

Stella Alpina

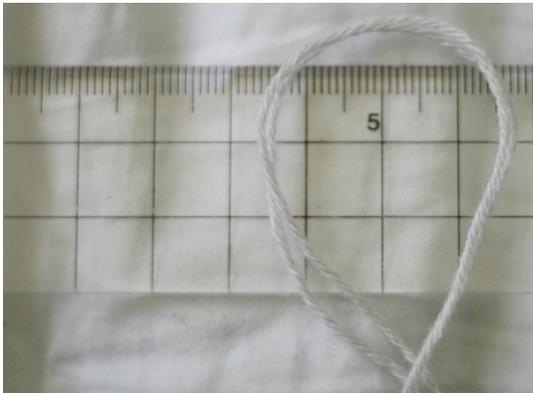
by Cristina T. Ghirlanda

Stella Alpina is a protected wild flower growing in highlands. It has white pointy petals. The lace stitch pattern is inspired by this rare beauty. This sweater is worked seamlessly from the top down. It has a unique placement of short rows that shapes the neck without disrupting the neckline. Both written and charted directions are given for the lace patterns.

Stella Alpina is graded with inclusive sizing in mind, designed to fit actual bust sizes from 76 cm / 30 inches to 168 cm / 66 inches. Measurements are given in both cm and inches.

Materials

Yarn



Fingering weight + fingering weight = DK weight

Yardage: 1115 (1245, 1410, 1540, 1665) {1990, 1995, 2120, 2250, 2405} m / 1220 (1360, 1540, 1685, 1820) {2175, 2180, 2320, 2465, 2630} yds, including 10% allowance

Shown here: Lamana Verona (50% wool, 30% silk, 20% cashmere; 180 m / 197 yds, 25 g / 0.88 oz ball; color: #00): 7 (7, 8, 9, 10) {12, 12, 12, 13, 14} balls

Note: If you use a single strand of DK weight yarn, divide the yardage in half.

Notions

Stitch marker; waste yarn; yarn needle



Needles

- ❖ 4 mm / US 6 circular needle of length 60-100 cm / 24-40 inches, depending on your size; adjust needle size if necessary to obtain gauge.
- ❖ 4 mm / US 6 needles in your preferred style for small circumference knitting in the round, for starting the yoke.
- ❖ 3.5 mm / US 4 circular needle of length 60-100 cm / 24-40 inches, depending on your size, for the hem.
- ❖ 3.5 mm / US 4 needles in your preferred style for small circumference knitting in the round, for the sleeve edgings.

Gauge

22 sts and 34 rows = 10 cm / 4 inches in stockinette stitch on larger needle worked in the round, blocked.



Sizes

Size 1 (2, 3, 4, 5) {6, 7, 8, 9, 10} designed to fit actual bust circumference of 76 (86.5, 96.5, 106.5, 117) {127, 137, 147.5, 157.5, 167.5} cm / 30 (34, 38, 42, 46) {50, 54, 58, 62, 66} inches. For between sizes, choose the smaller size.

This garment is intended to be worn with about 4-10 cm / 1½-4 inches positive ease.

Shown in size 1, modeled with 4.5 cm / 1¾ inches of positive ease.

Finished Measurements

Bust circumference: 83.5 (94.5, 104.5, 114.5, 124.5) {134.5, 147.5, 156.5, 165.5, 174.5} cm / 33 (37¼, 41¼, 45, 49) {53, 58, 61½, 65¼, 68¾} inches

Required Skills

Increases, knitting in the round, picking up stitches

Abbreviations

BO - bind off

BOR - beginning of round

CO - cast on

inc('d) - increase(d)

k - knit

k2tog - knit two together

kfb - knit into front and back of same stitch

m1L - With right needle, lift the strand between the stitch just worked and the next stitch from back to front and place it on left needle, knit into the back of the new stitch.

p - purl

p2tog - Purl two together

pm - place marker

RLI - insert right needle into the purl bump on the WS of next stitch, knit from there (*i.e.*, you are knitting into the right leg of the stitch below the next stitch). See video <https://youtu.be/ID8lxF6lizY>

RS - right side

sm - slip marker

ssk - slip 2 sts individually as if to knit, then knit them together through the back loops

ssp - slip 2 sts individually as if to knit. Return them to the left needle, then purl them together through the back loops

st(s) - stitch(es)

WS - wrong side

yo - yarn over

[...] - repeat as directed

Stitch Guide



Backwards Loop Cast-On: (*See figure above*) Hold your needle in your right hand. Grasp the working yarn in your left hand. Pass the working yarn around your left thumb from back to front. Slip the right needle tip under the loop around your thumb. Pull your thumb out of the loop and tug on the working yarn to tighten up the stitch.

Long-tail Cast-On:

<https://youtu.be/ixBylV-PKOM>

Short Row Turn: You can use *any* short-row technique. The sample uses yarn over short rows, which are worked as follows: Work as instructed to the turning point. Turn work. (*Alternatively, see video tutorial here <https://youtu.be/I17gPsK7c1Q>*)

- ❖ If the first stitch is a purl stitch, make a normal yarn over on the right needle (*i.e.* wrapping the yarn from the front towards the back of the right needle, bring yarn forward and then purl as usual).
- ❖ If the first stitch is a knit stitch, make a backwards yarn over on the right needle (*i.e.* wrapping the yarn from back towards the front of the right needle, bring yarn back and then knit as usual).
- ❖ On subsequent short rows, work the yarn over together with the stitch following it using k2tog on a RS row or ssp on a WS row. It won't be mentioned in the pattern.
- ❖ When the pattern says work to *x* stitches beyond previous turning position, you also count the double stitch if you are using yarn over short rows. If you use another short-row technique, you could place a stitch marker when you turn your work so that you know exactly where to start counting.



Directions

Yoke Set-up

Note: If you use a yarn that lacks memory (e.g., cotton), you may need to go down one needle size for Rounds 1-5.

With yarn held doubled and larger needle (4 mm / US 6) for small circumference knitting, use the long-tail method (or your preferred stretchy cast on) to CO 136 (136, 140, 140, 144) {144, 144, 152, 152, 152} sts. Join and begin working in the round, being careful not to twist stitches. Place BOR marker.

Note: The BOR is at the center back.

Round 1: [K2, p2] around.

Rounds 2-5: Work as Round 1.

Round 6: [Slip 1 purlwise, k3, pass slipped stitch over the 3 sts just worked] around.

(See video <https://youtu.be/rmzsIFyp9BM>)

Round 7: [Yo, k3] around.

Knit 5 rounds.

First Lace Section

Round 1: [Yo, p2tog] around.

Round 2: Knit around.

Round 3: Purl around.

Round 4: Knit around.

Note: The RLI as defined in the pattern (see Abbreviations) includes only the increased stitch, but not the stitch after it.

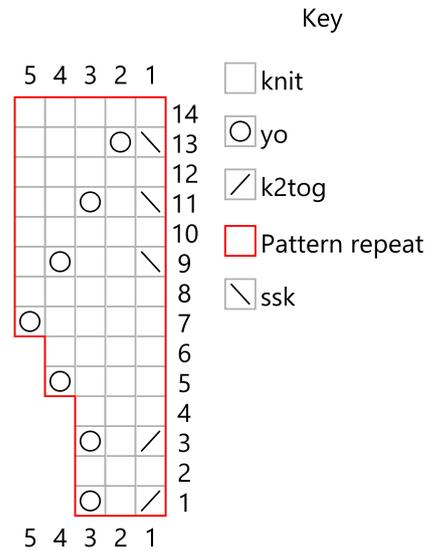
Round 5 (First Increase Round):

- ❖ *K8 (8, 0, 0, 0) {0, 0, 6, 6, 6},
- ❖ [k6 (6, 5, 5, 6) {6, 6, 5, 5, 5}, RLI] 10 (10, 14, 14, 12) {12, 12, 14, 14, 14} times**,
- ❖ repeat from * to ** — 156 (156, 168, 168, 168) {168, 168, 180, 180, 180} sts.

Note: Switch to longer circular needle if necessary when more stitches are accumulated.

Work next 14 rounds in Lace Pattern A.

Lace Pattern A



Round 1: [K2tog, k1, yo] around, placing markers every few pattern repeats to easily keep track of the lace pattern.

Rounds 2 and all even-numbered rounds: Knit around.

Round 3: [K2tog, k1, yo] around.

Round 5: [K3, yo] around – 208 (208, 224, 224, 224) {224, 224, 240, 240, 240} sts.

Round 7: [K4, yo] around – 260 (260, 280, 280, 280) {280, 280, 300, 300, 300} sts.

Round 9: [Ssk, k2, yo, k1] around.

Round 11: [Ssk, k1, yo, k2] around.

Round 13: [Ssk, yo, k3] around.

Round 14: Knit around.

Second Lace Section

Round 1: Knit around.

Round 2: [Yo, p2tog] around.

Round 3: Knit around.

Round 4: Purl around.

Round 5 (Second Increase Round):

- ❖ Sizes 1 (2, 3, 4, -) {-, -, -, -}: [K13 (13, 8, 8, -) {-, -, -, -, -}, m1L] around.
- ❖ Size - (-, -, -, 5) {-, -, -, -, -} only: K5, [k6, m1L] 22 times, k5, [k6, m1L] 23 times.
- ❖ Sizes - (-, -, -, -) {6, 7, 8, 9, 10}: Knit around.



You now have 280 (280, 315, 315, 325) {280, 280, 300, 300, 300} sts.

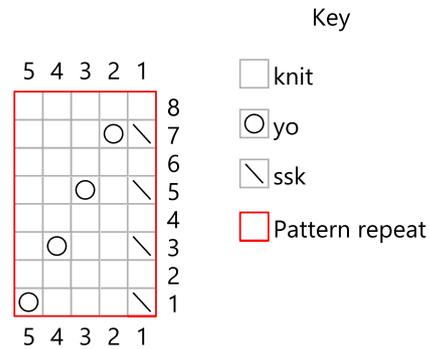
Note: Different sizes use different lace patterns, pay attention to the underlined lace pattern names for your size.

Sizes 1 (2, 3, -, -) {-, 7, 8, 9, 10} only: Work next 8 rounds in Lace Pattern B.

Sizes - (-, -, 4, 5) {-, -, -, -, -} only: Work next 8 rounds in Lace Pattern C1, then work next 6 rounds in Lace Pattern D.

Size - (-, -, -, -) {6, -, -, -, -} only: Work next 8 rounds in Lace Pattern C2, then work next 6 rounds in Lace Pattern D - 350 sts.

Lace Pattern C1



Round 1: [Ssk, k3, yo] around.

Round 2 and all even-numbered rounds: Knit around.

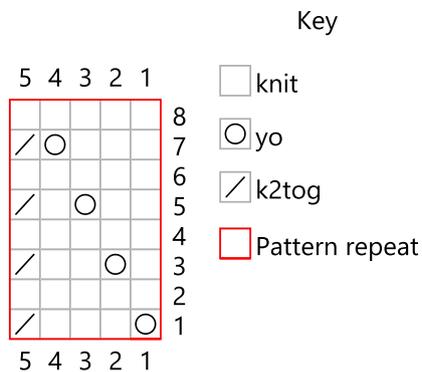
Round 3: [Ssk, k2, yo, k1] around.

Round 5: [Ssk, k1, yo, k2] around.

Round 7: [Ssk, yo, k3] around.

Round 8: Knit around.

Lace Pattern B



Round 1: [Yo, k3, k2tog] around.

Round 2 and all even numbered rounds: Knit around.

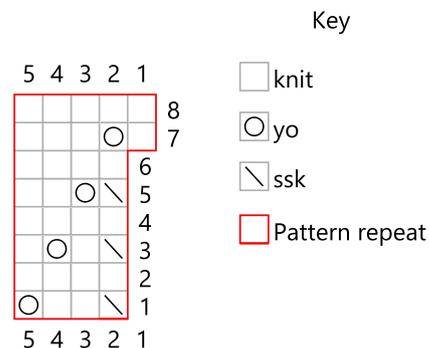
Round 3: [K1, yo, k2, k2tog] around.

Round 5: [K2, yo, k1, k2tog] around.

Round 7: [K3, yo, k2tog] around.

Round 8: Knit around, removing markers as you come to them but keep the BOR marker.

Lace Pattern C2



Round 1: Repositioning markers every few pattern repeats, [ssk, k2, yo] around.

Round 2 and all even-numbered rounds: Knit around.

Round 3: [Ssk, k1, yo, k1] around.

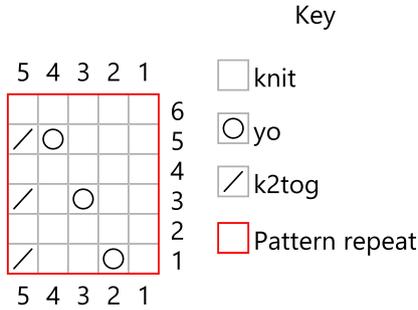
Round 5: [Ssk, yo, k2] around.

Round 7: [K1, yo, k3] around.

Round 8: Knit around.



Lace Pattern D



If you use the charted version, see Round 1 of the written version to shift the BOR position before starting.

Round 1: Remove BOR marker, k1, place BOR marker, [k1, yo, k2, k2tog] around.

Round 2 and all even-numbered rounds: Knit around.

Round 3: [K2, yo, k1, k2tog] around.

Round 5: [K3, yo, k2tog] around.

Round 6: Knit around, removing markers as you come to them but keep the BOR marker.

Third Lace Section (Sizes - (-, -, -, -) {-, 7, 8, 9, 10} only)

Round 1: Knit around.

Round 2: [Yo, p2tog] around.

Round 3: Knit around.

Round 4: Purl around.

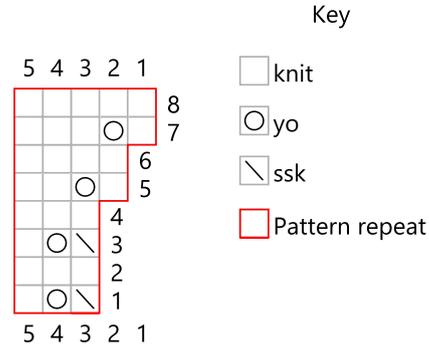
Round 5 (Third Increase Round):

- ❖ Size - (-, -, -, -) {-, 7, -, -, -}: [K140, m1L] twice.
- ❖ Sizes - (-, -, -, -) {-, -, 8, 9, 10}: Knit around.

You now have - (-, -, -, -) {-, 282, 300, 300, 300} sts.

Work next 8 rounds in Lace Pattern C3, then work next 6 rounds in Lace Pattern D - - (-, -, -, -) {-, 470, 500, 500, 500} sts.

Lace Pattern C3



Round 1: [Ssk, yo, k1] around, placing markers every few pattern repeats to easily keep track of the lace pattern.

Round 2 and all even-numbered rounds: Knit around.

Round 3: [Ssk, yo, k1] around.

Round 5: [K1, yo, k2] around - - (-, -, -, -) {-, 376, 400, 400, 400} sts.

Round 7: [K1, yo, k3] around - - (-, -, -, -) {-, 470, 500, 500, 500} sts.

Round 8: Knit around.

Last Lace Section (All sizes)

You should have 280 (280, 315, 315, 325) {350, 470, 500, 500, 500} sts.

Round 1:

- ❖ Sizes - (-, 3, 4, 5) {-, -, -, -}: K2tog, knit to end of round - - (-, 314, 314, 324) {-, -, -, -} sts.
- ❖ Sizes 1 (2, -, -, -) {6, 7, 8, 9, 10}: Knit around.

Round 2: [Yo, p2tog] around.

Round 3:

- ❖ Sizes - (-, 3, 4, 5) {-, -, -, -}: K1, kfb, knit to end of round - - (-, 315, 315, 325) {-, -, -, -} sts.
- ❖ Sizes 1 (2, -, -, -) {6, 7, 8, 9, 10}: Knit around.

Round 4: Purl around.



Round 5 (Third Increase Round):

- ❖ **Sizes 1 (-, -, -, -) {-, -, 8, -, -} only:** Knit around.
- ❖ **Size - (-, -, -, -) {-, 7, -, -, -} only:** [K235, m1L] twice – 472 sts.
- ❖ **Sizes - (2, 3, 4, 5) {6, -, -, 9, 10} only:**
 - ✦ k- (12, 7, 5, 4) {3, -, -, 10, 10},
 - ✦ [k- (8, 12, 5, 4) {4, -, -, 20, 8}, m1L] - (16, 12, 30, 39) {43, -, -, 12, 30} times,
 - ✦ k- (12, 8, 5, 5) {3, -, -, 10, 10},
 - ✦ [k- (8, 12, 5, 4) {4, -, -, 20, 8}, m1L] - (16, 13, 31, 40) {43, -, -, 12, 30} times.

You now have 280 (312, 340, 376, 404) {436, 472, 500, 524, 560} sts.

Knit 2 rounds.

Round 8: [Slip 1 purlwise, k3, pass slipped stitch over the 3 sts just worked] around.

(See video <https://youtu.be/rmzsIFyp9BM>)

Round 9: [Yo, k3] around.

knit 3 rounds.

Round 13: [Yo, p2tog] around.

Round 14: Knit around.

Round 15: Purl around.

The lace patterns grow lengthwise when blocked. The blocked yoke depth at this point should be 17.5 (17.5, 17.5, 20, 20) {20, 24, 24, 24, 24} cm / 7 (7, 7, 8, 8) {8, 9½, 9½, 9½, 9½} inches from CO. The pre-block measurement could be slight shorter.

Work 0 (1.5, 2.5, 1, 1.5) {3, 0, 0.5, 1.5, 2.5} cm / 0 ($\frac{5}{8}$, 1, $\frac{3}{8}$, $\frac{5}{8}$) {1½, 0, ¼, $\frac{5}{8}$, 1} inch in Stockinette stitch.

The overall blocked yoke depth should be 17.5 (19, 20, 21, 21.5) {23, 24, 24.5, 25.5, 26.5} cm / 7 (7½, 7¾, 8¼, 8½) {9, 9½, 9¾, 10, 10½} inches from CO.

Next round (Divide for Body):

- ❖ K44 (50, 55, 61, 65) {71, 77, 82, 87, 92} for right back,
- ❖ *transfer next 56 (60, 65, 72, 77) {82, 88, 92, 96, 104} sts to waste yarn for sleeve,
- ❖ use the backwards loop method (*see Stitch Guide*) to CO 4 (4, 5, 5, 6) {6, 7, 7, 8, 8} underarm stitches, pm (*side marker*), CO another 4 (4, 5, 5, 6) {6, 7, 7, 8, 8} underarm stitches**,

❖ k80 (92, 100, 110, 120) {130, 142, 152, 158, 168} for front,

❖ repeat from * to **,

❖ k44 (50, 55, 61, 65) {71, 77, 82, 87, 92} for left back, sm.

You now have 184 (208, 230, 252, 274) {296, 324, 344, 364, 384} sts.

Lower Body

Knit 1 round, then begin short row shaping (*so that the front neck drops lower than the back neck*).

Short Row Shaping

Short row 1 (RS): Knit to side marker, sm, short row turn.

Short row 2 (WS): Sm, purl to side marker, sm, short row turn.

Short row 3 (RS): Sm, knit to 5 (6, 7, 8, 9) {10, 10, 12, 12, 13} sts beyond previous turning position, short row turn.

Short row 4 (WS): Purl to 5 (6, 7, 8, 9) {10, 10, 12, 12, 13} sts beyond previous turning position, short row turn.

Short row 5 (RS): Knit to 5 (7, 7, 8, 9) {10, 11, 12, 12, 14} sts beyond previous turning position, short row turn.

Short row 6 (WS): Purl to 5 (7, 7, 8, 9) {10, 11, 12, 12, 14} sts beyond previous turning position, short row turn.

Short row 7 (RS): Knit to 6 (7, 7, 8, 9) {10, 11, 12, 13, 14} sts beyond previous turning position, short row turn.

Short row 8 (WS): Purl to 6 (7, 7, 8, 9) {10, 11, 12, 13, 14} sts beyond previous turning position, short row turn.

Short row 9 (RS): Knit to 6 (7, 8, 9, 10) {10, 11, 12, 13, 14} sts beyond previous turning position, short row turn.

Short row 10 (WS): Purl to 6 (7, 8, 9, 10) {10, 11, 12, 13, 14} sts beyond previous turning position, short row turn.

Resume working in the round, resolving the first yarn over together with the stitch following it using k2tog and resolve the second yarn over by working it together with the stitch before it using ssk.



If you want a straight body, remove side markers and work even in Stockinette stitch until piece measures 22.5 cm / $8\frac{3}{4}$ inches from the underarm or your desired length minus 1.75 cm / $\frac{3}{4}$ inch. For an A-line body, use the instructions in the box on this page instead. *The sample has a straight body.*

For an A-line body only:

Work even in Stockinette stitch until piece measures 10 cm / 4 inches from the underarm.

Next round (Increase Round): [Knit to last stitch before side marker, m1R, k1, rm, k1, m1L] twice, knit to end of round – *4 sts inc'd; 188 (212, 234, 256, 278) {300, 328, 348, 368, 388} sts.*

Work even until piece measures 22.5 cm / $8\frac{3}{4}$ inches from the underarm or your desired length minus 1.75 cm / $\frac{3}{4}$ inch.

Hem

Change to smaller needle (3.5 mm / US 4).

Round 1:

- ❖ Sizes 1 (2, -, 4, -) {6, 7, 8, 9, 10}: [K1, p2, k1] around.
- ❖ Size 3 only: K2tog, p2, k1, [k1, p2, k1] 28times, k2tog, p2, k1, [k1, p2, k1] to end of round – *232 sts.*
- ❖ Size 5 only: K2tog, p2, k1, [k1, p2, k1] 33 times, k2tog, p2, k1, [k1, p2, k1] to end of round – *276 sts.*

Rounds 2-4: [K1, p2, k1] around.

BO knit stitches knitwise and BO purl stitches purlwise.

Cut yarn.

Sleeve Edgings

Note: Both edgings are worked identically.

Note: See video <https://youtu.be/rqIOF01d4rc> on to how to prevent holes while picking up stitches.

Transfer the 56 (60, 65, 72, 77) {82, 88, 92, 96, 104} sleeve stitches onto larger needle (*used as spare needle*). With yarn held doubled and smaller needle (3.5 mm / US 4) for small circumference knitting and RS facing, join yarn at the middle of the underarm,

- ❖ pick up and knit 4 (4, 5, 4, 6) {5, 6, 6, 8, 8} sts,
- ❖ work across sleeve stitches as follows:
 - ✦ Sizes 1 (2, 3, -, -) {-, -, -, -}: [K12, k2tog] 4 times, knit across remaining sleeve stitches,
 - ✦ Sizes - (-, -, 4, 5) {6, 7, 8, 9, 10}: Knit across sleeve stitches,
- ❖ pick up and knit 4 (4, 6, 4, 5) {5, 6, 6, 8, 8} sts, pm – *60 (64, 72, 80, 88) {92, 100, 104, 112, 120} sts.*

Rounds 1-4: [K1, p2, k1] around.

BO knit stitches knitwise and BO purl stitches purlwise.

Cut yarn.

Repeat for the other sleeve edging.

Finishing

Weave in ends. Block to schematic measurements (*see tutorial*).

About the Designer

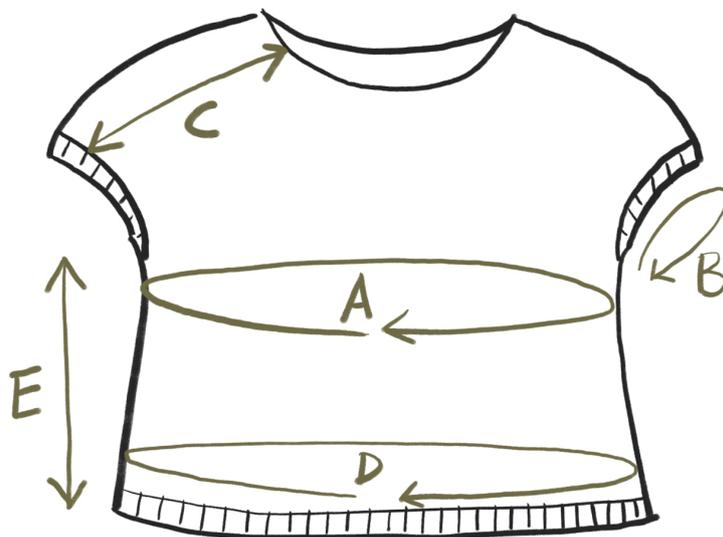
Cristina lives in northern Tuscany with her sons, husband and two cats. She strives to design timeless knitwear, using elements from both classic and contemporary designs. She writes uncomplicated patterns that are easy to follow. To find more about her designs, check out her website MinimiKnitDesign.com. You can also find her as Minimi on Ravelry or as @MinimiKnitDesign on Instagram.



If you share your project on social media, please tag it with #stellaAlpinaTee #minimiknitdesign @minimiknitdesign. I would love to see what you make!



Schematic



Size		1	2	3	4	5	6	7	8	9	10
A. Bust circumference	cm	83.5	94.5	104.5	114.5	124.5	134.5	147.5	156.5	165.5	174.5
	inch	33	37 1/4	41 1/4	45	49	53	58	61 1/2	65 1/4	68 3/4
B. Sleeve circumference	cm	24	25.5	29	32	35	37	40	41.5	45	48
	inch	9 1/2	10	11 1/4	12 1/2	13 3/4	14 1/2	15 3/4	16 1/2	17 3/4	19
C. Yoke depth	cm	17.5	19	20	21	21.5	23	24	24.5	25.5	26.5
	inch	7	7 1/2	7 3/4	8 1/4	8 1/2	9	9 1/2	9 3/4	10	10 1/2
D. Hem circumference*	cm	85.5	96.5	106.5	116.5	126.5	136.5	149	158	167.5	176.5
	inch	33 3/4	38	42	45 3/4	49 3/4	53 3/4	58 3/4	62 1/4	65 3/4	69 1/2
E. Underarm to hem	cm	24.5	24.5	24.5	24.5	24.5	24.5	24.5	24.5	24.5	24.5
	inch	9 1/2	9 1/2	9 1/2	9 1/2	9 1/2	9 1/2	9 1/2	9 1/2	9 1/2	9 1/2

* The hem circumference refers to the A-line version and is calculated based on the Stockinette stitch gauge. You should block it to this measurement. The hem circumference of the straight version is the same as the bust circumference.

Acknowledgments and Credits

Technical Editor: Kephren Pritchett

This pattern is a collaboration with Lamana Yarns.

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