

Sand Grain Slipover

A knitting pattern by Mille strikker



Sizes	a (b) c (d) e - Fits bust circumference: 80-90 (90-100) 100-110 (110-120) 120-130 cm 31-35 (35-39) 39-43 (43-47) 47-51 inches
Materials	400 (400) 400 (500) 500 g Håndværksgarn or Græsgarn from Hjelholts Uldspinderi (100 g = 219 yards/200 meters)
Gauge	16 sts x 24 rows = 4 x 4 inches' square (10 x 10 cm) in stockinette stitch on US 7 (EU 4,50 mm) needle
Needles	Circular needle US 7 (EU 4.5 mm) 32 inches (80 cm) and circular needle US 6 (EU 4 mm) 16 and 32 inches (40 + 80 cm) and a cable needle

Sand Grain Slipover is a slipover with beautiful cables and a classic fit. The back piece is worked first. Then the stitches for the shoulders are picked up along the cast on edge and then joined in front to form the front piece. The front- and back piece are then joined together and worked in the round. Finally, ribbed edges are added to the piece.

Size guide

The Sand Grain Slipover has 5 cm positive ease. Measure the widest part of your body, which is usually the stomach or bust, to find your right size. The sizes a (b) c (d) e fits a circumference of 31-35 (35-39) 39-43 (43-47) 47-51 inches (80-90 (90-100) 100-110 (110-120) 120-130 cm). If you are 43 inches (110 cm) at your widest, you should knit a size c.

Techniques in this pattern

Increases

MiR: Using left ndl tip, pick up the bar between 2 sts from back to front and knit this st. Here's a good tutorial: <https://www.youtube.com/watch?v=lsJndA4LzR8>

MiL: Using left ndl tip, pick up the bar between 2 sts from front to back and knit this stitch through back loop. Watch the same tutorial as MiR.

MiRP: Using left ndl tip, pick up the bar between 2 sts from back to front and purl this stitch. Here's a good tutorial: <https://www.youtube.com/watch?v=RnF67ZMqSo8>

MiLP: Using left ndl tip, pick up the bar between 2 sts from front to back and purl this stitch through the back loop. Watch the same tutorial as MiRP.

Twisting 2 stiches

The small twist of 2 stitches is performed without a cable needle. Knit the 2nd stitch on the left needle through the back loop without pulling it off the needle. Knit the 1st stitch on the needle and move both stitches to the right needle. Watch a (Danish) video of the technique here: <https://www.youtube.com/watch?v=ENqIbAliCIM&t=31s>

Seed stitch

1st row (RS): k1, p1, repeat.

2nd row (WS): Purl over knitted stitch, knit over purled stitch. Repeat this row. Find a picture of seed stitch on the last page of this pattern.

Abbreviations

st/sts = stitch/stitches	SM = slip marker
k = knit	BOR = Beginning of round
p = purl	Wyif = with yarn in front
ndl = needle	Kfb = knit front and back
RS = right side	ptbl = purl through back loop
WS = wrong side	MiR = Make one right leaning increase
CO = cast on	MiL = Make one left leaning increase
PM = place marker	MiRP = Make one right leaning increase purl-wise
RM = Remove marker	MiLP = Make one left leaning increase purl-wise

Back piece

CO 70 (74) 74 (80) 84 sts on a US 7, 32 inches (EU 4,50 mm, 80 cm) ndl.

PM as follows: 2 sts (Outer sts), **PM**, 11 (13) 13 (13) 15 sts (Section A), **PM**, 6 (6) 6 (8) 8 sts (Section B), **PM**, 32 (32) 32 (34) 34 sts (Section C), **PM**, 6 (6) 6 (8) 8 sts (Section B), **PM**, 11 (13) 13 (13) 15 sts (Section A), **PM**, 2 sts (Outer sts).

The sections and two outer sts on each side are now placed as shown below:

Outer sts	A	B	C	B	A	Outer sts
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The two outer sts are made of one twisted st (k1tbl on RS and p1tbl on WS) (inner most) and one edge st (outer most). The twisted st is always worked as k1tbl on RS and p1tbl on WS and, where the edge st is always k on RS and p on WS. The first row is WS. Knit the following row according to your size:

Size a

P1 (edge st), p1tbl, **SM**, k1, p9, k1, **SM**, p1tbl, k1, p2, k1, p1tbl, **SM**, k2, p3, k8, p6, k8, p3, k2, **SM**, p1tbl, k1, p2, k1, p1tbl, **SM**, k1, p9, k1, **SM**, p1tbl, p1 (edge st).

Size b and c

P1 (edge st), p1tbl, **SM**, k2, p9, k2, **SM**, p1tbl, k1, p2, k1, p1tbl, **SM**, k2, p3, k8, p6, k8, p3, k2, **SM**, p1tbl, k1, p2, k1, p1tbl, **SM**, k2, p9, k2, **SM**, p1tbl, p1 (edge st).

Size d

P1 (edge st), p1tbl, **SM**, k2, p9, k2, **SM**, p1tbl, k2, p2, k2, p1tbl, **SM**, k3, p3, k8, p6, k8, p3, k3, **SM**, p1tbl, k2, p2, k2, p1tbl, **SM**, k2, p9, k2, **SM**, p1tbl, p1 (edge st).

Size e

P1 (edge st), p1tbl, **SM**, k3, p9, k3, **SM**, p1tbl, k2, p2, k2, p1tbl, **SM**, k3, p3, k8, p6, k8, p3, k3, **SM**, p1tbl, k2, p2, k2, p1tbl, **SM**, k3, p9, k3, **SM**, p1tbl, p1 (edge st).

The back piece is now worked by following the charts for each section. You will find the charts on the last pages of this pattern. Find a guide on how to twist 2 sts under 'Techniques in this pattern'.

Remember that the outer sts are always knitted on the RS and purled on the WS.

Work the back piece until it measures 9.5 (9) 9 (9.5) 9.5 inches / 24 (23) 23 (24) 24 cm from the cast on edge. You still have 70 (74) 74 (80) 84 sts on the ndl.

Note which row is the next row in section A and B here:

Next row in section A: _____

Next row in section B: _____

You are now going to do increases between the two outer sts in both ends of the row. The new sts between the outer sts are worked as seed stitch (Find a guide on seed stitch under ‘Techniques in this pattern’). The new placement of the sections is shown below:

Edge st	Seed stitch	Twisted st	A	B	C	B	A	Twisted st	Seed stitch	Edge st
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Work the increases as follows:

1st row: K1 (edge st), M1L, seed stitch to the twisted st, k1tbl, work the sections according to charts, k1tbl, seed stitch to the edge st, M1R, k1 (edge st)

2nd row: P1 (edge st), seed stitch to the twisted st, p1tbl, work the sections according to charts, p1tbl, seed stitch to the edge st, p1 (edge st)

Tip! You can PM between the seed stitch and the twisted st in both sides. In that way, you won’t miss the twisted st.

Repeat these two rows 10 (12) 14 (16) 18 times, until you have 90 (98) 102 (112) 120 sts on the ndl. Cut the yarn, put the sts on a separate piece of yarn and let them rest.

Left shoulder

Pick up 15 (17) 17 (17) 19 sts in the outer cast on sts on the left shoulder with the short end of the yarn. By picking them up with the short end of the yarn, the first row will be RS. Pick up the new sts in the sts of the cast on edge and not between the sts of the cast on edge.

PM as follows from the left (towards the shoulder) to the right (towards the neck):
2 sts (Outer sts), **PM**, 11 (13) 13 (13) 15 sts (Section A), **PM**, 2 sts (Outer sts).

The left shoulder is now worked by following the charts for each section. Start from the 1st row in the charts. Remember that the outer sts are always knitted on the RS and purled on the WS.

Work 18 rows until the shoulder measures 3 inches / 8 cm. The next row is RS.

You are now going to do increases for the neck by following the charts ‘Increases for the neckline’ according to your size. Work this as follows:

1st row: Work chart ‘Increases for the neckline’, Section A, k1tbl, k1 (edge st)

2nd row: P1 (edge st), p1tbl, Section A, work ‘Increases for the neckline’

Repeat these two rows until you have finished the chart for ‘Increases for the neckline’. PM between Section A and B. You have 25 (27) 27 (29) 31 sts on the ndl. Cut the yarn, put the sts on a separate piece of yarn and let them rest.

Right shoulder

The right shoulder is worked just like the left shoulder.

Pick up 15 (17) 17 (17) 19 sts in the outer cast on sts on the right shoulder with the short end of the yarn. Pick up the new sts in the sts of the cast on edge and not between the sts of the cast on edge.

PM as follows from the right (towards the shoulder) to the left (towards the neck):
2 sts (Outer sts), **PM**, 11 (13) 13 (13) 15 sts (Section A), **PM**, 2 sts (Outer sts).

Work the right shoulder by following the charts for each section. Start from the 1st row in the charts again. Remember that the outer sts are always knitted on the RS and purled on the WS.

Work 18 rows until the shoulder measures 3 inches / 8 cm. The next row is RS.

You are now going to do increases for the neck by following the charts 'Increases for the neckline' according to your size. Work this as follows:

1st row: K1 (edge st), k1tbl, Section A, work 'Increases for the neckline'.

2nd row: Work 'Increases for the neckline', Section A, p1tbl, p1 (edge st)

Repeat these two rows until you have finished the chart for 'Increases for the neckline'.
PM between Section A and B. You have 25 (27) 27 (29) 31 sts on the ndl.

Now you are going to join the left and right shoulder to form the front piece.

Front piece

Work the 25 (27) 27 (29) 31 sts on the right shoulder according to the charts (purl the last edge st), CO 20 (20) 20 (22) 22 and work the 25 (27) 27 (29) 31 sts on the left shoulder (purl the first edge st). You have 70 (74) 74 (80) 84 sts on the ndl.

Your markers should be placed as follows:

2 sts, **marker**, 11 (13) 13 (13) 15 sts (Section A), **marker**, 6 (6) 6 (8) 8 sts (Section B), **marker**, 32 (32) 32 (34) 34 sts (Section C), **marker**, 6 (6) 6 (8) 8 sts (Section B), **marker**, 11 (13) 13 (13) 15 sts (Section A), **marker**, 2 sts.

The placement of the sections is shown below:

Outer sts	A	B	C	B	A	Outer sts
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The next row is WS and should be worked as row 18 in the chart for Section C. The other sections are continued from the last row you worked. For size d and e: Start with row 3 in Section B. Work the front piece until it measures X / 16 (15) 15 (16) 17 cm from the cast on edge for the neck. Make sure that the next row of Section A and B is the same as noted on page 3.

You are now going to do increases between the two outer sts in both ends of the needle, like you did on the back piece. The new sts between the outer sts are worked as seed stitch. The placement of the sections is shown below:

Edge st	Seed stitch	Twisted st	A	B	C	B	A	Twisted st	Seed stitch	Edge st
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Work the increases as follows:

1st row: K1 (edge st), M1L, seed stitch to the twisted st, k1tbl, work the sections according to charts, k1tbl, seed stitch to the edge st, M1R, k1 (edge st)

2nd row: P1 (edge st), seed stitch to the twisted st, p1tbl, work the sections according to charts, p1tbl, seed stitch to the edge st, p1 (edge st)

Be aware that your seed stitch must be worked continuously between the front and back piece when these are joined and worked in the round. If this isn't the case, a solution is presented when the pieces are joined together.

Repeat these two rows 10 (12) 14 (16) 18 times, until you have 90 (98) 102 (112) 120 sts on the ndl.

Now the front and back piece are joined to form the body.

Body

From now on, the edge st is worked as a part of the seed stitch.

Work the following row to join the work in the round:

Work the 90 (98) 102 (112) 120 sts of the front piece according to charts, CO 4 (4) 8 (6) 6 sts, work the 90 (98) 102 (112) 120 sts of the back piece according to charts, CO 4 (4) 8 (6) 6 sts, work the seed stitch to the next marker (BOR). The slipover is now worked in the round.

Is your seed stitch not continuous between the front and back piece when these are joined? If so, CO an extra st. Remember to remove this st again by k2tog before the ribbed edge.

You have 188 (204) 220 (236) 252 sts on the ndl.

The placement of the sections is shown below:

↑	BOR	Sections	Twisted st, seed stitch, twisted st	Sections	Twisted st, seed stitch, twisted st
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Work the slipover in the round according to charts until it measures / 38 (39) 41 (43) 44 cm or to the desired length. It is a good idea to work the neckline and ribbed edges in the armholes before trying it on, as these change the fit of the slipover.

Remove the markers except the one marking BOR.

Change to a US 6 (EU 4 mm) ndl and work 4 inches / 10 cm of twisted rib (k1tbl, p1). Bind off with Italian bind off.

Neckline

Pick up 136 (136) 136 (152) 152 sts in the neckline with a US 6 (EU 4 mm) 16 inches (40 cm) ndl. When picking up sts on the shoulders, pick up the sts between the twisted st and the edge st.

Work the neckline in twisted rib (k1tbl, p1) until it measures 1 inch / 2,5 cm. Change to a US 4 (EU 3,5 mm) ndl and work another 0.8 inches / 2 cm of twisted rib. Change back to the US 6 (EU 4 mm) ndl and work the last 1 inch / 2,5 cm of twisted rib, until the neckline measures 2,8 inches / 7 cm in total. Bind off loosely.

Fold the neckline over and sew the edge to the inside of the neckline, where you picked up the 136 (136) 136 (152) 152 sts.

Armhole edges

Pick up 160 (168) 176 (184) 192 152 sts in the neckline with a US 6 (EU 4 mm) 32 inches (80 cm) ndl. When picking up sts on the front and back pieces, pick up the sts between the twisted st and the edge st. Start in the bottom of the armhole, where the front- and back piece are joined and place a marker (BOR).

Work the edge in twisted rib (k1tbl, p1) until it measures 1,5 inch / 3,5 cm. Bind off with Italian bind off. If the edges don't sit close to the body, you can add a small elastic thread on the inside of the edge.

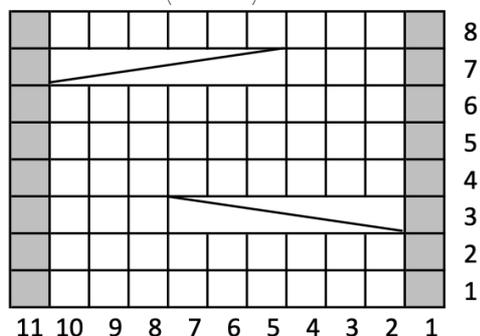
Repeat on the other side.

Weave in all ends and wash the slipover in lukewarm water. Let it dry flat.

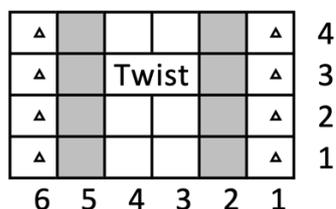
Charts for Sections A and B

Size a

Section A (braid)



Section B (twist)



k on RS and p on WS

k1tbl on RS and p1tbl on WS

p on RS and k on WS

Twist two sts



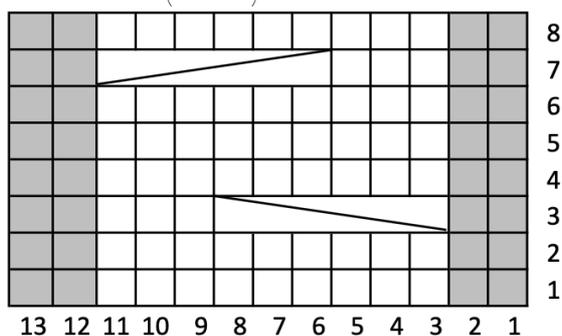
sl 3 sts to cable ndl and hold in front, k3, k3 from cable ndl



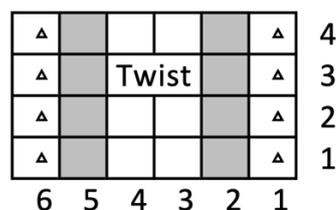
sl 3 sts to cable ndl and hold in back, k3, k3 from cable ndl

Size b

Section A (braid)



Section B (twist)



k on RS and p on WS

k1tbl on RS and p1tbl on WS

p on RS and k on WS

Twist two sts



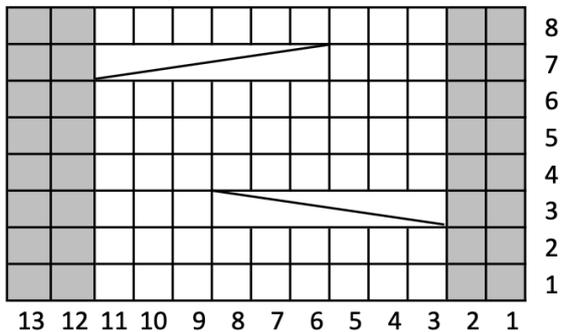
sl 3 sts to cable ndl and hold in front, k3, k3 from cable ndl



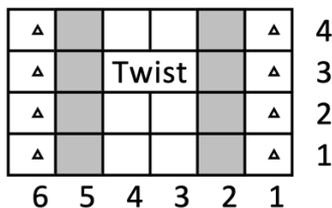
sl 3 sts to cable ndl and hold in back, k3, k3 from cable ndl

Size c

Section A (braid)



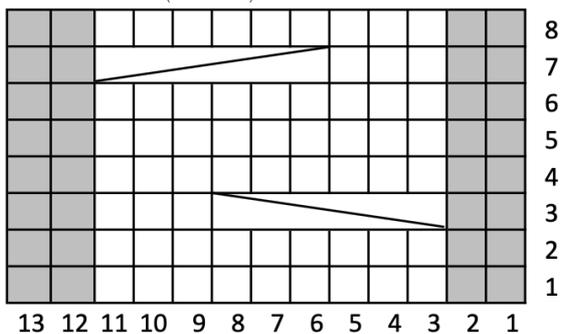
Section B (twist)



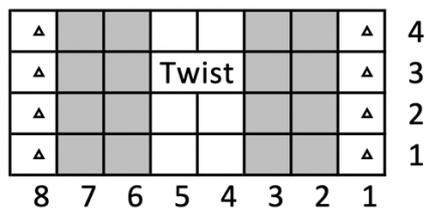
- k on RS and p on WS
- p on RS and k on WS
- △ k1tbl on RS and p1tbl on WS
- Twist Twist two sts
- sl 3 sts to cable ndl and hold in front, k3, k3 from cable ndl
- sl 3 sts to cable ndl and hold in back, k3, k3 from cable ndl

Size d

Section A (braid)



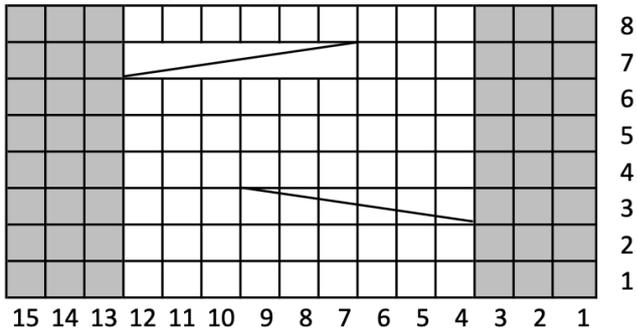
Section B (twist)



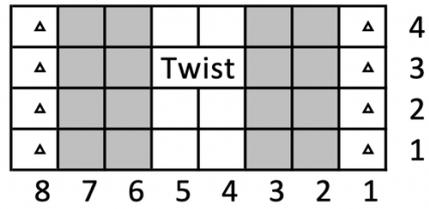
- k on RS and p on WS
- p on RS and k on WS
- △ k1tbl on RS and p1tbl on WS
- Twist Twist two sts
- sl 3 sts to cable ndl and hold in front, k3, k3 from cable ndl
- sl 3 sts to cable ndl and hold in back, k3, k3 from cable ndl

Size e

Section A (braid)



Section B (twist)



k on RS and p on WS

k1tbl on RS and p1tbl on WS

p on RS and k on WS

Twist two sts

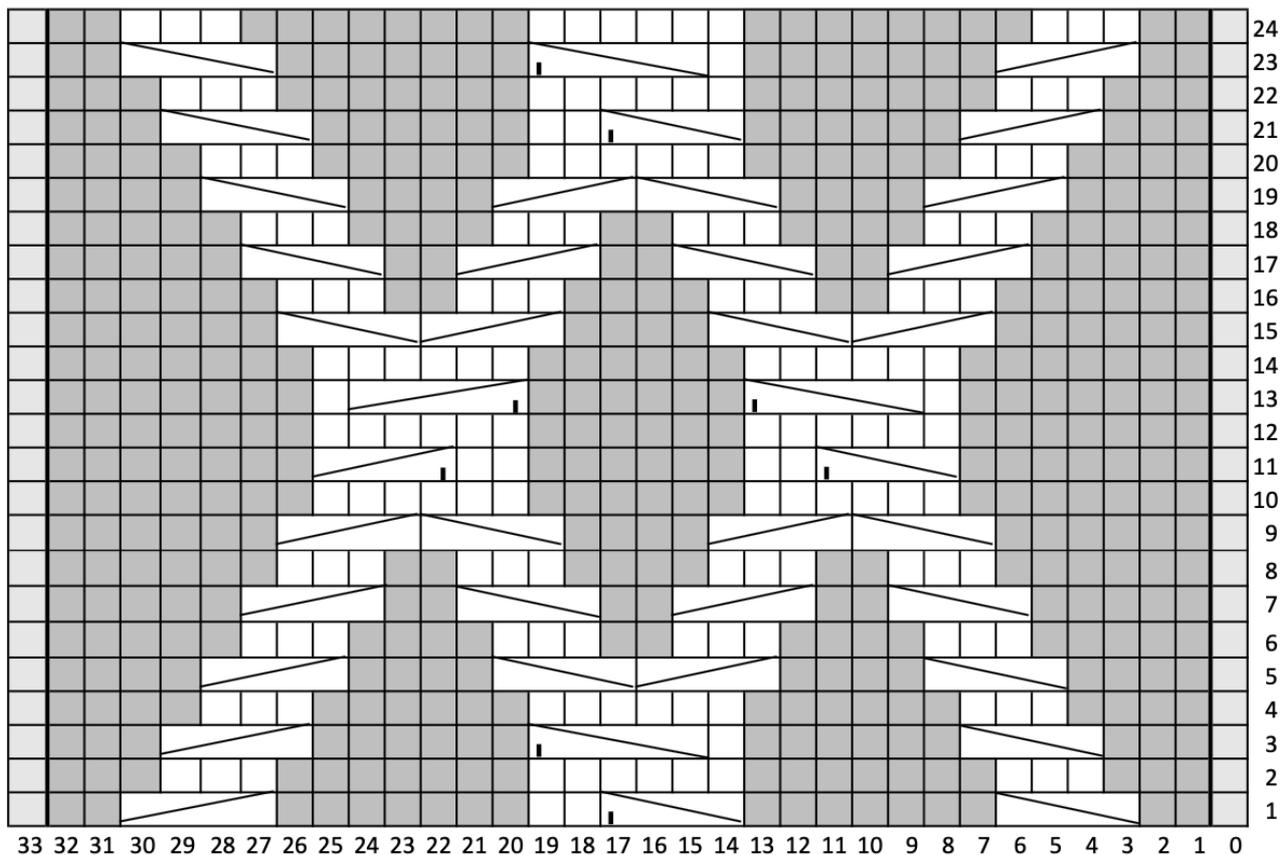


sl 3 sts to cable ndl and hold in front, k3, k3 from cable ndl



sl 3 sts to cable ndl and hold in back, k3, k3 from cable ndl

Section C



 k on RS and p on WS

 p on RS and k on WS

 sl 3 sts on to cable ndl and hold in front, p1, k3 from cable ndl

 sl 1 st to cable ndl and hold in back, k3, p1 from cable ndl

 sl 3 sts to cable ndl and hold in front, k1, k3 from cable ndl.

 sl 1 st to cable ndl and hold in back, k3, k1 from cable ndl

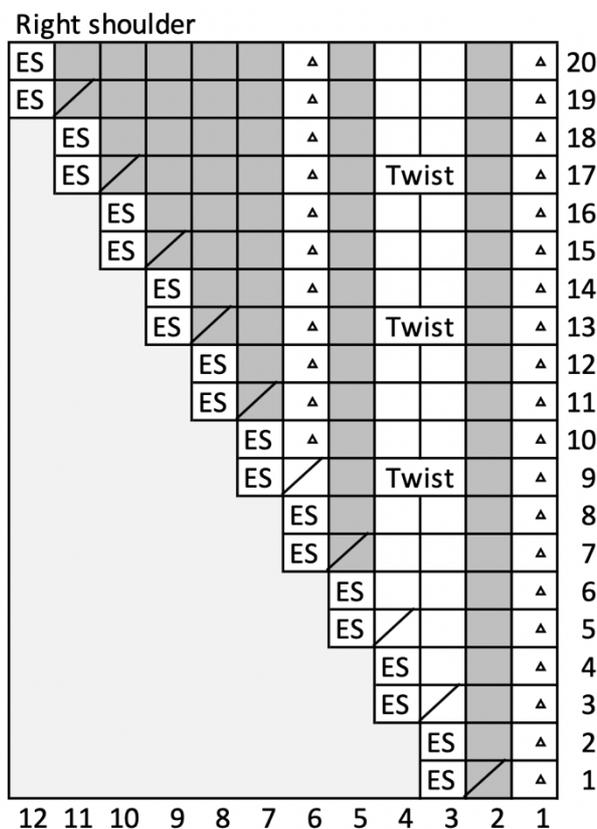
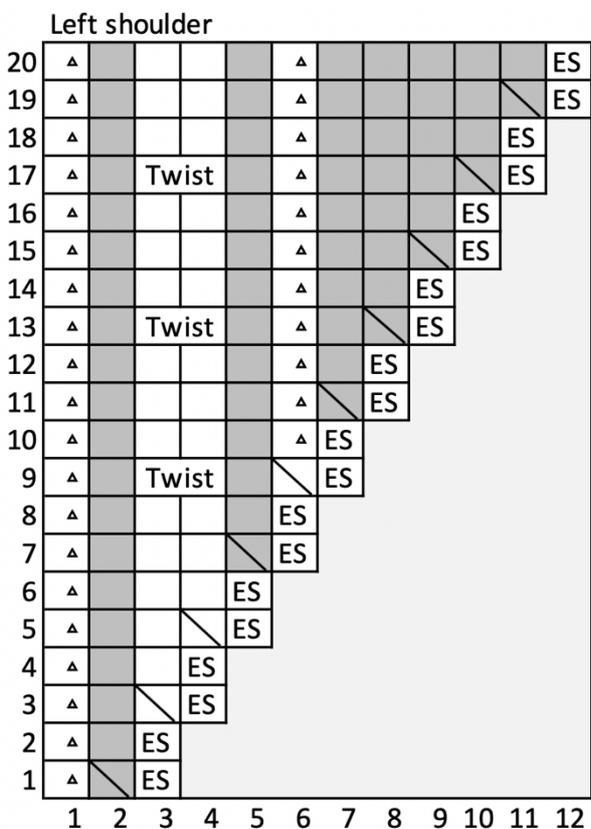
 sl 3 sts on to cable ndl and hold in front, k2, k3 from cable ndl

 sl 2 sts to cable ndl and hold in back, k3, k2 from cable ndl

! St 0 and 33 (light grey on the chart) is only worked for size (d) and e

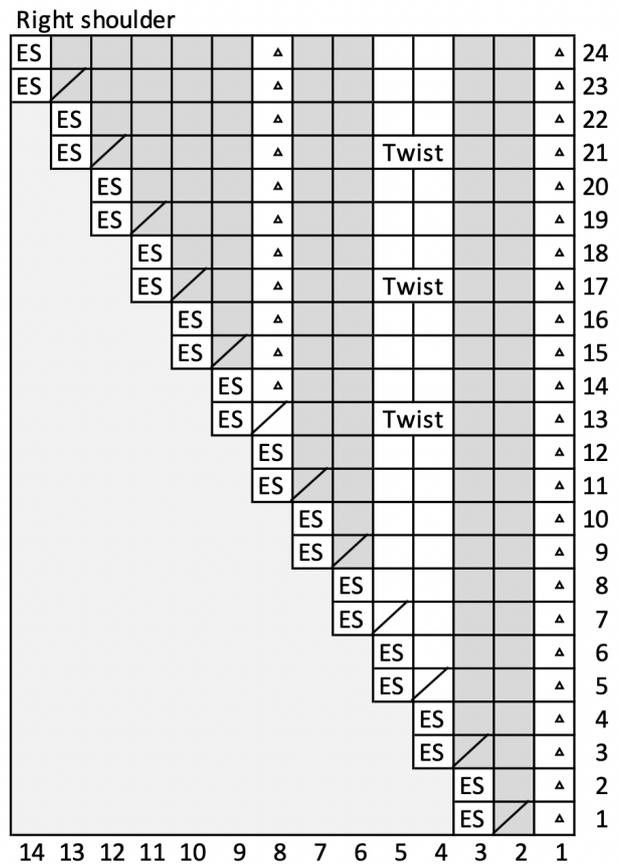
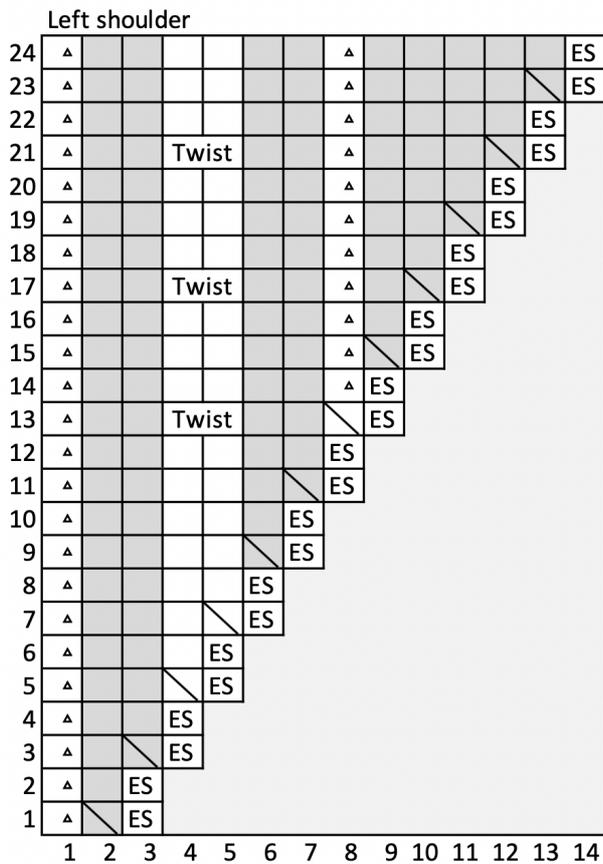
Increases for the neckline

Size a, b and c



-  k on RS and p on WS
-  p on RS and k on WS
-  k1tbl on RS and p1tbl on WS
-  Edge st, k on RS and p on WS
-  M1R
-  M1RP
-  M1L
-  M1LP
-  Twist two stitches

Size d and e



-  k on RS and p on WS
-  p on RS and k on WS
-  k1tbl on RS and p1tbl on WS
-  Edge st, k on RS and p on WS
-  M1R
-  M1RP
-  M1L
-  M1LP
-  Twist two stitches