



MID MOUNTAIN PULLOVER

top-down, seamless, circular-yoke pullover
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CONSTRUCTION

Mid Mountain Pullover is a deeply yoked, colourwork pullover that is worked from the top-down seamlessly in the round. It begins with a mock-neck collar in corrugated ribbing, transitioning to increasing the yoke through stockinette in one colour and working short rows, before working two-colour colourwork towards the end of the yoke. Only two colours are used throughout the charts, and floats are no longer than five stitches. Purl rounds add textural interest to the colourwork sections. Colourwork continues on to the body, which is finished in one colour to the hem. Colourwork continues onto the sleeves which contain minimal shaping until the cuffs, which are worked in corrugated ribbing. This garment fits loosely through the yoke, body and sleeves, but is fitted at neckline and cuffs.

SPECIAL TECHNIQUES REQUIRED

- working in the round, corrugated ribbing, short rows, stranded colourwork, Sewn Italian Bind-off.

HOW TO CHOOSE YOUR SIZE

This pattern is size inclusive with **11** size options. Using your full bust measurement, choose a size that will give you 2-5 inches/5-12cm of **positive ease** at bust (the difference between body's smaller measurements and the garment's larger measurements at these points). See schematic on next page. The most fool-proof method is to measure a similar fitting top in your wardrobe and choose a garment size that matches.

Sample shown on 5'10" body in Size 4 with 3.25 inches/8cm positive ease, with 1 inch/2.5cm of length added to sleeves and body.

GAUGE in 4 inches/10cm of blocked fabric

Stockinette with Medium needles and Colourwork with Large needles, worked in the rnd:

- **18 sts by 26 rnds.**

Corrugated ribbing with Medium needles, worked in the rnd:

- **20 sts by 28 rnds.**

YARN

Brooklyn Tweed Shelter; American Targhee-Columbia Wool; 140 y/128m per 50g.

You will need 4 (5, 5, **5, 6, 6, 7, 7, 7, 8, 9**) skeins or 526 (567, 616, **618, 730, 804, 875, 929, 978, 1075, 1160**) y in each of two colours:

- dark MC (Cast Iron) and
- light CC (Puff).

NOTIONS

- scissors, scrap yarn, tapestry needle, stitch marker.

NEEDLES

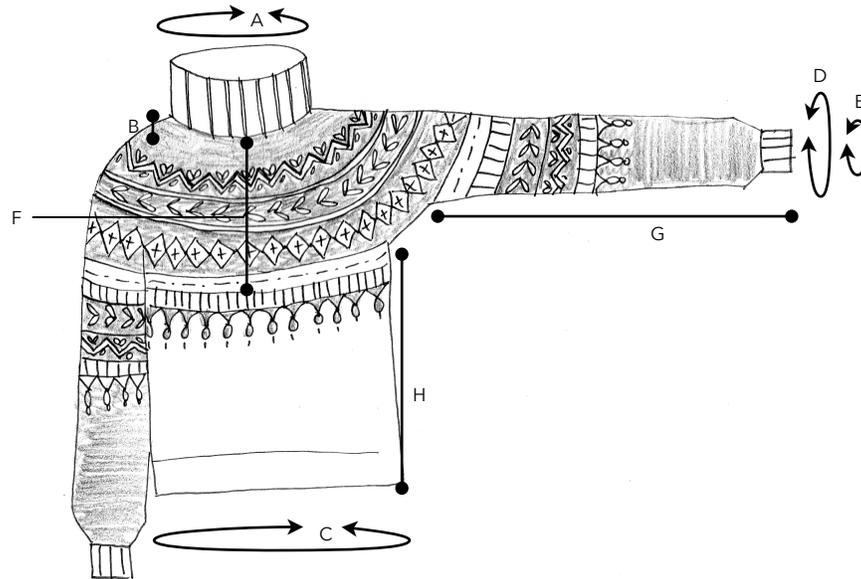
- Small, for hem: 3.5mm (US 4)
- Medium, for corrugated ribbing and one-colour stockinette knitting: 4mm (US 6)
- Large, for stranded colourwork: 4.5mm (US 7)

The listed needle sizes are only suggestions; change sizes as required to meet gauge. This pattern assumes that the knitter's gauge in colourwork is tighter than in stockinette; adjust accordingly.

CIRCULAR CORD LENGTHS - increase cord length as needed.

Short: 16 inch/40cm for working small stitch counts flat.

Long: 30 inch/75cm cord for working small circumference in magic loop and large stitch counts flat, or choose your preferred methods. You may need up to an 80 inch/200cm cord for working the three largest sizes at their widest circumference.



SIZE		1	(2,	3,	4,	5,	6,	7,	8,	9,	10,	11)
IMPERIAL (rounded to nearest 0.25 inch)	<u>Model's Bust</u>	30	32	34	37	40	44	48	50	52	56	60 in
	A. Neckline circumference	20	20	21.25	21.25	22.75	22.75	22.75	24	24	24	24 in
	B. Neckline drop	1.25 inches for all sizes										
	Yoke circumference	49	52.5	55.5	60	64.5	69	72.5	77	80	85.25	91.5 in
	C. Garment Bust	33	36.5	38.25	41	43.5	48	49.75	52.5	55	58.75	62.25 in
	D. Armhole circumference	13.5	14.25	14.25	15	16	17	17.75	18.75	19.5	20.5	22.25 in
	E. Cuff circumference	7.25	8	8	8	8.5	8.5	9	9	9.5	9.5	10.75 in
	F. Yoke Depth	8.25	8.5	9	9	9.5	10	10.5	11	11.5	12	12 in
	G. Sleeve length	18	18	18	19	19	19.5	20	20	20	20.5	20.5 in
H. Body Length	16	16	16	17	17	17	18	18	18	19	19 in	
METRIC (rounded to nearest 0.5cm)	<u>Model's Bust</u>	76	81	86.5	94	101.5	112	122	127	132	142	152.5 cm
	A. Neckline circumference	50	50	53.5	53.5	56.5	56.5	56.5	60	60	60	60 cm
	B. Neckline drop	3 cm for all sizes										
	Yoke circumference	122	131	139	150	161	172	181	192	200	213.5	229 cm
	C. Garment Bust	82	91	95.5	102	109	120	124.5	131	138	146.5	155.5 cm
	D. Armhole circumference	33.5	35.5	35.5	38	40	42	44.5	46.5	49	51	55.5 cm
	E. Cuff circumference	18	19.5	19.5	19.5	21	21	22.5	22.5	24	24	27 cm
	F. Yoke Depth	20.5	21.5	22.5	22.5	23.5	25	26.5	28	29	30.5	30.5 cm
	G. Sleeve length	44.5	44.5	44.5	47	47	48	50.5	50.5	50.5	52	52 cm
H. Body Length	40.5	40.5	40.5	43	43	43	45.5	45.5	45.5	48.5	48.5 cm	

STITCH PATTERNS

2x1 Corrugated Ribbing

Rnd 1: *with both yarns in back k2 in CC, with CC held in back p1 in MC; rep from * to BOR.

Repeat Rnd 1 as described in pattern.

HELPFUL LINKS FOR SPECIAL TECHNIQUES

1. [Norwegian Long Tail Cast-on](#), by Suzanne Bryan
2. [Untwist a Twisted Cast-on](#), by The Bluebird Box
3. [The Backwards Loop Cast-on](#), tutorial by The Sweater Collective.
4. [Sewn Italian Bind-off](#), by Suzanne Bryan: start at 3:00. You may substitute with a stretchy bind off of your choice.



PATTERN SUPPORT

Contact thebluebirdbox@gmail.com.

All rights reserved. Pattern is for personal use only. I love to see and share your projects! If you like, you can tag them with **@the.bluebird.box** and **#MidMountainPullover**. Uploading a project page to [Ravelry](#) is really appreciated. Thank you for supporting my creative work!

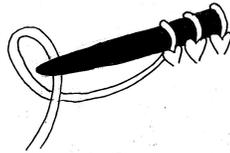
~ Anna

ABBREVIATIONS

approx approximately

bLR backward loop right-leaning increase:

create a loop so that the working yarn crosses behind the loop, while the tail crosses in front and points towards you. On the next round, k through the front loop of this st. (Note: if the loop is twisted the opposite direction, you will need to knit through the back loop of this st on the following rnd.)



BOR beginning of round

CC contrast colour

DEC decrease(d), using k2tog

INC increase(d), using bLR

k knit

k2tog knit two sts together (single decrease)

M marker

MC main colour

p purl

PM place st marker

PU pick up

prev previous

rep repeat

SM slip st marker

SR short row

stockinette st knit every rnd

st(s) stitch(es)

RM remove st marker

rnd round

W&T wrap and turn: a method of turning the work where the yarn is wrapped around a working st so that no gap is created. On RS: With yarn in back, slip 1 st purlwise, move yarn to the front, slip that st back to the left needle from the right and bring the yarn to the back again. Turn the work so the WS is facing you. On WS: With yarn in front, slip 1 st purlwise, move yarn to the back, slip that st back to the left needle from the right and bring the yarn to the front again. Turn the work so the RS is facing you. On following rnds, when encountering a W&T from a prev rnd, pick up the wrap on to the left-hand needle and, keeping in pattern, k or p it together with its associated st.

PATTERN DIRECTIONS

COLLAR

With Medium needles and CC, use a stretchy method, such as Norwegian Long-Tail, to cast on 90 (90, 96, **96, 102, 102, 102, 108, 108, 108, 108**) sts. PM for BOR and join to work in the rnd without twisting sts. BOR is at centre back. You can untwist a twisted cast-on using this [video](#).

Rnd 1 (RS): purl to BOR.

If you are using a worsted-spun yarn (that is, smooth and round) instead of the recommended woolen-spun yarn, you may want to repeat Rnd 1 to prevent a rolling edge.

Join MC.

Rnd 2: *k2 in CC, k1 in MC; rep from * to BOR.

Rnd 3: *with both yarns held in back k2 in CC, with CC held in back p1 in MC; rep from * to BOR.

Rnd 3 establishes 2x1 Corrugated Ribbing. Repeat Rnd 3 for 4 inches/10cm, or desired collar length.

Break CC.

YOKE

Continue with Medium needles and MC.

Sizes 3&4: skip ahead to Short Rows.

Sizes 1&2, 5-11, continue.

YOKE INC RND 1: k0 (0, -, -, **0, 0, 0, 0, 0, 6, 6**), *k15 (15, -, -, **17, 17, 17, 9, 9, 4, 4**), b1R1; rep from * to last 0 (0, -, -, **0, 0, 0, 0, 0, 6, 6**), k to end. 6 (6, -, -, **6, 6, 6, 12, 12, 24, 24**) sts inc; 96 (96, -, -, **108, 108, 108, 120, 120, 132, 132**) total sts

Next rnd: knit to BOR.

Short Rows (all sizes resume)

SR 1 (RS): k46 (46, 46, **46, 52, 52, 52, 58, 58, 64, 64**), W&T.

SR 2 (WS): p to BOR M, SM, p46 (46, 46, **46, 52, 52, 52, 58, 58, 64, 64**), W&T.

SR 3: k to BOR M, SM, k to 5 (5, 5, **5, 5, 5, 5, 6, 6, 6, 6**) sts before prev wrap, W&T.

SR 4: p to BOR M, SM, p to 5 (5, 5, **5, 5, 5, 5, 6, 6, 6, 6**) sts before prev wrap, W&T.

K to BOR M. On the following round, when encountering a W&T from a prev row, PU wrap onto the left needle and knit it together with its associated st.

YOKE INC RND 2: *k4 (3, 3, **3, 3, 3, 3, 3, 3, 3, 3**), b1R1: rep from * to BOR, being sure to resolve all W&T. 24 (32, 32, **32, 36, 36, 36, 40, 40, 44, 44**) sts inc; 120 (128, 128, **128, 144, 144, 144, 160, 160, 176, 176**) total sts

Next 3 (2, 4, **3, 3, 4, 4, 4, 4, 4, 4**) rnds: knit to BOR.

SR 5 (RS): k45 (49, 49, **49, 57, 57, 57, 62, 62, 68, 68**), W&T.

SR 6 (WS): p to BOR M, SM, p45 (49, 49, **49, 57, 57, 57, 62, 62, 68, 68**), W&T.

SR 7&8: repeat SR 3&4.

K to BOR M. Resolve all W&T on next rnd.

YOKE INC RND 3: *k5 (4, 4, **4, 4, 4, 4, 4, 4, 4, 4**), b1R1: rep from * to BOR, being sure to resolve all W&T. 24 (32, 32, **32, 36, 36, 36, 40, 40, 44, 44**) sts inc; 144 (160, 160, **160, 180, 180, 180, 200, 200, 220, 220**) total sts

Next 3 (3, 4, **3, 3, 4, 4, 4, 4, 4, 4**) rnds: knit to BOR.

rnd.

24 (6, 18, **14, 4, 2, 0, 2, 0, 6, 16**) sts inc; 216 (234, 246, **270, 288, 306, 324, 342, 360, 378, 408**) total sts

All sizes continue.

Next rnd: purl in CC.

Work **Chart 3**, repeating 36 (39, 41, **45, 48, 51, 54, 57, 60, 63, 68**) times to BOR and working all rnds.

Change to CC.

YOKE INC RND 9: knit and inc by 4 (1, 4, **0, 2, 4, 1, 3, 0, 2, 2**) sts evenly spaced across rnd. 220 (235, 250, **270, 290, 310, 325, 345, 360, 380, 410**) total sts

Next rnd: purl in CC.

Next rnd: knit in CC.

Work Chart 4, repeating 44 (47, 50, **54, 58, 62, 65, 69, 72, 76, 82**) times to BOR.

Change to CC.

YOKE INC RND 10: knit and inc by 0 (1, 0, **0, 0, 0, 1, 1, 0, 4, 2**) sts evenly spaced across rnd. 220 (236, 250, **270, 290, 310, 326, 346, 360, 384, 412**) total sts

Check your yoke depth. Is it getting too long for the finished garment measurements or your preference? If so, you may want to omit the next rnd and Chart 5, skipping ahead to Divide for Sleeves and Body.

Next rnd: purl in CC.

Work Chart 5, repeating to BOR and working all rnds.

Divide for Sleeves and Body

Change to CC. Do not break MC. On the next rnd, complete the following:

- k33 (36, 38, **41, 44, 47, 49, 52, 54, 58, 62**),
- place next 44 (46, 49, **53, 57, 61, 65, 69, 72, 76, 82**) sts on hold for right sleeve,
- Backwards Loop Cast-On 12 (13, 12, **12, 12, 15, 15, 15, 16, 16, 16**) sts for right underarm,
- k66 (72, 76, **82, 88, 94, 98, 104, 108, 116, 124**),
- place next 44 (46, 49, **53, 57, 61, 65, 69, 72, 76, 82**) sts on hold for right sleeve for left sleeve,
- Backwards Loop Cast-On 12 (13, 12, **12, 12, 15, 15, 15, 16, 16, 16**) sts for left underarm,
- k33 (36, 38, **41, 44, 47, 49, 52, 54, 58, 62**) to BOR.

You have 156 (170, 176, **188, 200, 218, 226, 238, 248, 264, 280**) sts on the needles for the body. BOR remains at centre back.

BODY

Decrease and Work Final Chart

Continue with CC.

Next rnd: purl.

Size 1 (DEC): k4, *k17, k2tog; rep from * to BOR. 8 sts dec

Size 2 (DEC): k2, *k26, k2tog; rep from * to BOR. 6 sts dec

Sizes 3-11 (DEC): knit and dec by - (-, **4, 4, 2, 2, 2, 0, 0, 0**) sts evenly spaced across rnd. 148 (164, 172, **184, 196, 216, 224, 236, 248, 264, 280**) sts

Chart 3

						Rnd
						11
						10
						9
						8
						7
						6
						5
						4
						3
						2
						1
Stitch	6	5	4	3	2	1

Chart 4

						Rnd
						1
Stitch	5	4	3	2	1	

Chart 5

						Rnd
						5
						4
						3
						2
						1
Stitch	2	1				

Work Chart 6, repeating 37 (41, 43, **46, 49, 54, 56, 59**, 62, 66, 70) times to BOR.

Chart 6

Continue Body

Change to Medium needles and break MC. Knit in CC until Body measures:

- 15 (15, 15, **16, 16, 16, 17, 17**, 17, 18, 18) inches/38 (38, 38, **40.5, 40.5, 40.5, 43, 43**, 43, 46, 46)cm from underarm cast-on, or
- 1 inch/2.5cm short of desired length.

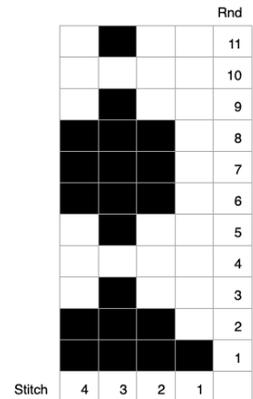
Hem

Change to Small needles and continue with CC.

Set-und Rnd: RM for BOR, k33 (36, 38, **41, 44, 47, 49, 52**, 54, 58, 62), place BOR M. BOR is at right underarm.

Rnd 1: *k1, p1; repeat from * to BOR.

Repeat Rnd 1 for 1 inch/2.5cm. Bind off in pattern using Sewn Italian Bind-off.



SLEEVES (make 2)

I recommend using Large needles for sleeve colourwork but you may need to move up even more needle sizes, if your gauges tightens on small circumference knitting.

Certain sizes will PU more sts along the underarm than you previously cast on; you may PU between sts to achieve this.

Beginning at centre of left underarm cast-on, use Large needles and CC to PU and knit 8 (9, 8, **8, 8, 8, 8, 8, 8**, 8, 9) sts from half of underarm CO, place left sleeve sts on the left needle and knit across, PU and knit 8 (9, 7, **7, 7, 7, 7, 7**, 8, 8, 9) sts from underarm CO, PM for BOR. 60 (64, 64, **68, 72, 76, 80, 84**, 88, 92, 100) total sts

Next rnd: purl in CC.

Next rnd: knit in CC.

Sleeve Colourwork

Join MC. Do not break yarns throughout the remainder of the Sleeve Colourwork.

Work Chart A, repeating 15 (16, 16, **17, 18, 19, 20, 21**, 22, 23, 25) times to BOR.

Next 2 rnds: knit in CC.

SLEEVE DEC RND 1: knit in CC and dec by 0 (0, 0, **0, 0, 0, 0, 4, 4, 4, 4**) evenly spaced across rnd. 60 (64, 64, **68, 72, 76, 80, 80**, 84, 88, 96) total sts

Next rnd: purl in CC.

Work Chart B, repeating 15 (16, 16, **17, 18, 19, 19, 20, 21**, 22, 24) times to BOR and working all rnds.

SLEEVE DEC RND 2: knit in CC and dec by 0 (4, 4, **2, 0, 4, 2, 2, 0, 4, 0**) sts evenly spaced across rnd. 60 (60, 60, **66, 72, 72, 78, 78**, 84, 84, 96) total sts

Next rnd: purl in CC.

Work all rnds of Chart C, repeating 10 (10, 10, **11, 12, 12, 13, 13**, 14, 14, 16) times to BOR.

SLEEVE DEC RND 3: knit in CC and dec by 4 (4, 4, **4, 4, 4, 4, 4, 4, 4, 6**) sts evenly spaced across rnd. 56 (56, 56, **62, 68, 68, 74, 74**, 80, 80, 90) sts

Chart A

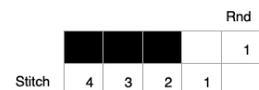


Chart B

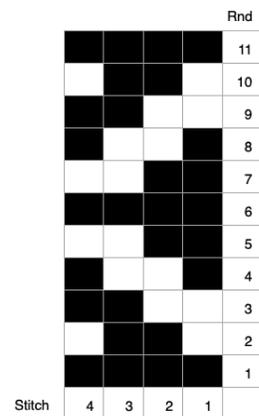
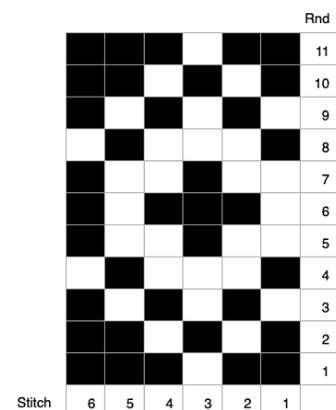


Chart C



Next rnd: purl in CC.

Work Chart D, repeating to BOR and working all rnds.

SLEEVE DEC RND 4: knit in CC and dec by 4 (4, 4, **2, 4, 4, 2, 2**, 4, 4, 6) sts evenly spaced across rnd. 52 (52, 52, **60, 64, 64, 72, 72**, 76, 76, 84) sts

Next rnd: purl in CC.

Next rnd: knit in CC.

Work Chart E, repeating 13 (13, 13, **15, 16, 16, 18, 18**, 19, 19, 21) times to BOR and working all rnds.

Chart D

	Rnd		
	■	■	5
	■	■	4
	■	■	3
	■	■	2
	■	■	1
Stitch	2	1	

Continue Sleeve

Change to Medium needles and MC. Break CC.

Next 5 rnds: knit to BOR.

SLEEVE DEC RND 5: knit and dec by 4 sts evenly spaced across rnd. 48 (48, 48, **56, 60, 60, 68, 68**, 72, 72, 80) sts

Work in Stockinette until Sleeve measures:

- 15.5 (15.5, 15.5, **16.5, 16.5, 16.5, 17, 17**, 17, 17.5, 17.5) inches/38 (38, 38, **40.5, 40.5, 40.5, 43, 43**, 43, 44.5, 44.5)cm, or
- 3 inches/7.5cm short of desired length.

SLEEVE DEC RND 6: *k4 (10, 10, **5, 13, 13, 15, 15**, 7, 7, 8), k2tog; rep from * to BOR. 8 (4, 4, **8, 4, 4, 4, 4**, 8, 8, 8) sts dec; 40 (44, 44, **48, 56, 56, 64, 64**, 64, 64, 72) total sts

Next rnd: knit to BOR.

Chart E

	Rnd				
	■	■	■	■	10
	■	■	■	■	9
	■	■	■	■	8
	■	■	■	■	7
	■	■	■	■	6
	■	■	■	■	5
	■	■	■	■	4
	■	■	■	■	3
	■	■	■	■	2
	■	■	■	■	1
Stitch	4	3	2	1	

SLEEVE DEC RND 7: *k8 (9, 9, **4, 5, 5, 6, 6**, 6, 6, 7), k2tog; rep from * to BOR. 4 (4, 4, **8, 8, 8, 8, 8**, 8, 8, 8) sts dec; 36 (40, 40, **40, 48, 48, 56, 56**, 56, 56, 64) total sts

Next rnd: knit to BOR.

Sizes 1-4, skip ahead to Cuff.

All other sizes, continue.

SLEEVE DEC RND 8 (Sizes 5 to 11 only): *k- (-, -, -, **6, 6, 5, 5**, 5, 5, 6), k2tog; rep from * to BOR. - (-, -, -, **6, 6, 8, 8**, 8, 8, 8) sts dec

36 (40, 40, **40, 42, 42, 48, 48**, 48, 48, 56) total sts after all Sleeve Dec Rnds.

Next rnd: knit to BOR.

Cuff

Set-up Rnd: knit and dec by 0 (1, 1, **1, 0, 0, 3, 3**, 0, 0, 2) sts evenly spaced across rnd. 36 (39, 39, **39, 42, 42, 45, 45**, 48, 48, 54) sts

Continuing with Medium needles, join CC. Work in 2x1 Corrugated Ribbing for 1.75 inches/4.5cm. Continue with CC and break MC.

Sizes 1, 6, and 9-11: *k1, p1; rep from * to BOR.

Next rnd: *k1, p1; rep from * to BOR.

Sizes 2-5, 7&8: *k1, p1; rep from * to last 3 sts, k2tog, p1. 1 st dec

Next rnd: *k1, p1; rep from * to BOR.

Bind off in pattern using Sewn Italian Bind-off. Repeat all Sleeve instructions for second sleeve.

FINISHING

Weave in ends, seaming any holes remaining at underarms, and block to finished measurements. Enjoy your new garment!

PATTERN INSPIRATION

Mid Mountain Pullover is named after a location around halfway up a mountain ski resort, which acts as a stopping point for downhill enthusiasts. Typically, you must have gone up a chairlift and skied or boarded down a run in order to reach this spot. It is inaccessible by foot or by car. This means, you must level up beyond the bunny hill to make it to these special spots. There might be a mid-mountain chalet, supplied with hot chocolate and adult beverages (at prices that reflect this location's inaccessibility!), or the start of another chairlift that reaches to even higher parts of the mountain, with even more difficult runs. I only learned to ski two seasons ago, so I really feel like an intermediate skier when I can get to these mid-mountain points!

A fellow knitter reflected that this knitting pattern has similar characteristics to that mid-mountain chalet. You must have levelled up past the beginning stage of knitting (*our bunny hill*) in order to do some of the special techniques I have written into this garment. It's difficult, and maybe a little scary, but once you've achieved your goals, the view from up here can't be beat!



Three of my children and I enjoying the view at the top of Marmot Basin Ski Resort in Jasper, Canada.

