

Staffin Vest

- Sizes:** 1 (2, 3, 4, 5, 6, 7) (8, 9, 10, 11, 12, 13)
- Finished chest circumference:** 82.5 (90, 97.5, 105, 112.5, 120, 127.5) (135, 142.5, 150, 157.5, 165, 172.5) cm/32.5 (35.5, 38.5, 41.25, 44.25, 47.25, 50.25) (53.25, 56, 59, 62, 65, 68) inches
- Yardage:** 416 (447, 492, 533, 557, 609) (631, 773, 813, 859, 882, 945, 985) metres / 454 (487, 537, 581, 607, 664, 688) (842, 886, 936, 961, 1030, 1073) yards
- Gauge:** 16 stitches and 26 rows per 10 cm/4 inches.
- Suggested Needles:** 5mm [US8] for stitch pattern and 3.5mm [US4] needle



Creabea Knitting Podcast



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NOTES

About

The Staffin vest is a top-down vest with bands of chunky rib alternating with a purl detail and faux bobbles that are moreish to knit up. The hem, neckband, and armbands are finished with 1x1 rib.

Working the yoke in pattern

The yoke instructions are written out AND charted; you can use whichever you prefer. The charts can be found at the end of the document.

Yarn

The samples for this were knit in Rauma Fivel [100 m/50g]. Any yarn that meets gauge can be used for this pattern.

Sizing

8-20 cm/3-8 inches of positive ease is recommended, meaning you should pick a size that is 8-20 cm/3-8 inches larger than your chest measurement.

A - Finished Chest Measurement

82.5 (90, 97.5, 105, 112.5, 120, 127.5) (135, 142.5, 150, 157.5, 165, 172.5) cm/32.5 (35.5, 38.5, 41.25, 44.25, 47.25, 50.25) (53.25, 56, 59, 62, 65, 68) inches

B - Armhole depth (without rib trim)

19 (19.5, 20.5, 21, 21, 22, 22.5) (23, 24, 24.5, 25.5, 26, 26) cm/7.5 (7.75, 8, 8.25, 8.25, 8.75, 8.75) (9, 9.5, 9.75, 10, 10.25, 10.25) inches

Body length (from underarm, customisable): 28 (27, 26.5, 25.5, 25.5, 25, 24) (29.5, 28.5, 28, 27, 26.5, 26.5) cm/11 (10.5, 10.25, 10, 10, 9.75, 9.25) (11.5, 11.25, 11, 10.5, 10.25, 10.25) inches

STITCH PATTERN

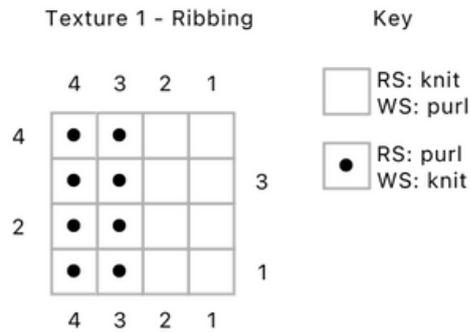
Stitch Pattern

The pattern is worked in bands of texture. There's a 2x2 rib, a faux bobble, and a diamond brocade. They're separated by a garter ridge. Each are described below.

Texture 1 - Ribbing

Worked **flat** over a multiple of 4 stitches:
 Row 1 (RS): *K2, p2; repeat from * to end.
 Row 2 (WS): *K2, p2; repeat from * to end.

Worked in the **round** over 4 stitches:
 Round 1: *K2, p2; repeat from * to end.



Texture 2 - Faux Bobble

Worked **flat** over a multiple of 6 stitches:

Row 1 (WS): Purl all stitches

Row 2 (RS): Purl all stitches.

Row 3: Purl all stitches.

Row 4: *K2, insert needle into the gap between the second and third stitch on the LHN, pull a loop through, and place it on the LHN. Knit newly made loop through the back loop, slip 2, pass knitted stitch over slipped stitches, k2; repeat from * to end.

Row 5: Purl all stitches.

Row 6: Purl all stitches.

Row 7 (WS): Purl all stitches.

Worked in the **round** over a multiple of 6 stitches:

Round 1: Knit all stitches.

Round 2: Purl all stitches.

Round 3: Knit all stitches

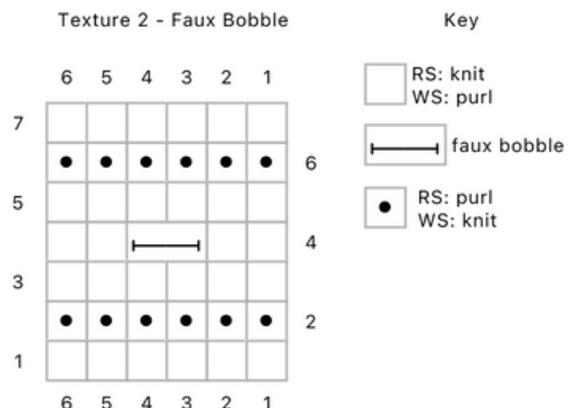
Round 4: *K2, insert needle into the gap between the second and third stitch on the LHN, pull a loop through, and place it on the LHN. Knit loop through the back loop, slip 2, pass knitted stitch over slipped stitches, k2; repeat from * to end.

Round 5: Knit all stitches

Round 6: Purl all stitches.

Round 7: Knit all stitches.

Note: When working increases in the yoke, only work the bobble if you have enough stitches to do so. Otherwise simply knit the stitches.



STITCH PATTERN

Texture 3 - Diamond Brocade

Worked **flat** over 6 stitches:

Row 1 (RS): *K3, p1, k2; repeat from * to end.

Row 2 (WS): *P1, k1, p1, k1, p2; repeat from * to end.

Row 3: *K1, p1, k3, p1; repeat from * to end.

Row 4: *P5, k1; repeat from * to end.

Row 5: *K1, p1, k3, p1; repeat from * to end.

Row 6: *P1, k1, p1, k1, p2; repeat from * to end.

Row 7 (RS): *K3, p1, k2; repeat from * to end.

Worked in the **round** over 6 stitches:

Round 1: *K3, p1, k2; repeat from * to end.

Round 2: *K2, p1, k1, p1, k1; repeat from * to end.

Round 3: *K1, p1, k3, p1; repeat from * to end.

Round 4: *P1, k5; repeat from * to end.

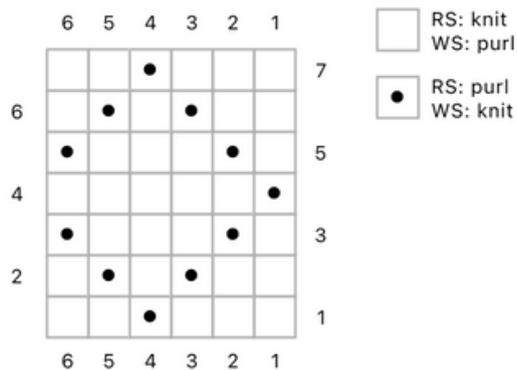
Round 5: *K1, p1, k3, p1; repeat from * to end.

Round 6: *K2, p1, k1, p1, k1; repeat from * to end.

Round 7: *K3, p1, k2; repeat from * to end.

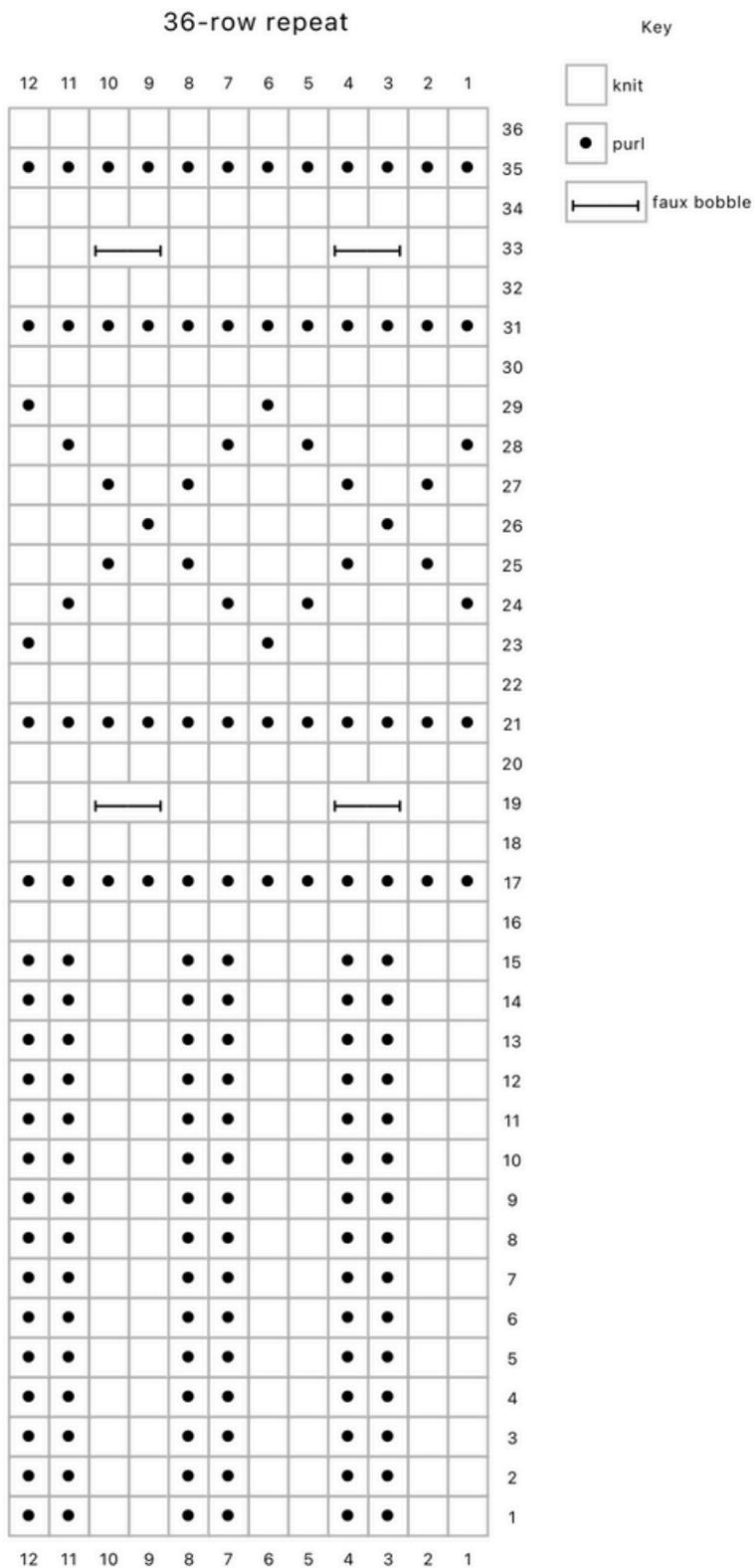
Texture 3 - Diamond Brocade

Key



STITCH PATTERN

When all three are worked together they make up a 36-row repeat as below:



GLOSSARY

Abbreviations:

BOR - beginning of round

DS - double stitch (from German short rows)

k - knit

k2tog - knit two stitches together (1 stitch decreased)

LHN - Left-hand needle

M1L - Make one left: insert left-hand needle from front to back under the bar between the stitches, knit this bar through the back loop. (1 stitch increased)

M1Lp - Make one left purl: insert left-hand needle from front to back under the bar between the stitches, purl this bar through the back loop. (1 stitch increased)

M1R - Make one right: insert the left-hand needle from back to front under the bar between the stitches, knit this bar through the front loop. (1 stitch increased)

M1Rp - Make one right purl: insert the left-hand needle from back to front under the bar between the stitches, purl this bar through the front loop. (1 stitch increased)

p - purl

pm - place marker

p2tog - purl two stitches together (1 stitch decreased)

p2togtbl - purl two stitches together through the back loops (1 stitch decreased)

RS - right side

sm - slip marker

ssk - slip, slip, knit (1 stitch decreased)

WS - wrong side

INSTRUCTIONS

Start here:

Back

Using your main needle size and the backwards-loop method (or your method of choice), cast on 36 (36, 36, 40, 40, 40, 40) (40, 44, 44, 44, 44, 48) stitches.

Note: You have the choice to follow either the written instructions below or the charts at the end of the pattern for the back. If you are following the charts, make sure to repeat the stitches in the red box once (so they are worked twice in total). The back chart starts with a WS row. Row 0 of the back chart corresponds to the Set-up row below.

Sizes 1, 3, 4, 6, 8, 9, and 11 only:

Set-up row (WS): P1, k2, *p2, k2; repeat from * until 1 stitch remains, p1.

Sizes 2, 5, 7, 10, 12, and 13 only:

Set-up row (WS): P1, p2, *k2, p2; repeat from * until 1 stitch remains, p1.

You will start at a different stitch of the first row of the 36-row chart depending on which size you are making. It is recommended that you place a locking stitch marker at the start of a pattern repeat so that you can ensure that the pattern will line up correctly for the body.

The first row here sets up the stitch pattern:

Row 1 (RS): K1, M1L, starting with stitch 11 (5, 11, 3, 9, 3, 9) (3, 7, 1, 7, 1, 5) of the 36-row chart at the start of the pattern, work row 1 of the chart until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 2 (WS): P1, M1Rp, work in pattern until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Row 3 (RS): K1, M1L, work in pattern until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 4 (WS): P1, M1Rp, work in pattern until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Work rows 3 and 4 (whilst working through the 36-row repeat of the stitch pattern) a total of 6 (6, 6, 6, 6, 6, 7) (7, 7, 7, 7, 8, 8) times, for a total of 14 (14, 14, 14, 14, 14, 16) (16, 16, 16, 16, 18, 18) rows (including rows 1-2).

You have increased 28 (28, 28, 28, 28, 28, 32) (32, 32, 32, 32, 36, 36) stitches and you now have 64 (64, 64, 68, 68, 68, 72) (72, 76, 76, 76, 80, 84) stitches on your needles. Place a clip-on marker on a stitch in this final row - this will aid in measuring the back panel as you knit it.

Now continue to work through the 36-row pattern chart until your work measures 12.5 (12.5, 11, 11, 8.5, 9, 9) (10, 11, 11.5, 11, 11, 10) cm/4.75 (4.75, 4.25, 4.25, 3.25, 3.75, 3.75) (4, 4.25, 4.5, 4.25, 4.25, 4) inches from where you placed your stitch marker, ending on a WS row. If you have met the pattern row gauge, this is a total of 32 (32, 28, 28, 22, 24, 24) (26, 28, 30, 28, 28, 26) rows since placing your marker. Make sure to maintain the selvedge stitch at either end (knit RS, purled WS).

Take a note of what row of the 36-row pattern chart you are on as you'll want to start the armhole shaping on the front at the same place.

Size 1 only: You have no armhole shaping to work. Break yarn, place stitches on hold, and proceed to Left front.

Sizes 2-9, 11, and 13 only:

You will work increases at the armhole edges every other row. Incorporate the newly-made stitches into the stitch pattern on the following row.

INSTRUCTIONS

Row 1 (RS): K1, M1L, work in stitch pattern until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 2 (WS): P1, work in stitch pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of - (1, 4, 5, 8, 5, 4) (1, 3, -, 1, -, 1) time(s) (- (2, 8, 10, 16, 10, 8) (2, 6, -, 2, -, 2) rows). You have increased - (2, 8, 10, 16, 10, 8) (2, 6, -, 2, -, 2) stitches and have - (66, 72, 78, 84, 78, 80) (74, 82, -, 78, -, 86) stitches on your needles.

Sizes 2-5: Break your yarn and place your stitches on hold.

Sizes 6-9, 11, and 13: You have additional increases to make below.

Sizes 6-13 only:

You will work increases at the armhole edges every row. Incorporate the newly-made stitches into the stitch pattern on the following row.

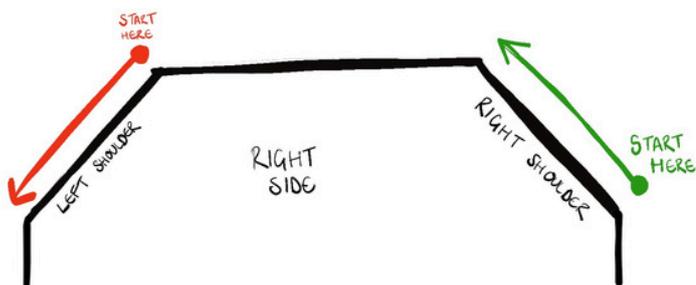
Row 3 (RS): K1, M1L, work in stitch pattern until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 4 (WS): P1, M1Rp, work in stitch pattern until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Work rows 3 and 4 a total of - (-, -, -, -, 3, 4) (7, 5, 8, 9, 10, 10) times (- (-, -, -, -, 6, 8) (14, 10, 16, 18, 20, 20) rows). You have increased - (-, -, -, -, 12, 16) (28, 20, 32, 36, 40, 40) stitches and have - (-, -, -, -, 90, 96) (102, 102, 108, 114, 120, 126) stitches on your needles. Break your yarn and place your stitches on hold.

Left front

The stitches for the front are picked up and worked back and forth, before shaping for the neckline and casting on stitches for the front neck. The seam for the shoulder sits quite far back on the shoulder. The front panel will be longer than the back.



Using the short tail of your yarn (not the end that goes into the ball), pick up 14 (14, 14, 14, 14, 14, 16) (16, 16, 16, 16, 18, 18) stitches along the left shoulder. This leaves you ready to work a RS row with the ball of yarn at the correct end of the row.

You have the option of following the written instructions below or using the chart at the end of the pattern. If you are using the chart at the end of the pattern, take care to start with the the group of stitches on the left-hand side of this chart as they correspond to the Left Front. Make sure to stop after row 34 (34, 34, 34, 34, 34, 36) (36, 36, 36, 36, 38, 38) of the Front chart and start the Right Front.

If you are following the chart at the beginning of the pattern, you will start at row 17 of the 36-row chart, meaning your first row is a purl row.

INSTRUCTIONS

Row 1 (RS): K1, starting with stitch 5 (5, 5, 7, 7, 7, 7) (7, 9, 9, 9, 9, 11) of the 36-row chart, work in pattern until 1 stitch remains, k1.

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Repeat rows 1 and 2 and continue working the 36-row chart at the start of the pattern until you have worked row 34 (34, 34, 32, 32, 32, 34) (34, 32, 32, 32, 34, 32). This is a total of 18 (18, 18, 16, 16, 16, 18) (18, 16, 16, 16, 18, 16) rows. You'll now start the neckline increases. Incorporate the newly-made stitches into the stitch pattern on the next row and make sure to maintain the selvedge stitch at either end (knit RS, purled WS).

Row 3 (RS): K1, M1L, work in pattern until 1 stitch remains, k1. (1 stitch increased)

Row 4 (WS): P1, work in pattern until 1 stitch remains, p1.

Work the above two rows 8 (8, 8, 9, 9, 9, 9) (9, 10, 10, 10, 10, 11) times for a total of 16 (16, 16, 18, 18, 18, 18) (18, 20, 20, 20, 20, 22) rows. You now have 22 (22, 22, 23, 23, 23, 25) (25, 26, 26, 26, 28, 29) stitches on your needles.

Break yarn, place stitches on hold.

Right Front

Using the short tail of your yarn (not the end that goes into the ball), pick up 14 (14, 14, 14, 14, 14, 16) (16, 16, 16, 16, 18, 18) stitches along the right shoulder. This leaves you ready to work a RS row with the ball of yarn at the correct end of the row.

You have the option of following the written instructions below or using the chart at the end of the pattern. If you are using the chart at the end of the pattern, take care to start with the group of stitches on the right-hand side of this chart as they correspond to the Right Front. Make sure to stop after row 34 (34, 34, 34, 34, 34, 36) (36, 36, 36, 36, 38, 38) of the Front chart and move to Joining the Fronts.

If you are using the 36-row chart at the start of the pattern, you will start at row 17 of the chart, meaning your first row is a purl row.

Row 1 (RS): K1, starting with stitch 3 (3, 3, 1, 1, 1, 11) (11, 9, 9, 9, 7, 5) of the 36-row chart at the beginning of the pattern, work in pattern until 1 stitch remains, k1.

Row 2 (WS): P1, work in pattern until 1 stitch remains, p1.

Repeat rows 1 and 2 and continue working the chart until you have worked row 34 (34, 34, 32, 32, 32, 34) (34, 32, 32, 32, 34, 32) of the 36-row chart at the beginning of the pattern. This is a total of 18 (18, 18, 16, 16, 16, 18) (18, 16, 16, 16, 18, 16) rows. You'll now start the neckline increases. Incorporate the newly-made stitches into the stitch pattern on the next row and make sure to maintain the selvedge stitch at either end (knit RS, purled WS).

Row 3 (RS): K1, work in pattern until 1 stitch remains, M1R, k1. (1 stitch increased)

Row 4 (WS): P1, work in pattern until 1 stitch remains, p1.

INSTRUCTIONS

Work the above two rows 8 (8, 8, 9, 9, 9, 9) (9, 10, 10, 10, 10, 11) times for a total of 16 (16, 16, 18, 18, 18, 18) (18, 20, 20, 20, 20, 22) rows. You now have 22 (22, 22, 23, 23, 23, 25) (25, 26, 26, 26, 28, 29) stitches on your needles.

Do not break yarn.

Joining the fronts

On the next row you will join the right and left fronts and cast on for the front neckline. You will incorporate the selvedge stitches at the neck edge into the stitch pattern.

If you are following the charts, this is row 35 (35, 35, 35, 35, 35, 37) (37, 37, 37, 37, 39, 39) of the Front charts at the back of the pattern. Again, you can choose to follow the charts at the end of the pattern or follow the written instructions below.

Next row (RS): K1, work across the front right in pattern, cast on 20 (20, 20, 22, 22, 22, 22) (22, 24, 24, 24, 24, 26) stitches, work across the left front in pattern.

You now have 64 (64, 64, 68, 68, 68, 72) (72, 76, 76, 76, 80, 84) stitches on the needle for the front panel.

You will now continue to work the front panel in pattern. You may find that you just purl the newly cast-on neckline stitches on the first row and then work them into the stitch pattern on the following row.

Continue until the panel measures 12.5 (12.5, 11, 11, 8.5, 9, 9) (10, 11, 11.5, 11, 11, 10) cm/4.75 (4.75, 4.25, 4.25, 3.25, 3.75, 3.75) (4, 4.25, 4.5, 4.25, 4.25, 4) inches from the front neck cast-on, ensuring you finish on the same row of the pattern as you did for the back. You'll now work armhole shaping in the same way you did for the back.

Size 1 only: You have no armhole shaping to work. Proceed to **Joining the front and back**.

Sizes 2-9, 11, and 13 only:

You will work increases at the armhole edges every other row. Incorporate the newly-made stitches into the stitch pattern on the following row.

Row 1 (RS): K1, M1L, work in stitch pattern until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 2 (WS): P1, work in stitch pattern until 1 stitch remains, p1.

Work rows 1 and 2 a total of - (1, 4, 5, 8, 5, 4) (1, 3, -, 1, -, 1) time(s) (- (2, 8, 10, 16, 10, 8) (2, 6, -, 2, -, 2) rows). You have increased - (2, 8, 10, 16, 10, 8) (2, 6, -, 2, -, 2) stitches and have - (66, 72, 78, 84, 78, 80) (74, 82, -, 78, -, 86) stitches on your needles.

Sizes 2-5: Proceed to **Joining the front and back**.

Sizes 6-9, 11, and 13: You have additional increases to make below.

INSTRUCTIONS

Sizes 6-13 only:

You will work increases at the armhole edges every row. Incorporate the newly-made stitches into the stitch pattern on the following row.

Row 3 (RS): K1, M1L, work in stitch pattern until 1 stitch remains, M1R, k1. (2 stitches increased)

Row 4 (WS): P1, M1Rp, work in stitch pattern until 1 stitch remains, M1Lp, p1. (2 stitches increased)

Work rows 3 and 4 a total of - (-, -, -, -, 3, 4) (7, 5, 8, 9, 10, 10) times (- (-, -, -, -, 6, 8) (14, 10, 16, 18, 20, 20) rows). You have increased - (-, -, -, -, 12, 16) (28, 20, 32, 36, 40, 40) stitches and have - (-, -, -, -, 90, 96) (102, 102, 108, 114, 120, 126) stitches on your needles. Proceed to **Joining the front and back**.

Joining the front and back

Note: You will need to continue in the stitch pattern as established in the yoke. If you were following the Back and Front charts, you may wish to refer to the 36-row chart at the beginning of the pattern from this point forward. Take care to make sure that the stitch pattern aligns correctly vertically with the established pattern. You may wish to place a locking stitch marker at the start of one of the pattern repeats to help.

Please note that you will incorporate the selvedge stitches at the armhole edges into the stitch pattern here.

Next row: Work across the front stitches in pattern, cast on 2 (6, 6, 6, 6, 6, 6) (6, 12, 12, 12, 12, 12) stitches, work across the back panel, cast on 1 (5, 5, 5, 5, 5, 5) (5, 11, 11, 11, 11, 11) stitch(es), place BOR marker, cast on 1 more stitch (this allows you to work the faux bobble without it being across the BOR). You now have 132 (144, 156, 168, 180, 192, 204) (216, 228, 240, 252, 264, 276) stitches on your needles.

Body

Continue working the body in pattern until it measures 23.5 (22.5, 22, 21, 21, 20.5, 19.5) (25, 24, 23.5, 22.5, 22, 22) cm/9.25 (9, 8.75, 8.25, 8.25, 8, 7.75) (9.75, 9.5, 9.25, 9, 8.75, 8.75) inches from the underarm.

*If you have met the pattern row gauge, **sizes 1-7** should end with row 35 of the pattern chart and **sizes 8-13** should end with row 15 of the pattern chart.*

If your row gauge is different or you'd like to have a longer body length and you'd like to maintain complete stitch patterns, then I would recommend changing the length of the 1x1 hem ribbing to make the length work. You can also choose to add length by continuing the 36-row pattern.

To help you with your planning, if you have achieved the pattern row gauge of 26 rows per 10 cm/4 inches, then:

15 rows of ribbing is 5.5 cm/2.25 inches,

7-row diamond brocade is 3 cm/1.25 inches, and

7-row bobble (including the garter bumps) is 2.5 cm/1 inch.

INSTRUCTIONS

Sizes 1-7 only: Change to your smaller needles and work row 36.

Sizes 8-13 only: Change to your smaller needles and work row 16.

All sizes:

Next row: *K1, p1; repeat from * to end.

Repeat the above row until your ribbing measures 4 cm/1.5 inches, or your desired ribbing length.

Bind off in pattern or using your preferred bind-off method.

Cuff Bands

Starting at the underarm, pick up and knit 5 stitches in every 7 stitches around the armhole, taking care that the final number of stitches picked up is even.

Place a BOR marker.

Round 1: *K1, p1; repeat from * to end.

Repeat round 1 until ribbing measures 2.5 cm/1 inch, or the desired length. Bind off in pattern or using your preferred bind-off method.

Repeat for second arm cuff, ensuring you pick up the same number of stitches.

Collar

Using your smaller needles and starting at side of the back neck cast-on stitches, pick up 1 stitch in every cast-on stitch and 5 stitches in every 7 rows, ensuring the end number of stitches is even.

Place a BOR marker.

Round 1: *K1, p1; repeat from * to end.

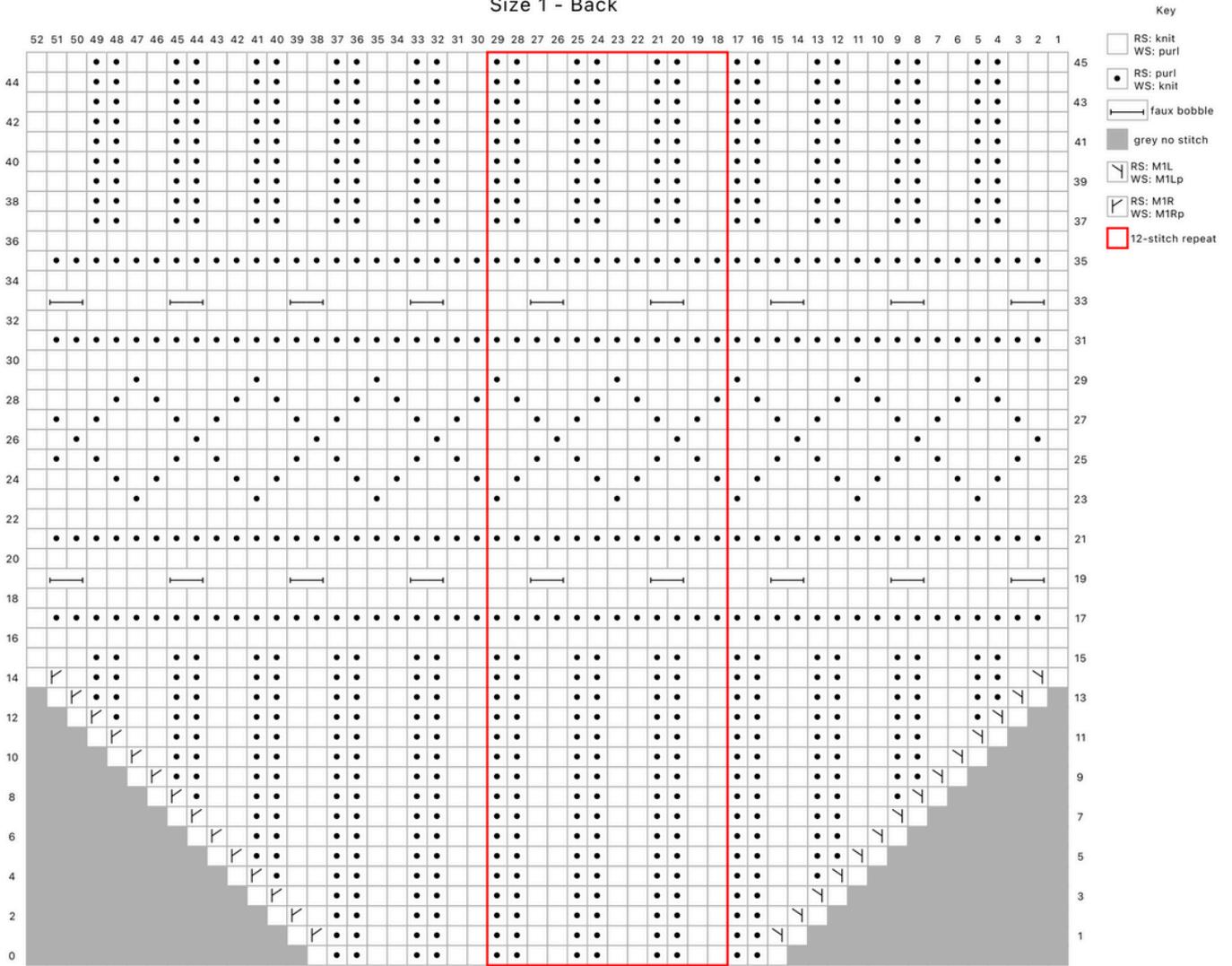
Repeat round 1 until the collar measures 4 cm/1.5 inches. Bind off in pattern or using your preferred bind-off method.

Finishing

Weave in all ends and wet block, taking care to properly block out the 2x2 ribbing sections as they tend to squeeze in.

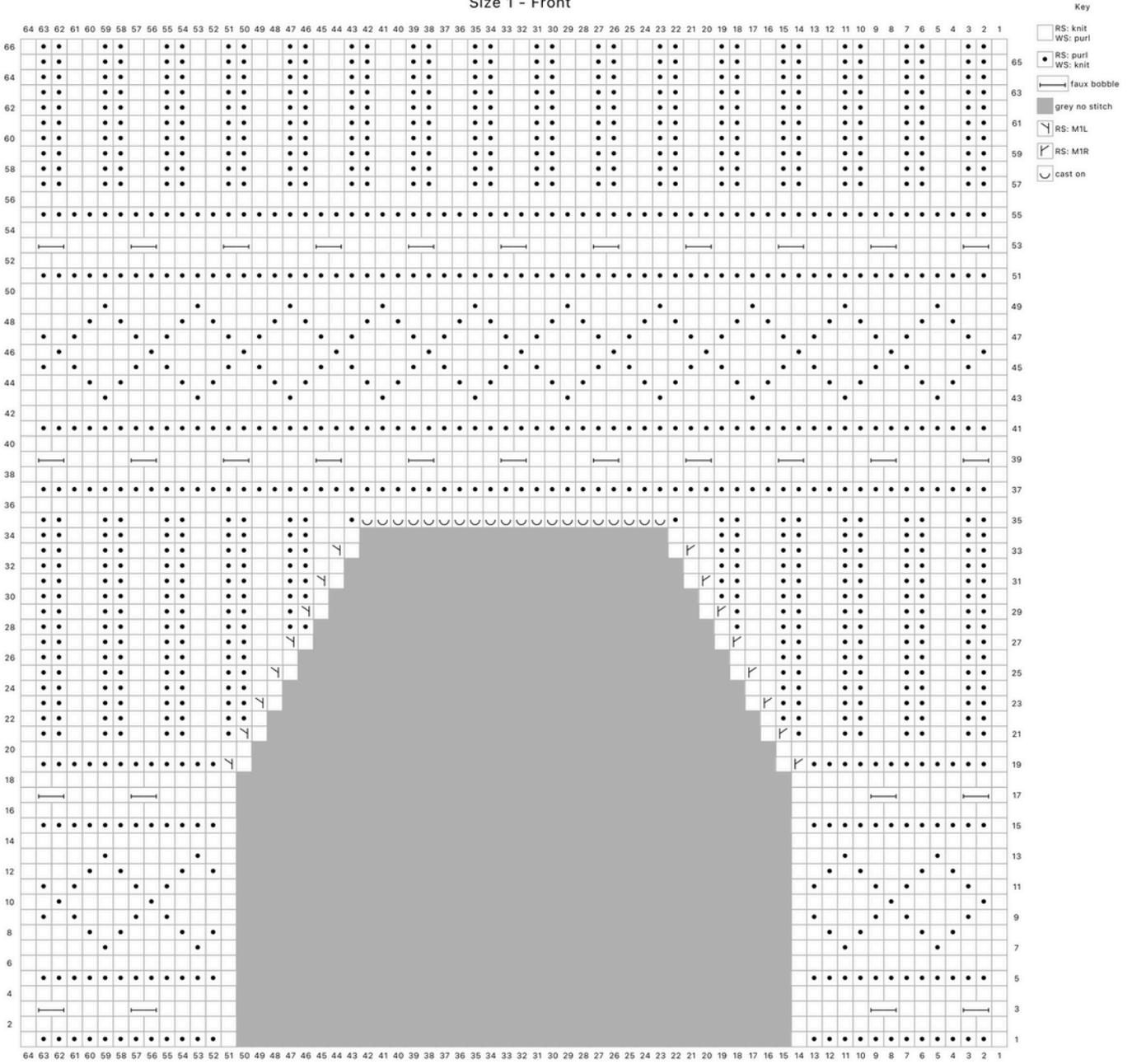
CHARTS

Size 1 - Back



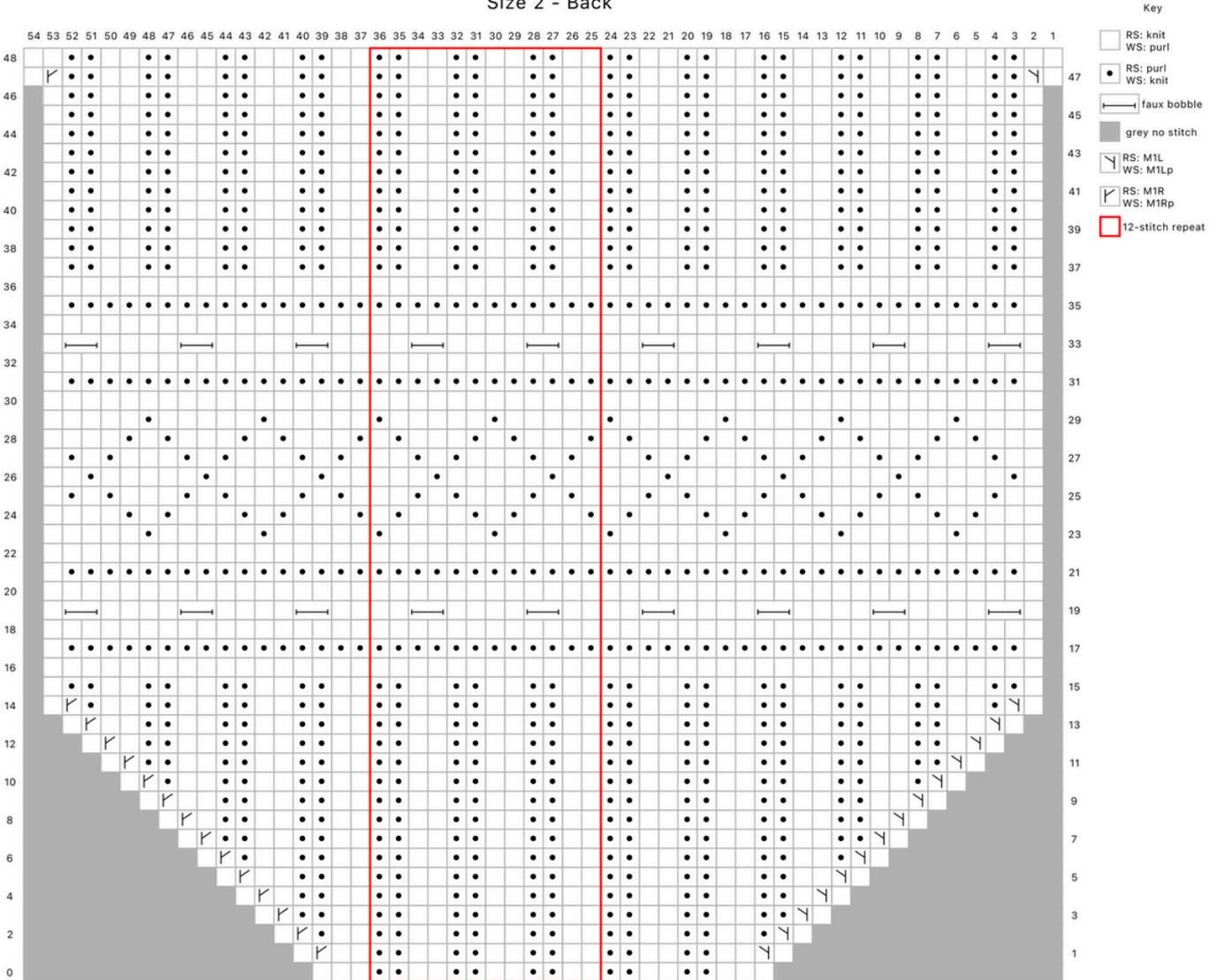
CHARTS

Size 1 - Front



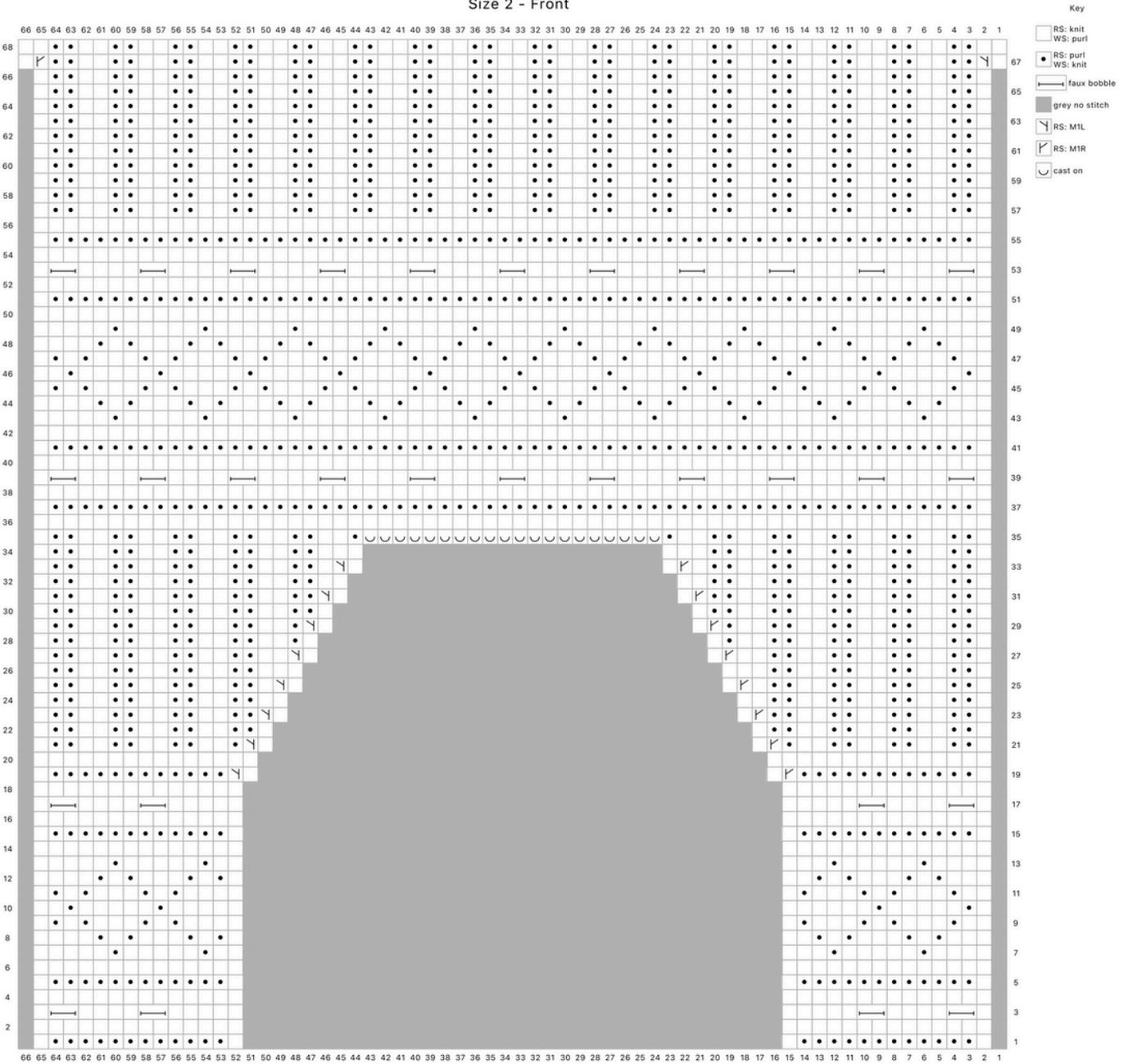
CHARTS

Size 2 - Back



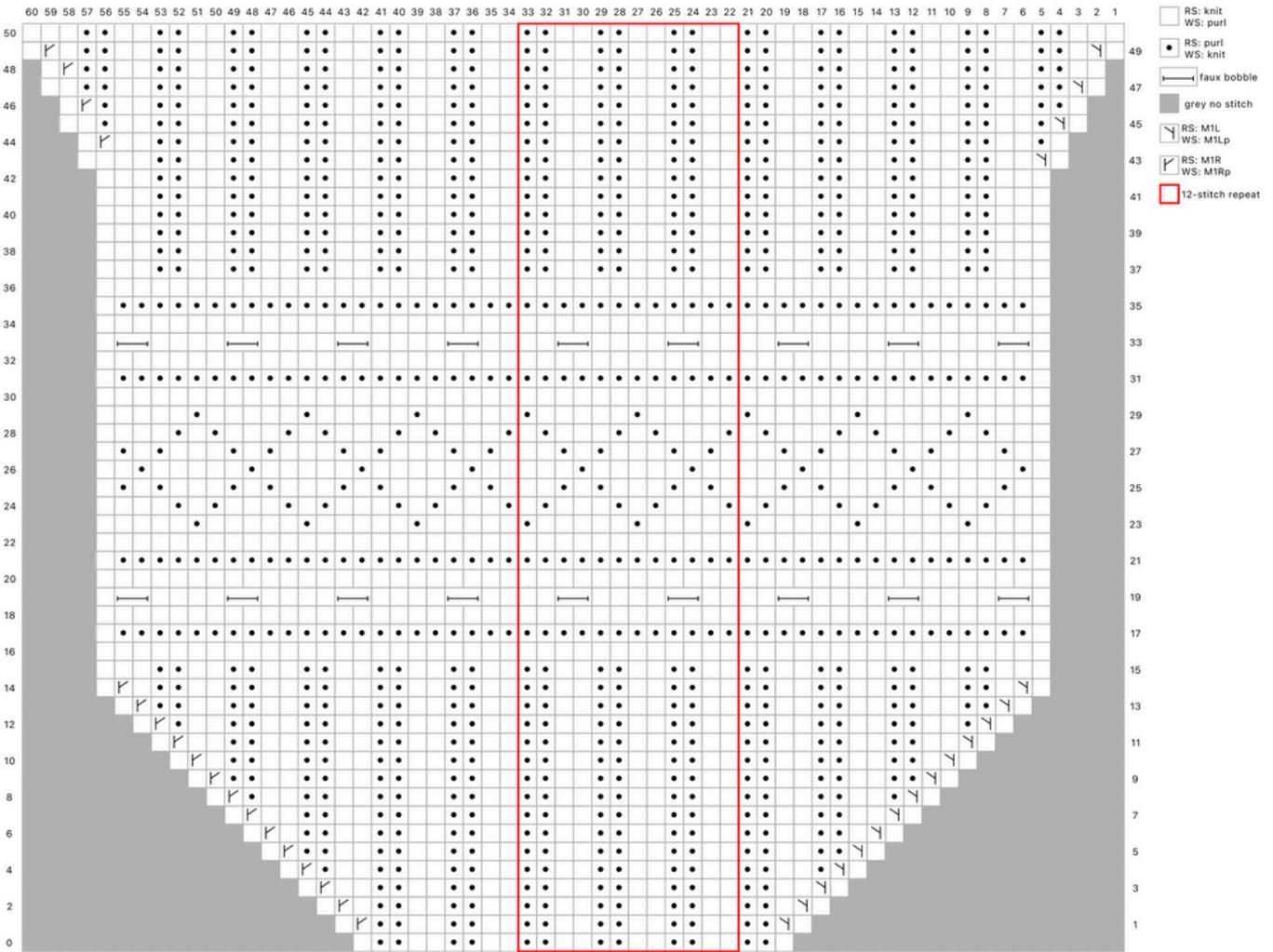
CHARTS

Size 2 - Front



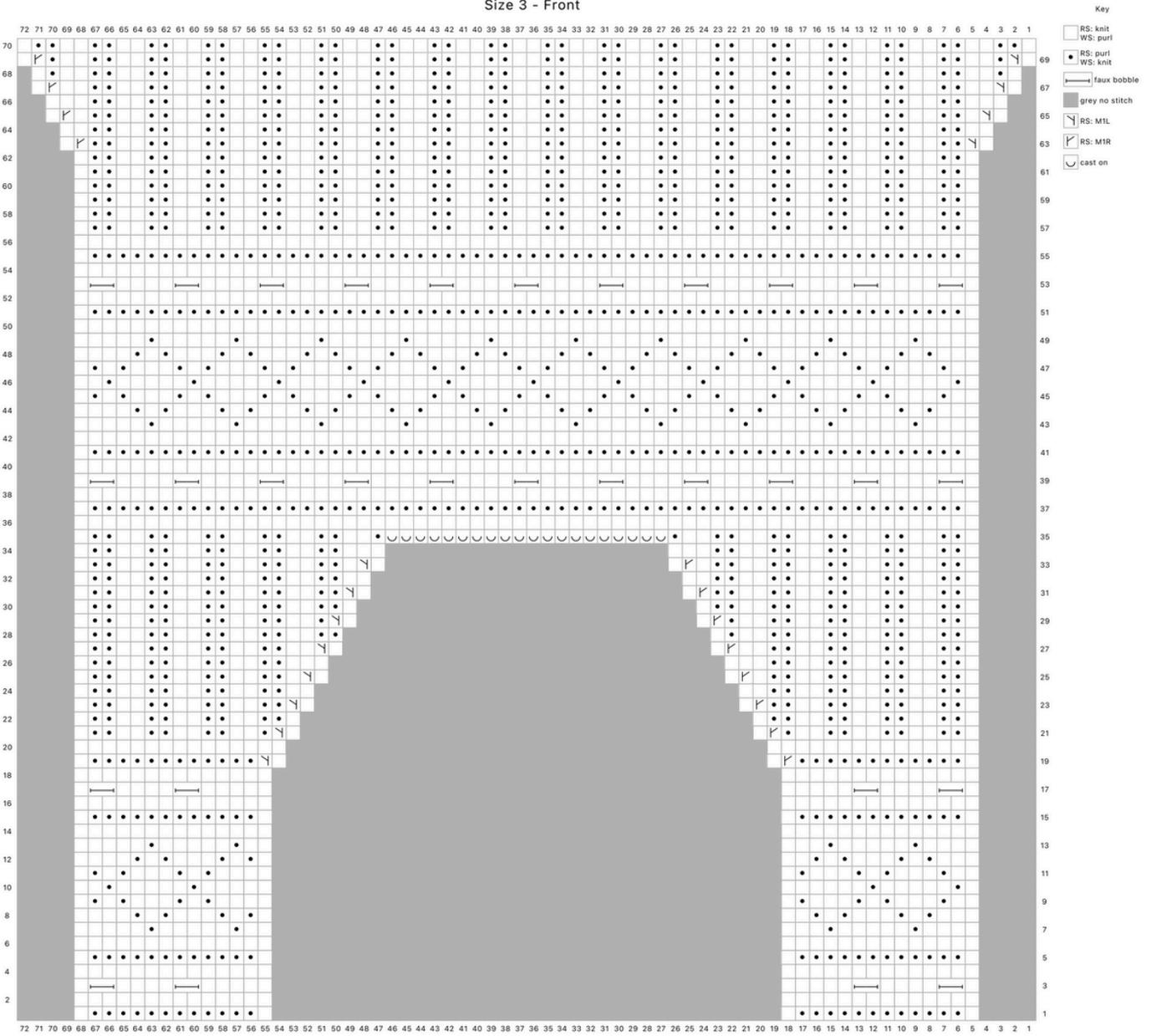
CHARTS

Size 3 - Back



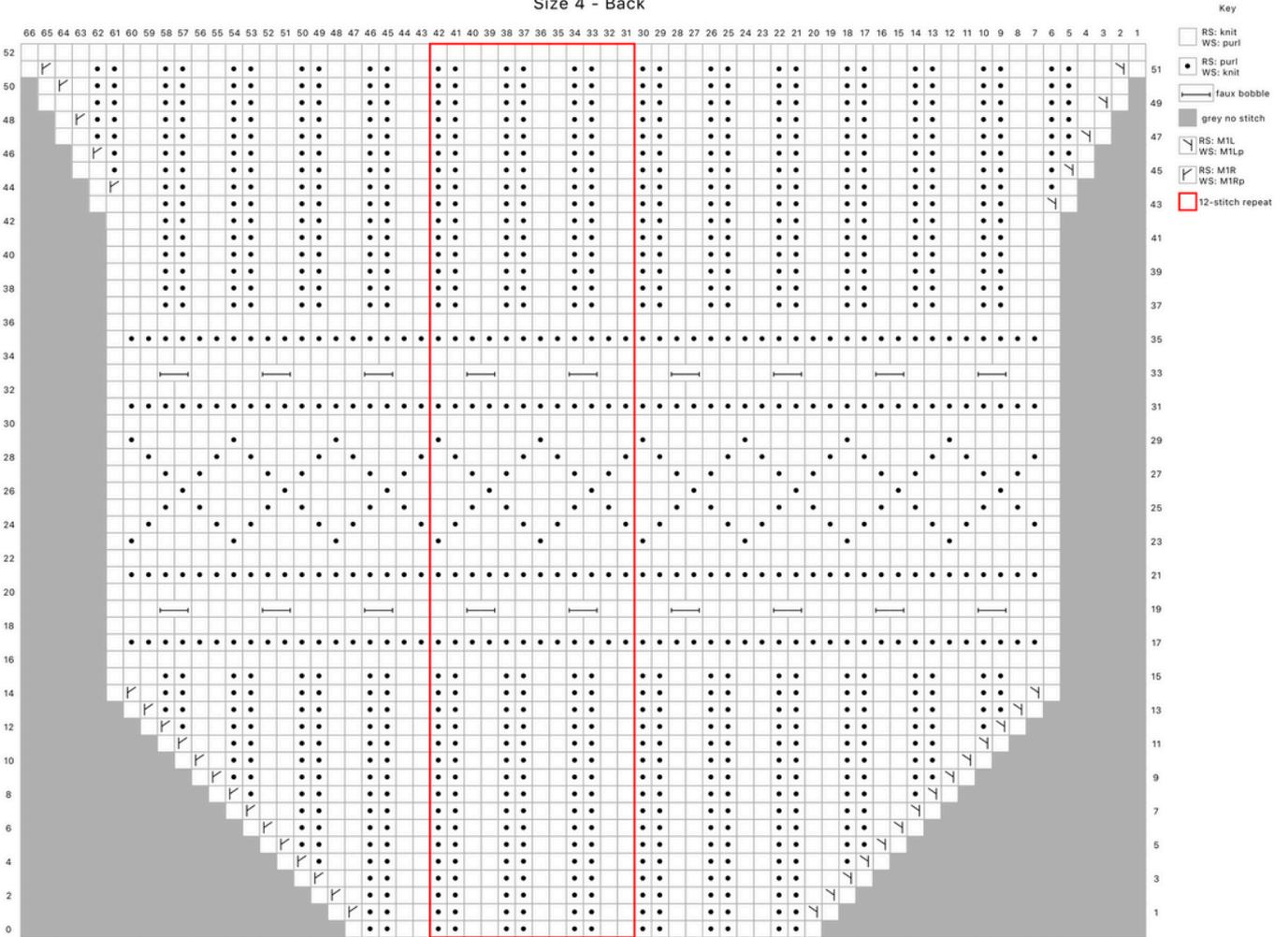
CHARTS

Size 3 - Front



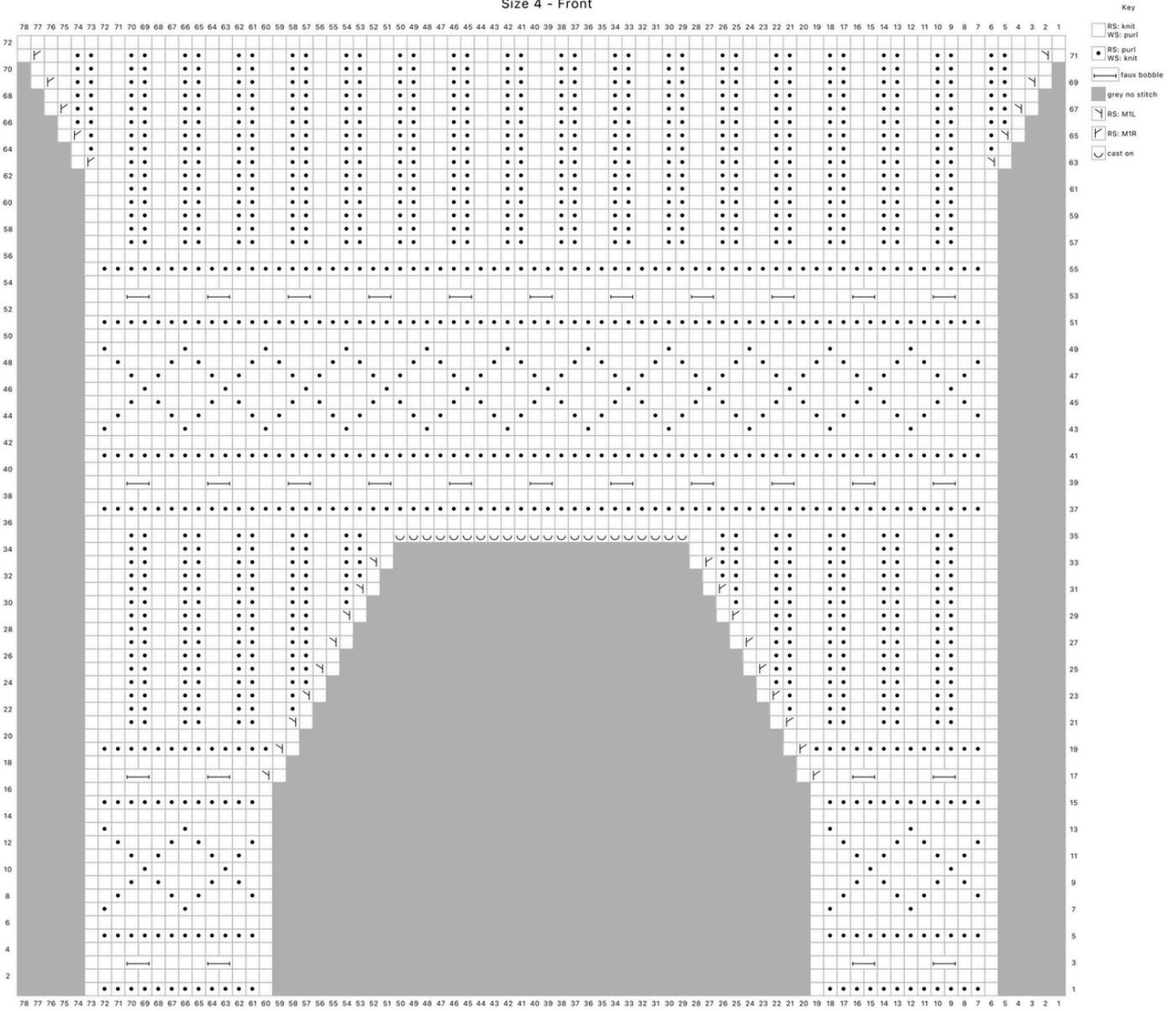
CHARTS

Size 4 - Back



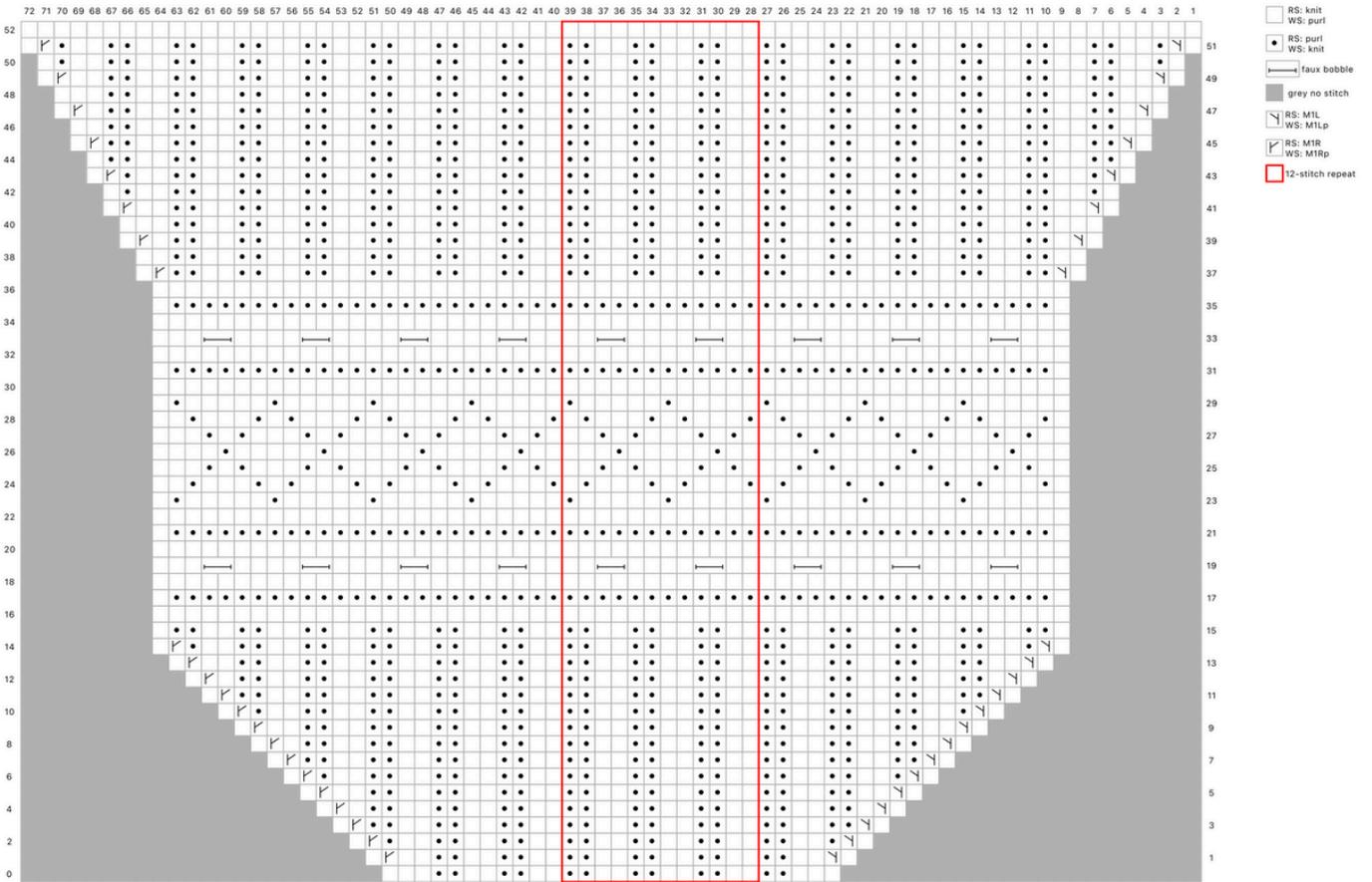
CHARTS

Size 4 - Front



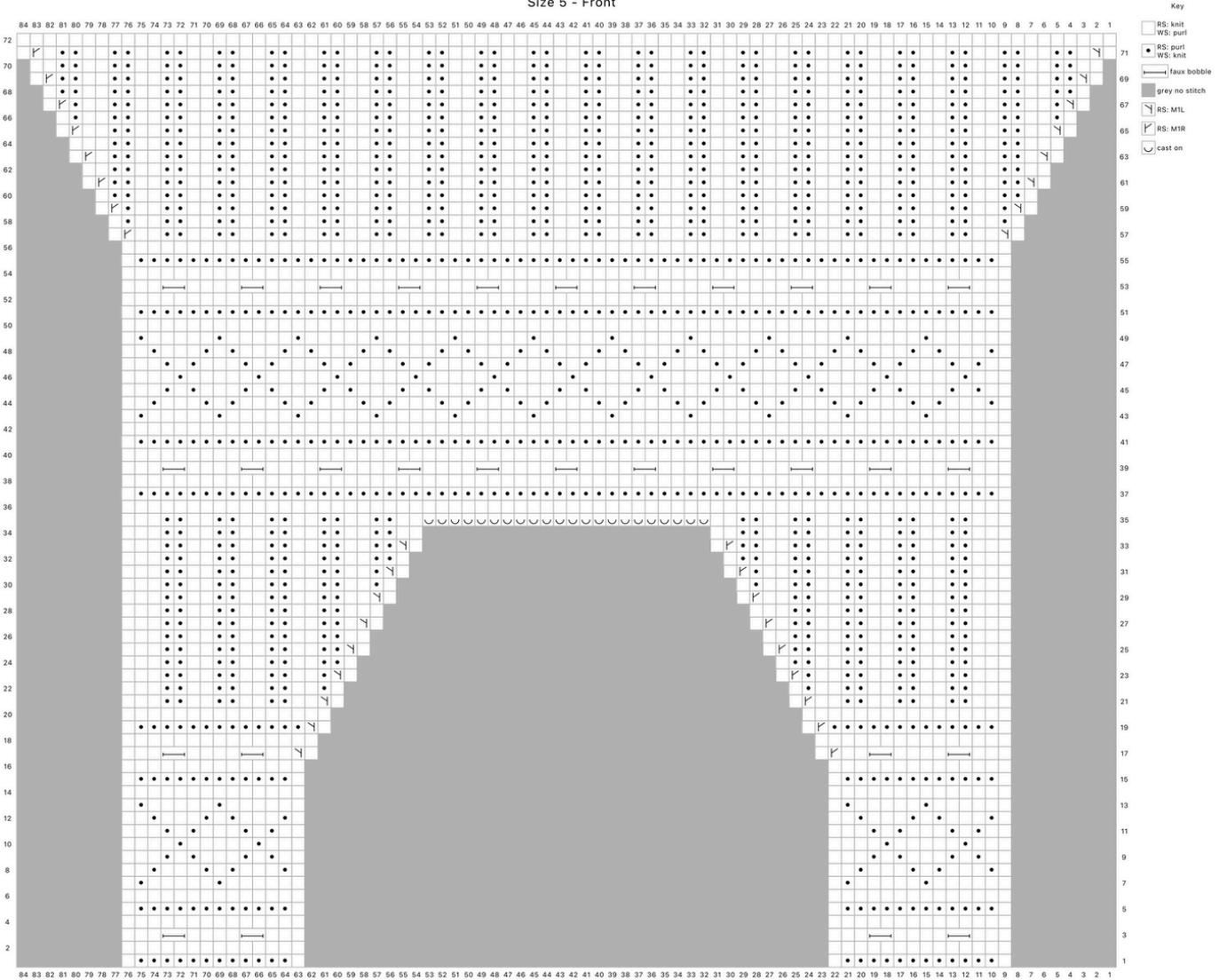
CHARTS

Size 5 - Back



CHARTS

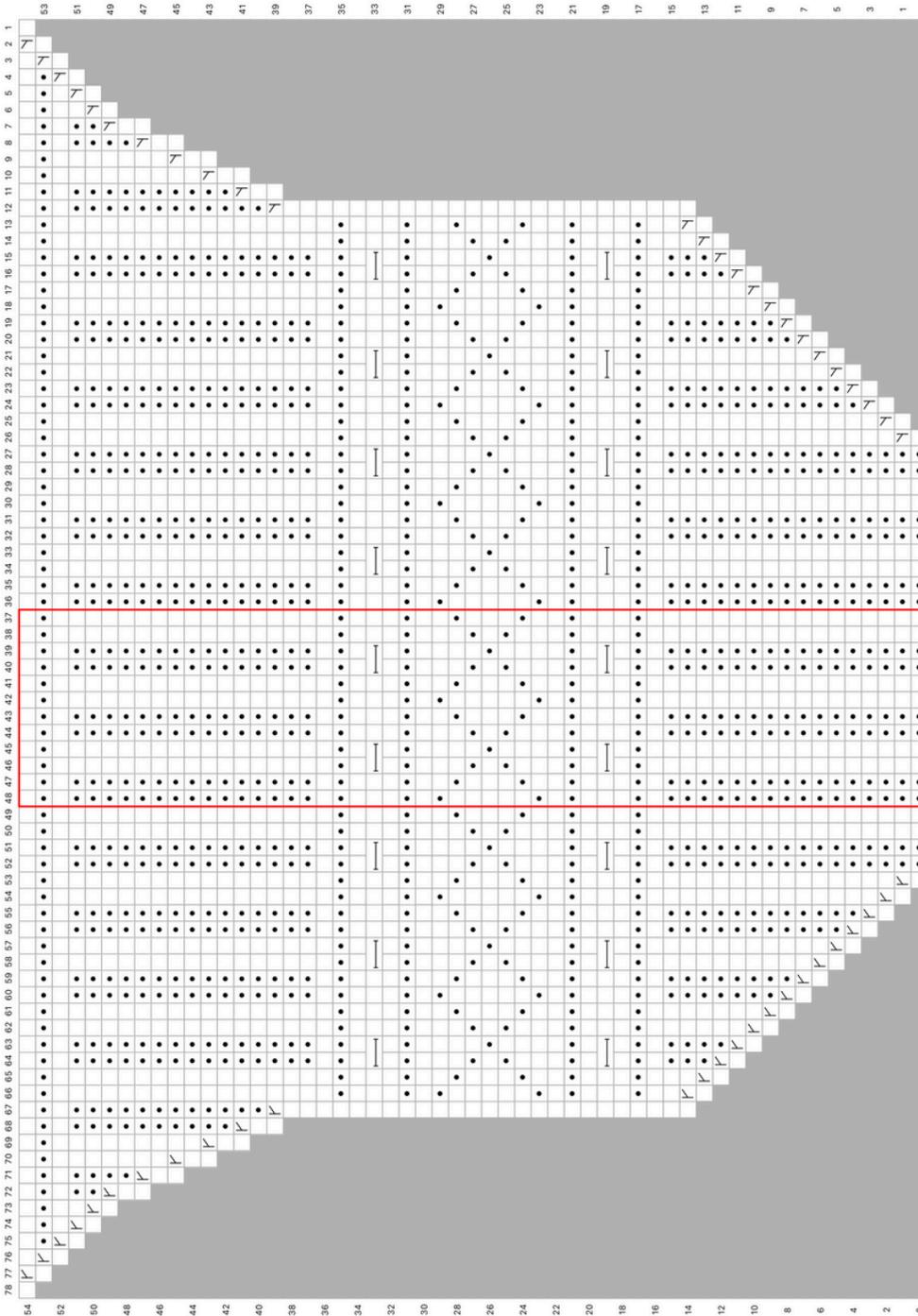
Size 5 - Front



CHARTS

- Key
- RS: knit
 - WS: purl
 - RS: purl
 - WS: knit
 - aux bobble
 - grey no stitch
 - RS: M1L
 - WS: M1P
 - RS: M1R
 - WS: M1P
 - 12-stitch repeat

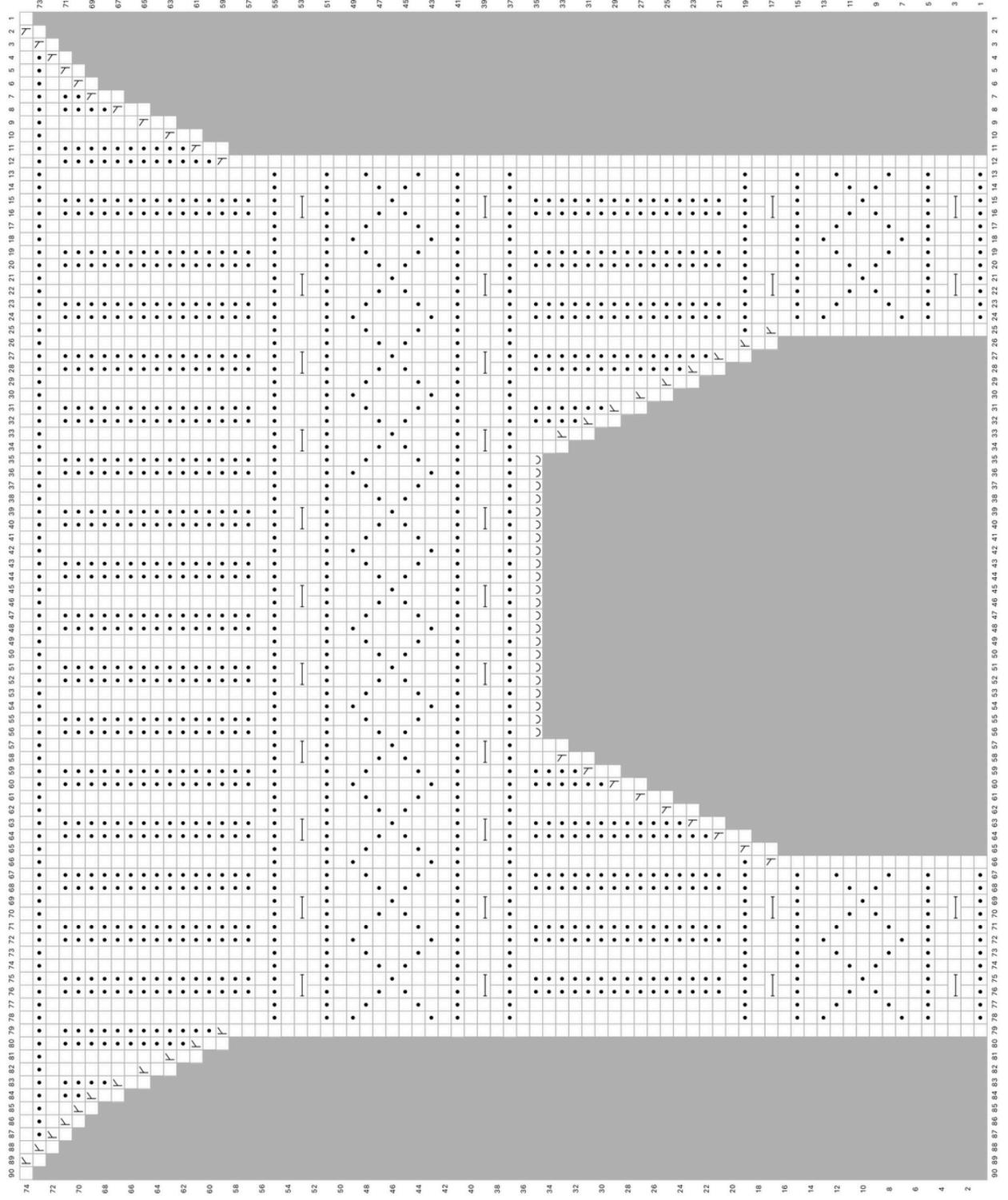
Size 6 - Back



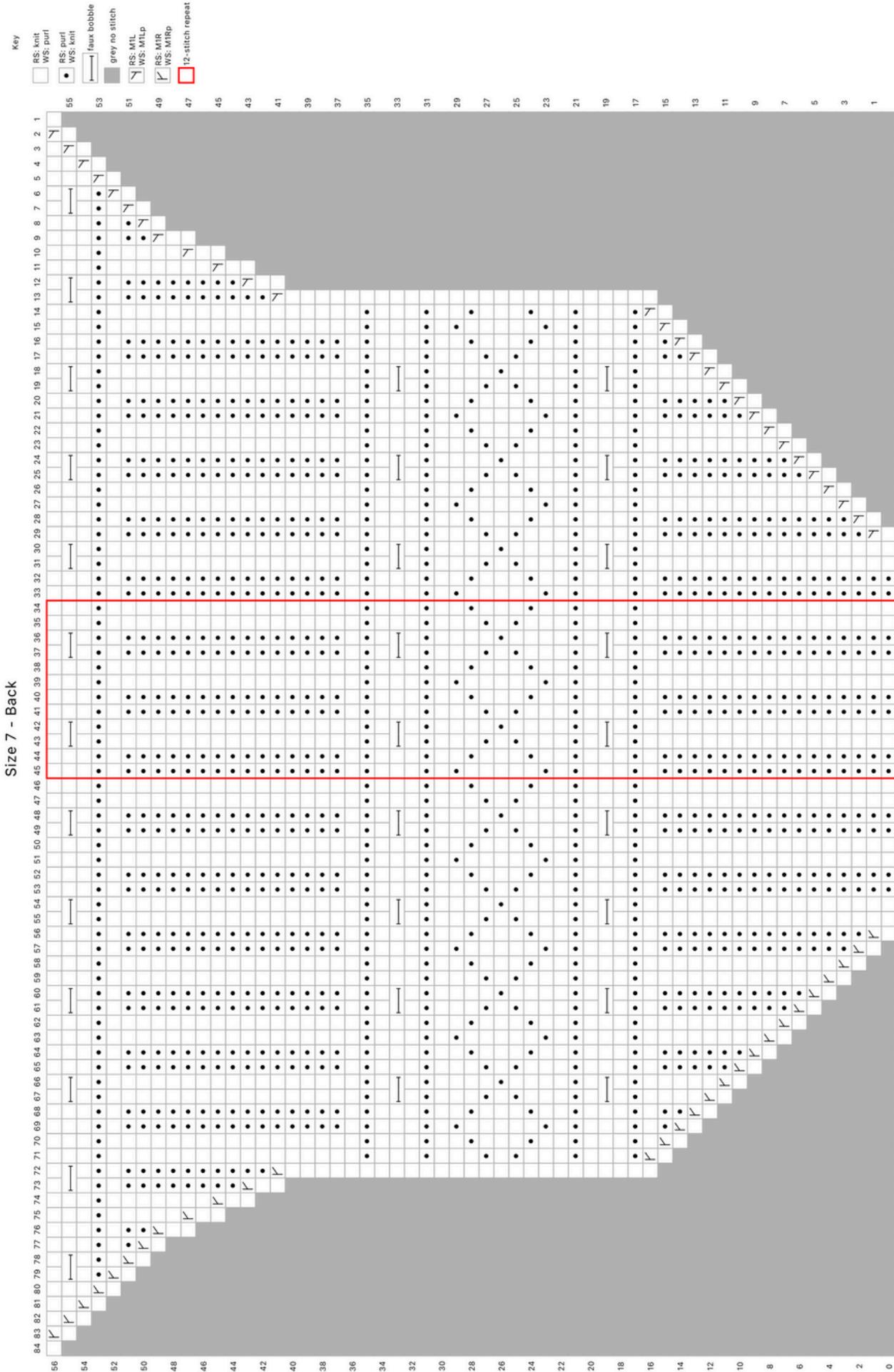
CHARTS

Size 6 - Front

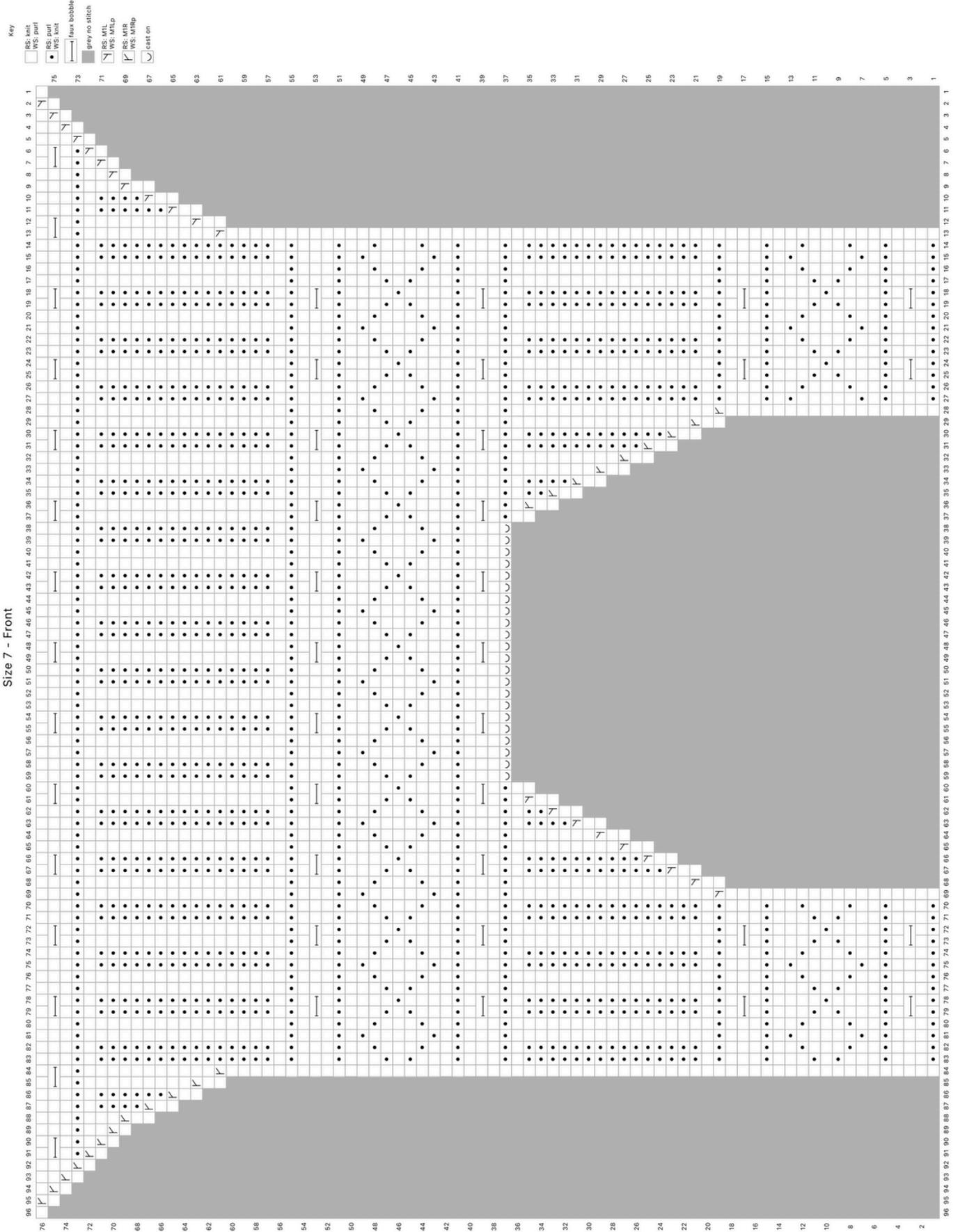
- Key
- RS: knit
 - RS: purl
 - WS: knit
 - WS: purl
 - four bobble
 - grey no stitch
 - RS: ML
 - RS: MR
 - cast on



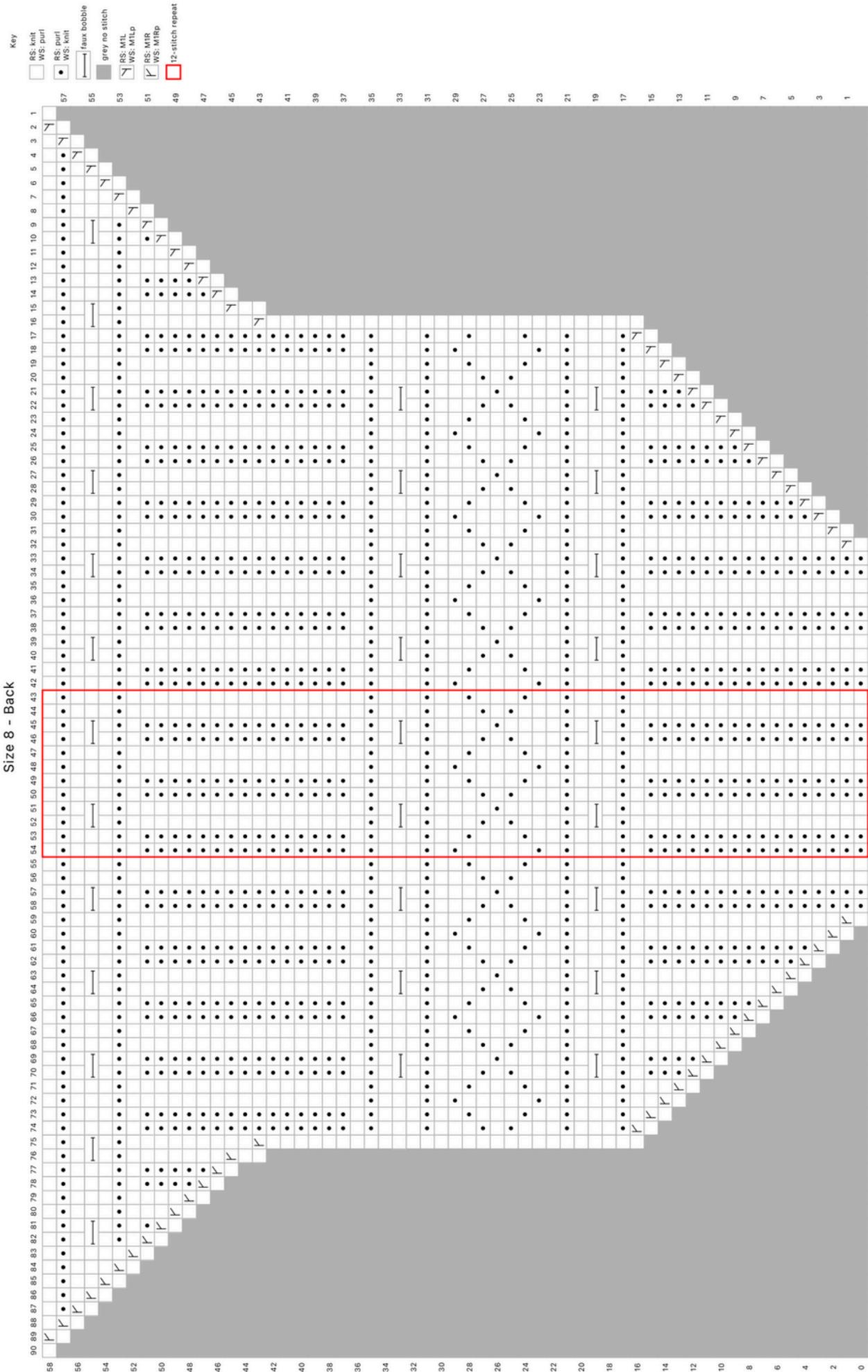
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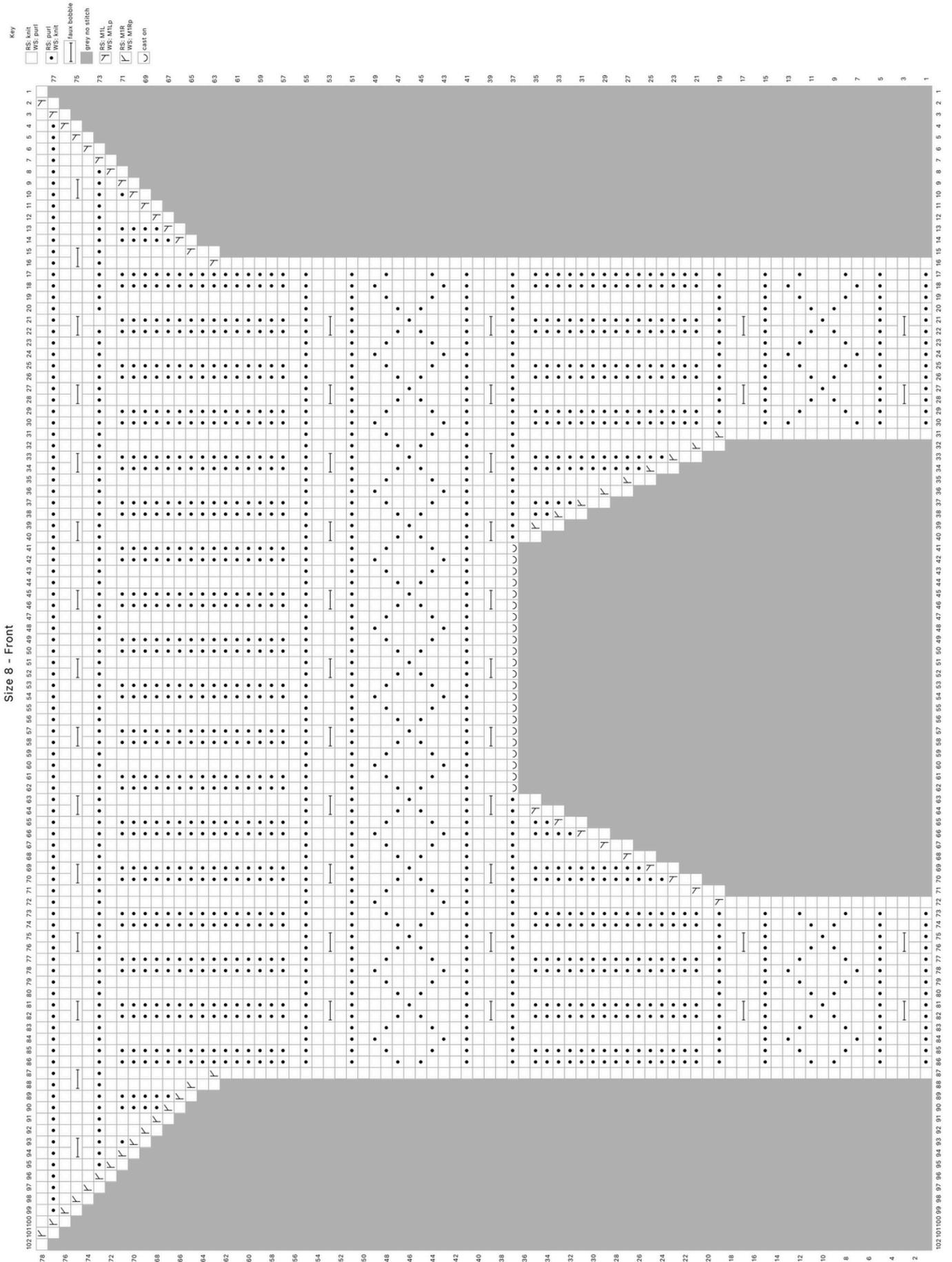
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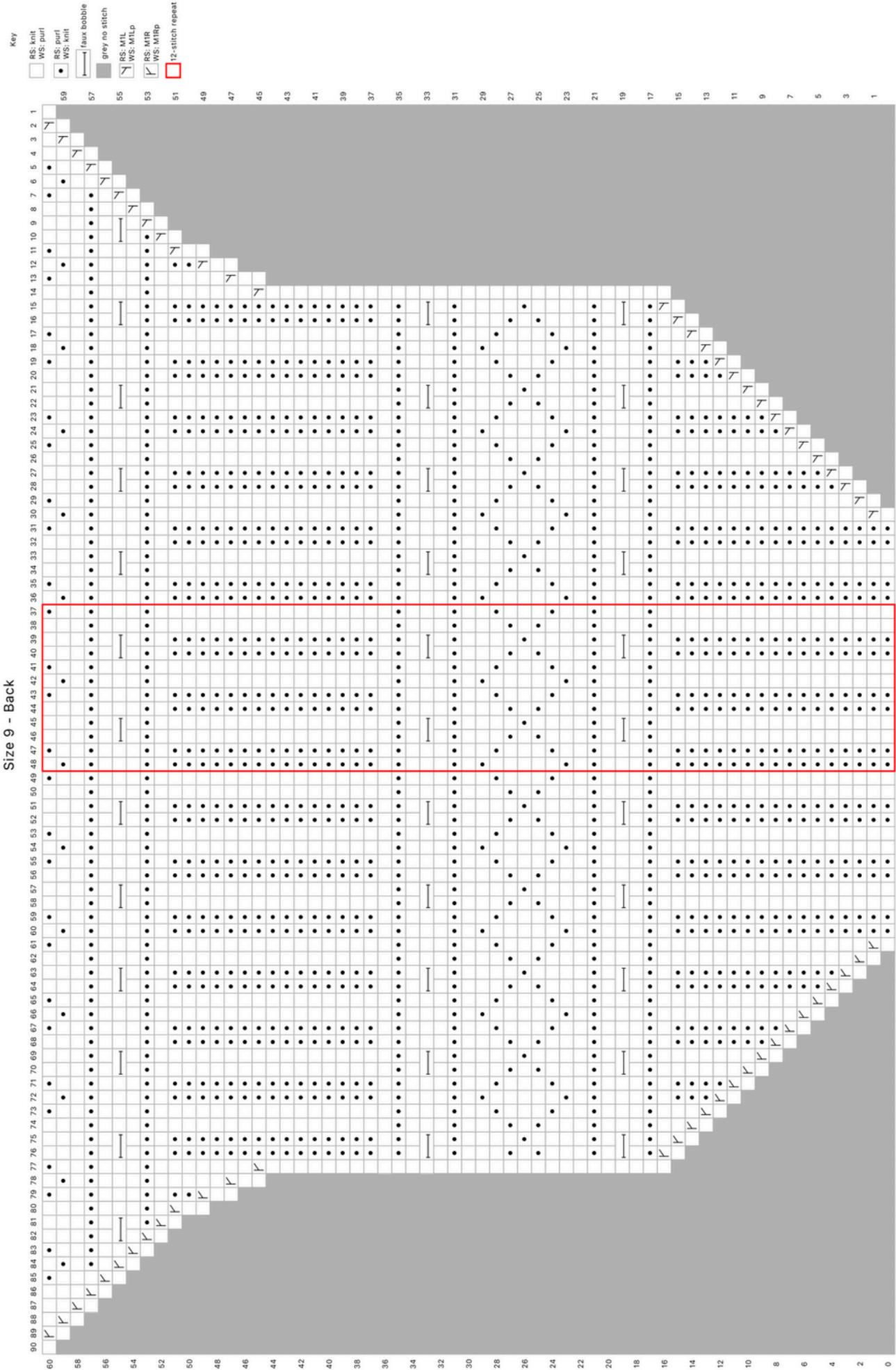
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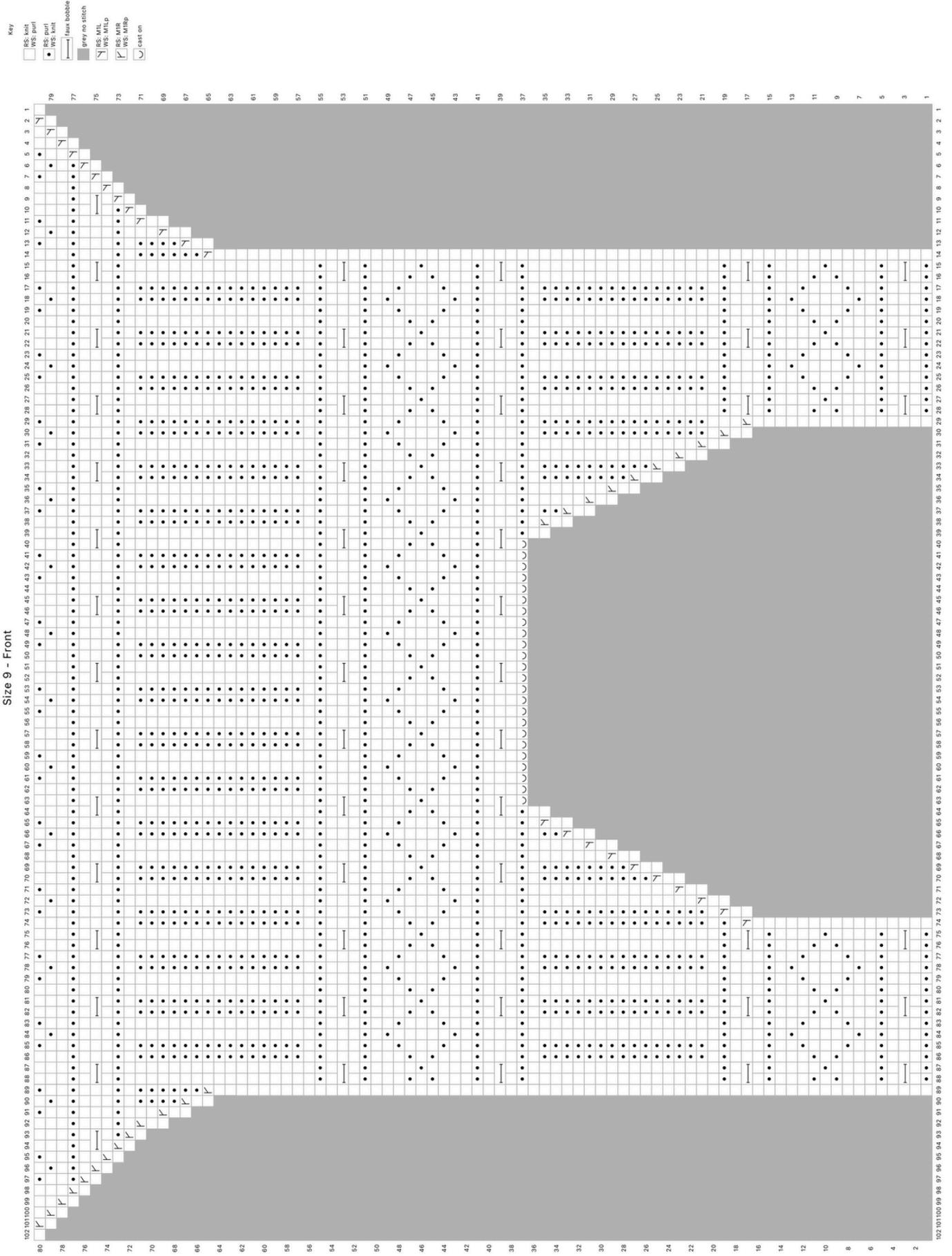
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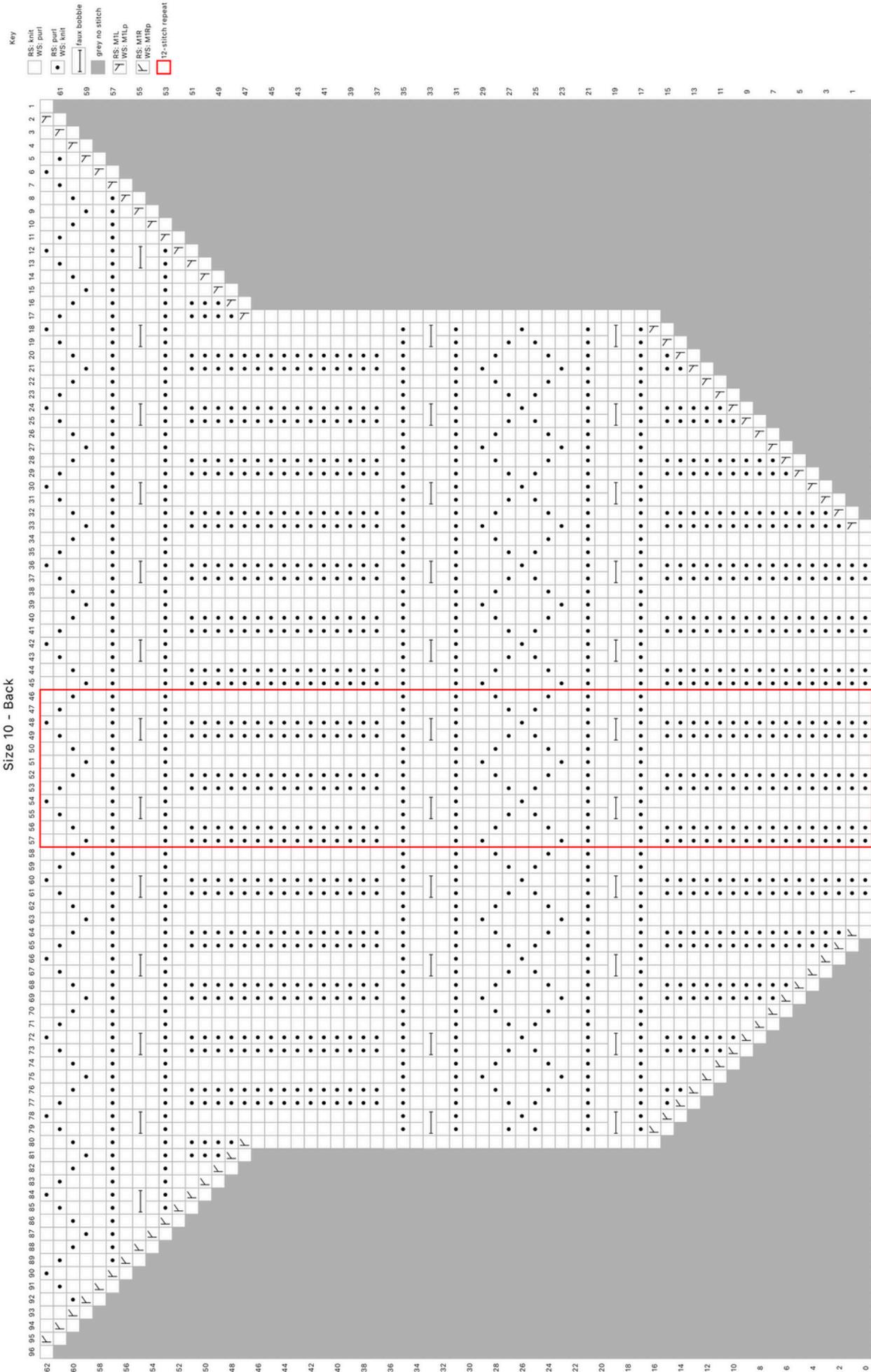
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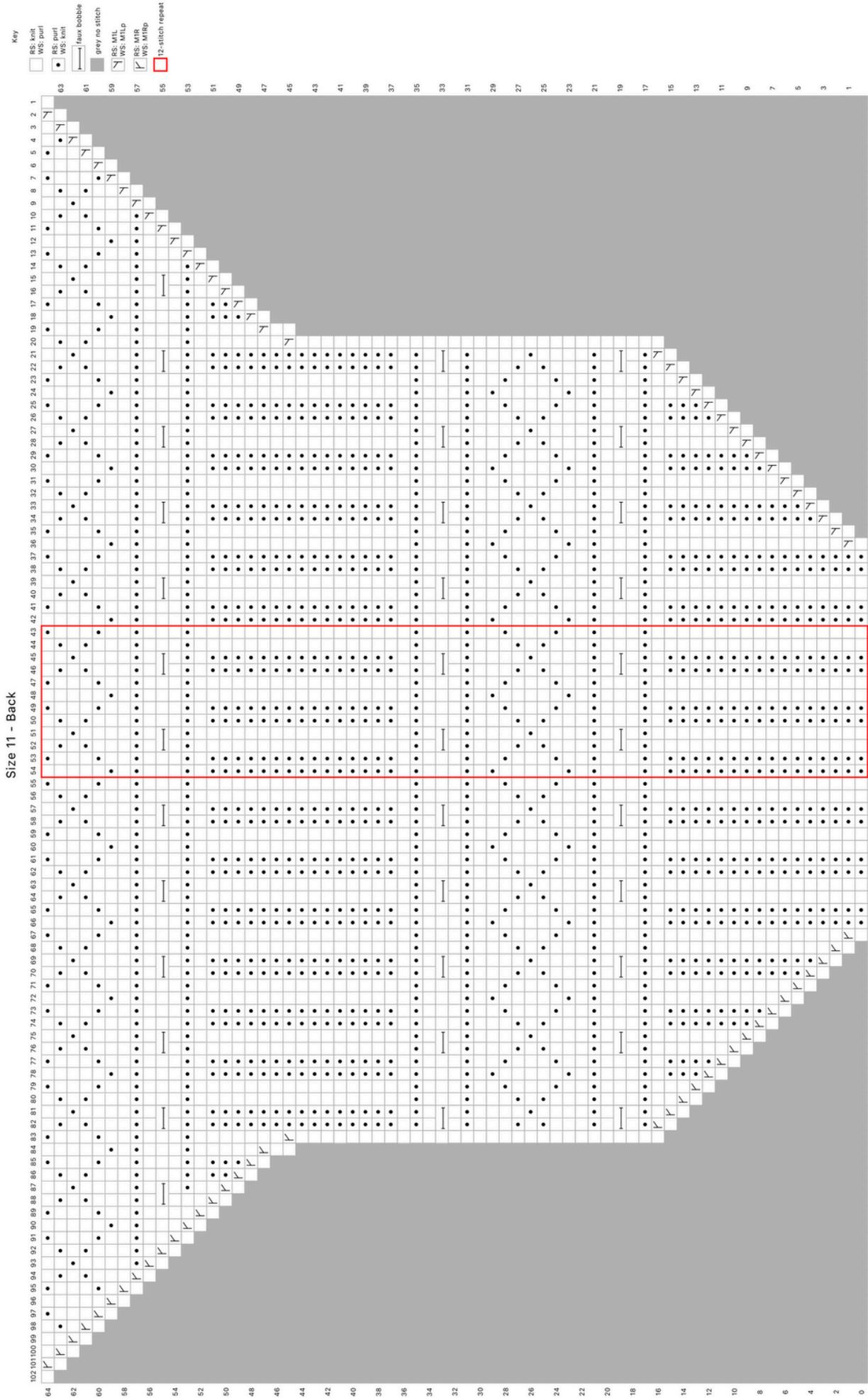
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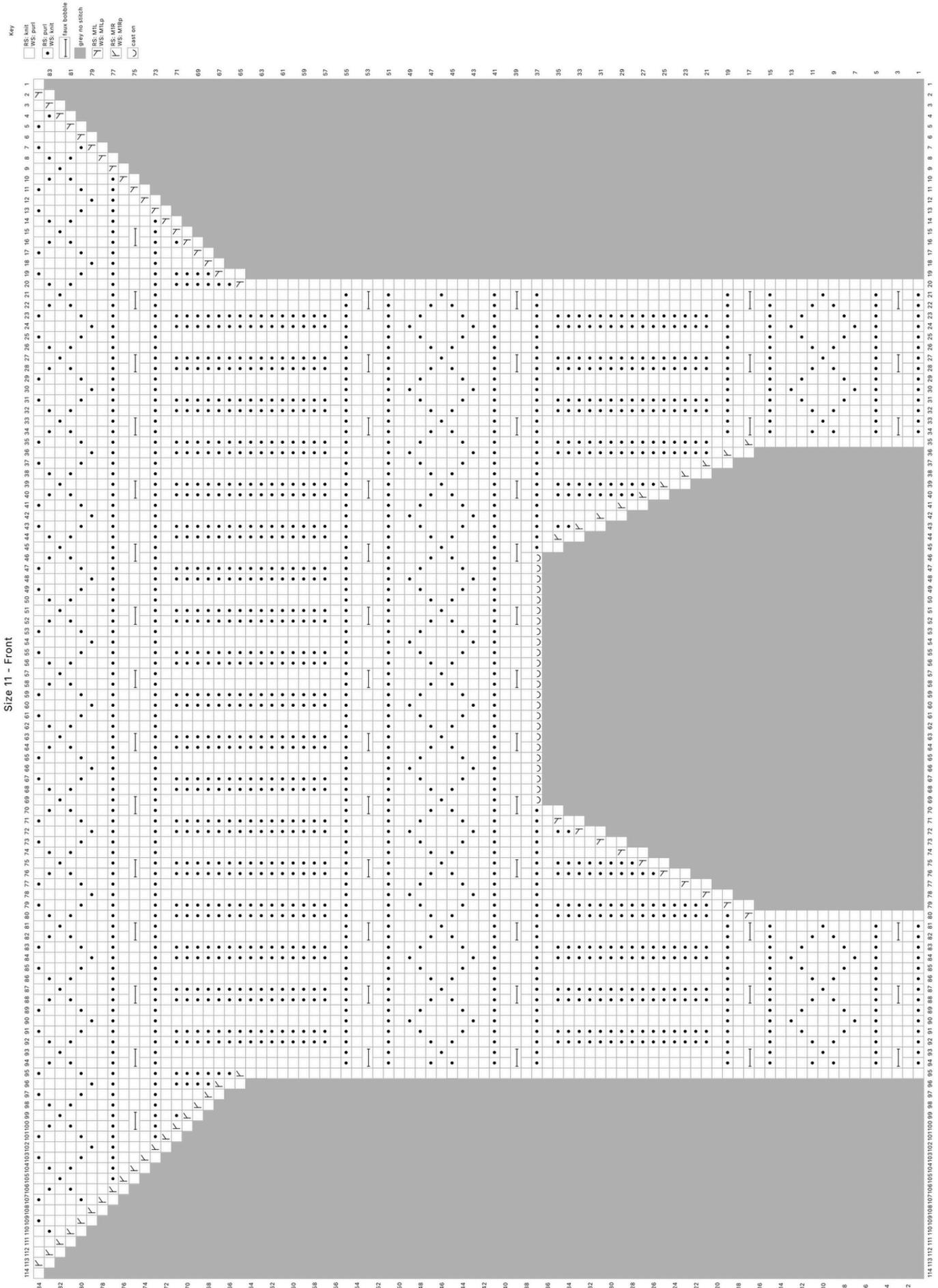
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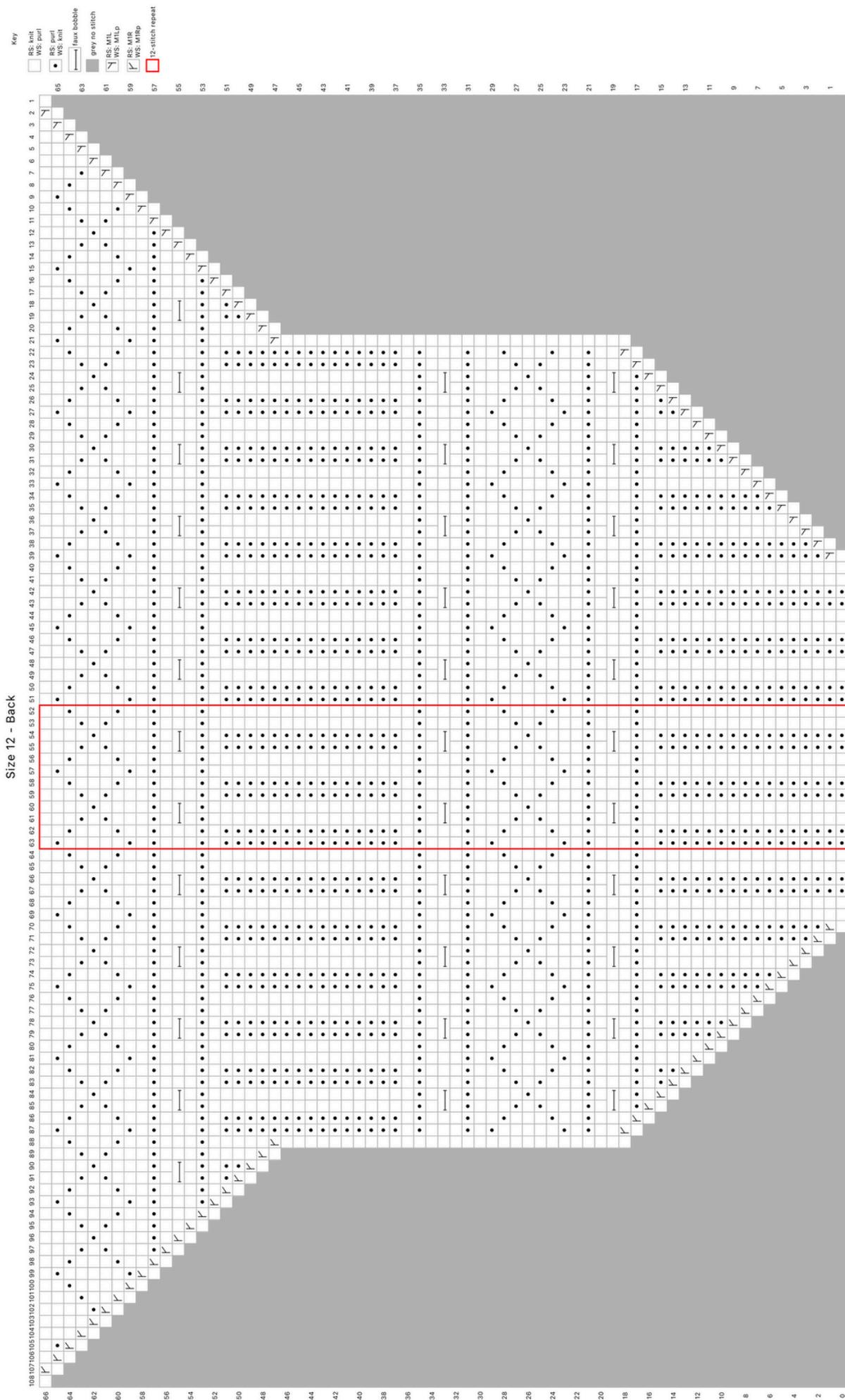
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