



MY DREAM CARDIGAN

by wool and beyond / elin berlin

Sizes: XS (S, M, L, XL) 2XL, 3XL, 4XL
Chest width (garment): 90 (97, 105, 112, 120) 130, 140, 150 cm
Arm width (garment): 27 (28, 30, 31, 32) 35, 38, 41 cm

For this garment I recommend about 8-10 cm ease

Gauge: 22 sts and 28 rows = 10 x 10 cm in stockinette stitch

Needles: 4 mm circular needles, 60-100 cm cable
3.5 mm circular needles, 40 cm cable or longer

Material: 250 (250, 300, 300, 350) 350, 400, 400 g Knitting For Olive Merino
(50 g = 250 m) **AND** 125 (125, 150, 150, 175) 175, 200, 200 g
Knitting For Olive Silk Mohair (25 g = 225 m)
...or yarn that gives the same gauge!

7 buttons 10-12 mm

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ABOUT THE PATTERN:

My Dream Cardigan is quite a minimal, yet detailed cardigan. It's worked top down in the round with a saddle/contiguous shoulder construction, and is then cut open (steeked) at the front. It has a slightly oversized fit around the body and a more narrow sleeve that's shaped with decreases. The bottom of the body and sleeves has a double rolled edge, and the visible button band has a similar construction to mimic them. The steek sts are seamlessly covered with a knitted edge, so there's no need for any additional woven button band. Lastly the neckline is made with a neat double folded edge.

KNIT A SWATCH:

Cast on 28 sts on 4 mm needles. Work 8 cm in stockinette stitch before you bind off. Wash and block your swatch before you measure your gauge - you should have 22 sts within 10 cm, and 14 rows within 5 cm.

HOW TO ADJUST THE PATTERN FOR A WIDER UPPER ARM:

If you have wider upper arms and want to add some extra cm for the sleeves, you have two ways of adding extra sts.

1. When you go to pick up and knit sts for the sleeve, you can always pick up and knit 1-2 additional sts in the gap between the sts for the bottom of the armhole, and the sts for the sleeve (which would add 2-4 extra sts = 1-2 extra cm).
2. If you want to add even more width, you can work some additional increase rows for the sleeves. Then simply continue to work Rnd 1-2 a few more times, before you then move on to make increases for both the sleeves and the body (according to instructions below).

Keep in mind that your stitch count will be different when you add extra sts for the sleeves. And if you want to keep the original width for the bottom of the sleeve (along the wrist), you'll need to add more decrease-rnds to shape the sleeve, which will impact the interval of the decrease-rnds. This is how to calculate the correct interval (rows) for your decrease-rnds:

1. Decide how long you want your sleeve. minus 1 cm that the sleeve edges will add on later.
2. Convert the desired length of your sleeve into rnds. To do this you simply multiply the sleeve length with 2,8. So fx, if you want your sleeve to be 40 cm, that's $40 \text{ cm} \times 2,8 = 112 \text{ rnds}$.
3. Calculate how many decreases you have to make to get to the correct stitch count. To do this you subtract the amount of sts you're working towards = 48 (50, 51, 52, 52) 54, 54, 54 sts, from the amount of sts you have for your upper arm, and then divide this number with 2 (since each decrease-rnd will decrease 2 sts). So fx, let's say you decided to have 70 sts for your upper arm, and you're working towards 50 sts for the wrist, that's $70 \text{ sts} - 50 \text{ sts} = 20 \text{ sts}$, and then $20 \text{ sts} / 2 = 10 \text{ dec-rnds}$.
4. To calculate the interval you'll now divide the amount of rnds for your sleeve with the dec-rnds. So fx, $112 \text{ rnds} / 10 \text{ dec-rnds} = 11,2 \text{ rnds}$. That means that you'll decrease every 11th rnd.

TECHNIQUES:

German short rows: https://youtu.be/iUv_XI883JA?si=ZslgNLCRIO7eLPvC

Steeking: <https://youtu.be/sWULV1FrVOM?si=GQghYSpT-JEXW5q->

ABBREVIATIONS:

st/s = stitch/es

rnd/s = round/s

k = knit

p = purl

k2tog = knit the next 2 sts together

ssk = slip 1 st, slip the next, put them back on left

tbl = through the back loop

m1l = insert left needle under strand between two sts from front to back, knit the strand tbl

m1r = insert left needle under strand between two sts from back to front, knit the strand

m1pl = insert left needle under strand between two sts from front to back, purl the strand tbl

m1pr = insert left needle under strand between two sts from back to front, purl the strand

Sl1wYO = slip 1 with yarn over (to make the turn stitch for german short rows)

YO = yarn over

sl = slip

tbl = through the back loop

wyif = with yarn in front

RS = right side

WS = wrong side

PM = place marker

SM = slip marker



INSTRUCTIONS

About steek sts = There are 5 steek sts at the front of the cardigan, and these are always worked as p1, k3, p1 (from the RS).

YOKE

Use the recommended needle size 4 mm and cast on 106 (106, 110, 114, 118) 122, 130, 138 sts. Place a marker to mark the beginning/end of the rnd and begin to work in the rnd like this: knit 12 (12, 12, 14, 14) 14, 16, 16 sts (right saddle shoulder), PM, knit 24 (24, 25, 25, 26) 27, 28, 30 sts (right front), PM, p1, k3, p1 (steek sts), PM, knit 24 (24, 25, 25, 26) 27, 28, 30 sts (left front), PM, knit 12 (12, 12, 14, 14) 14, 16, 16 sts (left saddle shoulder), PM, knit 29 (29, 31, 31, 33) 35, 37, 41 sts (back).

Next you'll shape the yoke with german short rows, at the same time as you make increase to shape the front and back. The increases towards the back are made on every row and the increases towards the front are made on every other row, like this:

Row 1 (RS): Knit until 1st marker, SM, m1l, k1, turn.

Row 2 (WS): Sl1wYO, purl until 2nd marker (beginning/end of rnd), SM, m1pr, purl until 3rd marker, m1pl, SM, purl until 4th marker, SM, m1pr, p1, turn.

Row 3 (RS): Sl1wYO, knit until 2nd marker, SM, m1l, knit until 3rd marker (beginning/end of rnd), m1r, SM, knit until 4th marker, SM, m1l, knit until the last turn, knit the turn st, k1, turn.

Row 4 (WS): Sl1wYO, purl until 2nd marker (beginning/end of rnd), SM, m1pr, purl until 3rd marker, m1pl, SM, purl until 4th marker, SM, m1pr, purl until last turn, purl the turn st, p1, turn.

Repeat row 3-4 until you've made 9 turns along each side.



Continue to shape the front and back, like this:

Row 5 (RS): Sl1wYO, knit until 2nd marker, SM, m1l, knit until 3rd marker (beginning/end of rnd),

m1r, SM, knit until 4th marker, SM, m1l, knit until the last turn, knit the turn st, k3, turn.

Row 6 (WS): Sl1wYO, purl until 2nd marker (beginning/end of rnd), SM, m1pr, purl until 3rd marker, m1pl, SM, purl until 4th marker, SM, m1pr, purl until last turn, purl the turn st, p3, turn

Row 7 (RS): Sl1wYO, knit until 2nd marker, SM, m1l, knit until 3rd marker (beginning/end of rnd), m1r.

You now have 69 (69, 71, 71, 73) 75, 77, 81 sts for the back, 73 (73, 75, 75, 77) 79, 81, 85 sts for the front, a total of 166 (166, 170, 174, 178) 182, 190, 198 sts.

Continue to work in the round while you make increases on every row to shape the front and back, like this:

Rnd 1: Knit until the next marker, SM, m1l, knit until the next marker, SM, p1, k3, p1, SM, knit until the next marker, m1r, SM, knit until the next marker, SM, m1l, knit until the end of the rnd, m1r.

Work rnd 1 a total of 2 (2, 2, 3, 3) 4, 5, 5 times = 73 (73, 75, 77, 79) 83, 87, 91 sts for the back, 77 (77, 79, 81, 83) 87, 91, 95 sts for the front, and a total of 174 (174, 178, 186, 190) 198, 210, 218 sts.

Knit 1 rnd (but work the steek sts as usual).

You'll now change the direction of the increases to shape the sleeves by making increases on every other row, like this:

Rnd 1: M1l, knit until the next marker, m1r, SM, knit until the next marker, SM, p1, k3, p1, SM, knit until the next marker, SM, m1l, knit until the next marker, m1r, SM, knit until the end of the rnd.

Rnd 2: Knit.

Work Rnd 1-2 a total of 12 (10, 8, 6, 5) 5, 5, 4 times = 36 (32, 28, 26, 24) 24, 26, 24 sts for each sleeve, and a total of 222 (214, 210, 210, 210) 218, 230, 234 sts.

NOTE! If you want to make additional increases for a wider sleeve, now's the time to do it! (see instructions on page 2)

Continue to increase along the sleeves, and now also along the armholes, to shape the body, like this:

Rnd 1: M1l, knit until the next marker, m1r, SM, k3, m1l, knit until the next marker, SM, p1, k3, p1, SM, knit until you have 3 sts left before the next marker, m1r, k3, SM, m1l, knit until the 3rd marker, m1r, SM, k3, m1l, knit until you have 3 sts left before the end of the rnd, m1r, knit until the end of the rnd.

Rnd 2: Knit.

Work Rnd 1-2 a total of 11 (13, 17, 19, 20) 23, 25, 29 times = 58 (58, 62, 64, 64) 70, 76, 82 sts for each sleeve, 95 (99, 109, 115, 119) 129, 137, 149 sts for the back, 99 (103, 113, 119, 123) 133, 141, 153 sts for the front, and a total of 310 (318, 346, 362, 370) 402, 430, 466 sts.

BODY

On the next rnd you'll join the front and the back by casting on sts for the armholes and putting the sts for the sleeves on hold, like this: Put 58 (58, 62, 64, 64) 70, 76, 82 sts on hold (right sleeve), remove the 1st marker, cast on 4 (8, 7, 8, 10) 10, 12, 12 sts, knit until the next marker, SM, p1, k3, p1, SM, knit until the next marker, remove the marker, put 58 (58, 62, 64, 64) 70, 76, 82 sts on hold (left sleeve), cast on 4 (8, 7, 8, 10) 10, 12, 12 sts, remove the next marker, knit until the end of the rnd = 202 (218, 236, 250, 262) 282, 302, 326 sts.

Continue to knit in the round until the body measures about 32-40 cm from the bottom of the armhole, or as long as you want it. Bind off all sts while you knit them.

BOTTOM EDGE

Next up you'll pick up sts along the bottom of the body to make the rolled hem at the bottom. You pick up and knit sts from the RS, but on the inside (WS) of the body, 1 st above the bind off edge of the body, so that the bind off edge is still visible from the RS and creates a detail.

Begin to pick up and knit sts at the center front, at the left side of the steek sts. Pick up the 1st st in the left purl st of the steek sts (so that's a knit st on the WS), and then continue to pick up 1 st in each st, all along the bottom of the body, until you reach the next purl st of the steek sts, pick up the last st in the right purl st of the steek sts (so that's a knit st on the WS).



You'll now work the bottom edge back and forth in stockinette stitch, like this:

Row 1 (WS): Sl1wyif, purl until the end of the row.

Row 2 (RS): Sl1 knit wise, knit until the end of the row.

Work Row 1-2 a total of three times = 6 rows. On the next row from the WS you'll bind off the bottom edge. Bind off all sts while you purl them.

SLEEVES

Both sleeves are worked the same way. Put the 58 (58, 62, 64, 64) 70, 76, 82 sts for one of the sleeves back onto your working needle. Start at the center of the bottom of the armhole, along the sts you previously casted on:

Pick up and knit 2 (4, 4, 4, 5) 5, 6, 6 sts along the bottom of the armhole, knit the 58 (58, 62, 64, 64) 70, 76, 82 sts for the sleeve, pick up and knit 2 (4, 3, 4, 5) 5, 6, 6 sts along the bottom of the armhole, place a marker to mark the beginning/end of the rnd = 62 (66, 69, 72, 74) 80, 88, 94 sts.

Work the sleeve in the rnd in stockinette stitch **AT THE SAME TIME!** Shape the sleeves by making decreases on every 16th (14th, 13th, 12th, 11th) 9th, 7th, 6th row, like this:

dec-Rnd: K2tog, knit until you have 2 sts left, ssk.

Continue to knit the sleeve in the rnd and work a total of 7 (8, 9, 10, 11) 13, 17, 20 dec-Rnds = 48 (50, 51, 52, 52) 54, 54, 54 sts.

Continue to knit the sleeve without decreases until it measures about 47-50 cm, or as long as you want it, minus 1 cm that the sleeve edge will add on later. Bind off all sts by knitting them. Make the other sleeve the same way.



SLEEVE EDGES

Next up you'll pick up sts along the bottom of the sleeves to make the same rolled hem detail as you did for the bottom of the body. You pick up and knit sts from the RS, but on the inside (WS) of the sleeve, 1 st above the bind off edge, so that the bind off edge is still visible from the RS and creates a detail. Begin to pick up and knit sts at the previous beginning/end of the rnd, and pick up 1 st in each st, all along the bottom of the sleeve.

Begin to work the sleeve edge in the rnd, and knit 6 rnds.

On the next rnd you'll bind off all sts while you knit them. Work the other sleeve edge the same way.

STEEK

Sew a straight seam along the outer two knit sts of the steek sts on a sewing machine. Place a carton or a book underneath the steek sts before you cut, to ensure that you won't accidentally cut into the back of the cardigan. Cut along the center st of the 3 knit sts.

LEFT BUTTON BAND

You'll now pick up and knit sts along the left front to make the left button band, *without* buttonholes. You'll pick up and knit sts from the RS, just between the purl st from the steek, and the knit st at the front of the left front; working your way from the neckline towards the bottom of the body. *Pick up and knit along 3 sts and then skip 1 st* repeat *-* until you reach the bottom of the body. Let the rolled hem at the bottom roll, and pick up and knit 3 sts along the short side of the rolled hem (while it's rolled).

Work the left button band back and forth, like this:

Row 1 (WS): Knit tbl.

Row 2 (RS): Knit.

Row 3 (WS): Purl.

Row 4 (RS): Purl.

Row 5 (WS): Purl.

Row 6 (RS): Knit.

Row 7 (WS): Purl.

Row 8 (RS): Pick up the 1st loop from the edge that formed on the WS when you picked up sts for the left button band and put it on the left needle, k2tog (the next st + the loop), *pick up the next loop from the edge that formed on the WS when you picked up sts for the left button band and put it on the left needle, k2tog (the next st + the loop), bind off the previous st* repeat *-* until you've knitted down and bound off the left button band.

RIGHT BUTTON BAND (with buttonholes)

The right button band is worked in three sections to create the button band detail as well as the band that covers the steek sts on the WS.

Section 1:

You'll first pick up and knit sts along the right front to make the edge that'll lay over the rolled hem.

Pick up and knit sts from the RS, just between the purl st from the steek, and the knit st at the front of the wrap part; working your way from the bottom edge towards the neckline.

Let the rolled hem at the bottom roll, and pick up and knit 3 sts along the short side of the rolled hem (while it's rolled), then *pick up and knit along 3 sts and then skip 1 st* repeat *-* until you reach the neckline.

Then work section 1, like this:

Row 1 (WS): Knit tbl.

Then bind off all sts while you knit them.



Section 2:

You'll now pick up and knit sts inside section 1, along the knit st of the steek to make the edge that'll cover the steek. Pick up and knit sts from the RS, from the bottom of the body (not the bottom edge) towards the neckline. Pick up and knit along 3 sts and then skip 1 st.

Then work section 2 back and forth in stockinette stitch, like this:

Row 1 (WS): Purl.

Row 2 (RS): Knit.

Repeat Row 1-2 one more time. On the next row you'll bind off all sts while you purl them.

Section 3:

You'll now pick up and knit sts inside section 1, along the same sts as you picked up sts for section 1. Pick up and knit sts from the RS, from the bottom edge towards the neckline. To make sure that the last button at the bottom of the body is aligned with the bottom edge, you need to pick up and knit a number of stitches that's divisible with 6 + 4 extra sts. So fx - 94, 100, 106, 112, 118 etc... How many sts you pick up depends on the length of your cardigan. To get an even edge I recommend that you try to follow the interval: pick up and knit along 3 sts and then skip 1 st.

You'll then need to calculate how many sts (X) you'll work before each buttonhole, like this:

Your total stitch count - the 4 extra sts = stitches for buttonholes

Stitches for buttonholes / 6 buttonholes = interval between buttonholes

Since each buttonhole consists of 1 sts (YO), you'll then need to subtract 1 st from the interval between buttonholes to calculate how many sts (X) to work before each buttonhole, so:

Interval between buttonholes - 1 st = X sts to work before each buttonhole

Fx, for my cardigan I picked up 118 sts for the right button band.

118 st - the 4 extra sts = 114 sts.

114 sts / 6 buttonholes = 19 sts between each button hole.

19 sts - 1 st = 18 sts = X sts



You'll now work section 3, like this:

Row 1 (WS): Purl X sts, YO, p2tog tbl, *purl until you have X sts from the previous YO on the right needle, YO, p2tog tbl* repeat *-* until you've made a total of 6 YO, purl until the end of the row.

Row 2 (RS): Knit until the end of the row.

Row 3 (WS): Purl.

Row 4 (RS): Knit.

Work Row 3-4 one more time, and then work Row 3 one more time.

On the next row you'll bind off all sts while you knit them.

To finish off the right button band - sew down section 2 towards the inside of your work, so that the steek sts will be hidden underneath it. Also sew a few sts along the short side of the left button band, towards the bottom of the body to close the little gap.

NECKLINE

You'll now pick up and knit sts all along the neckline from the RS using the recommended needle size 4 mm. Let the rolled hem of section 3 of the right button band roll, and pick up and knit 4 sts along the short side of the rolled edge (while it's rolled), then pick up and knit 1 st along each st until you reach the end of the neckline (the end of the left button band). Then work the neckline with a buttonhole just above the right button band, like this:

Row 1 (WS): Knit tbl.

Row 2 (RS): Change to 3.5 mm needles. K2, k2tog, YO, knit until the end of the row.

Row 3 (WS): Purl until the end of the row.

Row 4 (RS): Knit.

Row 5 (WS): Purl.

Work Row 4-5 two more times.

Change to 4 mm needles. then work Row 2-3 one more time.

Then work Row 4-5 one more time.

Row 6 (RS): Pick up the 1st loop from the edge that formed on the WS when you picked up sts for the neckline and put it on the left needle, k2tog (the next st + the loop), *pick up the next loop from the edge that formed on the WS when you picked up sts for the neckline and put it on the left needle, k2tog (the next st + the loop), bind off the previous st* repeat *-* until you've knitted down and bound off the neckline. **NOTE!** Bind off the neckline carefully, so that it doesn't get too tight.

Finish off the neckline by sewing up the edges of the buttonhole so that it's neat and easy to use. Also sew along the short sides of the neckline to close the gaps.

FINISHING WORK

Weave in all of the ends. Attach the top button at the left side of the neckline, and the rest of the buttons on the left button band. Make sure to place your buttons close to the edge where you picked up sts for the left button band, so that the right button band covers the left button band when the cardigan is buttoned up.

