

My Favourite Things

~knitwear~



SWEATER NO. 30 V-NECK #SWEATERNO30VNECK

ABOUT SWEATER NO. 30

Sweater No. 30 V-Neck is an oversized sweater with a V-neckline, featuring saddle shoulders, and distinctive details. The back and yoke are shaped with short rows to ensure a good fit. The sleeves are wide at the top and taper at the cuffs. The sweater is unisex and can be worn by all genders.

It is worked from the top down, allowing you to try it on as you go and adjust it to your measurements.

SIZES

XS (S) M (L) XL (2XL) 3XL (4XL)

MEASUREMENTS

Circumference: 113 (118) 128 (135) 140 (145) 155 (163) cm [44.5 (46.5) 50.5 (53.25) 55 (57) 61 (64.25) inches]

Length (measured at the center back): 54 (55) 57 (58) 60 (61) 62 (63) cm [21.25 (21.75) 22.5 (22.75) 23.5 (24) 24.5 (24.75) inches]

SUGGESTED NEEDLES

5 mm [US 8] circular needles (80 or 100 cm) [32 or 40 inches]

4.5 mm [US 7] circular needles (80 or 100 cm) [32 or 40 inches]

4 mm [US 6] circular needles (80 or 100 cm) [32 or 40 inches]

GAUGE

In stocking stitch using 5 mm [US 8] needles.

16 sts / 23 rows = 10 x 10 cm [4 x 4 inches].

The given gauge is measured after washing and blocking.

MATERIALS

400 (450) 500 (500) 550 (600) 650 (650) gr Woolia, Gepard, 50 gr / 133 m.

held together with...

75 (100) 100 (100) 100-125 (125) 125 (125) gr Cashmere Lace, Gepard, 25 gr / 350 m.

Work the sweater holding 2 strands together, 1 strand of Woolia and 1 strand of Cashmere Lace.

or...

450 (500) 550 (600) 600 (650) 700 (750) gr Pura Lana, Gepard, 50 gr / 115 m.

held together with...

75 (100) 100 (100) 100-125 (125) 125 (125) gr Cashmere Lace, Gepard, 25 gr / 350 m.

Work the sweater holding 2 strands together, 1 strand of Pura Lana and 1 strand of Cashmere Lace.

or...

300 (325) 375 (375) 400 (425) 475 (500) gr My Soft One, Gepard, 25 gr / 90 m.

held together with...

125 (150) 150 (175) 175 (175) 200 (200) gr Kid Seta, Gepard, 25 gr / 212 m.

Work the sweater holding 2 strands together, 1 strand of My Soft One together with 1 strand of Kid Seta.

BEFORE YOU BEGIN

It is important to make a gauge swatch to ensure that your needle size gives the correct gauge. If your gauge differs, the finished proportions of your sweater will be affected.

Size guide

Sweater No. 30 V-neck has an oversized fit. Calculate a positive ease of approx. 30-35 cm [11.75-13.75 inches] for sizes XS-XL and approx. 20-25 cm [7.75-9.75 inches] for sizes 2XL-4XL. The positive ease is designed to provide the most flattering fit for each size.

Sizes XS (S) M (L) XL (2XL) 3XL (4XL) correspond to European standard sizes and fit a bust circumference of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 (130-140) cm [31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.25) 39.25-43.25 (43.25-47.25) 47.25-51.25 (51.25-55) inches].

For example: If your bust circumference is 88 cm [34.75 inches], you should add 30-35 cm [11.75-13.75 inches] = 118-123 cm [46.5-48.5 inches]. Therefore, you should make size S with a finished circumference of 118 cm [46.75 inches].

The model is wearing size S.

Introduction to the workflow

First, the two shoulders are worked. Then, the back is worked by picking up stitches along the back edge of both shoulders and casting on stitches for the neck using a knitted cast-on method. Short rows are used to shape the back. Two front pieces are formed by picking up stitches along the front edges of the two shoulders. Short rows are also used to shape the fronts while increasing for the neckline. Once the shaping is completed, the two fronts are joined. The front and back are then joined on circular needles, and the body is worked in the round, finishing with a ribbed edge. The sleeves are worked by picking up stitches along the armholes. The sleeve caps are shaped with short rows, then the sleeves are worked in the round and finished with ribbing. Finally, the neck is worked.

Increases

Increases are worked so that they slant either to the right (M1R/M1Rp) or to the left (M1L/M1Lp).

Right-leaning increases

M1R: With your left needle, pick up the bar between two sts from back to front and knit.

M1Rp: With your left needle, pick up the bar between two sts from back to front and purl.

Left-leaning increases

M1L: With your left needle, pick up the bar between two sts from front to back and knit through the back loop.

M1Lp: With your left needle, pick up the bar between two sts from front to back and purl through the back loop.

Decreases

Decreases at the sleeves are worked as either k2tog or SSK. For the neckline you will use the CDD.

k2tog: Knit 2 sts together.

k2tog tbl: Work using the 'SSK' method = slip, slip, knit.

Slip 2 sts knitwise, *one at a time*, then knit them together through the back loop.

In the pattern, the decrease CDD/k3tog is used to shape the v-neck.

CDD = Centered Double Decrease.

Slip 2 sts together knitwise, k1, then pass the 2 slipped sts over.

TIP! See here for how to make CDD: <https://www.youtube.com/watch?v=DZ1Fc92ZoCE>

SHORT ROWS

Short rows are used to shape the back and sleeve caps. You can use your preferred method, but German Short Rows give a beautiful and nearly invisible result.

TIP! If you're not familiar with this method, have a look here:

<https://www.youtube.com/watch?v=z-E3YSHPOYs&t=4s>

BEGIN YOUR WORK HERE

SHOULDERS

Cast on 23 (23) 25 (25) 25 (27) 27 (27) sts using 5 mm [US 8] circular needles.

Work back and forth in stocking stitch.

1st row (WS): P all sts.

2nd row (RS): K all sts.

Continue until you have worked a total of 46 (48) 50 (52) 54 (56) 58 (60) rows. The last row is a RS row.

Break the yarn and leave stitches on hold on a wire/thread.

Work the second shoulder the same way but do not break the yarn.

BACK

Now, you will shape the back. Pick up sts along one long edge of the shoulders using 5 mm [US 8] circular needles and cast on new sts for the neck. Work as follows:

Begin at the sts left on hold on the outer edge of the last shoulder worked and work towards the cast-on edge. Pick up and knit 2 out of 3 sts, which corresponds to picking up 31 (32) 34 (35) 36 (37) 39 (40) sts. Place a marker M1. Then, in extension cast on 19 (19) 21 (21) 21 (23) 23 (23) new sts for the neck using the knitted cast-on method. Place a marker, M2.

NOTE! When casting on sts, hold the WS facing up. See how to do it here:

<https://www.youtube.com/watch?v=2jfkxdMKhHw>

Continue from the RS. Pick up and knit 31 (32) 34 (35) 36 (37) 39 (40) sts along the second shoulder. Begin at the cast on edge and work towards the sts left on hold.

You have now 81 (83) 89 (91) 93 (97) 101 (103) sts on your needles.

Break the yarn, turn with WS facing up, and move the first 31 (32) 34 (35) 36 (37) 39 (40) sts (= right shoulder sts) to the right side of circular needles, so that the first sts to be worked are those cast on for the neck.

NOTE! The turns are always made in the last of the specified sts.

Now, shape the back using short rows.

1st step (WS): Join in new yarn, p the next 19 (19) 21 (21) 21 (23) 23 (23) sts (=neck sts). You are now before M1. Turn. You are now on the RS.

2nd step (RS): K to 4 sts past M2. Turn. You are now on the WS.

3rd step (WS): P to 4 sts past M1. Turn. You are now on the RS.

Continue working short rows, turning 4 sts after the last double st. That is: k/p to the last double st, k/p this st, k/p 4 more sts, and turn at the last of the 4 worked sts.

1st row (RS): K to 4 sts after the last double stitch. Turn.

2nd row (WS): P to 4 sts after the last double stitch. Turn

Continue working **rows 1st - 2nd** until you have turned 7 (7) 8 (8) 8 (9) 9 (9) times on each shoulder, for a total of 15 (15) 17 (17) 17 (19) 19 (19) rows.

The last turn is done 3 (4) 2 (3) 4 (1) 3 (4) sts before the end of the row on the WS.

Remove the markers.

Now, work back and forth across the 81 (83) 89 (91) 93 (98) 101 (103) back sts. The stitch count remains constant.

1st row (RS): K all sts.

2nd row (WS): P all sts.

Work **rows 1st – 2nd** a total of 16 (18) 18 (18) 17 (17) 17 (17) times (you have worked a total of 32 (36) 36 (36) 34 (34) 34 (34) rows).

Now, work increases to shape the armholes.

1st row (RS): K4, **M1L**, k to 4 sts before end of row, **M1R**, k4.

2nd row (WS): P all sts.

Work **rows 1st - 2nd** a total of 4 (4) 5 (6) 6 (6) 8 (9) times.

You have now added 8 (8) 10 (12) 12 (12) 16 (18) sts to your work. There are 89 (91) 99 (103) 105 (109) 117 (121) sts on your needles.

Break the yarn and let the back sts on hold while you work the fronts.

LEFT FRONT

Begin at the cast-on edge on the left shoulder (left when wearing the sweater) and pick up and knit 31 (32) 34 (35) 36 (37) 39 (40) sts along the remaining long edge using the short end of the yarn and 5 mm [US 8] circular needles. The pick-up begins at the neckline and ends at the shoulder.

The number of sts corresponds to 2 out of 3 sts. That is: pick up in 2 sts, skip 1 st, pick up in 2 sts, skip 1 st, and so on.

TIP! See how to pick up sts with the short end of the yarn here:

<https://www.youtube.com/watch?app=desktop&v=3D5dDef2hq0>

Push the sts back to the opposite end of circular needles so the first row can be worked from the RS.

Now, the short rows begin.

Work as follows:

1st row (RS): K4, turn.

2nd row (WS): P all sts.

3rd row (RS): K to 4 sts after the last double st, turn.

4th row (WS): P all sts.

From here, work increases to shape the neckline. The short rows continue.

To create symmetry on the two fronts, increases on the left front are worked on the RS.

Work as follows:

1st row (RS): K4, **M1L**, k to 4 sts after the last double st, turn.

2nd row (WS): P all sts.

3rd row (RS): K to 4 sts after the last double st, turn.

4th row (WS): P all sts.

Work **rows 1st - 4th** a total of 2 (2) 3 (3) 3 (3) 3 (3) times.

In sizes **XS, S, 2XL, 3XL, 4XL** work **rows 1st – 2nd** once more.

You have now worked 7 (7) 8 (8) 8 (9) 9 (9) short rows.

The last turn is worked 3 (4) 2 (3) 4 (1) 3 (4) sts before the end of the row.

You have added 3 (3) 3 (3) 3 (4) 4 (4) sts to your work, and there are now 34 (35) 37 (38) 39 (41) 43 (44) sts on your needles.

From here, continue working increases for the neckline.

NOTE! In sizes XS, S, 2XL, 3XL, 4XL begin with the 3rd row on the first of the 8 (8) - (-) - (9) 9 (9) repeats of the following.

Work as follows:

1st row (RS): K4, **M1L**, k to the end of row.

2nd row (WS): P all sts.

3rd row (RS): K all sts.

4th row (WS): P all sts.

Work **rows 1st - 4th** a total of 8 (8) 8 (8) 8 (9) 9 (9) times.

You have now 41 (42) 45 (46) 47 (49) 51 (52) sts on your needles.

Break the yarn and leave the sts on hold while working the right front.

RIGHT FRONT

Begin at the edge with the sts left on hold on the right shoulder (right when wearing the sweater) and pick up and knit 31 (32) 34 (35) 36 (37) 39 (40) sts along the remaining long edge using 5 mm [US 8] circular needles. The pick-up begins at the shoulder and ends at the neckline.

The number of sts corresponds to 2 out of 3 sts. That is: pick up in 2 sts, skip 1 st, pick up in 2 sts, skip 1 st, and so on.

The first row is a WS row.

Work as follows:

1st row (WS): K4, turn.

2nd row (RS): K all sts.

3rd row (WS): P to 4 sts after the last double st, turn.

4th row (RS): K all sts.

From here, work increases to shape the neckline. The short rows continue.

Increases are worked on the WS.

Work as follows:

1st row (WS): P4, **M1Rp**, p to 4 sts after the last double st, turn.

2nd row (RS): K all sts.

3rd row (WS): P to 4 sts after the last double st, turn.

4th row (RS): K all sts.

Work **rows 1st - 4th** a total of 2 (2) 3 (3) 3 (3) 3 (3) times.

In **sizes XS, S, 2XL, 3XL, 4XL** work **rows 1st - 2nd** once more.

You have now worked 7 (7) 8 (8) 8 (9) 9 (9) short rows.

The last turn is worked 3 (4) 2 (3) 4 (1) 3 (4) sts before the end of row.

You have added 3 (3) 3 (3) 3 (4) 4 (4) sts to your work, and there are now 34 (35) 37 (38) 39 (41) 43 (44) sts on your needles.

From here, continue working increases along the neckline

NOTE! In sizes XS, S, 2XL, 3XL, 4XL begin with 3rd row on the first of the 8 (8) - (-) - (9) 9 (9) repeats of the following.

Work as follows:

1st row (WS): P4, **M1Rp**, p to the end of row.

2nd row (RS): K all sts.

3rd row (WS): P all sts.

4th row (RS): K all sts.

Work **rows 1st – 4th** a total of 8 (8) 8 (8) 8 (9) 9 (9) times.

You have now 41 (42) 45 (46) 47 (49) 51 (52) sts on your needles.

Break the yarn.

FRONT

On the next row, the two fronts are joined. Then, increases are worked to shape the armholes.

The number of rows varies depending on the size.

Transfer the sts from the right and left fronts onto the same circular needles.

Join in new yarn and begin working from the RS on the right front.

Work as follows:

Sizes XS, S, M, L, XL:

1st row (RS): K across the right front until 1 st remains, k this st together with the 1st st from the left front, k across the left front to the end of row.

2nd row (WS): P all sts.

Work an additional 0 (4) 2 (2) 2 (-) - (-) rows in stocking stitch, keeping the stitch count constant.

You have worked a total of 32 (36) 36 (36) 34 (-) - (-) rows after short rows.

You have now 81 (83) 89 (91) 93 (-) - (-) sts on your needles.

Now, work increases to shape the armholes.

Work as follows:

1st row (RS): K4, **M1L**, k to 4 sts before the end of row, **M1R**, k4.

2nd row (WS): P all sts.

Work **rows 1st – 2nd** a total of 4 (4) 5 (6) 6 (-) - (-) times.

You have now 89 (91) 99 (103) 105 (-) - (-) sts on your needles.

Go to the section **BODY**.

Sizes 2XL-4XL:

1st row (RS): K4, **M1L**, k across the right front until 1 st remains, k this st together with the 1st st from the left front, k across the left front to 4 sts before the end of row, **M1R**, k4.

2nd row (WS): P all sts.

3rd row (RS): K4, **M1L**, k to 4 sts before the end of row, **M1R**, k4.

4th row (WS): P all sts.

Work **rows 3rd – 4th** a total of - (-) - (-) - (5) 7 (8) times. You have now worked - (-) - (-) - (6) 8 (9) increases along the armholes.

You have now - (-) - (-) - (109) 117 (121) sts on your needles.

BODY

Now, the front and back are joined.

K across the 89 (91) 99 (103) 105 (109) 117 (121) front sts, cast on 1 (3) 3 (5) 7 (7) 7 (9) new sts using the knitted cast-on method = left armhole. K across the 89 (91) 99 (103) 105 (109) 117 (121) back sts. Cast on 1 (3) 3 (5) 7 (7) 7 (9) new sts using the knitted cast-on method = right armhole.

Place a marker, M1, at the center under the right armhole. The rnd begins here.

All sts are now joined on the same circular needles. There are 180 (188) 204 (216) 224 (232) 248 (260) sts on your needles.

Work in the round in stocking stitch until the work measures 47 (48) 50 (51) 53 (54) 55 (56) cm [18.5 (19) 19.75 (20) 20.75 (21.25) 21.75 (22) inches] measured at the center back.

Now, work the ribbed edge.

Change to 4.5 mm [US 7], and k 1 rnd.

Then, work in rib *k1, p1* to the end of rnd.

Continue in rib until the ribbed edge measures 7 cm [2.75 inches].

Before binding off, work 2 rounds of double knitting.

1st rnd: *K1, slip 1 purlwise with the yarn in front*, repeat from * to * to the end of rnd.

2nd rnd: *Slip 1 purlwise with the yarn in back, p1*, repeat from * to * to the end of rnd.

TIP! See how to work double knitting: https://www.youtube.com/watch?v=0W14R_0VsU0

Bind off using the Italian bind-off method.

TIP! See how to work the Italian bind-off: <https://www.youtube.com/watch?v=5j4qFYHLTIY>

NECK

Now, work the neck.

Pick up and knit 1 out of 1 st along the neckline using 4 mm [US 6] circular needles. Begin the pick-up at the seam between the left saddle shoulder and the back. Pick up a total of 150 (150) 164 (164) 164 (178) 178 (178) sts.

The stitches are distributed as follows:

21 (21) 23 (23) 23 (25) 25 (25) sts along the left shoulder, 44 (44) 48 (48) 48 (52) 52 (52) sts along the left front, 1 st in the center st at the bottom of the V-neck (NOTE! Be very careful to pick up in the st itself and not in a gap), 44 (44) 48 (48) 48 (52) 52 (52) sts along the right front, 21 (21) 23 (23) 23 (25) 25 (25) sts along the right shoulder, 19 (19) 21 (21) 21 (23) 23 (23) sts along the back.

Place a marker in the center st at the front.

1st rnd: *k1, p1* repeat from * to * to 1 st before center st, CDD, p1, *k1, p1, repeat from * to * to the end of rnd.

2nd - 11th rnds: K over k and p over p to 1 st before center st, CDD, k over k and p over p to the end of rnd.

TIP! See how to work CDD: <https://www.youtube.com/watch?v=GsqG1T9LD58>

The ribbed edge now measures approx. 3,5 cm [1.5 inches].

Work 2 rnds of double knitting as follows:

1st rnd: *K1, slip 1 purlwise with the yarn in front*, repeat from * to * to the end of rnd.

2nd rnd: *Slip 1 purlwise with the yarn in back, p1*, repeat from * to * to the end of rnd.

Bind off using the Italian bind-off method. Make sure to bind off relatively tightly.

SLEEVES

Now, work the sleeves. The sleeve cap is shaped by working short rows back and forth. Once this part is completed, the sleeve is finished by working in the round on circular needles.

Transfer the 23 (23) 25 (25) 25 (27) 27 (27) sts left on hold back to circular needles without working them. Place a marker, M2, right after them.

Join in new yarn and pick up and knit 27 (30) 31 (32) 31 (31) 31 (31) sts along the front/back, corresponding to frequency of approx. 2 out of 3 sts.

Pick up and knit 1 (2) 2 (3) 4 (4) 4 (5) sts under the armhole, place a marker, M0 (beginning of rnd), and pick up and knit an additional 0 (1) 1 (2) 3 (3) 3 (4) sts under the armhole. Then, pick up and knit 27 (30) 31 (32) 31 (31) 31 (31) sts along the front/back, corresponding to a frequency of approx. 2 out of 3 sts. Place a marker, M1. Break the yarn.

You have now 78 (86) 90 (94) 94 (96) 96 (98) sts on your needles.

Now, work short rows.

Transfer the last 2 newly cast-on sts to the left side of the circular needles so that you are 2 sts before M1. Join in new yarn.

1st row (RS): K2, SM1, k2tog, k to 2 sts before M2, k2tog tbl, SM2, k5, turn.

2nd row (WS): P to 5 sts after M1, turn.

3rd row (RS): K to 3 sts after the last double st, turn.

4th row (WS): P to 3 sts after the last double st, turn.

Work **rows 3rd – 4th** another 6 (7) 8 (8) 8 (8) 8 (8) times.

The short rows are now completed. K to M0.

You have now 76 (84) 88 (92) 92 (94) 94 (96) sts on your needles.

Work 1 (4) 6 (0) 0 (0) 4 (0) cm [0.5 (1.5) 2.25 (0) 0 (0) 4 (0) inches] in stocking stitch in the round.

Continue in the round in stocking stitch while **at the same time** working decreases every 7th (5th) 5th (6th) 6th (5th) 5th (5th) rnd a total of 13 (17) 16 (16) 16 (17) 17 (18) times, as follows:

1st rnd: K2, **k2tog**, k to 5 sts before the end of rnd, **k2tog tbl**, k3.

2nd - 7th (5th) 5th (6th) 6th (6th) 5th (5th) rnd: K all sts.

Each decrease round reduces the stitch count by 2 sts.

When the 13 (17) 16 (16) 16 (17) 17 (18) repeats are completed, the sleeve measures approx. 41 (41) 41 (42) 42 (41) 41 (41) cm [16.25 (16.25) 16.25 (16.5) 16.5 (16.25) 16.25 (16.25) inches] from the armhole.

There are now 50 (50) 56 (60) 60 (60) 60 (60) sts on your needles.

TIP! Try on your sweater to ensure the sleeve length is correct before working the ribbed cuff. The sleeve should reach your wrist at this point.

Change to 4.5 mm [US 7] circular needles and knit 1 round.

Work in rib *k1, p1* in the round until the cuff measures 7 cm [2.75 inches].

Before binding off, work 2 rounds of double knitting.

1st rnd: *K1, slip 1 purlwise with the yarn in front*, repeat from * to * to the end of rnd.
2nd rnd: *Slip 1 purlwise with the yarn in back, p1*, repeat from * to * to the end of rnd.

Bind off using the Italian bind-off method.

FINISHING

Finally, weave in all loose ends with kitchener stitch or preferred method.

Wash and block the sweater to the given measurements.

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