

Minty Fresh - Cable Knit Halter

By Michelle Greenberg



Difficulty Level ●●●●●

MATERIALS

Yarn

300 yards (275m) of a 4, worsted weight yarn like **Lionbrand Pound Of Love**. (10% more for each size above XS)

Needles

4mm and 5mm circular needles with a 24" cord length. Pattern partially worked in-the-round.

Misc.

2 stitch markers to mark center cable section, a cable needle and stitch holder or scrap yarn to hold live stitches.

GAUGE AND SIZING

16sts by 24 rows on a 4x4" (10x10cm) swatch in stockinette with 5mm needles

Sizing

XS (S/M, L/XL, 2X)

Sized to fit bust measurement:

34" (38", 42", 46")

(86cm((96cm, 107cm, 117cm))

[CLICK HERE FOR COMMON KNITTING ABBREVIATIONS](#)

OVERVIEW

This halter top is worked from the bottom up. It is knit in the round to complete the ribbing and begin the cable trim and center cable pattern. Then, stitches are decreased to begin working flat while maintaining cable details. Finally, a ribbed neckline is knit before binding off. The neckline is knit flat and is worn folded, secured with ties.



Special Stitches

This pattern uses several stitches that may or may not be familiar to intermediate knitters. Below you will find explanations of abbreviations found in the pattern.

c3f = cable 3 forward

- hold 3 sts in front on cable needle, k3, k3 off cable needle (worked across 6 sts total)

c3b = cable 3 back

- hold 3 sts in back of your work on a cable needle, k3, k3 off cable needle (worked across 6 sts total)

K2tog = knit two together

- knit into the 2nd and 1st stitch on your left needle, knit normally into both stitches (right leaning decrease by 1 stitch)

SSK = slip slip knit

- slip stitch off of left needle (knit wise), slip next stitch off left needle as well. Place slipped stitches back onto left needle. Knit them together through the back loop (left leaning decrease by 1)

LT = left twist

- Skip the first stitch and knit the second stitch through the back loop keeping the stitch on the needle, then knit the skipped stitch (crossing stitches in the diamond lattice portion without a cable needle)

RT = right twist

- Skip the first stitch and knit the second stitch normally, keeping the stitch on the needle. Then knit the skipped stitch.

Pattern

With smaller needles, cast on 106 (124, 150, 178) and join in the round.

Ribbing: *k1, p1* Consider placing a marker to keep track of rounds.

Repeat ribbing in-the-round for a total of **20 rounds** or about 3 to 3.5 inches of ribbing.

Change to larger needles.

Round 1 (after ribbing): k1, c3f, k24 (33, 46, 58) sts, place marker.

Follow directions on the next page for the "Center Cable Design" across the next 44 (44, 44, 48) sts. Place 2nd marker, k24 (33, 46, 58) sts. C3b, k1.

Round 2: Knit to marker 1. Slip marker, follow directions on next page for "Center Cable Design" to marker 2. Slip marker and knit to end of rnd.

Repeat "round 2" two more times

Round 5: K1, c3f, knit up to marker 1. Slip marker, follow "Center Cable Design" row 5. Slip marker, knit up to the last 7 sts. C3b, k1.

Round 6: Knit all sts maintaining "center cable design" between markers.

Round 7

(last round, we will switch to working flat on the next row):

K7, k2tog, knit to m1, slip marker, follow "Center Cable Design" row 7 up to next marker. Slip marker, knit to the last 9sts, k2tog, k7.

Turn your work to begin working flat.

Row 8 (and all even numbered rows): Purl all sts

Center Cable Design

Worked between marker 1 and marker 2

Row 1: C3b, c3f. K2 (2, 2, 4). LT (see "special stitches"), k4, RT, LT, k4, RT. K2 (2, 2, 4). C3b, c3f.

Row 2 (and all even numbered rows): Purl all sts if working flat (k all sts if still working in-the-round)

Row 3: K15 (15, 15, 17). LT, k2, RT, k2, LT, k2, RT, k15 (15, 15, 17).

Row 5: C3b, c3f, k4 (4, 4, 6). LT, RT, k4, LT, RT, k4 (4, 4, 6). C3b, c3f.

Row 7: K17 (17, 17, 19). RT, k6, RT, k17 (17, 17, 19).

Row 9: C3b, c3f, k4 (4, 4, 6). RT, LT, k4, RT, LT, k4 (4, 4, 6). C3b, c3f.

Row 11: K15 (15, 15, 17). *RT, k2, LT, k2, RT, k2, LT, k15 (15, 15, 17).

Row 13: C3b, c3f, k2 (2, 2, 4). RT, k4, LT, RT k4, LT, k2 (2, 2, 4). C3b, c3f.

Row 15: K21 (21, 21, 23). LT, k 21 (21, 21, 23).

Row 16: Purl all sts.

Repeat rows 1-16 between markers for the remainder of the pattern until the collar ribbing. Depending on the size you're working, you may not complete an entire 1-16 sequence before starting the collar. Follow the row count listed in the pattern for your size.

Pattern Continued

Row 9: K1, c3f, knit up to marker 1. Slip marker, follow "Center Cable Design" row 9. Slip marker, knit up to the last 7 sts. C3b, k1.

continue to purl all even numbered rows

Row 11: K7, k2tog, knit to m1, slip marker, follow "Center Cable Design" row 11 up to next marker. Slip marker, knit to the last 9sts, k2tog, k7.

Row 13: K1, c3f, knit up to marker 1. Slip marker, follow "Center Cable Design" row 13. Slip marker, knit up to the last 7 sts. C3b, k1.

Continue working in pattern, maintaining the cable edges and center cable design.

Decreases are worked in "sets" of two with a k2tog decrease **after** the 7 edge cable sts and an SSK decrease **before** the 7 edge cable sts on the opposite side.

XS, S/M and L/XL Only: On the next rs row, work 1 set of decreases, then work 3 rows without decreasing.

On the next right side row (all sizes): Work 1 set of decreases every right side row 3 (5, 5, 7) times

On the next right side row (all sizes): Work 2 sets (k2togx2, SSKx2) of decreases every right side row 5 (9, 10, 12) times.

L/XL and 2X Only: Make 3 sets of decreases (k2togx3, SSKx3) every right side row (3, 5) times.

On the next right side row (all sizes): Work 1 set of decreases every right side row 6 (6, 8, 7) times

XS and S/M Only: Work 1 set of decreases every 8 rows (2, 1) times.

58 (58, 60, 68) sts remaining. 68 (72, 80, 84) rows

Folded Mini Turtleneck

On the next wrong side row, purl across and put the first 7 sts on hold. Continue purling across your work and put the last 7 sts on hold.

You may leave the old yarn attached. *Change to smaller needles.*

Turn your work, and with a new yarn, cast on 6 sts. Work across the rem sts on your needle in **k1, p1 ribbing**. Then, cast on 6 sts at the end of the row.

Turn and work in k1, p1 ribbing across your new and old sts.

Continue ribbing for about 20 rows or about 3 inches. Bind off.

In larger needles, pick up one set of the stitches on hold. Work in stockinette to lengthen that piece, it will become one of the straps.

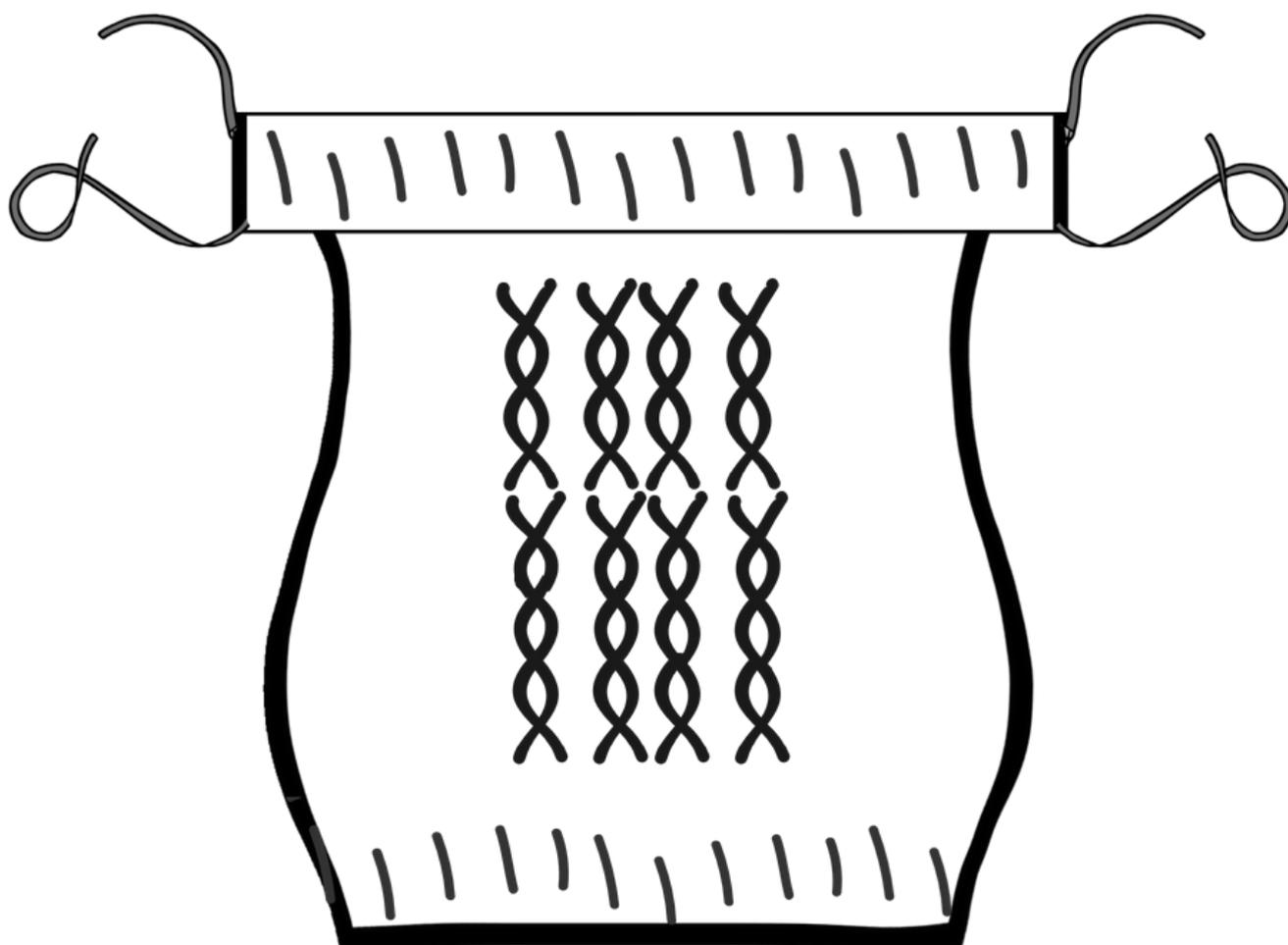
You may connect your strap to the neckline ribbing as you work or seam the edges together at the end. (See photo).

At the same time, decrease your strap stitch count by 1 (k2tog) every 8 or so rows, until you have 3 strap stitches remaining. Then, knit until your strap is 15" (38cm) long, bind off. Repeat for the other held sts.

Also, attach a couple shorter 10" (25cm) straps (chain, string or small icord) to the upper corners of your ribbed collar. Fold ribbing over and tie both sets of ties to wear.



Size Diagram



Width (at widest point on the body): 12" (14, 17, 20)"
31 (35, 43, 51)cm

Length (not including ribbing): 11" (11, 13, 15)"
28 (28, 33, 38)cm

Top and bottom ribbing sections are about 3" (8cm) tall

Thank You!



I hope you enjoyed it as much as I enjoyed making it for you all. Before you ask, yes, you can sell any items you craft using this pattern! I also encourage you to contact me anytime with questions.

Happy Stitching!

- *Michelle*

