

Soft Chains - Time for Comfort



A cozy Cardigan for cold days, featuring a warming shawl collar and “unchained” chains.
Knit from the top down without seams and without the need of a cable needle for the mock braids.
A perfectly fitting shoulder and sleeve caps for a true allrounder on cold days.



Sizes

XS – S – M – L – XL – 2XL – 3XL – 4XL – 5XL

32” – 60” / 82-152cm

Find detailed measurements and draft on page 2.

Materials

Any yarn matching the gauge,

DK weight (100-110m/110-120yds per 50g)

Estimated consumption in meters and yards: see page 2.

Differences in gauge and yarn choice will affect the amount of yardage used.

Circulars 4-4.5mm/US 6-7, or size needed for gauge; 80-100cm/32-40" and optional double pointed needles of same size, stitch markers, waste yarn, crochet hook, tapestry needle, 5 buttons (2-2.5cm/0.75-1" diameter)

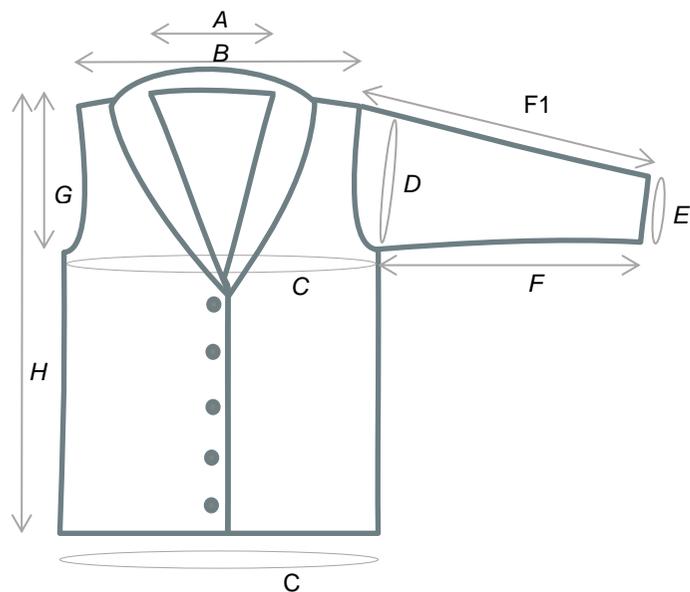
Gauge

In stockinette stitch: 10 cm / 4" = 20 stitches and 28 rows

Please consider that you will spend many hours knitting this cardigan, but only a few minutes to make a gauge swatch ... it is worth the time!
Try different needle sizes to obtain gauge and wash and dry your swatch before measuring.

Pattern directions that differ among sizes are specified as XS – S – M – L – XL – 2XL – 3XL – 4XL – 5XL. Sizes L – XL – 2XL are highlighted for the ease of reading. Where only one number is given, it pertains to all sizes. To understand the construction, please read the entire pattern before you start and mark the numbers for your size. Find abbreviations and techniques on page 3.





Measurements of the finished cardigan (with buttoned fronts) (gauge 20x28)

Please compare with a well-fitting garment. Measurements are given for the finished cardigan at given gauge

cm	XS	S	M	L	XL	2XL	3XL	4XL	5XL	"	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	15	16	16	17	18	18	18	18	19	A	6.00	6.25	6.25	6.75	7.00	7.00	7.00	7.00	7.50
B	33	34	38	39	40	42	42	42	43	B	13.00	13.50	15.00	15.25	15.75	16.50	16.50	16.50	17.00
C	82	88	96	104	112	120	128	140	152	C	32.25	34.75	37.75	41.00	44.00	47.25	50.50	55.00	59.75
D	30	32	34	36	39	41	45	47	52	D	11.75	12.50	13.50	14.25	15.25	16.25	17.75	18.50	20.50
E	22	22	24	24	26	28	32	34	36	E	8.75	8.75	9.50	9.50	10.25	11.00	12.50	13.50	14.25
F	41	44	44	46	46	46	46	46	49	F	16.00	17.50	17.50	18.00	18.00	18.00	18.00	18.00	19.00
F1	56	59	59	61	62	62	64	64	66	F1	22.00	23.25	23.25	24.00	24.50	24.50	25.00	25.00	26.25
G	24	25	25	26	28	28	29	29	31	G	9.25	9.75	9.75	10.50	11.00	11.00	11.50	11.50	12.00
H	63	64	64	66	67	67	69	69	70	H	24.75	25.25	25.25	25.75	26.50	26.50	27.00	27.00	27.50
										Estimates in meters / yards									
Meter	1280	1375	1500	1625	1750	1875	2000	2190	2380	yds	1410	1515	1650	1790	1925	2065	2200	2410	2620

If you use 2 yarns held together, count the given quantity for each thread.

This pattern has been carefully reviewed, tech edited and tested by experienced knitters in an attempt to ensure accuracy. Should you find any errors, please send me a personal message on **ravelry**.

More Design von Hinterm Stein ... [click here for an overview](#)



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Dear Knitter

Thank you for purchasing a pattern from Hinterm Stein.
I am happy that you like my design and wish you joyful knitting hours!

Use yarn in heavy DK or light worsted weight or use two thinner threads held together for a special color effect as shown. Or use two yarns of the same color but differing texture. – Everything is possible!

This cardigan is knit from the top down without any seams. Basic knitting techniques and an unusual, but easy way to knit “braids” without twisting stitches make it outstanding. The shawl collar makes it the perfect companion for cold days. The instructions are very detailed and clearly outline all the steps for a relaxing knitting experience!

The Cardigan is knit seamlessly from the top down, starting at the back shoulder. Then stitches are picked up from the shoulder slants to knit the fronts, armholes and the whole upper body in one piece. For a perfect fit, you can add bust darts with short rows.

After separating the sleeves, the body is worked down to the pattern section.

Resume the sleeve stitches and work them down, again with a long, patterned cuff.

To finish, the front band is worked with buttonholes and short rows to shape the shawl collar.

Enjoy your new project!

All the Best from Hinterm Stein

Jutta



Find help, support and motivation in my Ravelry-group ([click here](#)).

Abbreviations and Techniques

[...] Where instructions are in [brackets], repeat as often as indicated after bracket.

bef: before

crochet cast on: slip first stitch from knitting needle to crochet hook, and hook the yarn around the knitting needle and pull it through the loop on the crochet hook, creating a stitch on the knitting needle. Continue until desired stitch count, then slip the loop from crochet hook back to knitting needle ([click for Tutorial](#))

DS: double stitch (German short rows ... quick and easy)
Turn, bring yarn forward, slip first stitch as if to purl and pull the yarn firmly over the top towards the back (this creates a double stitch with 2 legs = DS). Work the following stitch firmly to avoid holes and tighten carefully. In the next row knit/purl (according to pattern) the DS as one stitch ([click for Tutorial](#))

k: knit

k2tog: knit 2 together (1 st decreased)

m: marker (where not mentioned, slip markers as you come to them)

m1R/m1Rp: (make one right - right leaning increase): Insert the left needle from back to front into the horizontal strand between two stitches and knit/purl through the front loop

m1L/m1Lp: (make one left - left leaning increase): Insert the left needle from front to back into the horizontal strand between two stitches and knit/purl through the back loop

p: purl

pm: place marker

R: row / round

rm: remove marker

RS: right side of work

slip1: slip 1 stitch with yarn in back, inserting the needle from right, as if to purl

slip1wyf: slip 1 stitch with yarn in front

sm: slip marker

ssk: slip, slip, knit: slip 2 stitches knitwise to twist them (1 at a time), return to left needle and knit these 2 stitches together through back loops (1 st decreased)

ssp: slip, slip, purl: slip 2 stitches knitwise (1 at a time), return them to left needle and purl them together through back loops (1 st decreased)

st/sts: stitch/stitches

WS: wrong side of work

Wrap 6: [slip 6 sts with yarn in back, bring yarn to front, slip 6 back to left needle] 2 times, slip1 with yarn in back, k5



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1. Upper Back

R1 RS cast on **26-28-28-30-32-32-32-34 sts**
R2 WS p all sts

Increase for the **trapezoid shoulder shaping** in RS and WS rows as follows:

R3 RS k3, **m1L**, k8, **m1L**, k4-6-6-8-10-10-10-12, **m1R**, k8, **m1R**, k3
(4 sts increased)
R4 WS p3, **m1Rp**, p to 3 bef end, **m1Lp**, p3 (2 sts increased)
R5 RS k3, **m1L**, k10, **m1L**, k6-8-8-10-12-12-12-14, **m1R**, k10, **m1R**,
k3 (4 sts increased)
R6 WS p3, **m1Rp**, p to 3 bef end, **m1Lp**, p3 (2 sts increased)
R7 RS k3, **m1L**, k to 3 bef end, **m1R**, k3 (2 sts increased)

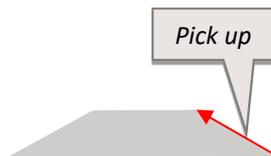
Repeat R 6-7 another 7-7-9-9-10-10-10-10 times, do not turn after final row. Place all sts on hold (*spare needle or scrap yarn*), do not cut yarn.

= 68-70-78-80-82-86-86-88 sts

2. Right Front Shoulder

Work the **right shoulder with shaping** on both sides as follows:

R1 RS Rotate your work clockwise and (*with same working yarn*) pick up and knit 20-20-24-24-24-26-26-26-26 sts along the right shoulder slant (1 st per R)
R2 WS p all sts through the back loops
R3 RS k
R4 WS p
R5 RS k2, **k2tog**, k to 3 bef end, **m1R**, k3 (1 st decreased, 1 st increased)
R6 WS p



R7-14 repeat R 3-6 another 2 times
R15 RS k
R16 WS p
R17 RS k to 3 bef end, **m1R**, k3 (1 st increased at neck)
R18 WS p

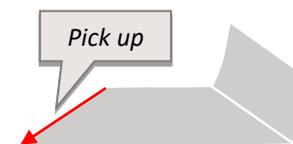
Repeat R 15-18 another 1-2-2-3-3-3-3-4 times
Cut yarn. Place sts on hold.

= 22-23-27-28-28-30-30-31 sts

3. Left Front Shoulder

Work the **left shoulder with shaping** on both sides as follows:

R1 RS pick up and knit 20-20-24-24-24-26-26-26-26 sts (1 st per R) along the left shoulder slant and work the shoulder as follows:
R2 WS p all sts through the back loops
R3 RS k
R4 WS p
R5 RS k3, **m1L**, k to 4 bef end, **ssk**, k2 (1 st increased, 1 st decreased)
R6 WS p
R7-14 repeat R 3-6 another 2 times
R15 RS k
R16 WS p
R17 RS k3, **m1L**, k to end (1 st increased at neck)
R18 WS p



Repeat R 15-18 another 1-2-2-3-3-3-3-4 times
Do not cut yarn.

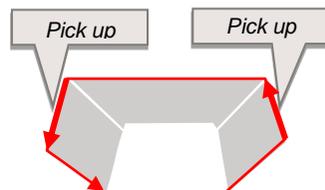
= 22-23-27-28-28-30-30-31 sts

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4. Pick up stitches for sleeves

From now on, the whole upper body is worked in one row (*front-sleeve-back-sleeve-front*) as follows:



R1 RS with ongoing yarn:

Left Front k to 1 bef end, slip1, **pm**,

Sleeve rotate by 90°, pick up and knit **16-20-20-22-22-22-22-26 sts** along left shoulder edge (*about 3 sts per 4 R*), **pm**,

Back rotate by 90° and work sts from hold as follows: slip1, k to 1 bef end, slip1, **pm**,

Sleeve rotate by 90°, pick up and knit **16-20-20-22-22-22-22-26 sts** along left shoulder edge, **pm**,

R Front rotate by 90° and work sts from hold as follows: slip1, k to end

R2 WS Right Front p to 2 bef m, **p2tog**, sm,

Sleeve p through back loops to m, sm,

Back ssp, p to 2 bef m, **p2tog**, sm,

Sleeve p through back loops to m, sm,

Left Front **ssp**, p to end (*4 sts decreased: 1 each front, 2 at back*)

= 21-22-26-27-27-29-29-29-30 sts each front

= 16-20-20-22-22-22-22-26 sts each sleeve

= 66-68-76-78-80-84-84-84-86 sts at back

5. Work the V-neck shaping and increase for sleeves

Increase for the V-neck every 4R as before and **increase for the sleeves** every 2R as follows:

R1 RS Left Front k3, **m1L**, k to m, sm,
Sleeve **m1L**, k to m, **m1R**, sm,
Back k to m, sm,

Sleeve **m1L**, k to m, **m1R**, sm,

Right Front k to 3 bef end, **m1R**, k3 (*1 st increased each front, 2 each sleeve*)

R2 WS p

R3 RS Left Front k to m, sm,

Sleeve **m1L**, k to m, **m1R**, sm,

Back k to m, sm,

Sleeve **m1L**, k to m, **m1R**, sm,

Right Front k to end

(*2 sts increased each sleeve*)

R4 WS p

Repeat R1-4 another 6-5-6-5-5-5-5-3-2 times

= 28-28-33-33-33-35-35-33-33 sts each front

= 44-44-48-46-46-46-46-38-38 sts each sleeve

= 66-68-76-78-80-84-84-84-86 sts at back

6. Armholes

Continue the **front-increases** every 4R and

increase for sleeves and armholes every 4R as follows (*to elongate the armhole for more comfort*):

R1 RS Left Front k3, **m1L**, k to 1 bef m **m1R**, k1, sm,

Sleeve **m1L**, k to m, **m1R**, sm,

Back k1, **m1L**, k to 1 bef m **m1R**, k1, sm,

Sleeve **m1L**, k to m, **m1R**, sm,

Right Front k1, **m1L**, k to 3 bef end, **m1R**, k3

(*10 sts increased: 2 each front, 2 each sleeve, 2 at back*)

R2 WS p

R3 RS k

R4 WS p

Repeat R1-4 another 1-1-0-0-0-0-0-0-0 times

Continue the **front-increases** every 4R and **increase for sleeves and armholes** every 2R as follows:

R5 RS same as R1 (10 sts increased: 2 each front, 2 each sleeve, 2 at back)

R6 WS p

R7 RS Left Front k to 1 bef m, **m1R**, k1, sm,
Sleeve **m1L**, k to m, **m1R**, sm,
Back k1, **m1L**, k to 1 bef m, **m1R**, k1, sm,
Sleeve **m1L**, k to m, **m1R**, sm,
Right Front k1, **m1L**, k to end
(8 sts increased: 1 each front, 2 each sleeve, 2 at back)

R8 WS p

Repeat R5-8 another 0-1-1-2-3-3-3-5-6 times

= 35-38-41-44-47-49-49-53-56 sts each front
= 52-56-58-60-64-64-64-64-68 sts each sleeve
= 74-80-86-92-98-102-102-110-116 sts at back

Continue the **front-increases** every 4R and **increase for sleeves and armholes** in every R (on RS and WS) as follows:

R9 RS same as R1: (10 sts increased: 2 each front, 2 each sleeve, 2 at back)
When repeating for sizes 3XL, 4XL and 5XL: work as for R7 or as for R1 to continue the front-increases every 4R

R10 WS [p to 1 bef m, **m1Lp**, p1, sm, **m1Rp**, p sleeve to m, **m1Lp**, sm, p1, **m1Rp**] 2 times, p to end
(8 sts increased: 2 each sleeve, 1 each front, 2 at back)

Repeat R9-10 another 0-0-0-0-0-2-2-2 times, continuing the front increases every 4th row. Place a removable marker at both fronts to mark the **end of the V-neck**.

= 38-41-44-47-50-52-57-61-64 sts each front
= 56-60-62-64-68-68-76-76-80 sts each sleeve
= 78-84-90-96-102-106-114-122-128 sts at back

7. Separate sleeves and work the body

Sleeve stitches are placed on hold and underarm stitches are cast on to **knit front-back-front** in one row. Work as follows:

R1 RS Left Front k to m, rm, cast on 2-2-3-4-5-7-7-9-12 sts,
Sleeve place sleeve-sts on hold,
Back sm, cast on 2-2-3-4-5-7-7-9-12 sts, k to m, rm, cast on 2-2-3-4-5-7-7-9-12 sts,
Sleeve place sleeve-sts on hold,
Right Front sm, cast on 2-2-3-4-5-7-7-9-12 sts, k to end

R2 WS p

= 40-43-47-51-55-59-64-70-76 sts each front
= 82-88-96-104-112-120-128-140-152 sts at back

R3-6 work in stockinette stitch, slipping markers

8. Bust Darts

For an optimized fit, work **bust darts with short rows** as follows:

You may skip this step and work 2R in stockinette stitch instead, depending on your bust size and body shape.

R1.1 RS k to m (side), turn

R1.2 WS DS, p to end

R1.3 RS k to 5 bef DS, turn

R1.4 WS DS, p to end

Repeat R1.3-1.4 another 1-1-2-2-3-3-3-4-4 times

(Depending on your body shape, you may repeat 1-2 times more or less)

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Buttonhole [\(click here for a photo tutorial\)](#):

- 1... bind off 4 sts without knitting them: slip2, pass first st over 2nd, [slip1, pass 1st st over new st] 3 times, slip last st to left needle
- 2... insert crochet hook into first bound-off st and get a yarn loop
- 3... turn, crochet cast on 4 sts onto right needle, then turn again
- 4... slip last loop from crochet hook to left needle and knit/purl (according to pattern) together with the following stitch (work tightly)

R10-16 work as established
 R17 bind off in pattern

P. S.: I would love to see your project on Ravelry and Instagram! And don't forget to tag with @hintermstein so that I can find it and other knitters can admire it!

12. Finishing

I hope you enjoyed knitting this Design von Hinterm Stein!

Sew on the buttons to match the buttonholes.

For a perfect look and uniform knit fabric, wash and dry flat or steam iron carefully. Don't skip this finishing touch – it is worth the effort!

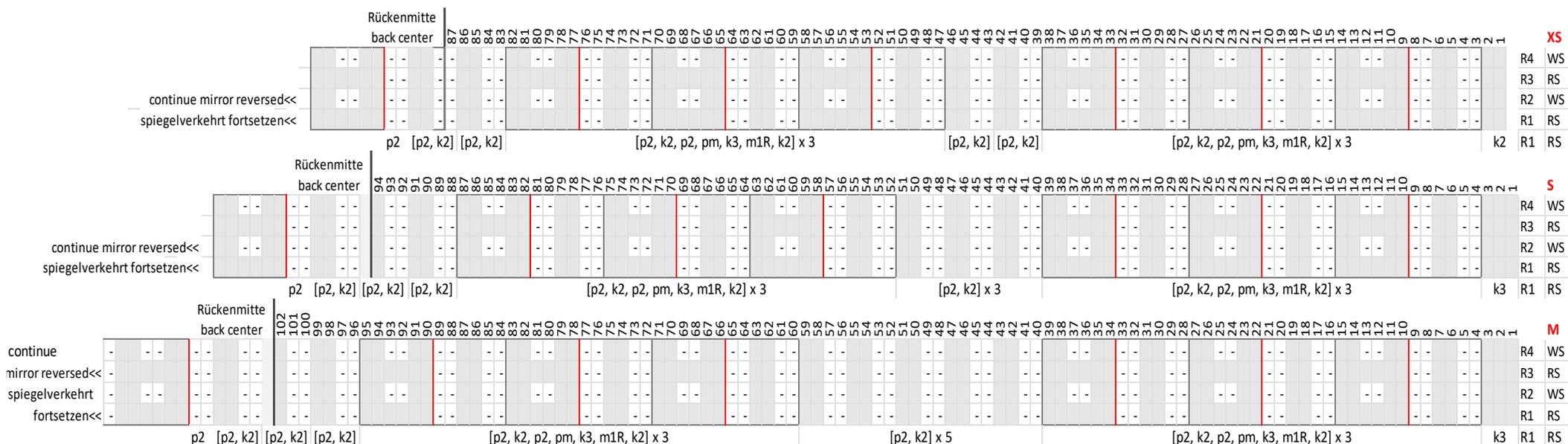
Weave in ends and ...

... enjoy your new cardigan!
 And wear it with pride! 😊

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Chart for bottom pattern – read from right side (front edge) to left side (back center) and mirror reverse for the second side!
 The text corresponds with the instructions on page 7 – read in sequences [brackets]



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		Rückenmitte back center	110 109 108 107 106 105 104 103 102 101 100 99 98 97 96 95 94 93 92 91 90 89 88 87 86 85 84 83 82 81 80 79 78 77 76 75 74 73 72 71 70 69 68 67 66 65 64 63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1	L							
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	p2	[p2, k2]	[p2, k2]	[p2, k2]	[p2, k2]	[p2, k2, p2, pm, k3, m1R, k2] x 3	[p2, k2] x 7	[p2, k2, p2, pm, k3, m1R, k2] x 3	k3	R1	RS
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	Rückenmitte back center	147 146 145 144 143 142 141 140 139 138 137 136 135 134 133 132 131 130 129 128 127 126 125 124 123 122 121 120 119 118 117 116 115 114 113 112 111 110 109 108 107 106 105 104 103 102 101 100 99 98 97 96 95 94 93 92 91 90 89 88 87 86 85 84 83 82 81 80 79 78 77 76 75 74 73 72 71 70 69 68 67 66 65 64 63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1	4X								
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