



*Manou©2019
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Yarn

Retrosaria Brusca [137 yards (125 m)/50g];

shown in colors #5C (MC) and #BC (CC)

6 (6, 7, 8, 8)(8, 9, 9, 10) skeins in MC

2 (2, 2, 2, 2)(2, 2, 3, 3) skeins in CC

or approximately,

MC: 760 (821, 905, 985, 1045)(1094, 1160, 1231, 1313) yds/ 695 (750, 827, 900, 955)(1000, 1060, 1125, 1200) m

CC: 181 (197, 213, 230, 246)(257, 268, 279, 290) yds/ 165 (180, 195, 210, 225)(235, 245, 255, 265) m

Needles

US 4 (3.5 mm) 16" (40 cm) and 32" (80 cm) circular needle and DPNs (or longer circular needle for magic loop) for neck, body and sleeve ribbing.

US 6 (4 mm) 24" (60 cm) and 32" (80 cm) circular needle and DPNs (or longer circular needle for magic loop) for body and sleeves.

Gauge

20 sts x 28 rows = 4" (10 cm) square in Stockinette stitch on larger needle after blocking. *Due to variance between knitters, color work should be swatched to determine whether to change needle size to keep gauge consistent.*

Sizes

1 (2, 3, 4, 5)(6, 7, 8, 9)

finished bust circumference:

37.25 (40.5, 42.75, 46, 49.5)(52.75, 56, 60, 64)"

93 (101, 107, 115, 124)(132, 140, 150, 160) cm

Suggested ease: 3 - 6" (7.5 - 15 cm)

Sample is worn with 6" (15 cm) positive ease at bust (see schematic on the last page for more detailed measurements).

Materials

Stitch holders or waste yarn, stitch markers, tapestry needle, blocking tools.

Special techniques and tips

German short rows: see this tutorial for some close-up photos:

http://www.youtube.com/watch?v=i_6PjI20zKA

On a RS row: Knit the number of stitches as stated in the pattern, turn work, bring yarn to front, slip the first stitch as if to purl, bring yarn over the needle to the back of your work and pull tight (this creates the double stitch = DS).

On a WS row: Purl the number of stitches as stated in the pattern, turn work, bring yarn to front, slip the first stitch as if to purl, bring yarn over the needle to the back of your work and pull tight (this creates the double stitch = DS).

Resolving double stitches: When working over double stitches treat them as a single stitch by knitting through both legs of the DS on a RS row (kDS) or purling through both legs of the DS on a WS row (pDS).

Backwards loop cast-on method:

https://www.youtube.com/watch?v=goOVkdgv_ys

Abbreviations

beg: begin(ning)

BO: bind off

BOR: beginning of the round

CC: contrast color

circ: circumference

CO: cast on

dec: decrease

DS: double stitch (see German short rows)

inc: increase

k: knit

k2tog: knit 2 together

kDS: knit double stitch (see German short rows)

LH: left hand

LLI: left lifted increase

lift left leg of the stitch 2 rows below the stitch on the RH needle, onto LH needle and knit through the back loop

m: marker

MC: main color

M1L: make one left (left leaning increase)

lift loop between stitches from front, knit into back loop

p: purl

pDS: purl double stitch (see German short rows)

pm: place marker

RH: right hand

RLI: right lifted increase

lift right leg of the stitch below the next stitch on the LH needle, onto LH needle and knit (purl) it

rnd(s): round(s)

RS: right side

Sl m: slip marker

st(s): stitch(es)

tog: together

ssk: slip 2 stitches, one at a time, knitwise to the RH needle; return stitches to LH needle in turned position and knit them together through the back loops (left leaning decrease)

WS: wrong side

Manou is worked seamlessly from the top down. First some short rows are worked back and forth to create a higher back neck and then the yoke is worked top down to sleeve separation. Some last short rows are worked to finish the yoke shaping right before sleeve stitches are placed on hold, then the body is worked in rounds down to the hem. Sleeves are worked top down to the cuffs last.

Instructions

Yoke

With MC yarn and shorter US 4 (3.5 mm) needle, CO 100 (106, 110, 110, 110)(110, 110, 110, 110) sts, join to work in the round (being careful not to twist stitches) and place marker for BOR (rounds beg at center of back).

Next rnd: (K1, p1) to end.

Rep last round 3 more times.

Sizes 1, 2, 3, 4: Continue to *All sizes*.

Size 5: (K27, M1L, k28, M1L) to end. (4 sts inc'd)

Sizes 6, 7, 8, 9: (K11, M1L) to end. (10 sts inc'd)
- (-, -, -, 114)(120, 120, 120, 120) sts

All sizes

Change to shorter US 6 (4 mm) needle.

Knit 1 round.

Note: Change to longer US 6 (4 mm) circular needle when needed to accommodate the increasing number of stitches.

Short row 1: (RS) K28 (29, 30, 30, 31)(33, 34, 34, 34), turn; **(WS)** DS, purl to BOR m, sl m, p28 (29, 30, 30, 31)(33, 34, 34, 34), turn.

Short row 2: (RS) DS, knit to BOR m, sl m, (k5, LLI) 4 (5, 5, 5, 5)(6, 6, 6, 6) times, knit to DS, kDS, k3, turn; **(WS)** DS, purl to BOR m, sl m, [p5, RLI (purl)] 4 (5, 5, 5, 5)(6, 6, 6, 6) times, purl to DS, pDS, p3, turn.

Short row 3: (RS) DS, knit to BOR m, sl m, knit to DS, kDS, k3, turn; **(WS)** DS, purl to BOR m, sl m, purl to DS, pDS, p3, turn.

Rep last short row one more time.

Next row (RS): DS, knit to BOR m, sl m.

108 (116, 120, 120, 124)(132, 132, 132, 132) sts
Knit 1 round (kDS when you reach them).

Sizes 1, 2, 3: Continue to *Color work*.

Size 4: (K15, LLI) to end. (8 sts inc'd)

Continue to *Color work*.

Size 5: (K16, LLI, k15, LLI) to end. (8 sts inc'd)

Continue to *Color work*.

Size 6: (K16, LLI, k17, LLI) to end. (8 sts inc'd)

Continue to *Color work*.

Size 7: [(K8, LLI) 3 times, k9, LLI] to end. (16 sts inc'd)

Continue to *Color work*.

Size 8: (K5, LLI, k6, LLI) to end. (24 sts inc'd)

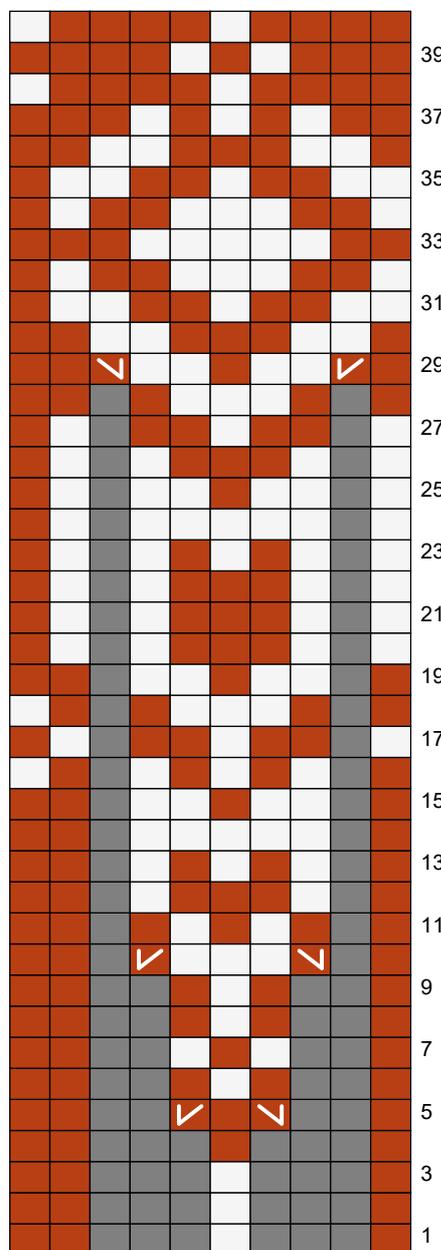
Continue to *Color work*.

Size 9: [(K4, LLI) 7 times, k5, LLI] to end. (32 sts inc'd)

Continue to *Color work*.

108 (116, 120, 128, 132)(140, 148, 156, 164) sts

Color work (includes 3 inc rnds)



knit in CC
 knit in MC
 No stitch
✓ RLI
∇ LLI

Chart is to be read from bottom to top and from right to left.

Work **Chart rnds 1 to 40**, changing colors and increasing as indicated. Break CC yarn.

Note: Each increase round adds 54 (58, 60, 64, 66)(70, 74, 78, 82) sts

270 (290, 300, 320, 330)(350, 370, 390, 410) sts

Sizes 1, 2, 3, 4, 5, 6, 7: Continue to *All sizes*.

Size 8: Knit 2 rounds.

Inc rnd: K19, LLI, (k39, LLI) 9 times, knit to end. (10 sts inc'd)

Continue to *All sizes*.

Size 9: Knit 2 rounds.

Inc rnd: K11, LLI, (k22, LLI) 2 times, (k23, LLI) 14 times, k22, LLI, knit to end. (18 sts inc'd)

Continue to *All sizes*.

- (-, -, -, -)(-, -, 400, 428) sts

All sizes

Continue to work in Stockinette stitch in rounds until yoke measures 7.25 (7.75, 8, 8.75, 9.25)(9.75, 10, 10, 10.5)" [18.5 (19.5, 20.5, 22, 23.5)(25, 25.5, 25.5, 26.5) cm] from CO, measured down the center front.

Finish yoke shaping

Short row 1: (RS) K97 (104, 108, 113, 116)(122, 129, 139, 149), turn; **(WS)** DS, purl to BOR m, sl m, p98 (105, 109, 114, 117)(123, 130, 140, 150), turn.

Short row 2: (RS) DS, knit to BOR m, sl m, knit to DS, kDS, k4, turn; **(WS)** DS, purl to BOR m, sl m, purl to DS, pDS, p4, turn.

Rep last short row one more time.

Next row: DS, knit to BOR m.

Knit 1 round (kDS when you reach them).

Separate sleeves and body

Next rnd: Remove BOR marker, k42 (46, 47, 51, 53)(57, 60, 65, 69), place 50 (52, 55, 57, 58)(60, 64, 69, 75) sleeve stitches on a holder or waste yarn, using the backward loop cast on, CO 4 (4, 6, 6, 9)(9, 10, 10, 11) sts, pm (new BOR), CO 4 (4, 6, 6, 8)(8, 9, 9, 10) sts, k85 (93, 95, 103, 107)(115, 121, 131, 139) front sts, place 50 (52, 55, 57, 58)(60, 64, 69, 75) sleeve stitches on a holder or waste yarn, using the backward loop cast on, CO 4 (4, 6, 6, 9)(9, 10, 10, 11) sts, pm (side), CO 4 (4, 6, 6, 8)(8, 9, 9, 10) sts, knit to new BOR marker.

186 (202, 214, 230, 248)(264, 280, 300, 320) sts for body

Continue to work in Stockinette stitch in rounds until body measures 8" (20.5 cm), or approximately 4.75" (12 cm) less than desired length, from underarm CO.

Adjust stitch count for color work

Sizes 1, 2: K2tog, knit to side m, remove side m, k2tog, knit to end. (2 sts dec'd)

Continue to *Color work*.

Sizes 3, 4: LLI, knit to side m, remove side m, LLI, knit to end. (2 sts inc'd)

Continue to *Color work*.

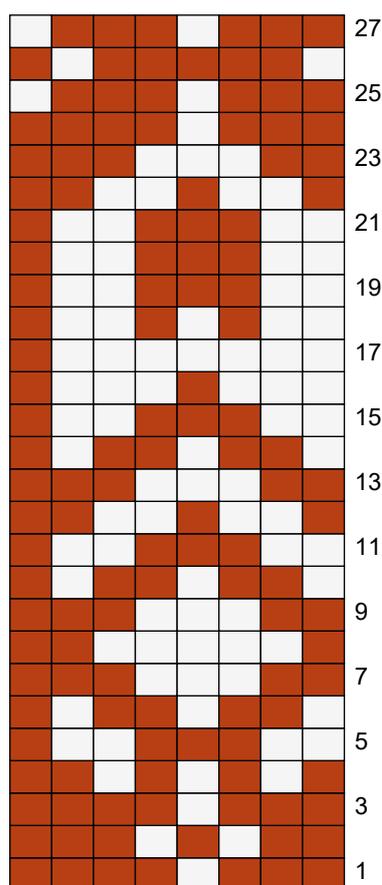
Sizes 5, 6, 7, 9: Continue to *Color work*.

Size 8: LLI, k75, LLI, knit to side m, remove side m, LLI, k75, LLI, knit to end. (4 sts inc'd)

Continue to *Color work*.

184 (200, 216, 232, 248)(264, 280, 304, 320) sts

Color work



□ knit in CC
■ knit in MC

Chart is to be read from bottom to top and from right to left.

Work **Chart rnds 1 to 27**, changing colors as indicated. Break CC yarn.

Ribbing

Knit 1 round.

Change to longer US 4 (3.5 mm) needle.

Next rnd: (K1, p1) to end.

Rep last round 4 more times, or to desired length. BO in pattern.

Sleeves (both alike)

Place held sleeve stitches on US 6 (4 mm) DPNs (or longer circular needle for magic loop), beg at the center of underarm, pick up and knit 4 (4, 6, 6, 8)(8, 9, 9, 10) sts from underarm CO, knit across sleeve stitches, pick up and knit 4 (4, 6, 6, 9)(9, 10, 10, 11) sts from underarm CO, place marker for BOR.

Note: You may want to pick up one more stitch at each edge of the underarm CO to avoid holes at these points. Please decrease these stitches on next round to achieve the correct stitch count for your sleeve.

58 (60, 67, 69, 75)(77, 83, 88, 96) sts for sleeve

Work in Stockinette stitch in the round until sleeve measures 3" (7.5 cm) from underarm.

Next round (dec rnd): K2, k2tog, k to 4 sts before m, ssk, k2. (2 sts dec'd)

Repeat **dec rnd** every 14 (14,10, 10, 8)(7, 6, 6, 5) rounds 6 (6, 8, 8, 11)(12, 15, 8, 10) more times, then every - (-, -, -, -)(-, -, 5, 4) rounds, - (-, -, -, -)(-, -, 8, 10) more times.

44 (46, 49, 51, 51)(51, 51, 54, 54) sts rem

Continue to work in Stockinette stitch in rounds until sleeve measures approx. 16.5" (42 cm), or 1.25" (3 cm) less than desired length, from underarm.

Adjust stitch count for ribbing

Sizes 1, 2, 8, 9: Continue to *Sleeve ribbing*.

Sizes 3, 4, 5, 6, 7: K2, k2tog, knit to end. (1 stitch dec'd)

Continue to *Sleeve ribbing*.

Sleeve ribbing

Change to US 4 (3.5 mm) DPNs.

Next rnd: (K1, p1) to end.

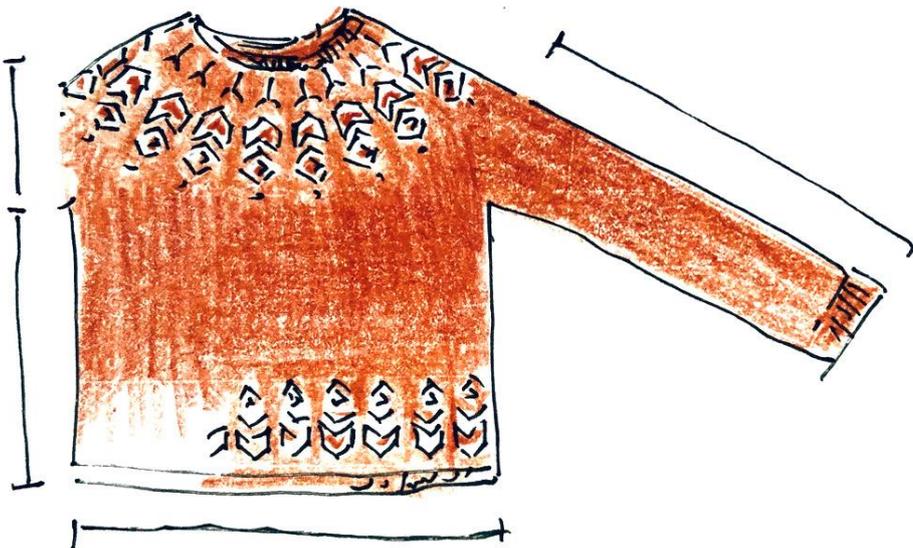
Rep last round 8 more times, or to desired length. BO in pattern.

Repeat instructions for second sleeve.

Finishing

Block sweater to measurements and weave in ends.

Schematic



Measurements in inches

Bust circ: 37.25 (40.5, 42.75, 46, 49.5)(52.75, 56, 60, 64)

Upper arm circ: 11.5 (12, 13.5, 13.75, 15)(15.5, 16.5, 17.5, 19.25)

Yoke length (measured at center front): 7.25 (7.75, 8, 8.75, 9.25)(9.75, 10, 10, 10.5)

Body length (from underarm): +/- 12.75

Sleeve length (from underarm): +/- 17.75

Measurements in cm

Bust circ: 93 (101, 107, 115, 124)(132, 140, 150, 160)

Upper arm circ: 29 (30, 33.5, 34.5, 37.5)(38.5, 41.5, 44, 48)

Yoke length (measured at center front): 18.5 (19.5, 20.5, 22, 23.5)(25, 25.5, 25.5, 26.5)

Body length (from underarm): +/- 32.5

Sleeve length (from underarm): +/- 45