



SABAI TOP No. 1

The SABAI top is a light and airy summer top with a boat neckline. It is super easy to knit, requires only a few techniques and is therefore ideal for beginners. In addition to the SABAI Top No. 1 with ribbed borders, there is also a second, completely in stockinette stitch, knit version - the SABAI Top No. 2.

The SABAI Top No. 1 is worked seamlessly top down. First, the neckline border is worked in the round in a 1/1 rib stitch pattern and increases are worked for the slanted shoulders. For the armholes, front and back parts are worked separately back and forth. The stitches of front and back are then joined and worked in the round again. The top ends with a narrow ribbed border with a rolled edge. As the top is knitted from the top down, it is possible (and advisable) to try it on while knitting so that the length can be individually adjusted.

Techniques used: left- and right leaning knitted and purled increases. All techniques used are explained in the instructions or under 'Terms & explanations' on page 5.



SIZES

XS (S) M (L) XL (XXL)

To fit chest circumference:

74-81 (82-89) 90-97 (98-107) 108-117 (118-127) cm / 30-32 (33-35) 36-38 (38-42) 43-46 (47-50)"

MEASUREMENTS

Chest circumference:

85 (91) 99 (109) 121 (131) cm / 33.4 (35.8) 39 (42.9) 47.6 (51.6)"

Total length:

47 (49) 51 (54) 57 (60) cm / 18.5 (19.3) 20.1 (21.3) 22.4 (23.6)"

Armhole depth:

21 (22) 22 (23) 24 (25) cm / 8.3 (8.7) 8.7 (9.1) 9.5 (9.8)"

The top can be worn snug with approx. 0 - 2 cm / 0 - 0.8" positive ease, but also works well with a little more room to move (5 - 8 cm / 2 - 3.2" positive ease). For example, if you have a chest circumference of 90 cm / 35.4", you should choose between size S and M. With a height of 1.76 m / 5'9" and a chest circumference of 89 cm / 35", I am wearing the top here in size M.

See page 5 for sizing information and an EU sizing chart.

YARN

200 (250) 250 (300) 350 (400) g ,Cecilia' by Svarta Fåret (53 % Cotton, 33 % Viscose, 14 % Linen, 110 m/ 50 g), here in color ,Pitch black'

or

200 (250) 250 (300) 350 (400) g ,Line' by Sandnes Garn (53 % Cotton, 33 % Viscose, 14 % Linen, 110 m/ 50 g),

or

200 (200-250) 250 (300) 350 (350-400) g ,Perla' by Lamana (60 % Cotton, 25 % Alpaca, 15 % Silk, 115 m/50 g).

Tips for yarn choices

Several yarn qualities are recommended in the instructions, a few words about them:

,Cecilia' und ,Line' have the same composition, a summery cotton-linen mix. This makes the top loose and flowing.

,Perla' is a cotton yarn with alpaca and silk. This makes the top a bit thicker because the yarn is more voluminous.

NEEDLES

50 - 60 cm / 20 - 24" and 80 - 100 cm / 32 - 40" circular needles size 4,0 mm / (US 6/UK 8).

NOTIONS

Tapestry needle, stitch markers

MAIN STITCH PATTERN

Stockinette stitch (st st), worked flat: knit all sts on the RS, purl all sts on the WS.

Stockinette stitch (st st) in the round: knit all sts 1/1 Rippenmuster: 1 M re, 1 M li im Wechsel.

1/1 ribbing: alternately k 1, p 1.

GAUGE/TENSION

In stockinette stitch using ndl size 4.0 mm: 20 sts x 28 rows = 10 x 10 cm / 4" square

The swatches were washed and measured lying flat. Please adjust needle size if necessary, to obtain correct gauge.

METHOD

NECKLINE

CO **104 (108) 108 (112) 116 (120)** sts using circ. ndl size 4.0 mm, acc to the 'Long-tail CO'. Join for working in the round. Place stitch marker to indicate beg of rnd, which will be mid back.

First, knit 1 rnd, and pM for better orientation for the upcoming shoulder increases:

Set-up rnd: k 26 (26) 26 (28) 28 (30) sts, pM, k 1 (= right shoulder), pM, k 51 (53) 53 (55) 57 (59), pM, k 1 (= left shoulder), pM, k 25 (27) 27 (27) 29 (29).

In next rnd, start increasing for sloped shoulder line. All increase techniques, i.e. left- and right leaning inc's, both knitwise and purlwise, are explained in more detail on page 5. **Per rnd, 4 sts** are increased. Work the increased sts in the following rnd as they appear or as they were increased, so they will automatically fit into the rib stitch pattern later on.

Rnd 1: 26 (26) 26 (28) 28 (30) sts to M, M1R knitwise, sM, k 1, sM, M1L knitwise, k 53 (55) 55 (57) 59 (61) sts to M, M1R knitwise, sM, k 1, sM, M1L knitwise, k 25 (27) 27 (27) 29 (29) sts (= 108 (112) 112 (116) 120 (124) sts).

Rnd 2: k 27 (27) 27 (29) 29 (31) sts to M, M1R knitwise, sM, k 1, sM, M1L knitwise, k 53 (55) 57 (59) 61 (63) sts to M, M1R knitwise, sM, k 1, sM, M1L knitwise, k 26 (28) 28 (28) 30 (30) sts (= 112 (116) 114 (120) 124 (128) sts).

In next rnd, continue working 1/1 ribbing, as follows:

Rnd 3: *alternately k 1, p 1* to M, M1R knitwise, sM, k 1, sM, M1L knitwise, *alternately p 1, k 1* to 1 st before M, p 1, M1R knitwise, sM, k 1, sM, M1L knitwise, *alternately p 1, k 1*, end with p 1 (= 116 (120) 120 (124) 128 (132) sts).

Rnd 4: *alternately k 1, p 1* to 1 st before M, k 1, M1R purlwise, sM, k 1, sM, M1L purlwise, *alternately k 1, p 1* to 1 st before M, k 1, M1R purlwise, sM, k 1, sM, M1L purlwise, *alternately k 1, p 1* (= 120 (124) 124 (128) 132 (136) sts).

Rep rnds 3 and 4 **2 (2) 2 (3) 3 (3)** more times, then rep rnd 3 once more.

Including rnds 1 – 4, a total of **9 (9) 9 (11) 11 (11)** increase rnds are worked and there are **140 (144) 144 (156) 160 (164)** sts on the ndl. **69 (71) 71 (77) 79 (81)** sts per front and back part and **1 (1) 1 (1) 1 (1)** st each for right and left shoulder.

Next rnd will be a set-up rnd for the separation of front and back part:

Rnd 10 (10) 10 (12) 12 (12): k 29 (29) 29 (33) 33 (35), p 1, k 1, p 1, k 1, p 1, kfb (= knit into front and back of stitch), sM, k 1, rM, k 1, p 1, k 1, p 1, k 1, p 1, k 57 (59) 59 (65) 67 (69), p 1, k 1, p 1, k 1, p 1, kfb, sM, k 1, rM, k 1, p 1, k 1, p 1, k 1, p 1, k 28 (30) 30 (32) 34 (34).

There are now **142 (146) 146 (158) 162 (166)** sts on the ndl, divided into **71 (73) 73 (79) 81 (83)** sts each for front and back with the help of stitch markers.

FRONT AND BACK

Now divide the work into **front and back** pieces for the armholes. To do this, first cut the working yarn at the beginning of the round, slip **36 (36) 36 (40) 40 (42)** sts of back part from LH ndl onto RH ndl without knitting them and rM. Then place the **71 (73) 73 (79) 81 (83)** back-sts on hold using a stitch holder.

Join yarn again at the RH side of front part and cont. working front part back and forth, starting with a RS row, as follows:

Row 1 (RS): k 2, p 1, k 1, p 1, k 1, p 1, pM, k 57 (59) 59 (65) 67 (69), pM, p 1, k 1, p 1, k 1, p 1, k 2.

PATTERN

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Row 2 (WS): sl 2 sts purlwise (with yarn on front), k 1, p 1, k 1, p 1, k 1, sM, purl to M, sM, k 1, p 1, k 1, p 1, k 1, sl 1 st purlwise (wyif), k 1.

Row 3 (RS): sl 1 st purlwise (wyif), k 1, p 1, k 1, p 1, k 1, p 1, sM, k to M, sM, p 1, k 1, p 1, k 1, p 1, k 2.

Row 4 (WS): sl 2 sts purlwise (wyif), k 1, p 1, k 1, p 1, k 1, sM, purl to M, sM, k 1, p 1, k 1, p 1, k 1, sl 1 st purlwise (wyif), k 1.

Rep rows 3 and 4 another **18 (18) 14 (14) 11 (9)** times, until (incl. rows 1 - 4) **40 (40) 32 (32) 26 (22)** rows have been worked.

Then start increasing for armhole shaping, as follows:

Row 1 (RS): sl 1 st purlwise (wyif), k 1, p 1, k 1, p 1, k 1, p 1, sM, M1L knitwise, k to M, M1R knitwise, sM, p 1, k 1, p 1, k 1, p 1, k 2 (= 73 (75) 75 (81) 83 (85) sts).

Row 2 (WS): sl 2 sts purlwise (wyif), k 1, p 1, k 1, p 1, k 1, sM, purl to M, sM, k 1, p 1, k 1, p 1, k 1, sl 1 st purlwise (wyif), k 1.

Rep rows 1 and 2 another **6 (8) 12 (14) 19 (23)** times, until (incl. rows 1 and 2) a total of **14 (18) 26 (30) 40 (48)** rows have been worked. End with a WS row. There are now **85 (91) 99 (109) 121 (131)** sts on the ndl. Work should now measure approx. 20 (21) 21 (22) 23 (24) cm / 7.9 (8.3) 8.3 (8.7) 9.1 (9.5)" measured from division of work. Cut yarn and place front sts on hold using a stitch holder.

Work **back** part in the same way as described for front part. Join yarn and work the **71 (73) 73 (79) 81 (83)** back-sts back and forth as described above. Start with a RS row and end with a WS row. Do not cut yarn.

BODY

In next RS row, join **back and front** together. Start at back part, where the working yarn is located and work as follows:

1. Row 1 (RS): p 1, k 1, p 1, k 1, p 1, k 1, p 1, sM, k to M, sM, p 1, k 1, p 1, k 1, p 1, k 1, kfb, then work front-sts: p 1, k 1, p 1, k 1, p 1, k 1, p 1, sM, k to M, sM, p 1, k 1, p 1, k 1, p 1, k 1, kfb (= 172 (184) 200 (220) 244 (264) sts).

Join for working in the round and pM to indicate beg of rnd, which lies at the center of left underarm.

Work body as follows:

Rnd 1: *alternately p 1, k 1* to 1 st before M, p 1, sM, k to M, sM, *alternately p 1, k 1* to 1 st before M, p 1, sM, k to M, sM, *alternately p 1, k 1* to end of rnd.

Keep repeating **rnd 1** until the top, measured slightly stretched from CO edge mid back, measures approx. **45 (47) 49 (52) 55 (58) cm / 17.7 (18.5) 19.3 (20.4) 21.7 (22.8)"**, or until the desired length, minus 2 cm / 0.8" for the bottom border, is reached.

Work bottom border as follows:

Work **4 rnds** in 1/1 ribbing, *alternately p 1, k 1*.

Work **2 rnds** in st st.

Then BO all sts knitwise, working rather firmly so that the finishing edge is nice and stable.

FINISHING

Weave in all yarn ends. Be sure to **wash the top completely** and let it lie flat to dry. Washing gives the neckline a nicer shape and the top gets a better drape.

TERMS & EXPLANATIONS

Size-chart

To find the right size, you should first measure your chest circumference - the most important measurement for upper garments. Depending on your preferences, you can then decide whether the sweater should be loose and oversized, with plenty of room to move ('positive ease') or whether you'd rather have it a little more body-hugging. Sometimes it is advisable to measure another favorite upper garment to find the right size.

US sizes	XS	S	M	L	XL	XXL
EU sizes	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54
Chest circumference in cm	74 - 81	82 - 89	90 - 97	98 - 107	108 - 117	118 - 127

Right leaning knitted bar increase (M1R knitwise)

Using left ndl tip, pick up the strand between 2 sts from back to front and knit this st. Here's a good tutorial:

<https://www.youtube.com/watch?v=w2uZGTOQ1g4>

Left leaning knitted bar increase (M1L knitwise)

Using left ndl tip, pick up the strand between 2 sts from front to back and knit this stitch through back loop. Here's a good tutorial: <https://www.youtube.com/watch?v=w2uZGTOQ1g4>

Right leaning purled bar increase (M1R purlwise)

Using left ndl tip, pick up the strand between 2 sts from back to front and purl this st.

Here you can find a good tutorial: <https://simply-kreativ.de/bibliothek/strickvideo-strickbibel-2-kapitel-10-linke-maschen-ausquerfaden-zunehmen/>

Left leaning purled bar increase (M1L purlwise)

Using left ndl tip, pick up the strand between 2 sts from front to back and purl this st through the back loop.

Here you can find a good tutorial: <https://simply-kreativ.de/bibliothek/strickvideo-strickbibel-2-kapitel-10-linke-maschen-ausquerfaden-zunehmen/>

ABBREVIATIONS

beg	=	begin(ning)
BO	=	bind off
circ.	=	circular
CO	=	cast on
cont.	=	continue
inc('s)	=	increase(s)
k	=	knit
kfb	=	knit into the front leg of the stitch and then knit into the back leg of the stitch
LH	=	left hand
M	=	marker
M1L knitwise	=	make 1 left leaning increase knitwise
M1L purlwise	=	make 1 left leaning increase purlwise
M1R knitwise	=	make 1 right leaning increase knitwise
M1R purlwise	=	make 1 right leaning increase purlwise
ndl(s)	=	needle(s)
p	=	purl
pM	=	place marker
rep	=	repeat

rM	=	remove stitch marker
RH	=	right hand
RS	=	right side
rnd(s)	=	round(s)
sl	=	slip
sM	=	slip marker
st(s)	=	stitch(es)
st st	=	stockinette st
wyif	=	with yarn in front
WS	=	wrong side
*	=	Repeat the instructions after the asterisk as many times as indicated