

My Favourite Things

~knitwear~



VEST NO. 4 #VESTNO4

ABOUT VEST NO. 4

Vest No. 4 is a classic button down vest, which fits perfectly on top of shirts and dresses. The vest is knit top down. First, the back part of the yoke is worked. Then the front parts of the yoke are worked separately. The three sections are joined and the body is knitted. The rib edges at neck, front and armholes are picked up from existing stitches. All rib edges are finished with tubular bind off.

SIZES

XS (S) M (L) XL (XXL)

MEASUREMENTS

Length (centre back): 54 (55) 57 (59) 60 (61) cm

Width (chest): 95 (99) 105 (110) 117 (123) cm

Length of armhole: 23 (25) 26 (27) 28 (29) 30 cm

RECOMMENDED NEEDLES

Circular needle 4,5 mm (80 or 100 cm)

Circular needle 3,5 mm (80 or 100 cm)

GAUGE

In stockinette stitch on needle 4,5 mm

19 sts x 26 rows = 10 x 10 cm

MATERIALS

150 (150) 150 (200) 200 (200) g Lana Cotton from Hjertegarn 50 g / 212 m

Shown in colour 434, light grey.

held together with...

75 (75) 75 (100) 100 (100) g Tynn Silk Mohair from Sandnes 25 g / 212 m

Shown in colour 1022, light grey mélange.

Or...

100 (100) 100 (100) 100 (100) g Silk/Mohair from Sabina Siestoe 50 g / 420 m. Shown in colour Soft Rabbit Ears.

held together with...

200 (200) 200 (200) 200 (200) g Merino/Mohair from Sabina Siestoe 100 g / 400 m.

6 buttons (1,6-1,7 cm)

ABBREVIATIONS

st(s) = stitch(es)
k = knit
p = purl
tbl = through the back loop
rs = right side
ws = wrong side
stm = stitch marker

BEFORE YOU START

Begin by knitting a gauge swatch, before you start knitting your vest.
The swatch is needed to determine which needle size you need, and to achieve that the vest's proportions turn out correct.

Size guide

Vest No. 4 has a classic fit. It's worn with a positive ease of approx. 7-8 cm's measured around your bust.
As the vest is designed to be worn on top of a dress or combined with a shirt, you can advantageously take your measurements when wearing clothes.

Composition

First you work the back part of the yoke by casting on sts at the neck. After having knit back and forth on circular needles, you will then shape the armhole openings by knitting increases. Thereafter, you pick up sts along the shoulder seam and both front pieces are knit separately. Back piece and both front pieces are then knit onto the same circular needle and you continue knitting the body in stockinette st, before you finish the body with a ribbed hem. Thereafter, you pick up sts along the fronts and armhole opening for another ribbed border. Finally, you pick up sts along the neck and work the neckline.
No final sewing is needed.

Increases (M1):

The increases are knit, so that they either slant to the right (M1R) or to the left (M1L) as follows:

M1R: pick up the bar between 2 sts, by bringing the needle from back to front and knit the new st.

M1L: pick up the bar between 2 sts, by bringing the needle from front to back and knit the new st through the back loop (k tbl).

BACK

Cast on 23 (25) 25 (27) 27 (29) sts on needle 4,5 mm.

*Purl 1 row. Cast on 6 (6) 6 (7) 7 (7) new sts at the end of the row.
Knit 1 row. Cast on 6 (6) 6 (7) 7 (7) new sts at the end of the row.*

Repeat from *-* 2 (2) 2 (2) 2 (2) times in total.

There are 47 (49) 49 (55) 55 (57) sts on the needle.

Purl 1 row. Cast on 7 (7) 8 (7) 8 (9) new sts at the end of the row.
Knit 1 row. Cast on 7 (7) 8 (7) 8 (9) new sts at the end of the row.

There are 61 (63) 65 (69) 71 (75) sts on the needle.

The 19 (19) 20 (21) 22 (23) new sts on each side of the cast on edge are the shoulder parts. This is where you will pick up sts for the two front parts later.

Continue to work back and forth in stockinette st, until your work measured at the outmost edge is 16 (17) 17 (17) 17 (18) cm. End with a ws-row.

Now begin to work the increases - to shape the armhole openings - as follows:

*k1, M1R, k until 1 st left, M1L, k1.
Purl 1 row*

Repeat from *-* 10 (11) 12 (12) 13 (14) times in total.

You've now added 20 (22) 24 (24) 26 (28) new sts to your work.

There are 81 (85) 89 (93) 97 (103) sts on the needle.

Cut the yarn and leave all sts to rest on a piece of yarn, while moving on to work the front pieces.

RIGHT FRONT PIECE

From the rs at the right shoulder (right side when the garment is worn), pick up 19 (19) 20 (21) 22 (23) sts with needle 4,5 mm *in between* the sts with the yarn's shorter end. When picking up the sts in between the existing sts, you will get a nearly invisible shoulder seam.

TIP! Not familiar with this method? Here is how to do it: <https://www.youtube.com/watch?v=ltM0GQrAcGI>
Knit back and forth in stockinette st, until the shoulder piece measures 5 (5) 5 (6) 6 (6) cm (measured from the side at the neckline). End with a ws-row.

Now the neckline is shaped with increases as follows:

*Knit all sts until 1 st left, M1R, k1.
Purl 1 row.*

Repeat from *-* 6 (6) 7 (7) 7 (7) times in total.

There are 25 (25) 27 (28) 29 (30) sts on the needle.

Knit 1 row and cast on 4 (5) 5 (6) 6 (7) new sts at the end of the row (center front of the vest).
Purl 1 row.

Continue to knit back and forth in stockinette st.

Work the 29 (30) 32 (34) 35 (37) sts until the right front piece measured from the shoulder seam (along the outmost edge) is 18 (19) 19 (19) 19 (20) cm.
End with a ws-row.

Now the right armhole opening is shaped with increases.

*k1, M1L, k the rest of the row.
Purl 1 row.*

Repeat from *-* 10 (11) 12 (12) 13 (14) times in total.

There are 39 (41) 44 (46) 48 (51) sts on the needle.

Cut the yarn and let the sts rest, while working the left front piece.

LEFT FRONT PIECE

From the rs at the left shoulder (right side when the garment is worn), pick up 19 (19) 20 (21) 22 (23) sts with needle 4,5 mm *in between* the sts with the yarn's shorter end.

Knit back and forth in stockinette st, until the shoulder piece measures 5 (5) 5 (6) 6 (6) cm (measured from the side at the neckline). End with a ws-row.

Now the neckline is shaped with increases as follows:

*k1, M1L, k the rest of the row.
Purl 1 row*

Repeat from *-* in total 6 (6) 7 (7) 7 (7) times.

There are 25 (25) 27 (28) 29 (30) sts on the needle.

Cast on 4 (5) 5 (6) 6 (7) new sts in the beginning of the row (center front of the vest), k all sts.
Purl 1 row.

Continue to knit back and forth in stockinette st.

Work the 29 (30) 32 (34) 35 (37) sts until the right front piece measured from the shoulder seam (along the outmost edge) is 18 (19) 19 (19) 19 (20) cm.
End with a ws-row.

Now the right armhole opening is shaped with increases.

*Knit all sts until 1 st left, M1R, k1.
Purl 1 row.*

Repeat from *-* 10 (11) 12 (12) 13 (14) times in total.

There are 39 (41) 44 (46) 48 (51) sts on the needle.

BODY

Now the two front pieces and the back piece are joined on a circular needle.

Start with the left front piece and k all sts, then cast on 8 (8) 9 (10) 12 (12) sts at the end of the row (left armhole opening), continue knitting the back piece sts onto the same circular needle, cast on 8 (8) 9 (10) 12 (12) sts at the end of the row (right armhole opening), k all sts on the right front piece.

You've now joined the three parts.

There are 175 (183) 195 (205) 217 (229) sts on the needle.

Continue knitting back and forth in stockinette st, until your work measures 48 (49) 51 (52) 53 (54) cm centre back. End with a ws-row.

Change to needle 3,5 mm and knit 4,5 (4,5) 4,5 (5) 5 (5) cm as follows:

All ws-rows are worked as follows: k1, *k1, p1* repeat from *-* until 2 sts left, k2.
All ws-rows are worked as follows: p1, *p1, k1* repeat from *-* until 2 sts left, p2.

Cast off all sts with the tubular bind off method.

TIP! Are you not familiar with the Italian method, when casting off? Watch this video:
<https://www.youtube.com/watch?v=TPnmkWOUBFs>

SLEEVE EDGES

From the rs of your work, using needle 3,5 mm, begin under the armhole opening and knit up approx 134 (142) 148 (150) 156 (164) sts (equal to 1 st in every st).

Place a st marker at the beginning of the round.

Work in rib *k1, p1* in the round for 2 cm.

Cast off all sts with the tubular bind off method. Make sure to make the cast off quite tight.

Work a rib edge on the other armhole in the same way.

LEFT FRONT BAND

Using needle 3,5 mm knit up approx. 87 (89) 91 (93) 95 (97) sts along the front edge on the left front piece, from the rs of your work.

The number of sts is equal to 4 out of 5 sts.

Work the first row from the ws.

All ws-rows are worked as follows: slip one st as if to purl (with the yarn in front of the work), *k1, p1* repeat from *-* the rest of the row.

All rs-rows are worked as follows: k1, *p1, k1* repeat from *-* the rest of the row.

Continue working in rib until 8 rows knitted.

Cast off all sts with the tubular bind off method. Make sure to make the cast off quite tight.

RIGHT FRONT BAND

On the right front band, you'll make 5 buttonholes.

Using needle 3,5 mm knit up approx. 87 (89) 91 (93) 95 (97) sts along the front edge on the right front piece, from the rs of your work.

Work the first row from the ws.

All ws-rows are worked as follows: p1, *k1, p1* repeat from *-* until 1 st before the end of the row, k1.

All rs-rows are worked as follows: slip 1 st as if to purl (with the yarn in front of your work), *p1, k1* repeat from *-* for the rest of the row.

Work 3 rows in rib as described above.

On the next row the buttonholes are spaced evenly along the band.

Work from the right side as follows:

The buttonholes are made by a yarn over followed by a k2tog.

To get the most invisible and neat result, make sure to place the yarn over right before a purl st.

Place the buttonholes so that the first one is placed in the middle of the rib edge in the bottom of the body and the next four are spaced evenly along the front band.

Mark the placement with pin needles or stitch markers before you start knitting.

The buttonholes should approx. be placed as follows:

7 (7) 5 (5) 7 (7) sts rib, yarn over, k2tog, 14 (16) 16 (16) 16 (16) sts rib, yarn over, k2tog, 14 (14) 16 (16) 16 (16) sts rib, yarn over, k2tog, 14 (14) 16 (16) 16 (16) sts rib, yarn over, k2tog, 14 (14) 16 (16) 16 (16) sts rib, yarn over, k2tog, 14 (14) 12 (14) 14 (16) sts rib.

Continue working 4 rows of rib.

Cast off all sts with the tubular bind off method. Make sure to make the cast off quite tight.

NECK

Using needle 3,5 mm knit up approx. 103 (105) 109 (115) 115 (117) sts from the rs around the neck (equal to 1 st in every st).

The neck is made with edge sts at both rs and ws.

To make the edge st work as follows:

The first st on the row is always slipped as if to purl (with the yarn in front of your work). The last st on the row is always a k1.

Knit the first row from the ws.

Work 3 rows as follows:

Edge st, *p1, k1*, repeat from *-* until 2 sts left on the row, p1, edge st.

Now work the last buttonhole as follows:

Edge st, k1, p1, k1, yarn over, k2tog, *p1, k1 * until 1 st left on the row, edge st.

Continue working another 3 rows of rib.

Cast off all sts with the tubular bind off method. Make sure to make the cast off quite tight.

ASSEMBLY

Sew all loose threads and assemble 6 buttons on the left front band.

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