THE

No Sweat

SHIRT

No Sweat Shirt
by Park Williams

A casual, lightweight cropped hoodie for an easy, breezy, no sweat time! Knit from the top down in stockinette stitch and then flipped inside out for a textured look, this little cotton hoodie will keep you cool for all your spring and summer activities. Pattern includes options for a little pointy hood (pictured) or a more traditional round hood. #NoSweatShirt

Needles & Notions:
Size US 6 / 4mm circular needles* & DPNs (for body & sleeves)
Size US 4 / 3.5mm circular needles* & DPNs (for ribbing)
Regular stitch markers (8), removable stitch markers (3), a unique BOR marker, a tapestry needle, stitch holders/scrap yarn
* cable length will vary based on size

Sizing:
XS(S, M, L, XL) (XXL, 3XL, 4XL, 5XL)
Chest: 35(39, 43, 47, 51) (55, 59, 61, 65) inches;
89[99, 109.25, 119.5, 129.5] [139.75, 149.75, 155, 165] cm

> This garment is meant to be worn with 3-5" positive ease. I have a 36" bust and am wearing a size Small with 3" positive ease.

Gauge: 22 stitches and 31 rows/4" on a US 6 / 4mm, reverse stockinette in the round, blocked.

Yarn:
Noro Kakigōri
DK weight
Cotton/Silk/Viscose/Polyamide blend
Color- 1 Naha

OR any yarn that gets gauge!

Yardage:
1225(1355, 1485, 1595, 1730) (1895, 2040, 2145, 2340) yards

Abbreviations:
CO: cast on (in your preferred method)
BOR: beginning of round
BO: bind off
RS: right side of work (for our purposes this refers to the knit side, not the side that is worn on the outside)
WS: wrong side of work (for our purposes this refers to the purl side, not the inside when worn)
k: knit
p: purl
pm: place marker
rm: remove marker
slm: slip marker
k2tog: knit two stitches together (Decreases one stitch)
kfb: knit front and back (Increases one stitch)
ssk: slip one stitch knit-wise, slip another stitch knit-wise, knit those two stitches together through the back loop (Decreases one stitch)
st(s): stitch(es)
LLi: left lifted increase. With your left hand needle, lift the left leg of the stitch two rows below the first stitch on your right hand needle from back to front. Knit this stitch through the back loop. (Increases one stitch)
RLi: right lifted increase. With your right hand needle, lift the right leg of the stitch directly below the first stitch on your left hand needle from back to front and place it on your left hand needle. Knit this stitch. (Increases one stitch)
sl1 wyif: slip one stitch purl-wise, with yarn in front
yb: yarn back. Move yarn to the back between the needles

Cast-On/Yoke:

!!!! VERY IMPORTANT NOTE !!!!: The finished hoodie is in reversible stockinette stitch, meaning the purl bumps are worn on the outside of the garment. However, we will be working the majority of the sweatshirt inside out (so we can knit in the round instead of purl in the round). At the hood edging section we will flip it back right side out. For our purposes, WS refers to the purl bumps and RS refers to the knit V's.
A video for the raglan increases can be found here: https://youtu.be/OXmqac2jMQ0

Using a US 6 / 4mm circular needle, CO 68(70, 74, 74, 76) (82, 86, 90, 98) stitches. *Do not join in the round.*
Hook a removable stitch marker *into* the 34th(35th, 37th, 37th, 38th) (41st, 43rd, 45th, 49th) stitch.
>   This removable stitch marker will hang out in your cast on row until we pick up for the hood.

Raglan Set-Up Row (WS): p1, place marker, k1, pm, p14(15, 17, 17, 18) (19, 21, 23, 25) sts, pm, k1 , pm, p34(34, 34, 34, 34) (38, 38, 38, 42) sts, pm, k1, pm, p14(15, 17, 17, 18) (19, 21, 23, 25) sts, pm, k1, pm, p1.
Row 2 (RS): kfb, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, kfb. (Increased 10 stitches)
Row 3 (WS): Purl to first marker, slm, k1, slm, purl to next marker, slm, k1, slm, purl to next marker, slm, k1, slm, purl to next marker, slm, k1, slm, purl to end.
Row 4 (RS): kfb, knit to first marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to last stitch, kfb. (Increased 10 stitches)

Repeat Rows 3 & 4, 6(6, 6, 6, 6) (8, 8, 8, 10) *more* times.
>   You will now have 17(17, 17, 17, 17) (21, 21, 21, 25) stitches for each front neck section, 30(31, 33, 33, 34) (39, 41, 43, 49) stitches for each sleeve, 50(50, 50, 50, 50) (58, 58, 58, 66) stitches for the back body, and 1 stitch for each raglan seam.

[148(150, 154, 154, 156) (182, 186, 190, 218) stitches total on needle]

DO NOT TURN after completing the final Row 4 repeat. Instead, using the Backwards Loop method, CO 4 stitches, hook a removable stitch marker on the ladder in between the stitch you just cast on and the one you are about to cast on, CO 4 stitches, place a BOR marker, CO 4 stitches, hook another removable stitch marker on the ladder in between the stitch you just cast on and the one you are about to cast on, CO 4 more stitches.
>   The two removable stitch markers will hang out in this first front neck row until we pick up for the hood.
>   The raglan round "knit to marker" instructions are never referring to these removable stitch markers.
>   The BOR marker will stay on our needle with the live stitches, marking our beginning of round for the remainder of the body.
Join in the round.

Initial Raglan Rounds:
Raglan Round 1: Knit to first raglan seam marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to BOR.
Raglan Round 2: Knit to first raglan seam marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, RLi, knit to BOR. (Increased 8 stitches)

Repeat Raglan Rounds 1 & 2, 19(20, 20, 22, 25) (26, 27, 27, 28) *more* times.
>   You will now have 90(92, 92, 96, 102) (112, 114, 114, 124) stitches for the combined front body, 70(73, 75, 79, 86) (93, 97, 99, 107) stitches for each sleeve, 90(92, 92, 96, 102) (112, 114, 114, 124) stitches for the back body, and 1 stitch for each raglan seam.

[324(334, 338, 354, 380) (414, 426, 430, 466) stitches total on needle]

For size XS: Jump ahead to "Separating Sleeves & Body" section.
For sizes S - 5XL: Continue onto "Secondary Raglan Rounds" section.

Secondary Raglan Rounds:

Sizes -(S, M, -, -) (-, -, -, -):
> We will now be working the raglan increases for the body and no longer increasing at the sleeve. (Increasing 4 stitches)

Raglan Round 1: Knit to marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to BOR.

Raglan Round 2: Knit to marker, LLi, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, RLi, knit to next marker, LLi, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, RLi, knit to BOR. (Increased 4 stitches)

Repeat Raglan Rounds 1 & 2, -(3, 8, -, -) (-, -, -, -) *more* times.
> You will now have -(100, 110, -, -) (-, -, -, -) stitches for the combined front body, -(73, 75, -, -) (-, -, -, -) stitches for each sleeve, -(100, 110, -, -) (-, -, -, -) stitches for the back body, and 1 stitch for each raglan seam.

[-(350, 374, -, -) (-, -, -, -) stitches total on needle]

Sizes -(-, -, L, XL) (XXL, 3XL, 4XL, 5XL):
> We will now be working our raglan increases at a double rate for the body (increasing 4 stitches for the front and back body each Raglan round) and no longer increasing at the sleeve. (Increasing 8 stitches)

Raglan Round 1: Knit to marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to BOR.

Raglan Round 2: Knit to one stitch before marker, LLi, k1, LLi, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, RLi, k1, RLi, knit to one stitch before next marker, LLi, k1, LLi, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, RLi, k1, RLi, knit to BOR. (Increased 8 stitches)

Repeat Raglan Rounds 1 & 2, -(-, -, 5, 6) (6, 8, 9, 9) *more* times.
> You will now have -(-, -, 120, 130) (140, 150, 154, 164) stitches for the combined front body, -(-, -, 79, 86) (93, 97, 99, 107) stitches for each sleeve, -(-, -, 120, 130) (140, 150, 154, 164) stitches for the back body, and 1 stitch for each raglan seam.

[-(-, -, 402, 436) (470, 498, 510, 546) stitches total on needle]

Separating Sleeves & Body

Work the *following* two rounds 6(3, 0, 2, 0) (0, 0, 0, 0) times *or* until the yoke is your desired length:

Round 1: Knit to marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to next marker, slm, p1, slm, knit to BOR.

Round 2: Knit to marker, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, knit to next marker, slm, sl1 wyif, yb, slm, knit to BOR.

All Sizes:

This is all one round:

Knit to first marker, rm, k1, rm, transfer 70(73, 75, 79, 86) (93, 97, 99, 107) to a holder for the first sleeve. Using Backwards Loop method, CO 4(6, 6, 8, 8) (9, 10, 12, 12) stitches for the underarm. rm, k1, rm, knit 90(100, 110, 120, 130) (140, 150, 154, 164) stitches for the back body, rm, k1, rm, transfer 70(73, 75, 79, 86) (93, 97, 99, 107) to a holder for the second sleeve. Using Backwards Loop method CO 4(6, 6, 8, 8) (9, 10, 12, 12) stitches for the underarm, rm, k1, rm, knit to BOR.

[192(216, 236, 260, 280) (302, 324, 336, 356) stitches total on needle for the body]

Body:

> Please note: if your waist is not significantly smaller than your chest you may want to do fewer decreases in this section/no decreases. Try the sweater as you go to modify the body accordingly! Additionally, you can adjust the length to your liking by adding or subtracting rows in-between the decrease rounds. If you are opting out of decreases, knit the body to 1.5(1.5, 1.5, 1.5, 1.5) (1.75, 1.75, 2, 2)" / 3.75[3.75, 3.75, 3.75, 3.75] [4.5, 4.5, 5, 5] cm less than your desired length before moving on to the ribbing.

Knit for 4(3.25, 3.25, 3.25, 3.25) (2.25, 2.25, 3.25, 3.75)" / 10.25[8.25, 8.25, 8.25, 8.25] [5.75, 5.75, 8.25, 9.5] cm.

Waist Shaping Set-Up Round: Knit 48(54, 59, 65, 70) (76, 81, 84, 89) stitches, pm, k96(108, 118, 130, 140) (150, 162, 168, 178) stitches, pm, knit to BOR.

Decrease Round: Knit to three stitches before first side seam marker, ssk, k1, slm, k1, k2tog. Knit to three stitches before second side marker, ssk, k1, slm, k1, k2tog, knit to BOR. (Decreased 4 stitches)
Knit 4 rounds.
Work the decrease round followed by the 4 knit rounds, 3(4, 5, 5, 5) (6, 6, 5, 4) *more* times.

[176(196, 212, 236, 256) (274, 296, 312, 336) stitches total]

Remove BOR marker, knit to first side seam marker, rm, knit to next side seam marker*.
> *this will be your new BOR marker

Change to US 4 / 3.5mm needles and work 1x1 ribbing (k1, p1) for 1.5(1.5, 1.5, 1.5, 1.5) (1.75, 1.75, 2, 2)" / 3.75[3.75, 3.75, 3.75, 3.75] [4.5, 4.5, 5, 5] cm.
BO loosely in pattern.

Sleeves:

> For additional sleeve length, I recommend adding a round or two in-between the decrease rounds. For less length, subtract a round in-between the decrease rounds. Try the sweater on as you go to modify the sleeves accordingly!
> Please note: some of the sizes have you picking up more or less stitches than the underarm cast on for the body, this is intentional!

Transfer 70(73, 75, 79, 86) (93, 97, 99, 107) stitches from the holder to a US 6 / 4mm needle. Starting at the center of the cast-on underarm stitches, pick up and knit 4(3, 3, 4, 4) (4, 5, 6, 6) stitches. Knit across the rest of the sleeve stitches, then pick up and knit an additional 4(4, 4, 5, 4) (5, 6, 7, 7) stitches into the underarm. Place marker and join in the round.

[78(80, 82, 88, 94) (102, 108, 112, 120) stitches total on needle]

Knit for 0.75(1, 1, 0.75, 0) (0.25, 1, 0, 2)" / 2[2.5, 2.5, 2, 0] [0.75, 2.5, 0, 5] cm.

Decrease Round: k1, k2tog, knit to last three stitches, ssk, k1. (Decreased 2 stitches)
Knit 6(6, 6, 5, 5) (4, 3, 3, 2) rounds.
Work the decrease round followed by the 6(6, 6, 5, 5) (4, 3, 2, 2) knit rounds, 17(17, 17, 20, 21) (24, 26, 28, 31) *more* times, switching to DPNs as necessary.

[42(44, 46, 46, 50) (52, 54, 54, 56) stitches total on needle]

Cuffs:

Change to US 4/ 3.5mm DPNs and work 1x1 ribbing (k1, p1) for 2(2, 2, 2, 2) (2.25, 2.25, 2.5, 2.5)" / 5[5, 5, 5, 5] [5.75, 5.75, 6.25, 6.25] cm.
BO loosely in pattern.

Hood Pick Up:

The hood pick up is the same technique as a regular pick up, but instead of picking up along the cast on edge, we are picking up and knitting stitches from the second row of bumps on the reverse stockinette side (currently the inside) of the sweater. A video for this technique can be found here: https://youtu.be/_ya4kLMB8ko

Hood Pick Up: The removable stitch marker pictured here provides a visual for where I will insert my needle to do my next pick up and knit stitch.

Using a US 6 / 4mm circular needle, starting at the leftmost removable stitch marker at the front neck (left when you are looking at the sweater), working clockwise and picking up along the second row of bumps on the reverse stockinette side of the sweater, pick up and knit 3(3, 3, 3, 3) (3, 3, 3, 3) stitches along the front neck cast on, 12(12, 12, 12, 12) (15, 15, 15, 18) stitches along the front neck slope, 1(1, 1, 1, 1) (1, 1, 1, 1) stitch in the raglan seam, 10(12, 12, 12, 12) (12, 14, 14, 14) stitches in the sleeve section, 1(1, 1, 1, 1) (1, 1, 1, 1) stitch in the raglan seam, 13(13, 13, 13, 13) (14, 14, 14, 15) stitches in the back body section before the removable stitch marker, remove the removable marker from the fabric and place a new marker on the needle to mark the center hood. Continuing in the same manner, pick up and knit 13(13, 13, 13, 13) (14, 14, 14, 15) stitches in the second half of the back body section, 1(1, 1, 1, 1) (1, 1, 1, 1) stitch in the raglan seam, 10(12, 12, 12, 12) (12, 14, 14, 14) stitches in the sleeve section, 1(1, 1, 1, 1) (1, 1, 1, 1) stitch in the raglan seam, 12(12, 12, 12, 12) (15, 15, 15, 18) stitches along the front neck slope and 3(3, 3, 3, 3) (3, 3, 3, 3) stitches in the section before the final removable stitch marker. Remove all the removable stitch markers. Turn to work WS row.

[80(84, 84, 84, 84) (92, 96, 96, 104) stitches picked up for the hood]

Hood:

We are now working in flat stockinette stitch and our hoodie still has the knit side facing out. RS still refers to the knit side with the V's and WS still refers to the purl bump side.

Work 11(11, 11, 11, 11) (13, 13, 13, 15) rows in flat stockinette stitch, (purling on the WS and knitting on the RS).

Hood Increase Row 1 (RS): Knit to one stitch before the center hood marker, LLi, k1, slm, k1, RLi, knit to end. (Increased 2 stitches)
Work 3 rows in flat stockinette stitch.
Repeat the Hood Increase Row followed by the 3 rows in stockinette stitch, 10(10, 10, 10, 10) (6, 7, 7, 6) *more* times.

[102(106, 106, 106, 106) (106, 112, 112, 118) stitches total on needle]

Pointy Hood Version (pictured):
Work in flat stockinette stitch until the hood measures 11(10.5, 10.5, 11, 11) (11, 10.5, 10.5, 10.5)" / 28[26.75, 26.75, 28, 28] [28, 26.75, 26.75, 26.75] cm from the pick up, ending after completing a purl row.
Hood Decrease Row 1 (RS): Knit to 4 stitches before the center hood marker, ssk, k2, slm, k2, k2tog, knit to end of row. (Decreased 2 stitches)
Hood Decrease Row 2 (WS): Purl
Repeat Hood Decrease Rows 1 & 2, 7(9, 9, 9, 9) (9, 12, 12, 13) *more* times.

[86(86, 86, 86, 86) (86, 86, 86, 90) stitches total on needle]

Transfer half of the hood stiches to a separate needle and with the RS still facing out/WS together, work a Three Needle Bind Off to connect the two halves of the hood.
Break Yarn.

Round Hood Version:
Work in flat stockinette stitch until the hood measures 10(9.5, 9.5, 9.5, 10) (10, 9.5, 9.5, 9.25)" / 25.5[24.25, 24.25, 24.25, 25.5] [25.5, 24.25, 24.25, 23.5] cm, ending after completing a purl row.

Initial Hood Decrease Row 1 (RS): Knit to 4 stitches before the center hood marker, ssk, k2, slm, k2, k2tog, knit to end of row. (Decreased 2 stitches)
Initial Hood Decrease Row 2 (WS): Purl
Repeat Initial Hood Decrease Rows 1 & 2, 7(9, 9, 9, 9) (9, 10, 10, 11) *more* times.

Secondary Hood Decrease Row 1 (RS): Knit to 7 stitches before the center hood marker, ssk, k1, ssk, k2, slm, k2, k2tog, k1, k2tog, knit to end of row. (Decreased 4 stitches)
Secondary Hood Decrease Row 2 (WS): Purl
Repeat Secondary Hood Decrease Rows 1 & 2, 3(3, 3, 3, 3) (3, 4, 4, 5) *more* times.

 [70(70, 70, 70, 70) (70, 70, 70, 70) stitches total on needle]

Transfer half of the hood stiches to a separate needle and with the RS still facing out/WS together, work a Three Needle Bind Off to connect the two halves of the hood.
Break Yarn.

Hood Edging:

A video for the hood edging technique can be found here: https://youtu.be/IEP6jCkHWfQ
Pay particular attention to where we are picking up the front neck stitches! We eventually want the hood edging to overlap so to make this easier we pick up the first side along the roll and then pick up the other side along the cast on edge.

Time to turn the sweatshirt right side out!!!! You want the reverse stockinette side (the purl bumps) and the slipped raglan seam detailing to be on the outside when you wear it!

Once you have flipped the sweatshirt right side out, you will notice that the front neck cast on stitches roll to the inside a bit. Instead of forcing the edge straight, use a removable stitch marker and mark the center neck at the top of the roll. This should be in the same row you picked up for the hood.

Using a US 6 / 4mm circular needle and beginning at the second purl bump to the left of the center front marker, pick up and knit 3 stitches along the front neck in the same row as the marker. Then pick up and knit 1 stitch into the corner. Now, working along the edge like you do for a normal pick up, pick up and knit 2 out of every 3 rows around the hood. Once you get to the other side of the front neck, pick up 1 stitch in the corner by going into the corner stitch and into the edge stitch of the roll behind it and knitting them together. Then, straighten out the front neck and pick up and knit 3 stitches along edge (where you normally pick up stitches), ending two stitches away from the center front marker. Turn.
Row 1: Purl
Row 2: Knit
Row 3: Purl

Button Hole Row 4: Knit 8 stitches, work 6 stitch Button Hole*, knit to 14 stitches before end of row, work 6 stitch Button Hole*, k8.

*6 stitch Button Hole:

A video for this button hole technique can be found here: https://youtu.be/EY4vBzLo-Xs

Step 1: Bring your yarn forward, slip one stitch purl-wise, bring yarn to the back, slip another stitch purl-wise, pass the first slipped stitch over the second slipped stitch (binding off one stitch).

Step 2: slip another stitch purl-wise with yarn in back, pass the previously slipped stitch over this slipped stitch (binding off one stitch).

Repeat Step 2 until you have bound off 6 stitches total. Slip the last stitch on your right hand needle over to your left hand needle. Turn your work.

Step 3: Cast on 7 stitches using the Cable Cast On method (sticking you needle between two stitches instead of into one stitch).

Step 4: Turn your work. Bring your yarn to the back, slip the first stitch on your left hand needle onto your right hand needle and pass the final cast on stitch over this stitch.

Work in flat stockinette stitch for 6 additional rows.

BO purl-wise.

Break yarn leaving enough tail to sew down the edging.

Fold the hood edging to the inside and sew it in place. Do not tack down the front neck just yet!

Fold the hood edging in half, so the knit side is facing out, and the purl ridges are hidden. Then, making sure not too sew too tightly, whip stitch the edge in place by going into each stitch. This guarantees everything lines up nicely

Securing the Front Neck Edge:

We want the front neck edges to overlap a bit, which is why we picked up stitches along the roll for one side and along the edge for the other. We are going to close up the fold at the same time we tack the folded edging down in place by sewing through all the layers at once.

A video tutorial for this technique can be found here: https://youtu.be/4Yt6n7C3Tao

Starting with the folded edge that was picked up on the roll and positioning it so the opening is in line with the front neck cast on, whip stitch the folded hood edging to the front neck from the back by going simultaneously through both sides of the folded edge and one stitch from the front neck. The stitches you go through on the front neck should be in the same row you picked up from (along the roll). Once it is all tacked down in this fashion, finish this edge by pulling the thread to the back and weaving in the end.

Attach the second folded hood edging in the same manner, but make sure the front neck stitches you go through are in line with where you picked up those stitches (along the CO edge) so the two folded edges overlap a bit.

I-cord Drawstring:

A little trick I use for i-cords is using two DPNS. Instead of slipping stitches, I simply slide the stitches to the other end of the DPN when I finish the row.

Using size US 6 / 4mm needles, CO 3 stitches.

Work i-cord: (k3, slip these 3 stitches back to the left hand needle), repeat until i-cord measures 42(42, 42, 42, 43) (43, 43.5, 43.5, 44)" / 106.75[106.75, 106.75, 106.75, 109.25] [109.25, 110.5, 110.5, 111.75] cm. K3tog, break yarn and pull tail through the final stitch.

Finishing:

Block the hoodie and i-cord separately so you can fully stretch the i-cord.

Once blocked, thread the i-cord through the button holes (using a safety pin makes this easier!) and tie little knots at the end of each i-cord if you are feeling cute.

Share pics of your new creation on Instagram using the hashtags #NoSweatShirt & #parknknit. ❤

Schematic:
XS(S, M, L, XL) (XXL, 3XL, 4XL, 5XL)"
XS[S, M, L, XL] [XXL, 3XL, 4XL, 5XL] cm

Hood Height
13(13, 13, 13.5, 13.5) (13.5, 13.75, 13.75, 14)"
33[33, 33, 34.25, 34.25] [34.25, 35, 35, 35.5] cm

Yoke Depth
8.75(9.25, 9.75, 10, 10.5) (11.25, 12.25, 12.5, 13.25)"
22.25[23.5, 24.75, 25.5, 26.75] [28.5, 31, 31.75, 33.75] cm

Upper Sleeve Circumference
14(14.5, 15, 16, 17.25) (18.5, 19.5, 20.25, 21.75)"
35.5[36.75, 38, 40.75, 43.75] [47, 49.5, 51.5, 55.25] cm

Sleeve Length
19(19.25, 19.25, 19, 18.75) (18.5, 17.25, 17.25, 17)"
48.25[49, 49, 48.25, 47.75] [47, 43.75, 43.75, 43.25] cm

Length from Underarm to BO
8(8, 8.5, 8.5, 8.5) (8.5, 8.5, 9, 9)"
20.25[20.25, 21.5, 21.5, 21.5] [21.5, 21.5, 22.75, 22.75] cm

Chest
35(39, 43, 47, 51) (55, 59, 61, 65)"
89[99, 109.25, 119.5, 129.5] [139.75, 149.75, 155, 165] cm

Waist
32(36, 39, 43, 47) (50, 54, 57, 61)"
81.25[91.5, 99, 109.25, 119.5] [127, 137.25, 144.75, 155] cm