

OTHER LOOPS

WAFFLE_LOOP_SWEATER_DRESS



WAFFLE_LOOP_SWEATER_DRESS is a chunky sweater with an oversize fit and can be styled as a sweater or worn as a dress. The design is with the waffle pattern, cables and ribbing along the sides.

The sweater is worked from top to bottom. First stitches are casted on for the neck, which is worked back and forth in the waffle pattern with ribbing on both sides. At the same time, increases are made to shape the upper part of the back. Then stitches are picked up along the shoulder edges. The shoulders are worked back and forth individually. The two shoulders are joined for the front by casting on stitches in the center. The front and back pieces are joined, and the body is then worked in the round in the waffle pattern, with cables and ribbing on the sides. Sleeve stitches are picked up around the armhole and sleeves are worked in the round in the waffle pattern and finished with a ribbing edge and Italian bind off.

Sizes_

1 (2)

Measurements_

Circumference_150 (184)

Length_ 76 (81) cm measured from under the neckline on the back.

The sweater is oversized, and you should knit a size where the circumference is 50-70 cm bigger than your own chest circumference.

The sweater shown in the pattern is size 1 with a positive ease of 64 cm.

Materials_

1 strand Alpaca 3 from Isager 50 g / 125 m
700 (850) g

Together with

1 strand Merilin from Isager 50 g / 208 m
400 (500) g

The sweater shown in the pattern is worked with Alpaca 3 col. E6S and Merilin col. E0.

Recommended needles_

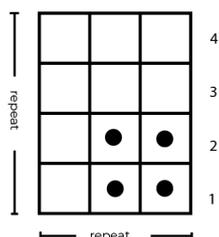
6 mm circular needles (40 and 80 and/or 100 cm)
5.5 mm circular needles (80 or 100 cm) possibly DPNs in the same size, unless using Magic Loop method.
5 mm circular needles (40 cm)
Cable needle

Gauge_

16 stitches x 25 rows in the waffle pattern on 6 mm needles = 10 x 10 cm
Work the waffle pattern (see description) when you make the swatch.

Waffle pattern chart_

The chart is read on the right side from right to left, bottom to top.
The chart is read on the wrong side from left to right, bottom to top.



- p on RS, k on WS
- k on RS, p on WS

Cable chart_

The cable chart is at the end of the pattern.

Abbreviations_

BOR = beginning of the round
k = knit
p = purl
rnd(s) = round(s)
st(s) = stitch(es)
tog = together
sm = slip marker
RS = right side
WS = wrong side
edge-st = edge stitch (edge stitches are worked knit-wise on the right side and purl-wise on the wrong side)

Increases_

MIL_ knit left-leaning increase – insert the left needle from the front under the strand between the stitches and knit it (through the back loop).

MIR_ knit right-leaning increase – insert the left needle from the back under the strand between the stitches and knit it (through the front loop).

MIL-P_ purl left-leaning increase – insert the left needle from the front under the strand between the stitches and purl it (through the back loop).

MIR-P_ purl right-leaning increase – insert the left needle from the back under the strand between the stitches and purl it (through the front loop).

Decreases_

K2tog_ knit right-leaning decrease – knit 2 stitches together.

SSK_ knit left-leaning decrease - SSK improved – slip the first stitch knit-wise, slip the next stitch purl-wise, insert the left needle through the stitches from left to right and knit them together through the back loops.



Back_

Cast 29 (35) sts onto 6 mm circular needles.

P6, insert marker, p to 6 sts before end of the row, insert marker, p6.

Now work in ribbing on both sides, with the waffle pattern in between the markers, and increases on both the RS and WS. Increases are worked to shape the upper part of the back. Start with row 1 of the waffle pattern chart. *Note: Along the way, the waffle pattern will become irregular with increases – but this will be fixed and evened out after each increasing section. The new sts are incorporated into the waffle pattern.*

Work as follows:

Row 1_ (RS) edge-st, k1, p1, k1, p1, k1, sm, **MIL**, waffle pattern to marker, **MIR**, sm, k1, p1, k1, p1, k1, edge-st

Row 2_ (WS) edge-st, ribbing to marker, **MIR**, waffle pattern to marker, **MIL**, sm, ribbing to edge-st, edge-st

Row 3_(RS) work as **row 1_**

Row 4_ (WS) edge-st, ribbing to marker, sm, **MIR-P**, waffle pattern to marker, **MIL-P**, sm, ribbing to edge-st, edge-st

Row 5_ (RS) edge-st, ribbing to marker, sm, **MIL-P**, waffle pattern to marker, **MIR-P**, sm, ribbing to marker, edge-st

Row 6_ (WS) work as **row 2_**

Row 7_ (RS) work as **row 1_**

Row 8_ (WS) work as **row 4_**

Row 9_ (RS) work as **row 5_**

Row 10_ (WS) work as **row 4_**

Row 11_ (RS) work as **row 1_**

Row 12_ (WS) work as **row 4_**

You have now worked 24 increases = 53 (59) sts on the needle.

Repeat **rows 1_ to 12_** for 3 (4) more times = 125 (155) sts on the needle (last row is row 4 of the waffle pattern chart).

Insert marker into the outermost loop on each side of the work. The marker will be used later when sts are picked up for the shoulders.

Work 18 (6) rows in the waffle pattern with ribbing and edge-sts on the sides (last row is row 2 of the waffle pattern chart). The piece now measures approx. 26 (26) cm.

From here, work according to the cable chart. The waffle pattern is worked on each side of the chart and ribbing and edge sts are worked on the sides.

Insert marker 15 (30) sts from the edge on each side of the piece. The marker is placed in between the chart for cables and waffle pattern.

Work back and forth as follows:

Edge-st, ribbing to marker, sm, work waffle pattern to marker, sm, work cable chart (start with row 1), sm, work waffle pattern to marker, sm, ribbing to edge st, edge-st.

Work to an including row 16 of the cable chart.

Now work increases for the armhole.

Row 1_ (RS) edge-st, ribbing to marker, sm, **MIL**, waffle pattern to marker, sm, work cable chart, sm, waffle pattern to marker, **MIR**, sm, ribbing to edge st, edge-st

Row 2_ (WS) edge-st, ribbing to marker, sm, waffle pattern to marker, sm, work cable chart, sm, waffle pattern to marker, sm, ribbing to edge-st, edge-st

Row 3_(RS) edge-st, ribbing to marker, sm, **MIL-P**, waffle pattern to marker, sm, work cable chart, sm, waffle pattern to marker, **MIR-P**, sm, ribbing to edge-st, edge-st

Row 4_(WS) work as **row 2_**

Row 5_ (RS) work as **row 1_**

Row 6_(WS) work as **row 2_**

You have now worked 6 increases and have worked to and including row 22 of the cable chart = 131 (161) sts on the needle.

Break the yarn and let the sts rest.

Left shoulder_

Pick up 48 (60) sts along the left shoulder edge with 6 mm needles. Sts are picked up on the RS in the direction of the neck towards the marker, with the short end of the yarn. Pull the sts down the wire to the left needle, so the first row can be worked on the RS. Remove the marker.

Now work back and forth in the waffle pattern (start with row 1 of the waffle pattern chart) and with ribbing along the edge.

Row 1_ (RS) edge-st, waffle pattern to 6 sts before end of row, insert marker, k1, p1, k1, p1, k1, edge-st

Row 2_ (WS) edge-st, ribbing to marker, sm, waffle pattern to edge-st, edge-st

Repeat **row 1_** and **row 2_** for 3 (3) more times (last row worked is row 4 of the waffle pattern chart).

Now increases are worked for the neck.

Row 1_ (RS) edge-st, 3 sts in waffle pattern, **MIL**, waffle pattern to marker, sm, ribbing to edge-st, edge-st

Row 2_ (WS) edge-st, ribbing to marker, sm, waffle pattern to edge-st. edge-st

Row 3_ (RS) work as **row 1_**

Row 4_ (WS) work as **row 2_**

Row 5_ (RS) edge-st, 3 sts in waffle pattern, **MIL-P**, waffle pattern to marker, sm, ribbing to edge-st, edge-st

Row 6_ (WS) work as **row 2_**

Row 7_ (RS) work as **row 1_**

Row 8_ (WS) work as **row 2_**

Row 9_ (RS) work as **row 5_**

Row 10_ (WS) work as **row 2_**

Row 11_ (RS) work as **row 1_**

Row 12_ (WS) work as **row 2_**

You have now worked 6 (6) increases = 54 (66) sts on the needle (last row worked is row 4 of the waffle pattern chart).

Break the yarn and let the sts rest.

Right shoulder_

Pick up 48 (60) sts along the right shoulder edge with 6 mm needles. Sts are picked up on the RS in the direction from the marker towards the neck, with the short end of the yarn. Pull the sts over the wire to the left needle, so that the first row can be worked again on the RS. Remove the marker.

Now work back and forth in the waffle pattern (start with row 1 of the waffle pattern chart) and work ribbing along the edge.

Row 1_ (RS) edge-st, k1, p1, k1, p1, k1, insert marker, waffle pattern to edge-st, edge-st

Row 2_ (WS) waffle pattern to marker, ribbing to edge-st, edge-st

Repeat **row 1_** and **2_** for 3 (3) more times (last row worked is row 4 of the waffle pattern chart).

Now increases are made for the neck.

Row 1_ (RS) edge-st, ribbing to marker, sm, waffle pattern to 4 sts before end of row, **MIR**, 3 sts in waffle pattern, edge-st

Row 2_ (WS) waffle pattern to marker, sm, ribbing to marker, edge-st

Row 3_ (RS) work as **row 1**

Row 4_ (WS) work as **row 2**

Row 5_ (RS) edge-st, ribbing to marker, sm, waffle pattern to 4 sts before end of row, **MIR-P**, 3 sts in waffle pattern, edge-st

Row 6_ (WS) work as **row 2**

Row 7_ (RS) work as **row 1**

Row 8_ (WS) work as **row 2**

Row 9_ (RS) work as **row 5**

Row 10_ (WS) work as **row 2**

Row 11_ (RS) work as **row 1**

Row 12_ (WS) work as **row 2**

You have now worked 6 (6) increases = 54 (66) sts on the needle (last row worked is row 4 of the waffle pattern chart).

Do not break the yarn.

Front_

Now the 2 shoulders will be joined for the front.

Work as follows:

Edge-st, ribbing to marker, sm, waffle pattern across right shoulder to edge-st, edge-st, cast on 17 (23) sts with backwards loop cast on, edge-st, waffle pattern across left shoulder to marker, sm, ribbing to edge-st, edge-st = 125 (155) sts on the needle.

Work 17 (17) rows back and forth in the waffle pattern and with ribbing and edge-sts on both sides (last row worked is row 2 of the waffle pattern chart).

From here work according to the cable chart. The waffle pattern is worked on each side of the chart and ribbing and edge-sts are worked on the sides of the piece.

Insert marker 15 (30) sts from the edge on each side of the piece. The marker is placed in between the chart for the cable and waffle pattern.

Work back and forth as follows:

Edge-st, ribbing to marker, sm, waffle pattern to marker, sm, work cable chart (start with row 1), sm, waffle pattern to marker, sm, ribbing to edge-st, edge-st.

Work to and including row 16 of the cable chart.

Now work increases for the armholes.

Row 1_ (RS) edge-st, ribbing to marker, sm, **MIL**, waffle pattern to marker, sm, work cable chart, sm, waffle pattern to marker, **MIR**, sm, ribbing to edge-st, edge-st

Row 2_ (WS) edge-st, ribbing to marker, sm, waffle pattern to marker, sm, work cable chart, sm, waffle pattern to marker, sm, ribbing to edge-st, edge-st

Row 3_ (RS) edge-st, ribbing to marker, sm, **MIL-P**, waffle pattern to marker, sm, work cable chart, sm, waffle pattern to marker, **MIR-P**, sm, ribbing to edge-st, edge-st

Row 4_ (WS) work as **row 2_**

Row 5_ (RS) work as **row 1_**

Row 6_ (WS) work as **row 2_**

You have now worked 6 increases up to, and including, row 22 of the cable chart = 131 (161) sts on the needle.

Do not break the yarn.

Body_

The body is shaped by joining the front and back pieces onto 6 mm (100 cm) needles.

Work as follows:

Edge-st, ribbing to marker, sm, waffle pattern, sm, work cable chart across the front piece to the marker, sm, waffle pattern, sm, ribbing to marker, edge-st, cast on 7 (11) new sts with backwards loop cast on, edge-st, ribbing to marker, sm, waffle pattern, sm, work cable chart across the back piece to the marker, sm, waffle pattern, sm, ribbing to edge-st, edge-st, cast on 7 (11) new sts with backwards loop cast on = 276 (344) sts.

Insert marker (BOR) in between the new sts on the right side. The marker should be placed before a knit-stitch.

From here work in the rnd and work according to the cable chart cross the front and back piece. The waffle pattern will continue to be worked on each side of the chart and ribbing on the sides. The new sts by the armhole are incorporated into the ribbing.

Work until the piece measures approx. 70 (75) cm, measured from the cast on edge of the neck, or until desired length. Make sure that the last rnd is row 8 or row 20 of the cable chart.

Change to 5.5 mm circular needles (80 or 100 cm). Remove markers except for the BOR marker.

Work 6 cm in ribbing (k1, p1).

Work 2 rnds in double knitting as follows:

Rnd 1_ work * k1, slip 1 st purl-wise with yarn in front of the work *, repeat from * to * the whole rnd.

Rnd 2_ work * slip 1 st purl-wise with yarn behind the work, p1 *, repeat from * to * the whole rnd.

Bind off with Italian bind off.

Neckline_

The neckline is worked in the rnd in ribbing on 5 mm needles (40 cm).

Pick up 90 (100) sts on the RS around the neckline. Start picking up sts on the left side of the neck in the ribbing sts. Pick up sts in approx. all sts around the neck. Insert marker for BOR.

Work 6 (6) cm in ribbing (k1, p1).

Now the ribbing edge is folded down to the inside in every other st along the cast on edge. At the same time, bind off the sts. Take care that the ribbing does not twist when binding off, and that you bind off loosely so that the neckline does not become too tight.

Work as follows:

Pick up 1 st from the cast on edge on the left needle, k the new st tog with the first st on the needle, k1, slip the second st on the right needle over the just knitted st.

Pick up 1 st from the cast on edge and place on the left needle, knit the new st tog with the first st on the needle, lift the second st on the right needle over the just knitted st, k1, lift the second st on the right needle over the just knitted st

Repeat from * to * the whole rnd

Sleeves_

The sleeves are worked in the rnd on 6 mm (40 cm) needles. Start picking up sts at the bottom of the armhole. Pick up 78 (82) sts on the RS in every 2 out of 3 sts around the armhole.

Insert marker (BOR) at the bottom of the armhole.

Work in the rnd in the waffle pattern (start with row 1 of the waffle pattern chart). At the same time work decreases along the inside of the sleeve a total of 6 (6) times = 66 (70) sts on the needle.

The decreasing rnd is worked on every 4th (4th) row 3 of the waffle pattern chart, as follows:

K2tog, k to 3 sts before marker, **SSK**, k1.

The last st of the rnd is worked knit-wise on **all** rnds of the sleeve. Adjust the waffle pattern according to the decreases on every side of this knit-st.

Work until the sleeve measures approx. 44 (40) cm (the last rnd should be row 2 of the waffle pattern chart).

Change to 5.5 mm needles and knit until 1 st before marker, move the marker here, so that it is placed before the ongoing knit-st.

Work 6 cm in ribbing (k1, p1).

Work 2 rnds in double knitting as follows:

Rnd 1_ work * k1, slip 1 st purl-wise with yarn in front of the work *, repeat from * to * the whole rnd.

Rnd 2_ work * slip 1 st purl-wise with yarn behind the work, p1*, repeat from * to * the whole rnd.

Bind off with Italian bind off.



Assembly_

Weave in all ends.

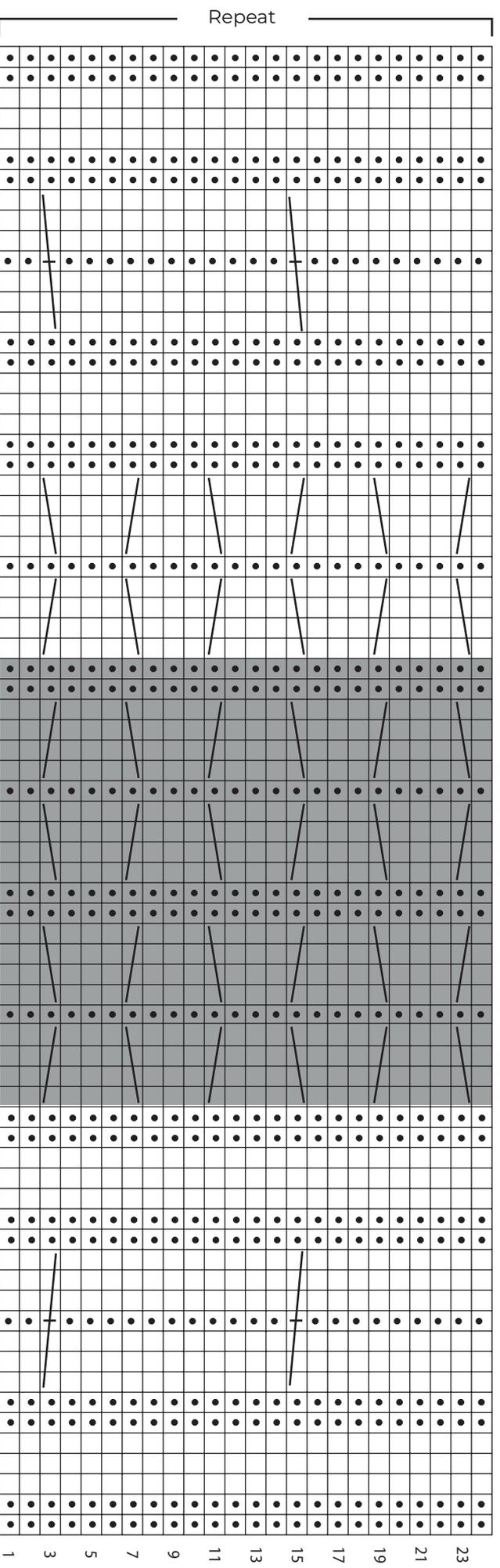
Wash and block the sweater.

Share your #waffle_loop_sweater_dress on Instagram.

Happy loops.

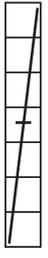
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22 sts marked with grey – repeat 2 times

The chart is read on the RS from right to left and bottom to top.
 The chart is read on the WS from left to right and bottom to top.
 All cables are worked on the RS.

- P on the RS, k on the WS.
- K on the RS, p on the WS.
-  Place 2 sts on a cable needle in front of the work, k2, k 2 sts from the cable needle.
-  Place 2 sts on a cable needle behind the work, k2, k 2 sts from the cable needle.
-  Place 3 k sts and 1 p st on a cable needle in front of the work, k3, place p st back onto the left needle, p1, k3 from the cable needle.
-  Place 3 k sts and 1 p st on a cable needle behind the work, k3, place p st back on the left needle, p1, k 3 from the cable needle.