



**Urban Adventure Pullover** a pattern from *Sari Nordlund*

**THE URBAN ADVENTURE PULLOVER.** I'm calling this the Urban Adventure pullover because lately, I've seen so many trendy outfits combining streetwear and traditional Icelandic-inspired sweaters. I wanted to create a sweater that can be used as an everyday sweater both in the city and on weekend trips to hiking trails and summer cottages (both very essential parts of the Finnish lifestyle!)

The Urban Adventure pullover is knitted seamlessly top-down, starting at the neckband. The sleeves and body are separated at the underarm and knitted separately.

The yoke is knitted in stranded colorwork with increases incorporated into the pattern. Choose 3 colors with enough contrast for the best result (ie. one that is very light, one that is medium contrast and one that is clearly darker). If you want to knit this sweater in two colors only, knit the patterns using MC and CC2 in one color and CC1 in another color.



<b>Sizes</b>	1 (2, 3, 4, 5, <b>6, 7, 8, 9</b> )
<b>Intended ease</b>	5-7.5 cm / 2-3 inches of positive ease at bust
<b>A - Finished bust circumference (including intended ease)</b>	81 (91, 101, 111, 121, <b>131, 141, 151, 161</b> ) cm 32 (35.75, 39.75, 43.75, 47.75, <b>51.5, 55.5, 59.5, 63.5</b> ) inches
<b>B - Body length from hem to underarm (adjustable)</b>	25 (25, 25, 25, 27, <b>27, 27, 29, 29</b> ) cm 10 (10, 10, 10, 10.75, <b>10.75, 10.75, 11.5, 11.5</b> ) inches
<b>C - Yoke length</b>	25 (25, 25, 26, 26, <b>26, 27, 27, 28</b> ) cm 9.75 (9.75, 9.75, 10.25, 10.25, <b>10.25, 10.75, 10.75, 11</b> ) inches
<b>D - Sleeve length from cuff to underarm (adjustable)</b>	44 (44, 44, 46, 46, <b>46, 48, 48, 48</b> ) cm 17.25 (17.25, 17.25, 18, 18, <b>18, 19, 19, 19</b> ) inches
<b>E - Upper arm circumference</b>	37 (38, 40, 42, 46, <b>51, 56, 59, 61</b> ) cm 14.5 (15, 15.75, 16.5, 18, <b>20, 21.75, 23.25, 24</b> ) inches
<b>F - Cuff circumference</b>	22 (22, 27, 27, 27, <b>27, 29, 29, 29</b> ) cm 8.75 (8.75, 10.75, 10.75, 10.75, <b>10.75, 11.5, 11.5, 11.5</b> ) inches

## Yarn

*Note: Please be aware that adjusting the lengths of the garment will also affect the amount of yarn needed to finish the project.*

**MC:** 3 (3, 4, 4, 4, **5, 5, 5, 6**) skeins of Cascade 220 Heathers (100 % wool; 201 m / 220 yards per 100 g) or 500 (550, 600, 675, 725, **800, 900, 975, 1075**) m / 550 (600, 675, 725, 800, **875, 975, 1075, 1175**) yards of similar worsted weight yarn, shown in colorway 8012 Doeskin,

and

**CC1:** 1 (1, 1, 1, 2, **2, 2, 2, 2**) skeins of Cascade 220 (100 % wool; 201 m / 220 yards per 100 g) or 150 (175, 175, 200, 225, **250, 275, 300, 325**) m / 175 (175, 200, 225, 250, **275, 300, 325, 350**) yards of similar worsted weight yarn, shown in colorway 8010 Natural,

and

**CC2:** 1 skein of Cascade 220 Heathers for all sizes (100 % wool; 201 m / 220 yards per 100 g) or 75 (75, 75, 100, 100, **100, 125, 125, 150**) m / 75 (75, 100, 100, 100, **125, 125, 150, 175**) yards of similar worsted weight yarn, shown in colorway 2453 Pumpkin Spice

## Needles

### Size A:

4.0 mm / US6 DPNs or a circular needle with a cable suitable for small circumference knitting for cuffs

4.0 mm / US6 circular needle with a cable length of 40 cm / 16 inches for the neckline

4.0 mm / US6 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the hem

### Size B:

4.5 mm / US7 DPNs or a circular needle with a cable suitable for small circumference knitting for sleeves

4.5 mm / US7 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the main part

### Size C:

5.0 mm / US8 circular needle with a cable length of 60 cm / 24 inches for smaller sizes and 80 cm / 32 inches for larger sizes for the colorwork

5.0 mm / US8 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the colorwork

*Note: Always use the needle size that gets you the right gauge! I recommend knitting the colorwork using a needle one size larger than you would normally use for Stockinette stitch with the same yarn weight.*

## Gauge

18 sts and 22 rounds = 10 cm / 4 inches of colorwork on size C and Stockinette stitch on size B needles, in the round, after blocking

## Notions

1 stitch marker  
waste yarn  
sewing needle  
blocking tools

## INSTRUCTIONS

### NECKBAND

With the size A needles (size suggested 4.0 mm / US 6) and MC yarn, CO 90 (96, 102, 104, 106, **108, 108, 110, 110**) sts using the Long-Tail Cast On method. Pm for BOR and join in the round careful not to twist the ring of sts.

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Continue as est until the neckband measures 4.5 cm / 1.75 inches from the CO edge.

Sizes 1-3 only:

**Next Round:** K all.

Size 4 only:

**Increase Round:** \*K26, m1L; repeat from \* until end. (- (-, -, 4, -, -, -, -) sts inc'd, - (-, -, 108, -, -, -, -) sts on needles)

Size 5 only:

**Increase Round:** \*(K13, m1L)x3, k14, m1L; repeat from \* until end. (- (-, -, -, 8, -, -, -, -) sts inc'd, - (-, -, -, 114, -, -, -, -) sts on needles)

Size 6 only:

**Increase Round:** \*K6, m1L; repeat from \* until end. (- (-, -, -, -, **18**, -, -, -) sts inc'd, - (-, -, -, -, **126**, -, -, -) sts on needles)

Size 7 only:

**Increase Round:** \*K4, m1L, k5, m1L; repeat from \* until end. (- (-, -, -, -, -, **24**, -, -) sts inc'd, - (-, -, -, -, -, **132**, -, -) sts on needles)

Size 8 only:

**Increase Round:** \*(K3, m1L) x 3, k4, m1L; repeat from \* until 6 sts remain, (k3, m1L) x 2. (- (-, -, -, -, -, -, **34**, -) sts inc'd, - (-, -, -, -, -, -, **144**, -) sts on needles)



Size 9 only:

Increase Round: \*(K3, m1L) x 3, k2, m1L; repeat from \* until end. (- (-, -, -, -, -, -, **40**) sts inc'd, - (-, -, -, -, -, -, **150**) sts on needles)

## YOKE

All sizes resume:

Change to size C needles (size suggested 5.0 mm / US 8).

*Note: Remember to check your gauge a few rows into the colorwork pattern and change needle sizes if necessary. I usually stretch out the stitches on my right needle every now and then to make sure my yarn floats are long enough so that the fabric won't start to pucker. I usually catch any yarn floats that are longer than 4 stitches by twisting the yarns behind the work.*

Start working as instructed on the Round 1 of the chart. The chart repeats 15 (16, 17, 18, 19, **21, 22, 24, 25**) times on each round. Then work Rounds 2-49 of the chart.

At the end of the chart there are 240 (256, 272, 288, 304, **336, 352, 384, 400**) sts on needles.

Break contrasting yarns and continue in MC only. Change to size B needles (size suggested 4.5 mm / US 7) and work 1 round in Stockinette stitch (= knit all stitches).

Sizes 1 and 2 only:

**Increase round:** \*K24 (16, -, -, -, -, -, -), m1L; repeat from \* until end. (10 (16, -, -, -, -, -, -) sts inc'd, 250 (272, -, -, -, -, -, -) sts on needles.)

Sizes 3 only:

**Increase round:** K2, \*k15, m1L; repeat from \* until end. (- (-, 18, -, -, -, -, -) sts inc'd, - (-, 290, -, -, -, -, -) sts on needles.)

Size 4 only:

**Increase Round:** (K12, m1L) x 2, \*k10, m1L; repeat from \* until 24 sts remain, (k12, m1L) x 2. (- (-, -, 28, -, -, -, -) sts inc'd, - (-, -, 316, -, -, -, -) sts on needles.)

Size 5 only:

**Increase Round:** \*(K7, m1L) x 3, k8, m1L; repeat from \* until 14 sts remain, (k7, m1L) x 2. (- (-, -, -, 42, -, -, -) sts inc'd, - (-, -, -, 346, -, -, -) sts on needles.)

Size 6 only:

**Increase Round:** \*(K8, m1L) x 3, (k9, m1L) x 2; repeat from \* until end. (- (-, -, -, -, **40**, -, -, -) sts inc'd, - (-, -, -, -, **376**, -, -, -) sts on needles.)

### Size 7 only:

Increase Round: K2, \*k6, m1L; repeat from \* until 2 sts remain, k2. (- (-, -, -, -, -, **58**, -, -) sts inc'd, - (-, -, -, -, -, **410**, -, -) sts on needles.)

### Size 8 only:

Increase Round: \*(K7, m1L) x 4, k6, m1L; repeat from \* until 10 sts remain, k7, m1L, k3. (- (-, -, -, -, -, -, **56**, -) sts inc'd, - (-, -, -, -, -, -, **440**, -) sts on needles.)

### Size 9 only:

Increase Round: \*(K7, m1L) x 4, k6, m1L; repeat from \* until 26 sts remain, (k7, m1L) x 3, k5. (- (-, -, -, -, -, -, **58**) sts inc'd, - (-, -, -, -, -, -, **458**) sts on needles.)

### All sizes resume:

Work in Stockinette stitch until the yoke measures 25 (25, 25, 26, 26, **26, 27, 27, 28**) cm / 9.75 (9.75, 9.75, 10.25, 10.25, **10.25, 10.75, 10.75, 11**) inches from the top of the colorwork yoke (not including the neckband).

## SEPARATE BODY AND SLEEVES

*Note: This is a good place to put the sts on a piece of waste yarn and try the yoke on to see how it fits. If you need to add extra length, you can knit a few more rounds in Stockinette stitch before separating the body and the sleeves.*

**Next Round:** K33 (38, 41, 46, 50, **54, 58, 63, 66**), put the next 58 (60, 62, 66, 72, **80, 88, 94, 96**) sts on hold for the right sleeve, CO 6 (6, 8, 8, 8, **10, 10, 10, 12**) sts for underarm, k67 (76, 83, 92, 101, **108, 117, 126, 133**), put the next 58 (60, 62, 66, 72, **80, 88, 94, 96**) sts on hold for the left sleeve, CO 6 (6, 8, 8, 8, **10, 10, 10, 12**) sts for underarm, k until end. Pm for BOR (= center back) and continue working in the round. (146 (164, 182, 200, 218, **236, 254, 272, 290**) sts on needles for the body)

## SHORT-ROW SHAPING FOR THE BACK

This part is optional, so if you don't want to do the short-row shaping you can continue straight to the instructions for the body. The short-rows are worked at each armhole to make the back longer than the front.

Work 1 round of Stockinette stitch.

**Short-row 1 (RS):** K33 (38, 41, 46, 50, **54, 58, 63, 66**), turn the work.

**Short-row 2 (WS):** Sl1 wyif and yo at the same time, pull the working yarn so that the “legs” of the slipped st rise up on the right needle and look like a pair of sts. From now on, this is called a “stitch pair.” Then purl to BOR, sm, p34 (38, 42, 46, 51, **54, 59, 63, 67**), turn the work.

**Short-row 3 (RS):** Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR, sm, knit until the next stitch pair, work the stitch pair as k2tog, k2, turn the work.

**Short-row 4 (WS):** Sl1 wyif and yo at the same time, pull the yarn as above, purl to BOR, sm, purl until the next stitch pair, work the stitch pair as p2tog, p2, turn the work.

Repeat Short-rows 3-4 another 2 (2, 3, 3, 4, **4, 4, 4, 4**) times.

**Short-row 5 (RS):** Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR.

**Next Round:** Resume working in the round. Work in Stockinette stitch and work the remaining stitch pairs as k2tog at the same time.

Work in Stockinette stitch until the body measures 22 (22, 22, 22, 24, **24, 24, 26, 26**) cm / 8.75 (8.75, 8.75, 8.75, 9.5, **9.5, 9.5, 10.25, 10.25**) inches from the front edge of the underarm, or 3 cm / 1.25 inches less than the desired length.

## HEM

Change to size A needles (size suggested 4.0 mm / US 6).

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Continue as est until the hem measures 3 cm / 1.25 inches.

Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

## Good tutorials for the Sewn Tubular Bind Off:

<https://shibui knits.com/pages/tubular-bind-off>

<https://stitchesnscraps.com/tutorial-tubular-bind-off-in-the-round/>

## SLEEVES

Take the stitches held for the first sleeve back on size B needles (size suggested 4.5 mm / US 7). Starting at the middle of the underarm CO edge using MC yarn, pick up and knit 3 (3, 4, 4, 4, **5, 5, 5, 6**) sts along the side of the CO edge, then pick up and knit 1 st in the gap between the underarm CO edge and the sleeve. K the sleeve sts, then pick up and knit 1 st in the gap between the sleeve and the underarm CO edge and 3 (3, 4, 4, 4, **5, 5, 5, 6**) sts along the second half of the underarm CO edge. Pm for BOR and continue working in the round. (66 (68, 72, 76, 82, **92, 100, 106, 110**) sts on needles for the sleeve)



Work 5 (4, 6, 4, 3, **2, 2, 2, 2**) rounds in Stockinette stitch.

**Sleeve Decrease Round 1:** K1, k2tog, k until 3 sts rem, ssk, k1. (*2 sts dec'd, 64 (66, 70, 74, 80, **90, 98, 104, 108**) sts on needles*)

Repeat the Sleeve Decrease Round 1 on every 7th (6th, 8th, 6th, 5th, **3rd, 4th, 3rd, 3rd**) round another 8 (9, 7, 9, 12, **17, 17, 20, 22**) times. (*a total of 16 (18, 14, 18, 24, **34, 34, 40, 44**) sts dec'd, 48 (48, 56, 56, 56, **56, 64, 64, 64**) sts on needles*)

Work in Stockinette stitch until the sleeve measures 36.5 (36.5, 36.5, 38.5, 38.5, **38.5, 40.5, 40.5, 40.5**) cm / 14.25 (14.25, 14.25, 15.25, 15.25, **15.25, 16, 16, 16**) inches from the underarm or 7.5 cm / 3 inches less than the desired length of the sleeve.

**Sleeve Decrease Round 2:** \*K4 (4, 5, 5, 5, **5, 6, 6, 6**), k2tog; repeat from \* until end. (*8 sts dec'd, 40 (40, 48, 48, 48, **48, 52, 52, 52**) sts on needles*)

## CUFF

Change to size A needles (size suggested 4.0 mm / US 6).

**Ribbing Round:** \*K1, p1; repeat from \* until end.

Continue as est until the cuff measures 7.5 cm / 3 inches.

Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

Work the second sleeve accordingly.

## FINISHING

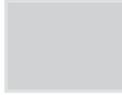
Weave in all remaining yarn ends. Wet block to measurements

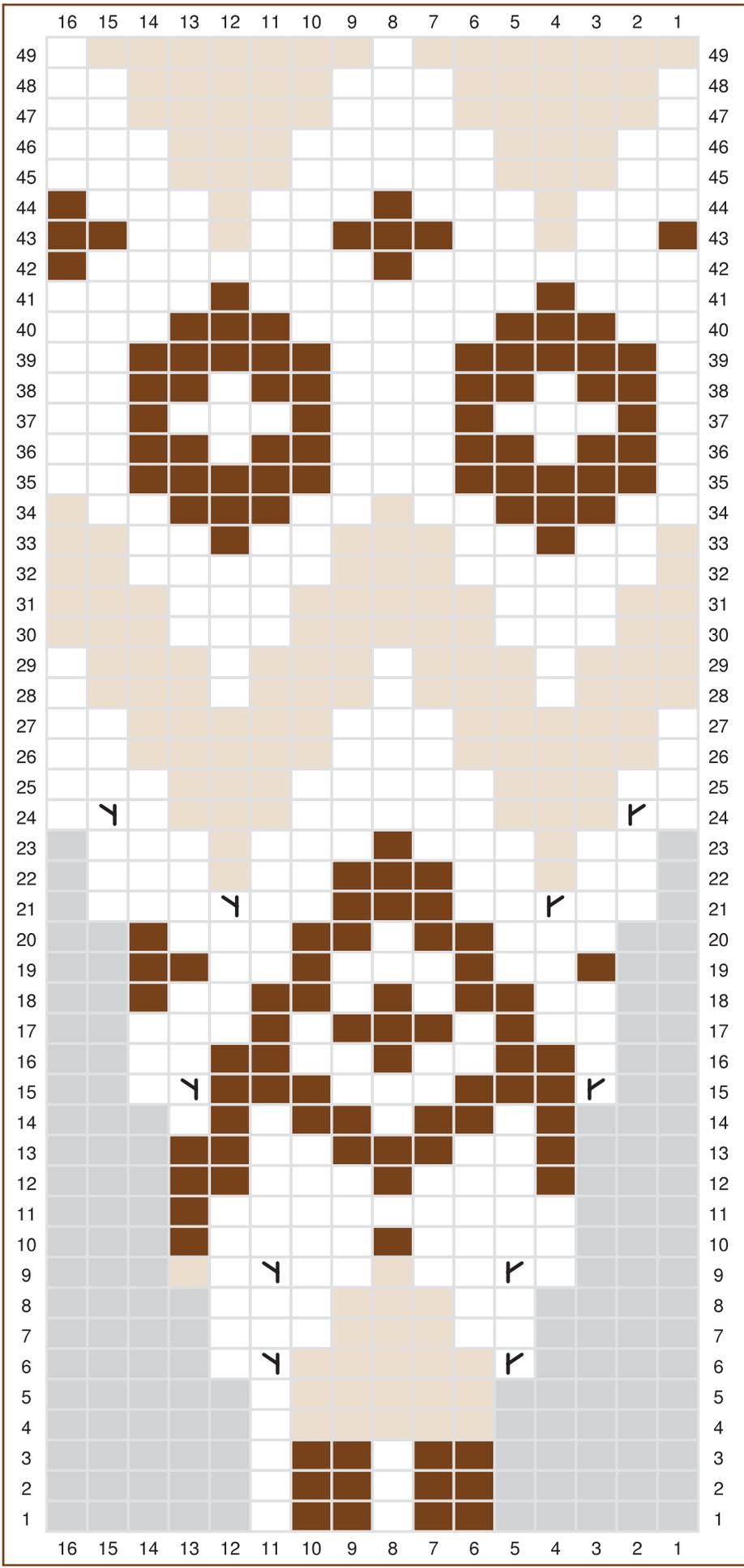


## ABBREVIATIONS

<b>BO</b>	Bind off	<b>k</b>	Knit
<b>BOR</b>	Beginning of the round	<b>k2tog</b>	Knit 2 sts together
<b>CC1</b>	Contrasting color 1	<b>MC</b>	Main color
<b>CC2</b>	Contrasting color 2	<b>m1L</b>	Make 1 st (left-leaning)
<b>CO</b>	Cast on	<b>p</b>	Purl
<b>dec'd</b>	Decreased	<b>pm</b>	Place marker
<b>DPN</b>	Double pointed needles	<b>sl</b>	Slip
<b>est</b>	Established	<b>sm</b>	Slip marker
<b>inc'd</b>	Increased	<b>ssk</b>	Slip, slip, knit the slipped sts together through the back loops
<b>Inv-L</b>	invisible lift increase (left-leaning) Tutorial: <a href="https://yayfor-yarn.com/knit-lifted-increases/">https://yayfor-yarn.com/knit-lifted-increases/</a>	<b>st(s)</b>	Stitch(es)
<b>Inv-R</b>	Invisible lift increase (right-leaning) Tutorial: see above	<b>wyib</b>	With yarn in back
		<b>wyif</b>	With yarn in front

# CHART

	<b>k with MC</b>
	<b>k with CC1</b>
	<b>k with CC2</b>
	<b>no stitch</b>
	<b>Inv-L with CC1</b>
	<b>Inv-R with CC1</b>





## ABOUT THE DESIGNER

Sari Nordlund is a professional knitwear designer living by the sea in Finland. She loves to create timeless classics and brings her love for contemporary Scandinavian design into her knitting patterns. Sari loves undyed wool, good quality coffee and cats, not necessarily in that order.

**YOUTUBE CHANNEL** Sari's channel is a mixture of knitting podcast episodes and tutorial videos showing different knitting techniques in both English and Finnish. Subscribe to her channel to see what's on her needles and to get a sneak peek at upcoming pattern releases. Her video series "The Sweater Chronicles" gives an inside look at the process of designing a knit sweater from beginning to end.



## FIND MORE PATTERNS FROM SARI BY VISITING HER RAVELRY STORE - LUNAKNIT



Midnight Dancer Socks



Ballad Pullover



Emmalin Hat and Cowl

## CONTACT and SUPPORT

For questions and pattern support, please contact Sari through her Ravelry page ([lunaknit](#)). Share your work with Sari by tagging [@sari\\_n\\_](#) on instagram and using the hashtag [#urbanadventurepullover](#).