

PetiteKnit

SONJA SWEATER



Sizes:	XXS (XS) S (M) L (XL) 2XL (3XL) 4XL (5XL)
Bust circumference:	110 (115) 120 (124) 128 (134) 138 (144) 154 (160) cm [43 ³ / ₄ (45 ³ / ₄) 47 ¹ / ₄ (48 ³ / ₄) 50 ¹ / ₂ (52 ³ / ₄) 54 ¹ / ₄ (56 ³ / ₄) 60 ³ / ₄ (63) inches]
Length:	58 (59) 60 (62) 64 (65) 66 (69) 72 (76) cm [22 ³ / ₄ (23 ¹ / ₄) 23 ¹ / ₂ (24 ¹ / ₂) 25 ¹ / ₄ (25 ¹ / ₂) 26 (27 ¹ / ₄) 28 ¹ / ₄ (30) inches]
Gauge:	17 sts x 24 rows = 10 x 10 cm [4 x 4 inches] in stockinette stitch on a 5 mm [US8] needle
Needles:	Circular needles: 5 mm [US8] / 40, 60, 80 and/or 100 cm [16, 24, 32 and/or 40 inches], 4.5 mm [US7] / 80 or 100 cm [32 or 40 inches] and 4 mm [US6] / 40 cm [16 inches] Double-pointed needles: 5 mm [US8] and 4.5 mm [US7]
Materials:	500 (500) 600 (600) 600 (600) 700 (700) 700 (800) g Håndværksgarn by Hjelholt Uldspinderi (100 g = 200 m [219 yds])

PATTERN

The Sonja Sweater is worked from the top down in stockinette stitch. First, the top part of the back yoke is worked flat. Then, stitches for the shoulders are picked up and knitted along the cast-on edge of the back yoke. The shoulders are shaped using short rows. The front and back yoke are joined at the underarms and the body is worked in the round on a circular needle. Stitches are then picked up and knitted along the underarms for the sleeves, which are worked in the round. At the end, stitches are picked up and knitted along the neck edge, where a ribbed edge is first worked and then folded over to the inside and knitted down on the wrong side. The Sonja Sweater does not require any finishing.

Begin by knitting a swatch to determine which needle size will give you the correct gauge.

Size guide

The Sonja Sweater is designed to have approx. 30 cm [11¾ inches] of positive ease in the smaller sizes and then gradually less positive ease in the larger sizes. The sizes XXS (XS) S (M) L (XL) 2XL (3XL) 4XL (5XL) are designed to fit a bust circumference of 75-80 (80-85) 85-90 (90-95) 95-100 (100-110) 110-120 (120-130) 130-140 (140-150) cm [29½-31½ (31½-33½) 33½-35½ (35½-37½) 37½-39½ (39½-43¼) 43¼-47¼ (47¼-51¼) 51¼-55 (55-59) inches].

The measurements for the finished sweater are listed on the front page of the pattern. Please note that these measurements are only achieved if the correct gauge is maintained while knitting. Measure yourself before starting your project, to determine which size will fit you the best. For example, if you measure 90 cm [35½ inches] around your bust (or around the widest part of your upper body) you should knit a size S. A size S sweater has a bust circumference of 120 cm [47¼ inches] which in the given example would give you 30 cm [11¾ inches] of positive ease.

About increases and decreases

Increases and decreases are worked so they either slant left (M1L and skp) or right (M1R and k2tog) (see video at www.petiteknit.com).

M1L: Insert left needle under the strand that runs between the stitches from front to back, then knit this strand through the back loop.

M1R: Insert left needle under the strand that runs between the stitches from back to front, then knit this strand.

Skp: Slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.

K2tog: Knit 2 stitches together.

Back yoke

Cast on 90 (94) 96 (98) 100 (102) 106 (106) 114 (116) sts on a 5 mm [US8] / 80 cm [32 inches] circular needle with your preferred method.

The first row is a WS row. Purl across 1 row, so the next row is a RS row.

Work back and forth in stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Repeat Rows 1 and 2 until the work measures 19 (19) 19 (19) 19 (19) 19 (19) 19 (19) cm [7½ (7½) 7½ (7½) 7½ (7½) 7½ (7½) inches].

Now work increases for the armholes as follows:

Row 1 (RS): K3, **M1L**, knit to the last 3 sts on the needle, **M1R**, k3.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 1 (1) 2 (2) 3 (3) 3 (4) 5 (5) times. There are now a total of 92 (96) 100 (102) 106 (108) 112 (114) 124 (126) sts on the needle.

Break the yarn and let the sts rest while the shoulders are being worked.

Left shoulder

RS facing, pick up and knit 33 (35) 36 (37) 38 (39) 41 (41) 45 (46) sts with a 5 mm [US8], 60 or 80 cm [24 or 32 inches] circular needle. Pick up sts from the RS along the left end of the cast-on edge of the back yoke **using the short end of the yarn**, so the following row can be worked from the RS with the long end of the working yarn (the direction for picking up and knitting is from the neck edge and towards the left armhole edge, with the piece RS facing and the cast-on edge on top) (see video an www.petiteknit.com).

Now work short rows to shape the shoulder. Use the *German Short Row* technique for the short rows, i.e. when the pattern says “turn” (see video at www.petiteknit.com). Slide the picked-up sts to the other end of the needles and prepare to work from the RS with the long tail of the yarn as you would normally. Work as follows:

Row 1 (RS): Knit 3 (2) 3 (4) 2 (3) 2 (2) 3 (4) sts, turn.

Row 2 (WS): Purl to end of row.

Row 3 (RS): Knit to 3 sts after the last turn (meaning you work the short row stitch from the previous RS row and then knit the next 3 sts), turn.

Row 4 (WS): Purl to end of row.

Work Rows 1-4 once, then work Rows 3 and 4 another 9 (10) 10 (10) 11 (11) 12 (12) 13 (13) times (the last time you turn, there are no more sts left on the left needle).

The next row is a RS row.

Now work back and forth in stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 3 (3) 3 (3) 3 (3) 3 (3) 3 (3) times (meaning for a total of 6 (6) 6 (6) 6 (6) 6 (6) 6 (6) rows).

Now work increases to shape the neckline as follows:

Row 1 (RS): K3, **M1L**, knit to end of row. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 times. There are now a total of 39 (41) 42 (43) 44 (45) 47 (47) 51 (52) sts on the needles.

Break the yarn and let the sts rest while the right shoulder is being worked.

Right shoulder

The right shoulder is worked the same way as the left shoulder, only mirror reversed (so the short rows and increases are worked on WS rows).

RS facing, pick up and knit 33 (35) 36 (37) 38 (39) 41 (41) 45 (46) sts along the right end of the back yoke cast-on edge with a 5 mm [US8] / 60 or 80 cm [24 or 32 inches] circular needle (use the long end of the yarn as you normally would) (the direction for picking up and knitting is from the right and towards the neck, with the piece RS facing and the cast-on edge on top).

Next row is a WS row. Work as follows:

Row 1 (WS): Purl 3 (2) 3 (4) 2 (3) 2 (2) 3 (4) sts, turn.

Row 2 (RS): Knit to end of row.

Row 3 (WS): Purl to 3 sts after the last turn (meaning you work the short row stitch from the previous WS row and then purl the next 3 sts), turn.

Row 4 (RS): Knit to end of row.

Work Rows 1-4 once, then work Rows 3 and 4 another 9 (10) 10 (10) 11 (11) 12 (12) 13 (13) times (the last time you turn there are no more sts left on the left needle).

The next row is a WS row.

Now work back and forth in stockinette stitch as follows:

Row 1 (WS): Purl across.

Row 2 (RS): Knit across.

Work Rows 1 and 2 a total of 3 (3) 3 (3) 3 (3) 3 (3) 3 (3) times (meaning for a total of 6 (6) 6 (6) 6 (6) 6 (6) 6 (6) rows).

Now work increases to shape the neckline as follows:

Row 1 (WS): P3, insert left needle under the strand that runs between two sts from back to front and purl this strand, purl to end of row. (1 stitch has been increased)

Row 2 (RS): Knit across.

Work Rows 1 and 2 a total of 6 times. There are now a total of 39 (41) 42 (43) 44 (45) 47 (47) 51 (52) sts on the needles.

Do not break the yarn as the next step follows from here.

Front yoke

Join the left and right shoulder on a 5 mm [US8] / 80 cm [32 inches] circular needle to form the front yoke, while casting on new sts between the two sections to form the front neckline. Work as follows:

Cast on 12 (12) 12 (12) 12 (12) 12 (12) 12 (12) sts in extension of the 39 (41) 42 (43) 44 (45) 47 (47) 51 (52) sts for the right shoulder using the backward loop method, knit across the 39 (41) 42 (43) 44 (45) 47 (47) 51 (52) sts for the left shoulder. There are now a total of 90 (94) 96 (98) 100 (102) 106 (106) 114 (116) sts on the needles for the front.

Work back and forth in stockinette stitch until the front yoke measures 19 (19) 19 (19) 19 (19) 19 (19) 19 (19) cm [7½ (7½) 7½ (7½) 7½ (7½) 7½ (7½) 7½ (7½) inches] along the armholes measured from the back yoke cast-on edge (i.e. until it measures the same as the back yoke before the armhole increases). End on a WS row, so the next row is a RS row.

Now work increases for the armholes as follows:

Row 1 (RS): K3, **M1L**, knit to the last 3 sts on the needle, **M1R**, k3.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 1 (1) 2 (2) 3 (3) 3 (4) 5 (5) times. There are now a total of 92 (96) 100 (102) 106 (108) 112 (114) 124 (126) sts on the needles.

Do not break the yarn as the next step follows from here.

Body

Join the front and back yoke on a [US8] / 80 or 100 cm [32 or 40 inches] to form the body, while casting on sts for the underarms. Work as follows:

Row 1 (RS): Knit across the front yoke sts, cast on 2 (2) 2 (4) 4 (6) 6 (8) 8 (10) sts in extension of the front yoke using the backward loop method, knit across the back sts, cast on 2 (2) 2 (4) 4 (6) 6 (8) 8 (10) sts in extension of the back yoke using the backward loop method, join the work in the round. There are now a total of 188 (196) 204 (212) 220 (228) 236 (244) 264 (272) sts on the needles for the body.

Place a marker for the beginning of the round at the right underarm.

Work in the round in stockinette stitch until the sweater measures 48 (49) 50 (52) 54 (55) 56 (59) 62 (66) cm [19 (19¼) 19¾ (20½) 21¼ (21¾) 22 (23¼) 24½ (26) inches] from the cast-on edge at the back of the neck – or to the desired length.

Change to a 4.5 mm [US7] / 80 or 100 cm [32 or 40 inches] circular needle.

Work 8 cm [3¼ inches] in the round in 1 x 1 rib (k1, p1) for all sizes.

Work 2 rounds of double knitting before binding off using the Italian bind-off technique as follows (see video at www.petitekmit.com):

Round 1: * K1, slip 1 stitch purl-wise with the yarn held in front of the work *, repeat from * to * to end of round.

Round 2: * Slip 1 stitch purl-wise with the yarn held behind the work, p1 *, repeat from * to * to end of round.

Bind off using the Italian bind-off technique (see video at www.petitekmit.com).

Sleeves

The sleeves are worked in the round on a 5 mm [US8] / 40 cm [16 inches] circular needle. First short rows are worked to form a wedge with the tip facing the armhole, which gives a slope to the sleeve downwards. Use the *German Short Row* technique when working the turns.

RS facing, pick up and knit 66 (68) 70 (72) 72 (74) 74 (76) 78 (78) sts using a 5 mm [US8] / 40 cm [16 inches] circular needle. Start and end in the middle of the underarm. The rate for picking up and knitting sts is pick up and knit 2 sts for every 3 rows all the way around, while picking up 1 stitch in each of the sts that were cast on at the underarm. Take care to ensure that an equal amount of sts is picked up along both the front and back, meaning 33 (34) 35 (36) 36 (37) 37 (38) 39 (39) sts on each side.

Join in the round and place a marker for the beginning of the round, and place a second marker at the top of the sleeve after the first 33 (34) 35 (36) 36 (37) 37 (38) 39 (39) sts.

Break the yarn.

Slip sts from the left to the right needle without knitting them until 5 sts after the marker at the top of the sleeve. Join new yarn and begin from the WS as follows:

Row 1 (WS): Purl to 5 sts after stitch marker, turn.

Row 2 (RS): Knit to 5 sts after where you joined the yarn, turn.

Row 3 (WS): Purl to 5 sts after last WS turn, turn.

Row 4 (RS): Knit to 5 sts after last RS turn, turn.

Work Rows 1-4 once, then work Rows 3 and 4 another 4 (4) 4 (4) 4 (4) 4 (5) 5 (5) times (on the last WS row, you turn 3 (4) 5 (6) 6 (7) 7 (3) 4 (4) sts before the end of the round), while on the last RS row, you knit to the end of the round instead of turning.

The short rows have now been completed. Continue in the round in stockinette stitch.

Work in the round in stockinette stitch on a 5 mm [US8] / 40 cm [16 inches] circular needle until the sleeve measures 35 (35) 35 (35) 35 (35) 35 (35) 33 (32) cm [13¾ (13¾) 13¾ (13¾) 13¾ (13¾) 13¾ (13¾) 13 (12½) inches] measured from the underarm, **while at the same time** working a decrease round every 14th (12th) 12th (10th) 10th (10th) 10th (9th) 9th (8th) round a total of 5 (6) 6 (7) 7 (7) 7 (8) 8 (8) times as follows: K1, **k2tog**, knit to the last 3 sts of the round, **skp**, k1.

There are now a total of 56 (56) 58 (58) 58 (60) 60 (60) 62 (62) sts on the needle. Change to double-pointed needles along the way, as it becomes necessary to accommodate the smaller number of sts.

Change to 4.5 mm [US7] double-pointed needles.

Work 10 cm [4 inches] in the round in 1 x 1 rib (k1, p1).

Work 2 rounds of double knitting before binding off using the Italian bind-off technique the same way as on the body. Work the second sleeve the same way as the first.

Neck edge

The neck edge is worked in the round in rib on a 4 mm [US6] / 40 cm [16 inches] circular needle.

RS facing, pick up and knit 104 (106) 106 (106) 110 (110) 112 (112) 114 (116) sts around the neck edge using a 4 mm / 40 cm [16 inches] circular needle. The rate for picking up and knitting is equivalent to picking up 1 stitch in every stitch/row along the back of the neck, along the slanted sides and along the backward loop sts in the middle of the front yoke, while picking up 3 sts out of every 4 rows along the straight sides.

Rounds 1-8: Work in 1 x 1 rib (k1, p1).

Rounds 9-11: * K1, slip 1 stitch purl-wise with the yarn held in front of the work *, repeat from * to * to end of round.

Rounds 12-17: Work in 1 x 1 rib (k1, p1).

The neck edge is now knitted together by knitting every other stitch of the next round together with a stitch from the round where stitches were picked-up and knitted, while at the same time binding off. Work as follows (see video at www.petiteknit.com):

* Pick up a stitch from the round where stitches were picked-up and knitted and place it on the left needle. Knit the picked-up stitch together with the first stitch on the left needle. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). Knit 1 stitch. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). *

Repeat from * to * to the end of the round.

Take care that the neck edge does not become twisted – make sure to check along the way that each stitch is knitted together with the stitch directly below it at the pick-up edge.

Finishing

Weave in all ends.

Abbreviations

k knit

k2tog decrease, knit two stitches together

M1R insert the left needle under the strand between the stitches from back to front, then knit this strand.

M1L insert the left needle under the strand between the stitches from front to back, then knit this strand through the back loop (twisted).

p purl

RS right side of your work

skp slip 1 stitch knit-wise, k1, pass the slipped stitch over the knitted stitch.

st(s) stitch(es)

WS wrong side of your work



Mette Wendelboe Okkels ©COPYRIGHT 2023

www.petiteknit.com // Instagram: @petiteknit

This pattern is for personal, non-commercial use only. The pattern may not be copied, resold or redistributed in any way. Nor may you sell any items produced using the directions in this pattern.

Share your version of the Sonja Sweater on Instagram with

#sonjasweater #petiteknit

Happy knitting!