



NIGHT & DAY COWL

drea renee knits

NIGHT & DAY COWL

DETAILS

The magic of simple slipped stitches and clever shaping come together to make a one-of-a-kind cowl that is just as fun to knit as it is to wear!



SIZES

1 (2, 3, 4)
Child (Teen, Adult Small, Adult Large)
Shown in the Adult Small size.



FINISHED GOAL MEASUREMENTS

Circumference - 18.75 (21.5, 24, 26.5)"/47.5 (54.5, 61, 67.5) cm
Back Neck Depth - 6 (7.25, 8.5, 9.75)"/15 (18.5, 21.5, 25) cm



YARN

DK Weight Wool Yarn in 2 contrasting colors
40 (55, 70, 90) g/100 (138, 175, 225) yds/92 (126, 160, 206) m
of EACH color



SUGGESTED YARN

Harrisville Designs DK Weight American Cormo (100 g/250 yd/228 m)
A - Daylights - 1 skein Caffeine (white)
B - Nightshades - 1 skein Static (black)



SUGGESTED NEEDLES

US 6/4 mm - 24"/60 cm circular recommended
(Use the needle size you need to achieve gauge. Cord length is not overly important, as you won't be joining to work in the round.)



NOTIONS

Tapestry needle, row counter (optional)



GAUGE

20 sts & 34 rows = 4"/10 cm
Measured over stitch pattern (pg. 4), after blocking.



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NOTES

- This cowl is worked flat on the bias, and then seamed. You begin by increasing on both edges, then only one, and finally decreasing on one edge to create this unique shape!
- There is no need to break yarn as you alternate colors, simple carry them up the side until they are used again.
- You can customize the fit of this cowl by using the neck depths and circumferences interchangeably. IE - You could knit to a more shallow depth for the neck, following the directions for one of the smaller sizes in Sections One & Three, but swap in a larger neck circumference by then using the instructions for one of the larger sizes in Section Two. *Just make sure to then return to using the smaller size instructions for the Section Three decreases so that your two edges to be seamed are the same length!*
- I-cord Bind Off Tutorial: <https://youtu.be/f1EIPDygzLQ>
- Cable Cast On Tutorial: https://youtu.be/M0EX-lpMY_0
- Mattress Stitch in an I-cord Tutorial: https://youtu.be/_wrEympeSS
- Tutorial for grafting two I-cords together using the Kitchener Stitch: <https://youtu.be/WWKUGQcmpiU>



NIGHT & DAY COWL

— GLOSSARY —

{ } - Repeat

CO - Cast on

DEC/'D - Decrease/d

INC/'D - Increase/d

K - Knit

K1-F/B/F - Knit into the front of the st, then into the back of the st, and then into the front of the st once more. [2 sts inc'd]

K2TOG - Knit 2 sts together. [1 st dec'd]

LHN - Left hand needle

M1L - Pick up the bar between the last st knit and the one you're about to knit, bringing the needle from front to back. knit thru the back of this stitch. [1 st inc'd]

M1R - Pick up the bar between the last stitch you knit and the one you're about to knit, bringing the needle from the back to the front. Knit thru the front of this stitch. [1 st inc'd]

P - Purl

REP - Repeat

RS - Right side

SL - Slip stitch purlwise (unless indicated to do so knitwise)

SSK - Slip the next 2 stitches knitwise and then knit them together thru the back loops. [1 st dec'd]

ST/S - Stitch/es

TBL - Thru the back loop

WS - Wrong side

WYIB - With yarn held to the back

WYIF - With yarn held to the front

STITCH PATTERN FOR SWATCHING

Using A, cast on a multiple of 4 + 3 sts (IE 27 sts). (You want to be able to measure a 4 x 4"/10 x 10 cm square within your swatch, post-blocking.)

Setup Row (WS): Using A, purl.

Row 1 (RS): Join/Using B, k3, {sl1 wyib, k3} to the end.

Row 2: Using B, p3, {sl1 wyif, p3} to the end.

Row 3: Using B, k3, {sl1 wyib, k3} to the end.

Row 4: Using B, purl.

Row 5: Using A, k3, {sl1 wyib, k3} to the end.

Row 6: Using A, p3, {sl1 wyif, p3} to the end.

Row 7: Using A, k3, {sl1 wyib, k3} to the end.

Row 8: Using A, purl.

Continue repeating [Rows 1-8] until your swatch is your desired length. When you are finished with your swatch, I recommend measuring it, then wet blocking it in the same way you will wet block your cowl, and then measuring the swatch again.



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— DIRECTIONS —

SECTION ONE SETUP

Using A and the Long Tail Cast On method, CO 5 sts.

Row 1 (RS/INC): Sl1 wyif, k1-f/b/f, sl3 wyif. [2 sts inc'd]

Row 2 (WS): K3, p3, k1.

Row 3 (INC): Sl1 wyif, m1R, k3, m1L, sl3 wyif. [2 sts inc'd]

Row 4: K3, purl to the last st, k1.

Row 5 (INC): Sl1 wyif and drop A to WS, **join B**, m1R, sl1 wyib, k3, sl1 wyib, m1L, sl3 wyif. [2 sts inc'd]

Row 6: K3, p1, sl1 wyif, p3, sl1 wyif, p1, k1.

Row 7 (INC): Sl1 wyif, m1R, k1, sl1 wyib, k3, sl1 wyib, k1, m1L, sl3 wyif. [2 sts inc'd]

Row 8: K3, purl to the last st, k1.

Row 9 (INC): Sl1 wyif and drop B to WS, **using A**, m1R, k2, sl1 wyib, k3, sl1 wyib, k2, m1L, sl3 wyif. [2 sts inc'd]

Row 10: K3, {p3, sl1 wyif} twice, p3, k1.

Row 11 (INC): Sl1 wyif, m1R, {k3, sl1 wyib} twice, k3, m1L, sl3 wyif. [2 sts inc'd]

Row 12: K3, purl to the last st, k1.
[17 sts on needle]

SECTION ONE PATTERN REPEAT

Row 1 (RS/INC): Sl1 wyif and drop A to WS, **using B**, m1R, {sl1 wyib, k3} to the last 4 sts, sl1 wyib, m1L, sl3 wyif. [2 sts inc'd]

Row 2 (WS): K3, p1, {sl1 wyif, p3} to the last 3 sts, sl1 wyif, p1, k1.

Row 3 (INC): Sl1 wyif, m1R, k1, {sl1 wyib, k3} to the last 5 sts, sl1 wyib, k1, m1L, sl3 wyif. [2 sts inc'd]

Row 4: K3, purl to the last st, k1.

Row 5 (INC): Sl1 wyif and drop B to WS, **using A**, m1R, k2, {sl1 wyib, k3} to the last 6 sts, sl1 wyib, k2, m1L, sl3 wyif. [2 sts inc'd]

Row 6: K3, {p3, sl1 wyif} to the last 4 sts, p3, k1.

Row 7 (INC): Sl1 wyif, m1R, {k3, sl1 wyib} to the last 6 sts, k3, m1L, sl3 wyif. [2 sts inc'd]

Row 8: K3, purl to the last st, k1.

Rep [Rows 1-8] 2 (3, 4, 5) *more* times.

Rep [Rows 1-4] once more.

[28 (36, 44, 52) sts inc'd; 45 (53, 61, 69) sts on needle]

SECTION TWO SETUP

Row 1 (RS/INC): **Using B** and the Cable Cast On method, CO 2 sts, **drop B and pick up A**, knit the 2 new sts, {k3, sl1 wyib} to the last 5 sts, k2, m1L, sl3 wyif. [3 sts inc'd]

Row 2 (WS): K3, {p3, sl1 wyif} to the last 5 sts, p2, sl3 wyif.

Row 3 (INC): K5, {sl1 wyib, k3} to the last 3 sts, m1L, sl3 wyif. [1 st inc'd]

Row 4: K3, purl to the last 3 sts, sl3 wyif.
Drop A.

[4 sts inc'd; 49 (57, 65, 73) sts on needle]



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— DIRECTIONS —

SECTION TWO PATTERN REPEAT

Row 1 (RS/INC): Using B, k5, {sl1 wyib, k3} to the last 4 sts, sl1 wyib, m1L, sl3 wyif. [1 st inc'd]

Row 2 (WS): K3, p1, {sl1 wyif, p3} to the last 6 sts, sl1 wyif, p2, sl3 wyif.

Row 3 (INC): K5, {sl1 wyib, k3} to the last 5 sts, sl1 wyib, k1, m1L, sl3 wyif. [1 st inc'd]

Row 4: K3, purl to the last 3 sts, sl3 wyif. Drop B.

Row 5 (INC): Using A, k5, {sl1 wyib, k3} to the last 6 sts, sl1 wyib, k2, m1L, sl3 wyif. [1 st inc'd]

Row 6: K3, {p3, sl1 wyif} to the last 5 sts, p2, sl3 wyif.

Row 7 (INC): K5, {sl1 wyib, k3} to the last 3 sts, m1L, sl3 wyif. [1 st inc'd]

Row 8: K3, purl to the last 3 sts, sl3 wyif. Drop A.

Rep [Rows 1-8] 8 (9, 10, 11) *more* times. [36 (40, 44, 48) sts inc'd; 85 (97, 109, 121) sts on needle]

SECTION THREE

Note that the Row 7 decrease varies from all the others, to keep the slip stitch lines tidy.

Row 1 (RS/DEC): Using B, k5, {sl1 wyib, k3} to the last 8 sts, sl1 wyib, k2, k2tog, sl3 wyif. [1 st dec'd]

Row 2 (WS): K3, {p3, sl1 wyif} to the last 5 sts, p2, sl3 wyif.

Row 3 (DEC): K5, {sl1 wyib, k3} to the last 7 sts, sl1 wyib, k1, k2tog, sl3 wyif. [1 st dec'd]

Row 4: K3, purl to the last 3 sts, sl3 wyif. Drop B.

Row 5 (DEC): Using A, k5, {sl1 wyib, k3} to the last 6 sts, sl1 wyib, k2tog, sl3 wyif. [1 st dec'd]

Row 6: K3, p1, {sl1 wyif, p3} to the last 6 sts, sl1 wyif, p2, sl3 wyif.

Row 7 (DEC): K5, {sl1 wyib, k3} to the last 5 sts, ssk, sl3 wyif. [1 st dec'd]

Row 8: K3, purl to the last 3 sts, sl3 wyif. Drop A.

Rep [Rows 1-8] 4 (5, 6, 7) *more* times. [20 (24, 28, 32) sts dec'd; 65 (73, 81, 89) sts on needle]



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— DIRECTIONS —

BIND OFF

I-Cord Bind off as follows:

*Using B, {k2, k2tog-tbl, sl 3 sts back to LHN} twice; change colors and rep from * alternating colors every 2 rows until 6 sts remain (3 sts on each needle tip). Rearrange the 3 sts remaining on the LHN by pinching at their base and sliding the needle out, then reinserting the needle from the other side, so they are now in reverse order. You now have 3 sts from each I-cord edge facing each other so that the purl sts are tucked in towards each other, and the knit sts remain on the outside.

Break both yarns, leaving approx. a 10"/25.5 cm tail of B to close the I-cord, and a 30"/76 cm tail of A to seam the cowl (after blocking).

Using Kitchener Stitch, graft the remaining 6 sts together. You can find a video tutorial to help with this method here: <https://youtu.be/WWKUGQcmpiU>

FINISHING

Weave in your ends (except the long tail left for seaming) and wet block your cowl by soaking it in lukewarm water with your favorite wool wash for 15 minutes. Squeeze out the excess moisture with a towel and lay flat to dry using the schematic dimensions on page 8. Once dry, seam your slipped stitch edge together with the short I-cord edge, with RS facing using mattress stitch. Trim any remaining yarn tails.

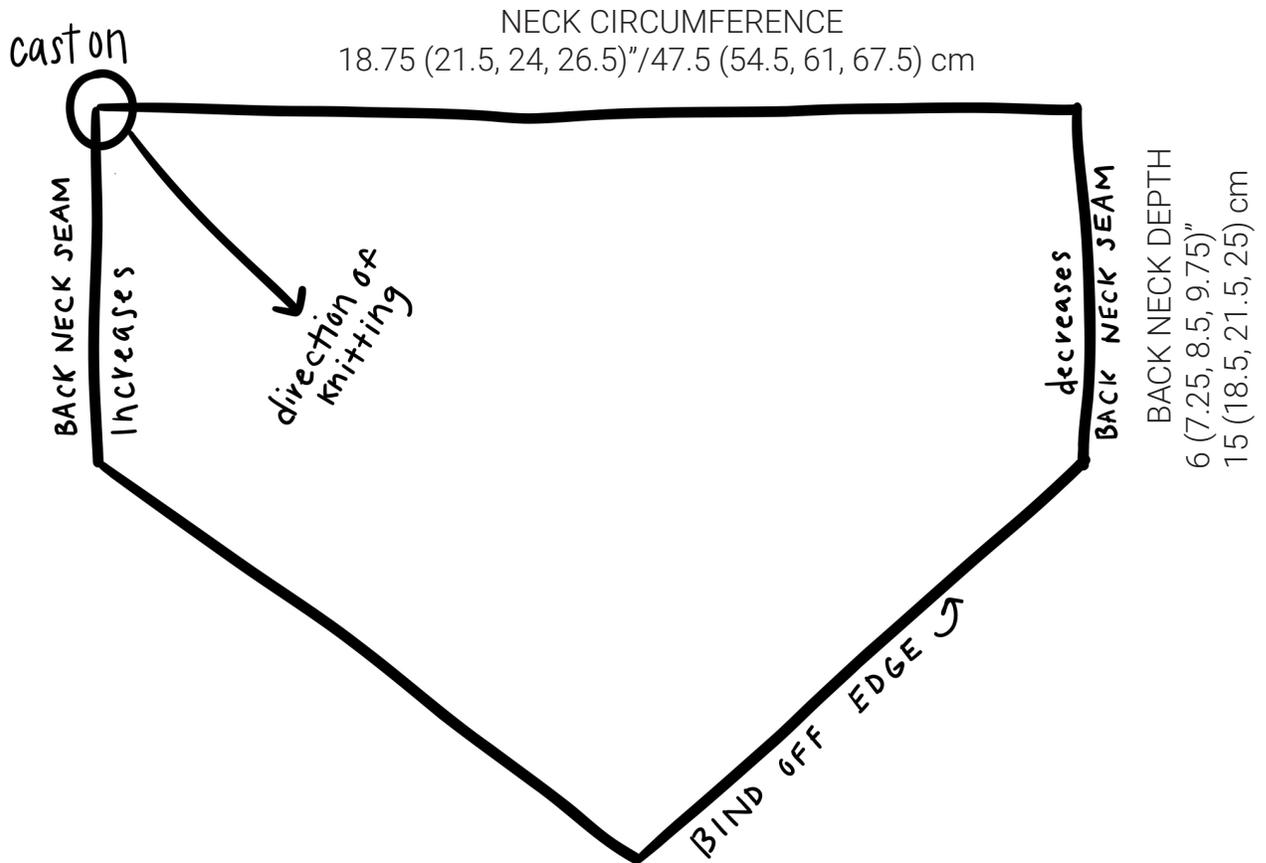
You can find a video tutorial to help with seaming the cowl here:

https://youtu.be/_wrEympest



NIGHT & DAY COWL

— SCHEMATIC —



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