

MIMUNGO PULLOVER

BY TETI LUTSAK



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INTRODUCTION

This round yoke pullover with 3/4 funnel sleeves, A-line shaped body and asymmetric hem line is worked top down in the round. The yoke, hem and cuffs are decorated with simple cables and slip stitch chains on the background of reverse stockinette stitch. Double knitted bands accentuate transitions between design elements throughout the garment.

Since the yarn it is designed for is made from recycled wool and cotton, its improvised name tells a story of recycling practices in the wool industry. Terms “shoggy” and “mungo” refer to fabrics that were produced from reclaimed wool, cotton or linen. You can read more about its fascinating history [here](#).

Mungo yarn from Retrosaria is a mix of wool and cotton, which is entirely spun from pre-consumer waste generated by Portuguese spinning mills. It has a rustic feel and look, and speaks to me as a way to support sustainable practices in the industry.

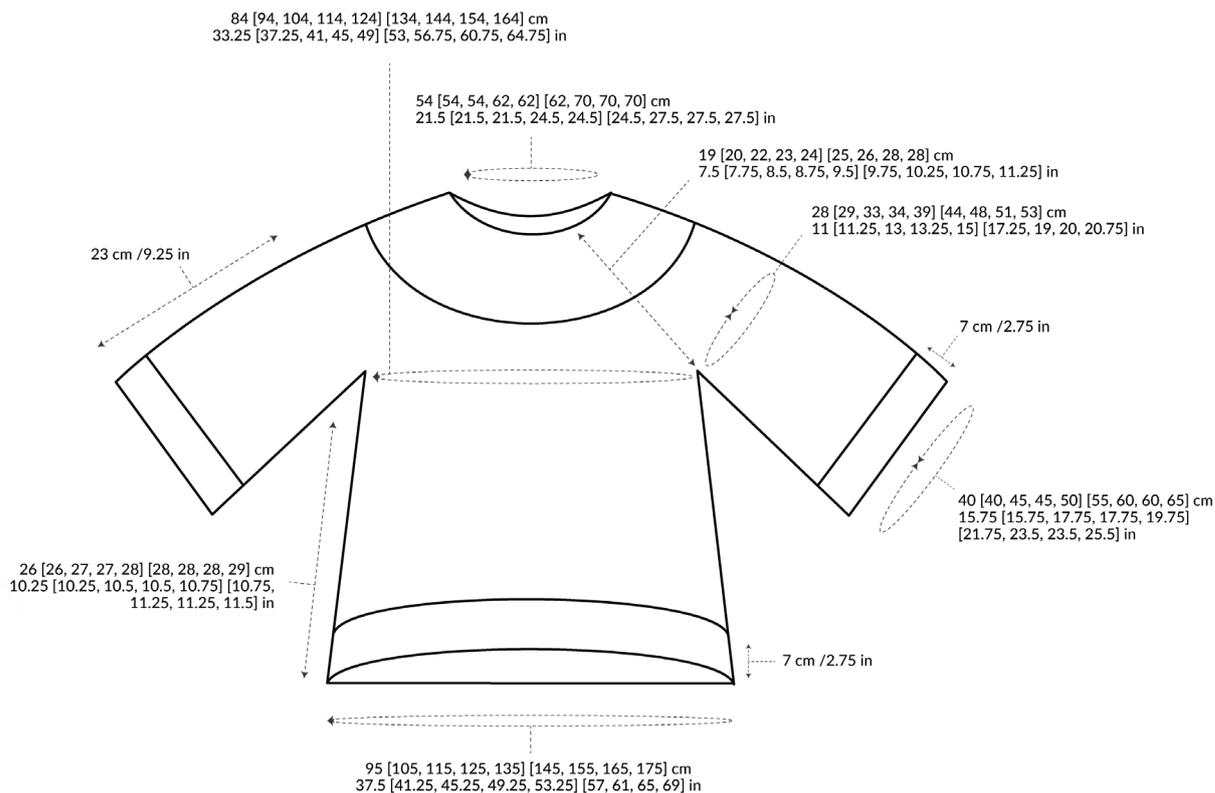
SIZES

The pattern is written for nine sizes 1 [2, 3, 4, 5] [6, 7, 8, 9] to fit 74 [84, 94, 104, 114] [124, 134, 144, 154] cm // 29 [33, 37, 41, 45] [49, 53, 57, 61] in bust circumference with ca. 10 cm (4 in) of positive ease.

The sample is shown in size 2 on a 160 cm (5.3 ft) tall model with ca. 84–66–94 cm (33–26–39 in) body measurements. For the finished garment measurements, please refer to the graph provided.

YARN

ca. 270 [300, 340, 380, 425] [460, 520, 550, 600] g of Mungo by Retrosaria, 50% wool and 50% cotton with 220 m (240 yds) in 100 g skein, shown in colourway 11; with an estimated yardage of ca. 594 [660, 748, 836, 935] [1012, 1144, 1210, 1320] m // 648 [720, 816, 912, 1020] [1104, 1248, 1320, 1440] yds. Or any other yarn(s) to match the gauge.



Middle of the front length:

42 [43, 45, 46, 49] [50, 51, 53, 55] cm
16.5 [16.75, 17.75, 18.25, 19.25] [19.5, 20.25, 20.75, 21.5] in

Middle of the back length:

49 [50, 52, 55, 57] [58, 61, 63, 65] cm
19.25 [19.5, 20.5, 21.5, 22.5] [22.75, 24, 24.75, 25.5] in

NEEDLES AND NOTIONS

A pair of 4.5 mm (US 7) and 3.5 mm (US 4) circular needles with ca. 60–100 cm (24–40 in) cables; spare cables or scrap yarn to keep stitches on hold; a few stitch markers with at least one of them removable; a crochet hook to bind off (any size close to the needle size, optional); a tapestry needle to weave in the ends (optional).

GAUGE

18 sts & 24 rows in 10 cm (4 in) measured over stockinette stitch worked in the round after blocking on 4.5 mm (US 7) needles. Adjust the needle sizes if necessary to obtain the correct gauge.

CONSTRUCTION AND NOTES

The pullover is worked top down in the round. You start from a flat row of ribbing and then join to work in the round. After the double knitted band, the neckline is shaped with short rows followed by the textured pattern of the yoke.

The depth of the yoke can be easily adjusted by adding or reducing a number of rounds. After the separation of body and sleeves, the body is shaped by increases along the sides towards the hemline.

When reached the desired length, hemline is slightly shaped with short rows, making the center of the front just a bit (ca. 3-5 cm (1.25-2 in) depending on the size) shorter than the back. The body is finished with a hem that replicates the textured pattern of the yoke.

From the underarms the sleeves are worked top down and also shaped with increases along the inner side of the sleeve towards the cuff. You can adjust the width of the cuff to your liking, but make sure to have the final number of stitches for the pattern on the cuffs divisible by 9.

ABBREVIATIONS AND TECHNIQUES

ca. – circa – approximately;

BOR/EOR – beginning/end of the round;

MOF – middle of the front;

R/Rnd/SR – row/round/short row;

LH/RH – left/right hand (needle);

RS/WS – right (k)/wrong (p) side of the work;

st (s) – stitch (es);

rep – repeat;

yo – yarn over;

kx/px – knit/purl x sts;

kall/pall – knit/purl all to EOR;

sl1yb – slip purl wise with yarn in back;

sl1yf – slip purl wise with yarn in front;

k2tog – knit 2 sts together as if they were one (right leaning 1 st decrease);

m1p – [make 1 purl](#) – there is a number of ways to do these increases, I'm using the last one shown in the video, the one that gives you a hole – insert your LH needle from front to back under the strand of yarn that runs between next st on LH needle and last st on RH needle, then purl this new st through the front loop;

m1L – [make 1 left](#) – insert LH needle, from front to back, under strand of yarn that runs between next st on LH needle and last st on RH needle; knit this st through back loop (left leaning 1 st increase);

m1R – [make 1 right](#) – insert LH needle from back to front, under strand of yarn that runs between next st on LH needle and last st on RH needle; knit this st through the front loop (this twists the bar between sts into a nice little tight loop) (right leaning 1 st increase);

[1-1LC](#) – slip 1 st (maybe onto a cable needle) and hold in front, k1, then k1 (from cable needle); the video shows you an easy way to do it without cable needle;

[1-1RC](#) – slip 1 st (maybe onto a cable needle) and hold in back, k1, then k1 (from cable needle);

w&t – [wrap and turn](#) – at the end of the short row on the RS, with the yarn on the back, move next st to RH needle, bring the yarn to the front, return the last st off the RH needle to the LH needle and turn your work, bring the yarn in front and start working the following row on the WS;

at the end of the short row on the WS, keep yarn in the front, move the next st to RH needle, turn your work, bring yarn to the front, move the first st to the RH needle, bring yarn to the back and start working the RS row;

[crochet bind off](#) – tap to watch video demo. This technique, gives more control over the width of the edge and adds a beautiful braid detail.

CAST ON

With 3.5 mm (US 4) needles, using a long tail cast-on or any other method of your choice, cast on a total of 98 [98, 98, 112, 112] [112, 126, 126, 126] sts **+1 extra**.

R1: sl1yb, *p1, k1; rep from * till 1 to EOR.

Join to work in the round by slipping the first (slipped) st over the last (un-worked) st and place the BOR marker.

Rnd 2: kall.

DOUBLE BAND

Rnd 3: *yo, k1; rep from * to EOR.

Rnd 4: *p1, sl1yb; rep from * to EOR.

Rnd 5: *sl1yf, k1; rep from * to EOR.

Rnd 6: *k2tog; rep from * to EOR.

SHAPING THE NECKLINE WITH SHORT ROWS

Switch to 4.5 mm (US 7) needles and work a total of 9 [9, 9, 11, 11] [11, 13, 13, 13] short rows as follows:

SR1 (RS): k20, w&t.

SR2 (WS): pall to BOR, p20, w&t.

SR3 (RS): k across to previous wrap, pick up the wrap and knit it together with its corresponding st, k10, w&t.

SR4 (WS): p across to previous wrap, pick up the wrap and purl it together with its corresponding st, p10, w&t.

SR5 (RS): k across to previous wrap, pick up the wrap and knit it together with its corresponding st, k5 [5, 5, 5, 5] [5, 7, 7, 7], w&t.

SR6 (WS): p across to previous wrap, pick up the wrap and purl it together with its corresponding st, p5 [5, 5, 5, 5] [5, 7, 7, 7], w&t.

SR7 (RS): k across to previous wrap, pick up the wrap and knit it together with its corresponding st, k3 [3, 3, 4, 4] [4, 5, 5, 5], w&t.

SR8 (WS): p across to previous wrap, pick up the wrap and purl it together with its corresponding st, p3 [3, 3, 4, 4] [4, 5, 5, 5], w&t.

SIZES 1 [2, 3] ONLY – SR9 (RS): k all to BOR and move to the next section.

ALL OTHER SIZES

SR9 (RS): k across to previous wrap, pick up the wrap and knit it together with its corresponding st, k— [—, —, 3, 3] [3, 4, 4, 4], w&t.

SR10 (WS): p across to previous wrap, pick up the wrap and purl it together with its corresponding st, p— [—, —, 3, 3] [3, 4, 4, 4], w&t.

SIZES 4 [5, 6] ONLY – SR11 (RS): k all to BOR and move to the next section.

ALL OTHER SIZES

SR11 (RS): k across to previous wrap, pick up the wrap and knit it together with its corresponding st, k— [—, —, —, —] [—, 3, 3, 3], w&t.

SR12 (WS): p across to previous wrap, pick up the wrap and purl it together with its corresponding st, p— [—, —, —, —] [—, 3, 3, 3], w&t.

SR13 (RS): k all to BOR and move to the next section.

YOKE

Rnd 1: k all, pick up the remaining wraps as you go and knit them together with their corresponding sts. Then, follow the chart on page 9 and/or further written instructions to work the pattern of the yoke.

Rnd 2 (Rnd 2 of the chart): *1-1RC, m1p, p1, k1, p1, m1p, 1-1LC; rep from * to EOR. You will have a total of 126 [126, 126, 144, 144] [144, 162, 162, 162] sts.

Rnd 3: *k2, p2, sl1yb, p2, k2; rep from * to EOR.

Rnd 4: *k2, m1p, p2, k1, p2, m1p, k2; rep from * to EOR. You will have a total of 154 [154, 154, 176, 176] [176, 198, 198, 198] sts.

Rnd 5: *1-1RC, p3, sl1yb, p3, 1-1LC; rep from * to EOR.

Rnd 6: *k2, p3, k1, p3, k2; rep from * to EOR.

Rnd 7: *k2, p3, sl1yb, p3, k2; rep from * to EOR.

Rnd 8: *1-1RC, m1p, p3, k1, p3, m1p, 1-1LC; rep from * to EOR. You will have a total of 182 [182, 182, 208, 208] [208, 234, 234, 234] sts.

Rnd 9: *k2, p4, sl1yb, p4, k2; rep from * to EOR.

Rnd 10: *k2, p4, k1, p4, k2; rep from * to EOR.

Rnd 11: *1-1RC, p4, sl1yb, p4, 1-1LC; rep from * to EOR.

Rnd 12: *k2, p4, k1, p4, k2; rep from * to EOR.

Rnd 13: *k2, p4, sl1yb, p4, k2; rep from * to EOR.

Rnd 14: *1-1RC, m1p, p4, k1, p4, m1p, 1-1LC; rep from * to EOR. You will have a total of 210 [210, 210, 240, 240] [240, 270, 270, 270] sts.

Rnd 15: *k2, p5, sl1yb, p5, k2; rep from * to EOR.

Rnd 16: *k2, p5, k1, p5, k2; rep from * to EOR.

Rnd 17: *1-1RC, p5, sl1yb, p5, 1-1LC; rep from * to EOR.

Rnd 18: *k2, p5, k1, p5, k2; rep from * to EOR.

Rnd 19: *k2, p5, sl1yb, p5, k2; rep from * to EOR.

Rnd 20: *1-1RC, p5, k1, p5, 1-1LC; rep from * to EOR.

Rnd 21: k all.

DOUBLE BAND

Rnd 22: switch to 3.5 mm (US 4) needles and *yo, k1; rep from * to EOR.

Rnd 23: *p1, sl1yb; rep from * to EOR.

Rnd 24: *sl1yf, k1; rep from * to EOR.

Rnd 25: *k2tog; rep from * to EOR.

YOKE (CONTINUED)

Switch back to 4.5 mm (US 7) needles and continue working the yoke.

Rnd 26 – Rnd 29 (4 rnds): kall.

SIZE 1 ONLY

Rnd 30: *k15, m1L; rep from * to EOR. You will have a total of 224 sts.

Rnd 31 – Rnd 40 (10 rnds): kall and move to the next section.

SIZE 2 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 238 sts.

Rnd 31 – Rnd 42 (12 rnds): kall and move to the next section.

SIZE 3 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 238 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k2, m1R, k13, m1L, k2; rep from * to EOR. You will have a total of 266 sts.

Rnd 41 – Rnd 46 (6 rnds): kall and move to the next section.

SIZE 4 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 272 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k17, m1L; rep from * to EOR. You will have a total of 288 sts.

Rnd 41 – Rnd 48 (8 rnds): kall and move to the next section.

SIZE 5 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 272 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k2, m1R, k13, m1L, k2; rep from * to EOR. You will have a total of 304 sts.

Rnd 41 – Rnd 49 (9 rnds): kall.

Rnd 50: *k19, m1L; rep from * to EOR. You will have a total of 320 sts.

Rnd 51 – Rnd 52 (2 rnds): kall and move to the next section.

SIZE 6 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 272 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k2, m1R, k13, m1L, k2; rep from * to EOR. You will have a total of 304 sts.

Rnd 41 – Rnd 49 (9 rnds): kall.

Rnd 50: *k2, m1R, k15, m1L, k2; rep from * to EOR. You will have a total of 336 sts.

Rnd 51 – Rnd 53 (3 rnds): kall.

Rnd 54: *k21, m1L; rep from * to EOR. You will have a total of 352 sts, move to the next section.

SIZE 7 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 306 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k2, m1R, k13, m1L, k2; rep from * to EOR. You will have a total of 342 sts.

Rnd 41 – Rnd 49 (9 rnds): kall.

Rnd 50: *k2, m1R, k15, m1L, k2; rep from * to EOR. You will have a total of 378 sts.

Rnd 51 – Rnd 56 (6 rnds): kall and move to the next section.

SIZE 8 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 306 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k2, m1R, k13, m1L, k2; rep from * to EOR. You will have a total of 342 sts.

Rnd 41 – Rnd 49 (9 rnds): kall.

Rnd 50: *k2, m1R, k15, m1L, k2; rep from * to EOR. You will have a total of 378 sts.

Rnd 51 – Rnd 59 (9 rnds): kall.

Rnd 60: *k21, m1L; rep from * to EOR. You will have a total of 396 sts, move to the next section.

SIZE 9 ONLY

Rnd 30: *k2, m1R, k11, m1L, k2; rep from * to EOR. You will have a total of 306 sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: *k2, m1R, k13, m1L, k2; rep from * to EOR. You will have a total of 342 sts.

Rnd 41 – Rnd 49 (9 rnds): kall.

Rnd 50: *k2, m1R, k15, m1L, k2; rep from * to EOR. You will have a total of 378 sts.

Rnd 51 – Rnd 59 (9 rnds): kall.

Rnd 60: *k2, m1R, k17, m1L, k2; rep from * to EOR. You will have a total of 414 sts.

Rnd 61 – Rnd 62 (2 rnds): kall and move to the next section.

SEPARATING BODY AND SLEEVES

Rnd 1: from the BOR in the middle of the back, k35 [38, 42, 47, 51] [55, 58, 62, 65] sts of the back, temporarily bind off or keep on hold the next 42 [42, 48, 50, 58] [66, 72, 74, 76] sts for one of the sleeves, cast on extra 6 [8, 9, 9, 10] [11, 13, 15, 17] sts for the underarm, k70 [78, 86, 94, 102] [110, 118, 124, 132] sts of the front, temporarily bind off or keep on hold the next 42 [42, 48, 50, 58] [66, 72, 74, 76] sts for the second sleeve, cast on extra 6 [8, 9, 9, 10] [11, 13, 15, 17] sts for the underarm and knit the remaining 35 [38, 42, 47, 51] [55, 58, 62, 65] sts of the back to EOR. You will have a total of 152 [170, 188, 206, 224] [242, 260, 278, 296] sts for the body.

BODY

Rnd 2 – Rnd 9 (8 rnds): kall.

Rnd 10: start shaping the body by increasing on the sides – k35 [38, 42, 47, 51] [55, 58, 62, 65], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k70 [78, 86, 94, 102] [110, 118, 124, 132], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k35 [38, 42, 47, 51] [55, 58, 62, 65]. You will have a total of 156 [174, 192, 210, 228] [246, 264, 282, 300] sts.

Rnd 11 – Rnd 19 (9 rnds): kall.

Rnd 20: k36 [39, 43, 48, 52] [56, 59, 63, 66], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k72 [80, 88, 96, 104] [112, 120, 126, 134], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k36 [39, 43, 48, 52] [56, 59, 63, 66]. You will have a total of 160 [178, 196, 214, 232] [250, 268, 286, 304] sts.

Rnd 21 – Rnd 29 (9 rnds): kall.

Rnd 30: k37 [40, 44, 49, 53] [57, 60, 64, 67], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k74 [82, 90, 98, 106] [114, 122, 128, 136], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k37 [40, 44, 49, 53] [57, 60, 64, 67]. You will have a total of 164 [182, 200, 218, 236] [254, 272, 290, 308] sts.

Rnd 31 – Rnd 39 (9 rnds): kall.

Rnd 40: k38 [41, 45, 50, 54] [58, 61, 65, 68], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k76 [84, 92, 100, 108] [116, 124, 130, 138], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k38 [41, 45, 50, 54] [58, 61, 65, 68]. You will have a total of 168 [186, 204, 222, 240] [258, 276, 294, 312] sts.

Sizes 1 [2] Rnd 41 – Rnd 44 (4 rnds): kall.

Sizes 3 [4] Rnd 41 – Rnd 46 (6 rnds): kall.

Sizes 5 [6] Rnd 41 – Rnd 48 (8 rnds): kall.

Sizes 7 [8] Rnd 41 – Rnd 50 (10 rnds): kall.

Size 9 Rnd 41 – Rnd 52 (12 rnds): kall.

Rnd 45 [45, 47, 47, 49] [49, 51, 51, 53]: k39 [42, 46, 51, 55] [59, 62, 66, 69], **m1R, k6 [8, 9, 9, 10] [11, 13, 15, 17], m1L,** k78 [86, 94, 102, 110] [118, 126, 132, 140], **m1R,** then kall to EOR.

Yes, only 3 increases!

You will have a total of 171 [189, 207, 225, 243] [261, 279, 297, 315] sts. Add more rnds if necessary to adjust the length.

HEMLINE SHAPING WITH SHORT ROWS

Take a removable stitch marker and mark with it the middle of the front (MOF), then work a total of 9 [9, 9, 11, 11] [11, 13, 13, 13] short rows as follows:

SR1 (RS): k till 21 [23, 25, 27, 29] [31, 33, 36, 38] to MOF, w&t.

SR2 (WS): p across till 21 [23, 25, 27, 29] [31, 33, 36, 38] to MOF, w&t. Remove the MOF marker.

SR3 (RS): k across till 10 [10, 10, 12, 12] [12, 14, 14, 14] to previous wrap, w&t.

SR4 (WS): p across till 10 [10, 10, 12, 12] [12, 14, 14, 14] to previous wrap, w&t.

SR5 and SR7 (RS): rep like in SR3.

SR6 and SR8 (WS): rep like in SR4.

SIZES 1 [2, 3] ONLY – **SR9 (RS):** k all to BOR and move to the next section.

ALL OTHER SIZES

SR9 (RS): k across till – [–, –, 12, 12] [12, 14, 14, 14] to previous wrap, w&t.

SR10 (WS): p across till – [–, –, 12, 12] [12, 14, 14, 14] to previous wrap, w&t.

SIZES 4 [5, 6] ONLY – **SR11 (RS):** k all to BOR and move to the next section.

ALL OTHER SIZES

SR11 (RS): k across till – [–, –, –, –] [–, 14, 14, 14] to previous wrap, w&t.

SR12 (WS): p across till – [–, –, –, –] [–, 14, 14, 14] to previous wrap, w&t.

SR13 (RS): k all to BOR and move to the next section.

HEM

Rnd 1: k all, pick up the wraps as you go and knit them together with their corresponding sts.

DOUBLE BAND

Rnd 2: switch to 3.5 mm (US 4) needles and *yo, k1; rep from * to EOR.

Rnd 3: *p1, sl1yb; rep from * to EOR.

Rnd 4: *sl1yf, k1; rep from * to EOR.

Rnd 5: *k2tog; rep from * to EOR.

HEM (CONTINUED)

Switch back to 4.5 mm (US 7) needles and work the pattern as charted on page 9 twice **till Rnd 17**, then follow further written instructions:

Rnd 6 (Rnd 1 of the chart): *p2, k4, p2, k1; rep from * to EOR.

Rnd 7: *p2, k4, p2, sl1yb; rep from * to EOR.

Rnd 8: *p2, 1-1LC, 1-1RC, p2, k1; rep from * to EOR.

Rnd 9: *p2, k4, p2, sl1yb; rep from * to EOR.

Rnd 10: *p2, k4, p1, k1; rep from * to EOR.

Rnd 11: *p2, 1-1LC, 1-1RC, p2, sl1yb; rep from * to EOR.

Rnd 12 – Rnd 17 (6 rnds): rep from Rnd 6 to Rnd 11.

Rnd 18: *p2, k4, p2, k1; rep from * to EOR.

Rnd 19: *p2, k4, p2, sl1yb; rep from * to EOR.

Rnd 20: bind off using crochet bind-off or any other method of your choice. Break the yarn and weave in the end.

SLEEVES

With 4.5 mm (US 7) needles, return to the sts you left on hold for the sleeves and follow these instructions twice to make 2 identical sleeves or use [a magic loop technique](#) to work both sleeves simultaneously.

Rnd 1: starting at the middle of the underarm pick up and k3 [4, 5, 5, 5] [6, 7, 8, 9] sts of the underarm, pick up 1 extra st to avoid a hole, k42 [42, 48, 50, 58] [66, 72, 74, 76] sts of the sleeve, pick up 1 extra st to avoid a hole, pick up and k the remaining 3 [4, 4, 4, 5] [5, 6, 7, 8] sts of the underarm.

Join to work in the round and place a BOR marker. You will have a total of 50 [52, 59, 61, 70] [79, 87, 91, 95] sts.

Check the final measurements of the sleeves and, if necessary, adjust the width. Most importantly, make sure you end up with a total number of sts divisible by 9 before you move to the cuff section. To adjust the length, add rows evenly between rows with increases or at the end after all increases are done.

Rnd 2 – Rnd 3 (2 rnds): kall.

Then, start to evenly increase on the inner side of the sleeve by 2 sts in every 4th rnd as follows:

Rnd 4: *k4 [5, 6, 6, 6] [7, 8, 9, 10], m1L, k till 4 [5, 5, 5, 6] [6, 7, 8, 9] to EOR, m1R, k4 [5, 5, 5, 6] [6, 7, 8, 9].

Work a total of 11 [10, 11, 10, 10] [10, 10, 8, 11] rnds with increases and finish after **Rnd 44 [40, 44, 40, 40] [40, 40, 32, 44]** with a total of 72 [72, 81, 81, 90] [99, 107, 107, 117] sts.

SIZES 1 [3, 9] ONLY: after **Rnd 44** move to the next section.

SIZES 2 [4, 5, 6] ONLY

Rnd 41 – Rnd 44 (4 rnds): kall, then move to the next section.

SIZE 7 ONLY

Rnd 41 – Rnd 43 (3 rnds): kall.

Rnd 44: *k8, m1L, k to EOR and move to the next section.

SIZE 8 ONLY

Rnd 33 – Rnd 39 (7 rnds): kall.

Rnd 40: *k9, m1L, k to EOR.

Rnd 41 – Rnd 44 (4 rnds): kall, then move to the next section.

DOUBLE BAND

Rnd 45: switch to 3.5 mm (US 4) needles and *yo, k1; rep from * to EOR.

Rnd 46: *p1, sl1yb; rep from * to EOR.

Rnd 47: *sl1yf, k1; rep from * to EOR.

Rnd 48: *k2tog; rep from * to EOR.

CUFFS

Switch back to 4.5 mm (US 7) needles and follow the pattern chart/instructions as for the hem.

Rnd 1: *p2, k4, p2, k1; rep from * to EOR.

Rnd 2: *p2, k4, p2, sl1yb; rep from * to EOR.

Rnd 3: *p2, 1-1LC, 1-1RC, p2, k1; rep from * to EOR.

Rnd 4: *p2, k4, p2, sl1yb; rep from * to EOR.

Rnd 5: *p2, k4, p2, k1; rep from * to EOR.

Rnd 6: *p2, 1-1LC, 1-1RC, p2, sl1yb; rep from * to EOR.

Rnd 7 – Rnd 12 (6 rnds): rep from **Rnd 1 to Rnd 6.**

Rnd 13: *p2, k4, p2, k1; rep from * to EOR.

Rnd 14: *p2, k4, p2, sl1yb; rep from * to EOR.

Rnd 15: bind off using crochet bind-off or any other method of your choice. Break the yarn and weave in the end.

FINISHING AND BLOCKING

Weave in the remaining ends. Soak the garment in lukewarm water. Gently squeeze to remove most of the water and then roll in a towel to dry. Pin out to measurements or desired size/shape and leave flat to dry.

SHARING AND FEEDBACK

If you feel like sharing pictures or your thought about the design, please do so in your projects on [Ravelry](#) and/or under [#mimungopullover](#) hashtag on [Instagram](#). I would be thrilled to see your projects!

If you wish to stay in touch and see what I'm up to, follow me on [Instagram](#) or support my work via [Patreon](#) to get an early access to test knit calls and exclusive discounts and videos. You can also join test knit runs of the future designs [here](#).

If you have questions or found a mistake, please contact me via email and I will do my best to help you. Please, be respectful and kind, remember, nobody is perfect.

Happy knitting and thank you for supporting my work,
Teti

YOKE PATTERN CHART

	15	10	5	1	
Rnd 21					
Rnd 20	XX - - - - - - - - - - XX				
Rnd 19	- - - - - V - - - - -				
Rnd 18	- - - - - - - - - -				
Rnd 17	XX - - - - - V - - - - - XX				
Rnd 16	- - - - - - - - - -				
Rnd 15	- - - - - V - - - - -				
Rnd 14	XX O - - - - - - - - - - O XX				
Rnd 13	- - - - - V - - - - -				
Rnd 12	- - - - - - - - - -				
Rnd 11	XX - - - - - V - - - - - XX				
Rnd 10	- - - - - - - - - -				
Rnd 9	- - - - - V - - - - -				
Rnd 8	XX O - - - - - - - - - - O XX				
Rnd 7	- - - - - V - - - - -				
Rnd 6	- - - - - - - - - -				
Rnd 5	XX - - - - - V - - - - - XX				
Rnd 4	O - - - - - - - - - - O				
Rnd 3	- - - - - V - - - - -				
Rnd 2	XX O - - - - - - - - - - O XX				
Rnd 1					
	7 6	5 4 3	2 1		

	knit
-	purl
V	slip
XX	I-IRC
XX	I-ILC
O	make 1 purl

HEM AND CUFFS CHART

Rnd 6	V - - XX XX - -	Rnd 6
Rnd 5	- - - -	Rnd 5
Rnd 4	V - - - -	Rnd 4
Rnd 3	- - XX XX - -	Rnd 3
Rnd 2	V - - - -	Rnd 2
Rnd 1	- - - -	Rnd 1
	9 5 1	