

GREGORIA FIBERS

THERESIA SWEATER



“Classic polo-inspired sweater with a distinct neckline”

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The Theresia sweater is accented with a sophisticated keyhole cut-out cable detail at the neckline and finished with a delicate mother-of-pearl button that closes at the center front. It has a classic fit.

The sweater is worked top down. First, the back yoke is worked flat, shaped with increases. The fronts are done separately before picking up and knitting the sleeve stitches along the shoulders.

At this point, the yoke and sleeves are shaped using the contiguous method. Once the neck opening is complete, the work is joined to work in the round. The sleeves are worked seamlessly in the round.

The model in the picture is 169 cm / 5'7.5" tall and wears a Size 2.



LEVEL

Intermediate (2/3)

YARN

10 (11, 12, 12, 13) (14, 15, 16) skeins of Classic by Cardiff Cashmere (25 g = 112 m / 122 yds) (100% Cashmere).

For the sample, we used Classic in colourway "685".

NEEDLES

3.5 mm / US 4 circular needle, cable length 80 or 100 cm / 32 or 40" for the body and 40 or 60 cm / 16 or 24" for the yoke and sleeves.

2.5 mm / US 1 DPN for the cuff ribbing.

2.5 mm / US 1 circular needle, cable length 80 or 100 cm / 32 or 40" and 40 or 60 cm / 16 or 24" for the ribbing.

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GAUGE

After blocking: 25 sts x 38 rows = 10 x 10 cm / 4 x 4" on 3.5 mm / US 4 needles in stockinette stitch worked in the round.

SIZES

1 (2, 3, 4, 5) (6, 7, 8)

This sweater is designed to have a regular fit and is intended to be worn with approximately 10–10.5 cm / 4–4.25" of positive ease at the bust.

Finished bust circumference: 90.5 (95.5, 100.5, 105.5, 110.5) (120.5, 130.5, 140.5) cm / 35.75 (37.5, 39.5, 41.5, 43.5) (47.5, 51.5, 55.25)".

Please refer to the finished bust circumference and choose the size that will result in a positive ease closest to this recommendation.

As a reference, sizes 1 (2, 3, 4, 5) (6, 7, 8) are intended to fit an actual bust circumference of about 80–85 (85–90, 90–95, 95–100, 100–110) (110–120, 120–130, 130–140) cm / 31.5–33.5 (33.5–35.5, 35.5–37.5, 37.5–39.25, 39.25–43.25) (43.25–47.25, 47.25–51.25, 51.25–55)".

Body Length: 51.5 (53.5, 54.5, 52.5, 54) (54, 54.5, 55.5) cm / 20.25 (21, 21.5, 20.75, 21.25) (21.25, 21.5, 22.75)" from mid back (not including neck ribbing) to hem.

NOTIONS

Stitch markers, scrap yarn or stitch holders, a tapestry needle and a cable needle. For the sample, 1 pearl button of approximately 1 cm / 0.5" was used.

ABBREVIATIONS

2/2 LC: two stitches left cross: transfer the following 2 sts to a cable needle and hold in front.

K2 and knit the 2 sts from the cable needle.

2/2 RC: two stitches right cross: transfer the following 2 sts to a cable needle and hold at the back.

K2 and knit the 2 sts from the cable needle.

BOR: beginning of round

cm: centimeter

CO: cast on

K: knit

K1tbl: knit 1 st through the back loop

K2tog: knit 2 sts together

inc'd: increased

m: marker

m1L: make 1 left

m1Lp: make 1 left purlwise

m1R: make 1 right

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m1Rp: make 1 right purlwise
P: purl
P1tbl: purl 1 st through the back loop
P2tog : purl 2 sts together
pm: place marker
Rep: repeat
rib: ribbing
RS: right side
SSK: slip, slip, knit
st/sts: stitch/stitches
WS: wrong side
wyib: with yarn in back
wyif: with yarn in front

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**Make 1
(M1R and M1L)**



**Long tail
cast on**



**Make 1 purlwise
(M1Rp and M1Lp)**



Tubular bind off



Backwards loop cast on



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INSTRUCTIONS

BACK

Using gauge-sized needles (for our sample, we used 3.5 mm / US 4 needles and 40 or 60 cm / 16 or 24" cable), and using the Long tail cast-on, CO 46 (48, 48, 50, 50) (52, 54, 58) sts.

Set up row (WS): P to the end.

Row 1 (RS): K3, m1L, K to last 3 sts, m1R, K3. (2 sts inc'd)

Row 2 (WS): P3, m1Rp, P to last 3 sts, m1Lp, P3. (2 sts inc'd)

Work Rows 1–2 a total of 12 (12, 12, 12, 12) (13, 13, 13) times.

Sizes - (-, 3, 4, 5) (-, 7, -) only

Work Row 1 one last time, and purl the next row.

All sizes

You have increased a total of 48 (48, 50, 50, 50) (52, 54, 52) sts.

There are 94 (96, 98, 100, 100) (104, 108, 110) sts on the needles.

Break yarn and place the Back stitches on some waste yarn.

RIGHT SHOULDER

Using gauge-sized needles (for our sample, we used 3.5 mm / US 4 needles), pick up and knit 24 (24, 25, 25, 25) (26, 27, 26) sts across the edge of the Back Right Shoulder, working from the shoulder edge at the armhole towards the neckline.

Row 1 (WS): P to the end.

Row 2 (RS): K to the end.

Rep. Rows 1–2 a total of 9 times.

Next Row (WS): P to the end.

Increases

Row 1 (RS): K to last 3 sts, m1R, K3. (1 st inc'd)

Row 2 (WS): P to the end.

Work Rows 1–2 a total of 4 (4, 5, 5, 6) (7, 7, 9) times.

You have increased a total of 4 (4, 5, 5, 6) (7, 7, 9) sts.

There are 28 (28, 30, 30, 31) (33, 34, 35) sts on the needles.

Break yarn and place the Right Shoulder stitches on some waste yarn.

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LEFT SHOULDER

Using gauge-sized needles (for our sample, we used 3.5 mm / US 4 needles), pick up and knit 24 (24, 25, 25, 25) (26, 27, 26) sts across the edge of the Back Left Shoulder, working from the neck towards the shoulder edge.

Row 1 (WS): P to the end.

Row 2 (RS): K to the end.

Rep. Rows 1–2 a total of 9 times.

Next Row (WS): P to the end.

Increases

Row 1 (RS): K3, m1L, K to the end. (1 st inc'd)

Row 2 (WS): P to the end.

Work Rows 1–2 a total of 4 (4, 5, 5, 6) (7, 7, 9) times.

You have increased a total of 4 (4, 5, 5, 6) (7, 7, 9) sts.

There are 28 (28, 30, 30, 31) (33, 34, 35) sts on the needles.

Do not break yarn.

JOIN FRONTS, BACK AND SLEEVES

Next Row (RS): K3, m1L, K to last 2 sts, SSK, pm. Pick up and knit 18 (19, 20, 21, 21) (23, 23, 26) sts across the left edge (pick up and knit 2 stitches for every 3 rows), pm. Replace the Back sts onto the needles and work them as follows; K2tog, K to last 2 sts, SSK, pm. Pick up and knit 18 (19, 20, 21, 21) (23, 23, 26) sts across the right edge (pick up and knit 2 stitches for every 3 rows), pm. Replace the Right Shoulder sts onto the needles and work them as follows; K2tog, K to last 3 sts, m1R, K3.

There are a total of 184 (188, 196, 200, 202) (214, 220, 230) sts on your needles.

28 (28, 30, 30, 31) (33, 34, 35) sts for each front.

18 (19, 20, 21, 21) (23, 23, 26) sts for each sleeve.

92 (94, 96, 98, 98) (102, 106, 108) sts for the back.

Next Row (WS): P to the end.

SLEEVE SHAPING

Row 1 (RS): K3, m1L, K to m, slip m, m1L, K to m, m1R, slip m, K to m, slip m, m1L, K to m, m1R, slip m, K to last 3 sts, m1R, K3. (6 sts inc'd)

Row 2 (WS): P to the end. Slip the m as you encounter them.

Work Rows 1–2 a total of 4 (4, 3, 3, 3) (2, 2, 2) times.

There are a total of 208 (212, 214, 218, 220) (226, 232, 242) sts on your needles.

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32 (32, 33, 33, 34) (35, 36, 37) sts for each front.
26 (27, 26, 27, 27) (27, 27, 30) sts for each sleeve.
92 (94, 96, 98, 98) (102, 106, 108) sts for the back.

At the end of last WS Row: CO 14 (15, 15, 16, 15) (16, 17, 17) sts using the Backwards loop cast-on method.

Next Row (RS): K to m, slip m, m1L, K to m, m1R, slip m, K to m, slip m, m1L, K to m, m1R, slip m, K to the end, CO 14 (15, 15, 16, 15) (16, 17, 17) sts using the Backwards loop cast-on method.

Next Row (WS): P to the end. Slip the m as you encounter them.

There are a total of 240 (246, 248, 254, 254) (262, 270, 280) sts on your needles.

46 (47, 48, 49, 49) (51, 53, 54) sts for each front.
28 (29, 28, 29, 29) (29, 29, 32) sts for each sleeve.
92 (94, 96, 98, 98) (102, 106, 108) sts for the back.

Row 1 (RS): K1, P1, K1, P1, K4, P1, K1, P1, K to m, slip m, m1L, K to m, m1R, slip m, K to m, slip m, m1L, K to m, m1R, slip m, K to last 11 sts, P1, K1, P1, K4, P1, K1, P1, K1. (4 sts inc'd)

Row 2 (WS): Slip 1 st purlwise wyif, K1, P1, K1, P4, K1, P1, K1, P to the last 11 sts, K1, P1, K1, P4, K1, P1, K1, slip 1 st purlwise wyif. Slip the m as you encounter them.

Row 3 (RS): K1, P1, K1, P1, 2/2 LC, P1, K1, P1, K to m, slip m, m1L, K to m, m1R, slip m, K to m, slip m, m1L, K to m, m1R, slip m, K to last 11 sts, P1, K1, P1, 2/2 RC, P1, K1, P1, K1. (4 sts inc'd)

Row 4: Rep. Row 2.

Work Rows 1–4 a total of 4 (4, 5, 5, 5) (5, 6, 5) times.

Sizes 1 (2, -, -, -) (6, -, 8) only

Work Rows 1-2 one last time.

All sizes

There are a total of 276 (282, 288, 294, 294) (306, 318, 324) sts on your needles.

46 (47, 48, 49, 49) (51, 53, 54) sts for each front.
46 (47, 48, 49, 49) (51, 53, 54) sts for each sleeve.
92 (94, 96, 98, 98) (102, 106, 108) sts for the back.

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SLEEVE AND BODY SHAPING

Now you are going to increase on the body and continue increasing on the sleeves as before.

Sizes - (3, 4, 5) (-, 7, -) only

Row 1 (RS): K1, P1, K1, P1, K4, P1, K1, P1, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to last 11 sts, P1, K1, P1, K4, P1, K1, P1, K1. (8 sts inc'd)

Row 2 (WS): Slip 1 st purlwise wyif, K1, P1, K1, P4, K1, P1, K1, P to last 11 sts, K1, P1, K1, P4, K1, P1, K1, slip 1 st purlwise wyif. Slip the m as you encounter them.

Row 3 (RS): K1, P1, K1, P1, 2/2 LC, P1, K1, P1, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to last 11 sts, P1, K1, P1, 2/2 RC, P1, K1, P1, K1. (8 sts inc'd)

Row 4: Rep. Row 2.

Work Rows 1–4 a total of 3 times.

Sizes 1 (2, -, -, -) (6, -, 8) only

Row 1 (RS): K1, P1, K1, P1, 2/2 LC, P1, K1, P1, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to last 11 sts, P1, K1, P1, 2/2 RC, P1, K1, P1, K1. (8 sts inc'd)

Row 2: Slip 1 st purlwise wyif, K1, P1, K1, P4, K1, P1, K1, P to last 11 sts, K1, P1, K1, P4, K1, P1, K1, slip 1 st purlwise wyif. Slip the m as you encounter them.

Row 3 (RS): K1, P1, K1, P1, K4, P1, K1, P1, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to last 11 sts, P1, K1, P1, K4, P1, K1, P1, K1. (8 sts inc'd)

Row 4: Rep. Row 2.

Work. Rows 1–4 a total of 3 times.

All sizes

There are a total of 324 (330, 336, 342, 342) (354, 366, 372) sts on your needles.

52 (53, 54, 55, 55) (57, 59, 60) sts for each front.

58 (59, 60, 61, 61) (63, 65, 66) sts for each sleeve.

104 (106, 108, 110, 110) (114, 118, 120) sts for the back.

JOIN FRONTS

Row 1 (RS): K1, P1, K1, P1, K4, P1, K1, P1, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to last 11 sts, P1, K1, P1, K4, P1, K1, P1, K2tog (last st from Right Front and first st from Left Front). Join to work in the round and place BOR.

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YOKE

Round 1: K to BOR, slipping the m as you encounter them.

Round 2: K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to 2 sts before m, m1R, K2, slip m, m1L, K to m, m1R, slip m, K2, m1L, K to BOR. (8 sts inc'd)

Work Rounds 1–2 a total of 2 (4, 6, 3, 3) (3, 3, 3) times.

Sizes - (-, -, 4, 5) (6, 7, 8) only

Work Round 2 only a total of - (-, -, 6, 8) (12, 16, 22) times.

All sizes

There are a total of 347 (369, 391, 421, 437) (481, 525, 579) sts on your needles.

109 (115, 121, 129, 133) (145, 157, 171) sts for the front.

64 (69, 74, 81, 85) (95, 105, 118) sts for each sleeve.

110 (116, 122, 130, 134) (146, 158, 172) sts for the back.

DIVIDE BODY AND SLEEVES

Now you are going to separate body and sleeve sts. You will also cast on additional stitches for the body at the underarm.

Sizes 1, 2, 3, 5, 6 and 7 only

Round 1: K to m, remove m, place the 64 (69, 74, -, 85) (95, 105, -) sleeve sts on hold, CO 4 (4, 4, -, 5) (5, 5, -) sts using the Backwards loop cast-on method, K to m, remove m, place the 64 (69, 74, -, 85) (95, 105, -) sleeve sts on hold, CO 4 (4, 4, -, 5) (5, 5, -) sts using the Backwards loop cast-on method, K to BOR.

Sizes 4 and 8 only

Round 1: K to 2 sts before m, K2tog, remove m, place the - (-, -, 81, -) (-, -, 118) sleeve sts on hold, CO - (-, -, 4, -) (-, -, 6) sts using the Backwards loop cast-on method, K2tog, K to 2 sts before m, K2tog, remove m, place the - (-, -, -, 81) (-, -, 118) sleeve sts on hold, CO - (-, -, 4, -) (-, -, 6) sts using the Backwards loop cast-on method, K2tog, K to BOR.

All sizes *There are a total of 227 (239, 251, 263, 277) (301, 325, 351) sts for the body.*

Move the BOR marker to the middle of new underarm stitches on one of the sides.

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BODY

Knit in the round until the body measures 28 (29, 29, 29, 30) (30, 30, 31) cm / 11 (11.5, 11.5, 11.5, 11.75) (11.75, 11.75, 12.25) ” from underarm, or 4 cm / 1.5” less than the desired length from underarm.

BODY RIBBING

Change to smaller needles (for our sample, we used 2.5 mm / US 1 needles, 60 cm / 24” cable) and work as follows:

Set up round: Work in 1×1 twisted rib (K1tbl, P1) until 2 sts from BOR, P2tog.

Work in 1×1 twisted rib (K1tbl, P1) until the rib measures 4 cm / 1.5”.

Set up for the bind-off

Round 1: *K1tbl, slip 1 st purlwise wyif*; rep. between * to BOR.

Round 2: *Slip 1 st purlwise wyib, P1*; rep. between * to BOR.

Bind off using the Tubular bind-off. Make sure you don't bind off your stitches too tightly.

SLEEVES

Both sleeves are worked alike.

Using gauge-sized needles (for our sample, we used 3.5 mm / US 4 needles), place 64 (69, 74, 81, 85) (95, 105, 118) sleeves sts onto the needles, join a new thread of yarn and pick up and knit 4 (4, 4, 4, 4) (4, 4, 5) sts across the underarm, place a BOR, pick up and knit 4 (4, 4, 4, 4) (4, 4, 5) sts.

There are a total of 72 (77, 82, 89, 93) (103, 113, 128) sts for the sleeve.

Tip: To avoid holes, you can pick up and knit 2 extra stitches (not included in the stitch count above) between the stitches you have picked up at the underarm and the sleeve stitches, and on the following round, at the beginning and end of the round, decrease 2 stitches by K2tog twice (since you have picked 2 extra stitches).

The sleeve is now worked without any decreases for Sizes 1–4 and with decreases for Sizes 5–8.

Sizes 1–4 only

Work in stockinette st in the round until the sleeve measures 39 cm / 15.25” or desired length from underarm. Move to the “ Sleeve Ribbing” section.

Sizes 5–8 only

Work in stockinette st in the round for - (-, -, -, 9.5) (7.5, 3.5, 3.5) cm / - (-, -, -, 3.75) (3, 1.5, 1.5)”.

Decrease Round: K1, K2tog, work in stockinette st to 3 sts from BOR, SSK, K1.

Work - (-, -, -, 9.5) (7.5, 3.5, 2) cm / - (-, -, -, 3.75) (3, 1.5, 0.75) ” in stockinette st from the last decrease Round, then, work the Decrease Round, repeat the last sequence a total of - (-, -, -, 2) (3, 8, 14) times. [- (-, -, -, 6) (8, 18, 30) sts dec'd from the start of the sleeve]

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Continue knitting in stockinette st until the sleeve measures approximately 39 cm / 15.25” from the underarm or 4.5 cm / 1.75” less than the desired length .

Move to the “ Sleeve Ribbing” section.

You now have a total of - (-, -, -, 87) (95, 95, 98) sts on your needles.

SLEEVE RIBBING

Change to smaller needles (for our sample, we used 2.5 mm / US 1 needles, 80 cm / 30” cable or DPN) and work as follows:

Sizes - (2, -, 4, 5) (6, 7, -) only

Set up round: Work in 1×1 twisted rib (K1tbl, P1) until 3 sts to BOR, K1tbl, P2tog.

All sizes

Work in 1×1 twisted rib (K1tbl, P1) until the rib measures 4.5 cm / 1.75”.

Set up for the bind-off

Round 1: *K1tbl, slip 1 st purlwise wyif*; rep. between * to BOR.

Round 2: *Slip 1 st purlwise wyib, P1*; rep. between * to BOR.

Bind off using the Tubular bind-off. Make sure you don’t bind off your stitches too tightly.

NECK

With smaller needles (for our sample, we used 2.5 mm / US 1 needles, 40 or 60 cm/ 16” or 24” cable), pick up and knit 123 (127, 129, 133, 133) (139, 143, 153) sts along the neckline starting with the right front (pick up and knit every stitch for the middle part of the back neck and 3 stitches for every 4 rows for the neck shaping). Do not join to work in the round.

Row 1 (WS): Slip 1 st purlwise wyif, *K1, P1tbl*; rep. between * to the last 2 sts, K1, slip 1 st purlwise wyif.

Row 2 (RS): K1, P1, * K1tbl, P1*; rep. between * to the last st, K1.

Rep. Rows 1–2 a total of 3 times.

Now, work Row 1 one more time.

Set up for the bind-off

Row 1 (RS): K1, slip 1 st purlwise wyif, *K1tbl, slip 1 st purlwise wyif *; rep. between * to the last st, K1.

Row 2 (WS): Slip 1 st purlwise wyif, *K1, slip 1 st purlwise wyif *; rep. between * to the end.

Bind off using the tubular bind-off. Keeping the end long for the buttonhole.

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BUTTONHOLE

I recommend doing this step after blocking, but you can decide to do it before or after. Sew on the button at the Left Front neck rib edge, work a button loop at the Right Front neck edge.

Check out this video for how to work a button loop.



FINISHING

Weave in all ends. Wet block your sweater, gently placing it in lukewarm water. Pin the pattern to make sure it lies flat! Leave to dry flat.

Don't forget to use the hashtag #theresiasweater to share your creations!

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