

WATERFALLS



Waterfalls is a top-down, colourwork sweater featuring delicate cascades inspired by the movement of water and the composition Waterfalls by Alexis Ffrench.

SAMPLE

The wearer is 5'10" with a 37" chest circumference. The sample has been worked in size L, giving the wearer 9.5" / 24cm of positive ease at the chest. The sleeve length of the sample has been modified to accommodate the wearer's height by repeating the sleeve colourwork chart one more time than the pattern directs, increasing sleeve length by 2" / 5cm.

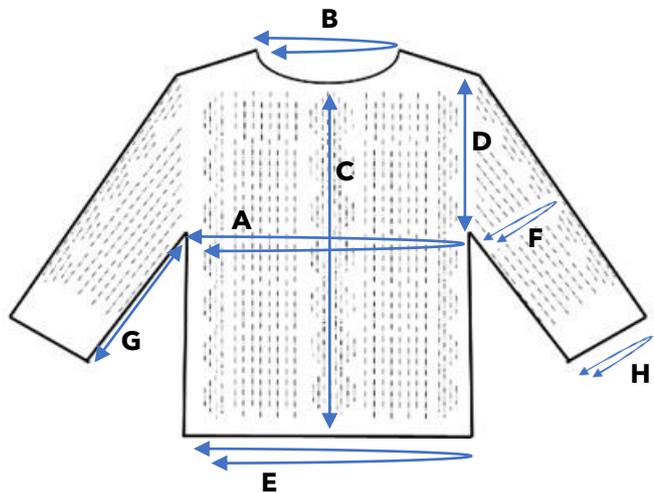
SIZING GUIDE

This garment is graded into sizes XS (S, M, L, XL) (2XL, 3XL, 4XL, 5XL). Recommended positive ease is 4-10" / 10-25cm at the chest.

All of the following measurements are for the finished garment:

Measurement		Unit	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest Circumference	Inches	35.75	39	43.5	46.5	50.75	54.5	59.5	62.5	65.5
		Cm	89	97.5	108.5	116	127	135	148.5	156	164
B ¹	Neckband Circumference	Inches	20	20	22.25	22.25	25.5	25.5	27.75	27.75	27.75
		Cm	50	50	55.5	55.5	64	64	69	69	69
C ¹	Centre Front Body Length	Inches	21.5	21.5	21.5	21.5	21.5	21.5	21.5	21.5	21.5
		Cm	53.5	53.5	53.5	53.5	53.5	53.5	53.5	53.5	53.5
D	Armscye Depth	Inches	6.5	6.75	7	7.5	7.75	8.25	9	9.5	9.5
		Cm	16	17	17.5	19	19.5	20.5	22.5	23.5	23.5
E ¹	Waistband Circumference	Inches	35.75	39	43.5	46.5	50.75	54.5	59.5	62.5	65.5
		Cm	89	97.5	108.5	116	127	135	148.5	156	164
F	Upper Sleeve Circumference	Inches	11	13	13.75	14.75	15.75	17.25	18.5	19.5	20.25
		Cm	27.5	32.5	34.5	37	39	43	46	48.5	51
G ¹	Sleeve Length: Underarm to Cuff	Inches	10.75	10.25	10	9.75	9.5	10.75	10	9.75	9.75
		Cm	27	26	25.5	24	23.5	27	25.5	24	24
H ¹	Cuff Circumference	Inches	11	13	13.75	14.75	15.75	17.25	18.5	19.5	20.25
		Cm	27.5	32.5	34.5	37	39	43	46	48.5	51

¹Customisable Measurements





GAUGE

Using 3.25mm / US size 3 needles, or needle size required to meet gauge, 26 stitches over 34 rounds in stockinette stitch, blocked, creates a 4x4"/10x10cm square.

YARN

Fingering / sock weight yarn is required for this pattern. The sample is worked using Hypothesis Yarn's Smooth Sock base (Merino/Nylon blend; 423m/463yds per 100g), in the colourways Threnody for MC and Important Ghosts for CC.

I recommend high contrast yarn colours for this design to ensure the delicate colourwork pattern is visible.

YARDAGE (includes ~10% excess)

MC yardage: 839 (911, 939, 981, 1058) (1156, 1239, 1274, 1318) metres / 918 (996, 1027, 1073, 1157) (1264, 1355, 1393, 1442) yards / 197 (214, 221, 231, 249) (272, 291, 300, 310) grams.

CC yardage: 405 (426, 457, 462, 490) (528, 538, 535, 557) metres / 443 (466, 500, 505, 536) (578, 588, 585, 609) yards / 95 (100, 108, 109, 115) (124, 127, 126, 131) grams.

TOOLS & NOTIONS

3.25mm / US size 3 circular needles (ideally in a variety of cable lengths for yoke, body and sleeves)

2.75mm / US size 2 circular needles (ideally in a variety of cable lengths for neckband, waistband and cuffs)

20 markers in different colours/styles as follows:

- 1 BOR marker
- 3 sleeve markers
- 4 Centre Panel markers
- 4 markers for 6-st pattern repeat
- 8 Side Panel markers

ABBREVIATIONS

BOR	Beginning of round
BO	Bind off
CC	Contrast colour
CO	Cast on
inc	Increase
K	Knit
LLI	Left lifted increase: use the tip of your LN to pick up the st 2 sts below the last st on the RN and place on LN; K into this new st tbl.
LN	Left needle
MC	Main colour
m1L*	Make 1 left
m1R*	Make 1 right
P	Purl
pm	Place marker
pu	Pick up
R	Row / Round
rep	Repeat
RLI	Right lifted increase: use the tip of your RN to pick up the st below the next st on the LN and place on LN; K into this new st.
rm	Remove marker
RN	Right needle
Rnd/rnds	Round / rounds
RS	Right side
sl	Slip stitch purlwise
sm	Slip marker
SSK	Slip first stitch knitwise, slip second stitch knitwise, knit the two slipped stitches together
St/sts	Stitch / stitches
tbl	through the back loop
tfl	through the front loop
WS	Wrong side
yo	Yarn over
*	See information box
()	Work bracketed instructions as directed

*MAKE ONE RIGHT AND LEFT

Work the increases as follows:

On Right Side rows / rounds:

m1R: LN moves from back to front to lift strand between sts, K tfl.

m1L: LN moves from front to back to lift strand between sts, K tbl.

On Wrong Side rows / rounds:

m1R: LN moves from front to back to lift strand between sts, P tbl.

m1L: LN moves from back to front to lift strand between sts, P tfl.



R1-18 STITCH COUNTS

Throughout R1-18 the stitch count for each sleeve remains 14 sts per sleeve across all sizes. See tables below for stitch counts for Front (F) (Front stitch count is both front sides' combined total), Back (B) and the total stitch count (Tot) for each row:

Row	XS			S			M			L			XL		
	F	B	Tot	F	B	Tot	F	B	Tot	F	B	Tot	F	B	Tot
1	4	58	90	4	58	90	4	68	100	4	68	100	4	80	112
2	7	62	97	7	62	97	7	74	109	7	74	109	7	86	121
3	10	64	102	10	64	102	10	76	114	10	76	114	10	88	126
4	13	66	107	13	66	107	13	78	119	13	78	119	13	90	131
5	16	68	112	16	68	112	16	80	124	16	80	124	16	92	136
6	19	70	117	19	70	117	19	82	129	19	82	129	19	94	141
7	22	72	122	22	72	122	22	84	134	22	84	134	22	96	146
8	25	74	127	25	74	127	25	86	139	25	86	139	25	98	151
9	28	76	132	28	76	132	28	88	144	28	88	144	28	100	156
10	32	78	138	32	78	138	32	90	150	32	90	150	32	102	162
11	36	80	144	36	80	144	36	92	156	36	92	156	36	104	168
12	40	82	150	40	82	150	40	94	162	40	94	162	40	106	174
13	44	84	156	44	84	156	44	96	168	44	96	168	44	108	180
14	48	86	162	48	86	162	48	98	174	48	98	174	48	110	186
15	52	88	168	52	88	168	52	100	180	52	100	180	52	112	192
16	56	90	174	56	90	174	56	102	186	56	102	186	56	114	198
17	60	92	180	60	92	180	60	104	192	60	104	192	60	116	204
18	94	94	216	94	94	216	106	106	240	106	106	240	118	118	264

Row	2XL			3XL			4XL			5XL		
	F	B	Tot									
1	4	80	112	4	88	120	4	88	120	4	88	120
2	7	86	121	7	98	133	7	98	133	7	98	133
3	10	88	126	10	100	138	10	100	138	10	100	138
4	13	90	131	13	102	143	13	102	143	13	102	143
5	16	92	136	16	104	148	16	104	148	16	104	148
6	19	94	141	19	106	153	19	106	153	19	106	153
7	22	96	146	22	108	158	22	108	158	22	108	158
8	25	98	151	25	110	163	25	110	163	25	110	163
9	28	100	156	28	112	168	28	112	168	28	112	168
10	32	102	162	32	114	174	32	114	174	32	114	174
11	36	104	168	36	116	180	36	116	180	36	116	180
12	40	106	174	40	118	186	40	118	186	40	118	186
13	44	108	180	44	120	192	44	120	192	44	120	192
14	48	110	186	48	122	198	48	122	198	48	122	198
15	52	112	192	52	124	204	52	124	204	52	124	204
16	56	114	198	56	126	210	56	126	210	56	126	210
17	60	116	204	60	128	216	60	128	216	60	128	216
18	118	118	264	130	130	288	130	130	288	130	130	288



PATTERN INSTRUCTIONS

This garment is worked top down and mostly in the round. The yoke is shaped in three stages: it starts with a contiguous sleeve and neckline shaping worked flat; then is joined in the round and the sleeves are shaped; then body and sleeves are shaped with raglan-style increases before separating for body and sleeves. Body and sleeves are both worked in the round. Sleeves are intended to be three-quarter length.

The contiguous sleeve method was originally developed by Susie Myers ([SusieM](#) on Ravelry).

CAST ON

With 2.75mm / US size 2 needles and MC, use the long-tail CO to CO 90 (90, 100, 100, 112) (112, 120, 120, 120) sts.

R1 below gives instructions for placing markers to identify the position of the sleeves. You may find it helpful to use different styles / colours of markers for the following:

-3 sleeve markers.

-1 marker that is a sleeve marker and will also become the BOR marker later.

R1 (WS): Switch to 3.25mm / US size 3 needles and P2 for right-hand front, place sleeve marker, P14 for right-hand sleeve, place sleeve marker, P58 (58, 68, 68, 80) (80, 88, 88, 88) back sts, place sleeve marker, P14 for left-hand sleeve, place sleeve/BOR marker (this is not the BOR whilst working flat, but will become the BOR when you switch to working in the round later), P2 for left-hand front to end of row.

CONTIGUOUS SHOULDERS

For Stitch Counts for R1-18 please see the table on the previous page (p.4).

Establish pattern for working the contiguous shoulder increases and **at the same time** working increases into the front and back of the neck as follows:

R2 (RS): Turn to RS, K1, work a RLI into 2nd st knitting lifted st tbl, sl 1, **m1R**, sm, K14, sm, **m1L**, K back sts to marker and **at the same time inc 2 (2, 4, 4, 4) (4, 8, 8, 8) sts into the back sts by (inc1 st at the end of every 20 (20, 14, 14, 16) (16, 10, 10, 10) sts) work 2 (2, 4, 4, 4) (4, 8, 8, 8) times in total (RLI is recommended for these increases)**, after the last inc K to marker, **m1R**, sm, K14, sm, **m1L**, K to end of row.

R3 (WS): Turn to WS, P1, work a RLI into 2nd st purling lifted st, sl1, P to marker, **m1R** (remembering you are working the WS), sm, P14, sm, **m1L**, P back sts to marker, **m1R**, sm, P14, sm, **m1L**, P to end of row.

MAKE ONE RIGHT AND LEFT

Work the increases as follows:

RS rows / rounds:

m1R: LN moves from back to front to lift strand between sts, K tfl.

m1L: LN moves from front to back to lift strand between sts, K tbl.

WS rows / rounds:

m1R: LN moves from front to back to lift strand between sts, P tbl.

m1L: LN moves from back to front to lift strand between sts, P tfl.

MODIFICATION R2-17

The instructions for shaping the contiguous shoulders (R2-17) involve increasing on **every row** each side of the 14-stitch shoulder panels. The Make One Right/Left increase is recommended here, but take care not to let the edges of the shoulder panels become too tight; **if you are a medium to tight knitter, or are finding the shoulder panels and increases are very tight**, use the following modification:

RS rows: (Work as directed to the marker and work the increase as directed, sm, K1 (the first st of the shoulder panel), **yo**, K to 1 st before marker, **yo**, K1, sm) work twice, K to end of row.

WS rows: Work as directed, slipping yarn overs off needles when you come to them.

Please note that if you work this modification, st counts listed on p.4 do not include the yarn overs on the RS.



Continue pattern for working the contiguous shoulder increases and front increases **without** any increases into the back of neck as follows:

R4 (RS): Turn to RS, K1, work a RLI into 2nd st knitting lifted st (tfl if you are a tight knitter; tbl if you are a loose knitter), sl 1, K to marker, **m1R**, sm, K14, sm, **m1L**, K back sts to marker, **m1R**, sm, K14, sm, **m1L**, K to end of row.

R5 (WS): Turn to WS, P1, work a RLI into 2nd st purling lifted st, sl1, P to marker, **m1R** (remembering you are working the WS), sm, P14, sm, **m1L**, P back sts to marker, **m1R**, sm, P14, sm, **m1L**, P to end of row.

R6-9: Work R4-5 a further 2 times.

Continue pattern for working the contiguous shoulder increases and **increasing 2 sts at the front neckline each row (instead of 1)** as follows:

R10 (RS): Turn to RS, K1, (work a RLI into 2nd st knitting lifted st (tfl if you are a tight knitter; tbl if you are a loose knitter), sl 1) **work twice**, K to marker, **m1R**, sm, K14, sm, **m1L**, K back sts to marker, **m1R**, sm, K14, sm, **m1L**, K to end of row.

R11 (WS): Turn to WS, P1, (work a RLI into 2nd st purling lifted st, sl1) **work twice**, P to marker, **m1R** (remembering you are working the WS), sm, P14, sm, **m1L**, P back sts to marker, **m1R**, sm, P14, sm, **m1L**, P to end of row.

R12-17: Work R10-11 a further 3 times.

For Stitch Counts for R1-18 please see the table on p.4.

JOINING FRONT

Start of R18 (RS): Turn to RS and use the [cable CO method](#) to CO 33 (33, 45, 45, 57) (57, 69, 69, 69) sts for the front neck, prepare to join in the rnd by positioning LN with front neck CO sts and RN with right-hand front sts (ensuring your sts are not twisted), join in the rnd by slipping the last st from RN to LN, sl 2nd st on LN over last st and off needle, return last st from LN to RN, pull yarn tail to secure join.

St Count: 212 (212, 236, 236, 260) (260, 284, 284, 284) sts.

From here the garment is worked in the round.

R18 continued below gives instructions for placing markers to identify different sections of the colourwork along the front and back of the garment. You may find it helpful to use different styles / colours of markers for the following:

- 4 markers for start and end of centre panels
- 4 markers for start of 6-st repeated pattern
- 8 markers for start and end of side panels

R18 cont.: Set up to start colourwork as follows: K32 (32, 44, 44, 56) (56, 68, 68, 68) (i.e.: the sts you just CO minus the 1 st decreased to join in the rnd), K1 tbl, K to first left-hand sleeve marker, **m1R**, sm (all sleeve markers remain in place), K14, sm, **m1L**, K2, place side panel marker, K12, place side panel marker, K3, place 6-st repeat marker, K18 (18, 24, 24, 30) (30, 36, 36, 36), place centre panel marker, K22, place centre panel marker, K18 (18, 24, 24, 30) (30, 36, 36, 36), place 6-st repeat marker, K3, place side panel marker, K12, place side panel marker, K2 to sleeve marker, **m1R**, sm, K14, sm, **m1L**, K2, place side panel marker, K12, place side panel marker, K3, place 6-st repeat marker, K18 (18, 24, 24, 30) (30, 36, 36, 36), place centre panel marker, K22, place centre panel marker, K18 (18, 24, 24, 30) (30, 36, 36, 36), place 6-st repeat marker, K3, place side panel marker, K12, place side panel marker, K3 to sleeve marker. Note that the start of left-hand sleeve marker is now also the BOR marker.

St Count: 216 (216, 240, 240, 264) (264, 288, 288, 288) sts.

READING AND WORKING THE COLOURWORK CHARTS

All charts are read right to left, bottom to top. For each round, you have two charts to follow: one for the sleeves (which are worked identically to each other) and one for both front and back (which are again identical to one another).

Where you have a run of more than 3 sts of one colour, I recommend catching the unused float of yarn at the back of your work. If you need to catch floats in the same place on consecutive rounds, stagger where you catch the floats for a tidy finish.

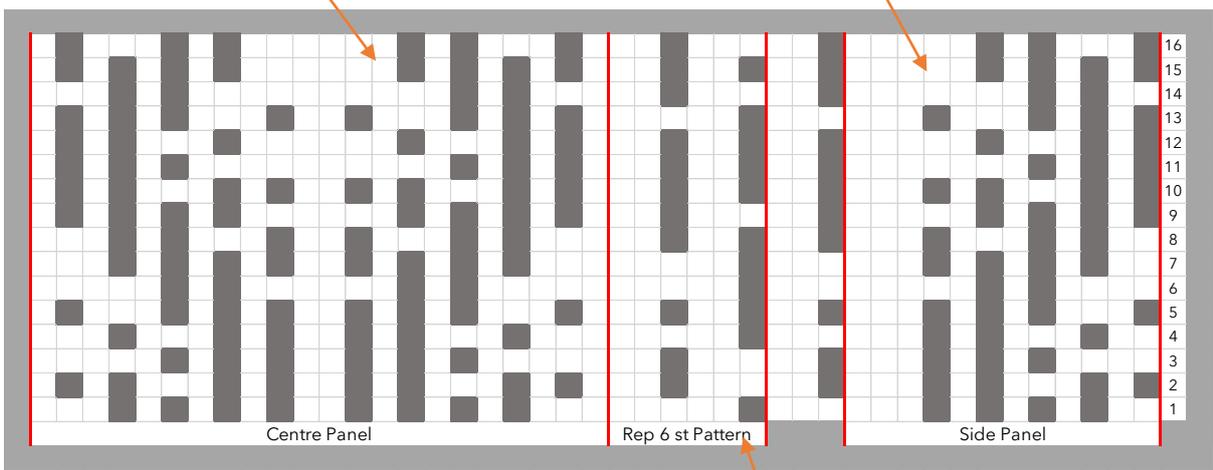
From the charts that follow, you will see that initially the body is worked without any increases whilst the sleeves are shaped with increases - initially every round, then reducing to every other round. Increases are worked either side of the front and back for the lower half of the body.

The colourwork pattern does look challenging at first glance so please use the following tips to help you navigate the charts more easily:

All of the colourwork (for yoke, body and sleeves) follows the same 16-round repeating pattern as set out in the chart below, with slightly differences at the beginning and end of the colourwork, around increases and at the underarm.

Centre Panel is symmetrical. This pattern is worked down the middle of the front, back and each sleeve.

Side Panels are identical to half of the Centre Panel. Side Panels are worked at each side of the front and back and are mirror images of each other.



If you can memorise the pattern for the Side Panel and the 6-st repeating pattern for each round, you will be able to work the entire round without having to constantly check the charts.

The same 6-st repeating pattern is worked between Centre Panels and Side Panels.

STARTING THE COLOURWORK

R19 (i.e. R1 of Yoke Colourwork Chart 1 - see p.8 for chart) is worked as follows: Slip BOR marker, then, **(following the Sleeve Chart, m1L with CC, work 14 sts in stranded colourwork pattern as the chart instructs, m1R with CC, sm, then, following the Front / Back Chart, K3, sm, work side panel in pattern, sm, work 3 sts in pattern, sm, rep 6-st pattern 3 (3, 4, 4, 5) (5, 6, 6, 6) times to marker, sm, work centre panel in pattern, sm, rep 6-st pattern 3 (3, 4, 4, 5) (5, 6, 6, 6) times to marker, sm, K3, sm, work side panel in pattern, sm, K3, sm)** work twice to complete 1 round.

COLOURWORK

R19-34: Yoke Colourwork 1

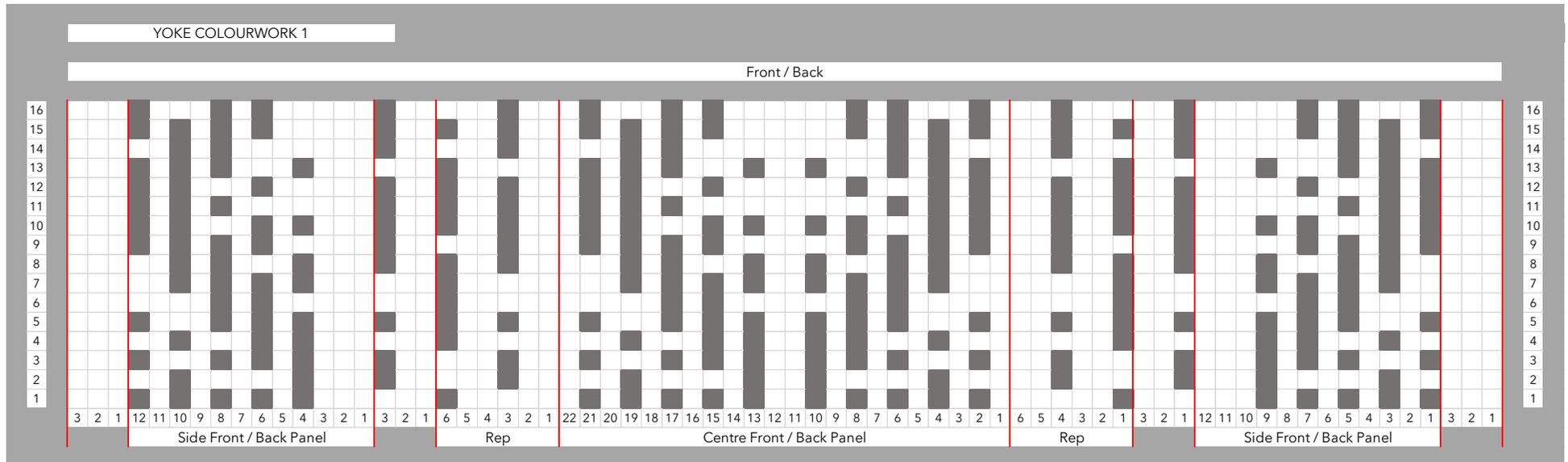
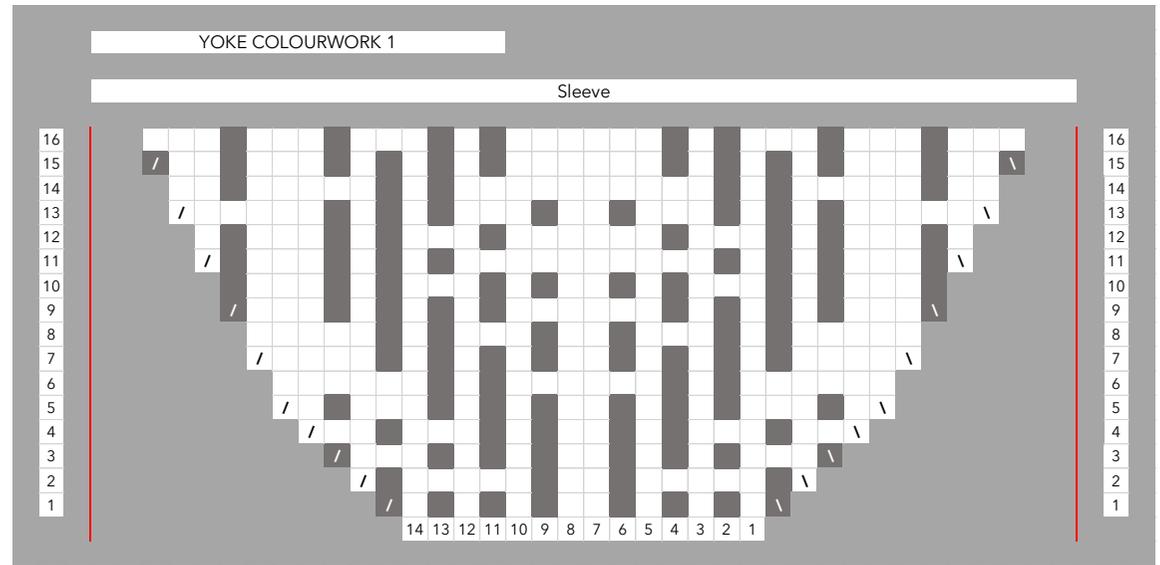
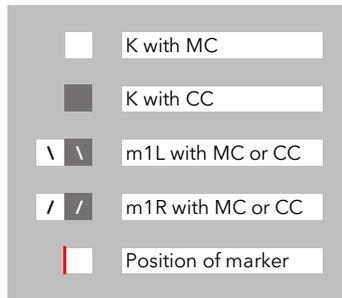
For the next 16 rounds, stranded colourwork is worked with MC and CC.

MAKE ONE RIGHT AND LEFT

Work the increases as follows:

m1R: LN moves from back to front to lift MC strand between sts, K tfl.

m1L: LN moves from front to back to lift MC strand between sts, K tbl.

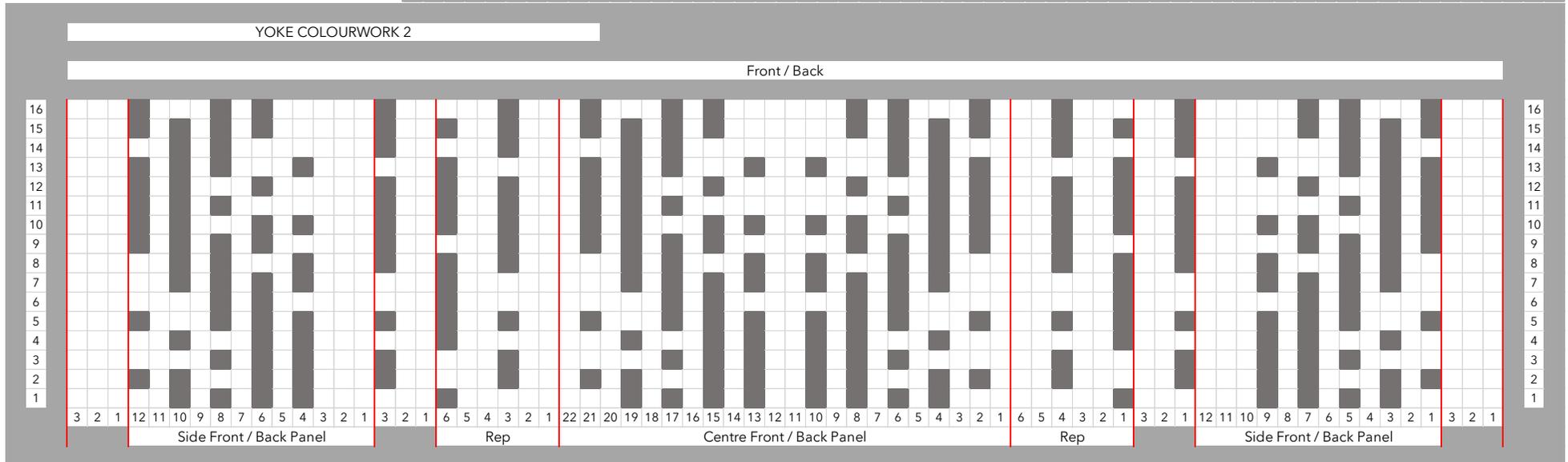
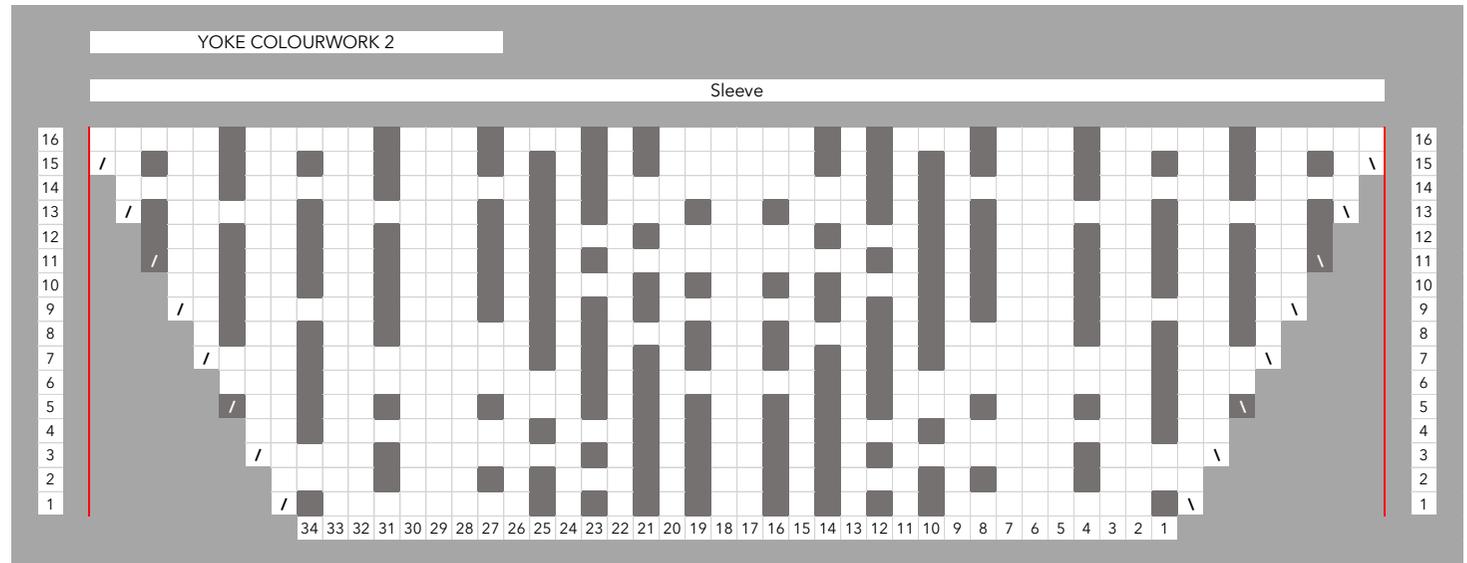


St Count end of Yoke Colourwork 1: 256 (256, 280, 280, 304) (304, 328, 328, 328) sts.

R35-50: Yoke Colourwork 2

Continue with stranded colourwork for another 16 rounds.

	K with MC
	K with CC
	m1L with MC or CC
	m1R with MC or CC
	Position of marker

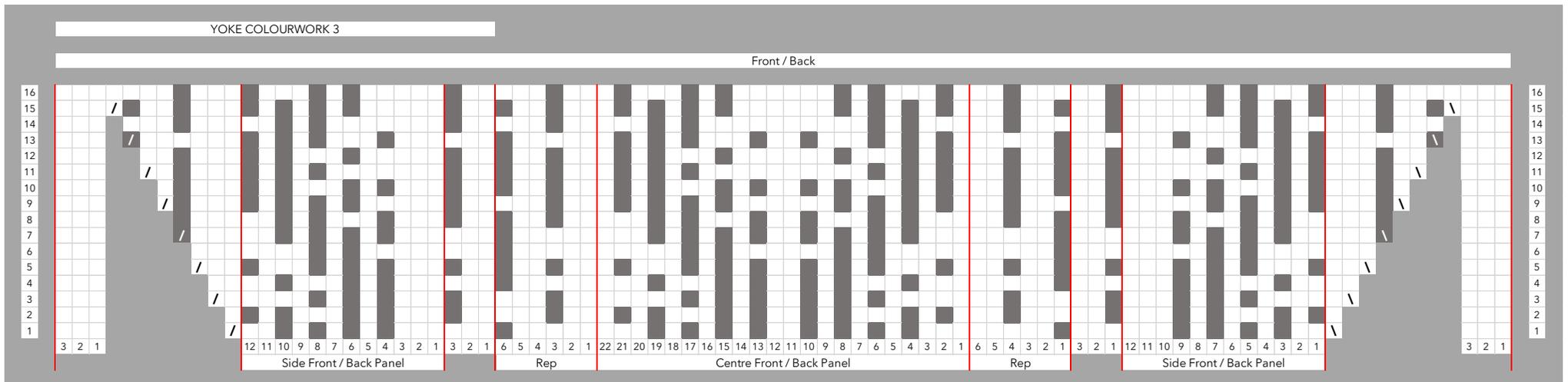
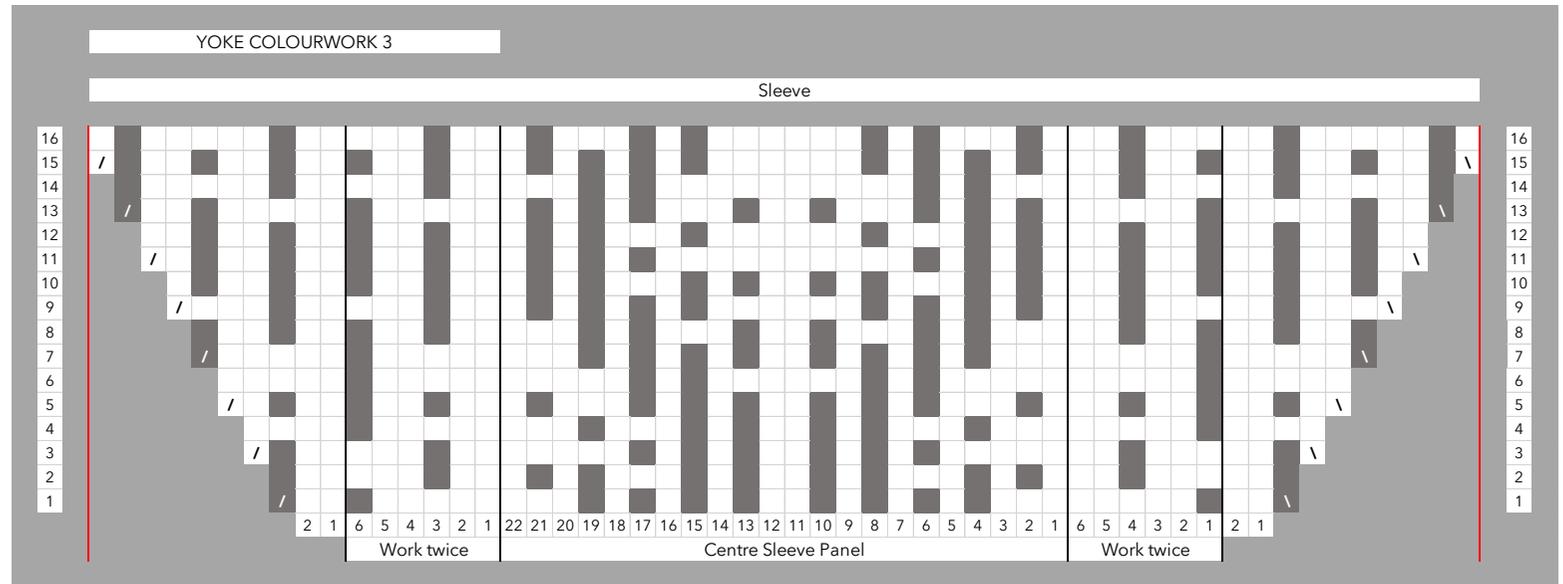


St Count end of Yoke Colourwork 2: 288 (288, 312, 312, 336) (336, 360, 360, 360) sts.

R51-66: Yoke Colourwork 3

Continue with stranded colourwork for another 16 rounds. Note that from this point you are working increases into the body as well as the sleeves.

	K with MC
	K with CC
	m1L with MC or CC
	m1R with MC or CC
	Position of marker



St Count end of Yoke Colourwork 3: 352 (352, 376, 376, 400) (400, 424, 424, 424) sts.

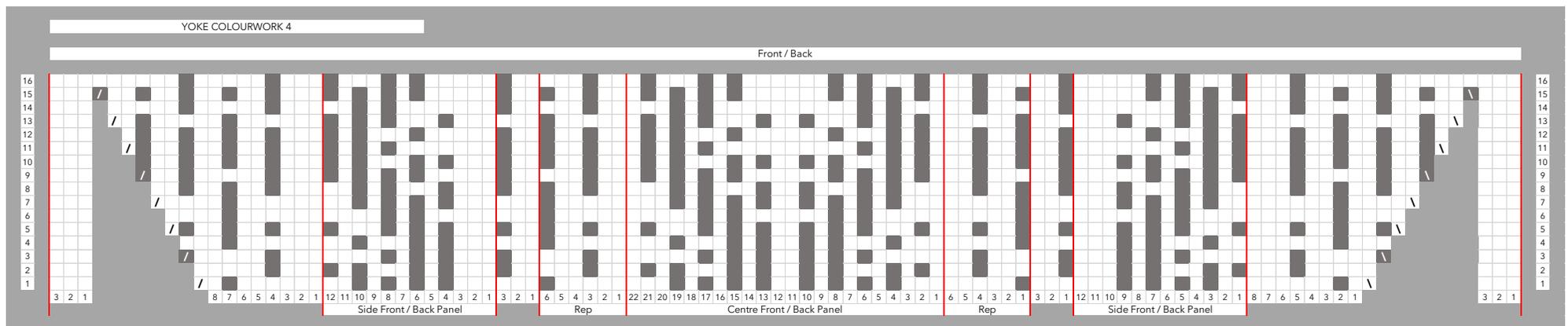
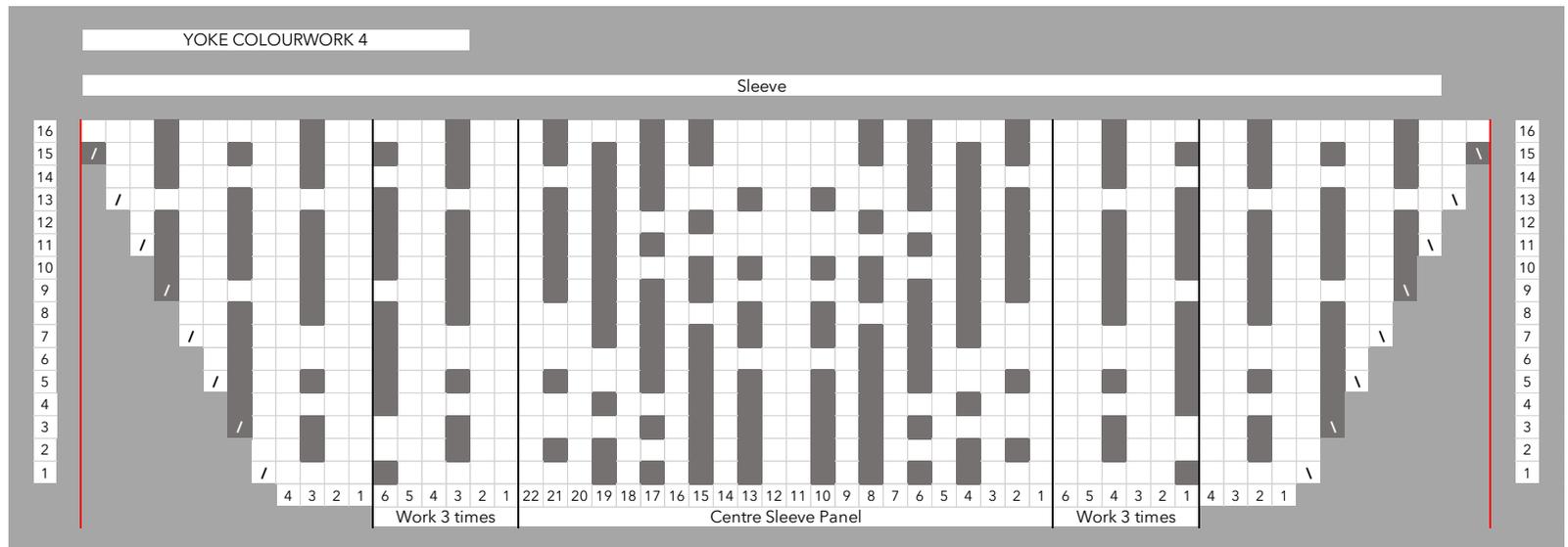


R67-71 (67-75, 67-77, 67-81, 67-82) (67-82, 67-82, 67-82, 67-82): Yoke Colourwork 4

Continue with stranded colourwork.

Sizes XS-L: do not work all 16 rnds of the chart; see below*.

	K with MC
	K with CC
	m1L with MC or CC
	m1R with MC or CC
	Position of marker



***Sizes XS-L: STOP working the charts at the end of Chart R5 (9, 11, 15, -) (-, -, -, -) and progress to p.13.**

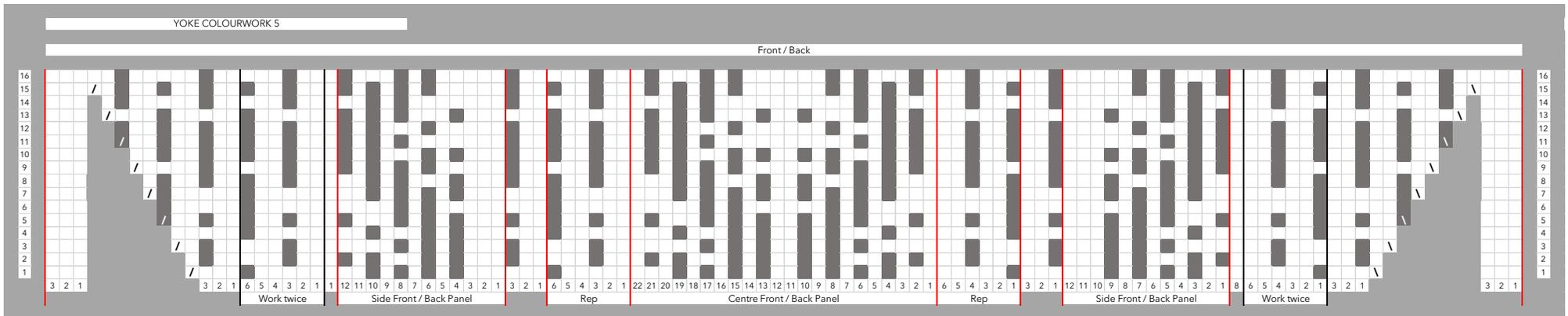
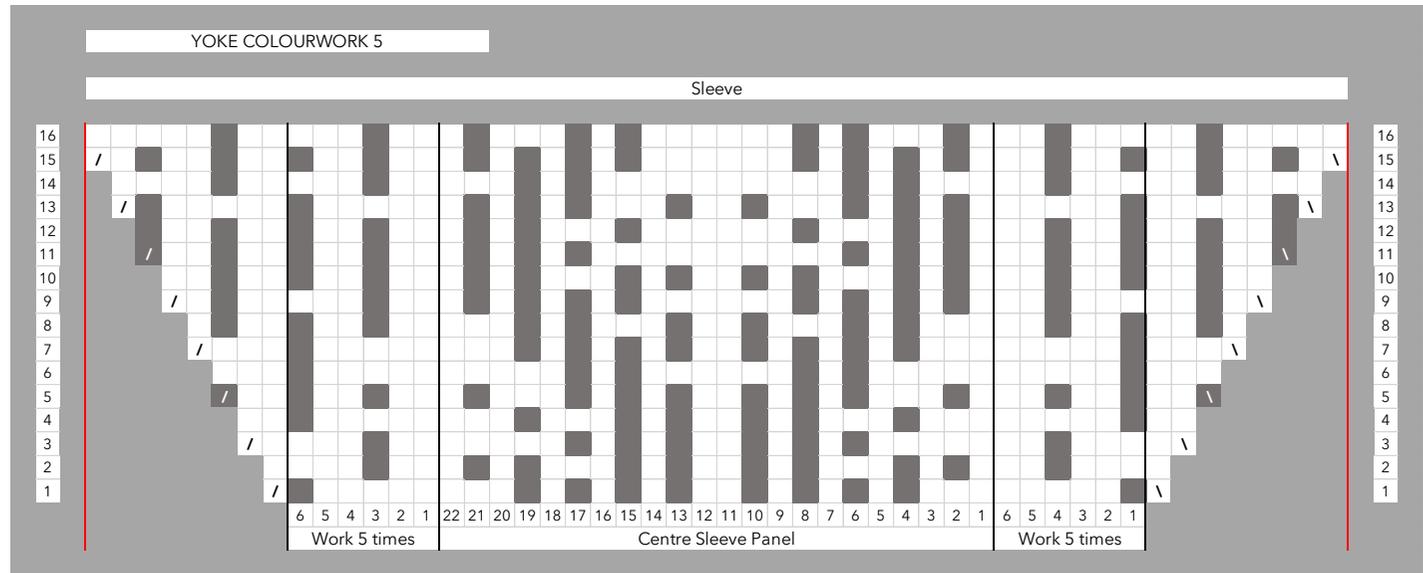
St Count end of Chart R5 (9, 11, 15, 16) (16, 16, 16, 16): 376 (392, 424, 440, 464) (464, 488, 488, 488) sts.

Sizes XL-5XL only: R- (-, -, -, 83) (83-87, 83-93, 83-97, 83-97): Yoke Colourwork 5

Continue with stranded colourwork.

Sizes XL-5XL: do not work all 16 rnds of the chart; see below*.

	K with MC
	K with CC
	m1L with MC or CC
	m1R with MC or CC
	Position of marker



***Sizes XL-5XL: STOP working the charts at the end of R- (-, -, -, 1) (5, 11, 15, 15) and progress to p.13.**

St Count end of Chart R- (-, -, -, 1) (5, 11, 15, 15): - (-, -, -, 472) (488, 536, 522) sts.

NECKBAND

I recommend working the neckband before separating for Body and Sleeves so that you can check the final fit of the yoke before progressing.

With 2.75mm / US size 2 needles and MC, start from right-hand side of back sts and pu and K the following:

1. 50 (50, 56, 56, 66) (66, 72, 72, 72) back sts by pu and K 5 in 6 sts along the back CO edge.
2. 10 shoulder sts by pu and K 5 in 7 sts along **each** shoulder CO edge.
3. 16 sts along **each** side of the front neckline shaping by pu and K 2 in 3 sts (same for all sizes).
4. 28 (28, 36, 36, 48) (48, 56, 56, 56) sts along the centre front neckline by pu and K 5 in 6 sts along the centre front CO edge.

OR pick up and knit stitches around neckband as desired to achieve preferred neckband fit; a stitch count of a multiple of 2 is required.

St Count: 130 (130, 144, 144, 166) (166, 180, 180, 180) sts.

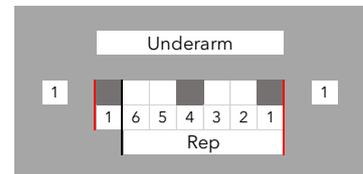
R1-9: Place BOR marker once all sts are pu, then work 9 rounds in twisted ribbing (i.e.: K1 tbl, P1 tbl). Standard 1x1 ribbing can be substituted here if preferred.

R10: Switch to 3.25mm / US size 3 needles and BO in (K1, P1) pattern, cut MC yarn, leaving a tail of up to 6" / 15cm to weave in later, rm and secure final st.

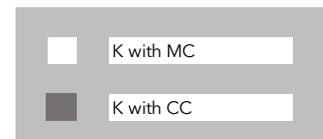
SEPARATING FOR BODY AND SLEEVES

Size XS only: R72: Remove BOR, sl sleeve sts to scrap yarn until you reach end of sleeve marker, remove sleeve marker, place BOR marker on RN, work back sts in stranded colourwork pattern **following Yoke Colourwork 4 Chart R6** (all back markers remain in place), remove sleeve marker, sl sleeve sts to scrap yarn until you reach end of sleeve marker, remove sleeve marker, place one of the sleeve markers on RN, work front sts in stranded colourwork pattern **following Yoke Colourwork 3 Chart R6** (all front markers remain in place) until you reach BOR. Progress to Body: R73.

Sizes S-5XL: R- (76, 78, 82, 84) (88, 94, 98, 98): Remove BOR, sl sleeve sts to scrap yarn until you reach end of sleeve marker, remove sleeve marker, turn to WS, place BOR marker on LN, use the [cable CO method](#) to CO - (7, 7, 13, 13) (19, 19, 25, 31) sts at the underarm following the Underarm Chart to the right with MC and CC (rep the 6-st pattern - (1, 1, 2, 2) (3, 3, 4, 5) time(s), then CO the final st with CC).



Turn to RS, place marker on RN (sleeve marker is now underarm marker), work back sts in stranded colourwork pattern **following Yoke Colourwork - (4, 4, 4, 5) (5, 5, 5, 5) Chart R- (10, 12, 16, 2) (6, 12, 16, 16)** (all back markers remain in place), remove sleeve marker, sl sleeve sts to scrap yarn until you reach end of sleeve marker, remove sleeve marker, turn to WS, place sleeve marker on LN, use the [cable CO method](#) to CO - (7, 7, 13, 13) (19, 19, 25, 31) sts at the underarm (once again following the Underarm Chart), turn to RS and place marker on RN (sleeve marker is now underarm marker), work all front sts in stranded colourwork pattern **following Yoke Colourwork - (4, 4, 4, 5) (5, 5, 5, 5) Chart R- (10, 12, 16, 2) (6, 12, 16, 16)** (all front markers remain in place) until you reach BOR.



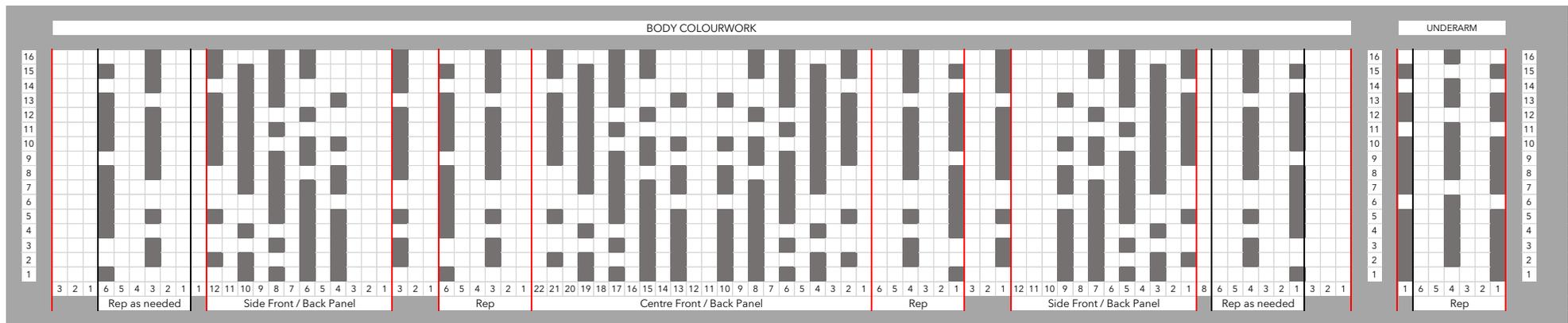
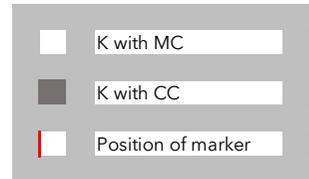
Body Stitch Count: 232 (254, 282, 302, 330) (354, 386, 406, 426) sts.

BODY

R73-146 (77-146, 79-146, 83-146, 85-146) (89-146, 95-146, 99-146, 99-146): Body Colourwork

Starting from Chart R7 (11, 13, 1, 3)(7, 13, 1, 1), continue working stranded colourwork with MC and CC. **Size XS** do not follow the chart for the underarm sts as this size has not cast any underarm sts on. Work from your starting rnd to the end of the chart, then work the entire chart (working all 16 rnds) a further 4 (4, 4, 3, 3)(3, 3, 3, 3) times.

Work the first rnd of the chart as follows: **(All sizes except for Size XS:** rep 6-st pattern from the Underarm Chart - (1, 1, 2, 2)(3, 3, 4, 5) time(s), work final st of Underarm Chart, **All Sizes:** K3 in MC, rep 6-st pattern as required to 1 st before Side Panel marker (starting working the 6-st pattern from st 3 (1, 6, 4, 3)(1, 4, 2, 2) so that the colourwork pattern continues to line up with what has been worked in the yoke), K1 in MC, sm, work Side Panel, sm, work 3 sts in pattern, sm, rep 6-st pattern to marker, sm, work Centre Front/Back panel, sm, rep 6-st pattern to marker, sm, work 3 sts in pattern, sm, work Side Panel, sm, K1 in MC, rep 6-st pattern as required to 3 sts before marker (all sizes starting from st 1 this time), K3 in MC) **work twice per rnd.**



ADJUSTING BODY LENGTH

Body length from the End of Body Colourwork (see p.15) to the end of the waistband is 5" / 12.5cm. If you would like to alter the body length (see Sizing Guide, p.2), you have a couple of options:

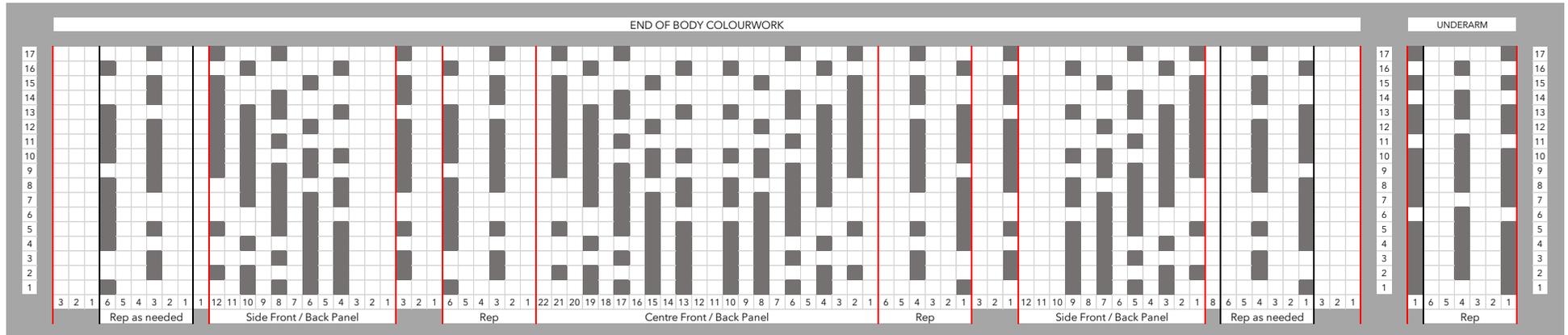
1. For a significant alteration, work 1 more or 1 fewer repeats of the 16-rnd colourwork pattern in the chart above. This will add or remove ~2"/5cm of length on the body.
2. For minor adjustments, work more or fewer rnds of stockinette after completing the colourwork and before progressing to the waistband. Assuming you are meeting gauge, +/- 8 rnds = ~1"/2.5cm length.

Each time you start working the Front or Back, K3 in MC, then start working the 6-st pattern **from st 3 (1, 6, 4, 3)(1, 4, 2, 2)** so that the colourwork pattern continues to line up with what has been worked in the yoke.

- Size M →
- Sizes L and 3XL →
- Sizes XS and XL →
- Sizes 4XL and 5XL →
- Sizes S and 2XL →

R147-163: End of Body Colourwork

Continue to work stranded colourwork with MC and CC for 17 rnds, following the chart below in the same way as you followed the previous body colourwork chart.



Once complete, cut CC yarn, leaving a tail of up to 6" / 15cm to weave in later.

END OF BODY

R164-168: K 5 rnds in MC. On the first of these rnds, remove all markers except for BOR. To make minor adjustments to body length, work more or fewer rnds here. (~8 rnds will add or remove 1" / 2.5cm of length.) If you wish to increase or decrease the waistband circumference slightly, work increases or decreases here. (~6 sts will add or remove 1" / 2.5cm of circumference.)

WAISTBAND

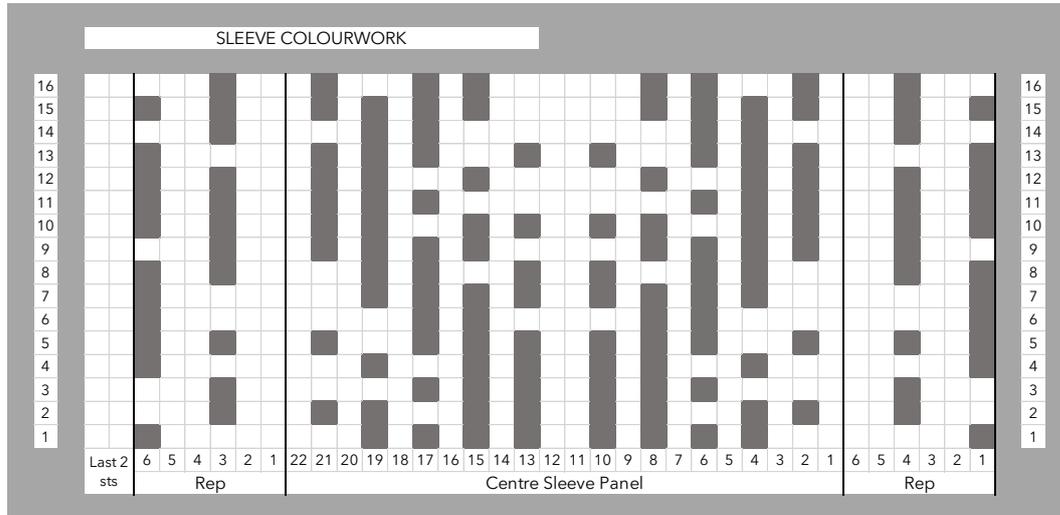
R169-188: Switch to 2.75mm / US size 2 needles and work 20 rounds in twisted ribbing (i.e.: K1 tbl, P1 tbl). Standard 1x1 ribbing can be substituted here if preferred.

R189: BO in (K1, P1) pattern, cut MC yarn, leaving a tail of up to 6" / 15cm to weave in later, rm and secure final st.

SLEEVES (same for both)

Return 72 (76, 78, 82, 84) (88, 94, 98, 98) sleeve sts from scrap yarn to 3.25mm / US size 3 needles and prepare to work with MC and CC.

	K with MC
	K with CC



Use the Sleeve Colourwork Chart above to set up for the sleeve colourwork as follows:

R1: Starting from **Chart R6 (10, 12, 16, 2) (6, 12, 16, 16) of the 16-round repeated pattern and Stitch 6 (4, 3, 1, 6) (4, 1, 5, 5) of the 6-st repeated pattern** (starting from the right-hand side of the chart), work the 6-st rep pattern until you reach the centre sleeve panel (optional: you may find it helpful to add markers here to identify the 22 sts for the panel), work the 22 sts for the centre sleeve panel, work the 6-st rep pattern (on the left-hand side of the chart) until you reach the end of the sleeve sts (you may be part way through a repeat of the 6-st pattern when you reach the end of the live sleeve sts). **Size XS: next, K first sleeve st with MC to join in the rnd, place BOR marker, and proceed to R2 cont.**

Sizes S-5XL: Next you are going to pu and K- (8, 12, 14, 18) (24, 26, 28, 34) sts along underarm seam, placing the BOR marker close to the end of these sts as follows:

Pu and K- (3, 6, 12, 15) (19, 24, 24, 30) sts, following the 6-st rep pattern (continuing the 6-st pattern from the st you had reached when working the live sleeve sts), then pu and K 2 sts with MC for final 2 sts of rnd. Place BOR. **Sizes L and 3XL: you have picked up all the required sts; proceed to R2 cont.**

Sizes S, M, XL, 2XL, 4XL and 5XL: Start of R2: Following **Chart R7 (11, 13, 1, 3) (7, 13, 1, 1) of the 16-round repeated pattern and Stitch 1 of the 6-st pattern**, pu and K- (3, 4, 0, 1) (3, 0, 2, 2) sts in pattern.

St Count: 72 (84, 90, 96, 102) (112, 120, 126, 132) sts.

R2 cont.: Work to BOR following the stranded colourwork pattern on Chart R7 (11, 13, 1, 3) (7, 13, 1, 1).

R3-59 (3-55, 3-53, 3-49, 3-47) (3-59, 3-53, 3-49, 3-49): Continue to follow the 16 repeated rnds sleeve colourwork chart. Continue from Chart R8 (12, 14, 2, 4) (8, 14, 2, 2) to the end of the chart, then work the entire chart (working all 16 rnds) a further 3 (3, 3, 2, 2) (3, 3, 2, 2) times.

ADJUSTING SLEEVE LENGTH

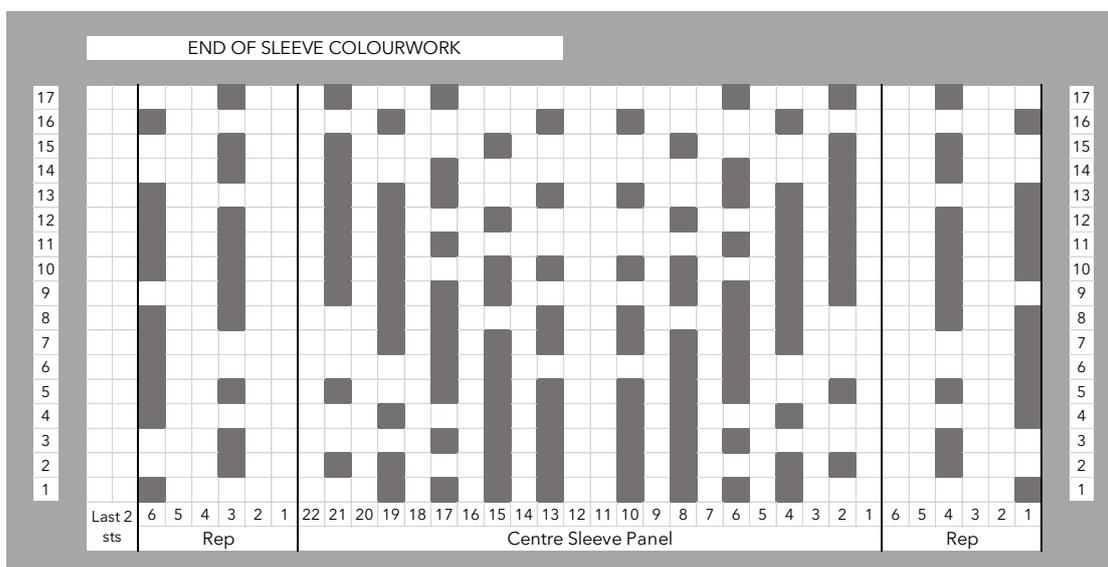
Sleeve length from the End of Sleeve Colourwork (see p.17) to the end of the sleeve cuff is 3.75" / 9.5cm. If you would like to alter the sleeve length (see Sizing Guide, p.2), you have a couple of options:

1. For a significant alteration, work 1 more or 1 fewer repeats of the 16-rnd colourwork pattern in the Sleeve Colourwork chart above. This will add or remove ~2"/5cm of length on the sleeve. For full length sleeves, I would recommend repeating the Sleeve Colourwork chart an extra 2-3 times (depending on desired sleeve length) and at the same time working decreases either side of BOR until you reach a stitch count of ~60 (60, 64, 64, 68) (72, 76, 80, 80) sts.
2. For minor adjustments, work more or fewer rnds of stockinette after completing the colourwork and before progressing to the cuff. Assuming you are meeting gauge, +/- 8 rnds = ~1"/2.5cm length.

R60-76 (56-72, 54-70, 50-66, 48-64) (60-76, 54-70, 50-66, 50-66): End of Sleeve Colourwork

	K with MC
	K with CC

Continue to work stranded colourwork with MC and CC for 17 rnds, following the chart below.



Once complete, cut CC yarn, leaving a tail of up to 6" / 15cm to weave in later.

R77-81 (73-77, 71-75, 67-71, 65-69) (77-81, 71-75, 67-71, 67-71): K 5 rnds in MC. If you wish to make a small adjustment to the sleeve length, work more or fewer rnds here. (~8 rnds will add or remove 1" / 2.5cm of length.) If you wish to increase or decrease the cuff circumference slightly, work increases or decreases here. (~6 sts will add or remove 1" / 2.5cm of circumference.)

CUFF

R82-91 (78-87, 76-85, 72-81, 70-79) (82-91, 76-85, 72-81, 72-81): Switch to 2.75mm / US size 2 needles and work 10 rounds in twisted ribbing (i.e.: K1 tbl, P1 tbl). Standard 1x1 ribbing can be substituted here if preferred.

R92 (88, 86, 82, 80) (92, 86, 82, 82): BO in (K1, P1) pattern, cut MC yarn, leaving a tail of up to 6" / 15cm to weave in later, rm and secure final st.

FINISHING

Weave in any ends and wet block to desired measurements.

SHARING YOUR FINISHED OBJECT

It would be lovely to see your Waterfalls once it's finished.

Please do create a project page on Ravelry and share your knits on Instagram using the tags #unwindknitwear or #unwindwaterfalls

CONTACT

Do you have a question or comment about this pattern? Please get in contact at unwind_knitwear@outlook.com

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