Polar Coat Adult

N A S H K N I T S

Sizes:

XS (S, M, L, XL, 2XL, 3XL).

Measurements (Blocked):

Chest Circumference (closed):

Approximately 108.5 (114, 117, 123, 128.5, 137, 146) cm / 42.7 (44.8, 46, 48.4, 50.6, 54, 57.5) inches

Total length from mid back (excluding the collar):

Approximately 55 (55, 56, 56, 57, 59, 61) cm / 21.6 (21.6, 22, 22, 22.4, 23.2, 24) inches

Upper arm circumference:

Approximately 41.5 (43, 44, 46, 48.5, 51.5, 54) cm / 16.3 (16.9, 17.3, 18.1, 19, 20.2, 21.2) inches

Yarn:

Garn studio Drops Nepal (medium brown no.0612)

(Content: 65% Wool, 35% Alpaca. Weight/Length: 50 gm= Approx. 75m)

Garn studio Drops Alpaca Boucle (brown no.0602)

(Content: 80% Alpaca, 15% Wool, 5% Polyamide. Weight/Length: 50 gm= Approx. 140m)

Amount of yarn used:

Drops Nepal: 600 (650, 650-700, 700-750, 750-800, 800-850, 850-900) gms

Drops Alpaca Boucle: 300 (300-350, 350, 350-400, 400, 400-450, 450) gms

Recommended needles:

4.5 mm / US 7 circular needles

5.5 mm / US 9 circular needles.

4.5 mm / US 7 dpns (for sleeve cuffs) or you can use magic loop technique with circular needles.

5.5 mm / US 9 dpns (for sleeves) or you can use magic loop technique with circular needles.

5 mm / H-8 crochet hook

Spare dpns (double pointed needles) and circular needles.

Extras:

2 buttons (35 mm)

Gauge/Tension (Blocked):

14 sts x 20 rows/rounds in stockinette stitch with Nepal and Alpaca Boucle held together on 5.5 mm / US 9 needles = 10 cm x 10 cm / 4 inches x 4 inches

(***Take your time to get correct stitch AND row/round gauge***. You might change needles size to get the correct gauge)

Polar Coat is knitted top down, starting with the back yoke which is worked back and forth (while shaping with short rows), after that sts are picked up across the shoulders to form the front yoke, then the rest of the body is worked back and forth till it's finished. Sts for the collar are then picked up, worked back and forth (while shaping with short rows), sts for sleeves are then picked up, sleeve cap is shaped by short rows, then continued in the round. Finally, an applied icord is worked across the front edges, the collar edge, and around the cuffs.

The coat has approx. 21-25 cm / 8.2-9.8 inches of intended positive ease at the bust area. The sizes XS (S, M, L, XL, 2XL, 3XL) are designed to fit a chest circumference of 80-85 (85-90, 90-95, 95-100, 100-110, 110-120, 120-130) cm/ 31.5-33.4 (33.4-35.4, 35.4-37.4, 37.4-39.4, 39.4-43.2, 43.2-47.2, 47.2-51.2) inches.

The coat is knitted with 2 threads of Aran weight yarn on 5.5 mm / US 9 needles to achieve a tight weave and reduce drape.

You can find the **abbreviations** and some **useful tutorials** on the last page of the pattern.

Pattern notes:

Pre blocked length estimation:

Lengths mentioned in the pattern are the blocked lengths, so in order to obtain the exact length pre blocked simply you multiply your blocked row gauge (in 1 cm) by the required length, for example; the pattern's row gauge in 10 cm is 20 rows, this means that 1 cm should have 2 rows, so if you needed to work a length of 20 cm you multiply 20 cm x 2 rows = 40 rows (this is the number of rows you should work to get 20 cm when your piece is blocked)

Buttonhole:

Row 1 (RS): k to last 5 sts, m1L, bind off 3 sts knit wise, sl1pw from RHN to LHN, k2tog, k1, turn.

Row 2 (WS): p2, with 5 mm / H-8 crochet hook, insert the hook to the purl bump of the 1st st on RHN, yarn over hook, pull up a loop, turn your work, mark the loop on the hook (now you should be on your RS), (yarn over hook, pull up a loop) 4 times, transfer st from crochet hook to LHN, turn, p to end of row, turn.

Row 3 (RS): k to last 4 sts, sl1kw, return slipped st back to LHN, k2togtbl, (insert the tip of your RHN into the **back loop** of the next chain, pick up and knit 1 st) a total of 3 times, now you should be left with the last marked chain, with LHN lift the upper leg of the last chain from front to back, k2tog, k1, turn.

A buttonhole is worked on the **18th** row from the end of the previous buttonhole, meaning that after working 3 rows of buttonhole, work in stockinette st back and forth for **17** more rows ending with WS, then on the next row you should start your next buttonhole.

Originally the coat is knitted in 1 thread of Drops Nepal held together with 1 thread of Drops Alpaca Boucle, however if you want to add more of the Boucle texture, you can use 2 threads of Alpaca Boucle together with 1 thread of **Drops Soft Tweed** and obtain same gauge on 5.5 mm / US 9 needles. Below is an approximate estimation for yarn amounts if you are considering knitting the coat with more Boucle texture:

Drops Soft Tweed: 300 (300-350, 350, 350-400, 400, 400-450, 450) gms

Drops Alpaca Boucle: 600 (600-700, 700, 700-800, 800, 800-900, 900) gms

Pattern:

Back yoke:

- With 5.5 mm / US 9 circular needles and both yarns held together, cast on 72 (76, 78, 82, 84, 88, 94) sts using long tail cast on method, turn.
- Next row (WS): p to end, turn.
- Now you are going to work **German short rows** as follows:
- Next row (RS): k 50 (53, 54, 56, 57, 59, 62) sts, turn.
- Next row (WS): DS, p 27 (29, 29, 29, 29, 29, 29) sts, turn.
- Next row (RS): DS, k to 3 sts after previous DS (work DS as you go), turn.
- Next row (WS): DS, p to 3 sts after previous DS (work DS as you go), turn.
- Repeat previous 2 rows 6 (6, 6, 7, 7, 8, 9) more times, ending with WS.
- Next row (RS): DS, k to end, turn.
- Next row (WS): p to end, turn.
- Work in stockinette st back and forth for 36 (36, 38, 40, 40, 42, 44) more rows ending with WS, now you are going to shape armholes as follows:
- Next row (RS): k2, m1L, k to last st, m1R, k2, turn.
- Next row (WS): p to end, turn.
- Repeat previous 2 rows 1 (1, 1, 1, 2, 3, 3) more times. Total 76 (80, 82, 86, 90, 96, 102) sts, your piece should approx. measure 29.5 (29.5, 30.5, 32.5, 33.5, 36.5, 38.5) cm/ 11.6 (11.6, 12, 12.8, 13.1, 14.3, 15.1) inches from mid back cast on edge (when blocked), cut your yarn and place your sts onto a spare needle.

Right front:

- With RS facing, 5.5 mm / US 9 needles and both yarns held together, starting at the outermost st of cast on edge at the right back yoke, pick up and knit 25 (26, 27, 29, 30, 32, 35) sts, turn.
- Next row (WS): p to end, turn.
- Next row (RS): k to end, turn.
- Next row (WS): p3, turn.
- Next row (RS): DS, k to end, turn.
- Next row (WS): p to 3 sts after previous DS, turn.
- Repeat previous 2 rows 3 more times. Now you are going to shape neckline while shaping shoulder with short rows as follows:
- Next row (RS): DS, k to last 2 sts, m1R, k2, turn.
- Next row (WS): p to 3 sts after previous DS, turn.
- Next row (RS): DS, k to end, turn.
- Next row (WS): p to 3 sts after previous DS, turn.
- Next row (RS): DS, k to end, turn.
- Next row (WS): p to 3 sts after previous DS, turn.

- Repeat previous 6 rows 0 (0, 0, 0, 0, 0, 1) more time. Total 26 (27, 28, 30, 31, 33, 37) sts

❖ Sizes (XS, M, 3XL) ONLY:
➢ Next row (RS): DS, k to last 2 sts, m1R, k2, turn.
➢ Next row (WS): p to end, turn.
➢ Next row (RS): k to end, turn.
➢ Next row (WS): p to end, turn.
- Repeat previous 2 rows 1 more time. Total 27 (-, 29, -, -, -, 38) sts

❖ Sizes (L, XL) ONLY:
➢ Next row (RS): DS, k to last 2 sts, m1R, k2, turn.
➢ Next row (WS): p to 3 sts after previous DS, turn.
➢ Next row (RS): DS, k to end, turn.
➢ Next row (WS): p to end, turn.
➢ Next row (RS): k to end, turn.
➢ Next row (WS): p to end, turn. Total - (-, -, 31, 32, -, -) sts

❖ Size (2XL) ONLY:
➢ Next row (RS): DS, k to last 2 sts, m1R, k2, turn.
➢ Next row (WS): p to 3 sts after previous DS, turn.
➢ Next row (RS): DS, k to end, turn.
- Repeat previous 2 rows 1 more time.
➢ Next row (WS): p to end, turn. Total 34 sts

❖ Size (S) ONLY:
➢ Next row (RS): DS, k to last 2 sts, m1R, k2, turn.
➢ Next row (WS): p to end, turn.
➢ Next row (RS): k to end, turn.
➢ Next row (WS): p to end, turn. Total 28 sts

❖ All sizes EXCEPT (S, M):
➢ Next row (RS): k to last 2 sts, m1R, k2, turn.
➢ Next row (WS): p to end, turn.
➢ Next row (RS): k to end, turn.
➢ Next row (WS): p to end, turn.
➢ Next row (RS): k to end, turn.
➢ Next row (WS): p to end, turn.
- Repeat previous 6 rows 0 (-, -, 0, 1, 2, 3) more times. Total 28 (-, -, 32, 34, 37, 42) sts

❖ All sizes:
➢ Next row (RS): k to last 2 sts, m1R, k2, turn.
➢ Next row (WS): p to end, turn.
➢ Next row (RS): k to end, turn.
➢ Next row (WS): p to end, turn.
- Repeat previous 4 rows 5 (7, 7, 7, 5, 5, 3) more times. Total 34 (36, 37, 40, 40, 43, 46) sts

- ❖ Sizes (XS, S, M) ONLY:
- ➢ Next row (RS): k to last 2 sts, m1R, k2, turn.
- ➢ Next row (WS): p to end, turn. Total 35 (37, 38, -, -, -, -)
- • Now you will be shaping armhole together with neckline <u>as follows:</u>
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.
- ➢ Next row (WS): p to end, turn. Cut your yarn and place sts onto a spare needle, total 38 (40, 41, -, -, -, -) sts

- ❖ Sizes (L, 2XL, 3XL) ONLY:
- • Now you will be shaping armhole together with neckline <u>as follows:</u>
- ➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn.
- • Repeat previous 4 rows - (-, -, 0, -, 1, 1) more time. Cut your yarn and place sts onto a spare needle, total - (-, -, 43, -, 49, 52) sts

- ❖ Size (XL) ONLY:
- ➢ Next row (RS): k to last 2 sts, m1R, k2, turn.
- ➢ Next row (WS): p to end, turn. Total 41 sts
- • Now you will be shaping armhole together with neckline <u>as follows:</u>
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn. Cut your yarn and place sts onto a spare needle, total 45 sts

Left front:

- ➢ With RS facing, 5.5 mm / US 9 needles and both yarns held together, count 25 (26, 27, 29, 30, 32, 35) sts from the outermost cast on st at the left back yoke, attach yarn to that inner st to start your left shoulder, pick up and knit 25 (26, 27, 29, 30, 32, 35) sts, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k3, turn.
- ➢ Next row (WS): DS, p to end, turn.
- ➢ Next row (RS): k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.
- • Repeat previous 2 rows 3 more times. Now you are going to shape neckline while shaping shoulder with short rows <u>as follows:</u>

- ➢ Next row (RS): k2, m1L, k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.
- ➢ Next row (RS): k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.
- ➢ Next row (RS): k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.

- • Repeat previous 6 rows 0 (0, 0, 0, 0, 0, 1) more time. Total 26 (27, 28, 30, 31, 33, 37) sts

❖ Sizes (L, XL) ONLY:
- ➢ Next row (RS): k2, m1L, k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn.

- • Repeat previous 2 rows 1 more time. Total - (-, -, 31, 32, -, -) sts

❖ Size (2XL) ONLY:
- ➢ Next row (RS): k2, m1L, k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.
- ➢ Next row (RS): k to 3 sts after previous DS, turn.
- ➢ Next row (WS): DS, p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn. Total 34 sts

❖ All sizes EXCEPT (S):
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn.

- • Repeat previous 6 rows 1 (-, 0, 0, 1, 2, 4) more times. Total 28 (-, 29, 32, 34, 37, 42) sts

❖ All sizes:
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn.

- • Repeat previous 4 rows 5 (8, 7, 7, 5, 5, 3) more times. Total 34 (36, 37, 40, 40, 43, 46) sts

❖ Sizes (XS, S, M,) ONLY:
- ➢ Next row (RS): k2, m1L, k to end, turn.
- ➢ Next row (WS): p to end, turn. Total 35 (37, 38, -, -, -, -) sts

- • Now you will be shaping armhole together with neckline as follows:

➢ Next row (RS): k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn.

➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn. Don't cut your yarn, total 38 (40, 41, -, -, -, -) sts

❖ Sizes (L, 2XL, 3XL) ONLY:

● Now you will be shaping armhole together with neckline <u>as follows:</u>

➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn.

➢ Next row (RS): k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn.

● Repeat previous 4 rows - (-, -, 0, -, 1, 1) more time. Don't cut your yarn, total - (-, -, 43, -, 49, 52) sts

❖ Size (XL) ONLY:

➢ Next row (RS): k2, m1L, k to end, turn.

➢ Next row (WS): p to end, turn. Total 41 sts

● Now you will be shaping armhole together with neckline <u>as follows:</u>

➢ Next row (RS): k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn.

➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn.

➢ Next row (RS): k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn. Don't cut your yarn, total 45 sts

Body:

❖ Sizes (XS, S, M) ONLY:

➢ Next row (RS): k across 38 (40, 41, -, -, -, -) sts of left front piece, k across 76 (80, 82, -, -, -, -) sts of back piece, k across 38 (40, 41, -, -, -, -) sts of right front piece, turn. Total 152 (160, 164, -, -, -, -) sts.

➢ Next row (WS): p to end, turn.

➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.

➢ Next row (WS): p to end, turn.

➢ Next row (RS): k to end, turn.

➢ Next row (WS): p to end, turn.

● Repeat previous 4 rows 1 (1, 1, -, -, -, -) more times, ending with WS. Total 156 (164, 168, -, -, -, -) sts.

❖ Sizes (L, XL, 2XL, 3XL) ONLY:

➢ Next row (RS): k2, m1L, k across - (-, -, 41, 43, 47, 50) sts of left front piece, k across - (-, -, 86, 90, 96, 102) sts of back piece, k across - (-, -, 41, 43, 47, 50) sts of right front piece, m1R, k2, turn. Total - (-, -, 174, 182, 196, 208) sts.

- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn.

- ❖ Sizes (L, XL) ONLY:
- ➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn.
- ➢ Next row (WS): p to end, turn.
- ➢ Next row (RS): k to end, turn.
- ➢ Next row (WS): p to end, turn. Total - (-, -, 176, 184, -, -) sts.

- ❖ All sizes:
- ➢ Next row (RS): k2, m1L, k to last 2 sts, m1R, k2, turn. Total 158 (166, 170, 178, 186, 198, 210) sts
- ➢ Next row (WS): p to end, turn. (mark the 1st and last st of this row for collar pick up later)
- ➢ Next 3 rows: work 1st buttonhole (see pattern notes and video tutorials)
- • Continue working stockinette st back and forth till your piece approx. measures 51 (52, 53, 53, 54, 56, 58) cm / 20 (20.4, 20.8, 20.8, 21.2, 22, 22.8) inches from mid back cast on edge (when blocked) ending with WS or to your desired length leaving 3 cm / 1.2 inches for edging (**don't** forget to work your second buttonhole)
- ➢ Next row (RS): switch to 4.5 mm / US 7, *k1, yo* repeat from * to * till end of row, turn. Total 316 (332, 340, 356, 372, 396, 420) sts
- ➢ Next row (WS): *k1tbl, p1* repeat from * to * till end of row, turn.
- ➢ Next row (RS): *k1, bring yarn to front, sl1pw* repeat from * to * till end of row, turn.
- • Repeat previous row back and forth for 5 more times, ending with WS
- ➢ Next row (RS): switch to 5.5 mm needles, ssk, *ssk, pass 1st st on RHN over 2nd st (bind off)* repeat from * to * till end of row, cut your yarn.

Collar:

- ➢ Next row (RS of collar): with WS of coat facing, 5.5 mm / US 9 circular needles, starting at the marked st at left front, pick up and knit 50 (50, 52, 54, 56, 56, 58) sts across the left front neckline (approx. pick up 2 sts every 3 rows), pm, pick up and knit 22 (24, 24, 24, 24, 24, 24) sts across back neck cast on edge (pick up and knit into every st of the back neck), pm, pick up and knit 50 (50, 52, 54, 56, 56, 58) sts across right front neckline ending your last picked up st into the marked st at the right front, turn. Total 122 (124, 128, 132, 136, 136, 140) sts
- ➢ Next row (WS): p to end, turn.
- • Work in stockinette st back and forth for 12 more rows, ending with WS.
- ➢ Next row (RS, increase row): k to m, sm, k1, m1R, k to 1 st before next m, m1L, k1, sm, k to end, turn. Total 124 (126, 130, 134, 138, 138, 142) sts
- ➢ Next row (WS): p to end, turn.
- • Repeat previous 2 rows 4 more times. Total 132 (134, 138, 142, 146, 146, 150) sts
- ➢ Next you are going to shape each side of the collar using German short rows as follows:

- Starting with the **left collar**:

➢ Next row (RS): k 6 sts, turn.

➢ Next row (WS): DS, p to end, turn.

➢ Next row (RS): k to 6 sts after previous DS, turn.

➢ Next row (WS): DS, p to end, turn.

- Repeat previous 2 rows 3 (3, 4, 5, 4, 4, 5) more times.

➢ Next row (RS): k to 4 sts after previous DS, turn.

➢ Next row (WS): DS, p to end, turn.

- Repeat previous 2 rows 4 (4, 3, 2, 4, 4, 3) more times.

➢ Next row (RS): k to m, sm, k1, m1R, k to 1 st before next m, m1L, k1, sm, k to end, turn. Total 134 (136, 140, 144, 148, 148, 152) sts

- Now you are going to shape **right collar** as follows:

➢ Next row (WS): p 6 sts, turn.

➢ Next row (RS): DS, k to end, turn.

➢ Next row (WS): p to 6 sts after previous DS, turn.

➢ Next row (RS): DS, k to end, turn.

- Repeat previous 2 rows 3 (3, 4, 5, 4, 4, 5) more times.

➢ Next row (WS): p to 4 sts after previous DS, turn.

➢ Next row (RS): DS, k to end, turn.

- Repeat previous 2 rows 4 (4, 3, 2, 4, 4, 3) more times.

➢ Next row (WS): p to end. Cut working yarn and place collar sts onto a spare needle.

Icord body edging:

➢ with 5.5 mm circular needles and both yarns, co 4 sts with long tail cast on purl wise method (see video tutorial), pick up and knit 1 st at the bottom left front edge with WS facing (now you have 5 sts on your needle), push your sts to the other needle, k3 sts, k2togtbl.

➢ *Pick up and knit 1 st, push 5 sts to the other needle end, k3 sts, k2togtbl* repeat from * to * till you reach your left collar corner (pick up and knit 4 sts every 5 rows).

➢ (Pick up and knit 1 st in the last row of the collar, push 5 sts to the other needle end, k3 sts, k2togtbl) 3 times, now you will work over collar live sts as follows: *k1, push 5 sts to the other needle, k3, k2togtbl* repeat from * to * till you finish all of your collar sts and reach your right collar corner, (pick up and knit 1 st in the 1st row of the collar, push 5 sts to the other needle, k3 sts, k2togtbl) 3 times.

➢ *Pick up and knit 1 st, push 5 sts to the other needle, k3 sts, k2togtbl* repeat from * to * till you reach your bottom right front edge (pick up and knit 4 sts every 5 rows), bind off.

➢ After finishing your icord edging, you might need to manually twist the icord part of the lower body outwards (since it was knitted on the WS, and this might make the icord tube shift towards the wrong side of the coat's body piece).

<u>Sleeves (make 2):</u>

➢ With 5.5 mm / US 9 dpns or magic loop technique, and both yarns, starting at the mid-underarm and with RS facing, pick up and k 58 (60, 62, 64, 68, 72, 76) sts across armhole opening (approx. pick up and k 2 sts every 3 rows), pm (BOR).

➢ Now you are going to shape upper sleeve cap using **German short rows** <u>as follows</u>:

➢ Next row (RS): k 39 (40, 42, 43, 46, 48, 51) sts, turn.

➢ Next row (WS): DS, p 19 (19, 21, 21, 23, 23, 25) sts, turn.

➢ Next row (RS): DS, k to 3 sts after previous DS, turn.

➢ Next row (WS): DS, p to 3 sts after previous DS, turn.

• Repeat previous 2 rows 3 (3, 3, 4, 4, 4, 5) more times.

➢ Next round: DS, k to m.

➢ Next 13 (13, 11, 11, 9, 8, 8) rounds: k to m.

➢ Next round (decrease round): k1, k2tog, k to last 3 sts, ssk, k1.

• Repeat previous 14 (14, 12, 12, 10, 9, 9) rounds 1 (1, 2, 2, 3, 3, 3) more times. Total 54 (56, 56, 58, 60, 64, 68) sts.

➢ Next 11 (11, 9, 9, 7, 6, 6) rounds: k to m.

➢ Next round (decrease round): k1, k2tog, k to last 3 sts, ssk, k1.

• Repeat previous 12 (12, 10, 10, 8, 7, 7) rounds 3 (3, 3, 3, 4, 5, 5) more times. Total 46 (48, 48, 50, 50, 52, 56) sts.

• Continue working stockinette st in the round, till your sleeve measures approx. 40.5 (40.5, 41.5, 42.5, 41.5, 40.5, 40.5) cm / 15.9 (15.9, 16.3, 16.7, 16.3, 15.9, 15.9) inches from underarm or to your desired length leaving 3 cm / 1.2 inches for cuff. (mark your last worked round with a waste yarn or a stitch holder cord as it will be used later for knitting applied icord on sleeves)

➢ Next round: switch to 4.5 mm / US 7, k to m.

➢ Next round: *k1, yo* repeat from * to * till end of round. Total 92 (96, 96, 100, 100, 104, 112) sts

➢ Next round: *k1, p1tbl* repeat from * to * till end of round.

➢ Next round: *k1, bring yarn to front, sl1pw* repeat from * to * till end of round.

➢ Next round: *bring yarn to back, sl1pw, p1* repeat from * to * till end of round.

• Repeat previous 2 rounds 2 more times.

➢ Next round: ssk, *ssk, pass 1st st on RHN over 2nd st (bind off)* repeat from * to * till end of round, bind off your last st. Cut your yarn

Icord sleeve edging:

➢ Transfer the 46 (48, 48, 50, 50, 52, 56) sts of the marked round to 5.5 mm / US 9 circular needles.

➢ With your RHN, and both yarns, co 4 sts using long tail co method, transfer these 4 sts to LHN, k3, k2togtbl (last icord st together with the 1ˢᵗ picked up st), *transfer 4 sts back to LHN, k3, k2togtbl (last icord st together with the next picked up st)* repeat from * to * till you finish all of your picked up sts, cut your yarn leaving a tail long enough for grafting the beginning of the icord to its end.

➢ Slide 4 icord sts to other needle end, thread your tail through your tapestry needle, *insert your tapestry needle purl wise into 1ˢᵗ live st of the icord and pull through, insert your tapestry needle under both legs of the 1ˢᵗ casted on st at the beginning of the icord and pull through, next insert your tapestry needle again into the 1ˢᵗ live st but this time knit wise, and pull it off the needle* repeat from * to * on the remaining 3 live sts then weave in the rest of the tail.

Finishing:

Weave in your ends, block (coat might grow due to its heavy weight, so it is recommended to lightly steam block it), and finally sew your body buttons in place.

Abbreviations:

- **BOR**: beginning of round
- **pm**: place Marker
- **m**: marker
- **sm**: slip marker
- **st(s)**: stitch(es)
- **k**: knit
- **p**: purl
- **k2tog**: knit 2 sts together
- **ssk**: slip, slip, knit
- **k2togtbl**: knit 2 sts together through back loop
- **yo**: yarn over
- **k1tbl**: knit 1 st through the back loop
- **p1tbl**: purl 1 st through the back loop
- **sl1pw**: slip 1 st purl wise
- **sl1kw**: slip 1 st knit wise
- **WS**: wrong side of the work
- **RS**: right side of the work
- **LHN**: left hand needle
- **RHN**: right hand needle
- **Co**: cast on
- **m1L**: make 1 left; insert your left needle, from front to back, under that horizontal bar, knit through short leg in the back
- **m1R**: make 1 right; insert your left needle, from back to front, under that horizontal bar, knit through short leg in front
- **DS**: with yarn at front, slip the 1st st on your LHN to your RHN, pull your working yarn to the back and over the slipped st to create a yarn over (double stitch), then continue working as instructed in pattern. When you get to resolve the DS you work both loops on the needle together as 1 st.

Useful tutorials:

German short rows:

https://www.youtube.com/watch?v=feR9Mk60NI0&t=56s

Long tail cast on method (purl wise):

https://youtu.be/T_Cm-mWFQ5c

NashKnits 3 row buttonhole:

https://youtu.be/qXzpUyvNvaQ