



SHELL SHIRT

by wool and beyond / elin berlin

Sizes: XS (S, M, L, XL) 2XL, 3XL, 4XL
Chest width (garment): 84 (90, 98, 106, 117), 128, 140, 150 cm

Gauge: 18 sts = 10 cm
Needles : 4,5 mm circular needles, 60-100 cm cable and
3 mm circular needles 60-80 cm cable.

Material: 350 (350, 400, 400, 450), 450, 500, 550 g
Järbo Llama Silk in Linen Beige (50 g = 165 m)
AND 125 (125, 150, 175, 175), 200, 200, 225 g
Järbo Fin Mohair Silk in Oyster (25 g = 210 m)
...or yarn that gives the same gauge!

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ABOUT THE PATTERN:

Shell Shirt is a knitted blouse with voluminous sleeves. It's worked top down, and starts off at the neck with a shoulder construction similar to a saddle shoulder. The back, the upper part of the sleeves and the front side panels are worked back and forth until it's time to pick up and knit sts along the front side panels to make the split front yoke. After both sides of the front yoke are done you make the i-cord along the neckline with or without the ties. You'll then pick up and knit sts along the bottom of the front yoke and begin to work the body in stockinette stitch in the round before it's finished with a wide ribbed edge.

Finally you pick up and knit sts for the sleeves, which are shaped with both increases, german short rows and decreases before they're bound off with an i-cord edge to match the neckline.

KNIT A SWATCH:

Cast on 26 sts on 4.5 mm needles. Work about 8 cm of stockinette stitch. Wash and block your swatch. Measure and count how many sts per 10 cm you have - you should have 18 sts per 10 cm.

TECHNIQUES:

Italian bind off: <https://www.youtube.com/watch?v=nX1Fkf5n7v8&t=183s>

ABOUT SELVEDGE STITCHES:

At the beginning and the end of each row you'll work a selvedge stitch which creates a nice edge that's easy to pick up stitches along. Always knit the first and the last stitch of each row.

ABBREVIATIONS:

st/sts = stitch/stitches

k = knit

p = purl

selv = selvedge stitch

pm = place marker

sm = slip marker

YO = yarn over

tbl = through the back loop

sl1 = slip 1 st

wyif = with yarn in front

sl1wYO = slip 1 with yarn over (for german short rows)

ssk = slip 1 st knit wise, slip the next st knit wise, put the 2 sts back on left needle and k2tog tbl

k2tog = knit 2 together

p2tog = purl 2 together

m1r = insert left needle under strand that runs between two sts from back to front, knit the strand

rnd = round

RS = right side

WS = wrong side

INSTRUCTIONS:

1. YOKE

Cast on 51 (53, 55, 55, 57) 57, 59, 59 sts.

inc-Row 1 (WS): Selv, p5, YO, pm, p2, pm, YO, purl until you have 8 sts left, YO, pm, p2, pm, YO, p5, selv.

inc-Row 2 (RS): Selv, ssk, knit until 1st marker, YO, sm, k2, sm, YO, k until 3rd marker, YO, sm, k2, sm, YO, knit until you have 3 sts left, k2tog, selv.

inc-Row 3 (WS): Selv, p2tog, purl until 1st marker, YO, sm, p2, sm, YO, purl until 3rd marker, YO, sm, p2, sm, YO, purl until you have 3 sts left, p2tog tbl, selv.

inc-Row 4 (RS): Selv, ssk, knit until 1st marker, YO, sm, k2, sm, YO, k15, *YO, k1* repeat *-* until you have 15 sts left before the 3rd marker, YO, k15, YO, sm, k2, sm, YO, knit until you have 3 sts left, k2tog, selv.

inc-Row 5 (WS): Selv, p2tog, purl until 1st marker, YO, sm, p2, sm, YO, purl until 3rd marker, YO, sm, p2, sm, YO, purl until you have 3 sts left, p2tog tbl, selv.

Work **inc-Row 2-3** // 2 (2, 2, 3, 3) 3, 4, 4 more times = 81 (85, 89, 93, 97) 97, 105, 105 sts. Then continue to increase along the shoulders on every row, but without decreasing at the front, like this:

inc-Row 1 (RS): Selv, knit until 1st marker, YO, sm, k2, sm, YO, k until 3rd marker, YO, sm, k2, sm, YO, knit until the last st, selv.

inc-Row 2 (WS): Selv, purl until 1st marker, YO, sm, p2, sm, YO, purl until 3rd marker, YO, sm, p2, sm, YO, purl until the last st, selv.

Work inc-Row 1-2 a total of 1 (1, 1, 1, 1) 2, 2, 3 time/s, and then work inc-Row 1 one more time = 93 (97, 101, 105, 109) 117, 125, 133 sts. Work the row back from the WS like this: Selv, purl until 1st marker, sm, p2, sm, purl until 3rd marker, sm, p2, sm, purl until the last st, selv.

Continue to increase at each marker on every row, but you'll now change the directions of the increases to shape the sleeves, like this:

Sleeve inc-Row 1 (RS): Selv, knit until 1st marker, sm, YO, knit until 2nd marker, YO, sm, knit until 3rd marker, sm, YO, knit until 4th marker, YO, sm, knit until the last st, selv.

Sleeve inc-Row 2 (WS): Selv, purl until 1st marker, sm, YO, purl until 2nd marker, YO, sm, purl until 3rd marker, sm, YO, purl until 4th marker, YO, sm, purl until the last st, selv.

Work Sleeve inc-Row 1-2 a total of 7 (8, 9, 10, 10) 11, 11, 12 times, until you have 30 (34, 38, 42, 42) 46, 46, 50 sts per sleeve.

On the next row you'll bind off the sleeves and continue to work the front pieces as well as the back separately, like this: Selv, knit until 1st marker, remove 1st marker, bind off 30 (34, 38, 42, 42) 46, 46, 50 sts, remove 2nd marker, knit until 3rd marker, remove 3rd marker, bind off 30 (34, 38, 42, 42) 46, 46, 50 sts, remove 4th marker, knit until last st, selv.

2. RIGHT FRONT PIECE

Work the right front piece in stockinette with selvedge sts along both sides, like this:

WS: Selv, purl until last st, selv.

RS: Selv, knit until last st, selv.

Repeat until the right front piece measures about 6 cm from the bind off edge of the sleeve. On the next row from the RS you'll begin to shape the right armhole by making increases along the right side of your work, like this:

inc-Row 1 (RS): Selv, k2, YO, knit until last st, selv.

inc-Row 2 (WS): Selv, purl until last st, selv.

Work inc-Row 1-2 a total of 3 (4, 5, 5, 6) 7, 8, 9 times = 14 (15, 16, 18, 19) 20, 23, 24 sts.

Put the sts for the right front piece on hold while you work on the back piece. You can either leave them on the cable or put them on a stitch wire or piece of scrap yarn.

3. *BACK PIECE*

Work the back piece in stockinette with selvedge sts along both sides, like this:

WS: Selv, purl until last st, selv.

RS: Selv, knit until last st, selv.

Repeat until the back piece measures about 6 cm from the bind off edge of the sleeves. On the next row from the RS you'll begin to shape both armholes by making increases along either side of your work, like this:

inc-Row 1 (RS): Selv, k2, YO, knit until you have 3 sts left, YO, k2, selv.

inc-Row 2 (WS): Selv, purl until last st, selv.

Work inc-Row 1-2 a total of 3 (4, 5, 5, 6) 7, 8, 9 times = 69 (75, 81, 85, 91) 93, 103, 105 sts.

Put the sts for the back piece on hold while you work on the left front piece. You can either leave them on the cable or put them on a stitch wire or piece of scrap yarn.

4. *LEFT FRONT*

Work the right front piece in stockinette with selvedge sts along both sides, like this:

WS: Selv, purl until last st, selv.

RS: Selv, knit until last st, selv.

Repeat until the right front piece measures about 6 cm from the bind off edge of the sleeve. On the next row from the RS you'll begin to shape the right armhole by making increases along the left side of your work, like this:

inc-Row 1 (RS): Selv, knit until you have 3 sts left, YO, k2, selv.

inc-Row 2 (WS): Selv, purl until last st, selv.

Work inc-Row 1-2 a total of 3 (4, 5, 5, 6) 7, 8, 9 times = 14 (15, 16, 18, 19) 20, 23, 24 sts.

5. *UPPER BODY*

On the next row from the RS you'll join the left front piece with the back piece and the right front piece by casting on sts for the bottom of the armholes. Start working on the left front piece, like this: selv, knit until you have 3 sts left, YO, k3, cast on 4 (5, 6, 6, 7) 10, 11, 13 sts, start working on the back piece, k3, YO, knit until you have 3 sts left, YO, k3, cast on 4 (5, 6, 6, 7) 10, 11, 13 sts, start working on the right front piece, knit 3 sts, YO, knit until last st, selv = 109 (119, 129, 137, 149) 157, 175, 183 sts.

Continue to work the upper part of the upper body back and forth in stockinette stitch, like this:

WS: Selv, purl until last st, selv.

RS: Selv, knit until last st, selv.

Repeat until the upper body measures about 7 cm, or as long as you want the front yoke to be, from the cast on edge at the bottom of the armholes (the side seam). Then put all of your sts on hold while you work on the front yoke. You can either leave them on the cable or put them on a stitch wire or piece of scrap yarn.

6. *RIGHT FRONT YOKE*

To make the right front yoke you'll pick up and knit sts along the front part of the right front piece, starting from the bottom and working your way upwards towards the shoulder. When you pick up and

knit sts along the front part I recommend that you do it like this: *pick up and knit along 3 sts, skip 1 st* repeat *-* until you reach the horizontal edge along the shoulder. Pick up and knit 1 st along the horizontal shoulder edge. Then turn your work to work from the WS.

Work the first row from the WS like this: p2tog tbl, purl tbl until last st, selv.

The continue like this:

Row 1 (RS): Selv, knit until end of row, pick up 1 st along the horizontal shoulder edge.

Row 2 (WS): P2tog tbl, purl until last st, selv.

Repeat Row 1-2 until you've picked up sts all along the horizontal shoulder edge. **NOTE!** Stop after you've finished row 1 with picking up at the last st of the horizontal shoulder edge. You'll then begin to shape the neckline, like this:

WS: p2tog tbl, *p1, bind off the last st* repeat *-* until you've bound off 7 sts, purl until last st, selv.

Continue to shape the neckline, like this:

Row 1 (RS): Selv, knit until end of row.

Row 2 (WS): Sl1wyif, p1, bind off the last st, purl until last st, selv.

Repeat Row 1-2 at total of 3 (3, 3, 4, 4) 4, 4, 4 times.

Continue to work the right front yoke in stockinette stitch, like this:

RS: Selv, knit until last st, selv.

WS: Selv, purl until last st, selv.

Repeat until the right front yoke measures about 11.75 (12, 13.5, 14.5, 17) 19.5, 21.5, 24 cm from the edge where you picked up your sts. On the next row from the WS you'll work a RS-row to create an edge of purl sts where the right front yoke will fold, like this: selv, knit until last st, selv.

Continue to work in regular stockinette until the hem that'll fold over measures about 3 (3, 3, 3, 3.5) 3.5, 4, 4 cm. Bind off all sts from the RS. Fold the hem towards the inside of your work and sew it down.

7. LEFT FRONT YOKE

To make the left front yoke you'll pick up and knit sts along the front part of the left front piece, starting from the top and working your way downwards. When you pick up and knit sts along the front part I recommend that you do it like this: *pick up and knit along 3 sts, skip 1 st* repeat *-* until you reach the bottom of your work. Then turn your work to work from the WS.

Work the first row from the WS like this: selv tbl, purl tbl until the end of the row.

Then continue like this:

Row 1 (RS): Pick up and knit 1 st along the horizontal shoulder edge, slip that st onto the left needle, k2tog, knit until last st, selv.

Row 2 (WS): Selv, purl until the end of the row.

Repeat Row 1-2 until you've picked up sts all along the horizontal shoulder edge. **NOTE!** Stop at row 1 after you've worked the k2tog. You'll then begin to shape the neckline, like this:

RS: *K1, bind off 1 st* repeat *-* until you've bound off 7 sts, knit until the last st, selv.

WS: Selv, purl until the end of the row.

Continue to shape the neckline, like this:

Row 1 (RS): Sl1wyif, k1, bind off 1 st, knit until the last st, selv.

Row 2 (WS): Selv, purl until the end of the row.

Repeat Row 1-2 at total of 3 (3, 3, 4, 4) 4, 4, 4 times.
Continue to work the left front yoke in stockinette stitch, like this:
RS: Selv, knit until last st, selv.
WS: Selv, purl until last st, selv.

Repeat until the left front yoke measures about 11.75 (12, 13.5, 14.5, 17) 19.5, 21.5, 24 cm from the edge where you picked up your sts. On the next row from the WS you'll work a RS-row to create an edge of purl sts where the right front yoke will fold, like this: selv, knit until last st, selv.

Continue to work in regular stockinette until the hem that'll fold over measures about 3 (3, 3, 3, 3.5) 3.5, 4, 4 cm. Bind off all sts from the RS. Fold the hem towards the inside of your work and sew it down.

8. *NECKLINE / NECK TIE*

At this point I suggest that you knit the i-cord edge along the neckline so that you get a better idea of the fit when you try it on to decide on length etc. You can choose to just do just an i-cord along the neckline, or extend the i-cord along either side to create ties.

NECK TIE:

First you'll knit an i-cord as the right tie. Use 3 mm needles. Cast on 4 sts.

Row 1: sl1wyif, k1, sl1wyif, k1.

Repeat Row 1 until your i-cord measures about 28 cm, or as long as you want it.

You'll now start working your i-cord as an edge along the neckline. At the end of row 1 you'll pick up and knit 1 st at the front edge of the right front yoke. Then slip all sts to the left needle. Continue like this: *k3, k2tbl, pick up and knit 1 st along the neckline, slip all sts to the left needle* repeat *-* until you reach the end of the neckline. **NOTE!** When you pick up and knit sts along the neckline I recommend that you pick up and knit along 3 sts, and then skip 1 st. Along curves you might even have to pick up fewer sts.

Once you've reached the end of the neckline you'll start working the left tie, like you did the right tie previously. Repeat Row 1 until the left tie measures about 28 cm, or as long as you want it. Break the yarn and pull the end through the remaining sts.

NECKLINE:

Use 3 mm needles. Cast on 4 sts. Pick up and knit 1 st at the front edge of the right front yoke. Then slip all sts to the left needle. Continue like this:

k3, k2tbl, pick up and knit 1 st along the neckline, slip all sts to the left needle repeat *-* until you reach the end of the neckline. **NOTE!** When you pick up and knit sts along the neckline I recommend that you pick up and knit along 3 sts, and then skip 1 st. Along curves you might even have to pick up fewer sts. Once you've reached the end of the neckline, break the yarn and pull the end through the remaining sts.

9. *BODY*

You'll now continue to work the body from where you previously put the sts on hold. Use 4 mm needles and start from the RS at the bottom corner of the right front yoke where it meets the sts for the body. Pick up and knit sts all along the bottom of the right front yoke and continue along the left front yoke. **NOTE!** When you pick up and knit sts along the neckline I recommend that you pick up and knit along 3 sts, and then skip 1 st. Once you reach the other side of the left front yoke you'll begin to work the sts of the body (that previously was on hold), like this: k2tog, knit until you have 2 sts left before you reach the point from where you started to pick up and knit sts, ssk, PM to mark beginning/end of rnd.

Continue to work in stockinette stitch in the rnd until your work measures about 18 cm (or as long as you want) from the bottom of the armhole (the side seam). Break the yarn when you reach the end of the rnd to change the placement of beginning/end of the rnd. Remove the marker and slip sts from the right needle to the left needle and stop when you're in the center of the right armhole. Place the marker there to mark the new beginning/end of the rnd. Change to 3 mm needles and knit 1 rnd. Now you'll make the ribbed part at the bottom, like this: *k1, p1* repeat *-* until the end of the rnd (if you have 2 sts left at the end of the rnd when you're supposed to p1 i suggest that you p2tog).

Continue to work in 1:1 rib until the ribbed part measures about 15 cm, or as long as you want. For a nice, stretchy bind off I suggest Tubular Italian bind off. Start with the two set-up rows like this:
tubular-Rnd 1: *k1, sl1wyif* repeat *-* until the end of the rnd.
tubular-Rnd 2: *sl1wyif, k1* repeat *-* until the end of the rnd.
Bind off all sts using Italian bind off.

10. SLEEVES

The left and the right sleeves are worked in the same way. Use 4.5 mm needles. Start at the bottom of the armhole, in the center of the sts that you previously casted on and pick up and knit sts all along the armhole. Place a marker before you begin to pick up and knit sts along the top part of the armhole, as well as after you've picked up and knitted sts along the top part of the armhole - so that the sts on the top part of the armhole are separated off between two markers. Once you reach the other side of the armhole, where you started to pick up and knit sts - place a marker to mark the beginning/end of the row.

When you pick up and knit sts around the armhole you'll do it like this:

ALONG THE BOTTOM: Pick up and knit along every stitch.

ALONG THE SIDES: Pick up and knit along 3 sts/rows, skip 1 st/row.

ALONG THE TOP: Pick up and knit sts along every stitch AND in between every stitch (this will give you twice the amount of sts along the top part).

On the first rows you'll increase sts along the top of the armhole, as well as begin to shape the sleeve using german short rows, like this:

Rnd 1: Ktbl until the end of the rnd.

Row 2 (RS): Knit until the 1st marker, SM, *k2, m1r* repeat *-* until you reach the 2nd marker (it doesn't matter if the stitch count doesn't add up perfectly), sm, k2, turn.

Row 3 (WS): Sl1wYO, purl until 2nd marker, p2, turn (on the next row you can now remove the markers that separate off the top part of the sleeve sts).

Row 4 (RS): Sl1wYO, knit until the last turn, knit the turn stitch, k2, turn.

Row 5 (WS): Sl1wYO, purl until the last turn, purl the turn stitch, p2, turn.

Repeat rows 4-5 until you've worked through all sts of the sides of the armhole (so stop before you reach the bottom of the armhole). Then continue to work in stockinette stitch in the round until your sleeve measures about 35 cm from the bottom of the armhole. Change to 3 mm needles. Knit 1 rnd.

On the next rnd you'll decrease sts, like this: *k2tog* repeat *-* until the end of the rnd. Break the yarn but keep all sts on your working needles.

Finish off the sleeve with an i-cord edge bind off, like this: Cast on 4 sts, *slip all sts to the left needle, k3, k2tog tbl* repeat *-* until you've bound off all sleeve sts and only have the 4 i-cord sts left. Break the yarn and bind off the last sts by sewing them neatly to the cast on edge of the i-cord edge to create an invisible transition.