

NIVALIS BERET

BY [TETI LUTSAK](#)



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Nivalis is inspired by snowdrops, the first spring flowers coming from under the snow. This design is complementary to Nivalis pullover, made to use yarn leftovers and for those who'd like to try a new colourwork technique. You can take a closer look at my sample and learn more about the design process in [this podcast episode](#).

The beret is worked bottom-up in the round. The colourwork pattern can be worked as a simple stranded colourwork or as a more intricate pattern of floats.

SIZES

The pattern is written for four sizes: 1 (2, 3, 4) with a finished unstretched brim circumference of ca. 46.7 (50, 53.3, 56.7) cm // 18.25 (19.75, 21, 22.25) in.

The sample is shown in size 2. For more of the finished measurements, please refer to the schematic. Please note the beret is running a bit shallow, so if you want it deeper and more like a slouchy tam,

add extra rnds in the brim section as recommended in the pattern before starting with the colourwork.

Please also note that I provided unstretched estimations for the ribbing, consider your gauge and how much stretch you will get depending the yarn you use. Maybe switch to a smaller size needle if necessary.

YARN

MC: ca. 35 (35, 40, 40) g or 1/3 of a skein of Woollin Heather yarn from Wol Met Verve, 85% virgin wool and 15% linen with approx. 400 m (438 yds) per 100 g skein, shown in colourway Aztec Gold; or ca. 140 (140, 160, 160) m / 153 (153, 175, 175) yds.

CC: ca. 15 (15, 20, 20) g or 1/5 of a skein of the same yarn **held double for the colourwork with floats**, shown in colourway Brick; or ca. 60 (60, 80, 80) m / 66 (66, 88, 88) yds of any other fingering/sport weight yarn with a matching gauge.



For the colourwork with floats it is important to choose sticky woolen yarns, ones that will hold their shape in floats well. Before making the final choice, swatch with different options from your leftover stash to see how different yarns will behave. You can hold a lighter weight yarn double or use one strand of a heavier weight yarn instead.

NEEDLES AND NOTIONS

2.5 mm (US 1.5) or 3.0 mm (US 2.5) and 3.5 mm (US 4) circular needles; a set of 3.0 mm (US 2.5) double pointed needles, one stitch marker; a tapestry needle or a crochet hook to weave in the ends.

GAUGE

24 sts & 38 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over stockinette stitch worked in the round after blocking;

23 sts & 26 rnds in 10 cm (4 in) measured over stranded colourwork with floats on the RS worked in the round on 3.5 mm (US 4) needles after blocking.

Adjust the needle sizes if necessary to obtain the correct gauge.

ABBREVIATIONS AND TECHNIQUES

BOR/EOR – beginning/end of the round;

ca. – circa – approximately;

colourwork –

- if not specified otherwise, work with the main colour;
- **always keep the MC on top of CC on the WS;**
- floats look nicer when the two strands of CC yarn held together do not twist;
- work the floats loosely and stretch the work slightly after every pattern repeat, like shown in [this demo](#). Remember, that you can always fix loose floats, but won't be able to fix those that are too tight;
- catch the floats on the WS every 3-4 sts in the rnds and wherever there are long floats by twisting MC and CC on the WS. If you struggle with long floats, include 1 extra float on RS or a CC knit stitch;

- in general, every time you feel the float is too long, feel free to bring it to the RS. This gives you a freedom of designing your own unique pattern and removes unnecessary pressure to get it right;

fx – float with CC – bring CC yarn to the front, knit x sts with MC, bring CC yarn to the back;

kx/px – knit/purl x sts with MC;

kall – knit all to EOR with MC;

kallcc – knit all to EOR with CC;

k2tog – knit 2 sts together as if they were one (right leaning 1 st decrease);

LH/RH – left/right hand (needle);

LLI – [left lifted increase](#) – lift the left leg of the stitch 2 rows below the stitch on right-hand needle onto left-hand needle and knit it through the back loop (left leaning 1 st increase);

MC/CC – main/contrasting colour (cc);

Rnd – round;

rep – repeat;

st(s) – stitch(es);

ssk – slip the next 2 sts, one by one, knitwise, insert the tip of the LH needle, from left to right, into the fronts of those 2 sts and knit them together (left leaning 1 st decrease).

BRIM

Using a long-tail cast-on or any other method of your choice with CC and 2.5 mm (US 1.5) or 3.0 mm (US 2.5) needles cast on a total of 112 (120, 128, 136) sts. If using a heavier CC yarn, cast on with MC instead. Join to work in the round and place the BOR marker.

Rnd 1: kallcc.

Rnd 2: break CC, pick up MC and kall.

Rnd 3 – Rnd 7 (5 rnds): *p1, k1; rep from * to EOR.

Add 2 more rnds of ribbing here if you'd like a fuller/deeper version.

Rnd 8: kall.

Rnd 9 – Rnd 11 (3 rnds): switch to 3.5 mm (US 4) needles and kall.

Add 2 more kall rnds here if you'd like a fuller/deeper version.

Rnd 12: *k4, LLI; rep from * to EOR.

You will have a total of 140 (150, 160, 170) sts.

Rnd 13 – Rnd 15 (3 rnds): kall.

Add 2 more kall rnds here if you'd like a fuller/deeper version.

Rnd 16: *k5, LLI; rep from * to EOR.

You will have a total of 168 (180, 192, 204) sts.

Rnd 17: kall.

Add 2 or even more kall rnds before starting with colourwork if you'd like a fuller/deeper version.

COLOURWORK SECTION

Follow the Pattern chart on page 5 and/or further written instructions. Note, that you can work the colourwork pattern with floats as written/charted or as a regular stranded colourwork by replacing floats with knit stitches in CC.

Rnd 1: *k4, f1cc, k5, f1cc, k1; rep from * to EOR.

Rnd 2: *k3, f3cc, k3, f3cc; rep from * to EOR.

Rnd 3: *k3, f3cc, k4, f1cc, k1; rep from * to EOR.

Rnd 4: *f2cc, k1, f3cc, k1, f2cc, k3; rep from * to EOR.

Rnd 5: *f3cc, k1, f1cc, k1, f3cc, k3; rep from * to EOR.

Rnd 6: *k1, f3cc, k1, f3cc, k4; rep from * to EOR.

Rnd 7: *k2, f2cc, k1, f2cc, k3, f1cc, k1; rep from * to EOR.

Rnd 8: *k3, f3cc, k3, f3cc; rep from * to EOR.

Rnd 9: k1, move BOR 1 st to the left, *k3, f1cc, k3, f2cc, k1, f2cc; rep from * to EOR.

Rnd 10: k1, move BOR 1 st to the left, *k2, f1cc, k2, f2cc, k3, f2cc; rep from * to EOR.

Rnd 11: k1, move BOR 1 st to the left, *k1, f1cc, k1, f2cc, k5, f2cc; rep from * to EOR.

Rnd 12: k1, move BOR 1 st to the left, *k1, f2cc, k4, f1cc, k2, f2cc; rep from * to EOR.

Rnd 13: k2, move BOR 2 sts to the left, *k4, f3cc, k2, f3cc; rep from * to EOR.

Rnd 14: *k2tog, k2, f3cc, k3, f1cc, k1; rep from * to EOR.

You will have a total of 154 (165, 176, 187) sts.

Rnd 15: k1, move BOR 1 st to the left, *f1cc, k1, f3cc, k1, f1cc, k1, f1cc, k2; rep from * to EOR.

Rnd 16: *f2cc, k1, f1cc, k1, f2cc, k1, f1cc, k2tog; rep from * to EOR.

You will have a total of 140 (150, 160, 170) sts.

Rnd 17: k1, move BOR 1 st to the left,

*f2cc, k1, f2cc, k2, f1cc, k2; rep from * to EOR.

Rnd 18: *f2cc, k1, f2cc, k2, f1cc,

ssk; rep from * to EOR.

You will have a total of 126 (135, 144, 153) sts.

Rnd 19: k1, move BOR 1 st to the left,

*f3cc, k3, f1cc, k2; rep from * to EOR.

Rnd 20: *k1, f1cc, k4, f1cc,

ssk; rep from * to EOR.

You will have a total of 112 (120, 128, 136) sts.

Rnd 21: k1, move BOR 1 st to the left,

*f2cc, k2, f2cc, k2; rep from * to EOR.

Rnd 22: *k1, f2cc, k1, f2cc,

ssk; rep from * to EOR.

You will have a total of 98 (105, 112, 119) sts.

Rnd 23: k1, move BOR 1 st to the left,

*k1, f3cc, k3; rep from * to EOR.

Rnd 24: *k2, f1cc, k2, ssk; rep from * to EOR.

You will have a total of 84 (90, 96, 102) sts.

Rnd 25: k1, move BOR 1 st to the left,

*k1, f1cc, k4; rep from * to EOR.

Rnd 26: *k1, f1cc, k2, ssk; rep from * to EOR.

You will have a total of 70 (75, 80, 85) sts.

Rnd 27: *k1, f1cc, k3; rep from * to EOR.

Rnd 28: k1, move BOR 1 st to the

left, *f1cc, k4; rep from * to EOR.

Rnd 29: *f1cc, k2, ssk; rep from * to EOR.

You will have a total of 56 (60, 64, 68) sts.

Rnd 30: *f2cc, k2; rep from * to EOR.

Rnd 31: decrease behind the float as

follows: *bring CC to the front, ssk, k1, bring

CC to the back, k1; rep from * to EOR.

You will have a total of 42 (45, 48, 51) sts.

Break CC yarn.

Rnd 32: kall.

Rnd 33: *ssk, k1; rep from * to EOR.

You will have a total of 28 (30, 32, 34) sts.

Rnd 34: kall.

Rnd 35: ssk to EOR.

You will have a total of 14 (15, 16, 17) sts.

Rnd 36: kall.

SIZES 1 AND 3 ONLY

Rnd 37: ssk to EOR.

You will have a total of 7 (–, 8, –) sts.

SIZES 2 AND 4 ONLY

Rnd 37: ssk till 1 st to EOR, k1.

You will have a total of – (8, –, 9) sts.

SIZES 1 AND 4 ONLY

In the next rnd: k2tog, kall to EOR.

You will have a total of 6 (–, –, 8) sts.

ALL SIZES

Then, switch to 3.0 mm (US 2.5) double pointed needles and work a total of 8 rnds of an [i-cord](#). I split all the sts in half on two DPNs and work in the round. You can also decrease to a smaller number of sts and work a classic i-cord. Break the yarn leaving ca. 10 cm (4 in) long tail and graft all the sts using a tapestry needle and [kitchener stitch](#).

FINISHING AND BLOCKING

Weave in the remaining ends. Soak the garment in lukewarm water. Gently squeeze to remove most of the water and then roll in a towel to dry. Pin out to measurements or desired size/shape and leave flat to dry.

SHARING AND FEEDBACK

If you feel like sharing pictures or your thoughts about the design, please do so in your projects on [Ravelry](#) and/or under [#nivalisberet](#) hashtag on Instagram.

I am always thrilled to see your projects!

If you wish to stay in touch and see what I'm up to, follow me on [Instagram](#) or support my work via [Patreon](#) to get an early access to test knit calls, exclusive discounts and videos. You can also keep an eye on the upcoming test knit calls and new releases by signing up for my newsletter [here](#).

If you have questions or found a mistake, please contact me via email at tetilutsak@gmail.com and I will do my best to help you. Please, be respectful and kind, remember, nobody is perfect.

Happy knitting

and thank you for supporting my work,

Teti

