

handmade by florence



SPORTY KNIT SKORT

The Sporty Knit Skort is a cute casual mini skirt with inset shorts for relaxing around your home. It is knitted from the top down in one piece, and then stitches are picked up afterwards to knit the shorts. This pattern is suitable for ambitious beginners and intermediate knitters.

Sizes: (A, B, C) (D, E, F) (G, H, I) (J, K, L)

Measurements: To fit a natural waist measurement of approximately (63, 68, 73) (78, 83, 88) (93, 98, 103) (108, 113, 118) cm.
The shorts are to fit a thigh circumference of (54, 57, 60) (64, 69, 73) (78, 83, 86) (89, 92, 96) cm. If your thigh measurement matches a different size to your waist measurement, you can follow the shorts pattern for a different size to the skirt.

Needles: 3.5mm circular needles (60, 80 or 100cm and 40cm lengths)
3mm circular needles (40cm length)

Gauge: 23 stitches x 30 rows in stockinette on 3.5mm needles

Yarn: Puna by DROPS (110m/50g)
(8, 8, 9) (10, 11, 12) (13, 14, 14) (15, 16, 17)
Alternatively, use an equivalent length of your preferred light DK or sport weight yarn with good drape.

Notions: Two stitch markers, 32mm width elastic longer than your natural waist measurement, needle and thread.

Abbreviations:

k	Knit
p	Purl
M1R	Pick up the bar between the stitches with the left needle from back to front. Knit it like a regular stitch.
M1L	Pick up the bar between the stitches with the left needle from front to back. Knit it through the back loop.
M1Rp	Pick up the bar between the stitches with the left needle from back to front. Purl it like a regular stitch.
M1Lp	Pick up the bar between the stitches with the left needle from front to back. Purl it through the back loop.
BOR	Beginning of round, this is where your row starts when you are knitting in the round on circular needles.
PM	Place stitch marker
SM	Slip stitch marker
sts	Stitches
CO	Cast on. In this pattern, a longtail cast on is recommended.
BO	Bind off. In this pattern, a regular bind off is recommended for the skirt and a Surprisingly Stretchy bind off is recommended for the bottom of the shorts.

German Short Rows:

For the short rows in the skirt and the shorts, German short rows are recommended. A clear video demonstrating them can be found here:
<https://www.youtube.com/watch?v=a3S9cl47PYw>

Pattern begins here.

Waistband

CO (152, 164, 176) (188, 196, 208) (220, 232, 244) (256, 268, 280) sts using a longtail CO on 3.5mm needles. Place BOR marker and join in the round.

K 12 rounds in stockinette, or enough for the piece to measure just slightly more than your elastic width from the cast on edge.

P one round, and then k the same number of rounds again.

Cut the elastic to your natural waist measurement. Overlap the ends and sew it securely into a loop. Fold your knitting along the p row and hold the elastic in between the two layers of stockinette.

K the live sts together with the CO edge to cover the elastic in stockinette. You may find it easier to pick up sts on the CO edge with a smaller needle before knitting the sts on the two needles together.

Skirt short rows

k3, p1, repeat *-* until you reach the BOR marker. As you work the following short rows, continue working in this pattern (k over k and p over p). The turns are done using German short row turns.

Row 1 (RS) Work (22, 26, 26) (30, 30, 34) (34, 38, 38) (42, 42, 46) sts, turn

Row 2 (WS) Work up to BOR marker, work (22, 26, 26) (30, 30, 34) (34, 38, 38) (42, 42, 46) sts, turn

Row 3 (RS) Work up to 4 sts beyond previous turn, turn

Row 4 (WS) Work up to 4 sts beyond previous turn, turn

Repeat rows 3-4 until they have been worked a total of (2, 2, 2) (2, 2, 2) (3, 3, 3) (3, 3, 3) times. This makes up (6, 6, 6) (6, 6, 6) (8, 8, 8) (8, 8, 8) turns in total. Work the stitches as they appear (k over k and p over p) up to the BOR marker.

Skirt increases

Continue working in the round in pattern (k over k and p over p) until the skirt measures 4cm from the bottom of the waistband at the front. The BOR marker marks the back of the skirt. Now work the first increase round as follows.

Inc Round 1 *k3, M1Rp, p1*, repeat *-* until you reach the BOR marker.

There should now be (190, 205, 220) (235, 245, 260) (275, 290, 305) (320, 335, 350) sts on the needle.

Continue to work in pattern (*k3, p2*) until the skirt measures 12cm from the bottom of the waistband at the front. Now work the second increase round as follows:

Inc Round 2 *k3, p2, M1Lp*, repeat *-* until you reach the BOR marker.

There should now be (228, 246, 264) (282, 294, 312) (330, 348, 366) (384, 402, 420) sts on the needle.

Continue to work in pattern (*k3, p3*) until the skirt measures (28, 28, 29) (30, 31, 32) (33, 34, 35) (36, 37, 37) cm from the bottom of the waistband at the front. Now work the third increase round as follows:

Inc Round 3 *k3, M1Rp, p3*, repeat *-* until you reach the BOR marker.

There should now be (266, 287, 308) (329, 343, 364) (385, 406, 427) (448, 469, 490) sts on the needle.

Continue to work in pattern (*k3, p4*) until the skirt measures (33, 33, 34) (35, 36, 37) (38, 39, 40) (41, 42, 42) cm from the bottom of the waistband at the front. Now work the fourth and final increase round as follows:

Inc Round 4 *k3, p4, M1Lp*, repeat *-* until you reach the BOR marker.

There should now be (304, 328, 352) (376, 392, 416) (440, 464, 488) (512, 536, 560) sts on the needle.

Continue to work in pattern (*k3, p5*) until the skirt measures (36, 36, 37) (38, 39, 40) (41, 42, 43) (44, 45, 45) cm from the bottom of the waistband at the front.

BO all sts in pattern.

At this point, if you just want to knit the skirt, skip to finishing. If this is the case, you may want to knit the skirt a little longer.

Inset Shorts

Turn the skirt inside out with the waistband at the top. When picking up stitches, insert the needle from bottom to top into the purl bumps below where the waistband was knitted down.

With 3.5mm needles, pick up (144, 156, 168) (180, 188, 200) (212, 224, 236) (248, 260, 272) sts around the inside of the skirt just below the waistband, starting at the back of the skirt. Place a BOR marker.

Note: If you are knitting the same shorts size as skirt size, this is equivalent to picking up stitches in all but eight of the purl bumps. Distribute the skipped purl bumps evenly around the skirt to ensure the shorts lie flat underneath the skirt.

Knit one round while placing markers as follows:

K (72,78, 84) (90, 94, 100) (106, 112, 118) (124, 130, 136), PM, k to BOR marker.

Now work German short rows to raise the back of the waistband to match the skirt.

Row 1 (RS) k (20, 24, 24) (28, 28, 32) (32, 36, 36) (40, 40, 44) sts, turn

Row 2 (WS) p to BOR marker, purl (20, 24, 24) (28, 28, 32) (32, 36, 36) (40, 40, 44) sts, turn

Row 3 (RS) k to 4 sts beyond previous turn, turn

Row 4 (WS) p to 4 sts beyond previous turn, turn

Repeat rounds 3-4 until they have been worked a total of (2, 2, 2) (2, 2, 2) (3, 3, 3) (3, 3, 3) times.

Continue in stockinette until the shorts measure 3cm from the cast on edge at the front. Now work the first set of increases.

Round 1 k1, M1L, k to 1 st before first marker, M1R, k1, SM, k1, M1L, k to 1 st before BOR marker, M1R, k1 (4 sts increased)

Rounds 2-4 k all sts

Repeat rounds 1-4 a total of (12, 12, 13) (13, 13, 13) (13, 13, 13) (13, 15, 17) times.

Now repeat rounds 1-2 a further (4, 4, 4) (5, 8, 9) (12, 15, 15) (14, 12, 10) times.

There should now be (208, 220, 236) (252, 272, 288) (312, 336, 348) (356, 368, 380) sts on the needles.

In the next round, divide sts between the legs.

K to first marker, remove marker, place the remaining sts up to the BOR marker on hold, CO (4, 6, 6) (6, 8, 8) (8, 8, 10) (10, 12, 14) sts, placing the BOR marker halfway through the new CO sts.

There should now be (108, 116, 124) (132, 144, 152) (164, 176, 184) (188, 196, 204) sts on the needles. Continue to work in the round.

K in stockinette until the leg measures 3cm from the CO edge. Switch to 3mm 40cm needles and knit in *k2, p2* rib until the rib measures 4cm.

BO using a Surprisingly Stretchy bind off, or another technique of your choice with good elasticity.

Transfer the sts on hold onto your 3.5mm 40cm needle and CO (4, 6, 6) (6, 8, 8) (8, 8, 10) (10, 12, 14) sts, placing the BOR marker halfway through the new CO sts.

K in stockinette until the leg measures 3cm from the CO edge. Switch to 3mm 40cm needles and knit in *k2, p2* rib until the rib measures 4cm.

BO as for the other leg. Seam the two legs together at the cast on edges.

Finishing

Weave in all ends, and wash and block the skort.



I'd be really happy to see any finished skorts or skirts shared on Instagram under [#sportyknitskort](#)

You can get a 20% discount on the pattern for the Simple Bralette by NakedKnit which I paired with the skort using the code `SKORTSIMPLE_20`.

Thanks,

Florence

Instagram: @handmadebyflorence