❖ Front: K1 (selvedge), k1 tbl, sm, work in Moss Stitch to marker, sm, k1 tbl, k1 (selvedge).

- ❖ Back: Join a separate ball of yarn, m1R, k1 tbl, sm, work in Moss Stitch to marker, sm, k1 tbl, m1L. Turn your work.

You now have 97 (107, 117, 125, 137) {145, 155, 167, 177, 187} sts for back and 91 (101, 111, 119, 133) {137, 147, 159, 171, 183} sts for front. Continue to work them with separate balls of yarn back and forth.

## Front and Back Separated

**Row 1 (WS):**

- ❖ Back: P1 (selvedge), p1 tbl, sm, work in Moss Stitch to marker, sm, p1 tbl, p1 (selvedge).
- ❖ Front: With the other ball of yarn, work as for Back. Turn work.

**Row 2 (RS, Sizes - (-, 3, 4, 5) {-, -, 8, 9, -} only):**

- ❖ Front: K1, k1 tbl, sm, work in Moss Stitch to marker, sm, k1 tbl, k1.
- ❖ Back: With the other ball of yarn, work as for Front. Turn work.

Work [Rows 1-2] 0 (0, 2, 0, 2) {0, 0, 0, 0, 0} more times, work [Row 1] 0 (0, 1, 1, 1) {0, 0, 1, 1, 0} time.

A total of 1 (1, 7, 3, 7) {1, 1, 3, 3, 1} rows worked in this section.

**Next row (RS, Increase Row):**

- ❖ Front: K1, k1 tbl, sm, m1R, work in Moss Stitch to marker, m1L, sm, k1 tbl, k1.
- ❖ Back: With the other ball of yarn, work as for Front. Turn work.

*Note: For the next two paragraphs you can either work both front and back at the same time or one at a time.*

With separate balls of yarn, continue with the stitch pattern as established in Rows 1-2, work Increase Row every 12<sup>th</sup> (12<sup>th</sup>, 10<sup>th</sup>, 10<sup>th</sup>, 10<sup>th</sup>) {8<sup>th</sup>, 8<sup>th</sup>, 8<sup>th</sup>, 8<sup>th</sup>, 8<sup>th</sup>} rows 2 (2, 2, 2, 2) {3, 3, 3, 3, 3} more times – 103 (113, 123, 131, 143) {153, 163, 175, 185, 195} sts for back and 97 (107, 117, 125, 139) {145, 155, 167, 179, 191} sts for front.

With separate balls of yarn, continue with the stitch pattern as established in Rows 1-2, work 3 (3, 1, 5, 1) {3, 3, 1, 1, 3} rows even.

*Note: On next row you will be using only the yarn from the Front. You can either cut the yarn from Back or keep it attached to work on the pocket lining later.*



## Next row (RS, Join Front and Back):

- ❖ K1, k1 tbl, sm, work in Moss Stitch to marker, sm, k1 tbl, purl together the last stitch of Front with the first stitch of Back,
- ❖ k1 tbl, sm, work in Moss Stitch to marker, sm, k1 tbl, purl together the last stitch of Back with the first stitch of Front, k1 tbl, sm – 198 (218, 238, 254, 280) {296, 316, 340, 362, 384} sts.

Resume working in the round.

**Next 6 (6, 9, 3, 9) {4, 4, 3, 3, 3} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Next round (Increase Round):** [M1R, work in Moss Stitch to marker, m1L, sm, k1 tbl, p1, k1 tbl, sm] twice – 4 sts inc'd; 202 (222, 242, 258, 284) {300, 320, 344, 366, 388} sts.

**\*Next 10 (10, 9, 8, 9) {7, 7, 6, 6, 7} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Next round (Increase Round):** [M1R, work in Moss Stitch to marker, m1L, sm, k1 tbl, p1, k1 tbl, sm] twice – 4 sts inc'd.\*\*

Work from \* to \*\* a total of 2 (2, 2, 3, 2) {3, 3, 4, 4, 3} times – 210 (230, 250, 270, 292) {312, 332, 360, 382, 400} sts.

**Next 4 (4, 2, 2, 2) {4, 4, 1, 1, 5} rounds:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

Continue on to the Decreasing Section.

## Decreasing Section

(for both Pocketed and Pocketless version)

**Rounds 1-7:** [Work in Moss Stitch to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Round 8 (Decrease Round):** [K2tog (p2tog) if the next stitch should be a purl (knit) stitch, work in Moss Stitch to 2 sts before marker, ssk (ssp) if the next stitch should be a knit (purl) stitch, sm, k1 tbl, p1, k1 tbl, sm] twice – 4 sts dec'd.

Work [Rounds 1-8] a total of 4 times – 194 (214, 234, 254, 276) {296, 316, 344, 366, 384} sts.

Work 20 rounds even. *Fitting Tip: Work more (fewer) rounds here if you want to lengthen (shorten) the dress.*

## Hem

Change to larger needle (3.75 mm / US 5). *Note: If you want the hem to draw in slightly, keep on using the smaller needle.*

**Round 1:** [Knit to marker, sm, k1 tbl, p1, k1 tbl, sm] twice.

**Round 2:** [Work stitches as set in the second to last round to marker (i.e. if a stitch in the second to last round is a knit (purl) stitch, then knit (purl) it), sm, k1 tbl, p1, k1 tbl, sm] twice.

Repeat Rounds 1-2 until the hem measures 3 cm / 1½ inches, ending after Round 1.

[BO stitches as they appear in the second to last round (i.e. BO knitwise (purlwise) if the stitch is a knit (purl) stitch in the second to last round) to marker, rm, BO 1 st knitwise, BO 1 st purlwise, BO 1 st knitwise, rm] twice. Cut yarn.

## Armhole Edgings

*Note: Both edgings are worked identically.*

*Tip: The armhole depth before adding the armhole edgings should be 23 (24.5, 28, 28.5, 31) {32, 33, 34, 35, 36} cm / 9 (9¾, 11, 11¼, 12¼) {12½, 13, 13¼, 13¾, 14¼} inches. It will decrease significantly after adding the armhole edgings (see measurement B in the schematics). If your number is larger, pick up fewer stitches for the armhole edgings.*

With smaller needle (3.5 mm / US 4) for small circumference knitting, starting at the middle of the underarm and with RS facing, pick up and knit at a rate of 3 sts for every 4 CO sts / rows, making sure that you have an even number of stitches (a total of 98 sts was picked up for the size 1 sample). Place BOR marker. Write down the total number of picked up stitches \_\_\_\_\_.

**Round 1:** [K1, p1] around.

**Round 2:** K2tog, knit to last 2 sts, ssk – 2 sts dec'd.

**Round 3:** [P1, k1] around.

**Round 4:** Knit around.

**Round 5:** Work as Round 3.

**Round 6:** Work as Round 2 – 2 sts dec'd.

[BO 1 st knitwise, BO 1 st purlwise] around.

Cut yarn.

Repeat for the other armhole edging, making sure that the number of picked up stitches matches that of the first edging.



## Left Front Neckband Extension



Figure 7

With RS facing and the yarn end from the Left Front (*fig. 7*) and smaller needle, begin working as follows:

**Row 1 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, m1L – 9 sts.

**Row 2 (WS):** P1, [p1 tbl, k1] 3 times p1 tbl, p1.

**Row 3 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, k1.

Repeat [Rows 2-3] until the extension measures 16 cm / 6 $\frac{1}{4}$  inches or your desired length (*the tip will add another 4 cm / 1 $\frac{1}{2}$  inches to the length*), ending after a WS row.

### Slanted Tip

**Row 1 (RS):** K1, k2tog tbl, [k1 tbl, p1] twice, k1 tbl, k1 – 8 sts.

**Row 2 (WS):** P1, [p1 tbl, k1] twice, p1 tbl, p1 tbl, p1.

**Row 3 (RS):** K1, k2tog tbl, [p1, k1 tbl] twice, k1 – 7 sts.

**Row 4 (WS):** P1, [p1 tbl, k1] twice, p1 tbl, p1.

**Row 5 (RS):** K1, k2tog tbl, k1 tbl, p1, k1 tbl, k1 – 6 sts.

**Row 6 (WS):** P1, p1 tbl, k1, p2tog tbl, p1 – 5 sts.

**Row 7 (RS):** K1, k2tog tbl, k1 tbl, k1 – 4 sts.

**Row 8 (WS):** P1, p2tog tbl, p1 – 3 sts.

**Row 9 (RS):** K1, k2tog tbl – 2 sts.

Pass rightmost stitch over leftmost stitch, cut yarn and draw yarn through.

## Right Front Neckband Extension



Figure 8

With RS facing and smaller needle, join yarn (*and leave a tail of about 30 cm / 12 inches if you plan to stitch the front bands to the dress, on the sample they hang free and are unstitched*) and begin working as follows:

**Row 1 (RS):** M1R, [k1 tbl, p1] 3 times, k1 tbl, k1 – 9 sts.

**Row 2 (WS):** P1, [p1 tbl, k1] 3 times p1 tbl, p1.

**Row 3 (RS):** K1, [k1 tbl, p1] 3 times, k1 tbl, k1.

Repeat [Rows 2-3] until the extension measures 16 cm / 6 $\frac{1}{4}$  inches or your desired length (*the tip will add another 4 cm / 1 $\frac{1}{2}$  inches to the length*), ending after a WS row.

### Slanted Tip

Work as the Slanted Tip of the Left Front Neckband Extension.

## Left Pocket Lining (for the Pocketed version only)

With RS of the *Front* facing (*fig. 9*) and smaller needle for small circumference knitting, with the attached yarn end (*or join yarn at the side nearer to the hem*), pick up and knit 21 sts along the front pocket opening, pm, then pick up and knit 21 sts along the back pocket opening, pm (*see video <https://youtu.be/eU0f99jqJ-A>*). Join and begin working in the round.





Figure 9

**Set-up round 1:** \*K1, [p1, k1] to marker, sm\*\*;  
repeat from \* to \*\* – 42 sts.

**Set-up round 2:**

- ❖ RLI, k1, [p1, k1] to last 2 sts before marker, ssp, sm,
- ❖ P2tog, k1, [p1, k1] to end, LLI, sm.

*Note: Moss Stitch is now established on each side, switch knit stitches to purl stitches (and vice versa) on next round, then every 2nd round. Work increased stitches into Moss stitch on the row following the increase.*

**Round 1:** Work in Moss Stitch around.

**Round 2:**

- ❖ RLI, work in Moss stitch to last 2 sts before marker, ssp (ssk) if the next stitch should be a purl (knit) stitch, sm,
- ❖ P2tog (k2tog) if the next stitch should be a knit (purl) stitch, work in Moss stitch to end, LLI, sm.

**Round 3:** Work in Moss Stitch around.

**Round 4:**

- ❖ RLI, work in Moss stitch marker, sm,
- ❖ work in Moss stitch to end, LLI, sm – 2 sts inc'd; 44 sts total; 22 sts for each side.

**Round 5:** Work in Moss Stitch around.

**Round 6:** Work as Round 2.

Work [Rounds 1-6] a total of 6 times, then work [Rounds 1-2] once – 54 sts; 27 sts for each side.

**Decrease Round:** K2tog (p2tog) if the next stitch should be a purl (knit) stitch, work in Moss Stitch to last 2 sts before marker, ssp (ssk) if the next stitch should be a purl (knit) stitch, sm\*\*;  
repeat from \* to \*\* – 4 sts dec'd; 50 sts; 25 sts for each side.

Work Decrease Round a total of 9 times – 18 sts; 9 sts for each side.

Turn the pocket so that it sticks out on the WS of the dress (see video <https://youtu.be/DQiXnq0UMRU>), use the three-needle method (see *Stitch Guide*) to BO all stitches. Cut yarn.

### Right Pocket Lining (for the Pocketed version only)



Figure 10

With RS of the Back facing (fig. 10) and smaller needle for small circumference knitting, join yarn at the side nearer to the hem, then pick up and knit 21 sts along the back pocket opening, pm, then pick up and knit 21 sts along the front pocket opening, pm. Join and begin working in the round.

Work as for the Left Pocket Lining starting from Set-up round 1 through the end.

### Finishing

Weave in ends. Block to schematic measurements (see *tutorial*). In the sample the front band extensions hang loose. If you want you can also stitch them down to the WS of the center front CO stitches using whip stitch.





### About the Designer

Cristina lives in northern Tuscany with her sons, husband and two cats. She strives to design timeless knitwear, using elements from both classic and contemporary designs. She writes uncomplicated patterns that are easy to follow. To find more about her designs, check out her website [MinimiKnitDesign.com](http://MinimiKnitDesign.com). You can also find her as Minimi on Ravelry or as @MinimiKnitDesign on Instagram.

### Acknowledgments and Credits

Technical Editor: Kephren Pritchett

This pattern is a collaboration with Orchidean Luxury Yarn.

© Copyright 2022, Minimi Knit Design. All rights reserved. This pattern is offered for personal non-commercial use only and may not be resold or shared. This pattern, the charts and photos may not be copied or reproduced for any purpose other than personal non-commercial use. For any questions, please contact the designer at [cristina.tsw@gmail.com](mailto:cristina.tsw@gmail.com).

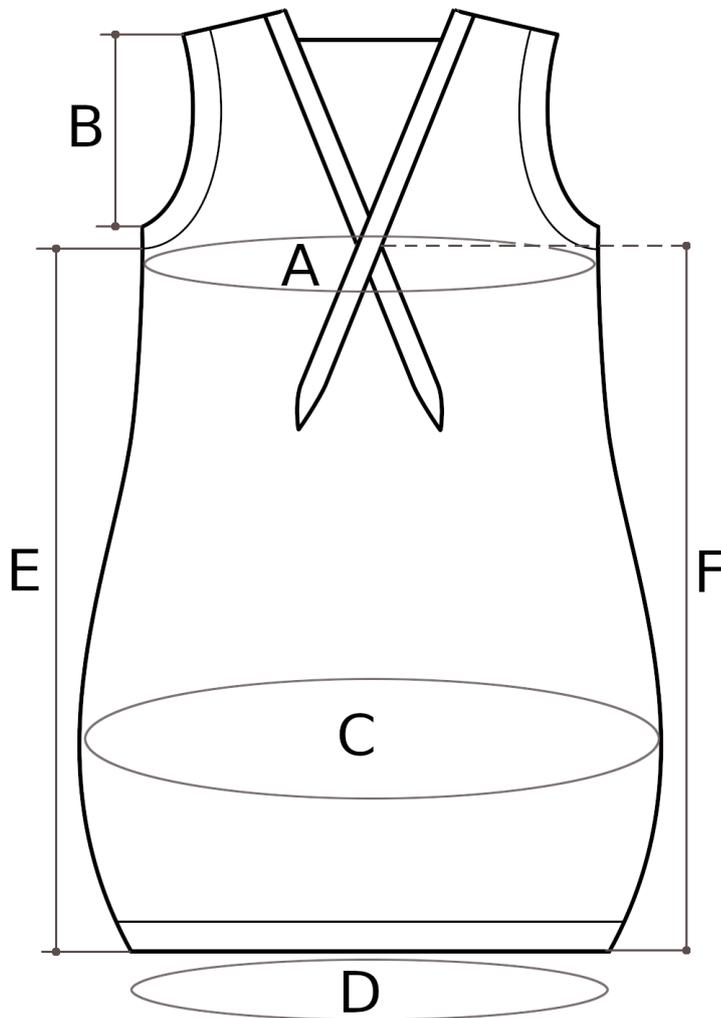
(Last Revised: 5th August, 2022)



*If you share your project on social media, please tag it with #breakfastInTheGardenDress #minimiknitdesign @minimiknitdesign. I would love to see what you make!*



## Schematics



Size		1	2	3	4	5	6	7	8	9	10
A. Bust circumference	cm	83	92.5	100	107.5	120	125.5	135	145	155	167.5
	inch	32 1/2	36 1/4	39 1/4	42 1/4	47 1/4	49 1/2	53 1/4	57	61	66
B. Armhole depth	cm	17	18.5	21	22	23.5	24.5	25.5	26	27	28
	inch	6 3/4	7 1/4	8 1/4	8 1/2	9 1/4	9 1/2	10	10 1/4	10 3/4	11
C. Hip circumference	cm	100	109.5	119	128.5	139	148.5	158	171.5	182	190.5
	inch	39 1/4	43	46 3/4	50 1/2	54 3/4	58 1/2	62 1/4	67 1/2	71 1/2	75
D. Hem circumference	cm	92.5	102	111.5	121	131.5	141	150.5	164	174.5	183
	inch	36 1/4	40	43 3/4	47 1/2	51 3/4	55 1/2	59 1/4	64 1/2	68 1/2	72
E. Underarm to hem (excluding armhole edgings)	cm	59	59	59	59	59	59	59	59	59	59
	inch	23 1/4	23 1/4	23 1/4	23 1/4	23 1/4	23 1/4	23 1/4	23 1/4	23 1/4	23 1/4
F. Bottom of v-neck to hem	cm	65	65	65	65	65	65	65	65	65	65
	inch	25 3/4	25 3/4	25 3/4	25 3/4	25 3/4	25 3/4	25 3/4	25 3/4	25 3/4	25 3/4

