MARIS Cardigan

Valentina's
Knits

Introducing the Maris Cardigan, a warm and cozy addition to your wardrobe! This elegant cardigan features a scalloped neckline and an eye-catching circular yoke adorned with intricate lace and twisted stitches. The body of the cardigan is worked in simple stockinette, providing a lovely contrast to the detailed yoke.

With two yoke depth options and a seamless top-down construction, this pattern is easily adaptable to any preferred length. Plus, it is a pretty quick knit with a worsted/medium yarn weight, making it perfect for knitters looking to create a versatile and stylish garment in no time.

The range of ease across all the sizes is 21.5–24.5 cm/8.5-9.75". The picture shows size 3 with 22.5 cm/9"of positive ease and long yoke version.

YARN

CASCADE 220 HEATHERS by Cascade Yarns,
worsted/medium weight (100% Peruvian Highland Wool), 200 m/220 yds in 100 Gr.
Grams: 485 (515, 550, 605, 640) (685, 730, 785, 825)
Meters: 970 (1030, 1100, 1210, 1280) (1370, 1460, 1570, 1650)
Yards: 1065 (1135, 1210, 1330, 1410) (1505, 1605, 1725, 1815)
I used color No. 9452 Summer Sky Heather

NEEDLES

- 3 mm/U.S. size 2.5 80 cm/32" circular needles
- 3.5 mm/U.S. size 4 80 cm/32" circular needles, or size needed to obtain gauge
- 3.5 mm/U.S. size 4 double pointed needles or your preferred needles for knitting small circumference in the round (sleeves)

NOTIONS

- stitch holders or waste yarn
- markers for chart sections
- tapestry needle for tubular bind off and to weave in ends
- buttons (7 pcs., diameter ca. 1.5 cm/0.60")

GAUGE

20 sts/26 rows = 10 cm/4" square in stockinette stitch on 3.5 mm/U.S. size 4 needles after blocking

SIZES

1 (2, 3, 4, 5) *(6, 7, 8, 9)*
to fit chest circumference: 70 (80, 90, 100, 110) *(120, 130, 140, 150)* cm/28 (32, 36, 40, 44) *(48, 52, 56, 60)"*

FINISHED CHEST MEASUREMENT (BUTTONED)

94.5 (101.5, 112.5, 122.5, 132.5) (142.5, 152.5, 162.5, 172.5) cm
37.75 (40.5, 45, 49, 53) (57, 61, 65, 69)"

PATTERN NOTES

- The cardigan is worked flat, in one piece from the top down.
- You start with the round yoke work according to charts, then you separate for body and sleeves, work short rows to add height to the upper back thus shaping the neckline,
- After that, you work the body flat and sleeves in the round.
- The buttonband is worked together with the body, so you only will have to attach buttons and weave in ends after knitting, no additional work is needed.

SKILLS REQUIRED

- basics (knit/purl, increase/decrease)
- Italian tubular cast on bind off (written instructions and links to video tutorials are provided)
- short rows
- working in the round
- working from a chart (written instructions are also provided)
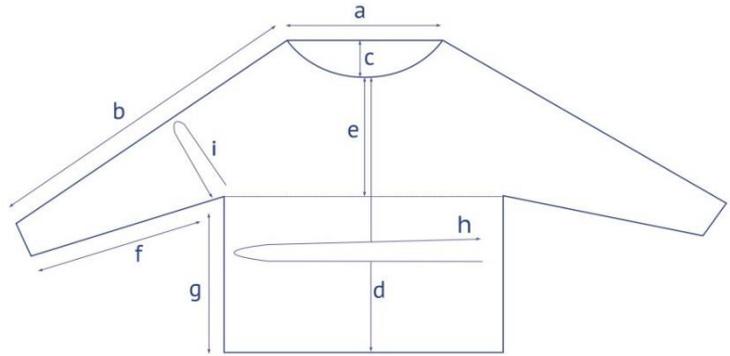
⊕ MEASUREMENTS

SIZES:	1	2	3	4	5	6	7	8	9	
a neck width	23	23	26	26	26	26	29	29	29	cm
	9.25	9.25	10.5	10.5	10.5	10.5	11.5	11.5	11.5	inch
b sleeve length	61/65	62/66	61/65	62.5/66.5	64/68	65/69	65.5/69.5	66.5/70.5	67/71	cm
	24.5/26	24.75/26.5	24.5/26	25/26.5	25.5/27.25	26/27.5	26.25/27.75	26.5/28.25	26.75/28.5	inch
c neck depth	5.5	5.5	5.5	5.5	5.5	5.5	5.5	5.5	5.5	cm
	2.25	2.25	2.25	2.25	2.25	2.25	2.25	2.25	2.25	inch
d center front length (short/long yoke)	51/55	51/55	51/55	52.5/56.6	53/57	54/58	53.5/57.5	54.5/58.5	55/59	cm
	20.5/22	20.5/22	20.5/22	21/22.5	21.25/22.75	21.5/23.25	21.5/23	21.75/23.5	22/23.5	inch
e center yoke length (short/long yoke)	23/27	23/27	23/27	24.5/28.5	26/30	27/31	27.5/31.5	28.5/32.5	29/33	cm
	9.25/10.75	9.25/10.75	9.25/10.75	9.75/11.5	10.5/12	10.75/12.5	11/12.5	11.5/13	11.5/13.25	inch
f sleeve length from underarm	38	38	38	38	38	38	38	38	38	cm
	15.25	15.25	15.25	15.25	15.25	15.25	15.25	15.25	15.25	inch
g body length from underarm	28	28	28	28	27	27	26	26	26	cm
	11.25	11.25	11.25	11.25	10.75	10.75	10.5	10.5	10.5	inch
h chest circumference (buttoned)	94.5	101.5	112.5	122.5	132.5	142.5	152.5	162.5	172.5	cm
	37.75	40.5	45	49	53	57	61	65	69	inch
i upper sleeve circumference	33	35	38	42	44	47	51	55	59	cm
	13.25	14	15.25	16.75	17.5	18.75	20.5	22	23.5	inch

⊙ ABBREVIATIONS

BO _bind off

BOR _beginning of round

CM _chart marker

CO _cast on

k _knit

k2(3,4)tog _knit 2 (3,4) stitches together (1 (2,3) stitch(es) decreased)

k tbl _knit through back loop

lli _left lifted increase: insert your left needle into the stitch two rounds below the one you just knitted on your right needle without twisting it; pick up the left leg of that stitch and lift it to your left needle; knit the new stitch through the back loop (1 stitch increased) video tutorial: https://www.youtube.com/watch?v=Y1BEw58Mflk

m1l _make one left: from front to back, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 stitch increased)

m1r _make one right: from back to front, lift the horizontal strand between stitches with the left needle and knit through the front loop (1 stitch increased)

m1l-p _make one left purlwise: from front to back, lift the horizontal strand between stitches with the left needle and purl through the back loop (1 stitch increased)

m1r-p _make one right purlwise: from back to front, lift the horizontal strand between stitches with the left needle and purl through the front loop (1 stitch increased)

(M)M _(main) marker

p2tog _purl 2 stitches together (1 stitch decreased)

P(M)M _place (main) marker

rep _repeat

RND _round

RS _right side

sl1(2)wyb _slip 1 (2) stitch(es) with yarn held in back

sl1(2)wyf _slip 1 (2) stitch(es) with yarn held in front

SLMM _slip main marker

ss(s(s))k _slip-slip-(slip(slip))knit: slip the next 2 (3,4) stitches, one by one, knitwise; insert the tip of the left needle, from left to right, into the fronts of those 2 (3,4) stitches and knit them together (1 (2,3) stitch(es) decreased)

ssp _slip-slip-purl: slip the next 2 stitches, one by one to your right needle, knitwise; move these 2 stitches back to the left needle; insert the right needle into these 2 stitches through their back loops and purl them together (1 stitch decreased)

st (sts) _stitch (stitches)

WS _wrong side

yo _yarn over

PATTERN STITCHES:

TUBULAR CAST ON METHOD
(for working flat):

Using backwards loop cast on and waste yarn, CO half of the required amount of sts, rounding up the half st to one st (e.g. if you need 159 sts, you CO 80 sts).
From this CO, (pick up and k1, yo) to end of RND, ending with a k1 stitch. Turn work.
Row 1 (RS): (sl1wyf, k1) to last st, p1.
Row 2 (WS): sl1wyb, (sl1wyf, k1) to to end of Row.
Row 3: rep Row 1.
Row 4: rep Row 2.
Row 5: rep Row 1.
Row 6: rep Row 2.

video tutorial for reference:
https://www.youtube.com/watch?v=-mNUMUZj5HM&t=71s

TUBULAR BIND-OFF METHOD
(for working flat):

Row 1 (RS): (k1, sl1wyf) to last st, k1.
Row 2 (WS): rep Row 1.
Graft the edge using Kitchener Stitch.
video tutorial for reference:
https://youtu.be/7SxUp64Mp_s?si=s3kEaPEXYKU2OeKc

TUBULAR BIND-OFF METHOD
(for working in the round):

RND 1: (k1, sl1wyf) to end of RND.
RND 2: (sl1wyb, p1) end of RND.
Graft the edge using Kitchener Stitch.
video tutorial for reference:
https://www.youtube.com/watch?v=UzUapAv3cQM

INSTRUCTIONS:

SECTION 1:   CO AND YOKE

With smaller needles, using tubular cast on method (see Pattern Stitches on Page 4), CO 165 (165, 185, 185, 185) *(185, 205, 205, 205)* sts.

After completing the 6 Rows of the Tubular Cast On, continue as follows:

Row 1 (RS): sl2wyb, (p1, k tbl) x 5, PM, work Row 1 of CHART 1 as follows: 1 st before chart repeat, 7 (7, 8, 8, 8) *(8, 9, 9, 9)* times chart repeat marked red, PM, (k tbl, p1) x 5, k2.

Row 2 (WS): sl2wyf, (k1, sl1wyf) x 5, SLM, work next Row of CHART 1 as established (7 (7, 8, 8, 8) *(8, 9, 9, 9)* times chart repeat marked red, 1 st after chart repeat), SLM, (sl1wyf, k1) x 5, p2.

CHART 1

LEGEND

Symbol	RS: k tbl	Symbol	RS: purl WS: knit	Symbol	RS: m1r	Symbol	RS: m1l	Symbol	WS: m1r
	WS: m1l		RS: ssk WS: ssp		RS: k2tog WS: p2tog		WS: sl1wyf		chart repeat

NOTES:

- **For written Instructions to CHARTS please refer to Pages 11-13.**

- **Place CM after each chart repeat for better tracking.**

- **The 2 edge sts in the beginning and end of each Row will be worked as follows:**
  RS: sl2wyb in the beginning and k2 in the end.

  WS: sl2wyf in the beginning and p2 in the end.

- **The 10 sts of button band in the beginning and end of each Row will be worked as follows:**
  RS: (p1, k tbl) x 5 in the beginning and (k tbl, p1) x 5 in the end.
  WS: (k1, sl1wyf) x 5 in the beginning and (sl1wyf, k1) x 5 in the end.

Continue working as established, making first button hole in Rows 3 and 4 as follows:

BUTTON HOLE:

Row 3 (RS): sl2wyb, (p1, k tbl) x 5, SLM, work next Row of CHART 1 as follows: 1 st before chart repeat, 7 (7, 8, 8, 8) *(8, 9, 9, 9)* times chart repeat marked red, SLM, (k tbl, p1) x 2, ssk tbl, yo, (k tbl, p1) x 2, k2.
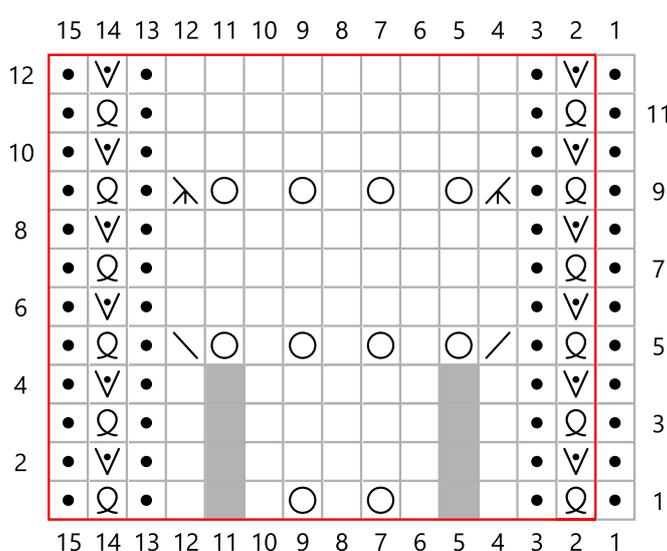**Row 4 (WS):** rep Row 2.

NOTE: work the button hole as described above in 22-Row-Intervals along the right front side of your cardigan.

Work as established until you have finished all Rows of CHART 1.

SWITCH TO LARGER NEEDLES and continue with CHART 2, adding CM where necessary (you will work 2 repeats of CHART 2 over 1 repeat of CHART 1).

CHART 2

LEGEND

☐	RS: k WS: p	▣ (•)	RS: p WS: k
Ω	RS: k tbl	○	yo
⋏	RS: k3tog	⋌	RS: sssk
ⱽ	WS: sl1wyf	▓	no stitch
╱	RS: k2tog WS: p2tog	╲	RS: ssk WS: ssp
▢ (red)	chart repeat		

After finishing all Rows of CHART 2, you have 221 (221, 249, 249, 249) *(249, 277, 277, 277)* sts (4 edge sts, 2x10 sts of button bands and 197 (197, 225, 225, 225) *(225, 253, 253, 253)* sts of body).

Work CHART 3.

CHART 3
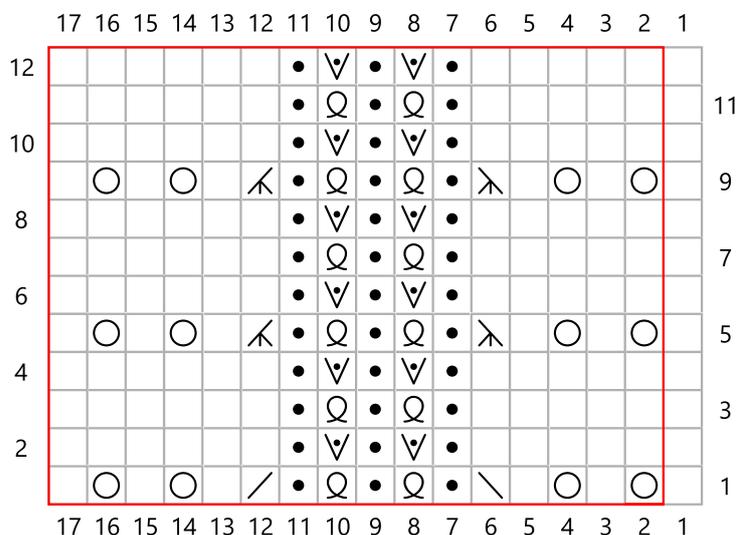
LEGEND

☐	RS: k; WS: p
▣ (•)	RS: p; WS: k
Ω	RS: k tbl
○	yo
╲	RS: ssk
╱	RS: k2tog
ⱽ	WS: sl1wyf
⋏	RS: k3tog
⋌	RS: sssk
▢ (red)	chart repeat

After finishing CHART 3, you have 249 (249, 281, 281, 281) *(281, 313, 313, 313)* sts (4 edge sts, 2x10 sts of button bands and 225 (225, 257, 257, 257) *(257, 289, 289, 289)* sts of body).

NOTE:

the short yoke is 4 cm/1.5" shorter than the long yoke option. If you are making the short yoke, please work Rows 1-24 of CHART 4 only! For the longer yoke option, please work all 36 Rows of CHART 4.

CHART 4
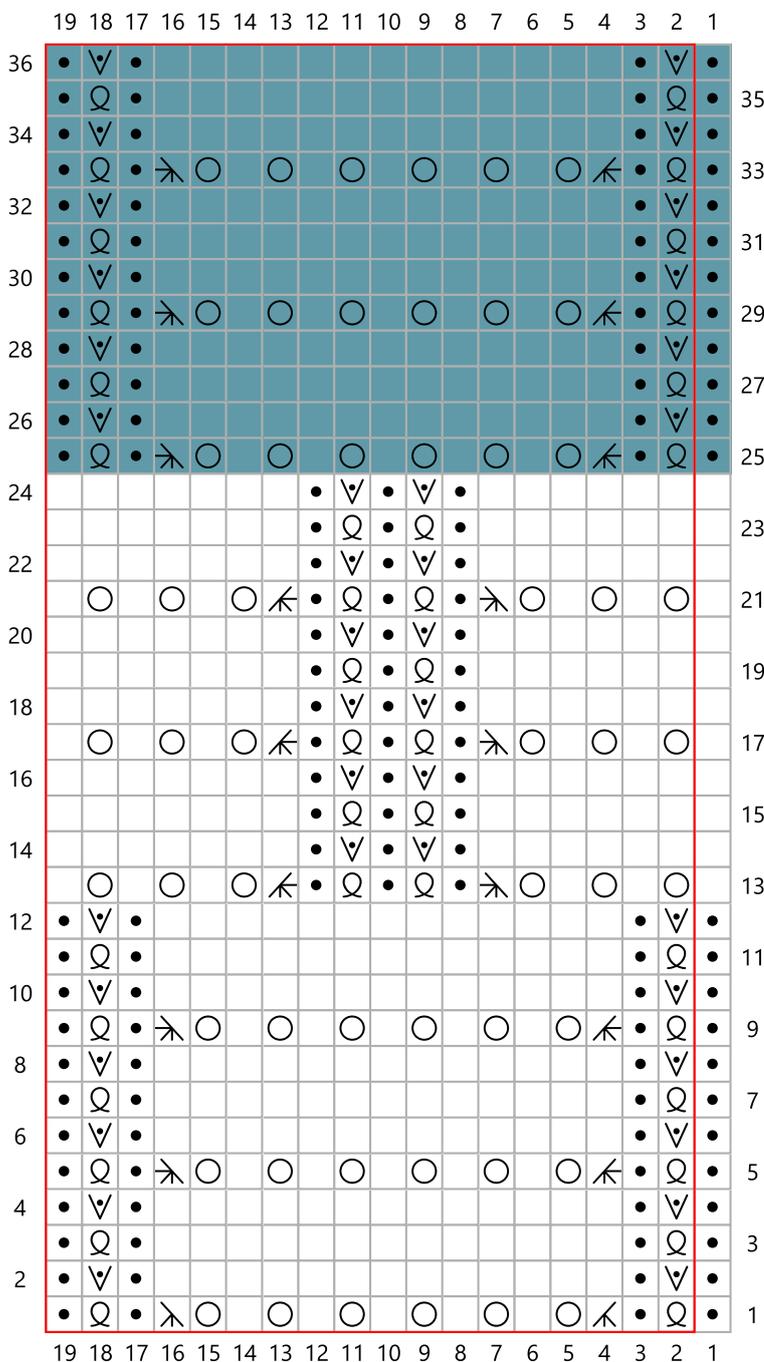
LEGEND

☐	RS: k; WS: p
•	RS: p; WS: k
Ϙ	RS: k tbl
◯	yo
⋋	RS: sssk
⋌	RS: k3tog
⋋	ssssk
⋌	k4tog
V̇	WS: sl1wyf
☐ (red)	chart repeat
☐ (teal)	work only for long yoke

After finishing CHART 4, you have 277 (277, 313, 313, 313) *(313, 349, 349, 349)* sts (4 edge sts, 2x10 sts of button bands and 253 (253, 289, 289, 289) *(289, 325, 325, 325)* sts of body).

Finish yoke with CHART 5 (please use the right chart for your option depending on whether you are going for a long or short yoke):

CHART 5 for short yoke

CHART 5 for long yoke

LEGEND

Symbol	Meaning	Symbol	Meaning
☐	RS: k / WS: p	•	RS: p / WS: k
Ⴒ	RS: k tbl	V	WS: sl1wyf
⅄ (right)	RS: m1l-p	Ⱶ	RS: m1r-p
☐ (red)	chart repeat	Ⱶ	RS: m1r / WS: m1r-p
⅄	RS: m1l / WS: m1l-p	╱	RS: k2tog / WS: p2tog
╲	RS: ssk / WS: ssp		

In last Row of CHART 5, remove all CM.

After finishing CHART 5, you have 305 (305, 345, 345, 345) *(345, 385, 385, 385)* sts (4 edge sts, 2x10 sts of button bands and 281 (281, 321, 321, 321) *(321, 361, 361, 361)* sts of body).

Work increase Row for SIZES 2, 4-9 only:

Increase Row (RS):

SIZE 2: sl2wyb, (p1, k tbl) x 5, k1, *k20, l1i; rep from * to last 12 sts, (k tbl, p1) x 5, k2 (14 sts increased, 319 sts).

SIZE 4: sl2wyb, (p1, k tbl) x 5, *(k9, l1i) x 11, k8, l1i; rep from * to last 12 sts, (k tbl, p1) x 5, k2 (36 sts increased, 381 sts).

SIZE 5: sl2wyb, (p1, k tbl) x 5, k6, l1i, *(k6, l1i) x 8, (k5, l1i) x 3; rep from * to last 12 sts, (k tbl, p1) x 5, k2 (56 sts increased, 401 sts).

SIZE 6: sl2wyb, (p1, k tbl) x 5, l1i, (k3, l1i) x 4, *(k4, l1i) x 3, k3, l1i; rep from * to last 21 sts, (k3, l1i) x 3, (k tbl, p1) x 5, k2 (88 sts increased, 433 sts).

SIZE 7: sl2wyb, (p1, k tbl) x 5, *(k5, l1i) x 3, k4, l1i; rep from * to last 12 sts, (k tbl, p1) x 5, k2 (76 sts increased, 461 sts).

SIZE 8: sl2wyb, (p1, k tbl) x 5, (k3, l1i) x 6, *(k3, l1i) x 3, k4, l1i; rep from * to last 30 sts, (k3, l1i) x 6, (k tbl, p1) x 5, k2 (112 sts increased, 497 sts).

SIZE 9: sl2wyb, (p1, k tbl) x 5, (k2, l1i) x 3, *(k3, l1i) x 3, (k2, l1i) x 2; rep from * to last 16 sts, (k2, l1i) x 2, (k tbl, p1) x 5, k2 (140 sts increased, 525 sts).

Work 0 (1, 0, 3, 7) (9, 11, 13, 15) rows, continue to work the edge stitches and button bands as established, remainder of stitches worked in stockinette.

SECTION 2: SEPARATION OF BODY AND SLEEVES, ADDING LENGTH TO UPPER BACK

Row 1 (RS): sl2wyb, (p1, k tbl) x 5, SLM, k40 (42, 47, 52, 56) *(61, 65, 70, 74)*, slip next 58 (60, 64, 72, 74) *(80, 86, 94, 100)* sts onto stitch holder, CO 6 (8, 10, 10, 12) *(12, 14, 14, 16)* sts for underarm, k85 (91, 99, 109, 117) *(127, 135, 145, 153)*, slip next 58 (60, 64, 72, 74) *(80, 86, 94, 100)* sts to stitch holder, CO 6 (8, 10, 10, 12) *(12, 14, 14, 16)* sts for underarm, k40 (42, 47, 52, 56) *(61, 65, 70, 74)*, SLM, (k tbl, p1) x 5, k2 (201 (215, 237, 257, 277) *(297, 317, 337, 357)* sts).

Row 2 (WS): sl2wyf, (k1, sl1wyf) x 5, SLM, p to M, SLM, (sl1wyf, k1) x 5, p2.

Now you add length to the upper back part in order to create a difference in height between the back and the front part for better fitting. For this purpose, you work short rows as follows:

NOTES:

- **I am using YO Short Rows Method, but you can use any other method you prefer.**
- **When using YO SR Method, YOs are made at the turning point and are knit or purled together with the next st in the next row; they are not made for increases, i.e. your stitch count remains the same throughout the whole SR-Section.**
- **Your turning point for Short Rows lies in the underarms to make it less visible.**

SR 1 (RS): sl2wyb, (p1, k tbl) x 5, SLM, k130 (140, 157, 172, 186) *(201, 215, 230, 244)*, turn.
SR 2 (WS): yo, p83 (89, 101, 111, 119) *(129, 137, 147, 155)*, turn.
SR 3: yo, k to yo, k the yo and the next st as k2tog, k1, turn.
SR 4: yo, p to yo, k the yo and next st as ssp, p1, turn.

Work SR 3 and 4 four times more.

Now you continue working as follows:

Row 1 (RS): yo, k to yo, k the yo and next st as k2tog, k to M, SLM, (k tbl, p1) x 5, k2.
Row 2 (WS): sl2wyf, (k1, sl1wyf) x 5, p to 1 st before yo, p this st and yo as ssp, p to M, SLM, (sl1wyf, k1) x 5, p2.

SECTION 3: LOWER BODY AND HEM

Continue working the body flat in stockinette as established, with button bands on each side, until your body measures 21 (21, 21, 21, 20) *(20, 19, 19, 19)* cm/8.5 (8.5, 8.5, 8.5, 8) *(8, 7.5, 7.5, 7.5)"* from underarm (or your desired length minus 7 cm/2.75").

Switch to smaller needles and work hem in twisted ribbing with slipped sts as follows (removing the remaining markers):

Row 1 (RS): sl2wyb, (p1, k tbl) to last 3 sts, p1, k2.
Row 2 (WS): sl2wyf, (k1, sl1wyf) to last 3 sts, k1, p2.

Rep Rows 1 and 2 until your hem measures 7 cm/2.75" and BO using tubular BO method for working flat (see Pattern Stitches on Page 4).

SECTION 4:   SLEEVES

With larger needles, from center of underarm, pick up and knit 3 (4, 5, 5, 6) *(6, 7, 7, 8)* sts, pick up and knit 1 st between the under-arm sts and the sleeve sts, knit 58 (60, 64, 72, 74) *(80, 86, 94, 100)* sts from the stitch holder, pick up and knit 1 st between the underarm sts and the sleeve sts, pick up and knit 3 (4, 5, 5, 6) (6, 7, 7, 8) sts from underarm (66 (70, 76, 84, 88) *(94, 102, 110, 118) sts)*. PMM for BOR.

Knit in the round, working Decrease RND* every 12th (10th, 7th, 6th, 5th) *(4th, 4th, 4th, 3rd)* RND 6 (7, 10, 6, 14) *(17, 10, 3, 18)* times, then every 0 (0, 0, 5th, 0) *(0, 3rd, 3rd, 2nd)* RND 0 (0, 0, 7, 0) *(0, 10, 20, 9)* times (12 (14, 20, 26, 28) *(34, 40, 46, 54)* sts decreased, 54 (56, 56, 58, 60) *(60, 62, 64, 64)* sts.

*Decrease RND: SLMM, k1, k2tog, k to 3 sts before MM, ssk, k1.

Continue until your sleeve measures 31 cm/12.5" from underarm (or your desired length minus 7 cm/2.75").

Switch to smaller needles and work cuff as follows:

RND 1: (k tbl, p1) to end of RND.
RND 2: (sl1wyb, p1) to end of RND.

Rep RNDs 1 and 2 until your cuff measures 7 cm/2.75" and BO using tubular BO method for working in the round (see Pattern Stitches on Page 4).

Rep for second sleeve.

FINISHING

Weave in ends, block to measurements and attach buttons.

The cardigan is finished! #mariscardigan

Should you have any questions, comments or difficulties with my pattern, please contact me: via e-mail: *valyabog@gmail.com*
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Many thanks for grading and technical editing: Josephine Kush *@josephine_kush*

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It is prohibited to sell items that are knitted from this pattern.
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WRITTEN INSTRUCTIONS TO CHARTS:

(Buttonbands and Edge Stitches are not included into written instructions):

CHART 1 (work with smaller needles):
Row 1 (RS): p1, (m1r, (k tbl, p1) × 3, k tbl, k2tog, p1, ssk, (k tbl, p1) × 3, k tbl, m1l, p1) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*.

Row 2 (WS): (k1, sl1wyf, m1l, (sl1wyf, k1) × 3, ssp, k1, p2tog, (k1, sl1wyf) × 3, m1r, sl1wyf) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*, k1.

Row 3: p1, (k tbl, p1, m1r, (k tbl, p1) × 2, k tbl, k2tog, p1, ssk, (k tbl, p1) × 2, k tbl, m1l, p1, k tbl, p1) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*.

Row 4: ((k1, sl1wyf) × 2, m1l, (sl1wyf, k1) × 2, ssp, k1, p2tog, (k1, sl1wyf) × 2, m1r, sl1wyf, k1, sl1wyf) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*, k1.

Row 5: p1, ((k tbl, p1) × 2, m1r, k tbl, p1, k tbl, k2tog, p1, ssk, k tbl, p1, k tbl, m1l, (p1, k tbl) × 2, p1) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*.

Row 6: ((k1, sl1wyf) × 3, m1l, sl1wyf, k1, ssp, k1, p2tog, k1, sl1wyf, m1r, (sl1wyf, k1) × 2, sl1wyf) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*, k1.

Row 7: p1, ((k tbl, p1) × 3, m1r, k tbl, k2tog, p1, ssk, k tbl, m1l, (p1, k tbl) × 3, p1) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*.

Row 8: ((k1, sl1wyf) × 4, m1l, ssp, k1, p2tog, m1r, (sl1wyf, k1) × 3, sl1wyf) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*, k1.

Row 9: p1, ((k tbl, p1) × 10) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*.

Row 10: ((k1, sl1wyf) × 10) × 7 (7, 8, 8, 8) *(8, 9, 9, 9)*, k1.

CHART 2 (switch to larger needles):
Row 1 (RS): p1, (k tbl, p1, k2, yo, k1, yo, k2, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, (2 sts increased per chart repeat).

Row 2 (WS): (k1, sl1wyf, k1, p7, k1, sl1wyf) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, k1.

Row 3: p1, (k tbl, p1, k7, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 4: rep Row 2.

Row 5: p1, (k tbl, p1, k2tog, (yo, k1) × 3, yo, ssk, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, (2 sts increased per chart repeat).

Row 6: (k1, sl1wyf, k1, p9, k1, sl1wyf) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, k1.

Row 7: p1, (k tbl, p1, k9, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 8: rep Row 6.

Row 9: p1, (k tbl, p1, k3tog, (yo, k1) × 3, yo, sssk, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 10: rep Row 6.

Row 11: rep Row 7.

Row 12: rep Row 6.

CHART 3:
Row 1 (RS): k1, ((yo, k1) × 2, ssk, (p1, k tbl) × 2, p1, k2tog, (k1, yo) × 2, k1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*. (2 sts increased per chart repeat).

Row 2 (WS): (p6, (k1, sl1wyf) × 2, k1, p5) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 3: k1, (k5, (p1, k tbl) × 2, p1, k6) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 4: rep Row 2.

Row 5: k1, ((yo, k1) × 2, sssk, (p1, k tbl) × 2, p1, k3tog, (k1, yo) × 2, k1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Rows 6 - 9: rep Rows 2 - 5.

Row 10: rep Row 2.

Row 11: rep Row 3.

Row 12: rep Row 2.

CHART 4:

Row 1 (RS): p1, (k tbl, p1, k3tog, (yo, k1) × 5, yo, sssk, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*. (2 sts increased per chart repeat).

Row 2 (WS): (k1, sl1wyf, k1, p13, k1, sl1wyf) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, k1.

Row 3: p1, (k tbl, p1, k13, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 4: rep Row 2.

Row 5: p1, (k tbl, p1, k4tog, (yo, k1) × 5, yo, ssssk, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Rows 6 - 9: rep Rows 2 - 5.

Row 10: rep Row 2.

Row 11: rep Row 3.

Row 12: rep Row 2.

Row 13: k1, ((yo, k1) × 2, yo, ssssk, (p1, k tbl) × 2, p1, k4tog, (yo, k1) × 3) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 14: (p7, (k1, sl1wyf) × 2, k1, p6) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 15: k1, (k6, (p1, k tbl) × 2, p1, k7) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 16: rep Row 14. (289 sts)

Rows 17 - 24: rep Rows 13 - 16.

STOP HERE, if you are making a shorter yoke. Skip the rest and continue with CHART 5 for short yoke.

Row 25: p1, (k tbl, p1, k4tog, (yo, k1) × 5, yo, ssssk, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 26: (k1, sl1wyf, k1, p13, k1, sl1wyf) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, k1.

Row 27: rep Row 3.

Row 28: rep Row 2.

Row 29: p1, (k tbl, p1, k4tog, (yo, k1) × 5, yo, ssssk, p1, k tbl, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 30: rep Row 2.

Row 31: rep Row 3.

Rows 32 - 35: rep Rows 28 - 31.

Row 36: rep Row 2.

CHART 5 for short yoke:

Row 1 (RS): k1, ((k tbl, p1) × 2, k tbl, m1r-p, (k tbl, p1) × 3, k tbl, m1l-p, (k tbl, p1) × 3) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, (2 sts increased per chart repeat).

Row 2 (WS): ((k1, sl1wyf) × 10) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 3: k1, ((k tbl, p1) × 10) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 4: rep Row 2.

Row 5: k1, (ssk, (k tbl, p1) × 3, k tbl, m1l, k1, m1r, (k tbl, p1) × 3, k tbl, k2tog, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 6: (k1, p2tog, (k1, sl1wyf) × 3, m1r-p, p3, m1l-p, (sl1wyf, k1) × 3, ssp) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 7: k1, (ssk, (k tbl, p1) × 2, k tbl, m1l, k5, m1r, (k tbl, p1) × 2, k tbl, k2tog, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 8: (k1, p2tog, (k1, sl1wyf) × 2, m1r-p, p7, m1l-p, (sl1wyf, k1) × 2, ssp) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 9: k1, (ssk, k tbl, p1, k tbl, m1l, k9, m1r, k tbl, p1, k tbl, k2tog, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 10: (k1, p2tog, k1, sl1wyf, m1r-p, p11, m1l-p, sl1wyf, k1, ssp) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 11: k1, (ssk, k tbl, m1l, k13, m1r, k tbl, k2tog, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 12: (k1, p2tog, m1r-p, p15, m1l-p, ssp) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

CHART 5 for long yoke:

Row 1 (RS): k1, (k tbl, p1, k tbl, m1l-p, (k tbl, p1) × 5, k tbl, m1r-p, (k tbl, p1) × 2) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, (2 sts increased per chart repeat).

Row 2 (WS): ((k1, sl1wyf) × 10) × 16, p1.

Row 3: k1, ((k tbl, p1) × 10) × 16.

Row 4: Repeat row 2.

Row 5: k1, (m1r, (k tbl, p1) × 3, k tbl, k2tog, p1, ssk, (k tbl, p1) × 3, k tbl, m1l, k1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 6: (p2, m1l-p, (sl1wyf, k1) × 3, ssp, k1, p2tog, (k1, sl1wyf) × 3, m1r-p, p1) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 7: k1, (k2, m1r, (k tbl, p1) × 2, k tbl, k2tog, p1, ssk, (k tbl, p1) × 2, k tbl, m1l, k3) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 8: (p4, m1l-p, (sl1wyf, k1) × 2, ssp, k1, p2tog, (k1, sl1wyf) × 2, m1r-p, p3) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 9: k1, (k4, m1r, k tbl, p1, k tbl, k2tog, p1, ssk, k tbl, p1, k tbl, m1l, k5) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 10: (p6, m1l-p, sl1wyf, k1, ssp, k1, p2tog, k1, sl1wyf, m1r-p, p5) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.

Row 11: k1, (k6, m1r, k tbl, k2tog, p1, ssk, k tbl, m1l, k7) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*.

Row 12: (p8, m1l-p, ssp, k1, p2tog, m1r-p, p7) × 14 (14, 16, 16, 16) *(16, 18, 18, 18)*, p1.