

My Favourite Things

~knitwear~



SWEATER NO. 31 #SWEATERNO31

ABOUT SWEATER NO. 31

Sweater No. 31 is an oversized sweater worked in a beautiful and simple cable pattern. It features a boxy fit, narrow sleeves and a high neckline. The fitted yoke with a drop shoulder effect contrasts beautifully with the wide body, resulting in a flattering fit for all body types.

The sweater is worked from the top down, allowing you to try it on as you go and choose exactly the length that suits you.

SIZES

XS (S) M (L) XL (2XL) 3XL (4XL)

MEASUREMENTS

Length (measured at the center back): 58 (62) 62 (66) 70 (74) 74 (78) cm [22.75 (24.5) 24.5 (26) 27.5 (29.25) 29.25 (30.75) inches]

Circumference: 110 (115) 123 (127) 135 (139) 147 (155) cm [43.25 (45.25) 48.5 (50) 53.25 (54.75) 57.75 (61) inches]

See size guide on the next page.

SUGGESTED NEEDLES

3,5 mm [US 4] circular needles (40 and 80 or 100 cm) [16 inches and 32 or 40 inches]

4,5 mm [US 7] circular needles (40 and 80 or 100 cm) [16 inches and 32 or 40 inches]

In sizes 2XL-4XL also use 4 mm [US 6] circular needles (40 and 80 or 100 cm) [16 inches and 32 or 40 inches]

1 cable needle

NOTE! If you are using the magic loop method, you can skip 40 cm [15.75 inches] circular needles in all needle sizes.

GAUGE

In cable pattern using 4,5 mm [US 7] needles.

22 sts / 28 rows = 10 x 10 cm [4 x 4 inches]

The given gauge is measured *after* washing and blocking.

MATERIALS

500 (500) 550 (600) 650 (700) 750 (800) gr. Pura Lana, Gepard, 50 gr. / 115 m.

Shown in col. '492'.

held together with...

100 (100) 100 (100-125) 125 (125) 150 (150) gr. Cashmere Lace, Gepard, 25 gr. / 330 m.

Shown in col. '458'.

BEFORE YOU BEGIN

In this section you will find practical information about the workflow and techniques used in the pattern.

Size guide

Sweater No. 31 has an oversized fit with fitted sleeves. Calculate a positive ease of approx. 25 -30 cm [9.75-11.75 inches] for sizes XS-XL and 15-20 cm [6-7.75 inches] for sizes 2XL-4XL.

Sizes XS (S) M (L) XL (2XL) 3XL (4XL) are equivalent to European standard sizes and suit a bust circumference of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 (130-140) cm [31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.5) 39.5-43.25 (43.25-47.25) 47.25-51.25 (51.25-55) inches].

Measure yourself before you begin to determine which size will fit you best.

For example: You measure 87 cm [34.25 inches] at your widest. $87 + 25-30 \text{ cm} = 113-118 \text{ cm}$ [$34.25 + 29.75-11.75 \text{ inches} = 44.5-46.5 \text{ inches}$]. Therefore, you should make a size S, which has a finished circumference of 115 cm [45.5 inches].

The model is wearing size M.

Cables

Simply referred to as 'twist' in the pattern.

Twist: Place 3 sts on a cable needle in front of the work, k3, then k3 from the cable needle.

Have a look here for how to work the cable with a cable needle:

<https://www.youtube.com/watch?v=YDynrSgPumo>

Have a look here for how to work the cable without a cable needle:

<https://www.youtube.com/watch?v=78nFy1YGdzY>

Gauge swatch

Cast on 26 sts using 4,5 mm [US 7] circular needles. Work **rows 1st – 10th** until the swatch measures +10 cm [4 inches] on each side.

1 st row (WS): P1, *p6, k3* repeat to last 7 sts, p7.

2nd row (RS): K1 *k6, p3* repeat to last 7 sts, k7.

3rd row (WS): Strik 1 vr, *p6, k3* repeat to last 7 sts, p7.

4th – 9th rows: Work as **rows 2nd – 3rd**.

10th row (RS): K1, *twist, p3* repeat to last 7 sts, twist, k1.

Increases (inc)

Increases are worked so that they slant either to the right (**M1R/M1Rp**) or to the left (**M1L/M1Lp**).

Right-leaning increases

M1R: With your left needle, pick up the bar (between the sts on the right and left needles) from back to front and knit.

M1Rp: With your left needle, pick up the bar from back to front and purl.

Left-leaning increases

M1L: With your left needle, pick up the bar from front to back and knit through the back loop.

M1Lp: With your left needle, pick up the bar from front to back and purl through the back loop.

When increasing on rows where you need to twist for the cable, use the following method to avoid any gaps in your work.

CabM1L

Step 1: Place 3 sts on a cable needle in front of work.

Step 2: K3 sts (NOTE! The 3rd of these sts is the same one used in step 4).

Step 3: K the 3 sts from your cable needle.

Step 4: Using your left needle, go behind the last of 3 knitted sts and catch it. Lift this st to your left needle from front to back, inserting the needle from front to back. K this st tbl.

Have a look here for how to do this: <https://www.youtube.com/watch?v=oGwZhQ-54Hc>

CabM1R

Step 1: Place 3 sts on a cable needle in front of work.

Step 2: K2, then inc in the following st by first knitting 1 tbl and afterwards k 1 in the same st.

Step 3: K the 3 sts from your cable needle.

Have a look here for how to do this: <https://www.youtube.com/watch?v=f9nvAckPQkQ>

Edge stitches

K on the RS and p on the WS, as specified in the pattern descriptions.

BEGIN YOUR WORK HERE

YOKE

Cast on 82 (90) 90 (100) 100 (108) 108 (108) sts using 3,5 mm [US 4] circular needles (40 cm, or 80/100 cm [16 or 32/40 inches] if you use the magic loop method). Place a marker, M1 = beginning of rnd.

From here, work in the round on circular needles.

To form the rolled edge, k the first 4 rnds.
Then, work in rib *k1, p1* a total of 3 rnds.

*NOTE! In sizes XS, L and XL work the last rnd in rib as follows: *k1, p1* to 2 sts before the end of rnd, k2tog tbl. The number of sts is now reduced by 1 and corresponds to the cable pattern that is started in the followings section.*

In sizes XS-XL change to 5 mm [US 7] circular needles.
In sizes 2XL-4XL change to 4 mm [US 6] circular needles.

Now, establish the cable pattern while placing 3 more markers (M2-M4).

Work as follows:

SM1, p3, place a marker, **M2**, *k6, p3* repeat over the next 36 (36) 36 (45) 45 (45) 45 (45) sts, k6, place a marker, **M3**, p3, place a marker, **M4**, *k6, p3* repeat over the next 27 (36) 36 (36) 36 (45) 45 (45) sts, k6.

Sts are divided as follows: **M1**, 3 sts (right shoulder), **M2**, 42 (42) 42 (51) 51 (51) 51 (51) sts (front), **M3**, 3 sts (left shoulder), **M4**, 33 (42) 42 (42) 42 (51) 51 (51) sts (back).

From here, work cables.

1st rnd: Work *p3, twist* to the end of rnd.
2nd – 10th rnds: Work *p3, k6* to the end of rnd.

Work rnds 1st – 10th a total of 2 times.

In sizes 2XL-4XL change to 4,5 mm [US 7] circular needles.

Shoulder increases

Now, begin working the increases that will form the shoulders and yoke.

To maintain the cable pattern, both knit and purl increases are worked on the RS. Increases are worked on rnds 1st – 9th. No increases are worked on 10th rnd.

1st rnd: P3, **SM2**, cabM1L, *p3, twist* repeat to 9 sts before **M3**, p3, cabM1R, **SM3**, p3, **SM4**, cabM1L, *p3, twist* repeat to 9 sts before **M1**, cabM1R.

2nd rnd: P3, **SM2**, k6, M1L, *k over k and p over p* repeat to 6 sts before **M3**, M1R, k6, **SM3**, k3, **SM4**, k6, M1L, *k over k and p over p* repeat to 6 sts before **M1**, M1R, k6.

3rd – 6th rnds: Work as 2nd rnd.

7th rnd: P3, **SM2**, k6, M1Lp, *k over k and p over p* repeat to 6 sts before **M3**, M1Rp, k6, **SM3**, k3, **SM4**, k6, M1Lp, *k over k and p over p* repeat to 6 sts before **M1**, M1Rp, k6.

8th – 9th rnd: Work as 7th rnd.

10th rnd: Work *k over k and p over p* to the end of rnd.

Work rnds 1st – 10th another 3 (3) 4 (4) 4 (4) 5 (5) times.

You have now worked 40 (40) 50 (50) 50 (50) 60 (60) rnds.

36 (36) 45 (45) 45 (45) 54 (54) rnds with increases have been worked and 144 (144) 180 (180) 180 (180) 216 (216) sts have been added to the work and there are 225 (234) 270 (279) 279 (288) 324 (324) sts on your needles.

The shoulder section is now finished.

On the next rnd, the front and back are divided and the shoulder sts are put on hold. At the same time, increases are made for edge sts on front and back.

P3, place the next 3 sts on hold using a piece of leftover yarn or a stitch holder. **M1R**, remove **M2**, *twist, p3* repeat to 6 sts before **M3**, twist, remove **M3**, **M1L**, p3, place the next 3 sts on hold using a piece of leftover yarn or a stitch holder. **M1R**, remove **M4**, *twist, p3* repeat to 6 sts before **M1**, twist, **M1L**.

Now, it's time to work the back. You can either leave the front sts on the same circular needles while you work the back, or place them on hold using a piece of leftover yarn or a stitch holder.

BACK

Turn your work so the first row is a WS row. From here, work back and forth across the 107 (116) 134 (134) 134 (143) 161 (161) back sts. Begin with the **2nd row** in the following:

1 st row (RS): K1, *twist, p3* repeat to last 7 sts, twist, k1.

2nd row (WS): P1, *p6, k3* repeat to last 7 sts, p7.

3rd row (RS): K1, *k6, p3* repeat to last 7 sts, k7.

4th row (WS): P1, *p6, k3* repeat to last 7 sts, p7.

5th – 10th rows: Work as **rows 3rd – 4th**.

Work **rows 1st – 10th** a total of 3 (3) 4 (4) 4 (4) 5 (5) times.

Break the yarn and leave the sts on hold while working the front.

FRONT

Join new yarn and turn your work so the first row is a WS row. From here, work back and forth across the 116 (116) 134 (143) 143 (143) 161 (161) front sts. Begin with the **2nd row** in the following:

1 st row (RS): K1, *twist, p3* repeat to last 7 sts, twist, k1.

2nd row (WS): P1, *p6, k3* repeat to last 7 sts, p7.

3rd row (RS): K1, *k6, p3* repeat to last 7 sts, k7.

4th row (WS): P1, *p6, k3* repeat to last 7 sts, p7.

5th – 10th rows: Work as **rows 3rd – 4th**.

Work **rows 1st – 10th** a total of 3 (3) 4 (4) 4 (4) 5 (5) times.

The front is now finished.

BODY

Now it's time to work the body. Join the front and back and work in the round on circular needles.

Begin on the front from the RS.

P1, place a marker, M1 = beginning of rnd. Twist, *p3, twist* repeat to last st, p1.

Cast on 10 (10) 1 (1) 10 (10) 1 (10) sts in extension using the backwards loop method. Now, continue across the back sts. P1, twist, *p3, twist* repeat to the last st, p1. Cast on 10 (10) 1 (1) 10 (10) 1 (10) sts in extension using the backwards loop method, p1. You are now at the beginning of rnd, M1, and the work is joined. From here, work in the round.

There are now 243 (252) 270 (279) 297 (306) 324 (342) sts on your needles.

Continue in the round in cable pattern.

Work **rnds 1st – 10th** until the sweater measures approx. 58 (62) 62 (66) 70 (74) 74 (78) cm [22.75 (24.5) 24.5 (26) 27.5 (29.25) 29.25 (30.75) inches] measured from the cast-on edge down the centre front. *NOTE! The first repeat begins on 2nd rnd.*

1st rnd: Work *twist, p3* to the end of rnd.

2nd – 10th rnds: Work *k6, p3* to the end of rnd.

When the indicated length is reached, work **1st rnd** once more.

Change to 3,5 mm [US 4] circular needles and work 1 rnd: *k over k and p over p* to the end of rnd.

Now, finish the body with a rolled edge.

Sizes XS, L, XL:

1st rnd: K2tog, p1, *k1, p1* to the end of rnd.

2nd – 3rd rnds: Work *k1, p1* to the end of rnd.

Sizes S, M, 2XL, 3XL, 4XL:

1st – 3rd rnds: Work *k1, p1* to the end of rnd.

K 4 rnds.

Bind off using the regular bind-off method.

SLEEVES

Now, it's time to work the sleeves of the sweater. They are worked in the round on circular needles in a cable pattern.

In **sizes XS-L** use 4,5 mm [US 7] circular needles.

In **sizes XL-4XL** use 4 mm [US 6] circular needles.

Depending on which size you make, the workflow is different. Therefore, choose the description that fits your size.

NOTE! Along the front and back, sts are never picked up in the sts next to the cable row.

Sizes XS, S, XL, 2XL, 4XL: Begin your rnd before the cable under the sleeve (3 sts to the right of centre).

Place a marker at the beginning of rnd. Pick up 1 in every 1 st under the armhole = 9 sts.

Pick up 6 sts next in the first cable and 9 sts next to the other 2 (2) - (-) 3 (3) - (4) along the front/back.

Transfer the 3 shoulder sts left on hold to the left side of the circular needle and purl them.

Continue picking up on the front/back. Pick up 9 sts next in the first 2 (2) - (-) 3 (3) - (4) cables and 6 sts next in the last cable. Pick up 3 sts in the remaining sts under the armhole.

There are now 63 (63) - (-) 81 (81) - (90) sts on your needles.

Join the work and work in the round.

*NOTE! Important! The first repeat begins with the **2nd rnd**. The first cable is worked after 9 rnds, otherwise the armhole will be too tight.*

1st rnd: Work *twist, p3* to the end of rnd.

2nd – 10th rnds: Work *k6, p3* to the end of rnd.

Work **rnds 1st – 10th** until the sleeve measures approx. 42 (42) - (-) 42 (38) - (38) cm [16.5 (16.5) - (-) 16.5 (15) - (15) inches].

When the indicated length is reached, work **1st rnd** once more.

Change to 3,5 mm [US 4] circular needles and work 1 rnd as follows: *k over k and p over p* to the end of rnd.

Now, finish the sleeve with a rolled edge.

Sizes XS, S, XL, 2XL:

1st rnd: K2tog, p1, *k1, p1* to the end of rnd.

2nd – 3rd rnds: Work *k1, p1* to the end of rnd.

Sizes 4XL:

1st – 3rd rnd: Work *k1, 1p* to the end of rnd.

K 4 rnds.

Bind off using the regular bind-off method.

Work another sleeve in the same way.

Sizes M, L, 3XL: Begin picking up 1 st to the right of centre under the armhole Place a marker = beginning of rnd.

Pick up 1 out of every 1 st under the armhole = 3 sts.

Pick up and knit 6 sts next in the first cable and 9 sts next in the other - (-) 3 (3) - (-) 4 (-) along front/back.

Transfer the 3 shoulder sts left on hold to the left side of the circular needles and purl them.

Continue picking up and knitting on the front/back. Pick up 9 sts next in the first - (-) 3 (3) - (-) 4 (-) cables and 6 sts next in the very last cable.

There are now - (-) 72 (72) - (-) 90 (-) sts on your needles.

*NOTE! Important! On the first repeat, begin with the **2nd rnd**. The cable is worked for the first time after 9 rnds, otherwise the armhole will be too tight.*

1st rnd: Work *p3, twist* to the end of rnd.

2nd – 10th rnd: Work *p3, k6* to the end of rnd.

Work **rnds 1st – 10th** until the sleeve measures approx. - (-) 42 (42) - (-) 38 (-) cm [- (-) 16.5 (16.5) - (-) 15 (-) inches].

When the indicated length is reached, work **1st rnd** once more.

Change to 3,5 mm [US 4] circular needles and work 1 rnd as follows: *k over k and p over p* to the end of rnd.

Now, finish the sleeve with a rolled edge.

1st – 3rd rnds: Work *k1, p1* to the end of rnd.

K4 rnds

Bind off using the regular bind-off method.

Work another sleeve in the same way.

FINISHING

Finally, weave in all the loose ends.

Washed and blocked the sweater to the specified measurements. Washing and blocking are especially important, as they allow the cable pattern to open up and settle into place.

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