

le knit

• LENE HOLME SAMØE •

Plain Yoke Sweater



Plain Yoke Sweater is a beginner-friendly sweater with a round yoke. It is knitted with one strand of airy bouclé yarn and one strand of thin wool.

If you are an absolute beginner, you can optionally skip the short rows in the yoke, so you only have to knit in the round. Then follow the pattern for the novice version, which is knitted exclusively with knit stitches.

The Detailed Edition includes short rows in the yoke, knitted after the neckline, but beside that, the two versions are the same.

Sizes

(XS) S (M) L (XL) 2XL (3XL) 4XL (5XL)

Measurements

Circumference

(91) 99 (104) 110 (116) 124 (133) 144 (156)
cm

[(35.75) 38.75 (40.75) 43.75 (45.75) 48.75
(52.25) 56.75 (61.25)"]

Length*:

(51) 53 (54) 55 (57) 58 (60) 61 (62) cm

[(20) 20.75 (21.25) 21.75 (22.5) 22.75 (23.5)
24 (24.25)"]

*measured mid back (excluding neck edge)

Yarn, light bouclé sweater

Isager Bouclé (100% alpaca, 50 g = 175 m [191 yd]) held together with Isager Tvinni (100% wool, 100 g = 510 m [557 yd])



Yarn quantity, light bouclé sweater

Bouclé color 6s:

(200) 200 (200) 250 (250) 300 (300) 350 (350) g

Tvinni color 6s:

(150) 150 (150) 150 (200) 200 (200) 250 (250) g

Yarn, pink mohair sweater (see www.leknit.com)

Sandnes Garn Ballerina Chunky Mohair (77% mohair, 18% wool, 5% polyamide, 50 g = 135 m), 1 strand

Yarn quantity, pink mohair sweater

Blossom 4213: (200) 200 (200-250) 250 (250) 300 (300) 350 (350) g

Suggested needles

Circular needles 5 and 6 mm [US 8 and 10] (40 and 80 cm) [16 and 32"].

Double-pointed needles 4 mm [US 6]. If you use the magic loop method, you do not need double-pointed needles.

Gauge

14 sts x approx. 22-23 rows =

10 x 10 cm [4 x 4"] in stockinette stitch 6 mm [US 10] with one strand of each yarn.

Construction note, detailed edition (in the picture)

Plain Yoke Sweater is knitted top-down with a raised back neck, created using German short rows (GSR). This means that when working the short rows, you knit back and forth in stockinette stitch (knit on the right side, purl on the wrong side). Apart from the short rows, the sweater is worked in knit stitches only. The round yoke is shaped with increases.

Construction note, novice edition

Plain Yoke Sweater is knitted top-down. Everything is worked in stockinette stitch, meaning the sweater is worked in knit stitches only. The round yoke is shaped with increases. The only difference compared to the "Detailed edition" is that "Novice edition" is worked the same way both in the front and back in the neck section.

Size guide

Plain Yoke Sweater is intended to have a positive ease of approx. 10-18 cm [4-7"], depending on how loosely fitting you want it to be. It is shown here with a positive ease of 10 cm [4"]. The sweater in the picture is displayed on a model with a bust circumference that is 10 cm [4"] smaller than the sweater's bust circumference.

Find your personal bust circumference by measuring around your chest (or the widest part of your upper body). Then look at the measurements given at the beginning of the pattern

(these are the finished measurements of the sweater). Positive ease is the difference between your personal measurement and the sweater's measurement. For example, if your bust circumference is 94 cm [37"], a size M would provide you with a positive ease of 10 cm [4"]
(104 cm – 94 cm = 10 cm).
[41" - 37" = 4"]

Abbreviations (see video tutorials on www.leknit.com)

k knit
k2tog knit 2 together
p purl
RS right side of your work
st(s) stitches
WS wrong side of the work

GSR: Use German short rows to shape the neckline so it is lower in the front than the back. German short rows are abbreviated to GSR and are worked as follows: after turning the work, slip the first stitch with the working yarn in front. Move the working yarn to the back of the work and tighten the slipped stitch until the two legs of the stitch are visible. Work back long the row as normal. On the next row, when you reach the two legs of the slipped stitch, work these as a single stitch.

m1–R: Use the left hand needle to pick up the strand between the last stitch worked and the next stitch on the left needle *from the back*, knit this strand, left to right, through *the front loop*.

m1–L: Use the left hand needle to pick up the strand between the last stitch worked and the first stitch on the left needle *from the front*, knit this strand, right to left, through *the back loop*.

SSK, slip-slip-knit: Slip 1 stitch knitwise, then slip the next stitch knitwise as well (make sure you slip them one at a time). Pass the stitches back.

There are tutorial videos for the pattern on leknit.com. Find links to the videos at the bottom of this page: <https://leknit.com/shop/plain-yoke-sweater-936p.html>

Plain Yoke Sweater - detailed edition

Yoke

Worked from the top down, in the round using a circular needle.

Cast on (70) 70 (72) 77 (79) 79 (84) 90 (90) sts on a 5 mm [US 8] (40 cm [16"]). Join in the round and work in stockinette stitch. Place a marker at the beginning of the round (= center back). Work 9 rounds in stockinette stitch.

Next round: *K (7) 7 (6) 7 (6) 6 (7) 9 (9), M1-L*. Repeat from * to * until end of round.

Sizes XL and 2XL: Finish round with k1.

All sizes: = a total of (80) 80 (84) 88 (92) 92 (96) 100 (100) sts.

Switch to 6 mm [US 10] circular needle.

Work back and forth using German short rows to shape the neck:

Row 1 (RS - right side): K (26) 26 (28) 30 (32) 32 (34) 36 (36) sts. Turn.

Row 2 (WS - wrong side): GSR. P (51) 51 (55) 59 (63) 63 (67) 71 (71) sts. Turn.

Row 3 (RS): GSR. K to 3 sts after last turn on row 1 (remember that the 2 "stitches" at the turn count as one stitch, i.e., they are knit together as one stitch). Turn

Row 4 (WS): GSR. P to 3 sts after the last turn on row 2. Turn.

Row 5 (RS): GSR. K to 3 sts after the last turn on row 3. Turn.

Row 6 (WS): GSR. P to 3 sts after the last turn on row 4. Turn.

Row 7 (RS): GSR. K to 3 sts after the last turn on row 5. Turn.

Row 8 (WS): GSR. P to 3 sts after the last turn on row 6. Turn.

Round 9: GSR. K to the center back. Do not turn, but continue around.

Round 10: *k4, M1-L*. Repeat from * to * until end of round.

= (100) 100 (105) 110 (115) 115 (120) 125 (125) sts.

Rounds 11 - 15: K all sts.

Round 16: *K5, M1-L*. Repeat from * to * until end of round.

= (120) 120 (126) 132 (138) 138 (144) 150 (150) sts.

Work 7 rounds in stockinette stitch.

Round 24: *K6, M1-L*. Repeat from * to * until end of round

= (140) 140 (147) 154 (161) 161 (168) 175 (175) sts.

Work (5) 6 (7) 8 (9) 7 (8) 8 (8) rounds in stockinette stitch.

Next round: *K7, M1-L*. Repeat from * to * until end of round.

= (160) 160 (168) 176 (184) 184 (192) 200 (200) sts.

Work (5) 6 (7) 8 (9) 7 (8) 8 (8) rounds in stockinette stitch.

Next round: *K8, M1-L*. Repeat from * to * until end of round.

= (180) 180 (189) 198 (207) 207 (216) 225 (225) sts.

Sizes XXS, XS, S, M and L: Continue from "All sizes".

Size 2XL: Work 4 rounds in stockinette stitch. Next round: *K15, M1-L*. Repeat from * to * until 12 sts remain, k12 = 220 sts. Continue from "All sizes."

Size 3XL: Work 5 rounds in stockinette stitch. Next round: *K18, M1-L*. Repeat from * to * until end of round = 228 sts. Continue from "All sizes."

Size 4XL: Work 6 rounds in stockinette stitch. Next round: *K9, M1-L*. Repeat from * to * until end of round = 250 sts. Continue from "All sizes."

Size 5XL: Work 7 rounds in stockinette stitch. Next round: *K4, M1-L, k5, M1-V*. Repeat from * to * until 9 sts remain, k4, M1-L, k5 = 274 sts. Continue from "All sizes".

All sizes: = a total of (180) 180 (189) 198 (207) 220 (228) 250 (274) sts.

Continue in stockinette stitch until the work (measured at the center back, excluding the rolled edge) measures (21) 22 (23) 24 (25) 26 (27) 28 (29) cm [(8.25) 8.5 (9) 9.5 (10) 10.25 (10.75) 11 (11.25)"].

Feel free to try on the sweater to ensure that the yoke's height is suitable. If it's too short, knit a few rounds of stockinette stitch.

On the next round, divide the sts for the body and sleeves as follows:

K (27) 27 (28) 30 (32) 35 (36) 39 (44) sts (left half of the back), place the next (36) 36 (38) 39 (40) 42 (43) 48 (50) sts on a stitch holder (for the sleeve), cast on (10) 15 (16) 17 (18) 19 (22) 24 (22) stitches using a backward loop method, k (54) 54 (57) 60 (63) 66 (71) 77 (87) sts (for the front), place the next (36) 36 (38) 39 (40) 42 (43) 48 (50) sts on a stitch holder (for the sleeve), cast on (10) 15 (16) 17 (18) 19 (22) 24 (22) sts using a backward loop method, k (27) 27 (28) 30 (32) 35 (35) 38 (43) sts (for the other half of the back).

= a total of (128) 138 (145) 154 (163) 174 (186) 202 (218) sts. Continue with the body.

Body

Work in the round in stockinette stitch across all (128) 138 (145) 154 (163) 174 (186) 202 (218) sts.

Continue until the work measures (51) 53 (54) 55 (57) 58 (60) 61 (62) cm [(20.25) 21 (21.25) 21.75 (22.5) 23 (23.5) 24 (24.5)"] (measured at the center back, excluding the rolled edge) or until the sweater reaches the desired length. Bind off on the next round.

Sleeves

Place the (36) 36 (38) 39 (40) 42 (43) 48 (50) resting sleeve sts on a 6 mm [US 10] circular needle (40 cm [16"]). Pick up (12) 17 (18) 19 (20) 21 (22) 24 (24) sts along the new stitches between back/front pieces.

= a total of (48) 53 (56) 58 (60) 63 (65) 72 (74) sts.

The round begins under the arm, in the middle of the new sts.

Work in stockinette stitch in the round.

Work for 5 cm [2"].

Next round: K, k2tog, k until 2 sts remain, ssk.

There are (46) 51 (54) 56 (58) 61 (63) 70 (72) sts.

Work (10) 10 (10) 8 (8) 6 (6) 6 (6) cm [(4) 4 (4) 3.25 (3.25) 2.25 (2.25) 2.25 (2.25)] in stockinette stitch.

Next round: *K1, k2tog, k until 2 sts remain, ssk*.

Repeat from * to * a total of (2) 3 (3) 4 (4) 5 (5) 5 (5) times

= (42) 45 (48) 48 (50) 51 (53) 60 (62) sts.

Continue in stockinette stitch until the sleeve measures approx. 46 cm [18"] (or 1 cm [approx. 0.25"] less than the desired length).

Switch to 4 mm [US 6] double-pointed needles. Work 1 round in stockinette stitch.

Next round: *K5, k2tog*. Repeat from * to * a total of (6) 6 (6) 6 (7) 7 (7) 8 (8) times, k (0) 3 (6) 6 (1) 2 (4) 4 (6) = (36) 39 (42) 42 (43) 44 (46) 52 (54) sts.

Work 9 rounds in stockinette stitch. Bind off on the next round.

Plain Yoke Sweater – novice edition

Yoke

Worked from the top down, in the round using a circular needle.

Cast on (70) 70 (72) 77 (79) 79 (84) 90 (90) sts on a 5 mm [US 8] (40 cm [16"]). Join in the round and work in stockinette stitch. Place a marker at the beginning of the round (= center back). Work 9 rounds in stockinette stitch.

Next round: *K (7) 7 (6) 7 (6) 6 (7) 9 (9), M1-L*. Repeat from * to * until end of round.

Sizes XL and 2XL: Finish round with k1.

All sizes: = a total of (80) 80 (84) 88 (92) 92 (96) 100 (100) sts.

Switch to 6 mm [US 10] circular needle.

Round 1 -9: K all sts.

Round 10: *K4, M1-L*. Repeat from * to * until end of round.

= (100) 100 (105) 110 (115) 115 (120) 125 (125) sts.

Round 11 - 15: K over all sts.

Round 16: *K5, M1-L*. Repeat from * to * until end of round.

= (120) 120 (126) 132 (138) 138 (144) 150 (150) sts.

Work 7 rounds in stockinette stitch.

Round 24: *K6, M1-L*. Repeat from * to * until end of round.

= (140) 140 (147) 154 (161) 161 (168) 175 (175) sts.

Work (5) 6 (7) 8 (9) 7 (8) 8 (8) rounds in stockinette stitch.

Next round *K7, M1-L*. Repeat from * to * until end of round.

= (160) 160 (168) 176 (184) 184 (192) 200 (200) sts.

Work (5) 6 (7) 8 (9) 7 (8) 8 (8) rounds in stockinette stitch.

Next round: *K8, M1-L*. Repeat from * to * until end of round.

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Sizes XXS, XS, S, M and L: Continue from "All sizes".

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Size 3XL: Work 5 rounds in stockinette stitch. Next round: *K18, M1-L*. Repeat from * to * until end of round = 228 sts. Continue from "All sizes".

Size 4XL: Work 6 rounds in stockinette stitch. Next round: *K9, M1-L*. Repeat from * to * until end of round = 250 sts. Continue from "All sizes".

Size 5XL: Work 7 rounds in stockinette stitch. Next round: *K4, M1-L, k5, M1-L*. Repeat from * to * until 9 sts remain, k4, M1-L, k5. Continue from "All sizes".

All sizes: = a total of (180) 180 (189) 198 (207) 220 (228) 250 (274) sts.

Continue in stockinette stitch until the work (measured at the center back, excluding the rolled edge) measures (21) 22 (23) 24 (25) 26 (27) 28 (29) cm [(8.25) 8.5 (9) 9.5 (10) 10.25 (10.75) 11 (11.25)"]. Feel free to try on the sweater to ensure that the yoke's height is suitable. If it's too short, knit a few rounds of stockinette stitch.

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Sleeves

Place the (36) 36 (38) 39 (40) 42 (43) 48 (50) resting sleeve sts on a 6 mm [US 10] circular needle (40 cm [16"]). Pick up (12) 17 (18) 19 (20) 21 (22) 24 (24) sts along the new stitches between back/front pieces.

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Next round: *K1, k2tog, k until 2 sts remain, ssk*.

Repeat from * to * a total of (2) 3 (3) 4 (4) 5 (5) 5 (5) times

= (42) 45 (48) 48 (50) 51 (53) 60 (62) sts.

Continue in stockinette stitch until the sleeve measures approx. 46 cm [18"] (or 1 cm [approx. 0.25"] less than the desired length).

Switch to 4 mm [US 6] double-pointed needles. Work 1 round in stockinette stitch.

Next round: *K5, k2tog*. Repeat from * to * a total of (6) 6 (6) 6 (7) 7 (7) 8 (8) times, k (0) 3 (6) 6 (1) 2 (4) 4 (6) = (36) 39 (42) 42 (43) 44 (46) 52 (54) sts.

Work 9 rounds in stockinette stitch. Bind off on the next round.

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