

KnitsForDays

Summer Shirt

Summer Shirt is a short-sleeved shirt with collar and button bands. The shirt is worked from the top down, where short rows are used to shape the slant of the shoulder. The button bands and the collar are worked in double knit, and the body and sleeves are finished with a folded hem.

Sizes:

XS (S) M (L) XL (2XL) 3XL

Bust circumference:

93 (98) 103 (108) 118 (128) 138 cm or 36.5 [38.5] 40.5 [42.5] 46.5 [50] 54 inches (measured just below the armholes).



Size guide:

Summer Shirt is designed to have approx. 8 cm [3 inches] of positive ease.

The sizes XS (S) M (L) XL (2XL) 3XL are designed to fit a bust circumference of 80-85 cm (85-90 cm) 90-95 cm (95-100 cm) 100-110 cm (110-120 cm) 120-130 cm or 31.5-33.5 inches [33.5-35.5 inches] 35.5-37.5 inches [37.5-39.5 inches] 39.5-43.25 inches [41.25-47.25 inches] 47.25-51.25 inches.

Measure yourself with a measuring tape around your bust or your widest upper body point to determine which size will fit you. (Keep in mind that these measurements will only be achieved if you are using the correct gauge).

Recommended needles:

Circular needle 4 mm [US 6] (40 cm, 60 cm and 80 cm or 100 cm) [16, 24 and 32 or 40 inches]

Circular needle 3.5 mm [US 4] (40 cm and 80 cm or 100 cm) [16 and 32 or 40 inches]

Circular needle 3 mm [US 2 or 3] (60 cm) [24 inches]

Gauge:

24 stitches x 34 rows in stockinette stitch on needle 4 mm [US 6] = 10 x 10 cm [4 x 4 inches]

Materials:

300 (325) 350 (375) 400 (450) 500 g of Fresh Cashmere by Norli Lana (25 g = 85 m) [92 yards].

5 buttons (15 mm).

Before you start

Before you start to knit your Summer Shirt, it is important to knit a swatch to determine which needle size will give you the correct gauge. It is important to knit with the right gauge, so your shirt gets the right measurements and proportions.

If you have too many stitches on your swatch, you should try a larger needle.

If you don't have enough stitches on your swatch, you should try a smaller needle.

A brief overview of the construction

First, stitches are cast on for the back piece, which is worked using short rows to shape the slant of the shoulder. The rest of the back piece is worked back and forth in stockinette stitch, and the stitches are placed on hold. Then each front piece is worked individually, where increases are made for the neckline. Now the three pieces will be gathered, and the rest of the body is worked in stockinette stitch and finished off with a folded hem. Stitches are now picked up for the button bands, and they are worked in double knit, where the right button band is worked with buttonholes as well. Then stitches are picked up for the collar, which is worked in double knit and bound off using the italian bind off method. Finally, stitches are picked up for the sleeves, which are worked in stockinette stitch, and finished off with a folded hem.

Techniques that will be used

Increases:

The increases will be knitted so they either slant to the right or to the left by using the method Make 1 (M1).

Right slanting M1 (M1R): From the back, lift the bar between two stitches with the left needle, knit into the front of the loop.

Left slanting M1 (M1L): From the front, lift the bar between two stitches with the left needle, knit into the back of the loop.

Click the link below to watch how to make the M1 stitches:

<https://www.youtube.com/watch?v=nkOwLvcG7m8>

German short rows:

The short rows are made using the technique German short rows.

How to turn: Turn your work around and make sure you have your yarn on the front of your work. Slip the first stitch purlwise. Take your yarn and go up and over the right hand needle, so you now have two strands for the same stitch (double stitch).

Hiding the double stitch:

When you get to the double stitch, you work it as a normal stitch, so you either knit it as if it was one stitch, or you purl it as if it was one stitch.

Click the link below to watch how to do the german short rows:

<https://www.youtube.com/watch?v=QoScYNW9LrU>

Double knitting

When working in double knit, you will only be knitting every other stitch, so you get a right side on both sides of the work. This is done the following way:

Knit 1 stitch, slip one stitch with the yarn in front of the work as if to purl.

Repeat from * to * to the end of the row.

Click the link below to watch how to work in double knit:

<https://www.youtube.com/watch?v=iAtTtF3qTqA>

Let's begin!

Back piece

Using your circular needle size 4 mm [US 6] (60 cm) [24 inches], cast on 112 (118) 124 (130) 142 (154) 166 stitches.

Break the yarn.

Turn your work to the wrong side. Slip 35 (38) 40 (43) 48 (53) 58 stitches, so you start to knit in the middle of your stitches.

Purl 42 (42) 44 (44) 46 (48) 50 stitches.

Turn your work around as described under “german short rows” in the technique section. Knit the next 41 (41) 43 (43) 45 (47) 49 stitches. Turn your work around.

Now repeat the following two rows:

*Row 1 (wrong side): Purl until you have purled the double stitch + 2 additional stitches. Turn around.

Row 2 (right side): Knit until you have knitted the double stitch + 2 additional stitches. Turn around.*

Repeat from * to * 17 (18) 19 (21) 23 (26) 28 times in total. You will now have 1 (2) 2 (1) 2 (1) 2 stitches left at each end of the needle, which haven't been worked yet.

You can now start to work back and forth in stockinette stitch. Knit until your piece measures 23 (24) 25 (26) 28 (30) 32 cm or 9 [9.5] 10 [10.25] 11 [11.75] 12.5 inches, measured from the middle of the back piece and down. End with a wrong side row.

Place the stitches on hold and break the yarn.

Left front piece

The left shoulder is started by picking up stitches along the top edge of the back piece. This is done from the right side of the work.

Using your circular needle size 4 mm [US 6] (60 cm) [24 inches], pick up 35 (38) 40 (43) 48 (53) 58 stitches in between the stitches along the left shoulder (left when you are wearing the shirt).

Pick up the stitches with the short end of the yarn, where you pick up the stitches from the neck towards the shoulder. Your working yarn will therefore be at the neck.

Click the link below to watch how to pick up stitches with the short end of the yarn:

<https://www.youtube.com/watch?v=76Zwet79aGM>

Knit 1 row and purl 1 row.

You will now be making increases for the neckline.

The increases are made at every other right side row:

*Knit 1 stitch, M1L, knit the rest of the row.

Purl 1 row.

Knit 1 row.

Purl 1 row.*

Repeat from * to * 4 times in total. You will now have 39 (42) 44 (47) 52 (57) 62 stitches.

The increases are now made at every right side row:

*Knit 1 stitch, M1L, knit the rest of the row.

Purl 1 row.*

Repeat from * to * 5 (5) 6 (6) 7 (8) 9 times in total. You will now have 44 (47) 50 (53) 59 (65) 71 stitches.



You will now be casting on additional stitches for the neckline. Do this by casting on 8 stitches using the knitted cast on method.

Click the link below to watch the knitted cast on method:

<https://www.youtube.com/watch?v=lzVy8fRfOw0&t=47s>

You will now have 52 (55) 58 (61) 67 (73) 79 stitches for your front piece.

Work back and forth in stockinette stitch until your front piece measures 23 (24) 25 (26) 28 (30) 32 cm or 9 [9.5] 10 [10.25] 11 [11.75] 12.5 inches.

End with a wrong side row.

Place the stitches on hold and break the yarn.

Right front piece

The right shoulder is also started by picking up stitches along the top edge of the back piece. This is done from the right side of the work.

Using your circular needle size 4 mm [US 6] (60 cm) [24 inches], pick up 35 (38) 40 (43) 48 (53) 58 stitches in between the stitches along the right shoulder (right when you are wearing the shirt). Pick up the stitches with the short end of the yarn, where you pick up the stitches from the outermost point of the shoulder towards the neck. Your working yarn will therefore be at the shoulder.

Knit 1 row and purl 1 row.

You will now be making increases for the neckline.

The increases are made at every other right side row:

*Knit until there is 1 stitch left, M1R, knit 1 stitch.

Purl 1 row.

Knit 1 row.

Purl 1 row.*

Repeat from * to * 4 times in total. You will now have 39 (42) 44 (47) 52 (57) 62 stitches.

The increases are now made at every right side row:

*Knit until there is 1 stitch left, M1R, knit 1 stitch.

Purl 1 row.*

Repeat from * to * 5 (5) 6 (6) 7 (8) 9 times in total. You will now have 44 (47) 50 (53) 59 (65) 71 stitches.

You will now be casting on additional stitches for the neckline. First, knit 1 row. Then cast on 8 stitches using the knitted cast on method.

You will now have 52 (55) 58 (61) 67 (73) 79 stitches for your front piece.

Work back and forth in stockinette stitch until your front piece measures 23 (24) 25 (26) 28 (30) 32 cm or 9 [9.5] 10 [10.25] 11 [11.75] 12.5 inches.

End with a right side row.

The body

You will now join the two front pieces and the back piece.

Place the held stitches from the back piece and the left front piece on your circular needle size 4 mm [US 6] (60 cm) [24 inches].

Purl across the right front piece. Cast on 1 stitch using the knitted cast on method.

Purl across the back piece. Cast on 1 stitch using the knitted cast on method.

Purl across the left front piece.

Change to your longer circular needle 4 mm [US 6] (80 or 100 cm) [32 or 40 inches].

You will now have 218 (230) 242 (254) 278 (302) 326 stitches.

Work back and forth in stockinette stitch until your piece measures 50 (51) 53 (54) 56 (58) 60 cm or 19.5 [20] 20.75 [21.25] 22 [22.75] 23.5 inches measured from the middle of the back and down. You can try the piece on and adjust the length if needed, so you get the perfect length that fits you.

End with a right side row.

Knit 1 row from the wrong side.

Change to your circular needle 3.5 mm [US 4] (80 or 100 cm) [32 or 40 inches].

Knit another 4 cm or 1.5 inches of stockinette stitch.

Bind off the stitches loosely. Fold down the hem and sew it down.

Click the link below to watch how to sew down the folded hem:

<https://www.youtube.com/watch?v=E8/cjzMmuVQ&t=35s>

Button bands

Left button band

You will now be picking up stitches for the left button band along the left front piece. This is done from the right side of the work.

Pick up stitches in every stitch using your circular needle 3 mm [US 2 or 3] (60 cm) [24 inches]. Pick up from the top down. Make sure to pick up through both layers of the folded hem.

You will now have approx. 132 (134) 138 (140) 144 (148) 150 stitches.

Break the yarn. The button band will now be worked from the top down.

Start by casting on 11 stitches using the italian cast on method, onto your needle you have at the top of your work.

Click the link below to watch how to cast on using the italian cast on method:

<https://www.youtube.com/watch?v=gO6t5St77NM>

You will now be knitting the button band in double knit, by repeating the following two rows:

*Row 1: Work in double knit until there is 1 stitch left of your cast on stitches (begin with a knit stitch). Knit the next 2 stitches together through the back loop.

Row 2: Turn your work to the wrong side, work the rest of the row in double knit (begin by slipping one stitch with the yarn in front of the work as if to purl).*

Click the link below to watch how to knit 2 stitches through the back loop:

<https://www.youtube.com/watch?v=mXBiWdbxmMk>

Repeat from * to * until you have 1 of your picked up stitches left.

Bind off the stitches using the Italian bind off method.

The last two stitches should be bound off together. So when you are sewing through the second last stitch purlwise, sew instead through both of the last two stitches. Next, you are going to sew through the third last stitch purlwise and slip it off the needle. Now, slip off the last two stitches as well, without sewing through them, and pull the yarn.

Click the link below to watch the italian bind off method:

<https://www.youtube.com/watch?v=PYNI2xsz6il>

Right button band

You will now be picking up stitches for the right button band along the right front piece. This is done from the right side of the work.

Pick up stitches in every stitch using your circular needle 3 mm [US 2 or 3] (60 cm) [24 inches]. Pick up from the bottom up. Make sure to pick up through both layers of the folded hem.

You will now have approx. 132 (134) 138 (140) 144 (148) 150 stitches.



Break the yarn. The button band will now be worked from the bottom up.

You will now be placing markers for the buttonholes.

Place the 1st marker between the 6th and 7th stitch counted from the bottom up.

Place the 5th marker between the 12th and 13th stitch counted from the top down.

Count the stitches between the two markers and divide the number by 4. If necessary, move the upper or lower marker a little so you end up with an even number.

The 2nd, 3rd and 4th markers are now placed by counting the number you just calculated from each marker.

You can now begin to knit the button band in double knit.

Start by casting on 11 stitches using the italian cast on method, onto your needle you have at the bottom of your work.

You will now be knitting the button band in double knit, by repeating the following two rows:

*Row 1: Work in double knit until there is 1 stitch left of your cast on stitches (begin with a knit stitch). Knit the next 2 stitches together through the back loop.

Row 2: Turn your work to the wrong side, work the rest of the row in double knit (begin by slipping one stitch with the yarn in front of the work as if to purl).*

Repeat from * to * until you reach the first marker.

Remove the marker. You will now be making the first buttonhole.

*Row 1 (right side): Work 6 stitches in double knit (begin with a knit stitch).

Row 2 (wrong side): Turn your work to the wrong side, work 6 stitches in double knit (begin with a knit stitch).*

Repeat from * to * 4 times in total.

Repeat row 1 (right side) one last time. Break the yarn.

You can now knit the other half of the stitches.

*Row 1 (right side): Work 4 stitches in double knit (begin with a knit stitch). Knit the next 2 stitches together through the back loop.

Row 2 (wrong side): Turn your work to the wrong side, work 5 stitches in double knit (begin by slipping one stitch with the yarn in front of the work as if to purl).*

Repeat from * to * 4 times in total.

Repeat row 1 (right side) one last time.

On the next row, which is a wrong side row, work in double knit across all of the stitches.

Click the link below to watch how to make the buttonholes:

<https://www.youtube.com/watch?v=Ir28MBj0qJk>

Repeat all of this at each of the 5 markers. So you will now be working in double knit to the next marker, and then make another buttonhole.

When you have made the last buttonhole, work in double knit until you have 1 of your picked up stitches left.

Bind off the stitches using the Italian bind off method.

The last two stitches should be bound off together. So when you are sewing through the second last stitch purlwise, sew instead through both of the last two stitches. Next, you are going to sew through the third last stitch purlwise and slip it off the needle. Now, slip off the last two stitches as well, without sewing through them, and pull the yarn.

The collar

You will now be picking up stitches for the collar.

Do this by picking up in every stitch using your circular needle 3 mm [US 2 or 3] (60 cm) [24 inches]. Start in the middle of your right button band, so you pick up in 3 out of the 6 knit stitches. Finish in the middle of your left button band, so you pick up in 3 out of the 6 knit stitches.

You will now have approx. 122 (122) 126 (126) 132 (138) 144 stitches. Make sure you have an even amount of stitches.

Break the yarn.

You will now be starting with a right side row, where you set up for the double knitting. This is done by knitting the front and back of each stitch.

Click the link below to watch how to knit front and back:

https://www.youtube.com/watch?v=H_XCkQjtGfQ

You will now have approx. 244 (244) 252 (252) 264 (276) 288 stitches.

You can now begin to work back and forth in double knit. Knit until the collar measures 7 cm or 2.75 inches.

Bind off the stitches using the Italian bind off method.

The sleeves

You will now be picking up stitches for the sleeve using your circular needle 4 mm [US 6] (40 cm) [16].

Start in the middle of your armhole. Pick up 3 out of 4 stitches, so you pick up 3 stitches and skip 1 stitch. Make sure to pick up an even amount of stitches.

You will now have approx. 116 (122) 128 (132) 142 (152) 162 stitches.

Place a marker for the beginning of the round, and join for knitting in the round.

Work in stockinette stitch until your sleeve measures 15 (15) 14 (14) 13 (12) 11 cm or 6 [6] 5.5 [5.5] 5 [4.75] 4.5 inches. You can try the shirt on and adjust the sleeve length if needed, so you get the perfect length that fits you.

Purl one round.

Change to your circular needle 3.5 mm [US 4] (40 cm) [16 inches].

Knit another 4 cm or 1.5 inches of stockinette stitch.

Bind off the stitches loosely. Fold down the hem and sew it down.

Knit the other sleeve the same way as above.

Finishing

Sew buttons on the left button band, opposite of the buttonholes.

Weave in all the loose ends.

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