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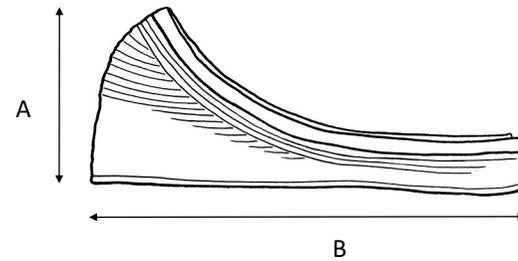
MY FLOW HOOD

SIZES: Onesize

MEASUREMENTS:

A) Height of the hood (measured from the top of the hood to the bottom edge): 38 cm

B) (Half of the) scarf length: 90 cm



MATERIALS:

250 g Woolia (1 strand) from Gepard Yarn (50 g = 133 m)

Held together with

75 g Kid Seta (1 strand) from Gepard Yarn (25 g = 210 m)

GAUGE 10x10 cm:

16 sts x 34 rs in half fisherman's rib on 5 mm needles using 2 strands of yarn.

RECOMMENDED NEEDLES:

Circular needles 5 mm (80 or 100 cm).

ABOUT THE DESIGN:

MY FLOW HOOD is worked in half fisherman's rib and makes a versatile addition to your winter accessories as it can be used as a hood and as a scarf.

It is worked in one piece, starting at one scarf tip through the hood part and ending at the other scarf tip. The shaping is done with increases and decreases along one side, and a beautiful double knitted border finishes one side while an I-cord finishes the other.



Knitting techniques

GAUGE SWATCHES:

We recommend that you knit a gauge swatch in half fisherman's rib using the recommended needle size. Wash the swatch, let it dry, and then measure your gauge (sts and rs over 10x10 cm). If you do not get gauge, try again with bigger or smaller needles. The measurements are only reliable if the gauge is correct.

The listed yarn amounts include yarn for swatching.

In half fisherman's rib the stitches are counted in pairs. A knit below-stitch and a purl stitch equal a pair of stitches but are still counted as 2 stitches. When it comes to rows, 1 visible knit stitch equals two rows worked as you have to work rows 1 and 2 to work every stitch on the row. If you count the visible knit stitches in a column on your swatch and multiply by 2 you get the number of rows worked.

ITALIAN CAST-ON AND BIND-OFF:

Both techniques are used. Look on youtube if you don't know them.

BAND IN DOUBLE KNITTING:

In double knitting you create two layers of knitting at the same time – meaning no visible wrong side. The band is worked at the same time as the half fisherman's rib, and it is described in the pattern. Don't tighten the yarn too much when working the band!

INTEGRATED I-CORD:

The I-cord in this pattern is integrated and worked at the same time as the rest of the work, opposite the double knitted band.

ABBREAVATIONS:

Decrease: dec	Row(s): r(s)
Increase: inc	Slip purlwise: sl
Knit: k	Stitch(es): st(s)
Marker: m	With the yarn in front: wyif
Purl: p	Wrong side: WS
Right side: RS	



Knitting techniques

HALF FISHERMAN'S RIB:

Half fisherman's rib is only worked on every other row (hence the name) and not on every row like fisherman's rib or brioche. You work in pairs of sts (a knit below and a purl stitch). Half fisherman's rib is fluffy and has a beautiful wrong side. Half fisherman's rib can be worked in a number of ways; this pattern uses knit 1 below (see bottom picture) like this:

Row 1 (Right side): *Knit 1 below (knit into the stitch under the next stitch on the left needle), purl 1*. Repeat *-*.

Row 2 (Wrong side): Knit every stitch.

INCREASES AND DECREASES IN HALF FISHERMAN'S RIB:

Increases and decreases shape the hood. You are working in pairs of stitches (2 sts) to keep the pattern flowing.

You do like this:

DECREASE:

(3 sts are worked together to decrease 2 sts (a pair of sts))

Slip the st below the next st from back to front to the right needle.

Slip the purl st to the right needle.

Slip the st below the next st from back to front to the right needle.

Slip the three sts back to the left needle. Knit the first two sts together (a knit below-stitch and a purl st). Slip that stitch back to the left needle. Pass the next st (a knit below-stitch) over it. Slip the resulting stitch to the right needle and tighten it.

INCREASE:

*(3 sts are worked **into the same st** to increase 2 sts (a new pair of sts)).*

Knit 1 below but keep the old st on the left needle.

Yarn over.

Knit the same st as before and let the stitch off the left needle.

You have increased 2 sts (there was 1 st, now there are 3 sts).

You can find good videos on youtube if the techniques are new to you.

Pattern

MY FLOW HOOD

CAST-ON:

Using circular needles 5 mm (60 cm), the Italian cast-on, and 2 strands of yarn cast on 28 sts.

Work 2 rows of double knitting like this:

1. r (RS): *K 1, sl1 wyif*. Repeat *-* to last st, p 1.
2. r (WS): *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Note: We have chosen the beautiful wrong side as the public side of the poncho. If you do the same, remember to attach new yarn on the right side of the work.

FIRST SCARF TAIL:

The double knitted band is worked at one side at the same time as the I-cord at the opposite side and the half fisherman's rib in between. Don't tighten the yarn too much when working the band!

The 2 rows of double knitting across all sts look a bit different than the rest of the pattern (it is less noticeable from the wrong side which will be the public side of the hood).

Place a marker after 12 sts. (It marks the sts for the double knitted band).

You do like this:

Row 1 (RS): *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif (this becomes the integrated I-cord).

Row 2 (WS): Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Repeat row 1 and row 2: 68 more times. (You have knitted a total of 138 rs).

INCREASES:

The hood is shaped using increases made at different rates. You do like this:

Increase every 12th row:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. Work 6 sts in pattern, inc. *P 1, k 1 below *. Repeat *-* to last 3 sts, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Row 3: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 4: Same as row 2

Row 5: Same as row 3

Row 6: Same as row 2

Row 7: Same as row 3

Row 8: Same as row 2

Row 9: Same as row 3

Row 10: Same as row 2

Row 11: Same as row 3

Row 12: Same as row 2

Repeat these 12 rows: 2 more times. (36 rs in total)

You have 34 sts.

Increase every 10th row:

Repeat from Row 1 to Row 10: 4 more times. (40 rs in total)

You have 42 sts.

Increase every 8th row:

Repeat from Row 1 to Row 8: 4 more times. (32 rs in total)

You have 50 sts.

Increase every 6th row:

Repeat from Row 1 to Row 6: 5 more times. (30 rs in total)

Pattern

You have 60 sts.

Increase every 4th row:

Repeat from Row 1 to Row 4: 4 more times. (16 rs in total)

You have 68 sts and are done with making increases.

TOP OF THE HOOD:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Repeat these 2 rows: 31 more times. (64 rs in total).

DECREASES:

Now decreases are made for the other scarf tail like this:

Decrease every 4th row:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Row 3: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. Work 6 sts in pattern, **dec.** *P 1, k 1 below *. Repeat *-* to last 3 sts, sl3 wyif.

Row 4: Same as row 2

Repeat these 4 rows: 3 more times. (16 rs in total)

You have 60 sts.

MY FLOW HOOD

Decrease every 6th row:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Row 3: Same as row 1

Row 4: Same as row 2

Row 5: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. Work 6 sts in pattern, **dec.** *P 1, k 1 below *. Repeat *-* to last 3 sts, sl3 wyif.

Row 6: Same as row 2

Repeat these 6 rows: 4 more times. (30 rs in total)

You have 50 sts.

Decrease every 8th row:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Row 3: Same as row 1

Row 4: Same as row 2

Row 5: Same as row 1

Row 6: Same as row 2

Row 7: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. Work 6 sts in pattern, **dec.** *P 1, k 1 below *. Repeat *-* to last 3 sts, sl3 wyif.

Row 8: Same as row 2

Pattern

Repeat these 8 rows: 3 more times. (32 rs in total)

You have 42 sts.

Decrease every 10th row:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Row 3: Same as row 1

Row 4: Same as row 2

Row 5: Same as row 1

Row 6: Same as row 2

Row 7: Same as row 1

Row 8: Same as row 2

Row 9: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. Work 6 sts in pattern, **dec.** *P 1, k 1 below *. Repeat *-* to last 3 sts, sl3 wyif.

Row 10: Same as row 2

Repeat these 10 rows: 3 more times. (40 rs in total)

You have 34 sts.

Decrease every 12th row:

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Row 3: Same as row 1

Row 4: Same as row 2

MY FLOW HOOD

Row 5: Same as row 1

Row 6: Same as row 2

Row 7: Same as row 1

Row 8: Same as row 2

Row 9: Same as row 1

Row 10: Same as row 2

Row 11: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. Work 6 sts in pattern, **dec.** *P 1, k 1 below *. Repeat *-* to last 3 sts, sl3 wyif.

Row 12: Same as row 2

Repeat these 12 rows: 2 more times. (36 rs in total)

You have 28 sts and are done with making decreases.

SECOND SCARF TAIL:

The other scarf tail is worked in the same way as the first.

Row 1: *K 1, sl1 wyif*. Repeat *-* to m. Slip m. *K 1 below, p 1*. Repeat *-* to last 4 sts, k 1 below, sl3 wyif.

Row 2: Knit to m. Slip m. *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Repeat Row 1 and Row 2: 68 more times. (You have knitted a total of 138 rs).

Doublecheck that the ends have the same length before binding off.

BINDING OFF:

Work 2 rows of double knitting like this:

R 1 (RS): *K 1, sl1 wyif*. Repeat *-* to m. Remove m. *K 1 below, sl1 wyif*. Repeat *-* to last 2 sts, k 1, sl1 wyif.

R 2 (WS): *K 1, sl1 wyif*. Repeat *-* the rest of the r.

Bind off using the Italian bind-off.

Weave in the ends and wash according to the care instructions on the ball band. (If you spin in the washing machine, we recommend using a laundry bag to prevent the scarf from stretching out.)

MY FLOW HOOD is ready to wear!