



Mødrehjælpen x Spektakelstrik
Polo sweater with a smiley pattern. Worked bottom up.

Mødrehjælpen and Spektakelstrik have joined forces with the aim of knitting out the good mood in Denmark because a happy childhood is a common matter. We work towards this goal by selling knitting patterns for both children and adults. The Mood collection can be knitted in all colours of the rainbow. With the Mood Sweater, you can bring happiness to yourself or someone you love. At the same time, your knitting helps vulnerable families because the profit from the pattern sale helps in places where life is not easy.

With your purchase, you support Mødrehjælpen - a social humanitarian organisation that has helped socially marginalised and vulnerable pregnant women, parents and children for more than 100 years. The support is still needed, and when you buy the Mood pattern, you help children and parents in Denmark with difficult lives.

Sizes

XS (S) M (L) XL (XXL) XXXL

Measurements

Bust circumference

95 (100) 105 (111) 116 (126) 132 cm

Total length

55 (57) 59 (61) 62 (63) 65 cm

Sleeve length

44 (46) 46 (48) 48 (48) 49 cm

Recommended needles

Circular needle 3.5 mm (60 cm)

Circular needle 4.5 mm (80 cm)

Alternatively, use double pointed needles in the same sizes if you do not wish to use the Magic Loop method.

Gauge

19 sts and 23 rows = 10 x 10 cm in stockinette stitch with needle 4.5 mm.

Wash the swatch before measuring it.

Yarn

Peruvian Highland from Filcolana
(50 g / 100 m) - 100 % wool

Main colour 1 (MC1)

200 (250) 250 (300) 300 (350) 400 g

Main colour 2 (MC2)

200 (250) 250 (300) 300 (350) 400 g

Collar colour

50 (50) 50 (50) 50 (50) 50 g

Sleeve rib colour

20 (20) 20 (20) 20 (20) 20 g

Bottom rib colour

30 (30) 30 (30) 30 (30) 30 g



MOOD SWEATER

MØDREHJÆLPEN X SPEKTAKELSTRIK

XS (S) M (L) XL (XXL) XXXL

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Abbreviations

st(s) = stitch(es)

k = knit

p = purl

rnd(s) = round(s)

k2tog = knit 2 stitches together

MC = main colour

M1R (make one right): Use the left needle to pick up the bar between the stitches from the back and knit it

M1L (make one left): Use the left needle to pick up the bar between the stitches from the front and knit it through the back loop

SSK (slip-slip-knit): Slip 1 knitwise, slip 1 knitwise, move the stitches back on the left needle, knit them together through the back loop

Double-inc (double increase): Knit 1 stitch without moving the stitch from the needle, yarn over, knit the same stitch again

About the pattern

The sweater is worked bottom up.

You can also choose to make it uni-coloured.

About fair isle

Mood Sweater is worked using the fair isle technique. You can work with both strands over the left index finger.

The strand closest to you is the dominant colour. Let the same colour remain the dominant colour throughout the work.

Body

Cast on 180 (190) 200 (210) 220 (240) 250 sts with circular needle 3.5 mm and the bottom rib colour. Join in the round and place marker. Work 4 (4) 4 (4) 4 (4) 4 cm in rib (k1, p1).

Change to needle size 4.5 mm and work 1 rnd with MC1.

Begin working the pattern according to the chart and work even until the work measures 36 (37) 37 (38) 39 (39) 40 cm. The pattern is repeated throughout the entire work.

Bind off for the armholes

- Work 80 (84) 89 (93) 98 (107) 115 sts (front piece),
 - bind off 10 (11) 11 (12) 12 (13) 14 sts with both colours,
 - work 80 (84) 89 (93) 98 (107) 115 sts (back piece),
 - bind off 10 (11) 11 (12) 12 (13) 14 sts with both colours
- = 80 (84) 89 (93) 98 (107) 115 sts for the front piece and back piece respectively. Place the work on a stitch holder.

Sleeves

NB: The pattern does not fit with the number of sts on the rnd. When you increase sts, the beginning of the pattern will move, and the new sts are to be fitted into the pattern. Repeat the chart as many times as possible on the rnd.

Cast on 38 (38) 40 (42) 44 (44) 46 sts with needle size 3.5 mm and the sleeve rib colour, join in the round and place marker. Work 4 (4) 4 (4) 4 (4) 4 cm in rib (k1, p1).

Change to needle size 4.5 mm and work 1 rnd with MC2 while increasing 9 (9) 11 (10) 11 (13) 15 sts (i.e. M1L) evenly distributed on the rnd
= 47 (47) 51 (52) 55 (57) 61 sts.

Work even in pattern (begin at row 16) while increasing on every 7th rnd a total of 11 (13) 13 (14) 15 (16) 16 times like this: K1, M1L, k until 1 st remain, M1R, k1.

Work until the sleeve reaches the place in the chart where the body had come to before sts were bound off for the armholes
= 69 (73) 77 (80) 85 (89) 93 sts.

If the sweater is work in uni-colour, then work until the sleeve measures 43 (44) 45 (47) 48 (48) 49 cm.

Bind off for the armholes

K until 5 (5) 5 (6) 6 (6) 6 sts remain on the rnd, bind off 10 (11) 11 (12) 12 (13) 13 sts with both colours = 59 (62) 66 (68) 73 (76) 80 sts.

Place the sleeve sts on a stitch holder and make the second sleeve following the same procedure.

Joining the work

Continue working in pattern and letting the pattern fit in.

- Place the sts of the front piece and back piece back on the needle,
- k the front piece sts, place marker,
- place the sts of the first sleeve back on the needle and k them, place marker,
- k the back piece sts, place marker,
- place the sts of the second sleeve back on the needle and k them,
- join in the round and place marker (beginning of rnd).

It is advisable to use a different colour or type of marker to mark the beginning of the rnd.
= 278 (292) 310 (322) 342 (362) 390 sts

Yoke

Now raglan decreases are worked. Continue working in pattern and letting the pattern fit in. The sts on each side of each marker (i.e. the 2 sts surrounding each marker) are always worked in the

main colour that is used at the given time.

Rnd 1: K all sts.

Rnd 2: *K1, k2tog, k until 3 sts before marker, SSK, k1*, repeat from * to * 3 more times.

Repeat rnds 1 -2. a total of 20 (21) 23 (24) 26 (28) 30 times
= 118 (124) 126 (130) 130 (138) 148 sts, i.e. 40 (42) 43 (45) 46 (51) 56 sts for the front piece and back piece respectively and 19 (20) 20 (20) 20 (20) 20 sts for each sleeve.

K 1 rnd.





Bind off for the neckline

NB: When binding off, it is done with both colours. The last st on all rows is worked with both colours to bring both strands to the edge.

Next rnd: K1, k2tog,
k 10 (10) 10 (10) 10 (10) 10 sts,
bind off 14 (16) 17 (19) 20 (25) 30 sts,
k 10 (10) 10 (10) 10 (10) 10 sts, SSK, k1,
*k1, k2tog, k until 3 sts before marker,
SSK, k1*, repeat from * to * 2 more times.
= 96 (100) 101 (103) 102 (105) 110 sts.

Cut off the yarn and move the sts on the left needle until the bound off sts to the right needle without working them. Turn the work so that you are ready to work the left front piece from the wrong side and join the yarn again. Continue in pattern.

Now work pattern in the flat while working raglan decreases like this:

Row 1 (wrong side, left front piece):

Bind off 2 (2) 2 (2) 2 (2) 2sts, p to end.

Row 2: Bind off 2 (2) 2 (2) 2 (2) 2 sts,
k until 3 sts before marker, SSK, k1,
*k1, k2tog, k until 3 sts before marker,
SSK, k1*, repeat from * to * 2 more times,
k1, k2tog, k to end.

Row 3: Bind off 1 (1) 1 (1) 1 (1) 1 st(s),
p to end.

Row 4: Bind off 1 (1) 1 (1) 1 (1) 1st(s),
k until 3 sts before marker, SSK, k1,
*k1, k2tog, k until 3 sts before marker,
SSK, k1*, repeat from * to * 2 more times,
k1, k2tog, k to end.

Row 5: Bind off 1 (1) 1 (1) 1 (1) 1 st, p to end.

Row 6: Bind off 1 (1) 1 (1) 1 (1) 1 st,
k until 3 sts before marker, SSK, k1,
*k1, k2tog, k until 3 sts before marker,
SSK, k1*, repeat from * to * 2 more times,
k1, k2tog, k to end.

Row 7: P to end.

Row 8: K until 3 sts before marker, SSK,
k1, *k1, k2tog, k until 3 sts before marker,
SSK, k1*, repeat from * to * 2 more times,
k1, k2tog, k to end.
= 56 (60) 61 (63) 62 (65) 70 sts
Cut off the yarn.

Collar

- Change to needle 3.5 mm and the collar colour.
- Pick up 12 (13) 13 (14) 15 (17) 18 sts from the bound off sts at the neckline.
- K while increasing 7 (5) 8 (6) 5 (4) 1 sts (i.e. M1L) evenly distributed. Remove the markers as you go along.
- Pick up 12 (13) 13 (14) 15 (17) 18 sts from the bound off sts at the neckline on the other side.
- Place marker and join in the round.
= 87 (91) 95 (97) 97 (103) 107 sts. It is important that the number of sts is odd.

Work 1 rnd in rib (p1, k1).

The first and last st are purl sts.

Work another rnd in rib, but where the last st on the rnd is k.

Now work in the flat instead of in the round. The first row is the wrong side and is worked like this: Sl1p with yarn in front, *p1, k1*, repeat from * to * to end.

Now increases are worked on every 4th row like this:

Row 1: Sl1p with yarn in front, *k1, p1*, repeat from * to * until 2 sts remain, k2.

Row 2: Sl1p with yarn in front, *p1, k1*, repeat from * to * to end.

Row 3: Repeat row 1.

Row 4: Sl1p with yarn in front, p1, k1, p1, double-inc, *p1, k1*, repeat from * to * until 5 sts remain, double-inc, p1, k1, p1, k1.

