

Knitting Pattern

Mila Hooded Vest

Difficulty: Intermediate

Designed by **Irene Lin**



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Construction:

The Mila hooded vest is started from the top and knitted down to the yoke section. The left front, back, and right front are then knitted separately until reaching the underarm length, after which they are joined to knit in flat until the hem. the cast-on edge of the hood's top is seamed together using the horizontal seam. Finally, add pockets to both sides of the garment.

Gauge (With 6mm needle):

15 sts x 20 rows = 10 x 10 cm/4 x 4" in stockinette stitch after blocking

Recommended ease: 0~20 cm/0~8".

To pick your size, I recommend making a swatch with your yarn, then check your gauge and adjust needle size accordingly, measure around your full bust, then add your desired ease. Pick the closest size from the finished bust circumference.

Size:

1 (2, 3) (4, 5, 6) Sample shown in Size 1 with 19 cm/7.5" positive ease.



Finished measurements:

	A1	A2	B	C
1	32cm/12.5"	52cm/20.5"	102cm/40.25"	44cm/17.5"
2	32cm/12.5"	52cm/20.5"	113cm/44.5"	44cm/17.5"
3	32cm/12.5"	65cm/25.5"	124cm/48.75"	48cm/18.75"
4	32cm/12.5"	65cm/25.5"	137cm/54"	49cm/19.25"
5	32cm/12.5"	65cm/25.5"	148cm/58.25"	52cm/20.5"
6	32cm/12.5"	65cm/25.5"	161cm/63.25"	52cm/20.5"

The pocket depth, including the ribbing, is approximately 14cm/5.5"

Yarn:

De Rerum Natura, Cyrano, 100% Wool-Merino, 100g=150m/164yds.

Color way: Poivre et Sel

5 (6, 7) (8, 9, 10) skeins. Approx. 750 (900, 1050) (1200, 1350, 1500) m / 820 (984, 1148) (1312, 1476, 1640) yards.

Note: You may need more yardage when extending the length of body.

Needles:

6 mm (US 10), 40 ~120 cm circular needle for the hood and body

5 mm (US 8), 40 ~ 120 cm circular needle for the ribbing

Other Materials:

Stitch markers, stitch holder cords or waste yarn, tapestry needles, 4~5 buttons with a diameter of 25mm each.

Abbreviations:

approx.	approximately
BO	Bind off
BOR	Beginning of the round
CO	Cast on
k	Knit
k2tog	Knit 2 stitches together
M	Marker
M1L	Make one left. With the left-hand needle lift loop between stitches from front and knit through the back loop. (Increase)
M1pL	Make one purl stitch left. With the left-hand needle lift loop between stitches from front, and purl through the back loop. (Increase)
M1R	Make one right. With the left-hand needle lift loop between stitches from back and knit through the front loop. (Increase)
M1pR	Make one purl stitch right. With the left-hand needle lift loop between stitches from back, and purl through the front loop. (Increase)
p	Purl
PM	Place marker
RM	Remove marker
rep	Repeat

rnd(s)	Round(s)
RS	Right side
sl1-wyif	Slip 1 stitch purlwise with yarn in front
st(s)	Stitch(es)
ssk	Slip 1 knitwise, slip 1 knitwise, return these 2 stitches to left hand needle, then knit them together through the back loop.
SM	Slip marker
TS	Total stitches
WS	Wrong side
rep *~**	Repeat from * to **
[]	Repeat stitches within brackets

Backwards loop cast-on method: <https://youtu.be/kNMCDTINaRQ>

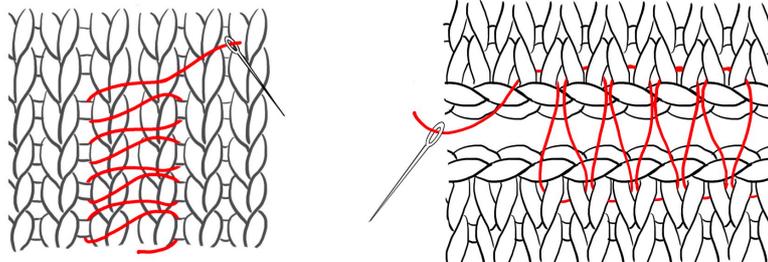
Tubular bind-off method: <https://youtu.be/XDNOgutlRcc>

Create a buttonhole over 3 sts:

Slip the first st from your left hand needle to right hand needle with yarn in front, *slip the next st from your left hand needle to right hand needle with yarn in back, pass the first slipped st over the second st**, rep *~** 2 times, return the last slipped st to your left hand needle. Turn to WS and use knitted cast on method, CO 4 sts. Turn back to RS, slip the first st from your left hand needle to right hand needle with yarn in back, pass the last CO st over the slipped st, return the slipped st to your left hand needle. Now you have completed a buttonhole over 3 sts, then continue following the pattern.

Video support: <https://youtu.be/ZEJ2ufEhdkE>

Mattress stitch & horizontal seam:



Instructions

Hood

When casting on, please leave a yarn tail of approx. 180 cm/71". After casting on the required number of stitches, there will be about 70-80 cm/28-31" of yarn left. Keep this tail intact and do not cut it, as we will use it to seam the top of the hood later.

With 6 mm (US 10) needle, use long tail cast on method, CO 60 sts.

Next Row (WS): p1, k1, p1, k7, p20, **PM**, p20, k7, p1, k1, p1.

Row 1 (RS): k1, sl1-wyif, k to 1 st before M, M1R, k1, **SM**, k1, M1L, k to last 2 sts, sl1-wyif, k1. TS: 62

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k7, p to M, **SM**, p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif.

And all the even Rows up to Row 72 are the same as Row 2.

Rep Rows 1~2, 7 more times, until you have completed Row 16. TS: 76

Row 17 (RS): k1, sl1-wyif, k to M, **SM**, k to last 2 sts, sl1-wyif, k1.

Row 19 (RS): k1, sl1-wyif, k to 1 st before M, M1R, k1, **SM**, k1, M1L, k to last 2 sts, sl1-wyif, k1. TS: 78

Row 21 (RS): k1, sl1-wyif, k to M, **SM**, k to last 2 sts, sl1-wyif, k1.

Row 23 (RS): k1, sl1-wyif, k to 1 st before M, M1R, k1, **SM**, k1, M1L, k to last 2 sts, sl1-wyif, k1. TS: 80

Row 25 (RS): k1, sl1-wyif, k to M, **SM**, k to last 2 sts, sl1-wyif, k1.

Rep Rows 25~26, 13 more times, until you have completed Row 52.

Row 53 (RS): k1, sl1-wyif, k to 3 sts before M, k2tog, k1, **SM**, k1, ssk, k to last 2 sts, sl1-wyif, k1. TS: 78

Row 55 (RS): k1, sl1-wyif, k to M, **SM**, k to last 2 sts, sl1-wyif, k1.

Row 57 (RS): k1, sl1-wyif, k to 3 sts before M, k2tog, k1, **SM**, k1, ssk, k to last 2 sts, sl1-wyif, k1. TS: 76

Row 59 (RS): k1, sl1-wyif, k to M, **SM**, k to last 2 sts, sl1-wyif, k1.

Row 61 (RS): k1, sl1-wyif, k to 3 sts before M, k2tog, k1, **SM**, k1, ssk, k to last 2 sts, sl1-wyif, k1. TS: 74

Rep Rows 61~62, 5 more times, until you have completed Row 72. TS: 64

Remove the stitch marker.

Row 73 (RS): k1, sl1-wyif, k to last 2 sts, sl1-wyif, k1.

Row 74 (WS): sl1-wyif, k1, sl1-wyif, k7, p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif.

Row 75 (RS): k1, sl1-wyif, k to last 2 sts, sl1-wyif, k1.

Row 76 (WS): sl1-wyif, k1, sl1-wyif, k7, p3, PM, p5, PM, p28, PM, p5, PM, p3, k7, sl1-wyif, k1, sl1-wyif.

Continue knitting the yoke:

Row 1 (RS): k1, sl1-wyif, k9, M1L, k to M, M1R, SM, k5, SM, M1L, k to M, M1R, SM, k5, SM, M1L, k to last 11 sts, M1R, k9, sl1-wyif, k1. TS: 70

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k7, p to M, M1pL, SM, p5, SM, M1pR, p to M, M1pL, SM, p5, SM, M1pR, p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif. TS: 74

Rep Rows 1~2, 5 more times, until you have completed Row 12. TS: 124

Row 13 (RS): k1, sl1-wyif, k to M, M1R, SM, k5, SM, M1L, k to M, M1R, SM, k5, SM, M1L, k to last 2 sts, sl1-wyif, k1. TS: 128

Row 14 (WS): Same as Row 2. TS: 132

Row 15 (RS): k1, sl1-wyif, k to M, M1R, SM, k5, SM, M1L, k to M, M1R, SM, k5, SM, M1L, k to last 8 sts, create a buttonhole over the next 3 sts, k3, sl1-wyif, k1. TS: 136

Note: A buttonhole will be made every 26 rows from now on.

Row 16 (WS): Same as Row 2. TS: 140

Row 17 (RS): k1, sl1-wyif, k to M, M1R, SM, k5, SM, M1L, k to M, M1R, SM, k5, SM, M1L, k to last 2 sts, sl1-wyif, k1. TS: 144

Row 18 (WS): Same as Row 2. TS: 148

Rep Rows 17~18, 0 (2, 4)(6, 8, 10) more times, until you have completed Row 18 (22, 26) (30, 34, 38).

TS: 148 (164, 180) (196, 212, 228):

There are 37 (41, 45) (49, 53, 57) sts for each front; 5 sts for each shoulder; 64 (72, 80) (88, 96, 104) sts for the back.

Now we are going to separate the front and back. Since the left-front piece will be continued later, I chose not to cut the working yarn at this point. However, if you feel it might get in the way, you can cut it.

Slip the first 37 (41, 45)(49, 53, 57) sts to stitch holder cord or waste yarn for the left-front, RM, slip the next 5 sts to stitch holder cord or waste yarn for the left-shoulder, RM, slip the next 64 (72, 80)(88, 96, 104) sts to stitch holder cord or waste yarn for the back, RM, slip the next 5 sts to stitch holder cord or waste yarn for the right-shoulder, RM, now you have 37 (41, 45)(49, 53, 57) sts on your needle for the right-front.

Right front:

With 6 mm (US 10) needle, join another ball of yarn:

Row 1 (RS): k1, ssk, k to last 2 sts, sl1-wyif, k1. TS: 36 (40, 44) (48, 52, 56)

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k7, p to end.

Row 3 (RS): k1, ssk, k to last 2 sts, sl1-wyif, k1. TS: 35 (39, 43) (47, 51, 55)

Note: For Size 6 only, create the 2nd buttonhole when there are 8 stitches remaining.

Row 4 (WS): Same as Row 2.

Row 5 (RS): k to last 2 sts, sl1-wyif, k1.

Row 6 (WS): Same as Row 2.

Rep Rows 5~6, 11 (11, 13) (13, 15, 15) more times, until you have completed Row 28 (28, 32) (32, 36, 36).

Note:

For Size 1: Create the 2nd buttonhole in Row 23 when there are 8 stitches remaining.

For Size 2: Create the 2nd buttonhole in Row 19 when there are 8 stitches remaining.

For Size 3: Create the 2nd buttonhole in Row 15 when there are 8 stitches remaining.

For Size 4: Create the 2nd buttonhole in Row 11 when there are 8 stitches remaining.

For Size 5: Create the 2nd buttonhole in Row 7; the 3rd buttonhole in Row 33, when there are 8 stitches remaining.

For Size 6: Create the 3rd buttonhole in Row 29, when there are 8 stitches remaining.

Then Increase as follows (All sizes):

Row 1 (RS): k2, M1L, k to last 2 sts, sl1-wyif, k1. TS: 36 (40, 44) (48, 52, 56)

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k7, p to end.

Rep Rows 1~2, 5 more times, until you have completed Row 12. TS: 41 (45, 49) (53, 57, 61)

Note:

For Size 3: Create the 3rd buttonhole in Row 9 when there are 8 stitches remaining.

For Size 4: Create the 3rd buttonhole in Row 5 when there are 8 stitches remaining.

Cut the working yarn and leave the sts on hold.

Back:

With 6 mm (US 10) needle, join yarn:

Row 1 (RS): k1, ssk, k to last 3 sts, k2tog, k1. TS: 62 (70, 78) (86, 94, 102)

Row 2 (WS): p to end.

Row 3 (RS): k1, ssk, k to last 3 sts, k2tog, k1. TS: 60 (68, 76) (84, 92, 100)

Row 4 (WS): p to end.

Row 5 (RS): k to end.

Row 6 (WS): p to end.

Rep Rows 5~6, 15 (16, 17) (18, 19, 20) more times, until you have completed Row 36 (38, 40) (42, 44, 46).

Then increase as follows (All sizes):

Row 1 (RS): k2, M1L, k to last 2 sts, M1R, k2. TS: 62 (70, 78) (86, 94, 102)

Row 2 (WS): p to end.

Rep Rows 1~2, 5 more times, until you have completed Row 12. TS: 72 (80, 88) (96, 104, 112)

Cut the working yarn and leave the sts on hold.

Left front:

With 6 mm (US 10) needle:

Row 1 (RS): k1, sl1-wyif, k to last 3 sts, k2tog, k1. TS: 36 (40, 44) (48, 52, 56)

Row 2 (WS): p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif.

Row 3 (RS): k1, sl1-wyif, k to last 3 sts, k2tog, k1. TS: 35 (39, 43) (47, 51, 55)

Row 4 (WS): Same as Row 2.

Row 5 (RS): k1, sl1-wyif, k to end.

Row 6 (WS): Same as Row 2.

Rep Rows 5~6, 11 (11, 13) (13, 15, 15) more times, until you have completed Row 28 (28, 32) (32, 36, 36).

Then increase as follows (All sizes):

Row 1 (RS): k1, sl1-wyif, k to last 2 sts, M1R, k2. TS: 36 (40, 44) (48, 52, 56)

Row 2 (WS): p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif.

Rep Rows 1~2, 5 more times, until you have completed Row 12. TS: 41 (45, 49) (53, 57, 61)

Continue to the next row of the Left Front then join the Back and Right Front:

Join Row (RS): k1, sl1-wyif, k to end, use backwards loop cast on method CO 5 (5, 5)(7, 7, 7) sts for the left-underarm, join the back: k to end, use backwards loop cast on method CO 5 (5, 5)(7, 7, 7) sts for the right-underarm, join the right front: k to last 2 sts, sl1-wyif, k1. TS: 164 (180, 196) (216, 232, 248)

Next Row (WS): sl1-wyif, k1, sl1-wyif, k7, p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif.

Body

Row 1 (RS): k1, sl1-wyif, k to last 2 sts, sl1-wyif, k1.

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k7, p to last 10 sts, k7, sl1-wyif, k1, sl1-wyif.

Rep Rows 1~2, 17 (15, 24) (22, 18, 16) more times, until you have completed Row 36 (32, 50) (46, 38, 34).

Note:

For Size 1: Create the 3rd buttonhole in Row 7; the 4th buttonhole in Row 33 when there are 8 stitches remaining.

For Size 2: Create the 3rd buttonhole in Row 3; the 4th buttonhole in Row 29 when there are 8 stitches remaining.

For Size 3: Create the 4th buttonhole in Row 21; the 5th buttonhole in Row 47 when there are 8 stitches remaining.

For Size 4: Create the 4th buttonhole in Row 17; the 5th buttonhole in Row 43 when there are 8 stitches remaining.

For Size 5: Create the 4th buttonhole in Row 9; the 5th buttonhole in Row 35, when there are 8 stitches remaining.

For Size 6: Create the 4th buttonhole in Row 5; the 5th buttonhole in Row 31, when there are 8 stitches remaining.

For sizes 3~6, if you prefer a shorter garment length, you can knit a few extra rows after completing the 4th buttonhole row until you reach the desired length and then proceed to knit the hem.

Hem

Switch to 5 mm (US 8) needle:

Row 1 (RS): k1, sl1-wyif, k80 (88, 96) (106, 114, 122), k2tog, k to last 2 sts, sl1-wyif, k1. TS: 163 (179, 195) (215, 231, 247)

Row 2 (WS): sl1-wyif, k1, sl1-wyif, k1, [p1, k1] rep to last 3 sts, sl1-wyif, k1, sl1-wyif.

Row 3 (RS): k1, sl1-wyif, k1, [p1, k1] rep to last 2 sts, sl1-wyif, k1.

Row 4 (WS): sl1-wyif, k1, sl1-wyif, k1, [p1, k1] rep to last 3 sts, sl1-wyif, k1, sl1-wyif.

Rep Rows 3~4, until the ribbing measures approx. 6 cm/2.25". BO with Tubular bind off method.

Armhole ribbing

Right side:

With 5 mm (US 8) needle and right side facing, beginning at the center underarm, pick up and knit 3 (3, 3)(4, 4, 4) sts from the CO edge of the underarm, then pick up and knit 36 (36, 39)(39, 42, 42) sts (3 sts for every 4 rows) up the armhole edge, then knit the held 5 sts of the shoulder, then pick up and knit 30 (30, 33)(33, 36, 36) sts (3 sts for every 4 rows) down the armhole edge, then pick up and knit 2 (2, 2)(3, 3, 3) sts from the leftover CO edge of the underarm. TS: 76 (76, 82) (84, 90, 90)

Repeat knitting in the round with [k1, p1], until the ribbing measures approx. 3 cm/1.25". BO with Tubular bind off method.

Left side:

With 5 mm (US 8) needle and right side facing, beginning at the center underarm, pick up and knit 3 (3, 3)(4, 4, 4) sts from the CO edge of the underarm, then pick up and knit 30 (30, 33)(33, 36, 36) sts (3 sts for every 4 rows) up the armhole edge, then knit the held 5 sts of the shoulder, then pick up and knit 36 (36, 39)(39, 42, 42) sts (3 sts for every 4 rows) down the armhole edge, then pick up and knit 2 (2, 2)(3, 3, 3) sts from the leftover CO edge of the underarm. TS: 76 (76, 82) (84, 90, 90)

Repeat knitting in the round with [k1, p1], until the ribbing measures approx. 3 cm/1.25". BO with Tubular bind off method.

Add pockets

Video support: <https://youtu.be/-3Bi69I10gM>

We are going to pick up sts for the bottom of the pocket. With RS facing, at your desired position, using a smaller needle size (this makes it easier to pick sts up), insert the needle through the right leg of the sts and pick up a total of 25 sts.

Join yarn, leave a yarn tail of 40 cm/15.75" (The yarn tail is reserved for later use to seam the side of the pocket to the garment). Use 6mm needle to knit a total of 24 rows in stockinette stitch in flat, then switch to 5mm needle to knit the ribbing for the top of the pocket:

Row 1 (RS): k2, [p1, k1] rep to last 1 st, k1.

Row 2 (WS): p2, [k1, p1] rep to last 1 st, p1.

Rep Rows 1~2, 3 more times, until you have completed Row 8. BO with Tubular bind off method, leave a yarn tail of 40 cm/15.75".

Seam the sides of the pocket to the garment with vertical mattress stitch. Please ensure the pockets are positioned symmetrically on both sides.

Finishing

The cast on edge of the hood's top is seamed together using horizontal mattress stitch with right side facing.

Video support: <https://youtu.be/IXWo7nZMdpQ>

Sew buttons onto the corresponding position of each buttonhole on the left front.

Weave in the ends and wet block to measurements.