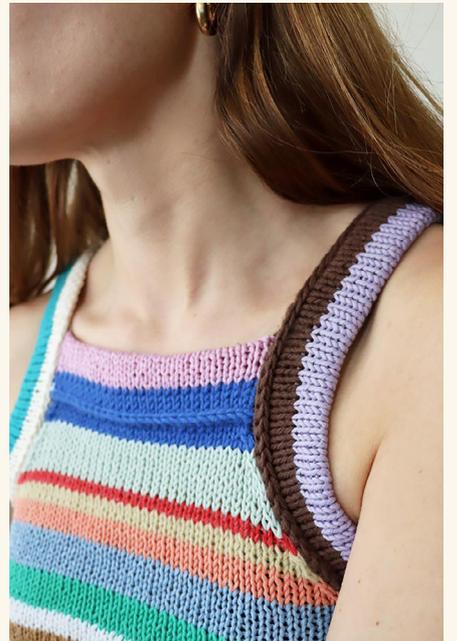


Sol Top



ramos



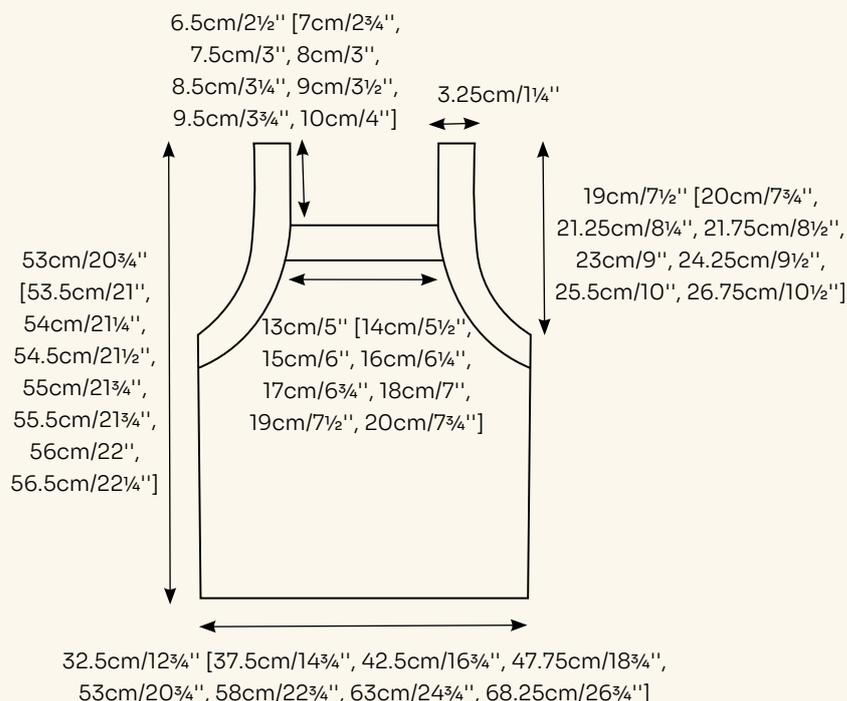
## SIZING

This pattern includes 8 sizes, please use the chart below to pick your size. When the instructions differ between sizes, they will be written as follows: size 1 [size 2, size 3, size 4, size 5, size 6, size 7, size 8].

SIZE	TO FIT CHEST	UK	US	S-M-L
1	71-76cm/28-30"	2-4	0-1	XS
2	81-86 cm/32-34"	6-8	2-4	S
3	91-97cm/36-38"	10-12	6-8	M
4	102-107cm/40-42"	14-16	10-12	L
5	112-117cm/44-46"	18-20	14-16	XL/1X
6	122-127cm/48-50"	22-24	18-20	2X
7	132-137cm/52-54"	26-28	22-24	3X
8	142-147cm/56-58"	30-32	26-28	4X

## MEASUREMENTS

**Flat measurements:** The Sol Top is designed to be fitted, with a negative ease of 6-12cm/2¼-4¾". If you are inbetween sizes and want a fitted look we suggest going down a size.



## INFORMATION

The Sol Top is a classic tank top knitted in all over stocking stitch with folded trim straps. We have used two yarns held together to create a marled effect and also used up our scrap yarns to create a striped version.

**SKILL LEVEL:** Easy.

**Required techniques:** Long tail cast on, knitting in the round, knitting flat, knit, purl, stocking stitch, decreasing, folded cast off, picking up stitches, cable cast on. For help with techniques see useful links on page 7.

**YARN:** Fingering weight yarn approx 50g/250m. 2 strands held together throughout. Per colour you will need approx 85g/425m [96g/480m, 110g/550m, 125g/625m, 140g/700m, 155g/775m, 170g/850m, 190g/950m].

For the pink/white top we have used:  
**2 [2, 3, 3, 3, 3, 4, 4] balls of Knitting For Olive Pure Silk, raspberry pink** - 100% silk. (250m/273yds per 50g ball.)

held together with...

**2 [2, 3, 3, 3, 3, 4, 4] balls of Knitting For Olive Cotton Merino, natural white** - 70% Organic Cotton, 30% Merino Wool. (250m/273yds per 50g ball.)

Other yarn suggestions for using 2 colours:  
**3 [3, 3, 4, 4, 4, 5, 5] balls per colour of CaMaRose Pimabomuld 2/8.** (200m/218yds per 50g ball.)

**3 [3, 4, 4, 5, 5, 5, 6] balls per colour of Scheepjes Organicon** (170m/185yds per 50g ball.)

OR you can use 1 strand of a heavy DK weight yarn, approx 50g/105m.

For the striped scrap top we have used approx:  
**5 [5, 6, 6, 7, 8, 9, 9] balls of Stylecraft Naturals Organic Cotton DK**- 100% Organic Cotton. (105m/115yds per 50g skein.)

Other DK yarn suggestions:

Rico Essentials Organic Cotton DK (105m/115yds per 50g skein.)

Cascade Ultra Pima (200m/230yds per 100g skein.)

Drops Muskat. (100m/110yds per 50g skein.)

## RECOMMENDED NEEDLES:

4.5mm/US 7 circular knitting needles, length 60-80cm/24-32".

## TENSION (blocked):

**Stocking stitch on 4.5mm/US 7 needles:**

10cm/4" x 10cm/4" = 19.5 stitches x 26 rows

**USEFUL TOOLS:** Tape measure, scissors, stitch markers and a blunt tapestry needle for seaming and weaving in ends.

## ABBREVIATIONS

**k** - knit

**p** - purl

**st(s)** - stitch(es)

**ws** - wrong side

**rs** - right side

**ssk** - decrease 1 stitch by slipping the next two stitches knit-wise, one by one. Put left needle through the front loops of both slipped stitches and knit them together to make 1 stitch.

**k2tog** - decrease 1 stitch by knitting 2 stitches together

**p2tog** - decrease 1 stitch by purling 2 stitches together.

**p2togtbl** - decrease 1 stitch by inserting the right needle purl-wise into the next 2 stitches on the left needle through the back loops, starting with the furthest away stitch. Purl together to make 1 stitch.

**OVERVIEW:** The Sol Top is knitted in one piece from the bottom up in stocking stitch. It's knitted in the round until reaching the armhole, then worked flat on half of the stitches to form the back, then the other half to form the front. Stitches are then picked up around the armholes and cast on for the straps. The trims for the straps are knitted in stocking stitch in the round and cast off whilst folding the trim in half.

# INSTRUCTIONS

1. Cast on 126 [146, 166, 186, 206, 226, 246, 266] sts using the long tail cast on technique.

Place a stitch marker to mark the start of the round and join to work in the round, be careful not to twist your sts.

2. K all sts.
3. Repeat step 2 until your piece measures 30.75cm/12" [30.25cm/12", 29.5cm/11½", 29.5cm/11½", 28.75cm/11¼", 28cm/11", 27.25cm/10¾", 26.5cm/10½"] from the cast on edge (approx 79 [78, 76, 76, 74, 72, 70, 68] more rounds).

4. Cast off 4 [4, 5, 6, 8, 10, 11, 12]sts, k59 [69, 78, 87, 95, 103, 112, 121]. Turn your work.

You will now be working over these 59 [69, 78, 87, 95, 103, 112, 121]sts only to make the back of the top, you will come back to the other sts later.

5. Cast off 4 [4, 5, 6, 8, 10, 11, 12]sts, p55 [65, 73, 81, 87, 93, 101, 109]. Turn your work. (55 [65, 73, 81, 87, 93, 101, 109]sts.)
6. K1, ssk, k until 3sts left of the row, k2tog, k1. (53 [63, 71, 79, 85, 91, 99, 107]sts.)
7. P1, p2tog, p until 3sts left of the row, p2togtbl, p1. (51 [61, 69, 77, 83, 89, 97, 105]sts.)
8. Repeat steps 6 and 7 a further 2 [3, 4, 7, 8, 9, 11, 13] times. (43 [49, 53, 49, 51, 53, 53, 53]sts.)
9. K1, ssk, k until 3sts left of the row, k2tog, k1. (41 [47, 51, 47, 49, 51, 51, 51]sts.)
10. P row.
11. Repeat steps 9 and 10 a further 3 [6, 8, 5, 5, 5, 4, 3] times. (35 [35, 35, 37, 39, 41, 43, 45]sts.)
12. K1, ssk, k until 3sts left of the row, k2tog, k1. (33 [33, 33, 35, 37, 39, 41, 43]sts.)
13. Starting with a p row, work 3 rows in stocking stitch.

14. Repeat steps 12 and 13 a further 3 [1, 0, 0, 0, 0, 0, 0] times. (27 [31, 33, 35, 37, 39, 41, 43]sts.)

## SIZES 2, 3, 4, 5, 6, 7 AND 8 ONLY:

15. K1, ssk, k until 3sts left of the row, k2tog, k1. ([29, 31, 33, 35, 37, 39, 41]sts.)
16. Starting with a p row, work in stocking stitch until your piece measures 43.25cm/17" from the cast on edge (approx 1 more row). Make sure last row is a p row.

## ALL SIZES:

17. Now you will knit the top centre trim, this will look like reverse stocking stitch on the RS of the top until folded and joined in the next step.  
  
Starting with a purl row, work in stocking stitch until your trim measures 6.5cm/2½" (approx 17 rows.) Make sure last row is a purl row.
18. Cast off using folded cast off technique, folding the rs of the trim over to connect it to the first row of purl bumps on rs of top.
19. RS facing you, rejoin yarn to 63 [73, 83, 93, 103, 113, 123, 133]sts waiting on your needle. Cast off 4 [4, 5, 6, 8, 10, 11, 12]sts, k until the end of the row. (59 [69, 78, 87, 95, 103, 112, 121]sts.)
20. Repeat steps 5 to 18 once more to make the front of your top, following only the steps for your size.

## ASSEMBLY & FINISHING

### Straps:

RS facing outwards, start at the underarm point of one of the armholes.

1. Working from right to left pick up and k 31 [32, 33, 33, 35, 36, 38, 39]sts until you reach the top of the trim on one side. Turn work so ws facing you and use the cable cast on technique to cast on 27 [29, 31, 33, 35, 37, 39, 41]sts. (Note: If you want to make the strap length longer, at this point you can cast on more sts.)



Turn work back so the rs is facing you, make sure sts cast on are not twisted. Starting at the top of the trim on the adjoining side (where arrow is pointing) pick up and k 31 [32, 33, 33, 35, 36, 38, 39]sts until you reach the point you started (89 [93, 97, 99, 105, 109, 115, 119]sts.)

Place a stitch marker to mark the start of the round and join to work in the round with the first st picked up.

2. P30 [31, 32, 32, 34, 35, 37, 38], p2tog, p25 [27, 29, 31, 33, 35, 37, 39], p2tog, p until you reach the marker. (87 [91, 95, 97, 103, 107, 113, 117] sts.)
3. Work every round in p until your trim measures 6.5cm/2½" (approx 16 more rows.)
4. Turn work as if to work back on the last stiches of the round. Cast off using folded cast off technique, folding the rs of the trim over to connect it to the first row of purl bumps on rs of top. Make sure you cast off loosely so armhole is not too tight.

5. Repeat for the other side.

6. Weave in any loose ends.

### Blocking:

We recommend that you block your top to achieve the correct measurements and keep the hem sitting flat. Refer to the blocking instructions for the yarn you are using or follow the instructions below:

1. Fill a basin with cold water, submerge top for 15 minutes.
2. Lift out of water, supporting weight evenly, gently squeeze to remove excess water.
3. Roll between clean towels to remove most of the moisture.
4. Place on a blocking mat or board.
5. Pin out to measurements.
6. Leave until completely dry.

## USEFUL LINKS

### Knitting Techniques:

Long tail cast on: <https://www.youtube.com/watch?v=T-gdAUEjQjU>

Knitting in the round: <https://www.youtube.com/watch?v=p1bZ1hj8Qg8>

Knit: <https://www.youtube.com/watch?v=esEtUaa-Pwg>

Purl: [https://www.youtube.com/watch?v=bbtnjHrb\\_Hg](https://www.youtube.com/watch?v=bbtnjHrb_Hg)

Knitting flat with circular needles: <https://www.youtube.com/watch?v=JrKTbmliv50>

Stocking stitch: [https://www.youtube.com/watch?v=3tW\\_Ck9PemM](https://www.youtube.com/watch?v=3tW_Ck9PemM)

ssk: <https://www.youtube.com/watch?v=RKRzXWEIrhA&t=4s>

k2tog: <https://www.youtube.com/watch?v=YBjSEzf-Q5E>

p2tog: <https://www.youtube.com/watch?v=9melw6FgzCM>

p2togtbl: [https://www.youtube.com/watch?v=aLI4\\_u3T9Fo](https://www.youtube.com/watch?v=aLI4_u3T9Fo)

Folded cast off: <https://www.youtube.com/watch?v=E8Zn8vjI7KM>

Picking up stitches: <https://www.youtube.com/watch?v=p9XQxUAvtMM>

Cable cast on at the start of a row: <https://www.youtube.com/watch?v=PS4a7knXdjw&t=3s>

### Finishing Techniques:

Weaving in loose ends: <https://www.youtube.com/watch?v=v-p4qsiyul8&t=2s>

Blocking: <https://brooklyntweed.com/pages/blocking-101>

Tag us on Instagram [@rows\\_knitwear](https://www.instagram.com/rows_knitwear)

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