





Caitlin Hunter's knits combine classic, traditional styles with modern silhouettes. This oversized layering piece features gorgeous stranded colourwork.

Shirts Jeans & Towels, trousers and skirt Samuji, shoes Terhi Pölkki.





Nordic Bloom comes in two versions: a vest and a cardigan. It's worked in Vams by Rauma Garn, a 100% Norwegian wool yarn.



Caitlin wanted to interpret a traditional motif on a large scale in a garment with a very modern fit. The body is worked from the bottom up in the round and steeked at the end.

CAITLIN HUNTER –

# Nordic Bloom



Nordic Bloom (pages 24–29) is a bottom-up, oversized layering piece that features gorgeous stranded colourwork. The pattern is inspired by the bold floral motifs common in Scandinavian design. The fit is intended to be modern and comfortable for all.

## SIZES

1 (2, 3, 4, 5) (6, 7, 8)

**Recommended ease:** 6–10" / 15.5–25.5 cm of positive ease.

## FINISHED MEASUREMENTS

**Chest Circumference:** 37.25 (42.25, 47.25, 52.25, 57.25) (62.25, 67.25, 72.25)" / 94.5 (107.5, 120, 132.5, 145.5) (158, 171, 183.5) cm.

**Upper Arm Circumference (Cardigan):** 12.5 (14, 15, 16.5, 18) (19.5, 20.5, 21)" / 32 (35.5, 38, 42, 46) (49.5, 52, 53.5) cm.

**Armhole Circumference (Vest):** 10 (11.25, 12, 13.5, 14.5) (15.75, 16.5, 17)" / 25 (28, 30, 33, 36) (39, 41, 42) cm.

**Sleeve Length (Cardigan):** 17.5" / 44.5 cm.

**Body Length (from Underarm to Bottom Edge):** 11" / 28 cm.

## MATERIALS

**Yarn:** Vams by Rauma Garn (100% Norwegian wool, 91 yds / 83 m – 50 g).

### Cardigan only

9 (10, 11, 12, 13) (14, 16, 16) skeins of colourway 311.

### Vest only

MC: 5 (6, 6, 7, 8) (8, 9, 10) skeins of colourway 403.

### Cardigan and vest

CC: 2 (3, 3, 3, 4) (4, 4, 4) skeins of colourway 418 (for cardigan) or colourway 302 (for vest).

Or approx. the foll amounts of worsted or aran-weight yarn:

### Cardigan

MC: 755 (861, 959, 1057, 1163) (1261, 1367, 1465) yds / 690 (787, 877, 967, 1063) (1153, 1250, 1339) m.  
CC: 180 (206, 229, 252, 278) (301, 326, 350) yds / 164 (188, 209, 231, 254) (275, 298, 320) m.

### Vest

MC: 423 (483, 538, 593, 652) (707, 766, 821) yds / 330 (375, 420, 465, 510) (552, 596, 641) m.  
CC: 180 (206, 229, 252, 278) (301, 326, 350) yds / 164 (188, 209, 231, 254) (275, 298, 320) m.

Alternative yarn suggestions are for example Cyrano by De Rerum Natura, Simply Wool Aran by Knit Picks, Traditional Worsted by Cestari or Worsted by Peace Fleece.

**Needles:** US 6 / 4 mm and US 9 / 5.5 mm 32" / 80 cm circular needles and an extra US 6 / 4 mm needle (for the Tubular BO).

**Notions:** Stitch markers, stitch holders or waste yarn, buttons (3 x 30 mm).

## GAUGE

16 sts x 20 rnds/rows to 4" / 10 cm on US 9 / 5.5 mm needles in Colourwork Patt and St St, after blocking.

20 sts x 26 rnds to 4" / 10 cm on US 7 / 4.5 mm in Rib, after blocking.

## SPECIAL TECHNIQUES

### Steek Stitches

This pattern uses steek stitches so that the body may be knitted in the round. The steek stitches are not included in the stitch count totals listed. The steek stitches are worked in Stockinette Stitch and you can choose to alternate the colours with a stripe or checkerboard pattern as preferred.

## NOTES

This colourwork pattern comes in two options: a cardigan and a vest. It is worked in one piece, from the bottom up. The body is worked in the round and later steeked. The hem ribbing is worked flat, then stitches are cast on for the steek and the body is worked in the round while working the colourwork chart. The fronts and back are then separated and worked flat. The shoulders are grafted together. You will then pick up stitches at the armholes and either work sleeves for the cardigan or ribbing for the vest. Then stitches are picked along the fronts for the button band. Finally the body is finished by steeking and sewing on buttons.

## DIRECTIONS

### BOTTOM HEM

With US 6 / 4 mm needles and MC, CO 143 (163, 183, 203, 223) (243, 263, 283) sts using the 1 x 1 Tubular CO method or the Long-Tail CO method, if preferred. The green sample uses the Long-Tail CO.

**Row 1 (RS):** K1, \*p1, k1\* to end.

**Row 2 (WS):** P1, \*k1, p1\* to end.

Rep rows 1–2 until work measures 2.5" / 6.5 cm from CO edge.

Change to US 9 / 5.5 mm needles.

### SET UP STEEK

**(RS):** K to end. PM and CO 5 sts for steek, PM for BOR and join in the rnd.

**Next Row:** K to end.

### BEGIN COLOURWORK

Beg the colourwork chart with MC and CC starting with rnd 1 and the first st of the chart. The 20-st patt is repeated 7 (8, 9, 10, 11) (12, 13, 14) times around. When you come to the 5 steek sts you can begin working them in a stripe or checkerboard patt.

Work all rnds of chart. Break CC.

**Next Rnd:** K to steek sts, BO 5 steek sts. RMs as you come to them.

### DIVIDE FOR ARMHOLES / LEFT AND RIGHT FRONTS

From BOR, k34 (39, 44, 49, 54) (59, 64, 69), pl on hold for right front, k75 (85, 95, 105, 115) (125, 135, 145), pl on hold for back, k rem 34 (39, 44, 49, 54) (59, 64, 69) sts for left front.

### LEFT FRONT

Left front sts are now worked flat, with dec's worked at centre front and armholes for shaping.

**Row 1 (WS and all foll WS rows):** P to end.

**Row 2 (RS):** K4, k2tog, k to last 6 sts, ssk, k to end. (2 sts dec'd)

Work rows 1–2, 2 (2, 4, 4, 5) (6, 8, 10) times total. [4 (4, 8, 8, 10) (12, 16, 20) sts dec'd]

Now dec's are made to the centre front only to cont the v-neck shaping.

**Row 3 (WS):** P to end.

**Row 4 (RS):** K to last 6 sts, ssk, k to end. (1 st dec'd)

Work rows 3–4, 10 (13, 12, 15, 16) (17,

16, 15) times total. [10 (13, 12, 15, 16) (17, 16, 15) sts dec'd]

20 (22, 24, 26, 28) (30, 32, 34) sts rem.

### Short Rows

Work short rows to shape the shoulders.

**Short Row 1 (WS):** P to 4 sts bef end, w&t.

**Short Row 2 (RS):** K to end.

**Short Row 3 (WS):** P to 4 sts bef last wrapped st, w&t.

Work short rows 2–3 once more. Work short row 2 once more.

**Next Row (WS):** P to end, resolving wrapped sts as you come to them.

**Next Row (RS):** K to end.

Pl left shoulder sts on hold.

### RIGHT FRONT

Pl held 34 (39, 44, 49, 54) (59, 64, 69) right front sts on US 9 / 5.5 mm needles. Rejoin MC at armhole to beg with a WS row.

**Row 1 (WS):** P to end.

**Row 2 (RS):** K4, k2tog, k to last 6 sts, ssk, k to end. (2 sts dec'd)

Work rows 1–2, 2 (2, 4, 4, 5) (6, 8, 10) times total. [4 (4, 8, 8, 10) (12, 16, 20) sts dec'd]

Now dec's are made to the centre front only to cont the v-neck shaping.

**Row 3 (WS):** P to end.

**Row 4 (RS):** K4, k2tog, k to end. (1 st dec'd)

Work rows 3–4, 10 (13, 12, 15, 16) (17, 16, 15) times total. [10 (13, 12, 15, 16) (17, 16, 15) sts dec'd]

20 (22, 24, 26, 28) (30, 32, 34) sts rem.

Work one more WS row.

### Short Rows

Work short rows to shape the shoulders.

**Short Row 1 (RS):** K to 4 sts bef end, w&t

**Short Row 2 (WS):** P to end.

**Short Row 3 (RS):** K to 4 sts bef last wrapped st, w&t.

Work short rows 2–3 once more. Work short row 2 once more.

**Next Row (RS):** K to end, resolving wrapped sts as you come to them.

**Next Row (WS):** P to end.

Pl right shoulder sts on hold.

### BACK

Pl held 75 (85, 95, 105, 115) (125, 135, 145) back sts on US 9 / 5.5 mm needles and rejoin MC to beg with a RS row.

**Row 1 (RS):** K4, k2tog, k to last 6 sts, ssk, k to end. (2 sts dec'd)

**Row 2 (WS):** P to end.

Work rows 1–2, 2 (2, 4, 4, 5) (6, 8, 10) times total. [4 (4, 8, 8, 10) (12, 16, 20) sts dec'd]

Cont to work in St St until back measures 7.5 (8.75, 10, 10.25, 10.75) (11.5, 12, 12.25)" / 19 (22, 25.5, 26, 27.5) (29, 30.5, 31) cm from armhole split, ending after a WS row.

### Short Rows

**Short Row 1 (RS):** K to 4 sts bef end, w&t.

**Short Row 2 (WS):** P to 4 sts bef end, w&t.

**Short Row 3:** K to 4 sts bef last wrapped st.

**Short Row 4:** P to 4 sts bef last wrapped st.

Work short rows 3–4 once more.

**Next Row (RS):** K to end, resolving wrapped sts as you come to them

**Next Row (WS):** P to end, resolving wrapped sts as you come to them.

### BIND OFF BACK NECKLINE STITCHES

On foll row, k20 (22, 24, 26, 28) (30, 32, 34), BO next 31 (37, 39, 45, 49) (53, 55, 57) sts for back neck, k rem 20 (22, 24, 26, 28) (30, 32, 34) sts.

### JOIN SHOULDERS

With WS facing each other, join front shoulders to back shoulders using the grafting technique.

### ARMHOLES – VEST ONLY

Using US 6 / 4 mm needles and MC, pick up and k 50 (56, 60, 66, 72) (78, 82, 84) sts. Pick up approx. 4 sts for every 5 rows. PM for BOR at underarm and join in the rnd.

### 1 x 1 Rib

**Rib Rnd:** \*K1, p1\* to end.

Work in est 1 x 1 rib for 6 rnds in total.

BO in patt using the Tubular BO method.

### SLEEVES – CARDIGAN ONLY

Using US 9 / 5.5 mm needles and MC, pick up and k 50 (56, 60, 66, 72) (78, 82, 84) sts. Pick up approx. 4 sts for every 5 rows. PM for BOR at underarm and join in the rnd.

Work in St St for 3" / 8 cm, or desired length before cuff.

**Decreases**

**Dec Rnd:** K1, k2tog, k to last 3 sts, ssk, k1.  
(2 sts dec'd)

Work 18 (14, 11, 8, 5) (5, 4, 4) rnds in St St.

Work dec rnd and St St rnds as above 3 (4, 5, 7, 10) (11, 12, 12) times total. [6 (8, 10, 14, 20) (22, 24, 24) sts dec'd]  
44 (48, 50, 52, 52) (56, 58, 60) sts.

**Cuff**

Change to US 6 / 4 mm needles.

**Rib Rnd:** \*K1, p1\* to end.

Work in est 1 x 1 rib until cuff measures 2.5" / 6.5 cm.

BO in patt using the Tubular BO method.

**BUTTON BAND**

From bottom right edge (as worn) using US 6 / 4 mm needles and MC, pick up and k sts along front right, back neck and front left. Along fronts pick up 4 sts for every 5 rows, for back neck pick up every st. Be sure to pick up an odd number of sts total, and the same number for each front.

**Row 1 (WS):** P1, \*k1, p1\* to end.

**Row 2 (RS):** K1, \*p1, k1\* to end.

Work row 1 once more.

**Buttonhole Row:** Work 4 sts in est 1 x 1 rib, BO 4 sts, work 20 sts in patt, BO 4, work 20 sts in patt, BO 4, work in est rib to end.

**Next Row:** \*Work in est 1 x 1 rib until you reach first buttonhole. CO 4 sts using the Backwards Loop method\*. Rep \*-\* twice more, then work est rib to end.

Work 3 more rows in est 1 x 1 rib.

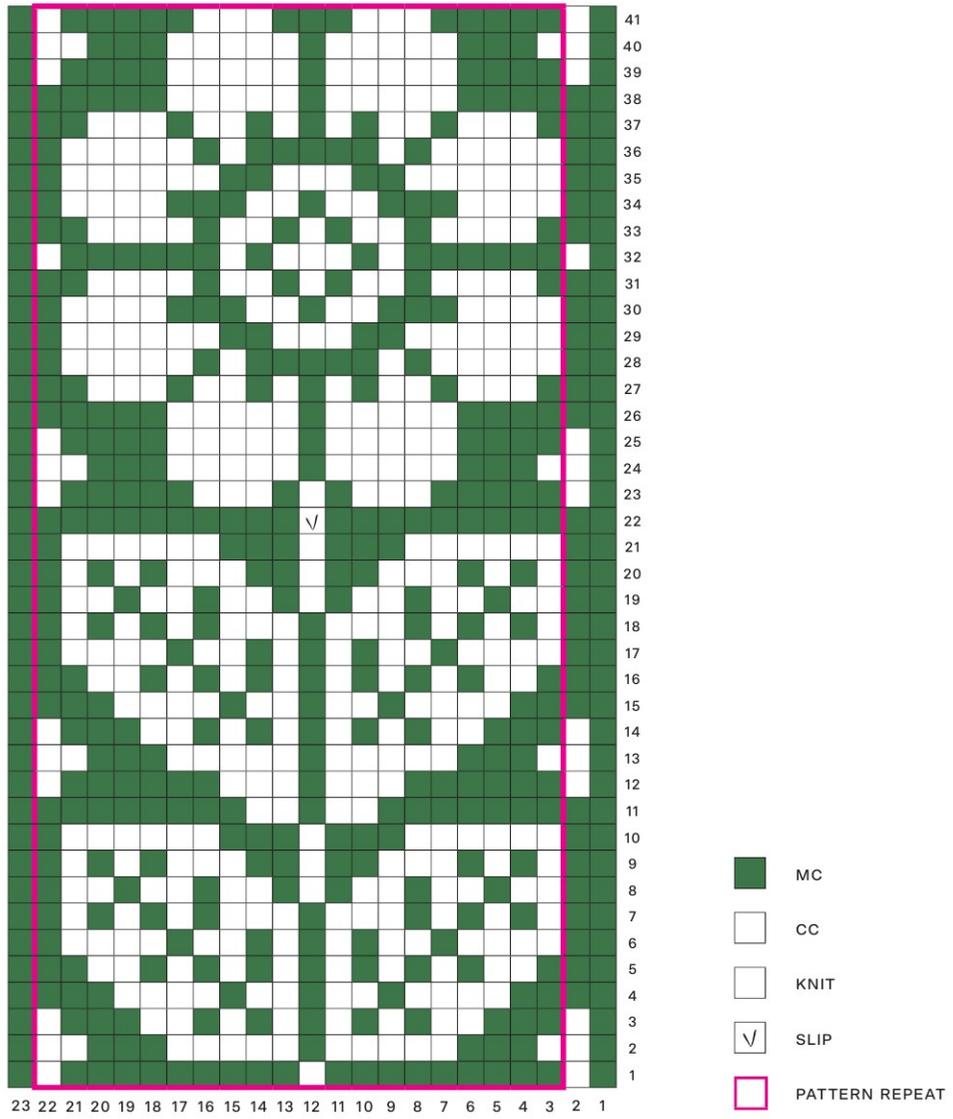
BO using the Tubular BO method.

**FINISHING**

Weave in ends and wet block to measurements.

Steek the garment using preferred method.

Sew on buttons.



## PATTERNS

# Abbreviations

<b>APPROX.</b> Approximately	<b>INC('D)</b> Increase(d)/increasing	<b>M1L(P)</b> Make 1 left: With your left-hand needle pick up the bar between the last stitch you knitted (purred) and the next stitch on the left-hand needle, bringing the needle from the front to the back, knit (purl) into the back of the stitch you just picked up (1 stitch increased)
<b>BEF</b> Before	<b>K</b> Knit	<b>M1R(P)</b> Make 1 right: With your left-hand needle pick up the bar between the last stitch you knitted (purred) and the next stitch on the left-hand needle, bringing the needle from the back to the front, knit (purl) into the front of the stitch you just picked up (1 stitch increased)
<b>BEG</b> Begin(ning)	<b>K1B</b> Knit into the stitch below	<b>MC</b> Main colour
<b>BO</b> Bind off	<b>K2TOG</b> Knit 2 stitches together (1 stitch decreased)	<b>MDS</b> Make double stitch: Slip the next stitch with yarn in front. Bring the yarn over the right needle to the back and pull on the slipped stitch until it looks like a double stitch (two legs)
<b>BOR</b> Beginning of the round	<b>K3TOG</b> Knit 3 stitches together (2 stitches decreased)	<b>N / N1 / N2, ETC.</b> Needle / needle 1 / needle 2, etc.
<b>C1, C2, ETC.</b> Colour 1, colour 2, etc.	<b>KDS</b> Knit double stitch: Knit both legs together	<b>P</b> Purl
<b>CC</b> Contrast(ing) colour	<b>KFB</b> Knit into front of the stitch without dropping it from the needle, then knit into back of the same stitch, then drop it from the needle (1 stitch increased)	<b>P2SSO</b> Pass 2 slipped stitches over (2 stitches decreased)
<b>CDD</b> Central double decrease: Slip 2 stitches together as if to knit to your right-hand needle. Knit the next stitch. Pass the slipped stitches over the knitted stitch. (2 stitches decreased)	<b>KFBF</b> Knit into the front of the stitch without dropping it from the needle, then knit into the back of the same stitch, then knit into the front of the same stitch again, then drop it from the needle (2 stitches increased)	<b>P2TOG</b> Purl 2 stitches together (1 stitch decreased)
<b>CN</b> Cable needle	<b>KTBL / K1TBL</b> Knit through back loop of the stitch (twisted stitch)	<b>P3TOG</b> Purl 3 stitches together (2 stitches decreased)
<b>CO</b> Cast on	<b>KWISE</b> Knitwise	<b>PATT</b> Pattern
<b>CONT</b> Continue(s)/continuing	<b>LH</b> Left hand	
<b>DEC('D)</b> Decrease(d)/decreasing	<b>LHN</b> Left-hand needle	
<b>DPN(S)</b> Double-pointed needle(s)	<b>M</b> Marker	
<b>DS</b> Double stitch		
<b>EST</b> Establish(ed)		
<b>FOLL</b> Follows / following		

**PDS**

Purl double stitch: Purl both legs together

**PFB**

Purl into the front and back of the same stitch (1 stitch increased)

**PL**

Place

**PM**

Place marker

**PREV**

Previous

**PSSO**

Pass slipped stitch over (1 stitch decreased)

**PTBL / P1TBL**

Purl through back loop (twisted stitch)

**PUW**

Pick up wrap: Insert right needle upwards through the wrap around the bottom of the next stitch and the front leg of the next stitch. On a purl row, insert right needle from the back of your work through the wrap around the bottom of the next stitch and the front leg of the next stitch. Purl the two loops as if they were one stitch. On a knit row, insert needle from the front of your work. Knit the two loops as if they were one stitch.

**PWISE**

Purlwise

**REM**

Remain(ing)

**REP**

Repeat

**RH**

Right hand

**RHN**

Right-hand needle

**RM**

Remove marker

**RND(S)**

Round(s)

**RS**

Right side of fabric

**SK2P**

Slip 1 stitch, knit 2 stitches together, pass the slipped stitch over (2 stitches decreased)

**SL**

Slip (purlwise with yarn in back on RS and yarn in front on WS, unless otherwise stated)

**SM**

Slip marker

**SSK**

Slip, slip, knit: Slip 2 stitches one at a time as if to knit, knit them together through back loops (1 stitch decreased)

**SSP**

Slip, slip, purl: Slip 2 stitches one at a time as if to knit, purl them together through back loops (1 stitch decreased)

**SSSK**

Slip, slip, slip, knit: Slip 3 stitches one at a time as if to knit, knit them together through back loops (2 stitches decreased)

**ST(S)**

Stitch(es)

**ST ST**

Stockinette Stitch

**TBL**

Through the back loop

**TOG**

Together

**TW**

Turn work

**WS**

Wrong side of fabric

**WYIB**

With yarn in back

**WYIF**

With yarn in front

**W&T**

Wrap & turn: Slip the next stitch on your left-hand needle to the right-hand needle. If you are on

a knit row, bring the yarn from back to front; if you are on a purl row, bring the yarn from front to back. Slip the stitch back to your left-hand needle so that the yarn “wraps” that stitch, then turn your work so the other side is facing you.

**YDS**

Yards

**YO**

Yarn over: Bring yarn between needles to the front, then over right-hand needle ready to knit the next stitch (1 stitch increased)

**[ ] / ( )**

Repeat instructions in brackets stated number of times

**\*-\***

Repeat from \* to \*

**GENERAL INFORMATION**

Charts are read from bottom to top. When knitting flat, charts are read from right to left on RS rows and from left to right on WS rows. When knitting in the round, charts are read from right to left.

The pattern instructions list any special notions you will need. You will also need a tapestry needle to weave in all the ends, a pair of scissors for cutting the yarn and a measuring tape to check the gauge and dimensions.

**SIZING**

The sizing does not follow any standard sizing. We encourage you to look at the final measurements of the garment and choose the size based on that. It is recommended that you start with the chest circumference and add the required ease to it (or your desired ease) and then look at what size best corresponds to that.