

Roma Cardigan



MOCHI KNITS

About the Roma cardigan:

The Roma Cardigan is worked from the top down in a slipped stockinette stitch pattern. First, the shoulders are shaped with increases, then the yoke is worked to the armholes. The fronts and back are joined and worked to the desired length. Sleeves are worked with short rows.

Sizes:

(1) 2 (3) 4 (5) 6 (7)

Bust circumference:

(82) 87 (92) 98 (108) 116 (126) cm

(32,6) 34,2 (36,2) 38,5 (42,5) 45,6 (49,6) "

To select your size, I recommend measuring your bust-line at the largest point and comparing that number with the finished garment measurements, keeping in mind the amount of ease you prefer.

The Roma cardigan is designed to have approximately 15 y 17 cm / 5,9 -6,6 " positive ease.

The model is wearing size 1 with 15 cm/5,9 " of positive ease.

Finished Garment Measurements:

A: Total Length:

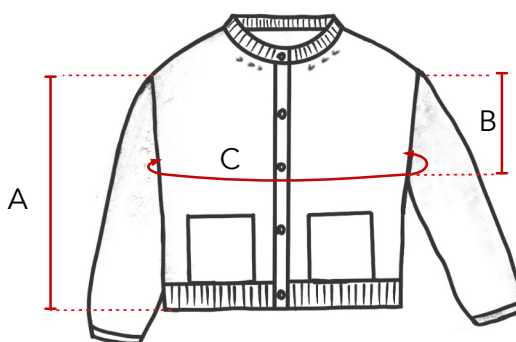
(45) 48 (50,5) 53,5 (55,5) 58,5 (61) cm
(17,7) 18,8 (19,8) 21 (21,8) 23 (24) "

B: Armhole depth:

(18) 19 (19,5) 20,5 (20,5) 21,5 (22) cm
(7) 7,4 (7,6) 8 (8) 8,4 (8,6) "

C: Bust circumference:

(98,5) 102,5 (110) 116,5 (125) 133 (141,5) cm
(38,7) 40,3 (43,3) 45,8 (49) 52,3 (55) "



Recommended needles:

Circular needles: 5 mm/US 8 (body) , 4 mm (body rib)
3.5 mm/US 4 (button band), 3 mm/ US 2.5 (collar).

Gauge:

21 sts x 36 rows = 10x10 cm / 4 " (blocked).

On 5 mm/US 8 needle, or size needed to obtain gauge.
In slipped stockinette stitch.

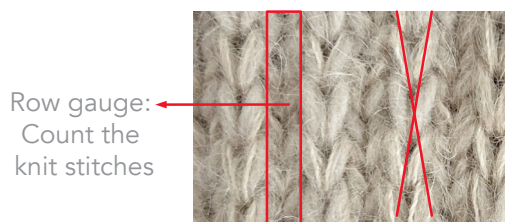
Row 1 (RS): *SL1 with yarn in back, K1* rep from * to * to end.

Row 2 (WS): P to end.

See slipped stockinette stitch video on page 2.

Important!

When checking row gauge, count the knit stitches, not the slipped sts. Knitting a gauge swatch larger than 10 cm/4" is recommended to ensure you have sufficient fabric to count your stitches.



Additional Materials:

Stitch markers
3 mm crochet hook.
5 20 mm buttons.
1 15 mm button (collar)
Clear elastic thread for finishing.



Yarn:

The finest suri by My knitted closet.

50 g = 125 meters.

53% alpaca suri, 27% silk 20% cotton.

(390) 430 (460) 500 (540) 600 (650) grams.

A longer garment will require more yarn.

Abbreviations

CO:	Cast-on.	M1LP:	Left-leaning purl wise increase, lift the thread between the two needles from front to back, purl through the back loop.
St (s):	Stitch (es).	K2tog:	Basic decrease, knit 2 sts together.
K:	Knit.	P2tog:	Basic twisted purl wise decrease, purl 2 sts
P:	Purl.	SSK:	Basic decrease, slip, slip, K2 together through the back loop.
RS:	Right side.	SL1:	Slip 1 st as if to purl with yarn in back.
WS:	Wrong side.	SL1 WYIF:	Slip 1 st as if to purl with yarn in front.
Rep:	Repeat.	YO:	Yarn over.
M1R:	Right-leaning increase: lift the thread between the two needles from back to front and knit.	M:	Marker.
M1L:	Left-leaning increase: lift the thread between the two needles from front to back and knit through the back loop.	SL M:	Slip marker.
M1RP:	Right-leaning purlwise increase, lift the thread between the two needles from back to front, purl through the front loop to twist.		

Helpful Videos:

Slipped stockinette stitch:

<https://youtu.be/tXObYYEJ1bw>

Long tail cast on method:

<https://youtu.be/DanPQQRalhw>

Pick up sts with the short tail (shoulders):

<https://youtu.be/wRk464eQWic>

M1L M1R M1LP M1RP increases:

<https://youtu.be/JfaJ8lyWQEE>

Backwards loop cast-on:

https://www.youtube.com/shorts/1wsWG5wf_FQ

Italian bind-off::

https://www.youtube.com/shorts/r_YaH9GBX54

German short rows (sleeves):

<https://youtu.be/HMfPwCjj5Dc>

Buttonband- Italian cast-on:

<https://youtu.be/WpyjYpLkFf8>

Buttonholes-buttonband:

<https://youtu.be/A2daDVN1oSw>

Buttonhole collar:

https://youtu.be/hLQ9yOI_U0M

Seaming the collar:

<https://youtu.be/KsuYmz5MWtQ>

Hem pockets:

<https://youtu.be/59U8GbfSYqw>

Sew pockets:

https://youtu.be/SpT78yuJM_E



Before you begin, check to make sure you're working your knit and purl stitches the traditional way so the increases appear correctly. <https://youtu.be/E8b5kzHFUAE>

Needle sizes indicated are based on the pattern's specified gauge; if you had to change needle size to get gauge, use that size and not the one indicated in the pattern.

Back shoulders:

With 5 mm/US 8 needles and using the long tail cast-on method (see video on page 2), (35) 35 (35) 37 (39) 39 (41) sts.

Work the shoulder increases as follows:

Note!

To make the increases, if you see the strand from the slipped stitch between the stitches, lift that and make the increase as usual.

Row 1 (WS): P to end.

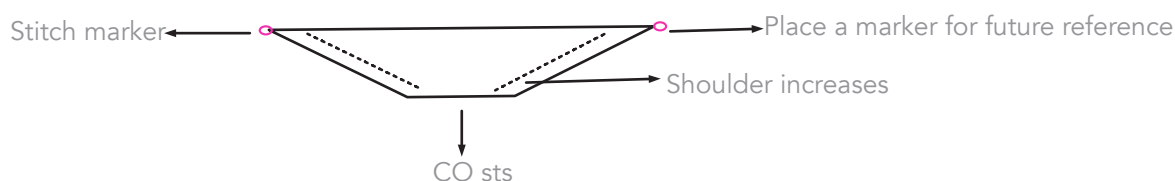
Row 2 (RS): K1, SL1, K1, SL1, **M1R**, *K1, SL1 * rep from * to * to last 5 sts, K1, **M1L**, SL1, K1, SL1, K1.

Row 3 (WS): P4, **M1LP**, P to the last 4 sts, **M1RP**, P4.

Work Rows 2 and 3, (17) 18 (20) 21 (23) (25) (27) times total. End with a WS row.

(103) 107 (115) 121 (131) (139) (149) sts on the needles.

Place a locking marker on each end of the trapezoid for future reference when you pick up sts for the shoulders.



Continue working in established pattern as follows:

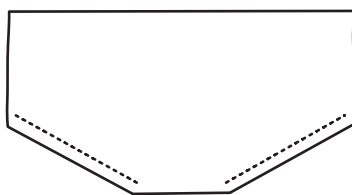
RS: *K1, SL1* rep from * to * to the last st, K1. (Place a stitch marker on this row to use it as a reference when counting rows worked.)

WS: P to end.

Work the last 2 rows (21) 22 (22) 23 (22) 22 (21) times total. End on the WS.

You have worked (42) 44 (44) 46 (44) 44 (42) rows total. (Counted from the row where you placed the stitch marker), approximately (11,6) 12,2 (12,2) 12,7 (12,2) 12,2 (11,6) cm / (4,5) 4,8 (4,8) 5 (4,8) 4,8 (4,5)''.

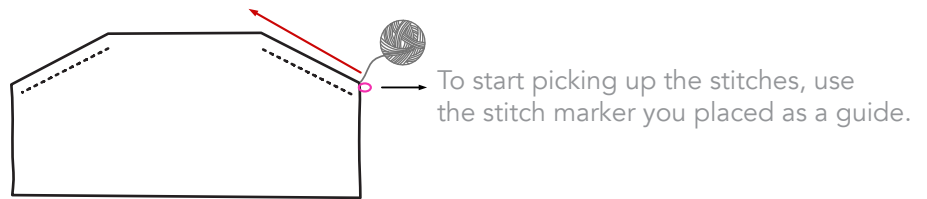
Cut your yarn and place the sts on a spare needle or cable.



Right front shoulder:

With 5 mm/US 8 needles, using the short tail technique (see video on page 2), pick up (34) 36 (40) 42 (46) (50) (54) sts from right to left.

With RS facing, once all sts are picked up, slide the needle to the left so you are ready to begin a RS row.



RS: *K1, SL1* rep from * to * to the last 2 sts, K2.
WS: P to end.

Work the last 2 rows (14) 14 (16) 15 (16) 16 (17) times total. You've worked (28) 28 (32) 30 (32) 32 (34) rows total. End with a WS row.

Now work the front neck increases as follows:

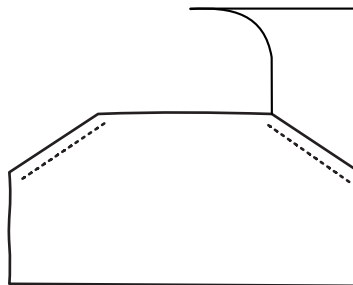
RS: *K1, SL1* rep from * to * to last 6 sts, **M1L**, K1, SL1, K1, SL1, K2. (1 st increased).
WS: P6, **M1LP**, P to end. (1 st increased).

Work last 2 rows (4) 4 (4) 5 (5) 5 (5) times total. End with a WS row. You've increased (8) 8 (8) 10 (10) 10 (10) sts.

RS: *K1, SL1* rep from * to * to last 6 sts, **M1L**, K1, SL1, K1, SL1, K2. Using the Backwards Loop method, CO (5) 5 (5) 5 (5) 5 (5) sts.

WS: P (11) 11 (11) 11 (11) 11 (11), **M1LP**, P to end. (1 st increased).

You've increased (15) 15 (15) 17 (17) 17 (17) sts total and have (49) 51 (55) 59 (63) 67 (71) sts on the needles.



Continue working in pattern, incorporating new sts into the slipped stockinette stitch pattern.

RS: *K1,SL1* rep from * to * to the last st , K1.
WS: P to end.

Work last 2 rows (24) 26 (27) 29 (29) 33 (34) times total. You have worked (86) 90 (96) 100 (102) 110 (114) rows counted from the first shoulder row where you pick up the stitches. End with a WS row.

Tip: To count the rows, you can focus on counting only the slipped stitches, as they count as 2 rows each. So, count each slip stitch as 2 rows: 2, 4, 6, 8, etc.

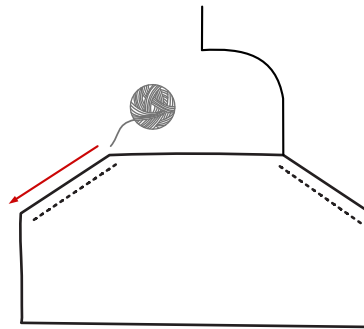
Front measures approximately (23,8) 25 (26,6) 27,7 (28,3) 30,5 (31,6) cm / (9,3) 9,8 (10,4) 10,9 (11,1) 12 (12,4)".

Cut yarn and place sts on a spare needle.

Left front shoulder:

With 5 mm/US 8 needles, using the short tail technique (see video on page 2), pick up (34) 36 (40) 42 (46) (50) (54) sts from right to left.

With RS facing, once all sts are picked up, slide the needle to the left so you are ready to begin a RS row.



RS: K2 *SL1, K1* rep from * to * to the end.

WS: P to end.

Work the last 2 rows (14) 14 (16) 15 (16) 16 (17) times total.

You've worked (28) 28 (32) 30 (32) 32 (34) rows total. End with a WS row.

Now work the front neck increases as follows:

RS: K2, SL1, K1, SL1, K1, **M1R**, *SL1, K1* rep from * to * to end. (1 st increased).

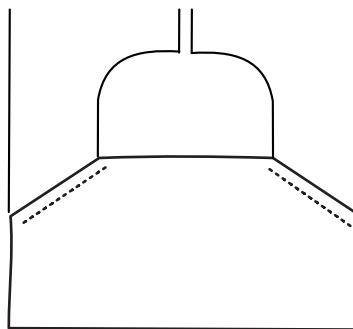
WS: P to the last 6 sts, **M1RP**, P6. (1 st increased).

Work last 2 rows (4) 4 (4) 5 (5) 5 (5) times total. End with a WS row. You've increased (8) 8 (8) 10 (10) 10 (10) sts.

RS: K2, SL1, K1, SL1, K1, **M1R**, *SL1, K1* rep from * to * to end. (1 st increased).

WS: P to the last 6 sts, **M1RP**, P to end. (1 st increased). Using the Backwards Loop method, CO (5) 5 (5) 5 (5) 5 (5) sts.

You've increased (15) 15 (15) 17 (17) 17 (17) sts total and have (49) 51 (55) 59 (63) 67 (71) sts on the needles.



Continue working in pattern, incorporating new sts into the slipped stockinette stitch pattern.

RS: K1, *SL1, K1* rep from * to * to the end.

WS: P to end.

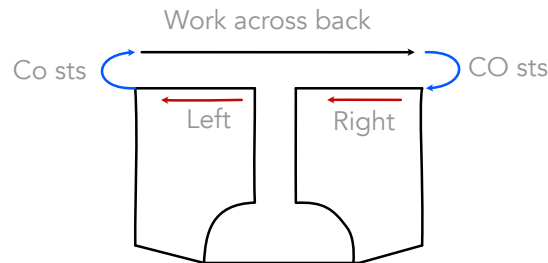
Work last 2 rows (24) 26 (27) 29 (29) 33 (34) times total. You have worked (86) 90 (96) 100 (102) 110 (114) rows counted from the first shoulder row where you pick up the stitches. End with a WS row.

Front measures approximately (23,8) 25 (26,6) 27,7 (28,3) 30,5 (31,6) cm / (9,3) 9,8 (10,4) 10,9 (11,1) 12 (12,4)".

Join fronts and back:

Your fronts and back have been worked down to the armholes and now, with RS facing, you will join them as follows: Beginning at the left front, work in pattern as established to end, using the backward loops method, CO (1) 1 (1) 1 (1) 1 (1) sts, return held back sts to needle and work across in pattern, CO (1) 1 (1) 1 (1) 1 (1) sts, return held right front sts to needle and work in pattern as established to end.

Back and fronts are now joined. (203) 211 (227) 241 (259) 275 (293) total sts.



Body:

Continue working in pattern, incorporating new sts into the slipped stockinette stitch pattern.

WS: P to end.

RS: K1 *SL1, K1* rep from * to * to the end.

Rep last 2 rows until body measures (22) 24 (26) 28 (30) 32 (34) cm /(8,6) 9,4 (10,2) 11 (11,8) 12,5 (13,3) ", measured from the joining rnd, or desired length, ending on a WS row. Keep in mind you will be adding approximately 5 cm/ 1,9" of 1x1 ribbing to the body.

With 4 mm/US 6 needles, work ribbing as follows:

RS: *P1, K1* rep from * to * to last st, P1.

WS: K1, * P1, K1*, rep from * to * to end.

Rep last 2 rows until ribbing measures 4,5 cm/1,7", ending with a WS row.

Work 2 rows of double knitting before binding off as follows:

RS: *SL1 WYIF, K1*, rep from * to * to last st, SL1 WYIF.

WS: K1, *SL1 WYIF, K1*, rep from * to * to end.

Bind off using the Italian Bind-off, see video on page 2.

Sleeves:

With 5mm/US 8 needles and RS facing, beginning at the bottom of the armhole, pick up (82) 84 (86) 90 (90) 92 (94) sts. Be sure to distribute sts evenly, with half on either side of the armhole. Place marker for beginning of rnd.

You will work the sleeve cap with German short rows (see video on page 2) as follows:

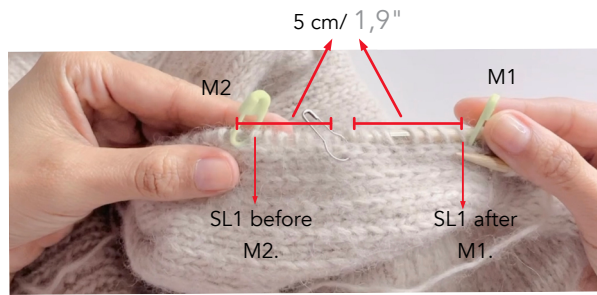
With half your sts on each side of the armhole and the midpoint at the bottom where you cast-on for the joining row, locate the opposite midpoint at the top of the sleeve and place a M. Measure 5 cm/1.9" on either side of this center and place a M at each point. Marker 1 (M1) Marker 2 (M2).

Once Ms are placed, begin working in the same stitch pattern used for the body. Since you're working short rows, you'll still have a RS and WS.

RS: *SL1 WYIB, K1*, rep from * to * to end.

WS: P to end.

Setup Row: Work in established pattern to M1. M1 should be before a SL1; if the next st after M1 is a K1, move the marker 1 st to the right. Continue in pattern to M2. Make sure the st before M2 is a SL1; if not, move M2 1 st to the left. (see photo on next page)



SL M2, K1, turn. Each time the pattern says "turn," use the German short row technique. (See sleeve video on page 2.)

Row 2 (WS): P to M1, SL M1, P4, turn.

Row 3 (RS): *K1, SL1 WYIB*, rep to turning st from previous row, next to M2. From this point forward, the turning sts will be your point of reference; these sts look like double sts or Vs. You will no longer need the markers.

Once you reach the turning st, work it in the established pattern; it should be a K1. Work this st and then work 4 more sts in pattern. (SL1 WYIB, K1, SL1 WYIB, K1), turn.

Row 4 (WS): P to the turning sts, work turning st, P4, turn.

Rep the last 2 rows 2 times total. You've worked 4 rows.

Row 7 (RS): Rep row 3.

Row 8 (WS): P to the turning st, work st, P (6) 6 (6) 8 (8) 8 (8), turn.

Row 9 (RS): Work in pattern to the turning st, work st, work (6) 6 (6) 8 (8) 8 (8) sts in pattern, turn.

Rep last 2 rows 2 times total.

Row 12 (WS): P to the turning sts, work turning st, P1, turn.

You are now on the RS and from this point forward will work the sleeve in the round. Work in pattern to the end of the rnd, working the remaining turning st as established. Continue as follows:

Rnd 1: K to end.

Rnd 2: *SL1, K1*, rep from * to * to end. This continues the pattern you have been working throughout.

Rep Rnds 1 and 2 until sleeve measures (36) 36 (37) 37 (37) 37 (37) cm / (14) 14 (14.5) 14.5 (14.5) 14.5 (14.5)" from the bottom of the armhole, or desired length. For a longer sleeve you will need more yarn. Keep in mind the remainder of the sleeve, including decreases and ribbing, will measure an additional 7.5 cm/2.9" approx.

Decreases before ribbing:

Rnd 1: K to end.

Rnd 2: SSK, work in pattern to last 2 sts, K2tog.

Work Rows 1 and 2, (1) 2 (2) 3 (3) 3 (4) time(s) total. (2) 4 (4) 6 (6) 6 (8) sts decreased.

Ribbing:

With 3 mm/US 2.5 needles, work the ribbing as follows: (Sizes 2, 3 and 7 work the instructions in grey)

Ribbing rnd: *P1, K1*, rep from * to * to end./ *K1, P1* rep from * to * to end.

Rep this rnd until ribbing measures 6.5 cm/2.5".

Setup Rnds:

Rnd 1: *SL1 WYIF, K1 *, rep from * to * to end./ *K1, SL1 WYIF*, rep from * a * to end.

Rnd 2: *P1, SL1 WYIB*, rep from * to * to end./ *SL 1 WYIB, P1*, rep from * to * to end. BO using the Italian bind-off.

If you need to start the bind-off with a purl stitch, follow the same tutorial video, but start with the second stitch, which is a purl st.

Buttonband

Left front:

With 3,5 mm/US 4 needles and RS facing, beginning at the center front neck edge, pick up 1 stitch, skip 1 row, then pick up 1 stitch for every row. Two rows before the end, skip one row, then pick up 1 stitch. Once all stitches are picked up, cast on 13 stitches using the Italian cast-on method. See video "buttonband-italian cast on" on page 2.

This pick up ratio is based on the yarn used in the pattern. If you're using a different yarn, you may need to adjust the ratio. For example, if you need to pick up fewer stitches, try picking up 9 stitches for every 10 rows. The button band should have the same length as the front.

Work the buttonband as follows:

WS: SL1 WYIF, *K1, SL1 WYIF*, rep from * to * to last 2 CO sts, K1, P2tog. (Work 2 sts together, 1 st from the 13 CO sts and 1 from the picked up sts.)

RS: SL1, * SL1 WYIF, K1* rep from * to * to end.

Rep last 2 rows until all picked up sts have been worked. Bind-off using the traditional method without overstretching; the bind-off row should be the same width as the buttonband. You may need to pull the sts more tightly as you bind off.



Right front

With 3,5 mm/US 4 needles and RS facing, beginning at the ribbing, pick up 1 stitch, skip 1 row, then pick up 1 stitch for every row. Two rows before the end, skip one row, then pick up 1 stitch. Once all stitches are picked up, cast on 13 stitches using the backward loop method.

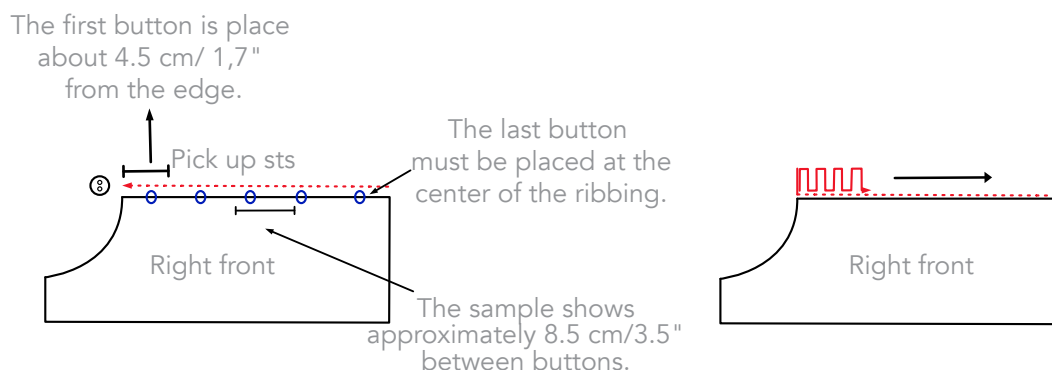
Before you begin, place locking stitch markers along the picked up sts where you would like the center of each buttonhole to fall (The cardigan has 5 buttons on the body, but you can choose the number you prefer). Keep in mind that the first button goes on the collar, which has not been worked yet. You may want to first place the buttons on the band you've already knit, to determine the correct placement.

Work the buttonband as follows:

WS: SL1 WYIF, *K1, SL1 WYIF*, rep from * to * to last 2 CO sts, K1, P2tog. (Work 2 sts together, 1 st from the 13 CO sts and 1 from the picked up sts.)

RS: SL1, * SL1 WYIF, K1* rep from * to * to end. Bind off sts with the Italian bind off method.

** 2 sts before the marker for the center of the buttonhole, begin working the buttonhole. Instructions are on the next page.



Buttonholes:

Two sts before the marker for the center of the buttonhole, work as follows:

The buttonholes will be worked in 2 parts or columns. The first column has 7 sts and is worked as follows:

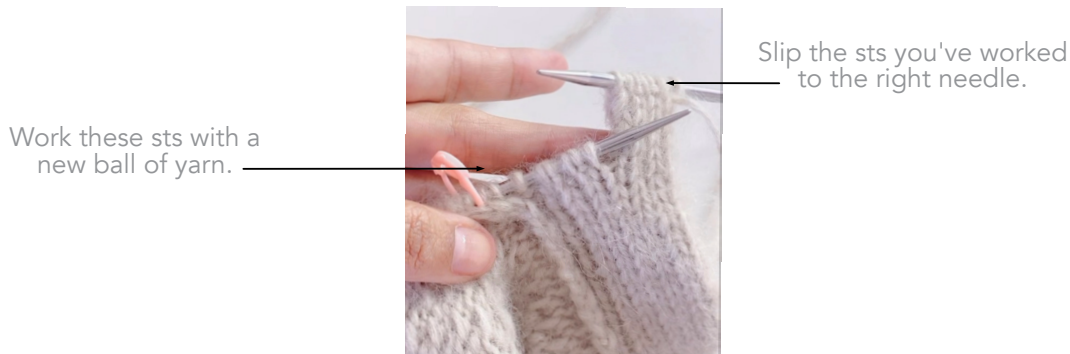
WS: *SL1 WYIF, K1* , rep from * to * 3 times total, SL1 WYIF. (You've worked 7 sts).

RS: * K1,SL1 WYIF*, rep from * to * 3 times total, K1.

Rep last 2 rows 4 times total, 8 rows. End with a RS row. Don't cut your yarn.

Now you'll work the other side of the buttonhole as follows:

On the WS, slip the sts you just worked to the right needle and leave them there as you work.



With new ball of yarn, work as follows:

WS: *K1,SL1 WYIF* , rep from * to * 2 times total, K1, (5 sts worked), P2tog. (Work 2 sts together, 1 st from the 6 remaining buttonband sts and 1 from the picked up sts.)

RS: SL1, *SL1 WYIF, K1*, rep from * to * 2 times total, SL1 WYIF.

Rep last 2 rows 4 times total, 8 rows. End with a RS row. Cut yarn.

You have now worked 8 rows in each column, ending on the RS. The yarn for the first column is at the outside edge, ready to begin a WS row.

You are on the WS; slide the sts on the right needle to the left to work them.

You will now join the 2 columns, working a WS rows as follows:

WS: SL1 WYIF, *K1, SL1 WYIF*, rep from * to * to last 2 CO sts, K1, P2tog. (Work 2 sts together, 1 st from the 13 CO buttonband sts and 1 from the picked up sts.)

Now the buttonhole is closed; continue working the buttonhole band as established until the next buttonhole. See the video on page 2.



2 columns of knitting.



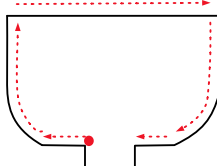
WS joining row.

Collar:

With 3 mm/ US 2.5 needles and RS facing, pick up the collar sts as follows:

Beginning at the right front, pick up 7 sts along the buttonband, then along the right side of the neckline, working toward the shoulder, pick up ((33) 34 (36) 36 (37) 39 (39) sts, approximately 3 sts for every 4 rows, continue along the back neck, picking up ((33) 33 (33) 35 (37) 37 (37) sts, 1 for every CO st, then pick up ((33) 34 (36) 36 (37) 39 (39) sts along the left front neckline, and finally 7 sts along the buttonband.

You have ((113) 115 (119) 121 (125) 129 (129) sts.



Row 1 (WS): P1, *P1, K1* rep from * to * to the last 2 sts, P1, SL1 WYIF.

Row 2 (RS): K1, *K1, P1* rep from * to * to the last 2 sts, K1, SL1.

Work Rows 1 and 2, 2 times total. You have 4 rows total.

Buttonhole row:

Row 5 (WS): P1, *P1, K1* rep from * to * to the last 6 sts, P2tog, YO, P1, K1, P1, SL1 WYIF. (If you want to try another version of the buttonhole, check out the video -Buttonhole Neck.)

Rep Rows 2 and 1, 3 times total.

RS: P to the last st, SL1 WYIF.

Row 13 (WS): P1, *P1, K1* rep from * to * to the last 2 sts, P1, SL1 WYIF.

Row 14 (RS): K1, *K1, P1* rep from * to * to the last 2 sts, K1, SL1.

Rep Rows 13 and 14, 3 times total.

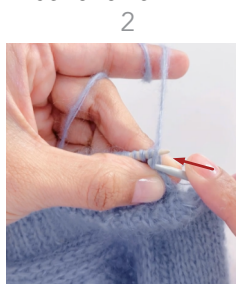
(WS) Work Row 5, buttonhole row.

Rep Rows 14 (RS) and 13 (WS), 2 times total. You have 23 rows total. Ending on a WS row.

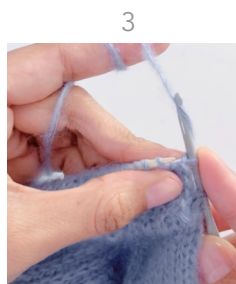
With a 3 mm crochet hook, join the sts on the needle with the neckline edge where you picked up sts. Fold the collar toward the inside and work as follows:



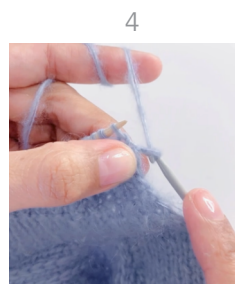
1
RS: insert the hook into the first neckline edge st.



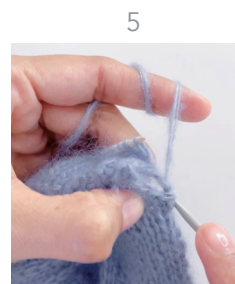
2
Insert the hook from knit-wise into the first st on the needle.



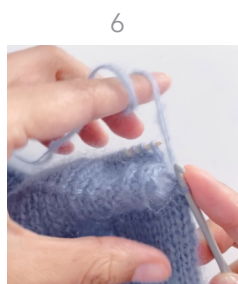
3
YO



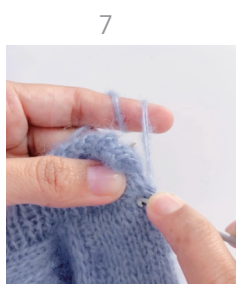
4
Pull the yarn through the st.



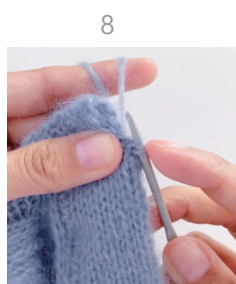
5
And through the neckline.



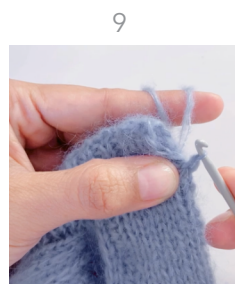
6
You have 1 st on the hook.



7
Rep Steps 1-5.



8
You have 2 sts on the hook.



9
Pull the front st through the back st on the hook.

Rep Steps 7 through 9 until all sts are worked.

See video tutorial on Page 2.

To achieve the same finish as in the pictures, use elastic thread to ensure the neckline looks neater.

Insert an elastic thread inside the collar and pull slightly to shape it. See video 'collar add elastic' on page 2

Pockets:

With 5 mm/US 8 needles, using the long tail method, CO (29) 29) 31 (31) 33 (33) 33) sts.

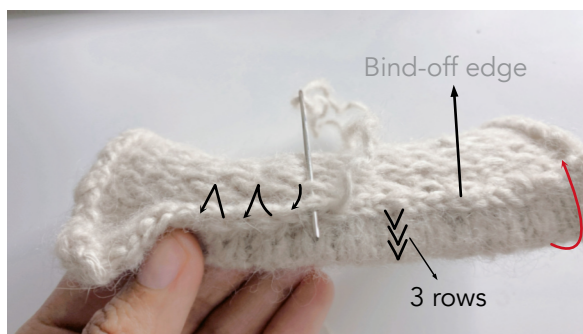
WS: P to end.

RS: *K1, SL1 WYIB*, rep from * to * to the last st, K1.

Rep last two rows until pocket measures (13.5) 13.5 (14.5) 14.5 (15) 15 (15) cm/ (5,3) 5,3 (5,7) 5,7 (5,9) 5,9 (5,9)".
End with a RS row. BO using the traditional method, taking care not to stretch the edge.

Leave a long tail, twice as wide as the pocket, and cut yarn.

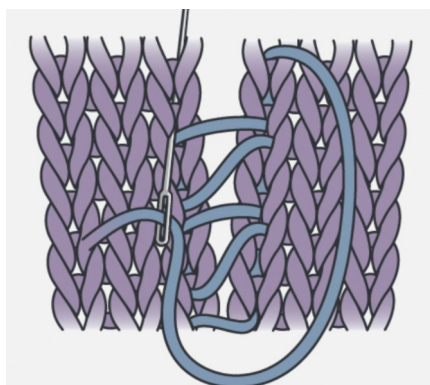
Fold the last 3 rows worked toward the WS and sew the bound off edge to the pocket to create the border.
(see pocket-edge video on page 2)



Tip:
Before sewing the pocket onto the cardigan, press it with the iron (using steam mode if available) to ensure the edge is perfect and not too wide or too narrow. It should be the same width as the pocket.

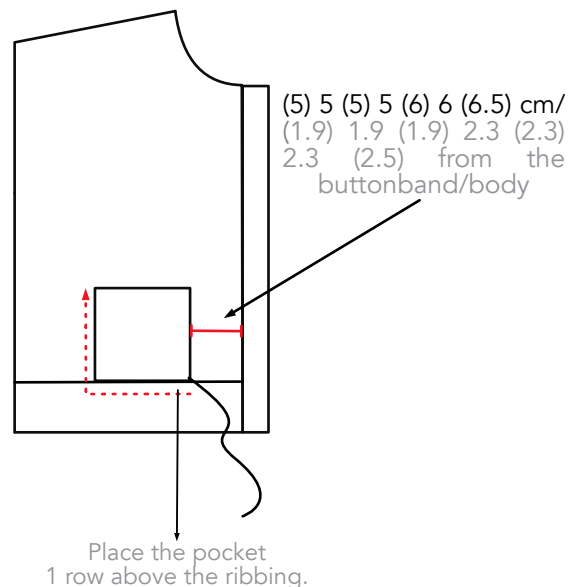
Place the pockets approximately (5) 5 (5) 5 (6) 6 (6.5) cm/ (1.9) 1.9 (1.9) 2.3 (2.3) 2.3 (2.5)" from the buttonband/body join and one row above the hem ribbing or choose your preferred location.
Sew to the cardigan using the mattress stitch technique (see video on page 2).

Use pins or stitch markers to keep the pockets in place while you sew them.



Mattress stitch

Beginning at the bottom right corner, leaving a long tail, sew across the bottom of the pocket.
Continue along the left side.
Lastly, with the tail left at the bottom right corner, sew the remaining side.



This edge should look flat.

Finishing:

Wet block your garment to the finished measurements given on page 1. Check out this video on how to remove water from your hand-knits without damaging your garment.

<https://youtube.com/shorts/KczKyQmUsXM?feature=share>

For a neater finish, once dry use steam to improve the final look of the fabric. Watch here:

<https://youtu.be/ScgsGpa5ZwY>



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