

Knitting for Olive



Ruffle Romper and Ruffle Dress: with and without sleeves

Sizes: Romper: 3 (6-9, 12-18 months // 2-2.5) years; Dress: 3 (6-9, 12-18 months // 2, 4, 6) years

Finished Measurements: Romper: length (from shoulder to crotch) 37 (41, 45 // 48) cm [14½ (16¼, 17¾ // 19)]"; Dress: length (from shoulder to hem) 34 (36, 40 // 44, 50, 58) cm [13½ (14¼, 15¾ // 17¼, 19¾, 22¾)]"

Yarn: Knitting for Olive Cotton meets Merino *or* Cotton hint of Cashmere *or* Merino *or* Merino lots of Cashmere *or* Pure Silk fingering weight yarn, approx. 500 m [547 yd] per 100 g [3.5 oz]; Sleeveless Romper: 100 (100, 150 // 150) g [3.5 (3.5, 5.3 // 5.3)] oz; Romper with sleeves: 100 (150, 150 // 200) g [3.5 (5.3, 5.3 // 7)] oz; Sleeveless Dress: 100 (150, 150 // 200, 200, 250) g [3.5 (5.3, 5.3 // 7, 7, 9)] oz; Dress with Sleeves 100 (150, 200 // 200, 250, 300) g [3.5 (5.3, 7 // 7, 9, 10.6)] oz

Sleeveless Romper sample is in size 3 months, in Knitting for Olive Cotton meets Merino, Mushroom Rose colorway; Romper with sleeves sample is in size 3 months, in Knitting for Olive Merino lots of Cashmere, Rose Clay colorway; Dress sample is in size 3 months, in Knitting for Olive Cotton hint of Cashmere, Soft Salmon colorway

Needles: 2.5 mm / US1 and 3 mm / US2.5 circular needles and double-pointed needles or size to obtain gauge

Gauge: 28 sts and 38 rows = 10 cm [4"] in st st with 3 mm needles

Notions: stitch markers, waste yarn or stitch holders, tapestry needle, crochet hook, 12 mm [½"] diameter buttons (5 buttons for Romper, 1 button for Dress), sewing needle and thread for attaching buttons

Special techniques: This pattern calls for the German Short-Row technique, but you can use any short-row technique. A tutorial for German Short-Rows can be found here:

https://www.youtube.com/watch?v=i_6PjI20zKA

A tutorial on how to make a crochet button loop can be found here:

<https://www.youtube.com/watch?v=aSAaVr3BGIU>

Construction notes

Perfect for all seasons and for any girl from babyhood to school years, this versatile top - a Romper in 4 sizes and a Dress in 6 sizes, all in one pattern - features a cute ruffle gracefully encircling the yoke line. This knit is the right garment everyday: the comfortable fit makes it suitable for a play-date, and the dressy look makes it appropriate for a special occasion too. Knit it sleeveless for the warmer seasons, and with $\frac{3}{4}$ length sleeves for the cold months - take advantage of all the different options that this pattern offers! And if you feel like playing and matching yarn colors, make the ruffle in a contrasting colorway.

Top-down and seamless, the Ruffle Romper and Dress are knit back and forth to the beginning of the armhole to create a back opening fastened with a crocheted button loop. The piece is then worked in the round, and you can either choose to make a dress or a romper, with or without sleeves. Body shaping both in the dress version and the romper, gives the garment a full silhouette. The romper is further shaped with short-rows to allow for diaper use as well as diaper change. The ruffle is knit in the round on stitches picked up from a foundation round, and increased to give this knit that playful, frilly look.

Romper and Dress: Yoke

With 2.5 mm / US2 needle, cast on 69 (69, 85 // 85, 101, 117) sts

Note: the yoke is knitted back and forth in rows. To finish the back opening edges, slip the first st purlwise and work the last st as k1 on each row

Set-up Row (WS): Sl1p, k8 (8, 10// 10, 12, 14), pm, k17 (17, 21 // 21, 25, 29), pm, k17 (17, 21 // 21, 25, 29), pm, k17 (17, 21 // 21, 25, 29), pm, k to end of row

Row 1: Sl1p, p to last st, k1

Row 2: Sl1p, k to last st

Sizes 4 and 6 years only

Repeat Row 1 one more time

All sizes

Repeat Row 2 two (2, 2 // 2, 3, 3) more times

Raglan shaping

Change to 3 mm / US2.5 needle

Note: maintain edge finish for back opening by slipping first st purlwise and working the last st as k1 on each row

Inc Row (RS): Sl1p, *k to 1 st before marker, m1, k1, sm, k1, m1; repeat from * 3 more times, k to end of row [8 sts increased]

= 77 (77, 93// 93, 109, 125) sts

Next Row (WS): Sl1p, p to last st, k1

Repeat Inc Row and Next Row until you have 117 (133, 149 // 165, 197, 229) sts ending with a WS row [40 (56, 56 // 72, 88, 104) sts increased]

Join work in the round, and continue raglan shaping

Joining Round: with RS facing, sl last st from right hand needle to left needle, pm for BOR, and join work in the round. K2tog, k to end of round [1 st decreased]

= 116 (132, 148 // 164, 196, 228) sts

Round 1 (inc round): *K to 1 st before marker, m1, k1, sm, k1, m1; repeat from * 3 more times, k to end of round [8 sts increased]

= 124 (140, 156 // 172, 204, 236) sts

Round 2: K to end of round

Round 3: repeat Round 1

= 132 (148, 164 // 180, 212, 244) sts

Round 4: repeat Round 2

Round 5: P to end of round (Round 5 creates the foundation ruffle sts to be picked up and knitted later)

Round 6: repeat Round 1

=140 (156, 172, 188, 220, 252) sts

Round 7-8: repeat Rounds 5-6

=148 (164, 180 // 196, 228, 260) sts

Round 9: repeat Round 5

Round 10 (inc round): *P to 1 st before marker, m1, p1, sm, p1, m1; repeat from * 3 more times, p to end of round [8 sts increased]

= 156 (172, 188 // 204, 236, 268) sts

Round 11: rep Round 5

Continue below for sleeveless option, or skip over to option with sleeves

Romper and Dress: Sleeveless

Armhole and body shaping round: *(k1, m1) to 1 st before marker, k1, BO next 39 (43, 47 // 51, 59, 67) sleeve sts; repeat from * one more time, (k1, m1) to BOR marker
= 154 (170, 186 // 202, 234, 266) sts

Break yarn

Note: Armhole shaping continues on front and back separately, and is worked back and forth in rows. To finish the armhole edges, slip the first st purlwise and work the last st as k1 on each row

Back armhole shaping

Slip 39 (43, 47 // 51, 59, 67) back sts (keeping BOR marker in place) to right hand needle

= 77 (85, 93 // 101, 117, 133) sts

With WS facing, join yarn

Row 1 (WS): Sl1p, p to last st, k1

Inc Row (RS): Sl1p, k1, m1, k to last 2 sts, m1, k2 [2 sts increased]

= 79 (87, 95 // 103, 119, 135) sts

Repeat Row 1 and Inc Row 3 (4, 4 // 4, 2, 2) more times

= 85 (95, 103 // 111, 123, 139) sts

Next Row (inc row) (WS): sl1p, p to last st and *AT THE SAME TIME* work one m1 st [1 st increased]

= 86 (96, 104 // 112, 124, 140) sts

Break yarn

Front armhole shaping

Work armhole shaping on 77 (85, 93 // 101, 117, 133) front sts the same as for back

= 86 (96, 104 // 112, 124, 140) sts

Break yarn

Join front and back in the round at underarm

With RS facing, slip 43 (48, 52 // 56, 62, 70) back sts to left hand needle, leaving BOR marker on right hand needle

Join yarn, and work 1 round even

= 172 (192, 208 // 224, 248, 280) sts

Continue with appropriate instructions for Romper and Dress: with sleeves or sleeveless

Romper and Dress: with sleeves

Raglan and body shaping

Set-up Round (inc round): (k1, m1) to 1 st before marker, k1, (= half back sts); sm, k1, m1, k 37 (41, 45 // 49, 57, 65) sts, m1, k1, (=sleeve sts); sm, (k1, m1) to 1 st before marker, k1, (= front sts); sm, k1, m1, k 37 (41, 45 // 49, 57, 65) sts, m1, k1, (sleeve sts); sm, (k1, m1) to BOR marker (= half back sts) [80 (88, 96 // 104, 120, 136) sts increased]

= 236 (260, 284 // 308, 356, 404) sts

Next Round: K to end of round

Inc Round: *K to 1 st before marker, m1, k1, sm, k1, m1; repeat from * 3 more times, k to end of round [8 sts increased]

= 244 (268, 292 // 316, 364, 412) sts

Work in the round in st st repeating last two rounds 3 (4, 4 // 4, 2, 2) more times, ending with an Inc Round [24, (32, 32 // 32, 16, 16) sts increased]

= 268 (300, 324 // 348, 380, 428) sts

Divide body and sleeves

Dividing Round: K to marker, place next 49 (55, 59 // 63, 67, 75) sleeve sts on waste yarn, m1, k to marker, place next 49 (55, 59 // 63, 67, 75) sleeve sts on waste yarn, m1, k to end of round

= 172 (192, 208 // 224, 248, 280) sts

Leave sleeve sts on hold on waste yarn to be worked after piece is completed, and continue with appropriate instructions for either Romper or Dress

Romper

Work even until piece measures 28 (32, 36 // 39) cm / [11 (12½, 17¼ // 15¼)" from shoulder

= 172 (192, 208 // 224) sts

Short-row shaping

Short-Row 1: K11 (12, 13 // 14) t&w

Short-Row 2: P22 (24, 26 // 28), t&w

Short-Row 3: K33 (36, 39 // 42), t&w

Short-Row 4: P44 (48, 52 // 56), t&w

Short-Row 5: K55 (60, 65 // 70), t&w

Short-Row 6: P66 (72, 78 // 84), t&w

Short-Row 7: K77 (84, 91 // 98), t&w

Short-Row 8: P88 (96, 104 // 112), t&w

Short-Row 9: K44 (48, 52 // 56) to BOR marker

Work 1 round even

Break yarn

Crotch shaping

Set-up Round: Slip 20 (21, 22 // 22) back flap sts to right hand needle, place next 52 (60, 66 // 74) side sts on waste yarn, slip 28 (30, 32 // 32) front flap sts to right hand needle, place next 52 (60, 66 // 74) side sts on waste yarn

Note: crotch shaping continues on front flap and back flap separately, and is worked back and forth in rows in st st

Back flap

With 3mm/ US2.5 needle, join yarn

= 40 (42, 44 // 44) sts

Dec Row (RS): K1, k2tog, k to last 3 sts, sl1k, k1, pssso, k1 [2 sts decreased]

Repeat Dec Row every other row 10 more times, ending with a RS row [20 sts decreased]

= 18 (20, 22 // 22) sts

Work 2 rows even
Change to 2.5 mm / US2 needle
Work next 7 rows in garter st, ending with a WS row
Bind off all sts

Front flap

With 3mm / US 2.5 needle, join yarn

= 28 (30, 32 // 32) sts

Dec Row (RS): K1, k2tog, k to last 3 sts, sl1k, k1, pssso, k1 [2 sts decreased]

Repeat Dec Row every other row 4 more times, ending with a RS row [8 sts decreased]

= 18 (20, 22 // 22) sts

Work next 16 rows even, ending with a RS row

Change to 2.5 mm / US2 needle

Work next 7 rows in garter st, and *AT THE SAME TIME* work 2 evenly spaced buttonholes (k2tog, yo) on the 4th row, ending with a WS row

Bind off all sts

Leg opening edges

Right leg opening

Transfer 52 (60, 66 // 74) right side sts from waste yarn onto 2.5 mm / US2 needle

With RS facing and 2.5 mm / US2 needle, beginning at bottom right edge of back flap, pick up and knit 20 sts along the back flap edge, ending at side sts on needle; k2tog across side sts; pick up and knit 20 sts along right edge of front flap

= 66 (70, 73 // 77) sts

Next Row (WS): K 1 to end of row

Next Row (RS): K to last 3 sts, work one buttonhole (yo, sl1k, k1, pssso), k1

Work next 3 rows in garter st, ending with a WS row

Bind off all sts

Left leg opening

Transfer 52 (60, 66 // 74) left side sts from scrap yarn onto 2.5 mm / US 2 needle

With RS facing and 2.5 mm / US2 needle, beginning at bottom left edge of front flap, pick up and knit 20 sts along the front flap edge, ending at side sts on needle; k2tog across side sts; pick up and knit 20 sts along left edge of back flap

= 66 (70, 73 // 77) sts

Next Row (WS): K 1 to end of row

Next Row (RS): K1, work one buttonhole (yo, sl1k, k1, pssso), k to end

Work next 3 rows in garter st, ending with a WS row

Bind off all sts

Dress

Work 4 rounds even

= 172 (192, 208 // 224, 248, 280) sts

Shape skirt

Inc round: K to end of round, and *AT THE SAME TIME* work 8 (8, 2 // 6, 2, 0) m1 sts evenly distributed across

= 180 (200, 210 // 230, 250, 280) sts

Work next 4 rounds even

Set-up Round: *K 18 (20, 21 // 23, 25, 28), pm; repeat from * to end of round
Inc Round: *K1, m1, k to 1 st before marker, m1, k1; repeat from * to end of round [20 sts increased]
Repeat Inc Round every 20 rounds until dress measures 34 (36, 40 // 44, 50, 58) cm [13½ (14¼, 15¾ // 17¼, 19¾, 22¾)]" from shoulder – or until desired length
= 300 (320, 350 // 390, 430, 500) sts
Round 1: P to end of round
Round 2: K to end of round
Round 3: repeat Round 1
Bind off all sts

Sleeves (for both romper and dress)

Transfer 49 (55, 59 // 63, 67, 75) sleeve sts from waste yarn onto 3 mm / US 2.5 double-pointed needles, place BOR marker at center of underarm, and join for working in the round in st st
Dec Round: K1, k2tog, k to last 3 sts, sl1k, k1, pss0, k1 [2 sts decreased]
Work next 5 (5, 7 // 9, 9, 9) rounds even
Repeat Dec Round every 5 (5, 7 // 9, 9, 9) rounds [10 (12, 12 // 10, 12, 18) sts decreased]
= 37 (41, 45 // 51, 53, 55) sts
Work even until sleeve measures 11 (13, 16 // 20, 23, 26) cm [4¼ (5, 6¼ // 7¾, 9, 10¼)]" – or until desired length
Next Round (dec round): work 1 round even, and *AT THE SAME TIME* work 0 (0, 0 // 4, 4, 4) k2tog sts evenly distributed across [0 (0, 0 // 4, 4, 4) sts decreased]
= 37 (41, 45 // 47, 49, 51) sts
Change to 2.5 mm / US2 needles
Round 1: P to end of round
Round 2: K to end of round
Round 3-6: repeat Round 1
Bind off all sts purlwise

Ruffle

With RS facing, turn the garment bottom up, so the yoke is wrong side down, and locate the foundation round of purl stitches. There are lower and upper arched bumps formed by the purl stitches: to pick up stitches, insert 3 mm / US2.5 needle under the lower bump of each stitch, to ensure that no purl stitches are visible on the finished garment. Beginning at the center back opening, pick up and knit 1 st in each lower purl bump, place BOR marker and join to work in the round in st st
= 132 (148, 164 // 180, 212, 244) sts
Round 1 (inc round): (k1, m1) across
= 264 (296, 328 // 360, 424, 488) sts
Round 2: K to end
Round 3 (inc round): K1, *m1, k2; repeat from * to one st before marker, m1, k1
= 395 (443, 491 // 539, 635, 731) sts
Work even until the ruffles measure 3 (3.5, 4 // 4, 5, 5) cm [1¼ (1½, 1½ // 1¼, 2)]" – or until desired length
Bind off loosely knitwise

Finishing

Button loop

Join yarn to top right hand corner of back opening, and with a crochet hook, make a chain long enough to enclose your button of choice. Attach the last chain st of the crochet loop to the back opening edge approx. 1 cm [$\frac{1}{4}$ "] below the beginning point

Break yarn

Weave in all ends, and sew buttons on left side of back opening and back flap of Romper, opposite buttonholes. Block

We hope you enjoy knitting the Ruffle Romper and Ruffle Dress!

We would love to see your finished projects! If you would like to share your work with us on Instagram, please use the hashtag #knittingforolive or tag us @knittingforolive

Abbreviations

Approx. - approximately

BOR – beginning of round / row

St/sts – stitch/stitches

St st – stockinette stitch

K – knit

P – purl

T&w – turn and work double stitch (for German short-row technique)

Sl1k – slip 1 stitch knitwise

Sl1p – slip 1 stitch purlwise

PssO – pass slipped stitch over

Tbl – through the back loop

Pm – place marker

Sm – slip marker

K2tog - knit 2 stitches together [1 stitch decreased]

M1 - make 1 new stitch: insert left hand needle, from front to back, under the bar between last stitch on left hand needle and first stitch on right hand needle, and knit this stitch through the back loop [1 stitch increased]

Inc – increase

Dec – decrease

RS - right side

WS - wrong side