

annie
sews

SAILOR SLIPPERS

Knitting Pattern



INFORMATION

Sizes: UK shoe size: 3 (4) 5 (6) 7 (8) 9 (10) 11 (12)
EU shoe size: 36 (37) 38 (39) 41 (42) 43 (45) 46 (47)

For EU sizes 40 and 44, I recommend knitting sizes 39 and 43, respectively.

Gauge: 12 stitches x 16 rows = 10 x 10 cm / 4 x 4 inches in stockinette stitch on 8mm [US 11] needles **before felting**

15 stitches x 26 rows = 10 x 10 cm / 4 x 4 inches in stockinette stitch on 8mm [US 11] needles **after washing at 40°C and felting**

Needles: 8mm [US 11] circular or straight needles
8mm double pointed needles (optional)

Materials: **Drops Snow** (50g = 50m)

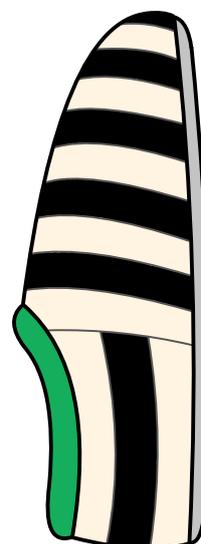
For both slippers:

 *Colour A (main):*
70 (70) 80 (80) 90 (90) 100 (100) 110 (110) g

 *Colour B (accent):*
60 (60) 70 (70) 80 (80) 90 (90) 100 (100) g

 *Colour C (i-cord):*
20 (20) 20 (20) 20 (20) 25 (25) 25 (25) g

 *Colour D (sole):*
80 (80) 90 (90) 100 (100) 110 (110) 120 (120) g



You can use any yarn that meets gauge - just make sure that it is **100% wool** and **non-superwash**. Feel free to experiment with different designs and colour palettes - see page 5 for inspo!

Rico Sock Stop to add a non-slip latex base (optional)

Notions: Tapestry needle, scissors, stitch markers, a small towel to add more friction to the felting process and a pillowcase or mesh laundry bag to wash your slippers in (optional)

Skill level: Advanced beginner

Techniques: Long tail cast on, backwards loop cast on, stockinette stitch, increasing (m1l and m1r) and decreasing (k2tog and ssk) stitches, picking up stitches, seaming (mattress and Kitchener stitch), applied i-cord edge

ABBREVIATIONS

k - Knit

p - Purl

st(s) - Stitch(es)

RS - Right side of the work

WS - Wrong side of the work

tbl - Through the back loop

m1r - "make one right" - With left needle, pick up the bar between the two stitches from the back. Insert the right needle through the front loop and knit (right leaning increase).

m1l - "make one left" - With left needle, pick up the bar between the two stitches from the front. Insert the right needle through the back loop and knit (left leaning increase).

k2tog - "knit two together" - Knit two stitches together through the front loop (right leaning decrease).

ssk - "slip, slip, knit" - Slip the stitch knitwise and repeat for the next stitch. Slip both of these stitches purlwise onto the left needle and knit them together through the back loop (left leaning decrease).

TIP: Links to video tutorials can be found on page 12!

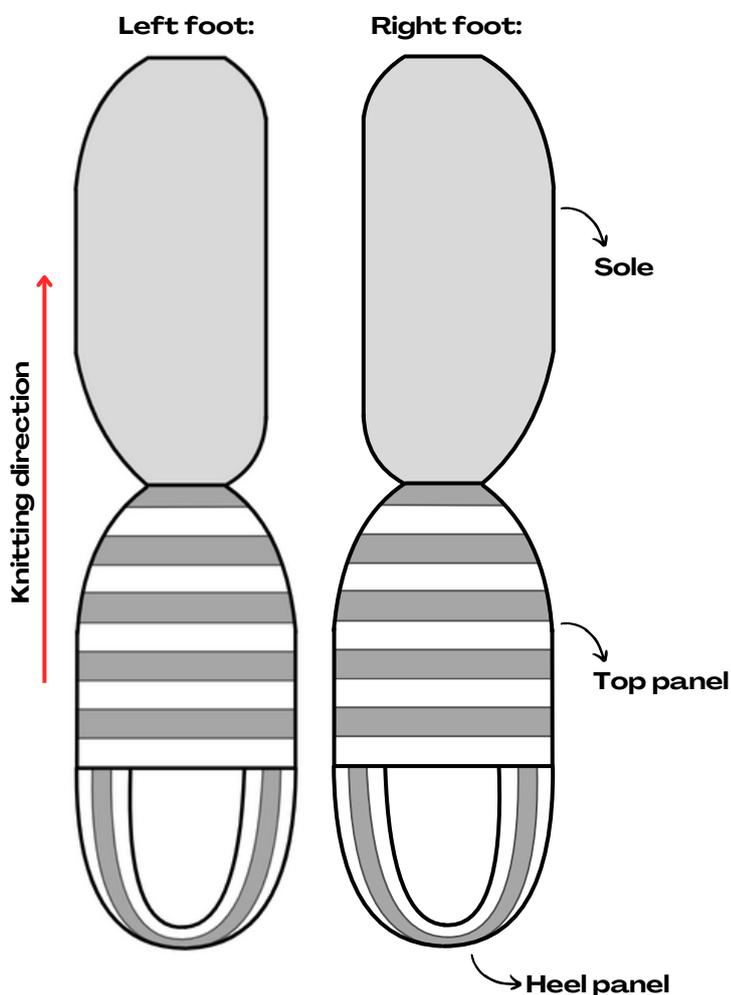
CONSTRUCTION

The Sailor Slippers are worked flat in stockinette stitch starting with the heel panel.

Stitches are then picked up at the right side of the heel panel, cast on in extension and picked up at the left side of the heel panel. This forms the top of the slippers, which is knit from ankle to toe. From there, you will carry on knitting the sole from toe to heel.

The top of the foot and sole are seamed together using mattress stitch, and the heel panel and sole are then seamed horizontally.

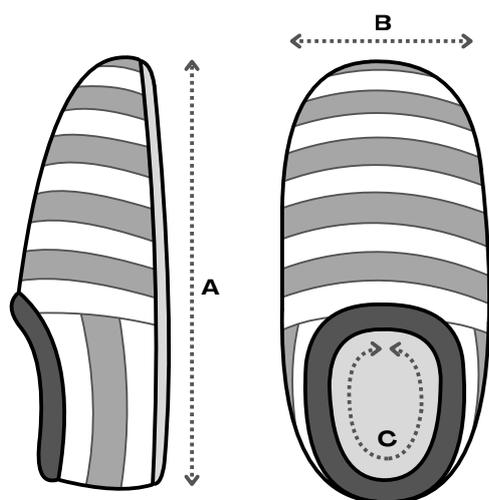
The applied i-cord is then added to form the slipper opening, before washing and felting.



SIZE GUIDE

The Sailor Slippers are designed to have approx. 0.4cm / 0.16" positive ease from the foot length.

If you are between sizes, I would advise knitting the smaller size as the slippers can easily be stretched to size after felting whilst still wet.



UK shoe size	EU shoe size	Foot length
3	36	22.1cm / 8.7"
4	37	22.9cm / 9"
5	38	23.7cm / 9.3"
6	39	24.6cm / 9.7"
7	41	25.4cm / 10"
8	42	26.3cm / 10.4"
9	43	27.2cm / 10.7"
10	45	28cm / 11"
11	46	28.9cm / 11.4"
12	47	29.8cm / 11.7"

Measurements of finished piece after washing and felting (cm) :

UK shoe size	EU shoe size	A Length	B Sole width	C Opening
3	36	22.5	11.3	24
4	37	23.3	11.3	24
5	38	24.1	11.3	24
6	39	25	11.3	24
7	41	25.8	12.7	26
8	42	26.7	12.7	26
9	43	27.6	12.7	26
10	45	28.4	13.2	28
11	46	29.3	13.2	28
12	47	30.2	13.2	28

DESIGN AND COLOURS

If making your slippers striped, I would suggest **carrying the yarn** up the side of the work. This means you can avoid breaking and rejoining the yarn (and you'll have less ends to weave in!).

When choosing between two or more colours for the i-cord edge, I'd recommend using the **darkest** or **most vibrant** colour to add contrast!

All samples shown below have been knit using Light grey (53) or Medium grey (46) as **Colour D**.



A: Light beige (47)
B: Nougat (48)
C: Dark brown (03)



A: Off white (01)
B: Sea green (66)
C: Rose petal (113)



A: Light blue (12)
B and C: Dark blue (15)



A: Sweet apricot (112)
B and C: Orange (07)



A: Pastel pink (51)
B and C: Maroon (95)



A: Pastel pink (51)
B and C: Aquamarine (37)



A: Sage green (98)
B and C: Dark ivy (97)



A: Lavender frost (114)
B and C: Lavender (54)

VARIATIONS

2-ROW STRIPE



Colours used: Peach pink (107), Pastel blue (31) and Sage green (98)

PLAIN



A, B and C: Nougat (48)
I-cord detail: Pastel blue (31)

SCRAP



Colours used: Cobalt blue (104), Aquamarine (37), Dark blue (15), Fog (87) and Pastel pink (30)

INSTRUCTIONS

Notes before starting:

- When counting **rows worked**, the stitches on the needles should be counted as a row, whereas cast-on and pick-up stitches should not.
- Any increases or decreases are to be made on the **RS of the work** when completing a knit row.
- The slippers are knit in **4-row stripes**, alternating between *Colour A* and *Colour B*.

HEEL PANEL

Using **8mm [US 11] needles**, cast on 34 (34) 34 (34) 35 (35) 35 (36) 36 (36) sts using long tail cast on in *Colour A*. The first row is a WS row.

Work stockinette stitch as follows:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.
- **Row 3 (WS):** P all sts.

Add in *Colour B*, leaving a tail to weave in later, and work stockinette stitch as follows:

- **Row 1 (RS):** K all sts.
- **Row 2 (WS):** P all sts.

Work **Rows 1 and 2** twice (all sizes) in *Colour B*. Break the yarn and add in *Colour A*, carrying the yarn up the right side of the work. Work **Rows 1 and 2** twice (all sizes) in *Colour A*. You should now have worked a total of **11 rows** (all sizes).

Bind off all sts loosely and break the yarn. You should have three 4-row stripes, making a total of 12 rows. On the first row, count 13 stitches in from the left side and place a stitch marker. Repeat for the right side. You should have 8 (8) 8 (8) 9 (9) 9 (10) 10 (10) sts in between the markers.

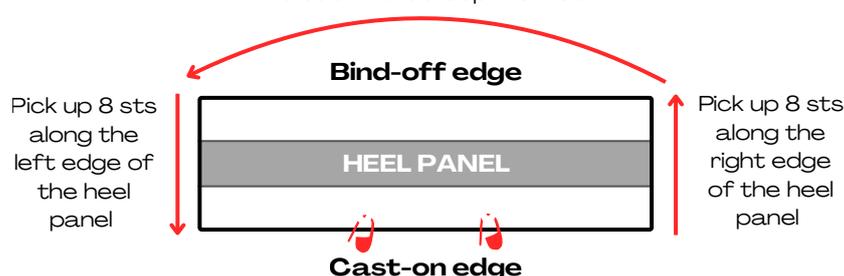
TOP PANEL

Using **8mm [US11] needles**, pick up 8 sts (all sizes) in *Colour A* along the **right edge** of the heel panel starting from the cast-on edge. This is approx. equivalent to picking up **2 sts every 3 rows**.

Cast on 12 (12) 12 (12) 13 (13) 13 (14) 14 (14) sts in extension using the **backwards loop** method.

Pick up 8 more sts (all sizes) along the **left edge** of the heel panel starting from the bind-off edge. This is approx. equivalent to picking up **2 sts every 3 rows**.

Cast on 12 (12) 12 (12) 13 (13) 13 (14) 14 (14) sts in extension using the backwards loop method.



You should now have 28 (28) 28 (28) 29 (29) 29 (30) 30 (30) sts on your needles. The next row after picking up and casting on sts is a WS row.

Work stockinette stitch for 12 (14) 16 (18) 20 (22) 24 (26) 28 (30) rows, remembering to alternate 4-row stripes with *Colour B*, as follows:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.

You will now begin to shape the top panel towards the toe, decreasing **2 sts every 4 rows** as follows:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.
- **Row 3 (WS):** P all sts.
- **Row 4 (RS):** K1, ssk, k to 3 sts before end, k2tog, k1.

Work **Rows 1-4** a total of 3 times (all sizes). You should now have 22 (22) 22 (22) 23 (23) 23 (24) 24 (24) sts on your needles and worked a total of 24 (26) 28 (30) 32 (34) 36 (38) 40 (42) rows from the pick-up/cast-on edge.

You will now begin decreasing **2 sts every other row** as follows:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K1, ssk, k to 3 sts before end, k2tog, k1.

Work **Rows 1 and 2** a total of 5 times (all sizes). Turn your work to the WS and p all sts. Break the *Colour A and B* yarns as the top panel is now finished.

You should now have 12 (12) 12 (12) 13 (13) 13 (14) 14 (14) sts on your needles and worked a total of 35 (37) 39 (41) 43 (45) 47 (49) 51 (53) rows from the pick-up/cast-on edge.

SOLE

Add in *Colour D*, leaving a tail to weave in later. Work **Row 2** decreases one last time. You will now have 10 (10) 10 (10) 11 (11) 11 (12) 12 (12) sts on your needles.

Working from the toe towards the heel, increase **2 sts every other row** as follows:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K2, m1l, k to 2 sts before end, m1r, k2.

Work **Rows 1 and 2** a total of 3 times (all sizes). You should now have 16 (16) 16 (16) 17 (17) 17 (18) 18 (18) sts on your needles and worked a total of 7 rows in your sole colour, including the sts on your needles.

To set up the sole shaping for the **left** and **right** foot, increase **1 st** (all sizes) as follows:

Left foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K to 2 sts before end, m1r, k2.

Right foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K2, m1l, k to end.

You should now have 17 (17) 17 (17) 18 (18) 18 (19) 19 (19) sts on your needles and worked a total of 9 rows in your sole colour. Work further increases, **1 st every 4 rows**, as follows:

Left foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.
- **Row 3 (WS):** P all sts.
- **Row 4 (RS):** K to 2 sts before end, m1r, k2.

Right foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.
- **Row 3 (WS):** P all sts.
- **Row 4 (RS):** K2, m1l, k to end.

Work **Rows 1-4** twice (all sizes). You should now have 19 (19) 19 (19) 20 (20) 20 (21) 21 (21) sts on your needles and worked a total of 17 rows in your sole colour.

Now work stockinette as follows:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.

Work **Rows 1 and 2** a total of 13 (14) 15 (16) 17 (18) 19 (20) 21 (22) times. You should now have worked a total of 43 (45) 47 (49) 51 (53) 55 (57) 59 (61) rows in your sole colour.

You will now begin decreasing **1 st every 4 rows** as follows:

Left foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.
- **Row 3 (WS):** P all sts.
- **Row 4 (RS):** K to 3 sts before end, k2tog, k1.

Right foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K all sts.
- **Row 3 (WS):** P all sts.
- **Row 4 (RS):** K1, ssk, k to end.

Work **Rows 1-4** twice (all sizes). You should now have 17 (17) 17 (17) 18 (18) 18 (19) 19 (19) sts on your needles and worked a total of 51 (53) 55 (57) 59 (61) 63 (65) 67 (69) rows in your sole colour.

To finish up the sole shaping for the **left** and **right** foot, decrease **1 st** (all sizes) as follows:

Left foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K to 3 sts before end, k2tog, k1.

Right foot:

- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K1, ssk, k to end.

You should now have 16 (16) 16 (16) 17 (17) 17 (18) 18 (18) sts on your needles and worked a total of 53 (55) 57 (59) 61 (63) 65 (67) 69 (71) rows in your sole colour.

Now shape the heel, decreasing **2 sts every other row**, as follows:

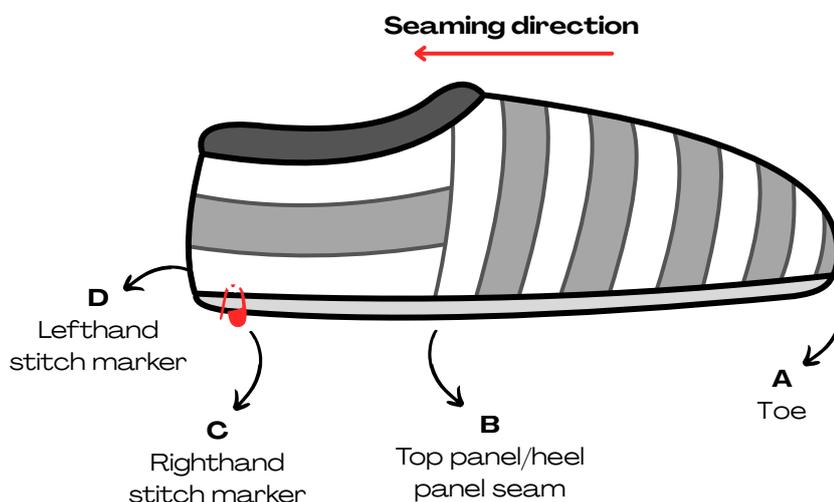
- **Row 1 (WS):** P all sts.
- **Row 2 (RS):** K1, ssk, k to 3 sts before end, k2tog, k1.

Work **Rows 1 and 2** a total of 3 times (all sizes). You should now have 10 (10) 10 (10) 11 (11) 11 (12) 12 (12) sts on your needles and worked a total of 59 (61) 63 (65) 67 (69) 71 (73) 75 (77) rows in your sole colour. Turn your work to the WS and bind off purlwise. Break the yarn.

SEAMING THE SLIPPERS

Using Colour D, cut a length of yarn that measures approx. **150 (150) 150 (150) 160 (160) 160 (170) 170 (170) cm.**

Note: If using a single ply yarn like Drops Snow, make sure to keep twisting the yarn as you seam so the yarn doesn't break.



TIP: Seaming process video can be found on page 12!

A → B

Starting at the toe (**A**) of the slipper, thread the length of yarn onto a tapestry needle. You will now start seam the top panel and sole together using **mattress stitch**, 1 selvedge st in from the edge. The direction we will be seaming is from toe to heel.

Using the tapestry needle, pick up **1 st from the top panel** then **1 st from the sole panel**. Repeat, pulling the yarn tight to close the seam every few centimetres, until you reach the end of the top panel (**B**).

B → C

Now seam the heel panel and bind-off sts using **Kitchener and mattress stitch**.

Using the tapestry needle, pick up **1 st from the heel panel** using **Kitchener stitch**, then **2 sts from the sole panel** using **mattress stitch**. Repeat, pulling the yarn tight to close the seam every few centimetres, until you reach the righthand stitch marker (**C**) on the heel panel.

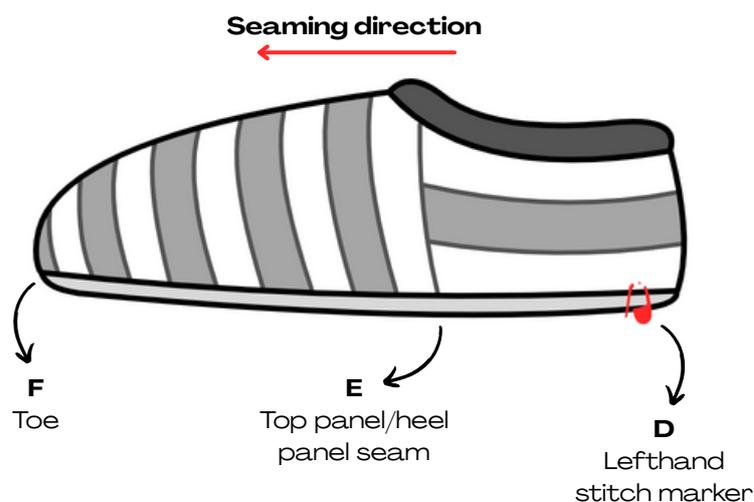
Remove the stitch marker and pick up the st on the heel panel as usual. Next, pass the tapestry needle under the **last 2 sts on the sole panel** but this time, bring the needle up through the **centre of the bind-off stitch** below (see seaming video). Pull the yarn to close the seam.

C → D

Now seam the heel panel and sole together horizontally as follows:

Pick up **1 st from the heel panel**, then insert the tapestry needle back into the **centre of the bind-off st** and up through the **centre of the st to the left**.

Repeat until you reach lefthand stitch marker (**D**), making sure to not pull the yarn too tight here as this process essentially creates another row of sts whilst seaming.



D → E

Remove the lefthand stitch marker (**D**) and pick up **1 st from the heel panel** using **Kitchener stitch**. Then pick up **2 sts from the sole panel** using **mattress stitch**.

Repeat, pulling the yarn tight to close the seam every few centimetres, until you reach the end of the heel panel (**E**).

E → F

Now seam the final section together using **mattress stitch**.

With the tapestry needle, pick up **1 st from the top panel** then **1 st from the sole panel**. Repeat, pulling the yarn tight to close the seam every few centimetres, until you reach the end of the top panel (**F**) and have seamed the entire slipper.

When you get to the last 6 or 7 centimetres, it can help to leave the yarn slack and then tighten once all the sts have been picked up. When you reach the end, pass the tapestry needle through to the inside of the slippers for weaving in.

APPLIED I-CORD EDGE

Using **8mm [US11] needles**, cast on 3 sts (all sizes) using long tail cast on. Holding the heel panel bind-off edge with the WS facing you, pick up 1 st at any point along the edge of the opening (in addition to the sts we just cast on). You should now have 4 sts on your right needle.

Circular and straight needles:

Slip all 4 sts onto your left needle without twisting. K2, k2tog tbl and pick up another st.

DPNs:

Slide all 4 sts to the right end of your needle. K2, k2tog tbl and pick up another st.

Repeat all the way around the opening, picking up **1 st for every st** along both the heel panel bind-off edge and top panel backwards loop cast-on edge.

Break the yarn, leaving a tail of around 25cm. Thread the tail onto a tapestry needle and, using the **Kitchener stitch**, graft the live sts onto the cast-on sts

Weave in your ends and repeat all steps for the other slipper.

WASHING AND FELTING

Now both slippers have been knit, you are ready for washing and felting.

Wash the slippers in the washing machine with an **enzyme-free (non-bio) detergent** and **without optical bleach**. Wash warm on **40°C/104°F**, 800-1200rpm, without pre-wash and making sure not to select a short cycle.

Front-loading washing machines:

A cycle length of around 1.5-2 hours is recommended to get the best results. Keep in mind that spin speed will vary the wash time - 800rpm may need over 2 hours whilst 1200rpm may only need 1 hour.

Top-loading washing machines:

A cycle length of around 15 minutes may be enough to felt the slippers to size. Keep checking every 5 minutes to avoid too much shrinkage.

Adding a small towel in with the slippers will increase the friction and speed up the felting process. **Optional:** Place the slippers inside a mesh laundry bag or pillowcase to keep them contained whilst washing.

Immediately after washing when the slippers are still wet, shape to the measurements on page 4 or to your foot if you are between sizes. Make sure to firmly push the seams out from the inside of the slippers to help with shaping and structure.

If the slippers are **too big**, simply wash again on the same cycle and shape to size. If they are **too small**, gently stretch the fabric to the correct size when wet.

Leave the slippers to dry and you are done! **Optional:** Apply small dots (5-6mm apart) of a latex liquid like *Rico Sock Stop* to the sole of the slippers to make them non-slip.

CARE INSTRUCTIONS

Wash on a cool cycle, no higher than 30°C/86°F, with an enzyme-free (non-bio) detergent and reshape when wet.

MODIFICATIONS

Length: It's super simple to modify the length of the slippers to sizes outside of the ones given in the pattern! The **stockinette portions of the top panel and sole** can be knit shorter or longer depending on the size as the difference in length between each UK size is **2 rows**.

For example, if you would like to knit a pair of **UK 2** slippers, knit **10 rows** of stockinette on the top panel and **24 rows** of stockinette on the sole. To knit a pair of **UK 14** slippers, knit **34 rows** of stockinette on the top panel and **48 rows** of stockinette on the sole.

Width: To make the slippers wider, cast on 1-3 extra sts at the start of the heel panel and add on the same amount using **backwards loop cast on** at the start of the top panel. Make sure to follow the increases and decreases for your size.

TUTORIALS

Backwards loop cast on:

https://www.youtube.com/watch?v=ojOU7Bco4dM&ab_channel=VeryPinkKnits

M1l and m1r:

<https://www.youtube.com/watch?v=eADPJrb9Ym8>

K2tog:

https://www.youtube.com/watch?v=Lx8BySRLIAE&ab_channel=TheBlueMouseKnits

Ssk:

https://www.youtube.com/watch?v=Cg1ykku04is&ab_channel=VeryPinkKnits

Mattress stitch:

https://www.youtube.com/watch?v=W9jPgH-u_JQ

Kitchener and mattress stitch combined:

<https://www.youtube.com/watch?v=wMbKET673VQ>

Note: The stitch ratio in this video is different to the one in this pattern

Seaming stockinette horizontally:

<https://www.youtube.com/watch?v=XS188cghQ6E>

Applied i-cord edge and grafting:

<https://www.youtube.com/watch?v=AbWV4wacq50>

Full seaming process:

<https://youtu.be/1pjlEo1l4Zo>

Thank you so much for purchasing and knitting this pattern.
Your support means so much!

Please tag me ([@anniesews](https://www.instagram.com/anniesews)) in your makes on Instagram using
#sailorslippers #anniesews

If you need support or have any questions regarding the pattern,
please get in touch at **anniesews@hotmail.com** or message me
on **Instagram** or **Ravelry**.

Annie x

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