



SECRET GARDEN SWEATER

Design Elenor Mortensen

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SIZES

1, 2, 3 (4, 5, 6) 7, 8, 9 Finished bust circumference of the sweater: ca. 90, 97, 103 (110, 120, 129)
136, 144, 152 cm, ca.35.4, 38.1, 40.5 (43.3, 47, 50.7) 53.5, 56.6, 59.8''

The body being knit in colourwork has less elasticity than it would have with a single colour. I therefore recommend a positive ease of at least 10 cm.

Gauge

25 sts x 32 rnds = 10 x 10 cm / 4'' in fair isle pattern and in stockinette with 3,5mm needles, after wet blocking.

Should the gauge for the fair isle pattern be bigger or smaller, adapt the size of the needles.

MATERIAL

Yarn

Alpaca Soft by Regia (310m/100gr), ca. 500, 540, 580 (630, 670, 710) 750, 790, 830 m / 546, 590, 635 (700, 735, 775) 820, 865, 907 yards in Beige (BC),

ca. 250, 270, 290 (310, 330, 350) 370, 390, 410 m / 275, 295, 317 (340, 360, 382) 404, 425, 450 yards in Berry (CC1),

and Merino Yak by Regia (400m/100gr), ca 350, 380, 410 (440, 470, 500) 530, 560, 590 m / 382, 415, 448 (481, 513, 546) 580, 612, 645 yards in Teal (CC2).

Or any favourite yarn matching the gauge.

Needles

3mm circular needles, 40cm (or a set of 3mm double-pointed needles) and 80cm long;
3.5mm circular needles, 40cm (or a set of 3.5mm double-pointed needles) and 80cm long;
3 stitch markers, 1 tapestry needle.

ABBREVIATIONS AND EXPLANATIONS

st/sts	stitch(es)
k	knit
ktbl	knit through the back loop (twisted st)
k2tog	knit two stitches together
p	purl
rnd/rnds	round(s)
RS	right side of the work
WS	wrong side of the work
BoR	beginning of round
M	stitch marker (numbered M1, M2, etc.)
ndl	needle(s)
BC	background colour
CC	contrasting colour
inc/dec	increase(s) see m1l / decrease(s)
sl	slip the stitch from the left ndl to the right ndl without working it
slM	slip the stitch marker from the left needle to the right needle
plM	place the stitch marker
m1r (make one right)	right-leaning increase. With the left needle, lift the running thread (of the specified colour) between the stitch just worked and the next stitch from back to front and knit into the front loop (twisted st).
m1l (make one left)	left-leaning increase. With the left needle, lift the running thread (of the specified colour) between the stitch just worked and the next stitch from front to back, and knit through the back loop (twisted st).
DS	DS: double stitch, used in German short rows. Knit the indicated number of stitches, turn your work. Bring the yarn to the front of the work, slip the first stitch as if to purl, then bring the yarn up and over the right needle to the back and pull tight to create a double stitch. When you reach this double stitch later, knit or purl through both legs of the stitches as if it were one stitch.
GSR (German short rows)	see explanations for the DS and tips below.
* _____ *	repeat the instructions between the asterisks to the end of the round.

GENERALITIES

Fair isle pattern

The motif is knit using the fair isle stranded colourwork technique with two colours. The yarn not in use must be carried loosely across the back of the work and caught by twisting it with the working

yarn every 5 sts maximum. On the following round, make sure to twist the yarns in a different place to avoid little bumps showing on the right side.

German short rows

You can find a detailed tutorial on how to work German short rows here:

<https://www.youtube.com/watch?app=desktop&v=52qy8OOb-s0>

How to knit the underarm increases

After separating the sleeves, the yoke pattern continues on the front and back, and over the sleeves. **This means that the underarm increases must be incorporated into the pattern. There is no complete pattern repeat, the front and back pattern ending at the fake seam (see picture 1).**

The underarm increases will be added in pattern as follows:

Work the first 49, 53, 57 (61, 67, 71) 76, 80, 85 sts in chart pattern, set up the following 7, 7, 7 (7, 8, 8) 9, 9, 10 sts as per pattern, so that the pattern on the back continues to the left, then purl the fake seam stitch in BC.

Then set up the next 7, 7, 7 (7, 8, 8), 9, 9, 10 sts, so that the existing front pattern continues to the right according to chart, then carry on knitting the 98, 107, 114 (123, 134, 143) 152, 161, 170 front sts in chart pattern.

Set up the next 7, 7, 7 (7, 8, 8) 9, 9, 10 st as per pattern, so that the front pattern continues to the left, purl the fake seam stitch in BC, then set up the next 7, 7, 7 (7, 8, 8), 9, 9, 10 sts, so that the existing back pattern continues to the right, then carry on knitting the 49, 54, 57 (62, 67, 72) 76, 81, 85 back sts in chart pattern.



Pic. 1

The increases for the sleeves are worked in the same way.

INSTRUCTIONS

Yoke:

Neckline:

With the BC and a single shorter 3.5mm ndl (do not hold the ndl double), cast on 104, 104, 104 (108, 108, 112) 112, 116, 120 sts and join in the round, being careful not to twist the sts. Change to 3mm ndl.

Knit 1 rnd and place 1st M (M1). The beginning of the rnd is in middle back and will be further referred to as BoR

Rnd 2: k to end

Rnd 3: p to end

Rnd 4: change to 3.5mm ndl and k to end.

Rnd 5 (inc rnd):

(All the following increases are described in the Abbreviations and explanations table under the entry m1l)

All Sizes: * k4, 1 inc* to end (26, 26, 26 (27, 27, 28) 28, 29, 30 sts increased).

There are now 130, 130, 130 (135, 135, 140) 140, 145, 150 sts on the ndl.

Rnds 6 to 8: knit

Rnd 9 (German short Rows):

Short row 1:

RS: k33, 33,33 (35, 35, 37) 37, 39, 41, turn,

WS: DS, p to BoR, slM, p33, 33, 33 (35, 35, 37) 37, 39, 41, turn.

Short row 2:

RS: DS, k to BoR, slM, k to DS, kDS, k4, turn.

WS: DS, p to BoR, slM, p to DS, pDS, p4, turn.

Short row 3:

RS: DS, k to BoR, slM, k to DS, kDS, k4, turn.

WS: DS, p to BoR, slM, p to DS, pDS, p4, turn.

Short row 4: (RS) DS, k to BoR, slM.

Rnd 10: knit (knitting the DS as you reach them)

Rnd 11: knit

Rnd 12 (inc rnd):

Sizes 1, 2: *1 inc, k5* 26 times (26, 26, - (-, -, -) -, -, - inc)

Size 3: k2, *1 inc, k4* 32 times (-, -, 32 (-, -, -)-, -, - inc)

Sizes 4, 5: k3, *1 inc, k4* 33 times (-, -, - (33, 33, -) -, -, - inc)

Sizes 6, 7: *1 inc, k4 * 35 times (-, -, - (-, -, 35) 35, -, - inc)

Size 8: k1, *1 inc, k4*, 36 times (-, -, - (-, -, -) -, 36, - inc)

Size 9: k2, *1 inc, k4*, 37 times (-, -, -(-, -, -) -, -, 37 inc)

There are now 156, 156, 162 (168, 168, 175) 175, 181, 187 sts on the ndl.

Rnds 13 to 16: knit

Rnd 17 (inc rnd):

Size 1: k6, *1 inc, k13* 11 times, 1 inc, k7 (12 inc)

Size 2: *k6, 1 inc* 26 times (26 inc)

Size 3: k5, *k5, 1 inc, k4, 1 inc*, 17 times, k4 (34 inc)

Sizes 4, 5: *1 inc, k4* 42 times (42 inc)

Sizes 6, 7: k3, *1 inc, k4* 43 times (43 inc)

Size 8: k1, *1 inc, k4* 45 times (45 inc)

Size 9: k3, *1 inc, k4* 46 times (46 inc)

There are now 168, 182, 196 (210, 210, 218) 218, 226, 233 sts on the ndl.

Rnds 18 to 20: knit.

Sizes 1, 2, 3 (4, -, -) -, -, - only:

Now work the CHART.

The pattern is repeated 12, 13, 14 (15, -, -) -, -, - times around.

As indicated in the chart, two increases are worked in each pattern repeat on rnds 1, 6, 11, 16, 22 and 28.

On rnd 28 there are 312, 338, 364 (390, -, -) -, -, - sts on the ndl.

Meanwhile, once you've reached 19, 20, 21 (22, -, -) -, -, - cm / 7.4, 7.8, 8.2 (8.6, -, -)-, -, - ' into the yoke (measured at the centre front), separate the sleeves (see below [Separate the sleeves](#)).

Continue to knit in pattern over the underarm inc. (**Beware! the underarm inc do not present a complete pattern repeat; see above "How to knit the underarm increases"**).

Continue with **All sizes**.

Sizes -, -, - (-, 5, 6) 7, 8, 9 only:

Rnd 21 (inc rnd):

Size 5: k7, *1 inc, k15* 13 times, 1 inc, k8 (14 inc)

Size 6: k14, *1 inc, k10* 20 times, k4 (20 inc)

Size 7: k10, *1 inc, k6* 34 times, k4 (34 inc)

Size 8: k6, *1 inc, k5, 1 inc, k6* 20 times (40 inc)

Size 9: k13, *1 inc, k4, 1 inc, k5* 23 times, 1 inc, k13 (47 inc)

There are now -, -, - (-, 224, 238) 252, 266, 280 sts on the ndl.

Rnds 22 to 24: knit.

Sizes -, -, - (-, 5, 6) 7, -, - only

Now work the CHART.

The pattern is repeated -, -, - (-, 16, 17) 18, -, - times around.

As indicated in the chart, two increases are worked in each pattern repeat on rnds 1, 6, 11, 16, 22 and 28.

On rnd 28, there are -, -, - (-, 416, 442) 468, -, - sts on the ndl.

Meanwhile, once you've reached -, -, - (-, 23.5, 24.5) 26, -, - cm / -, -, - (-, 9.2, 9.6) 10.2, -, - '' into the yoke (measured at the centre front), separate the sleeves (see below [Separate the sleeves](#)).

Continue to knit in pattern over the underarm inc. (**Beware! the underarm inc do not present a complete pattern repeat; see above "How to knit the underarm increases"**).

Continue with **All sizes**.

Sizes -, -, - (-, -, -) -, 8, 9 only:

Rnds 25 and 26: knit.

Now work the CHART.

The pattern is repeated -, -, - (-, -, -) -, 19, 20 times around.

As indicated in the chart, two increases are worked in each pattern repeat on rnds 1, 6, 11, 16, 22 and 28.

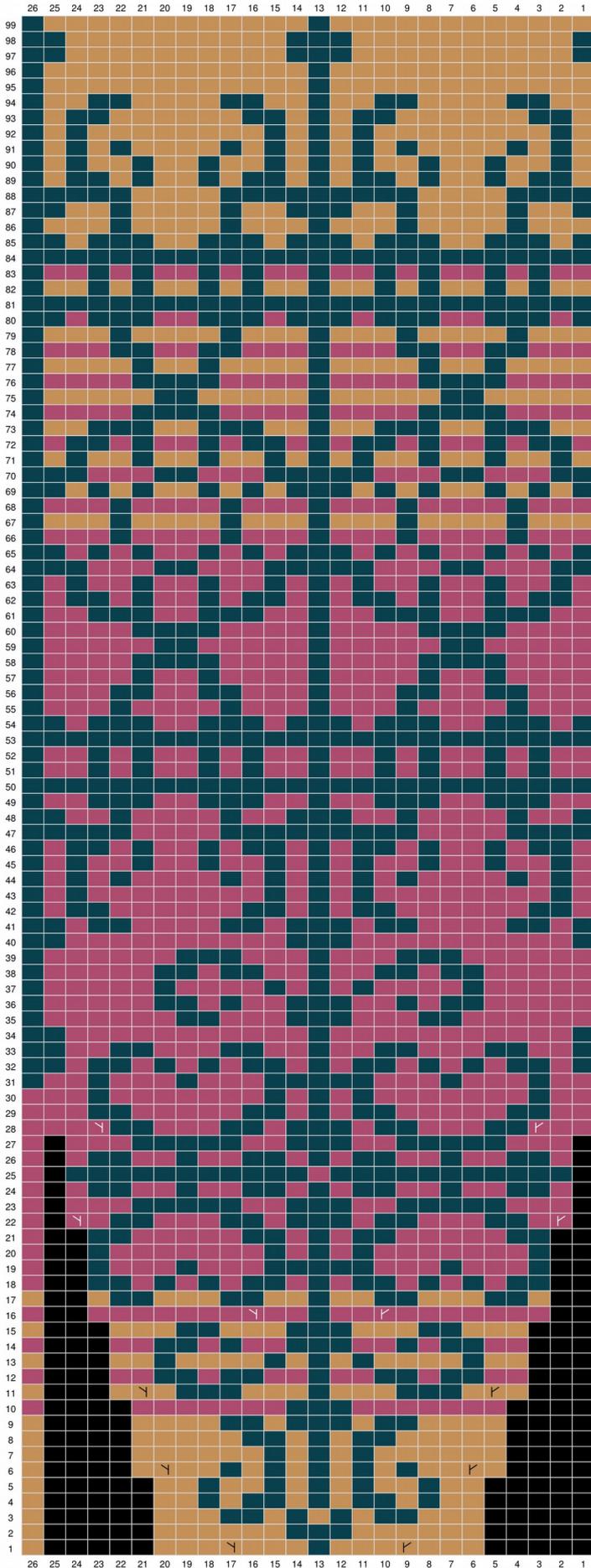
On rnd 28, there are -, -, - (-, -, -) -, 494, 520 sts on the ndl.

Meanwhile, once you've reached -, -, - (-, -, -) - 27, 28 cm / -, -, - (-, -, -) -, 10.6, 11 '' into the yoke (measured at the centre front), separate the sleeves (see below [Separate the sleeves](#)).

Continue to knit in pattern over the underarm inc. (**Beware! the underarm inc do not present a complete pattern repeat; see above "How to knit the underarm increases"**).

Continue with **All sizes**.

CHART



LEGEND

-  BC / beige
-  CC1 / berry
-  CC2 / petrol
-  m1l
-  m1r
-  no stitch



All sizes:

Separate the sleeves

k49, 53, 57 (61, 67, 71) 76, 80, 85 (1st half-back),
transfer 58, 62, 68 (72, 74, 78) 82, 86, 90 sts for the first sleeve on a piece of scrap yarn with a tapestry needle, or on a stitch holder,
cast on 7, 7, 7 (7, 8, 8) 9, 9, 10 sts, p1M2, cast on 1 purl st, then a further 7, 7, 7 (7, 8, 8) 9, 9, 10 knit sts,
k98, 107, 114 (123, 134, 143) 152, 161, 170 (front),
transfer 58, 62, 68 (72, 74, 78) 82, 86, 90 sts for the second sleeve on a piece of scrap yarn with a tapestry needle, or on a stitch holder,
cast on 7, 7, 7 (7, 8, 8) 9, 9, 10 sts, p1M3, cast on 1 purl st, then a further 7, 7, 7 (7, 8, 8) 9, 9, 10 sts,
k49, 54, 57 (62, 67, 72) 76, 81, 85 (2nd half-back).

Front and back

There are now 226, 244, 258 (276, 302, 320) 342, 360, 382 sts on the ndl.
The st after M2 and M3 will be purled all along to the bottom ribbing, thereby creating the illusion of a seam.
Continue to knit in the rnd according to the chart, continue in pattern over the underarm sts.
(Beware! the underarm inc do not present a complete pattern repeat; see above “How to knit the underarm increases”).
After rnds 83 and 99, break CC yarns and continue to knit in the round until this part measures 23cm / 9'' (measured from underarm) or the desired length minus 7 cm / 2.7''.

Bottom ribbing

All sizes:
Change to 3 mm ndl.
Next rnd: *k1tbl, p1* to BoR, if necessary, at the “seam” purl the continuous purl stitch together with the previous or next stitch (p2tog).
Repeat this rnd until the ribbing measures 7 cm / 2.7'' (or the desired length).
Knit 1 rnd and remove the markers.
On the next rnd bind off all the sts by knitting them.

Sleeves

With shorter 3.5mm circular ndl, or a set of 3.5mm double-pointed ndl, and beginning at the centre of the underarm, pick up and purl 1 st, then pick up and knit 7, 7, 7 (7, 8, 8) 9, 9, 10 sts, being careful not to create any hole. Transfer the 58, 62, 68 (72, 74, 78) 82, 86, 90 sts on hold for the sleeve back on the needle and knit them in pattern. Then pick up and knit 7, 7, 7 (7, 8, 8) 9, 9, 10 sts at the second half of the underarm, being careful not to create any holes. Join in the round. Place M (BoR).

The st after the marker will be purled all along to the cuff ribbing, thereby creating the illusion of a seam.
There are now 73, 77, 83 (87, 91, 95) 101, 105, 111 sts on the ndl.

Continue to knit in the rnd according to the chart, continue in pattern over the underarm sts.

(Beware! the underarm inc do not present a complete pattern repeat; see above “How to knit the underarm increases”).

After rnds 83 and 99, break CC yarns and continue to knit in the round until this part measures 23cm / 9'' (measured from underarm) or the desired length minus 7 cm / 2.7''.

Cuff

Change to 3mm ndl.

Rnd 1 (adjustment rnd): *k1tbl, p1* to 3 sts before BoR, k1tbl, p last 2 sts together.

Rnd 2: *k1tbl, p1* to BoR.

Repeat rnd 2 until the cuff measures 7 cm / 2.7''.

Next rnd: knit across, and remove the markers.

Then cast off all sts by knitting them.

Cut all yarn ends and carefully weave them in.

Wash and block your knitting.

MEASUREMENTS:

A: Bust (across)

45, 48.5, 51 (55, 60, 64) 68, 72, 76cm /
17.7, 19, 20 (21.6, 23.6, 25.1) 26.7, 28.3, 29.9''

B: Upper arm width

29.2, 30.8, 33.2 (34.8, 36.4, 38) 40.4, 42, 43cm /
11.4, 12.1, 13 (13.7, 14.3, 14.9) 15.9, 16.5, 16.9''

C: Length from underarm

30cm / 11.8''

D: Sleeve length from underarm

ca. 30cm / 11.8

E: Total length:

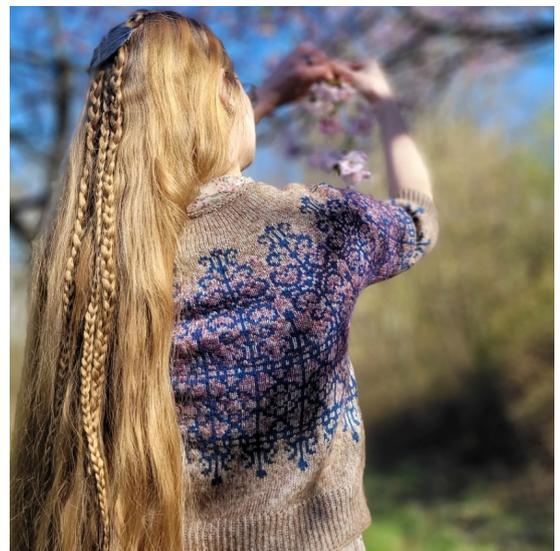
50, 51, 52 (53, 54.5, 55.5) 57, 58, 59 cm /
19.6, 20, 20.4 (20.8, 21.4, 21.8) 22.4, 22.8, 23.2''

I will be very happy to see photos of your sweater on Instagram using hashtag #secretgardensweater

English translation:

Emmanuelle B. @marquoidelise

Emmanuelise on Ravelry



I would like to heartily thank my dear test team!

You can find the works of my test knitters on Instagram under the following accounts:

Ania	@crafty_loops
Anja	@ahrknit
Bea	@bealana31
Elaine	@elainetom
Emmanuelle	@marquoidelise
Floor	@woollyflora
Heike	@carriethecat
Jeanette	@madebynettel
Karsta	@janika4790
Kathi	@knittykatty83
Kathrin	@strickkathrin
Kristin	@kmk_wandermakes
Lyne	@lyneleroux007
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Marie	@greenerknits
Marna	@marnadenner
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Martina	@martinaknitting
Marion	@fantasiekreativ
Melanie	@demeter_melanie25
Monica	@moonpurl
Nicola	@nicolastauder
Nicole	@stitchbynini
Paule	@paule_r91
Petra	@petraogrzewalla
Raquel	@rtejiendobonito
Sabine	@bilaknits
Shirley	@s_durmaz
Silke	@silke1870
Stephie	@bethechange.you.wishtosee
Susan	@susanleichsenring
Theresa	@theresa_reischl
Ursula	@bbb73_75
Virginie	@quand_maitresse_tricote
Zsuzsanna	@fejeszsuknits

