

# Knitting for Olive



## Rib Tee

**Sizes:** XS (S, M, L, XL, 2XL, 3XL, 4XL)

**Finished measurements:** Chest circumference: approx. 69 (75, 80, 85, 96, 101, 112, 122) cm [27¼ (29½, 31½, 33½, 37¾, 39¾, 44, 48)"] to fit chest circumference 76-83 (84-91, 92-99, 100-107, 108-116, 117-127, 128-139, 140-149) cm [30-32¾ (33-35¾, 36¼-39, 39¼-42¼, 42½-45¾, 46-50, 50½-54¾, 55-58¾)"]; Length from shoulder to edge: approx. 51 (53, 55, 57, 59, 61, 65, 66) cm [20 (20¾, 21¾, 22½, 23¼, 24, 25½, 26)"]; Sleeve length (short version): approx. 7 (10, 10, 13, 16, 16, 16, 16) cm [2¾ (4, 4, 5, 6¼, 6¼, 6¼, 6¼)"]; Sleeve length (long version): approx. 48 (49, 50, 49, 48, 48, 48, 48) cm [19 (19¼, 19¾, 19¼, 19, 19, 19, 19)"]. *Note: The fabric is very elastic due to the ribbing and will stretch to fit measurements listed. Length can easily be adjusted*

**Yarn:** 1 strand of *either* Knitting for Olive Pure Silk or Merino (250 m [273 yd] / 50 g [1.8 oz]), fingering-weight yarn, 3 (4, 4, 4, 5, 6, 6, 7) balls for short-sleeved version, 4 (4, 5, 5, 6, 7, 7, 8) balls for long-sleeved version. Sample is in Merino in Dusty Olive colorway

**Needles:** 2.5 mm / US1.5 and 3 mm / US2.5 circular needles, 3 mm / US2.5 double-pointed needles, or in size to obtain gauge

**Gauge (after blocking):** 30 sts and 40 rows = 10 cm [4"] in 2x2 rib pattern with 3 mm / US2.5 needle

**Notions:** Stitch markers, waste yarn or stitch holders, tapestry needle

## Special Techniques

Our Knitting for Olive video tutorials clearly demonstrate the special techniques used in Rib Tee (in Danish):

- German short rows:  
<https://www.youtube.com/watch?v=9encEthft8E&t=39s>
- M1R and M1L (knit stitch) increases on RS:  
<https://www.youtube.com/watch?v=n4bAF8eMcvM&t=7s>
- M1R and M1L (knit stitch) on WS:  
<https://www.youtube.com/watch?v=t8jDvSDrmFw>
- M1Rp and M1Lp (purl stitch) on RS:  
<https://www.youtube.com/watch?v=T6LlrF3Kd30&t=87s>
- M1Rp and M1Lp (purl stitch) on WS:  
<https://www.youtube.com/watch?v=muQPFIxpD84>

## Construction Notes

Rib Tee features an allover ribbed pattern and a raglan construction. It is worked from the top down in the round using either 1 strand of Merino or Pure Silk. Sleeve length and body length can easily be adjusted to your own liking. The pattern gives instructions for both a short-sleeved and a long-sleeved version.

Rib Tee is intended to be fitted and is therefore designed with negative ease. The allover rib pattern creates an elastic fabric that will stretch to give a good fit. The length of the body will be shorter when worn compared to measurements taken flat. To choose the correct size, look at the 'to fit chest circumference' measurements on the previous page. If your actual chest circumference is, say, 98 cm [38½"], you should choose to knit a size M in order to achieve the intended fit.

## Ribbed Neckband

With 2.5 mm / US1.5 circular needle and 1 strand of *either* Pure Silk or Merino, cast on 128 (128, 128, 128, 160, 160, 160, 160) sts using long-tail cast-on method. Join for working in the round, being careful not to twist sts, and place BOR m (= mid back)

**Set-up Round:** (K1, p1) to end of round

Work in 1x1 rib pattern as established until work measures approx. 2 cm [ $\frac{3}{4}$ "]

## Yoke

Change to 3 mm / US2.5 circular needle

**Set-up Round 1:** K20 (20, 20, 20, 24, 24, 24, 24) sts across half back, pm, k24 (24, 24, 24, 32, 32, 32, 32) sts across first sleeve, pm, k40 (40, 40, 40, 48, 48, 48, 48) sts across front, pm, k24 (24, 24, 24, 32, 32, 32, 32) sts across second sleeve, pm, k20 (20, 20, 20, 24, 24, 24, 24) sts across half back

**Set-up Round 2:** K1, p2, (k2, p2) to last st, k1

*Note: You will now continue in established 2x2 rib pattern and start working raglan increases and at the same time shape neck opening with German short rows. Raglan increases are worked both knitwise and purlwise and on both the RS and WS of work in this section. Please refer to Special Techniques and the abbreviation list for how to work M1R/M1L and M1Rp/M1Lp from RS/WS. Work double stitches as 1 stitch throughout (see Special Techniques)*

**Short Row 1 (inc row, RS):** \*Work sts as they appear to last st before next m, M1R, k1, sm, k1, M1L; repeat from \* one more time, work 2 sts as they appear, tw [4 sts increased] = 132 (132, 132, 132, 164, 164, 164, 164) sts

**Short Row 2 (inc row, WS):** Ds, work sts as they appear to BOR m, sm, \*work sts as they appear to last st before next m, M1Rp, p1, sm, p1, M1Lp; repeat from \* one more time, work 2 sts as they appear, tw [4 sts increased] = 136 (136, 136, 136, 168, 168, 168, 168) sts

**Short Row 3 (inc row, RS):** Ds, work sts as they appear to BOR m, sm, \*work sts as they appear to last st before next m, M1R, k1, sm, k1, M1L; repeat from \* one more time, work sts as they appear to 2 sts after last ds, tw [4 sts increased] = 140 (140, 140, 140, 172, 172, 172, 172) sts

**Short Row 4 (inc row, WS):** Ds, work sts as they appear to BOR m, sm, \*work sts as they appear to last st before next m, M1Rp, p1, sm, p1, M1Lp; repeat from \* one more time, work sts as they appear to 2 sts after last ds, tw [4 sts increased] = 144 (144, 144, 144, 176, 176, 176, 176) sts

**Short Row 5 (inc row, RS):** Ds, work sts as they appear to BOR m, sm, \*work sts as they appear to last st before next m, M1Rp, k1, sm, k1, M1Lp; repeat from \* one more time, work sts as they appear to 2 sts after last ds, tw [4 sts increased] = 148 (148, 148, 148, 180, 180, 180, 180) sts

**Short Row 6 (inc row, WS):** Ds, work sts as they appear to BOR m, sm, \*work sts as they appear to last st before next m, M1R, p1, sm, p1, M1L; repeat from \* one more time, work sts as they appear to 2 sts after last ds, tw [4 sts increased] = 152 (152, 152, 152, 184, 184, 184, 184) sts

**Short Row 7 (inc row, RS):** Same as Short Row 5 [4 sts increased] = 156 (156, 156, 156, 188, 188, 188, 188) sts

**Short Row 8 (inc row, WS):** Same as Short Row 6 [4 sts increased] = 160 (160, 160, 160, 192, 192, 192, 192) sts

*Upon completion of this section, you will have 24 (24, 24, 24, 28, 28, 28, 28) sts for each half back, 32 (32, 32, 40, 40, 40, 40) sts for each sleeve and 48 (48, 48, 48, 56, 56, 56, 56) front sts*

**Next row (RS):** Ds, work sts as they appear to BOR m

*Note: You will now continue with raglan increases on every other round*

**Round 1 (inc round):** \*Work sts as they appear to last st before next m, M1R, k1, sm, k1, M1L; repeat from \* 3 times more, work sts as they appear to end of round [8 sts increased]

**Round 2:** Work sts as they appear to end of round

**Round 3 (inc round):** Same as Round 1 [8 sts increased]

**Round 4:** Same as Round 2

**Round 5 (inc round):** \*Work sts as they appear to last st before next m, M1Rp, k1, sm, k1, M1Lp; repeat from \* 3 times more, work sts as they appear to end of round [8 sts increased]

**Round 6:** Work sts as they appear to end of round

**Round 7 (inc round):** Same as Round 5 [8 sts increased]

**Round 8:** Same as Round 6

Repeat Rounds 1-8, 4 (5, 6, 7, 7, 8, 9, 9) times more [128 (160, 192, 224, 224, 256, 288, 288) sts increased]

*Upon completion of this section, you will have 320 (352, 384, 416, 448, 480, 512, 512) sts; 44 (48, 52, 56, 60, 64, 68, 68) sts for each half back, 72 (80, 88, 96, 104, 112, 120, 120) sts for each sleeve and 88 (96, 104, 112, 120, 128, 136, 136) front sts*

*Note: You will now continue with raglan increases on every other round on front and back only*

**Round 1 (inc round):** \*Work sts as they appear to last st before next m, M1R, k1, sm, work sts as they appear to next m, sm, k1, M1L; repeat from \* one more time, work sts as they appear to end of round [4 sts increased]

**Round 2:** Work sts as they appear to end of round

**Round 3 (inc round):** Same as Round 1 [4 sts increased]

**Round 4:** Same as Round 2

**Round 5 (inc round):** \*Work sts as they appear to last st before next m, M1Rp, k1, sm, work sts as they appear to next m, sm, k1, M1Lp; repeat from \* one more time, work sts as they appear to end of round [4 sts increased]

**Round 6:** Work sts as they appear to end of round

**Round 7 (inc round):** Same as Round 5 [4 sts increased]

**Round 8:** Same as Round 6

*Upon completion of this section, you will have 336 (368, 400, 432, 464, 496, 528, 528) sts; 48 (52, 56, 60, 64, 68, 72, 72) sts for each half back, 72 (80, 88, 96, 104, 112, 120, 120) sts for each sleeve and 96 (104, 112, 120, 128, 136, 144, 144) front sts*

#### Dividing body and sleeves

**Dividing Round:** \*Work sts as they appear to next m, rm, place next 72 (80, 88, 96, 104, 112, 120, 120) sleeve sts on holder, rm, cast on 8 (8, 8, 8, 16, 16, 24, 40) new sts; repeat from \* one more time, work sts as they appear to end of round = 208 (224, 240, 256, 288, 304, 336, 368) sts

#### Body

**Set-up Round:** \*Work sts as they appear to new underarm cast-on sts, (k1, p2, k1) 2 (2, 2, 2, 4, 4, 6, 10) times across underarm sts; repeat from \* one more time, work sts as they appear to end of round

Work sts as they appear in 2x2 rib pattern until work measures approx. 51 (53, 55, 57, 59, 61, 65, 66) cm [20 (20¾, 21¾, 22½, 23¾, 24, 25½, 26)"] from shoulder, or desired length

Bind off in pattern

#### Sleeves

Transfer 72 (80, 88, 96, 104, 112, 120, 120) sleeve sts from holder onto 3 mm / US2.5 double-pointed needles (or circular needle and Magic Loop), distribute sts evenly across needles

With RS of work facing and beginning from *center* of underarm, pick up and knit 4 (4, 4, 4, 8, 8, 8, 16) sts along underarm before first sleeve st, work across all sleeve sts as they appear, pick up and knit 4 (4, 4, 4, 8, 8, 8, 16) sts along underarm after last sleeve st, place BOR m = 80 (88, 96, 104, 120, 128, 136, 152) sts

Depending on desired sleeve length, continue to either Short sleeves or Long sleeves

#### Short sleeves

*Note: You will now shape sleeve with decreases. Make sure to incorporate the new underarm stitches into the established 2x2 rib pattern*

**Rounds 1-4:** Work sts as they appear to end of round

**Round 5 (dec round):** Work 4 sts as they appear, sl1k, k1tbl, pssso, work sts as they appear to last 6 sts, k2tog, work 4 sts as they appear [2 sts decreased]

**Round 6:** Work sts as they appear to end of round

**Round 7 (dec round):** Same as Round 5 [2 sts decreased]

**Round 8:** Same as Round 6

**Round 9 (dec round):** Same as Round 5 [2 sts decreased]

**Round 10:** Same as Round 6

**Round 11 (dec round):** Same as Round 5 [2 sts decreased]

**Round 12:** Same as Round 6

Repeat Rounds 1-12, 1 (2, 2, 3, 4, 4, 4, 4) more time(s) [8 (16, 16, 24, 32, 32, 32, 32) sts decreased] = 64 (64, 72, 72, 80, 88, 96, 112) sts

Work sts as they appear in 2x2 rib pattern until sleeve measures approx. 7 (10, 10, 13, 16, 16, 16, 16) cm [2¾ (4, 4, 5, 6¼, 6¼, 6¼, 6¼)"]

Bind off in pattern

Continue to **Finishing**

Long sleeves

*Note: Make sure to incorporate the new underarm stitches into the established 2x2 rib pattern*

Sizes XS, S, M, L, XL and 2XL only:

**Rounds 1-4:** Work sts as they appear to end of round

Size 3XL only:

**Round 1 (dec round):** K2tog, (p2tog) 2 times, k2tog, (k1, p2, k1) to last 8 sts, k2tog, (p2tog) 2 times, k2tog [8 sts decreased] = 128 sts

**Rounds 2-4:** Work sts as they appear to end of round

Size 4XL only:

**Round 1 (dec round):** \*K2tog, (p2tog) 2 times, k2tog; repeat from \* one more time, (k1, p2, k1) to last 16 sts, \*k2tog, (p2tog) 2 times, k2tog; repeat from \* one more time [16 sts decreased] = 136 sts

**Rounds 2-4:** Work sts as they appear to end of round

All sizes:

*Note: You will now shape sleeve with decreases*

**Round 1 (dec round):** Work 4 sts as they appear, sl1k, k1tbl, pssso, work sts as they appear to last 6 sts, k2tog, work 4 sts as they appear [2 sts decreased]

**Rounds 2-14 (11, 9, 7, 6, 5, 5, 5):** Work sts as they appear to end of round

Repeat Rounds 1-14 (11, 9, 7, 6, 5, 5, 5), 11 (15, 19, 23, 27, 31, 31, 35) times more [56 (56, 56, 56, 64, 64, 64, 64) sts decreased] = 56 (56, 56, 56, 64, 64, 64, 64) sts

Work sts as they appear in 2x2 rib pattern until sleeve measures approx. 48 (49, 50, 49, 48, 48, 48, 48) cm [19 (19¼, 19¾, 19¾, 19, 19, 19, 19)"]

Bind off in pattern

### **Finishing**

Weave in all loose ends

Block

We hope you enjoy knitting Rib Tee!

We would love to see your finished projects! If you would like to share your work with us on Instagram, please use the hashtags #knittingforolive and #ribtee or tag us @knittingforolive

## **Abbreviations**

Approx. – approximately

BOR – beginning of round

K – knit

P – purl

Dec – decrease

Inc – increase

Ds – double stitch (for German short row technique)

Tw – turn work (for German short row technique)

K1tbl – knit 1 stitch through back loop

K2tog – knit 2 stitches together [1 stitch decreased]

P2tog – purl 2 stitches together [1 stitch decreased]

M – marker

Pm – place marker

Sm – slip marker

Rm – remove marker

Pss0 – pass slipped stitch(es) over

RS – right side

WS – wrong side

Sl1k – slip 1 stitch knitwise

St/sts – stitch/stitches

M1L – make 1 new *left leaning knit* stitch. On RS: insert right needle, from back to front, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and knit this stitch into the back loop [1 stitch increased], on WS: insert right needle, from front to back, under the bar running between first stitch on left needle and last stitch on right needle, pick up and knit this stitch [1 stitch increased]

M1R – make 1 new *right leaning knit* stitch. On RS: insert right needle, from front to back, under the bar running between first stitch on left needle and last stitch on right needle, pick up and knit this stitch [1 stitch increased], on WS: insert right needle, from back to front, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and knit this stitch into the back loop [1 stitch increased]

M1Lp – make 1 new *left leaning purl* stitch. On RS: insert right needle, from back to front, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and purl this stitch through the back loop [1 stitch increased], on WS: insert right needle, from front to back, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and purl this stitch [1 stitch increased]

M1Rp – make 1 new *right leaning purl* stitch. On RS: insert right needle, from front to back, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and purl this stitch [1 stitch increased], on WS: insert right needle, from back to front, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and purl this stitch through the back loop [1 stitch increased]