



Sea Breeze  
Sweater Vest

# Sea Breeze Sweater Vest

by Park Williams

The Sea Breeze Sweater Vest is the perfect transitional piece for spring to summer and summer to fall! Knit this open mesh vest for a casual day at the beach or for a classy luncheon in a coastal town. The vest is provisionally cast on and knit from the top down in an easily memorized 4-row mesh repeat. Let's get nautical!

#SeaBreezeSweaterVest

## Needles & Notions:

Size US 5 / 3.75mm circular needles \* (for body)

Size US 3 / 3.25mm circular needles\* (for ribbing)

Stitch markers, a removable stitch marker, tapestry needle, stitch holders/scrap yarn

\* cable length may vary based on size

## Sizing:

XS(S, M, L, XL) (XXL, 3XL, 4XL, 5XL)

Finished Chest Measurement:

34(38, 42, 46, 50.5) (54.25, 58.5, 62.25, 66.5) inches;

86.5[96.5, 106.5, 117, 128.5] [138, 148.5, 158, 169] cm

This garment is meant to be worn with 2-6" of positive ease. I have a chest measurement of 36" and am pictured wearing the size Small with 2" of positive ease.

## Gauge:

19 stitches & 30 rows/4" on a US 5 / 3.75mm, in mesh stitch\*, blocked.

\*see notes section for gauge swatch instructions

## Yarn:

Kelbourne Woolens Mojave

Sport/DK weight

Cotton/Linen blend

Color- Electric Blue

OR any yarn that gets gauge and creates your desired fabric!!!

## Yardage:

475(555, 615, 680, 750) (900, 1075, 1125 1250) yards



## Abbreviations:

CO: cast on

BO: bind off

BOR: beginning of round

RS: right side of work

WS: wrong side of work

k: knit

p: purl

rm: remove marker

st(s): stitch(es)

k2tog: knit two stitches together (Decreases one stitch)

skp: slip one stitch purl-wise, knit the next stitch, then pass the slipped stitch over the stitch you just knit. (Decreased one stitch)

yo: yarn over (Increased one stitch)

CDD: center double decrease. Slip two stitches together knit-wise with yarn in back, knit the next stitch. Using your left needle, pass the two slipped stitches over that stitch you just knit. (Decreased two stitches)

## Notes:

- Gauge Swatch: Cast on an even number of stitches and use the following 4 Row Repeat until your desired height:
  - Row 1 (WS): Purl
  - Row 2 (RS): k1, (yo, k2tog) to the last stitch, k1.
  - Row 3 (WS): Purl
  - Row 4 (RS): k1, (skp, yo) to the last stitch, k1.
- Helpful Mesh Tips:
  - When working the skp rows, the previous yarn over will always be the stitch you pass over. When working the k2tog rows, the yarn over will always be the second stitch in the knit two together decrease. The only time this rule may not apply is for the shaping edge stitches.
  - If your mesh pattern gets off, most likely it was a forgotten yarn over at the beginning or the end of the row! Remember the k2tog rows start with a yarn over in the repeated section while the skp rows end with a yarn over in the repeated section.
- The V-neck and armhole ribbing tighten everything up A LOT. Once you have joined the front and back, I recommend placing the body on a holder and working the “Neckline” and “Armholes” sections. This will ensure you get a more accurate idea of the vest’s fit and help you determine your ideal length.

## **Cast On/Back Body:**

Using waste yarn, a crochet hook, and US 5 / 3.75mm needles, provisionally CO 74(76, 80, 86, 92) (94, 102, 104, 108) stitches.

A video tutorial of the Provisional Cast-On by Very Pink Knits is linked on the pattern page.

### 4 Row Repeat:

Row 1 (WS): With your main yarn, purl across the provisionally cast-on row. Turn.

Row 2 (RS): k1, (yo, k2tog) to the last stitch, k1.

Row 3 (WS): Purl.

Row 4 (RS): k1, (skp, yo) to the last stitch, k1.

Continue in this 4 Row Repeat for 10.25(10.5, 9, 8.25, 7.75) (7.25, 8.5, 7.25, 5.75)” / 26[26.5, 23, 21, 19.5] [18.5, 21.5, 18.5, 14.5] cm, ending after completing a Row 4.

## **Back Arm Shaping:**

Sizes XS(S, -, -, -) (-, -, -, -):

Continue onto the instructions for All Sizes.

Sizes -(, M, L, XL) (XXL, 3XL, 4XL, 5XL):

Row 1 (WS): Purl.

Row 2 (RS): k1, (yo, k2tog) to the last stitch, k1.

Row 3 (WS): p1, yo, p1, yo, purl to the last 2 stitches, yo, p1, yo, p1. (Increased 4 stitches)

Row 4 (RS): k1, (skp, yo) to the last stitch, k1.

Repeat these Rows 1-4, -(, 2, 3, 4) (6, 4, 7, 10) *more* times.

[-(, 92, 102, 112) (122, 122, 136, 152) stitches total]

### All Sizes:

Transfer these live stitches to a stitch holder or scrap yarn (or preferably to another needle similar in size, so that the stitches are ready to be joined when we finish the front body).

Break yarn.

## **Front Panel:**

### All Sizes:

Transfer the provisionally cast on edge to US 5 / 3.75mm needle by carefully picking out the waste yarn and putting the live stitches onto the needle.

Place a removable stitch marker after the 20<sup>th</sup>(20<sup>th</sup>, 22<sup>nd</sup>, 24<sup>th</sup>, 26<sup>th</sup>) (26<sup>th</sup>, 28<sup>th</sup>, 28<sup>th</sup>, 30<sup>th</sup>) stitch and another one after the 34<sup>th</sup>(36<sup>th</sup>, 36<sup>th</sup>, 38<sup>th</sup>, 40<sup>th</sup>) (42<sup>nd</sup>, 46<sup>th</sup>, 48<sup>th</sup>, 48<sup>th</sup>) stitch from that first removable marker.

You should now have sectioned off 20(20, 22, 24, 26) (26, 28, 28, 30) stitches for the first section, 34(36, 36, 38, 40) (42, 46, 48, 48) stitches for the middle section and 20(20, 22, 24, 26) (26, 28, 28, 30) stitches for the last section.

Join yarn, getting ready to work a RS row.

Neck Bind Off Row (RS): k1, (yo, k2tog) to one stitch before the first marker, k1, rm, loosely BO all the stitches to the next marker (you will have to remove the marker in order to bind off the final stitch), then (yo, k2tog) to the last stitch, k1.

You should have 20(20, 22, 24, 26) (26, 28, 28, 30) live stitches for each side and should have bound off the 34(36, 36, 38, 40) (42, 46, 48, 48) stitches of the middle section for the back neck.

## **Left Front V-Neck:**

We will now work each side of the V-neck separately. You can either keep the other side's stitches on the needle as you work or move them to a holder/piece of scrap yarn. Left and right refer to the left and right sides when worn.

### Sizes 3XL-5XL:

Skip ahead to the V-neck increase instructions for All Sizes.

### Sizes XS(S, M, L, XL) (XXL, -, -, -):

Row 1 (WS): Purl to the bound off back neck stitches.

Row 2 (RS): k1, (skp, yo) to the last stitch, k1.

Row 3 (WS): Purl.

Row 4 (RS): k1, (yo, k2tog) to the last stitch, k1.

Repeat Rows 1-4, 7(7, 7, 6, 4) (3, -, -, -) *more* times.

### All Sizes:

V-neck Increase Row 1 (WS): Purl to last two stitches, yo, p1, yo, p1. (Increased 2 stitches)

V-neck Increase Row 2 (RS): k1, (skp, yo) to the last stitch, k1.

V-neck Increase Row 3 (WS): Purl.

V-neck Increase Row 4 (RS): k1, (yo, k2tog) to the last stitch, k1.

Repeat V-neck Increase Rows 1-4, 8(8, 8, 10, 12) (14, 18, 19, 19) *more* times.

[38(38, 40, 46, 52) (56, 66, 68, 70) stitches for the left side V-neck]

Break yarn\*.

\*If you have multiple skeins, instead of breaking your yarn here, leave it attached and join a new ball for the right front neck.

## **Right Front V-Neck:**

Join yarn getting ready to work WS row on the right front V-neck.

This will be the back neck BO side of the held live stitches.

### Sizes 3XL-5XL:

Skip ahead to the V-neck increase instructions for All Sizes.

Sizes XS(S, M, L, XL) (XXL, -, -, -):

Row 1 (WS): Purl.

Row 2 (RS): k1, (skp, yo) to the last stitch, k1.

Row 3 (WS): Purl.

Row 4 (RS): k1, (yo, k2tog) to the last stitch, k1.

Repeat Rows 1-4, 7(7, 7, 6, 4) (3, -, -, -) *more* times.

All Sizes:

V-neck Increase Row 1 (WS): p1, yo, p1, yo, purl to end. (Increased 2 stitches)

V-neck Increase Row 2 (RS): k1, (skp, yo) to the last stitch, k1.

V-neck Increase Row 3 (WS): Purl.

V-neck Increase Row 4 (RS): k1, (yo, k2tog) to the last stitch, k1.

Repeat V-neck Increase Rows 1-4, 8(8, 8, 10, 12) (14, 18, 19, 19) *more* times.

[38(38, 40, 46, 52) (56, 66, 68, 70) stitches for the right side V-neck]

Break yarn.

## **Joining the V-Neck:**

Join yarn\* getting ready to work a WS row on the left front V-neck panel. We are making this jump to ensure our mesh stays in pattern!

\*You will only need to join your yarn here if you didn't have an extra skein to attach to work the right front V-neck.

Set up your panels so both are on a needle (either the same needle or two separate needles) and ready to be worked. Make sure neither panel is twisted, both have the WS facing you, and the left V-neck stitches are the first you will work.

Joining Row (WS): Purl across the left V-neck stitches then immediately purl across the right front V-neck stitches, therefore connecting the two V-neck panels.

[76(76, 80, 92, 104) (112, 132, 136, 140) stitches for the front panel]

## **Front Arm Shaping:**

All Sizes:

Row 1 (RS): k1, (skp, yo) to the last stitch, k1.

Row 2 (WS): Purl.

Row 3 (RS): k1, (yo, k2tog) to the last stitch, k1.

Row 4 (WS): p1, yo, p1, yo, purl to the last 2 stitches, yo, p1, yo, p1. (Increased 4 stitches)

Repeat these Rows 1-4, 1(3, 3, 2, 2) (2, 2, 2, 2) *more* times.

[84(92, 96, 104, 116) (124, 144, 148, 152) stitches total]

## **Joining the Front & Back:**

We are now going to join the front and back panels together by casting on underarm stitches and joining in the round. Once we have joined the panels we will be working in the round for the remainder of the vest.

Make sure the back body is on a needle, ready to be worked when we get to it.

Joining Round (RS): Work Row 1 from the previous "Front Arm Shaping" section once more and when you are finished, *DO NOT TURN*. Instead, using the Backwards Loop Method, CO 1(3, 3, 3, 3) (3, 3, 3, 3) stitches, place BOR marker, CO 1(3, 3, 3, 3) (3, 3, 3, 3) additional stitches, knit across the back body stitches, CO 2(6, 6, 6, 6) (6, 6, 6, 6) stitches, knit across the front body stitches to the BOR marker.

[162(180, 200, 218, 240) (258, 278, 296, 316) stitches total]

## **Body:**

We are now working in the round and will no longer have any WS purl rows or edge stitches.

### **4 Round Repeat:**

Round 1 (RS): (yo, k2tog) to end of round.

Round 2 (WS): Knit.

Round 3 (RS): (skp, yo) to end of round.

Round 4 (WS): Knit.

Continue in this new 4 Round Repeat for 8(8, 8, 8, 8) (8, 8, 8, 8)" / 20.25[20.25, 20.25, 20.25, 20.25]  
[20.25, 20.25, 20.25, 20.25] cm from the underarm, ending after completing a Row 4.

Change to US 3 / 3.25mm needles and work 1x1 ribbing (k1, p1) for 1.75(1.75, 1.75, 1.75, 1.75) (2, 2, 2,  
2)" / 4.5[4.5, 4.5, 4.5, 4.5] [5, 5, 5, 5] cm.

BO loosely in pattern.

Break yarn.

## **Neckline:**

Using a Size US 3 / 3.25mm needle, working on the RS of the fabric and beginning at the back right corner, pick up and knit 35(37, 37, 39, 41) (43, 45, 47, 47) stitches along the back neck, 40(40, 40, 42, 44) (46, 46, 48, 48) stitches along the left V-neck slope, and one stitch into the bottom center of the V-neck. Place a removable stitch marker in this bottom center stitch. Pick up and knit 40(40, 40, 42, 44) (46, 46, 48, 48) stitches along the right V-neck slope, place a BOR marker and join in the round.

[116(118, 118, 124, 130) (136, 138, 144, 144) stitches total]

Set-Up Round: (p1, k1) to end of round. Move the removable marker designating the bottom center stitch up one row (to the row that is on your needle).

Make sure the marked bottom center stitch is a knit stitch and flanked by a purl stitch on each side.

Round 1: (p1, k1) to one stitch before marked center stitch, work CDD over the next three stitches, work in the established rib pattern to BOR. Move the removable marker up a row.

Round 2: Work in the *established* rib pattern (meaning you will knit the knits and purl the purls. It is normal that some rounds you will knit three stitches in a row at the removable marker!)

Repeat Rounds 1 & 2 for 1.75(1.75, 1.75, 1.75, 1.75) (2, 2, 2, 2)" / 4.5[4.5, 4.5, 4.5, 4.5] [5, 5, 5, 5] cm.

BO loosely in pattern.

Break yarn.

## **Armholes:**

Using Size US 3 / 3.25mm needles, working on the RS of the fabric and beginning at the bottom center of the armpit, pick up and knit 82(84, 86, 88, 90) (98, 102, 104, 106) stitches around the armhole. Place BOR and join in the round.

Note: This works out to picking up about one stitch out of every two rows with a few extra stitches needing to be picked up here and there.

Work in 1x1 ribbing (k1,p1) for 1(1, 1, 1, 1) (1.5, 1.5, 1.5, 1.5)" / 2.5[2.5, 2.5, 2.5, 2.5] [3.75, 3.75, 3.75, 3.75] cm.

Bind Off loosely in pattern.

Break yarn.

Repeat for the second side.

## Finishing:

Weave in ends.

Block.

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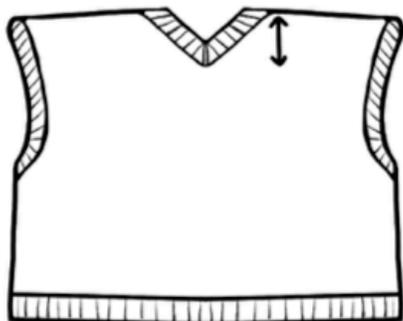


## Size Schematic:

XS(S, M, L, XL)(XXL, 3XL, 4XL, 5XL)"

XS[S, M, L, XL][XXL, 3XL, 4XL, 5XL] cm

**V-neck Depth (after ribbing)**  
6(6, 6, 6.5, 6.5) (7, 7, 7.5, 7.5)"  
15[15, 15, 16.5, 16.5] [18, 18, 19, 19] cm



**Armhole/Yoke Depth (after ribbing)**  
8.25(8.5, 8.75, 8.75, 9) (9.75, 10.25, 10.5, 10.75)"  
21[21.5, 22.25, 22.25, 22.75] [24.75, 26, 26.75, 27.25] cm

**Length from Underarm to BO**  
9.75(9.75, 9.75, 9.75, 9.75) (10, 10, 10, 10)"  
24.75[24.75, 24.75, 24.75, 24.75] [25.5, 25.5, 25.5, 25.5] cm

**Chest**  
34(38, 42, 46, 50.5) (54.25, 58.5, 62.25, 66.5)"  
86.5[96.5, 106.5, 117, 128.5] [138, 148.5, 158, 169] cm

**Park&Knit**

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