

PetiteKnit

NORTHLAND SWEATER



Sizes:	XS (S) M (L) XL (2XL) 3XL (4XL) 5XL
Bust circumference:	100 (105) 110 (116) 122 (128) 133 (141) 153 cm [39¼ (41¼) 43¼ (45¾) 48 (50½) 52¼ (55½) 60¼ inches]
Length:	68 (70) 71 (72) 74 (75) 77 (78) 79 cm [26¾ (27½) 28 (28¼) 29¼ (29½) 30¼ (30¾) 31 inches] (measured mid back)
Gauge:	17 sts x 25 rows = 10 x 10 cm [4 x 4 inches] in stockinette stitch on 5 mm [US8] needles after blocking
Needles:	Circular needles: 5 mm [US8] / 60 and 80 and/or 100 cm [24 and 32 and/or 40 inches], 4.5 mm [US7] / 80 or 100 cm [32 and 40 inches], 3.5 mm [US4] / 40 cm [16 inches] needles Double-pointed needles: 5 mm [US8] and 4.5 mm [US7] needles
Yarn:	Suggestion 1: 600-700 (700) 700 (700) 800 (800) 900 (900) 1000 g Aran Tweed by Isager Yarn (100 g = 106 m [175 yds]) or 500-600 (600) 600 (600) 700 (700) 800 (800) 900 g Håndværksgarn by Hjelholt Uldspinderi (100 = 200 m [219 yds]) Suggestion 2: 550 (600) 600 (600) 650 (700) 750 (800) 850 g Peer Gynt by Sandnes Garn (50 g = 91 m [98 yds]) held together with 150 (150) 150 (150) 150 (200) 200 (200) 200 g Alpakka Følgetråd by Sandnes Garn (50 g = 400 m [437 yds])

PATTERN

The Northland Sweater is worked from the top down. The first part of the yoke is worked back and forth on a circular needle to shape the neckline, then the work is joined to continue knitting in the round. The construction of the yoke begins with shoulder increases on both right side and wrong side rows, continues with sleeve increases and ends with classic raglan increases. The rib edge at the neck is worked at the end from stitches that are picked up. The sleeves are worked in the round on double-pointed needles or on a long circular needle using the Magic Loop technique. The Northland Sweater is worked seamlessly and requires no finishing other than weaving in ends.

Begin by working a swatch to determine which needle size you need to achieve the correct gauge.

Size guide

The Northland Sweater is designed to have approx. 10 cm [4 inches] of positive ease, meaning it is designed to be 10 cm [4 inches] larger in circumference than your bust measurement. The sizes XS (S) M (L) XL (2XL) 3XL (4XL) 5XL are designed to fit a bust circumference of 86-91 (91-96) 96-101 (101-107) 107-113 (113-119) 119-124 (124-132) 132-144 cm [$33\frac{3}{4}$ - $35\frac{3}{4}$ ($35\frac{3}{4}$ - $37\frac{3}{4}$) $37\frac{3}{4}$ - $39\frac{3}{4}$ ($39\frac{3}{4}$ - $42\frac{1}{4}$) $42\frac{1}{4}$ - $44\frac{1}{2}$ ($44\frac{1}{2}$ - $46\frac{3}{4}$) $46\frac{3}{4}$ - $48\frac{3}{4}$ ($48\frac{3}{4}$ -52) 52- $56\frac{3}{4}$ inches]. The measurements for the finished garment are on the front page of the pattern. Before beginning your project, measure yourself to determine which size to knit. For example, if you measures 106 cm [$41\frac{3}{4}$ inches] around your bust (or around the widest part of your upper body) you should knit a size L. A size L sweater has a bust circumference of 116 cm [$45\frac{3}{4}$ inches] which in the given example would give you 10 cm [4 inches] of positive ease.

About increases

Increases are worked differently depending on the side they are supposed to lean towards (right or left). They are worked as follows (see video at www.petiteknit.com):

M1R: From the RS: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand.

From the WS: Insert the left needle under the strand that runs between two stitches from back to front, then purl this strand.

M1L: From the RS: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).

From the WS: Insert the left needle under the strand that runs between two stitches from front to back, then purl this strand through the back loop (twisted).

Yoke

The yoke is worked in stockinette stitch. The first part is worked flat, back and forth on the needles, while the neckline is shaped and then the work is joined to be worked in the round on the circular needles. The yoke is constructed with increases on either side of the 8 shoulder stitches on the first section, then sleeve increases on the second section and finally classic raglan increases on the last section. The rib edge at the neck is worked at the end, after picking up stitches along the neckline.

Cast on 48 (48) 50 (50) 50 (50) 50 (50) 50 sts on 5 mm [US8] / 60 cm [24 inches] circular needles with your preferred cast-on method. Do not join to knit in the round yet. Change to a longer circular needle when necessary (80 or 100 cm [32 or 40 inches]), to accommodate the increasing number of sts.

Purl across 1 row. Next row is a RS row.

Divide the work into sections by placing markers on either side of the shoulder sts as follows:

1 stitch (left front), place marker 1, 8 sts (left shoulder), place marker 2, 30 (30) 32 (32) 32 (32) 32 (32) 32 sts (back), place marker 3, 8 sts (right shoulder), place marker 4, 1 stitch (right front).

Shoulder increases

Now work back and forth in stockinette stitch, while at the same time working increases on both RS and WS rows, as follows:

Row 1 (RS): Knit to marker 1, **M1R**, slip marker 1, knit shoulder sts, slip marker 2, **M1L**, knit to marker 3, **M1R**, slip marker 3, knit shoulder sts, slip marker 4, **M1L**, knit to end of row (4 sts have been increased).

Row 2 (WS): Purl to marker 4, **M1L**, slip marker 4, purl shoulder sts, slip marker 3, **M1R**, purl to marker 2, **M1L**, slip marker 2, purl shoulder sts, slip marker 1, **M1R**, purl to end of row (4 sts have been increased).

Repeat Row 1 and 2 a total of 3 (3) 3 (3) 3 (4) 4 (4) 4 times (i.e. work 3 (3) 3 (3) 3 (4) 4 (4) 4 RS rows and 3 (3) 3 (3) 3 (4) 4 (4) 4 WS rows). There are now 72 (72) 74 (74) 74 (82) 82 (82) 82 sts on the needles. End on a WS row, so the next row is a RS row.

Distribution of stitches:

7 (7) 7 (7) 7 (9) 9 (9) 9 sts (left front), marker 1, 8 sts (left shoulder), marker 2, 42 (42) 44 (44) 44 (48) 48 (48) 48 sts (back), marker 3, 8 sts (right shoulder), marker 4, 7 (7) 7 (7) 7 (9) 9 (9) 9 sts (right front).

Continue working shoulder increases on both RS and WS rows, while at the same time now also working increases at the beginning and end of every RS row to shape the neckline. Work as follows:

Row 1 (RS): K1, **M1L**, knit to marker 1, **M1R**, slip marker 1, knit shoulder sts, slip marker 2, **M1L**, knit to marker 3, **M1R**, slip marker 3, knit shoulder sts, slip marker 4, **M1L**, knit to the last stitch on the needle, **M1R**, k1 (6 sts have been increased).

Row 2 (WS): Purl to marker 4, **M1L**, slip marker 4, purl shoulder sts, slip marker 3, **M1R**, purl to marker 2, **M1L**, slip marker 2, purl shoulder sts, slip marker 1, **M1R**, purl to end of row (4 sts have been increased).

Repeat Row 1 and 2 a total of 6 (6) 7 (7) 7 (7) 7 (7) 7 times (i.e. work 6 (6) 7 (7) 7 (7) 7 (7) 7 RS rows and 6 (6) 7 (7) 7 (7) 7 (7) 7 WS rows). There are now 132 (132) 144 (144) 144 (152) 152 (152) 152 sts on the needles.

The next row is a RS row.

A total of 18 (18) 20 (20) 20 (22) 22 (22) 22 rows with shoulder increases have now been worked and the distribution of stitches is as follows:

25 (25) 28 (28) 28 (30) 30 (30) 30 sts (left front), marker 1, 8 sts (left shoulder), marker 2, 66 (66) 72 (72) 72 (76) 76 (76) 76 sts (back), marker 3, 8 sts (right shoulder), marker 4, 25 (25) 28 (28) 28 (30) 30 (30) 30 sts (right front).

Sleeve increases

Neckline shaping is now complete and the sts are joined to continue knitting in the round on the circular needles while at the same time increases are worked for the sleeves as follows:

Row 1 (RS): Knit to marker 1, slip marker 1, **M1L**, knit sleeve sts, **M1R**, slip marker 2, knit to marker 3, slip marker 3, **M1L**, knit sleeve sts, **M1R**, slip marker 4, knit to end of row, cast on 16 (16) 16 (16) 16 (16) 16 (16) 16 new sts in extension of the sts on the needle using the backward loop method (4 sts have been increased and 16 new sts cast on).

Join in the round and knit to marker 1 at the left sleeve. This is the beginning of the round.

There are now a total of 152 (152) 164 (164) 164 (172) 172 (172) 172 sts on the needles.

Knit across 1 round.

Continue in the round on the circular needles working sleeve increases on **every other round** as follows:

Round 1: Slip marker 1, **M1L**, knit left sleeve sts, **M1R**, slip marker 2, knit to marker 3, slip marker 3, **M1L**, knit right sleeve sts, **M1R**, slip marker 4, knit across front sts to beginning of round (4 sts have been increased).

Round 2: Knit across.

Repeat Round 1 and 2 a total of 16 (16) 18 (17) 17 (18) 17 (16) 12 times. There are now 216 (216) 236 (232) 232 (244) 240 (236) 220 sts on the needles.

Distribution of stitches:

marker 1, 42 (42) 46 (44) 44 (46) 44 (42) 34 sts (left sleeve), marker 2, 66 (66) 72 (72) 72 (76) 76 (76) 76 sts (back), marker 3, 42 (42) 46 (44) 44 (46) 44 (42) 34 sts (right sleeve), marker 4, 66 (66) 72 (72) 72 (76) 76 (76) 76 sts (front).

Raglan increases

The final section of the yoke is shaped with raglan increases, which means that increases will be worked on both body and sleeves **on every other round**, as follows:

Round 1: Slip marker 1, **M1L**, knit left sleeve sts, **M1R**, slip marker 2, k1, **M1L**, knit to 1 stitch before marker 3, **M1R**, k1, slip marker 3, **M1L**, knit right sleeve sts, **M1R**, slip marker 4, k1, **M1L**, knit to 1 stitch before beginning of round, **M1R**, k1 (8 sts have been increased).

Round 2: Knit across.

Repeat Round 1 and 2 a total of 6 (8) 7 (9) 11 (11) 12 (14) 19 times. There are now 264 (280) 292 (304) 320 (332) 336 (348) 372 sts on the needles.

Distribution of stitches:

marker 1, 54 (58) 60 (62) 66 (68) 68 (70) 72 sts (left sleeve), marker 2, 78 (82) 86 (90) 94 (98) 100 (104) 114 sts (back), marker 3, 54 (58) 60 (62) 66 (68) 68 (70) 72 sts (right sleeve), marker 4, 78 (82) 86 (90) 94 (98) 100 (104) 114 sts (front).

Body

The body is worked in the round on 5 mm [US8] / 80 or 100 cm [32 or 40 inches] circular needles.

Divide the sts for sleeves and body while casting on new sts at the underarms as follows:

Place the first 54 (58) 60 (62) 66 (68) 68 (70) 72 sts on a stitch holder (left sleeve), cast on 7 (7) 8 (9) 10 (11) 13 (16) 16 new sts for the underarm using the backward loop method, knit 78 (82) 86 (90) 94 (98) 100 (104) 114 sts (back), place the next 54 (58) 60 (62) 66 (68) 68 (70) 72 sts on a stitch holder (right sleeve), cast on 7 (7) 8 (9) 10 (11) 13 (16) 16 new sts for the underarm using the backward loop method, knit 78 (82) 86 (90) 94 (98) 100 (104) 114 sts (front).

There are now a total of 170 (178) 188 (198) 208 (218) 226 (240) 260 sts on the needles for the body. Place a marker under the left sleeve, after the first 3 (3) 4 (4) 5 (5) 6 (8) 8 backward loop sts to mark the beginning of the round.

Work in the round in stockinette stitch until the sweater measures 65 (67) 68 (69) 71 (72) 74 (75) 76 cm [25½ (26½) 26¾ (27¼) 28 (28¼) 29¼ (29½) 30 inches] mid back, measured from the cast-on edge.

Work 3 cm [1¼ inches] in 1x1 rib (k1, p1) on a 4.5 mm [US7] / 80 or 100 cm [32 or 40 inches] circular needle.

Work double knitting before binding off with the Italian bind off technique as follows (see video at www.petiteknit.com):

Round 1: * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of round.

Round 2: * Slip 1 stitch purl-wise with the yarn held in back, p1 *, repeat from * to * to end of round.

Bind off using the Italian bind off technique (see video at www.petiteknit.com).

Sleeves

Work sleeves in the round on 5 mm [US8] double-pointed needles or on a circular needle using the Magic Loop technique.

Place the 54 (58) 60 (62) 66 (68) 68 (70) 72 resting sleeve sts on 5 mm [US8] needles. Pick up and knit 6 (6) 8 (8) 10 (10) 12 (16) 16 sts along the 7 (7) 8 (9) 10 (11) 13 (16) 16 sts that were cast on at the underarm on the body. There are now a total of 60 (64) 68 (70) 76 (78) 80 (86) 88 sts on the needles.

Place a marker for the beginning of the round in the middle of the picked-up sts.

Work in the round in stockinette stitch until the sleeve measures 47 (48) 49 (50) 50 (50) 50 (50) 50 cm [18½ (19) 19¼ (19¾) 19¾ (19¾) 19¾ (19¾) 19¾ inches], **while at the same time** working decreases every 11th (10th) 9th (9th) 7th (7th) 7th (6th) 6th round a total of 10 (11) 12 (13) 16 (17) 16 (19) 20 times, by working a decrease round as follows: K1, k2tog, knit to the last 3 sts of the round, ssk, k1.

There are now 40 (42) 44 (44) 44 (44) 48 (48) 48 sts left on the needles.

Work 3 cm [1¼ inches] in 1x1 rib (k1, p1) on 4.5 mm [US7] double-pointed needles.

Work 2 rounds in double knitting before binding off using the Italian bind off technique, the same as on the body.

Work the other sleeve identically.

Neck edge

The neck edge is worked in the round in rib on 3.5 mm [US4] / 40 cm [16 inches] circular needles.

RS facing, pick up and knit approx. 92 (94) 96 (96) 96 (100) 100 (100) 100 sts along the neck opening using the 3.5 mm [US4] / 40 cm [16 inches] circular needles. This is the approx. equivalent to picking up and knitting 1 stitch in every stitch along the back of the neck, the front of the neck and along the slanted sides, and 2 sts for every 3 rows along the straight sides of the neck.

Begin and end picking up sts in the middle of the back of the neck.

Join in the round and place a marker for the beginning of the round.

Work 8 rounds in 1x1 rib (k1, p1).

Work 2 rounds in double knitting, before binding off **tightly** using the Italian bind off technique, the same as on the body.

Weave in all ends.

Abbreviations

k	knit
k2tog	decrease; knit two stitches together (right-slanting)
M1L	increase, left-slanting; make one left (see About increases)
M1R	increase, right-slanting; make one right (see About increases)
p	purl
RS	right side of your work
ssk	slip, slip, knit – decrease; slip one stitch knit-wise, slip another stitch knit-wise, return both stitches to the left needle, and knit them together through the back loops (left-slanting)
st(s)	stitch(es)
WS	wrong side of your work



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Happy knitting!