

SELENE SWEATER

English



Selene Sweater

From the beginning, I knew I wanted to design a stranded sweater – I love knitting with multiple colors and combining colors. While developing SELENE SWEATER, my thoughts circled the idea of a feminine sweater with Nordic references and a distinct look; at the same time, I wanted to give the knitter both a challenge and a cozy project that you want to keep working on because it's so enjoyable.

I've chosen to work in Isager Tweed, a rustic and classic fall yarn. The tweed yarn is held together with two strands of silk mohair yarn, which are light, soft, and feminine. This combination of threads lends itself perfectly to mixing colors to create your personalized favorite colors. For example, I have combined the blue tweed yarn with a bright blue and a pastel purple silk mohair for the blue version of the sweater. This combination of colors gives the sweater its lovely and unique blue mélangé main color.

The combination of yarns is also suitable for finding one's leftover yarns and creating your unique and personal version – I know I'll be doing the same this fall.

First, stitches are cast on for the neck edge using the Italian cast on technique, and the neck edge is worked in a twisted rib. Then, the yoke is worked in the stranded pattern from the right side. Before the work is divided into sleeves and body, short rows are worked across the back of the yoke to create roominess and a good fit.

If you want a slightly less advanced project, a regular long-tail cast-on can replace the Italian cast-on. Just take care not to cast on too tightly. A regular bind-off can also replace the Italian bind-off.

Sizes

Sizes: 1 (2) 3 (4) 5 (6) 7

Bust circumference: 94 (98) 104 (110) 118 (126) 134 cm

Length: 53 (54) 56 (58) 60 (61) 62 cm

Sleeve length: 40 (41) 42 (42) 42 (42) 42 cm

Sleeve circumference: 34 (35) 36 (37) 39 (40) 42 cm

How much positive ease you like in your clothes varies from person to person. Measuring some of your favorite tops can be a good idea to help you choose the perfect size.

My SELENE SWEATER has 11 cm of positive ease.

The blue and the brown versions of SELENE SWEATER in the photos are both size 1. The blue version has been worked 4 cm shorter than what the pattern says, so it goes perfectly with my high-waist jeans.

Needles

4 mm double-pointed needles

4 mm and 4.5 mm circular needles, 40, 60 and 80 cm

Optional: a 4 mm needle for the Italian cast on

NOTE: Personally I choose a needle 0.5-1 mm larger when working the stranded pattern, to maintain the same gauge as when I'm working in stockinette stitch. It is different from knitter to knitter whether or not your gauge changes when you're knitting with more than one color. For this reason I recommend knitting a swatch before beginning your sweater.

Gauge

20 sts x 28 rows in stockinette stitch on a 4 mm needle = 10 x 10 cm

20 sts x 23 rows in pattern on a 4.5 mm needle = 10 x 10 cm

Materials

Version 1 (blue)

Color A: 200 (250) 250 (250) 300 (300) 350 g Isager Tweed by Isager in color Topaz (70% wool, 30% mohair; 200 m/50 g)

Color A: 75 (100) 100 (100) 125 (125) 125 g Cava by Garna in color Lyseblå (73% super kid mohair, 27% silk; 250 m/25 g)

Color A: 75 (100) 100 (125) 125 (125) 150 g Fine Kid Mohair by Walløe in color 38 (72% fine kid mohair, 28% silk; 210 m/25 g)

- the three strands of yarn are held together throughout

Color B: 50 (50) 50 (50) 50 (50) 50 g Isager Tweed by Isager in color Raw White (70% wool, 30% mohair; 200 m/50 g)

Color B: 25 (25) 25 (25) 25 (25) 25 g Silk Mohair by Isager in color 0 (75% super kid mohair, 25% silk; 212 m/25 g)

Color B: 25 (25) 25 (25) 25 (25) 25 g Fine Kid Mohair by Walløe in color 5 (72% fine kid mohair, 28% silk; 210 m/25 g)

- the three strands of yarn are held together throughout

Version 2 (dark brown)

Color A: 200 (250) 250 (250) 300 (300) 350 g Isager Tweed by Isager in color Charcoal (70% wool, 30% mohair; 200 m/50 g)

Color A: 75 (100) 100 (125) 125 (125) 150 g Silk Mohair by Isager in color 30 (75% super kid mohair, 25% silk; 212 m/25 g)

Color A: 75 (100) 100 (125) 125 (125) 150 g Silk Mohair by Isager in color 34 (75% super kid mohair, 25% silk; 212 m/25 g)

- the three strands of yarn are held together throughout

Color B: 50 (50) 50 (50) 50 (50) 50 g Isager Tweed by Isager in color Raw White (70% wool, 30% mohair; 200 m/50 g)

Color B: 25 (25) 25 (25) 25 (25) 25 g Silk Mohair by Isager in color E0 (75% super kid mohair, 25% silk; 212 m/25 g)

Color B: 25 (25) 25 (25) 25 (25) 25 g Silk Mohair by Isager in color 0 (75% super kid mohair, 25% silk; 212 m/25 g)

- the three strands of yarn are held together throughout

Selene Sweater

Abbreviations

k = knit

p = purl

RS = right side

WS = wrong side

st(s) = stitch(es)

tbl = through the back loop (twisted stitch)

tog = together

ssk = slip, slip, knit – slip 2 stitches as if to knit them (one at a time), pass the stitches together back on the left needle and knit them together through the back loops

sl = slip stitch(es) from the left to the right needle without knitting it/them

wyif = with yarn in front

wyib = with yarn in back

M1 = Make 1 – increase. Insert the right needle from front to back under the strand between two stitches, lifting it onto the left needle and knitting it through the back loop



Color dominance

When knitting a stranded pattern with two colors, it is very important for the look of the design which color is knitted as the dominant color. Depending on which of the two strands is held behind and which is held in front, one color will be more prominent and more visible than the other.

If you knit with both strands of yarn held over your index finger, the dominant color will typically be the color which is closest to the work (and furthest away from the fingernail). On the wrong side it is the opposite. Here the dominant color will be the one held furthest away from the work (and closest to the fingernail).

It is marked in the chart which color is worked as the dominant color and when it changes from color A to color B etc.

German short rows

Work to turning point. Turn the work, slip the first stitch purl-wise, bring the working yarn in front of the work and up and over the needle, pulling it tightly enough that it pulls both “legs” of the slipped stitch over the needle. Hold the yarn tightly and continue as the pattern describes. When working across the turning stitch (that looks like a double stitch), work both “legs” of the stitch as one stitch.

Italian cast-on

It is easiest to see and count the stitches when casting on, if you use a straight needle, instead of a circular needle. Once the cast-on and the first 2 rows have been completed, change to the circular needle that you need to work the rib with.

Place the yarn over the left index finger and thumb, so the tail lies over the thumb and the working yarn end of the yarn lies over the index finger. Hold both ends in your closed left hand.

Hold the needle in your right hand and insert it under the yarn between your thumb and index finger.

Pull the yarn and needle slightly to the right.

Knit stitch cast-on

Bring the needle over the strand closest to you.

Bring the needle under the strand closest to you and back to center.

Bring the needle over the strand furthest away from you.

Bring the needle under both strands and towards you.

Bring the needle over and around the strand closest to you and back to center (starting position).

Purl stitch cast-on

Bring the needle over the strand furthest away from you.

Bring the needle under both strands of yarn and towards you.

Bring the needle over the strand closest to you and back to center.

Bring the needle under and around the strand furthest away from you and back to center (starting position).

On my YouTube channel you can see how I cast on using the Italian cast-on technique. The video was created for the DIAMOND JUMPER, but the technique is the same.

[DIAMOND JUMPER - Italian Cast-on](#)

Selene Sweater

Neck edge

Alternately cast on 1 knit stitch and 1 purl stitch with color A using an Italian cast-on on a 4 mm needle until you have 70 (70) 74 (74) 74 (78) 80 sts on the needle, cast on 1 more knit stitch, then cast on a last stitch using the backward loop method. There are now a total of 72 (72) 76 (76) 76 (80) 82 sts on the needle.

Row 1: K1, *sl1 wyif, k1 tbl*, repeat from * to * to the last stitch and the loop from the cast-on, knit these 2 together. TURN.

Row 2: K1 tbl, *sl1 wyif, k1 tbl*, repeat from * to * to the last stitch on the needle, p1 tbl.

Change to a 4 mm circular needle.

Join to work in the round and place a marker for the beginning of the round.

Twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work 3 more rounds in twisted rib.

Yoke

Work increases on the next round as follows:

Size 1 (2) - (-) - (-) -

Work [*k2, M1*, repeat from * to * a total of 3 times, k3, M1], repeat from [to] a total of 8 times. There are a total of 104 (104) - (-) - (-) - sts on the needle.

Size - (-) 3 (-) - (-) -

Work [*k2, M1*, repeat from * to * a total of 3 times, k3, M1], repeat from [to] a total of 8 times, end with knit - (-) 4 (-) - (-) - sts. There are a total of - (-) 108 (-) - (-) - sts on the needle.

Size - (-) - (4) 5 (-) -

Work [*k2, M1*, repeat from * to * a total of 18 times, k2], repeat from [to] a total of 2 times. There are a total of - (-) - (112) 112 (-) - sts on the needle.

Size - (-) - (-) - (6) -

Work [*k2, M1*, repeat from * to * a total of 9 times, k2], repeat from [to] a total of 4 times. There are a total of - (-) - (-) - (116) - sts on the needle.

Size - (-) - (-) - (-) 7

Work k2, *k2, M1*, repeat from * to * to end of round. There are a total of - (-) - (-) - (-) 122 sts on the needle.

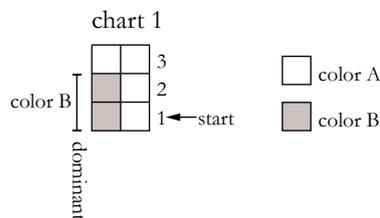
All sizes

Change to a 4.5 mm circular needle.

Work PATTERN from Chart 1.

Work the chart sts 52 (52) 54 (56) 56 (58) 61 times per round.

Work all 3 rounds of Chart 1.



Selene Sweater

Size 1 (2) 3 (4) - (-) -

Continue to “*Short rows across yoke*”.

Size - (-) - (-) 5 (6) 7

Work 3 rounds in stockinette stitch.

Work increases on the next round as follows:

Size - (-) - (-) 5 (-) -

Work *k27, M1*, repeat from * to * to end of round. There are a total of - (-) - (-) 336 (-) - sts on the needle.

Size - (-) - (-) (6) -

Work k12, *k16, M1*, repeat from * to * to end of round. There are a total of - (-) - (-) (352) - sts on the needle.

Size - (-) - (-) (-) 7

Work k11, M1, *k17, M1*, repeat from * to * to end of round. There are a total of - (-) - (-) (-) 372 sts on the needle.



Short rows across yoke

All sizes

Work short rows as follows:

Row 1 (RS): Knit 123 (125) 131 (137) 143 (151) 161 sts, turn.

Row 2 (WS): Slip first stitch purl-wise as described at the beginning of the pattern (turning stitch), purl 122 (124) 130 (136) 142 (150) 160 sts, slip marker for beginning of round, purl 36 (36) 37 (38) 39 (40) 43 sts, turn.

Row 3: Work turning stitch, knit to 7 (7) 7 (7) 7 (7) 7 sts after turning stitch from last RS row (remembering to work the 2 “legs” of the turning stitch together), turn.

Row 4: Work turning stitch, purl to 7 (7) 7 (7) 7 (7) 7 sts after turning stitch from last WS row (remembering to work the 2 “legs” of the turning stitch together)), turn.

Work Row 3 and 4 a total of 5 times.

Last row (RS): Work turning stitch, knit to beginning of round.

The short rows have now been completed.

Knit 1 round (remembering to work the 2 “legs” of the turning stitch together).

Divide the sts for body and sleeves as follows:

Knit 87 (89) 94 (99) 104 (111) 118 sts (body), place the next 61 (61) 62 (63) 64 (65) 68 sts on a stitch holder (sleeve), cast on 7 (9) 10 (11) 14 (15) 16 sts in extension of the sts on the needle, repeat from * to * once more.

Body

Continue in the round in stockinette stitch across the 188 (196) 208 (220) 236 (252) 268 sts for the body until the work measures 51 (52) 54 (56) 58 (59) 60 cm measured mid back from the top of the neck edge.

Decrease round: Knit 8 (16) 8 (0) 16 (12) 8 sts, *k8, k2tog*, repeat from * to * to end of round. There are a total of 170 (178) 188 (198) 214 (228) 242 sts on the needle.

Twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work a total of 4 rounds in twisted rib.

Next round: *K1 tbl, sl1 wyif*, repeat from * to * to end of round.

Last round: *Sl1 wyib, p1 tbl*, repeat from * to * to end of round.

Bind off using the Italian bind-off technique (see description on page 8).

Selene Sweater

Sleeves

Place the sts for the first sleeve on a 4 mm circular needle.

Pick up and knit 7 (9) 10 (11) 14 (15) 16 sts along the underarm, pick up a new stitch in the chain before the sts on the needle, knit across the 61 (61) 62 (63) 64 (65) 68 sleeve sts, pick up a new stitch in the chain after the sts on the needle. There are a total of 70 (72) 74 (76) 80 (82) 86 sts on the needle.

On my YouTube channel you can see how I pick up a new stitch in the chain. The video was created for BADGER AND BLOOM but the technique is the same.

[BADGER AND BLOOME - knitting tips](#)

Knit 3 (4) 5 (5) 7 (8) 8 of the 7 (9) 10 (11) 14 (15) 16 sts at the underarm and place a marker for the beginning of the round.

Work next round as follows:

Knit 4 (5) 5 (6) 7 (7) 8 sts, k2tog, knit to the last 5 (6) 7 (7) 9 (10) 10 sts of the round, ssk, knit to end of round. There are a total of 68 (70) 72 (74) 78 (80) 84 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 28 (29) 30 (30) 30 (30) 30 cm measured from the underarm.

Decrease round 1: Work *k6, k2tog*, repeat from * to * a total of 8 (8) 8 (9) 9 (10) 10 times, end with knit 4 (6) 8 (2) 6 (0) 4 sts. There are a total of 60 (62) 64 (65) 69 (70) 74 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 33 (34) 35 (35) 35 (35) 35 cm measured from the underarm.

Decrease round 2: Knit 4 (6) 0 (1) 5 (6) 2 sts, *k6, k2tog*, repeat from * to * to end of round. There are a total of 53 (55) 56 (57) 61 (62) 65 sts on the needle.

Work in the round in stockinette stitch until the sleeve measures 38 (39) 40 (40) 40 (40) 40 cm measured from the underarm.

Decrease round 3: Work *knit 8 (5) 5 (8) 4 (8) 5 sts, k2tog*, repeat from * to * a total of 5 (7) 8 (5) 9 (6) 9 times, end with knit 3 (6) 0 (7) 7 (2) 2 sts. There are a total of 48 (48) 48 (52) 52 (56) 56 sts on the needle.

Twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work a total of 4 rounds in twisted rib.

Next round: *K1 tbl, sl1 wyif*, repeat from * to * to end of round.

Last round: *Sl1 wyib, p1 tbl*, repeat from * to * to end of round.

Bind off using the Italian bind-off technique.

Work the second sleeve the same way as the first.



Selene Sweater

Italian Bind-off

Break the yarn, leaving a tail approx. 4 times the circumference of the work. Thread the end onto a blunt needle.

Each stitch is sewn through twice. Knit sts are first sewn through purl-wise (meaning as if purling the stitch with the needle) and then sewn through knit-wise before letting the stitch fall off the needle. Purl sts are first sewn through knit-wise (meaning as if knitting the stitch with the needle) and then sewn through purl-wise before letting the stitch fall off the needle.

Below is the description of the Italian bind-off technique, divided into a beginning step, five steps which are repeated, and the final step which is worked over the last stitch.

On my YouTube channel you can see how I work the Italian bind-off. The video was made for DIAMOND JUMPER, but the technique is the same.

[DIAMOND JUMPER - Italian bind-off](#)

Beginning step

Insert the needle purl-wise through the 1st stitch on the needle, pull the yarn through and leave the sts on the needle.

From the WS, insert the needle between the 1st and 2nd stitch and pull it through to the RS.

Insert the needle knit-wise through the 2nd stitch and pull the yarn through to the WS.

Step 1-5

1. Insert the needle knit-wise through the 1st stitch, pull the yarn through and let the stitch fall off the needle.
2. Insert the needle purl-wise through the stitch which is now the 2nd stitch on the needle, pull the yarn through and leave the stitch on the needle (1st stitch of the next repeat).
3. Insert the needle purl-wise through the 1st stitch on the needle, pull the yarn through and let the stitch fall off the needle.
4. From the WS, insert the needle between the 1st and 2nd stitch and pull it through to the RS.
5. Insert the needle knit-wise through the 2nd stitch on the needle, pull the yarn through to the WS and leave the stitch on the needle.

Final step (1 stitch left on the needle)

Insert the needle purl-wise through the last stitch, pull the yarn through and let the stitch fall off the needle.

Finishing

Weave in all ends.

