

Le Pull

SOFIA SWEATER



ABOUT PATTERN

The Sofia Sweater is worked from top to bottom on circular needles. Work the top of the back in back and forth, then leave these stitches on hold. Pick up stitches along the back cast-on row to form the shoulders and neckline.

Join the front and back and continue in the round in stockinette stitch. Next, pick up stitches along the armhole edge to work the shoulders and sleeves in the round.

Finally, work the rib edge at the neck.

SIZES

XS (S) M (L) XL (2XL)

The above sizes correspond to the following chest sizes, 75-80 (81-86) 87-92 (93-98) 99-104 (105-110) cm

Measure your chest size to determine which size will fit you the best.

In the photos above, I am wearing size S. My chest size is 90 cm, it would have been better if I had knitted the size M to wear it a bit more oversized.

MEASUREMENTS

The Sofia Sweater is designed to have approx. 35 cm of positive ease, meaning it is designed to be 35 cm larger in circumference than your bust measurement.

Chest size of the sweater measured under the armpits: 110 (120) 129 (133) 142 (152) cm.

YARNS AND MATERIAL

Approx. 250 (275) 300 (325) 350 (400) g of SilkHair, from Lanagrossa, 70 % Mohair, 30 % Silk (25 g = 210 m)

Colors Centauré n° 132, Orange Foncé n° 136, Noir n° 14

XS: 4 skeins Orange Foncé - 4 skeins Centauré - 2 skein Noir

S: 5 skeins Orange Foncé - 4 skeins Centauré - 2 skeins Noir

M: 5 skeins Orange Foncé - 4 skeins Centauré - 3 skeins Noir

L: 6 skeins Orange Foncé - 5 skeins Centauré - 3 skeins Noir

XL: 6 skeins Orange Foncé - 5 skeins Centauré - 3 skeins Noir

2XL: 7 skeins Orange Foncé - 6 skeins Centauré - 3 skeins Noir

Circular needles 3,5 mm [60 or 80 cm] : rib edges neck & wrist

Circular needles 3,5 mm [80 or 100 cm] : rib edges body

Circular needles 4 mm [80 and 100 cm] : sleeves & body

Tapestry needle

GAUGE

28 sts x 26 r = 10 x 10 cm in stockinette st., cn. 4 mm, two threads held together. Make a swatch, wash and block it to make sure you have the right gauge.

STRIPES

6 rows = Centauré n° 132 (A)

2 rows = Noir n° 14 (B)

6 rows = Orange Foncé n° 136 (C)

STITCHES

Stockinette st. back and forth: Knit 1 row, purl 1 row. Repeat these two rows until the desired length is achieved.

Stockinette st. in the round: Knit all stitches

1/1 Rib back and forth (k1, p1): Knit one st., Purl one st. Turn.

1/1 Rib in the round (k1,p1): Knit one st., Purl one st. Join.

INCREASES

M1R: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand.

M1L: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).

PATTERN

Read all of the instructions above and on page 1 before beginning work. Make a swatch to achieve the gauge shown on page 1.

Wash and block the swatch.

The sweater is knitted with 2 yarns held together.

BACK

With 2 threads of color A held together (see « STRIPES » section), cast-on 61 (63) 67 (69) 73 (77) sts. on the 4 mm cn, using the classic cast-on method.

The first row is a purl row. Then knit in stockinette back and forth until the back measures 9 (10) 11.5 (13) 14 (15.5) cm from the cast-on edge, switching colors without breaking yarn (see « STRIPES » and « JOGLESS STRIPES » sections).

On the next row, start increases as follows:

Row 1: K 6, M1L, k. to last 6 sts., M1R, k. 6. (+ 2 sts.)

Row 2: Purl

Repeat these 2 rows 14 (15) 17 (19) 20 (22) times in total.

There are now 89 (93) 101 (107) 113 (121) sts on cn.

Work measures 22 (23) 24,5 (26) 27 (28,5) cm from the cast-on edge.

Break the yarns and leave the back stitches on hold on another circular needles, an extra cable or a piece of yarn. Before continuing back, work on the shoulders and the front.

LEFT SHOULDER

With the right side of the work facing you (*when the right side of the back is facing you, the cast-on row is at the top and the waiting stitches are at the bottom*), two threads of color A held together, pick up 17 (19) 19 (19) 21 (21) sts with 4 mm cn, along the cast-on edge on the left side of the back.

To do so, start at the neck and pick up sts towards the left shoulder edge. Turn.

The first row is a purl row, then work in stockinette back and forth, switching color as shown in « STRIPES » section until work measures 5 (5) 5 (5) 6 (6) cm from the cast-on edge.

On the next row, start the neckline increases as follows:

Row 1 (RS: k 6., M1L, k to end of row (+ 1 st.)

Row 2 (WS): Purl

CLASSIC CAST-ON

<https://www.youtube.com/watch?v=umMO3kZ2bUg>

TUBULAR BIND OFF METHOD

<https://www.youtube.com/watch?v=UY0xEX7A6RQ&t=142s>

JOGLESS STRIPES IN THE ROUND

Follow the threads of different colors throughout the work without cutting them.

<https://www.youtube.com/watch?v=9vBgAuKxUco&t=143s>

ABBREVIATIONS

c.n: circular needle/ ndls: needles / rs: right side / ws: wrong side

r: rows / k: knit / w.: work / inc.: increase / dec.: decrease

ds: double stitch / st.: stitch / sts: stitches / rep: repeat / yo: yarn over

slm: slip marker / plm: place marker / rs: right side / ws: wrong side

yif : yarn in front / yib: yarn in back

Repeat these two rows 6 (7) 10 (12) 12 (14) times in total.

There are now 23 (26) 29 (31) 33 (35) sts on cn.

Work measures 9 (10) 11,5 (13) 14 (15,5) cm from the cast-on row.

Break the yarns and leave the left shoulder stitches on hold on another circular needles, an extra cable or a piece of yarn.

RIGHT SHOULDER

With the right side of the work facing you (*when the right side of the back is facing you, the cast-on row is at the top and the waiting stitches are at the bottom, the left shoulder is on your left*). Two threads of color A held together, pick up 17 (19) 19 (19) 21 (21) sts with 4 mm cn, along the cast-on edge on the right side of the back.

To do so, start at the right armhole edge and picking up sts towards the neck. Turn.

The first row is a purl row, then work in stockinette back and forth, switching color as shown in « STRIPES » section until work measures 5 (5) 5 (5) 6 (6) cm from the cast-on edge.

On the next row, start the neckline increases as follows:

Row 1 (RS): k to last 6 sts, M1R, k 6 (+ 1 st.)

Row 2: (WS): Purl

Repeat these two rows 6 (7) 10 (12) 12 (14) times in total.

There are now 23 (26) 29 (31) 33 (35) sts on cn.

Work measures 9 (10) 11,5 (13) 14 (15,5) cm from the cast-on row.

Don't break the yarn.

FRONT

Continue to work on the stripes following the instructions in the « STRIPES » section.

From here, replace the resting sts of the left shoulder onto 4 mm cn, cast-on new stitches to join both shoulders (left and right), and at the same time start the armhole increases as follows:

From the right shoulder, k 6, M1L, k 17 (20) 23 (25) 27 (29), cast-on 15 (11) 9 (7) 7 (7) using the classic cast-on method, join to the left shoulder, k 17 (20) 23 (25) 27 (29), M1R, k 6.

Turn.

Purl one row, et continue armhole increases as follows:

Row 1 (RS): k 6, M1L, k to last 6, M1R, k 6 (+ 2 sts)
Row 2 (WS): Purl

Repeat these 2 rows 13 (14) 16 (18) 19 (21) times in total.
There are now 89 (93) 101 (107) 113 (121) sts on cn.
Work measuers 22 (23) 24,5 (26) 27 (28,5) cm from the
cast-on edge.
At this stage, the front and back must be the same length.

Replace the resting sts of the back onto 4 mm cn.
Join the front and the back, and cast-on new sts to
form the armhole.

From here, work in the round.
K 89 (93) 101 (107) 113 (121) sts of the front, cast-on 11 (15)
15 (13) 15 (17) sts , k 89 (93) 101 (107) 113 (121) sts of the
back, cast-on 5 (7) 7 (6) 7 (8) sts, place a marker to indicate
mid side, cast-on 6 (8) 8 (7) 8 (9) sts.
There are now 200 (216) 232 (240) 256 (276) sts on 4 mm cn.

From here, the turn starts from the mid side marker.
Work the body in the round until work measures 18 (18) 18
(20,5) 22,5 (22,5) cm from the armpit sts.

RIB EDGES

The front and back ribs are worked separately in
back and forth.

RIB EDGE FRONT

Switch to 3,5 mm cn [80 or 100 cm] and work as follows:
With 2 threads of the color used in the previous row held
together, slip the first st purlwise yarn in front (= yif slip
the 1st st. from the left to the right needle as if to purl
= 1 edge stitch). Break the yarn and place the yarn at the
back. Switch to color C (C) C (A) C (C) and knit the next
99 (107) 115 (119) 127 (137) sts. Turn.
Yif slip the 1st st purlwise and purl the next 97 (105)
113 (117) 125 (135) sts, knit the last st.

*Note: For more comfort, you can place the back sts on an
extra cable or a piece of yarn. You will have to come back to it
when the front ribbing is finished.*

In the next row, work the rib edge as follows:

Row 1 (RS): 1 edge st, * k1, p1 * rep *_* to last st, k1.
Row 2 (WS): 1 edge st, * k1, p1 * rep *_* to last st, k1.

Rep. these 2 rows until rib edge measures 7 cm.
Break the yarn keeping 2 meters tail and bind off sts using
the tubular bind off method (see video page 2).

RIB EDGE BACK

Replace the resting sts of the back onto 3,5 mm cn, and
repeat the same method as used to work the front ribs.
The back ribbing is longer than the front ribbing.
When the back ribbing measures 9 cm, break the yarn and
bind off the stitches with the tubular bind off method.

NECK

From the mid back neck edge, 2 threads of color A held together,
pick up 94 (94) 98 (102) 106 (114) sts along the neck edge with
3,5 mm cn [60 or 80 cm]. Place a marker, join and work in rib
(k1, p1) until the neck measures 7 cm.
Fold the neck inward, then with the left head of the 3,5 mm cn,
pick up 1 st along the neck edge (in the row that was used to
pick up neck sts), then knit together the st you just picked up
and the 1st st of the neck that was already on the 3.5 mm.

Repeat the same operation to pick up the 2nd stitch along the
neck edge and knit together the 2nd stitch of the neck
and the stitch that has just been picked up. Pass the 1st st
over the 2nd. Proceed in this way on all neck. Bind off very
loosely.

Video tutorial:

<https://www.youtube.com/watch?v=molrjQHOzUA>

SHOULDERS

RIGHT

Stripes: Switch colors every 2 rows.

2 threads of color B held together, pick up 122 (130) 138 (144) 152
(162) sts along the armhole edge from mid-armpit. Place a
marker, join and work in the round in stockinette st until shoulder
measures 8 cm (= 23 rows).

Without binding off the stitches, fold the border inward, and use
the same method as for the neck, to bind off the shoulders stitches
(see video tutorial)

Repeat the same operation for the left shoulder.

SLEEVES

With 2 threads of color A, 4 mm cn [80 cm], pick up 102 (109) 115
(120) 127 (135) sts along the shoulder edge.

To do so, pick up 5 sts every 6 sts (= * pick up 5 sts, pass the 6th
st without picking it * rep *_* until the indicated number of sts
indicated is on cn) place a marker, join knit the sleeves in the
round, switching colors according to the indications in the
« STRIPES » section.

Round 1 to 15: Knit

Round 16: k 1, K2TOG, k to last 3 sts, SSK, k 1.

Repeat these 16 rounds for a total of 8 (8) 8 (9) 9 (9) times. There
are now 86 (93) 99 (102) 109 (119) sts on cn.

Switch to 3,5 mm cn [60 ou 80 cm], and work in twisted rib
(k1tbl, p1).

For sizes S / M / XL / 2XL, P2TOG (= purl 2 together) the last
2 sts, to have an even number of sts.

Work the rib edge until it measures 7 (7) 7 (6) 6 (6) cm. Break the
yarn and binf off sts using the tubular bind off method for 1/1
ribs (see video index page 2).

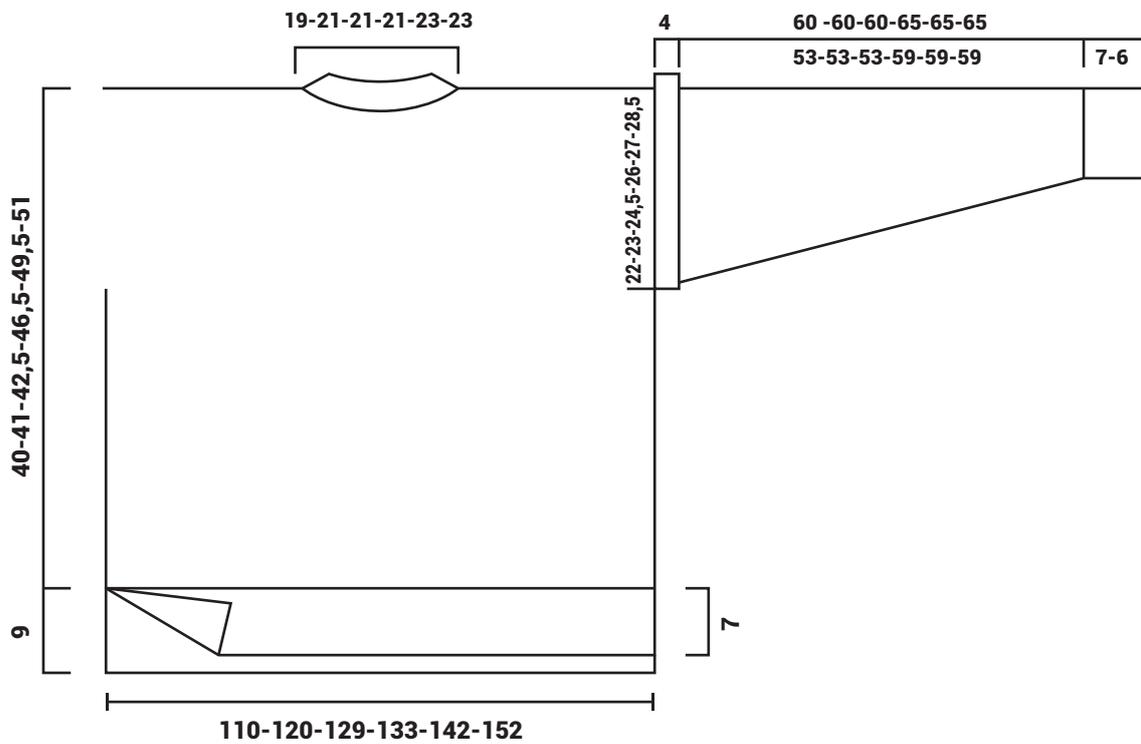
Repeat the same operation for the second sleeve.

On the pictures you can see that one of the cuff ends with
black and orange stripes. I used Centauré wool in several other
projects before I finished this sweater, and I just didn't have
enough to finish the Sofia Sweater.

FINISHING

Weave in the ends, wash and block.

Once dry, use a natural bristle brush to bring out the hairy aspect
of the mohair.



Measurements in cm after blocking.
 These measures are given as an indication, they can vary according to the way you will block your sweater.



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HAPPY KNITTING, from your sofa !