

friday knits



DRESS No. 4

INTERMEDIATE / ADVANCED PATTERN

sweetheart revenge top / dress

SIZES

XS (S) M (L) XL (2XL) 3XL (4XL) to fit bust measurement of:
 28-30 (32-34) 36-38 (40-42) 44-46 (48-50) 52-54 (56-58) inches.
 71-76 (81-86) 91.5-96.5 (101.5-106.5) 111.5-117 (122-127) 132-137 (142-147) cm.

SUGGESTED YARN

Samples made in size XS. Below are the short sleeve yardages. For long sleeves add the amount listed below according to your size

Top: Hobbii Yarns Unicorn Solids in Burgundy (75% Merino Wool 25% Polyamide, 400 metres/ 437 yds, 100 g). If you are using this yarn, you will need 2 (3) 3 (3) 3 (4) 4 (5) skeins of yarn.

Dress: Hobbii Yarns Unicorn Solids in Black (75% Merino Wool 25% Polyamide, 400 metres/ 437 yds, 100 g). If you are using this yarn, you will need 3 (3) 3 (4) 4 (5) 5 (6) skeins of yarn.

Long sleeve: 124 (149) 161 (174) 186 (198) 211 (223) metres /
 135.5 (163) 176 (190) 203.5 (216.5) 230.5 (244) yards.

Using merino wool or a blend with merino will work best for this pattern to accomodate stretchiness of the pattern. Though testers used a combination of silk, alpaca and cashmere with great results.

SUGGESTED NEEDLES

- 3.25 mm [US 3] circular needles 16, 32/40 inches, 40, 80/100 cm **or** size to obtain gauge.

-

NOTE: Needle size is only a guide. If you get too many stitches on 4 inches / 10 cm, change to a larger needle size. If you get too few stitches on 4 inches / 10 cm, change to a smaller needle size.

NOTIONS

- Yarn needle to weave in ends and work hem.
- 10 Stitch markers
- Scrap yarn to place stitches on hold.
- Scissors or cutters to cut yarn.
- Measuring Tape

GAUGE

Correct gauge is important to get the same finished measurements as listed in the pattern.

28 sts and 40 rows = 4 inches / 10 cm in 2x2 rib on 3.25 mm [US 3] needles, blocked.

ABOUT THIS PATTERN

Sizes are separated by parentheses, so you can interpret them as size XS (size S) size M (size L) size XL (size 2XL) size 3XL (size 4XL). For example when you see "CO 2 (3) 4 (5) 6 (7) 8 stitches" this means that size XS should cast on 2 stitches, size S should cast on 3 stitches, size M should cast on 4 stitches, and so on.

The pattern has options to work this as a top or a dress. The samples shown are worked according to the pattern.

MEASUREMENTS

FINISHED GARMENT MEASUREMENTS

- a. **BUST:** 25 (29.5) 32 (36.5) 39 (43.5) 48 (52.5) inches / 64 (75) 81 (93) 99 (110.5) 122 (133.5) cm finished bust measurement. Garment is intended to be worn with 3-7 inches / 7.5-18 cm of negative ease built in.
- b. **HIPS:** 30 (34.5) 37 (41) 43.5 (48) 52.5 (57) inches / 76 (88) 93 (104) 110 (122) 133.5 (145) cm.
- c. **LENGTH (top):** 23 (23.25) 23.5 (23.75) 24 (24.25) 24.5 (24.75) / 58.5 (59) 59.5 (60.5) 61 (61.5) 62 (63) cm.
- d. **LENGTH (dress):** 35.5 (35.75) 36 (36.5) 37 (37.5) 37.75 (38) inches / 90 (91) 92 (93) 94 (95) 96 (97) cm.

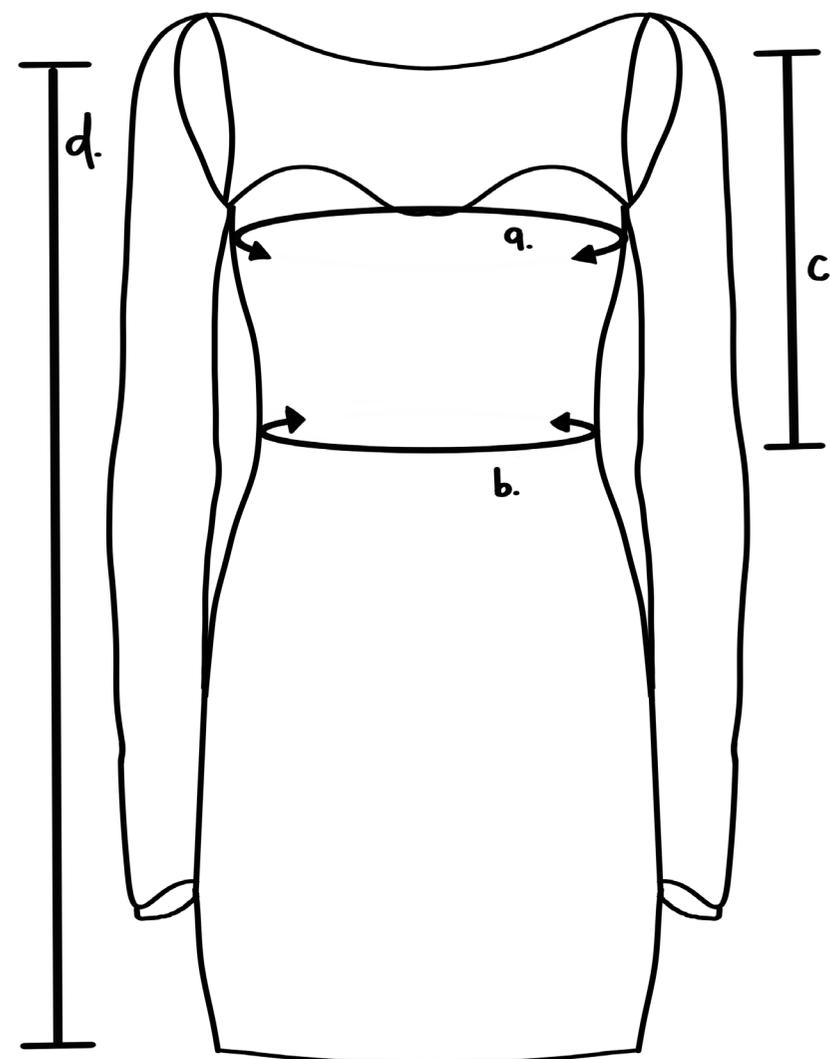
SIZE GUIDE

The Sweetheart Revenge Dress is intended to be worn with a negative ease of approximately 3 - 7 inches / 7.5 - 18 cm at the bust. The sizes are based on a bust circumference of approximately 28-30 (32-34) 36-38 (40-42) 44-46 (48-50) 52-54, (56-58) inches / 71-76 (81-86) 91.5-96.5 (101.5-106.5) 111.5-117 (122-127) 132-137 (142-147) cm.

Measure yourself before beginning to ensure that you choose the right size. For example: Your bust circumference is 32 - 3 = 29 inches [81 cm - 7.5 cm = 73.5 cm] i.e. work a size S.

Because of the stretchy nature of ribbing, sizing for this dress is flexible. You may be able to go down in size order to achieve preferred fit. The more negative ease you choose, the more fitted the dress will be.

To see more versions of The SWEETHEART REVENGE dress top, you can have a look at my highlights on [Instagram](#).



SHARE

I always love seeing everyone's creations, so please feel free to share by tagging below.

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CONSTRUCTION

The Sweetheart Revenge Dress is worked from the top down, beginning with the back neck and then working down to the armholes. Stitches are then cast on for the front and joined in the round. Short rows, a rib design pattern and hip increases create a classic silhouette, with sleeves picked up and worked in the round.

NOTES

RIB PATTERN

The pattern is worked in a 2x2 rib pattern. When worked flat, it is worked as follows:

RS: *k2, p2*

WS: *p2, k2*

When working in the round, the work will always be working on the RS. As sts are increased/decreased, there will be irregularities. Continue to work sts as they appear (i.e knit the knits and purl the purls). This can also be written as 'work in pattern' or 'work'. Because of the uneven distribution of sts for the front and back when working in the round, your rounds may begin as

(RS): *k2, p2*

(RS): *p2, k2*

(RS): k1, *p2, k2* to the last st, k1.

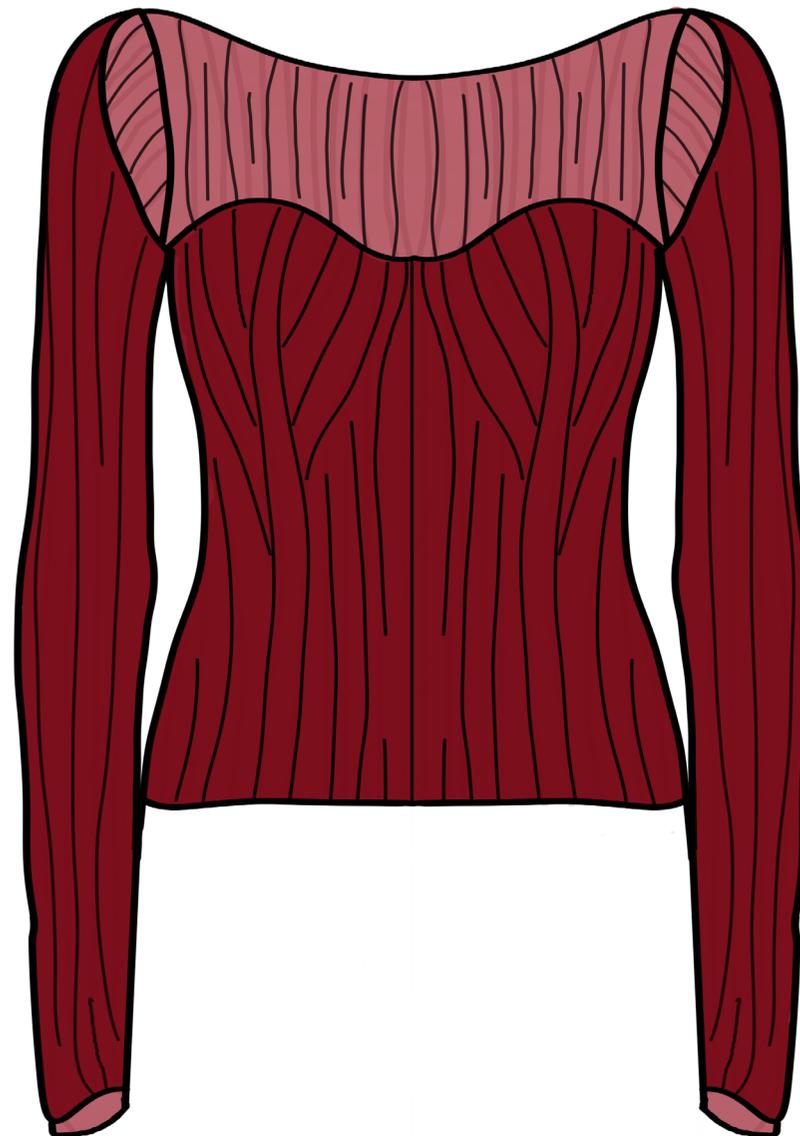
MARKERS

Markers are used throughout the pattern extensively to help work the short rows and the front design. I suggest using a BOR marker that is unique to other markers as it is moved around.

KNITTED CO

Knitted CO is preferred as it makes it easier to pick up sts later. When working this to join your fronts, turn your work with the WS facing, then CO. See [Video Tutorial: Knitted CO](#)

The SWEETHEART REVENGE Top



ABBREVIATIONS AND TECHNIQUES

k: knit

p: purl

st(s): stitches

RS: right side

WS: wrong side

BOR: Beginning of round

LSM: Left Side Marker (when wearing)

RSM: Right Side Marker (when wearing)

SM: slip marker

CO: cast on

PM: place marker

sl1pwyif: slip 1 stitch onto the right needle p wise with working yarn in front.

***_*:** repeat from * to *

LHN: left hand needle

RHN: right hand needle

INCREASES

M1R: With your LHN, pick up the bar between sts from back to front and knit through the front loop. (right leaning k increase)

M1L: With your LHN, pick up the bar between sts from front to back and knit through the back loop. (left leaning k increase)

M1Rp: With your LHN, pick up the bar between sts from back to front and purl through the front loop. (right leaning p increase)

M1Lp: With your LHN, pick up the bar between sts from front to back and purl through the back loop. (left leaning p increase)

DECREASES

ssp: slip the next 2 sts k wise, move these two sts back to the left needle. Insert the right needle into these two sts through their back loops and p these two sts together. (right leaning p decrease)

ssk: Slip one st k wise, then slip a second st k wise. Insert left needle through the front of both slipped stitches from left to right and k these two sts together. (left leaning k decrease)

K2tog: Insert right needle through 2 sts k wise, and k them together. (right leaning k decrease)

P2tog: Insert right needle through the next 2 sts p wise, and p them together. (left leaning p decrease)

MARKER PLACEMENT

Markers are placed along the sides and fronts to work the Rib Design. If possible, I suggest keeping the front markers unique to the side markers. Each of the front markers are numbered (M1, M2, M3 etc...) to make it easier to keep track.

Knitted CO: with the WS sts facing you,

1. Place your RHN needle in the first st k wise.
2. Wrap the working yarn around the RHN as if to k.
3. Work a st but keep it on the RHN.
4. Bring the LHN up and place the st on the LHN.
5. Remove the RHN from the st.
6. Repeat from 1-5.

PATTERN

BACK

CO **82 (98) 98 (106) 106 (114) 114 (122) sts** using any CO.

(RS): *k2, p2*, repeat from * to * to the last 2 sts, k2.

(WS): *p2, k2*, repeat from * to * to the last 2 sts, p2.

Work in pattern for **6 (6.25) 6.5 (6) 6.25 (5.75) 5 (4.5) inches / 15 (16) 16.5 (15) 16 (14.5) 12.5 (11.5) cm**, ending on a **WS** row.

ARMHOLE SHAPING

SIZES (L) XL (2XL) 3XL (4XL) ONLY:

INCREASE ROW 1 (RS): k2, m1L, *p2, k2*, repeat from * to * to the last 4 sts, p2, m1R, k2. (2 sts increased)

ROW 2 and all WS rows: work in pattern across (knitting the knits and purling the purls).

ROW 3: k2, m1L, k1, *p2, k2*, great from * to * to the last 5 sts, p2, k1, M1R, k2. (2 sts increased)

ROW 5: k2, m1Lp, *k2, p2* repeat from * to * to the last 4 sts, k2, m1Rp, k2. (2 sts increased)

ROW 7: k2, m1Lp, p1, *k2, p2* repeat from * to * to the last 5 sts, k2, p1, m1Rp, k2. (2 sts increased)

Repeat ROWS 1-8 another (0) 0 (1) 2 (3) more times.

82 (98) 98 (114) 114 (130) 138 (154) sts total.

JOINING IN THE ROUND

The first row will be worked to CO sts for the front and underarm. See NOTES for casting on.

CO ROUND: Work 82 (98) 98 (114) 114 (130) 138 (154) sts in pattern across the back sts, CO 94 (110) 126 (142) 158 (174) 198 (214) sts, **PM**, join your sts in the round, making sure not to twist sts. Note that the marker placed here will be removed in the next round.

176 (208) 224 (256) 272 (304) 336 (368) sts total.

For the first round, work in pattern and place markers to assist in working your short rows in this section. The distribution of the front and back sts will be uneven here, don't panic this is part of the design. Take note that the **mid front** marker will be straddled between two k sts.

Begin placing markers as follows:

MARKER ROUND:

Work in pattern for 88 (104) 112 (128) 136 (152) 168 (184) sts, **PM (RSM)**, work for 41 (49) 49 (57) 57 (65) 69 (77) sts, **PM (mid front)**,

work for 41 (49) 49 (57) 57 (65) 69 (77) sts, **PM (LSM)**.

work for 2 (2) 6 (6) 10 (10) 14 (14) sts, **PM**, this is your **new BOR marker**, and the next subsequent rounds will begin from here.

Remove the **old BOR marker**. You should have 4 markers total on your piece.

ROUND 2

Work to the first marker, **SM**, now begin the short rows below.

SHORT ROWS for RIGHT FRONT (when wearing)

STEP 1 (RS): work to 6 (7) 7 (7) 8 (8) 8 (8) sts before the mid front marker, turn.

STEP 2 (WS): sl1pwyif, pull, work to 6 (7) 7 (7) 8 (8) 8 (8) sts before the side marker, turn.

STEP 3 (RS): sl1pwyif, pull, work to 1 st after the previous double st, turn.

STEP 4 (WS): sl1pwyif, pull, work to 1 st after the previous double st, turn.

Repeat **STEP 3** and **4** another 4 (5) 5 (5) 6 (6) 6 (6) times, ending on a **WS row**.

STEP 5 will be the last short row worked for the **RIGHT FRONT (when wearing)**, and will continue across the row to the **LEFT FRONT (when wearing)**, where you will begin working short rows for that side.

(Step 5 cont'd on next page)

STEP 5 (RS): sl1pwyif, work to the mid front marker working your double sts as you go, **SM**, work to 6 (7) 7 (7) 8 (8) 8 (8) sts before the side marker, turn.

Now continue **SHORT ROWS for LEFT SIDE (when wearing)**

STEP 1 (WS): sl1pwyif, pull, work to 6 (7) 7 (7) 8 (8) 8 (8) sts before your mid front marker, turn.

STEP 2 (RS): sl1pwyif, pull, work to 1 st after the previous double st, turn.

STEP 3 (WS): sl1pwyif, pull, work to 1 st after the previous double st, turn.

Repeat **STEPS 2 and 3** another 4 (5) 5 (5) 6 (6) 6 (6) times, ending on a **WS row**.

STEP 4 (RS): sl1pwyif, pull, work to the end of the round. You will be at your **BOR marker**. You can now remove your side markers and mid front marker. Only the BOR marker will remain on your piece.



WITH RIB DESIGN

From here, you can choose to work the **RIB DESIGN**, or continue working in 2x2 Rib Pattern to the length desired for your **top** or **dress**.

Note: All of my testers chose to work the RIB DESIGN so unfortunately there are no photos. The Rib Pattern without the design will look similar to my Sweetheart Ribbed Top pattern (seen below).

Choose your preferred choice below:

1. To continue **with** the Rib Design for the **top or dress**, work for another 0.5 inches / 1.5 cm in pattern, in the round, measuring from the mid front. Now begin working the **RIB DESIGN** section.

2. To continue **without** the Rib Design, and to work for the **top** work in pattern, in the round until your piece measures 23 (23.25) 23.5 (23.75) 24 (24.25) 24.5 (24.75) / 58.5 (59) 59.5 (60.5) 61 (61.5) 62 (63) cm. cm, **or** desired length, measuring from the mid back neck to the bottom. Continue on to the **HEM BIND OFF** section.

3. To continue **without** the Rib Design, and to work for the **dress** work in pattern, in the round until your piece measures 16 (16.25) 16.5 (16.75) 17 (17.25) 17.5 (17.75) inches / 40.5 (41) 42 (42.5) 43 (43.75) 44.5 (45) cm, **or** desired length, measuring from the mid back neck to the bottom. Continue on to the **HIP SHAPING** section.



WITHOUT RIB DESIGN

RIB DESIGN

As you work the increases and decreases in this section, your st count will not change. The increases and decreases **in this section** are used for design purposes only and not for fit purposes. Continue to work sts as they appear i.e. k the k sts and p the p sts.

MARKER PLACEMENT

Markers are placed along the sides and fronts to work the Rib Design. If possible, I suggest keeping the front markers unique to the side markers. Each of the front markers are numbered (M1, M2, M3 etc...) to make it easier to keep track.

(RS):

Work in pattern for 90 (106) 114 (130) 138 (154) 170 (186) sts, **PM (RSM)**,
work for 2 (2) 6 (6) 10 (10) 14 (14) sts, **PM1**,
work 20 (24) 24 (28) 28 (32) 32 (36) sts, **PM2**,
k2 sts, **PM3**,
work 16 (20) 20 (24) 24 (28) 32 (36) sts, **PM4**,
work 6 sts, **PM5**,
work 16 (20) 20 (24) 24 (28) 32 (36) sts, **PM6**,
k2, **PM7**,
20 (24) 24 (28) 28 (32) 32 (36) sts, **PM8**,
work 2 (2) 6 (6) 10 (10) 14 (14), you will be at your **BOR marker**.

You should have 10 markers total, 1 BOR, 1 RSM, 8 front markers.

Marker placement after working RIB DESIGN.



BEGIN RIB DESIGN HERE

Below is each section to work in increases and decreases.

ROUND 1:

work to **RSM, SM**,
work to next marker, **M1R, SM1**, (1 st increase)
work to 2 sts before the next marker, **ssp, SM2**, (1 st decrease)
k2, **SM3**,
p2tog, work to next marker, **SM4**, (1 st decrease)
M1L, work to the next marker, **M1R, SM5**, (2 sts increased)
work to 2 sts before the next marker, **ssp, SM6**, (1 st decreased)
k2, **SM7**,
p2tog, work to next marker, **SM8** (1 st decreased)
M1L, work to the **BOR marker**. (1 st increased)

ROUND 2: Work sts as they appear for 1 round.

ROUND 3:

work to **RSM, SM**,
work to next marker, **M1R, SM1**, (1 st increased)
work to 2 sts before the next marker, **ssk, SM2**, (1 st decreased)
k2, **SM3**,
k2tog, work to next marker, **SM4**, (1 st decreased)
M1L, work to next marker, **M1R, SM5**, (2 sts increased)
work to 2 sts before the next marker, **ssk, SM6**, (1 st decreased)
k2, **SM7**,
k2tog, work to next marker, **SM8**, (1 st decreased)
M1L, work to the **BOR marker**. (1 st increased)

ROUND 4: Work sts as they appear for 1 round.

(ROUND 5-8 cont'd on next page)

ROUND 5:

work to **RSM, SM**,
 work to next marker, **M1Rp, SM1**, (1 st increased)
 work to 2 sts before the next marker, **ssk, SM2**, (1 st decreased)
 k2, **SM3**,
k2tog, work to next marker, **SM4**, (1 st decreased)
M1Lp, work to next marker, **M1Rp, SM5**, (2 sts increased)
 work to 2 sts before the next marker, **ssk, SM6**, (1 st decreased)
 k2, **SM7**,
k2tog, work to next marker, **SM8**, (1 st decreased)
M1Lp, work to the **BOR marker**. (1 st increased)

ROUND 6: Work sts as they appear for 1 round.

ROUND 7:

work to **RSM, SM**,
 work to next marker, **M1Rp, SM1**, (1 st increased)
 work to 2 sts before the next marker, **ssp, SM2**, (1 st decreased)
 k2, **SM3**,
p2tog, work to next marker, **SM4**, (1 st decreased)
M1Lp, work to the next marker, **M1Rp, SM5**, (2 sts increased)
 work to 2 sts before the next marker, **ssp, SM6**, (1 st decreased)
 k2, **SM7**,
p2tog, work to next marker, **SM8**, (1 st decreased)
M1Lp, work to the **BOR marker**. (1 st increased)

ROUND 8: Work in pattern for 1 round.

Repeat Rounds 1-8 **another** 2 (3) 3 (4) 4 (5) 6 (7) times. When you have completed the Rib Design, you can remove the markers along the front but keep your BOR/LSM and RSM on. These will be used later for the hip shaping.

Continue to work in pattern, in the round until your piece measures 16 (16.25) 16.5 (16.75) 17 (17.25) 17.5 (17.75) inches / 40.5 (41) 42 (42.5) 43 (43.75) 44.5 (45) cm, measuring from the mid back neck to the bottom. To continue working as a dress, work the **HIP SHAPING** section.

TOP

If you decide to keep this a top, you can continue working the above to desired length, then continue on to the **HEM BIND OFF** section.

HIP SHAPING

BEFORE BEGINNING: Move the BOR marker and RSM marker one st towards the back. Both sts should be straddled between two k sts. This will evenly distribute the front and back sts.

Now increase the sts for the hips as follows:

INCREASES

ROUND 1: *work in pattern to 1 st before the marker, m1R, k1, SM, k1, m1L*, repeat from * to * once more, work in pattern to the end of the round. (4 sts increased)

ROUNDS 2 - 9: Work in pattern.

ROUND 10: Repeat ROUND 1. (4 sts increased)

ROUNDS 11 - 18: Work in pattern.

ROUND 19: *Work in pattern to 1 st before the marker, m1Rp, k1, SM, k1, m1Lp*, repeat from * to * once more, work in pattern to the end of the round. (4 sts increased)

ROUNDS 20 - 27: Work in pattern.

ROUND 28: Repeat ROUND 19. (4 sts increased)

ROUNDS 29 - 36: Work in pattern.

Repeat ROUNDS 1-36 once more.

208 (240) 256 (288) 304 (336) 368 (400) sts total.

DRESS SPLIT (optional)

Working the dress split is optional. Depending on your desired length, try on your dress to decide how far down and where you want the split to begin. I chose the split along the left leg as a preference. Make the split so that two k sts will be at the beginning and end of your row as your work back and forth. To begin your split, work as follows:

(WS): p1, *k2, p2* to the last 3 sts, k2, p1.

(RS): k1, *p2, k2* to the last 3 sts, p2, k1.

Repeat these 2 rows until your dress measures the length shown under **DRESS BODY**.

**DRESS BODY**

Continue working without shaping until your dress measures 35.5 (35.75) 36 (36.5) 37 (37.5) 37.75 (38) inches / 90 (91) 92 (93) 94 (95) 96 (97) cm measuring from the mid neck to the hem, **or** your desired length.

HEM BIND OFF

2x2 rib bind off: https://youtu.be/YCY_2oxi_vA?t=280

Work in 2x2 rib bind off. I prefer a tubular bind off but you can choose to work an invisible bind off also.

STRAPS

Along the CO edge, pick up and k 3 sts from each corner. Work these 3 sts in stockinette st until your strap reaches **6 (6.25) 6.5 (6.75) 7 (7.25) 7.5 (7.75) inches / 15 (15.75) 16.5 (17) (17.75) 18.5 (19) cm**.

To seam down, I suggest seaming down in line with k sts along the front, next to where you finished working your short rows along the bust.*

** Some testers adjusted where they seamed their strap on the front depending on personal preference. e.g you can seam your straps closer to the mid front for more coverage or to have more room to cover bra straps.*



SLEEVES

You can choose to work your sleeves long or short. Sleeves are picked up and shaped using short rows. This is worked back and forth before working in the round. Sts are picked up at a rate of 2 sts every 3 rows. You will need 4 markers total: BOR x1, Top Shoulder x1, Short Row x2, make them unique to one another.

PICK UP ROUND: To pick up evenly around the sleeve, begin at the mid underarm, pick up and k 42 (42) 48 (54) 58 (58) 64 (66) sts along the first half of the sleeve, **PM (top shoulder)**, pick up and k 42 (42) 48 (54) 58 (58) 64 (66) along the second half, **PM (BOR marker)**.
84 (84) 96 (108) 116 (116) 128 (132) sts total.

ROUND 1: k1, *p2, k2* , repeat from * to * until the last 3 sts, p2, k1.

SHORT ROW MARKERS

Place markers 12 (13) 13 (14) 14 (14) 15 (16) sts away from the Top Shoulder on each side (make sure they are removable markers). These markers will be where you work your short rows.

The top marker can be removed.

ROUND 2: For this round you will work Short Rows back and forth as well as maintaining the ribbing pattern. Begin by working in pattern to the first short row marker, **SM**, work in pattern to the second short row marker, **SM**, work 1 st, turn.

Now work **SHORT ROWS** as follows:

STEP 1 (WS): sl1wyif, pull yarn, bring yarn to the front and work to the next short row marker, **SM**, work 1 st, turn.

STEP 2 (RS): sl1wyif, pull yarn, work to the next short row marker, **SM**, work 2 sts, turn.

STEP 3 (WS): sl1wyif, pull yarn, bring yarn to the front and work to the next short row marker, **SM**, work 2 sts, turn.

STEP 4 (RS): sl1wyif, pull yarn, work to the next short row marker, **SM**, work 3 sts, turn.

Continue in this manner, working 1 st after each double st until you have 5 (5) 5 (5) 7 (7) 7 (7) sts remaining before the BOR marker, ending on a WS.

(RS): sl1wyif, pull yarn, work to the end of round. Continue on to the **BIND OFF** section.

Long sleeve instructions on next page.



From here, you can bind off or continue working in the round to desired length to make a cap/short sleeve, or continue with long sleeves as below:

LONG SLEEVE

Work in pattern in the round for 5 rounds, begin decreases as follows:

DEC ROUND 1: k1, p2tog, work to 3 sts before the end, ssp, k1.

(2 sts decreased)

Work 7 (7) 5 (4) 4 (4) 3 (3) rounds in pattern.

DEC ROUND 2: k1, k2tog, work to 3 sts before the end, ssk, k1.

(2 sts decreased)

Work 7 (7) 5 (4) 4 (4) 3 (3) rounds in pattern.

DEC ROUND 3: k1, k2tog, work to 3 sts before the end, ssk, k1.

(2 sts decreased)

Work 7 (7) 5 (4) 4 (4) 3 (3) rounds in pattern.

DEC ROUND 4: k1, p2tog, work to 3 sts before the end, ssp, k1.

(2 sts decreased)

Work 7 (7) 5 (4) 4 (4) 3 (3) rounds in pattern.

Repeat these rounds another 4 (4) 5 (6) 7 (7) 8 (8) more times. When you've completed these repeats, try on to see if the sleeve is at the length you prefer. If not, continue working in pattern in the round without shaping.

44 (44) 48 (52) 52 (52) 56 (60) sts total.

BIND OFF

Bind off using a invisible bind off, or any desired bind off.

2x2 rib bind off: <https://youtu.be/mvqp8R02RQA?t=611>

FINISHING

Weave in any loose ends, wash and block according to the instructions on your ball/skein. Line up the front and back of your hem to match, and gently tug along the edges to even out the armhole and neck.



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Happy knitting!